Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

NATIONAL SERVICE SCHEME

GUIDELINES & ACTIVITIES REPORT

For

2022 – 2023

Bharath Institute of Higher Education and Research

Chennai-600 073

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National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath Institute of Higher Education and Research has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath Institute of Higher Education and Research on the theme **Personality Development of the Students through Community Service.**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public etc.

I Congrats all NSS Students and participants in the Bharath Institute of Higher Education and Research NSS cell

Like last year, the year 2022-2023 shall be another year with vibrant NSS activities on the theme **CLEAN INDIA -GREEN INDIA** The Hand Book suggest only a few activities to be carried out, there could be manymore.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath Institute of Higher Education and Research through the NSS activities

MESSAGE

“Not me, but you”. This is the motto of NSS in order to inculcate the selfless service attitude in the young minds, NSS was established.

‘Personality Development through Community Service ‘is the main objective of NSS. If we really involve in community service, our personality will develop automatically. Many NSS Volunteers, who have actively participated in the Social Service, became very prominent persons in various fields. It is the duty of the NSS Programme officers to Identify Individual talents of the NSS Volunteers and make use of their skills for the welfare of the society.

I am happy to know that our NSS units are functioning effectively. Many important Programmes were implemented by the volunteers of this main campus. I hope that other units also might have done like this. I wish to covey my best wishes to all the NSS Programme officers and the volunteers who have actively contributed to the Society. I appreciate the NSS Co-ordinator for his able guidance and support to the NSS functionaries.

Wish you all Success in all your future Programmes.

Dr. R.Vasuki
Dean, Events

PREFACE

NSS CO-ORDINATOR

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio5:7.

Bharath Institute of Higher Education and Research Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath Institute of Higher Education and Research NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership qualityetc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

Dr.S.P.Vijayaragavan

NSS Program Coordinator

NSS Cell, BIHER

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NATIONAL SERVICE SCHEME

1. INTRODUCTION

National Service Scheme (NSS) was introduced in the Mahatma Gandhi Birth Centenary year 1969, as a student youth service programme with the primary objective of developing the personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Very appropriately, the motto of NSS is **"NOT ME, BUT YOU".** In the year 1969 it was introduced in 37 Universities involving 40,000 volunteers. Over the years, NSS has expanded many folds and covers more than 40 lakhs students. Now NSS is a **CENTRAL SECTOR SCHEME OF GOVT. OF INDIA** from 2016-17 with 100% funding by the Govt of India.

2. OBJECTIVE

The overall objective of NSS is Personality Development of the Students through Community Service.

The **broad objectives of NSS** are to arouse the student's Social Conscience and to provide him with the opportunity to:

1. Understand the community in which they work
2. Understand themselves in relation to their community
3. Identify the needs and problems of the community and involve them in problem solving process.
4. To develop a sense of social responsibility,
5. Utilize their knowledge in finding practical solution to individual and community problems,
6. Develop competence required for group living and sharing the responsibilities,
7. Gain skills in mobilizing community participation,
8. Acquire leadership qualities and democratic attitude.
9. Develop capacity to meet emergencies anddisasters,
10. Practice National Integration and Social Harmony.

3. MOTTO

"Not me, but you" (Selfless Service)

This reflects the value of democratic living and upholds the need for selfless service and appreciating other person's point of view and show consideration for fellow human beings. It mainly focuses on the welfare of an individual is ultimately dependent on the welfare of society on the whole. It also indicates the selfless service & concern for others. **Not me but you,** Swami **Vivekananda** said this; the real meaning for this is **your need is greater than mine.** It also indicates the selfless service & concern for others.

4. SYMBOL

The Symbol of NSS is the Rath wheel of Konark Sun Temple, Orissa. This giant wheel portrays the cycle of creation, preservation and movement. It signifies the progressive cycle of life. It stands for continuity as well as change and continuous striving for Social Transformation and Up liftment.

5. BADGE

The NSS symbol is embossed on NSS Badge. The NSS volunteer wear it while undertaking programmes. This **Konark Wheel** in the symbol has eight spokes, which represent **24 hours of the day.** The Red colour indicates that the volunteers are full of blood i.e. lively, active, and spirited. The Navy Blue indicates the cosmos of which the NSS is a tiny part ready to contribute its share for the welfare of mankind.

NSS DAY

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.

6. NSS SONG

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

We shall overcome
We shall overcome
We shall overcome some day
O! deep in my heart
I do believe that
We shall overcome some day
We'll walk hand in hand
We'll walk hand in hand
We'll walk hand in hand to- day
O! deep in my heart
I do believe that
We shall overcome some day
We shall live in peace.
We shall live in peace.
We shall live in peace to-day
O! deep in my heart
I do believe that
We shall overcome some day
We shall not be afraid
We shall not be afraid
We shall not be afraid to-day
O! deep in my heart
I do believe that
We shall overcome some day.

7. STRENGH ALLOCATED AND ACTIVITES

Regular Activities **: 900 (9 Units)**

Special Camping Programme **: 450 (9 Camps)**

Number of Engineering Colleges

Implementing NSS **:4 (Institution)**

No. of Adopted Villages **: 9**

No. of Program Officers	**:**	**Male**	**Female**	**Total**
		7	**2**	**9**

Types of Activities **: 1. Regular Activities**

2. Special Camping Programme

1. Regular Activities:	**240 hours for 2 years** Under this, every volunteer is involved in various developmental activities for 120 hours in a year. Before involving them in various activities, they should be given orientation for at-least 20 hours so as to make them acquainted with the basics of NSS. **20 hours for Orientation** **2 Hrs NSS General Orientation** **8 Hrs Special Orientation** **10 Hrs Skill Training** **30 hours Campus Work** . (Campus development activities) **70 hours community work** Urban Work – Slum, Hospital, Destitute home, awareness pro, Traffic Control, etc Rural Work - Literacy, Water harvest Health, Sanitation, and Savings etc. Natural Calamity & Emergency Relief work National Day Celebrations
2. Special Camping Programme	**A camp of 7 days duration** is organized under specific themes in the adopted villages/slums by involving local youth along with NSS volunteers. (50 % of the unit strength can participate in the special Camp) The activity will be carried out under some special theme from time to time

8. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS

Each Engineering College has to constitute an Advisory Committee to advice on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O'smay be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book

The committee may consist of:

1. Vice Chancellor	Chairman
2. Principal/ Dean	Members
3. Two staff members with social work background	Members
4. Representative of the Development Department, NGO	Member
5. Representatives from the adopted villages/slum/ Welfare agencies	Member
6. NSS Student leaders one(or)two	Member
7. NSS Programme Officers	Member-Secretary
8. Representative of the Youth Officers	Members

9. NSS UNIT AND PROGRAMME OFFICER

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

10. NSS STUDENT VOLUNTEERS

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year**). A work diary is to be maintained by each NSS Volunteer,** which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

11. NSS THEME FOR THE YEAR2022-2023

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out. **CLEAN INDIA - GREEN INDIA**

12. DUTIES OF NSS VOLUNTEERS

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

13. ACTIVITIES 2022-2023

S.NO	Date	ACTIVITIES
1	03rd June 2022	NSS Volunteers Enrolment
2	21st June 2022	International Yoga Day
3	26th June 2022	International Day Against Drug Abuse and Illicit Trafficking
4	30th June 2022	Seva Sushasan,Garib Kalyan Mahaquiz
5	08th July 2022	Digital locker
6	27th July 2022	NARCOTICS CONTROL BUREAU
7	11th August 2022	Against Drug Abuse
8	13th-15th August 2022	HAR GHAR TIRANGA
9	15th August 2022	Independence day
10	15th August 2022	AZADI KA AMRIT MAHOTSAV
11	16th August 2022	NO TO Drugs Pledge
12	01st September 2022	Induction Publicity Exhibition
13	16th September 2022	Costal Cleaning Awareness
14	17th September 2022	Blood Donation Camp
15	17th September 2022	Coastal Cleaning Day
16	24th September 2022	NSS Day
17	26thSeptember 2022	Rally For E Waste
18	30th September 2022	Voter ID with Aadhar card link Campaign
19	19th October 2022	"Clean India 2.0,Mega Cleaning Drive"
20	18th October 2022	Anti Drug Awareness Rally
21	20th October 2022	"Lifestyle for the Environment" Pledge
22	28th October 2022	Ekta Shrinkhala campaign
23	31st October 2022	Rashtriya Ekta Diwas (National Unity Day)Pledge

24	2nd November 2022	Independence day
25	7th December2022	Lake Cleanup
26	16th December2022	Lake Cleanup
27	16th December2022	Voter Awareness Program
28	12th January2023	Swami Vivekananda Jayanthi
29	14th January2023	Pongal Celebration
30	24th January2023	National Girl Child Day
31	25th January2023	National Voter’s Day
32	26th January2023	Republic Day
33	08th March 2023	World No Smoking Day
34	08th March 2023	International Women Day Celebration
35	15th March 2023	THOOIMAI NAGARATHIRKANA MAKKAL IAKKAM
36	30th March 2023	Awareness Film "VIZHITHELU "

NSS Volunteers Enrolment

Pro.VC Dr.R.Venkatesh Babu Motivate to NSS Volunteers.

NSS CELL –BIHER Coordinator with Program Officers at BIHER Campus

Students & Parents Enroll the NSS Volunteers Form

National Service Scheme Enrolment First Year Induction Programme more than 400 students are Enroll inthat program held on 03rd June 2022 at Bharath Institute of Higher Education and Research Campus

International Yoga Day

NSS CELL BIHER Proudly Organized “International day of YOGA-2022” Mass yoga Programme based on the theme of YOGA for Humanity at various Places.

International Day Against Drug Abuse and Illicit Trafficking

Our NSS Cell BIHER has to observe "International Day Against Drug Abuse and Illicit Trafficking" In this Connection Our NSS Volunteers of Took Pledge on "SAY YES TO LIFE, NO TO DRUGS" Through My Govt Portal

Against Drug Abuse

Our NSS Volunteers Participated Against drug Abuse-Pledge in Online with Tamilnadu Chief Minister Thiru.M.K.Stalin.

HAR GHAR TIRANGA

Independence day Celebration –BLOOD DONATION

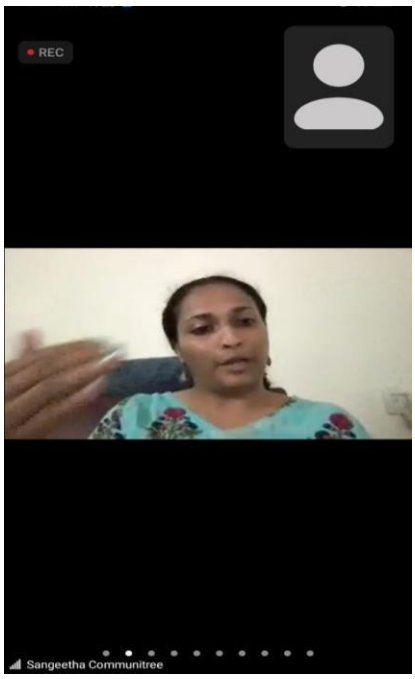
NSS CELL –BIHER Instruction based volunteers are Participated and Organized BLOOD DONATION CAMP More than 75 Students donate the blood.

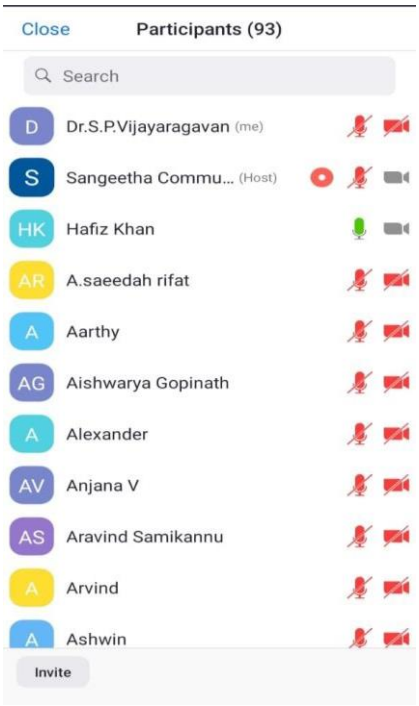
Induction Publicity Exhibition

Induction Publicity Exhibition has successfully in our BIST campus for the students Of BIHER.NSS 60 Volunteers also involved in the special activities. Motivational speech was given by Indian Air force officers.

Costal Cleaning

Online Pre Awareness





Bharath Institute of Higher Education and Research NSS Cell, coastal cleaning awareness preliminary meeting 16-09-2022 volunteers are participated on line cc program more than 90 students

The planet's largest cleanup at namma chennai beach Friday/16 sep'22/5:30pm

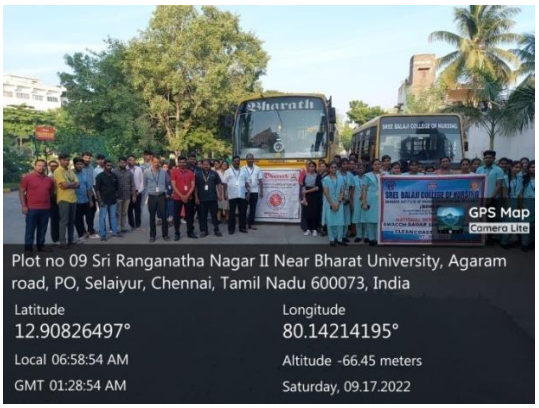
- Zoommeeting:https://zoom.us/j/94540298223?pwd=NUZaZVVcUZ4dkJXT2pOeW900Uk2dz09

Meeting id: 945 4029 8223; Passcode:D8Pyti

Minutes of meeting:

- Role & responsibility of Students
- Volunteers Do's & Don'ts
- Things you Can do
- Be an Inspirer

Coastal Cleaning Day



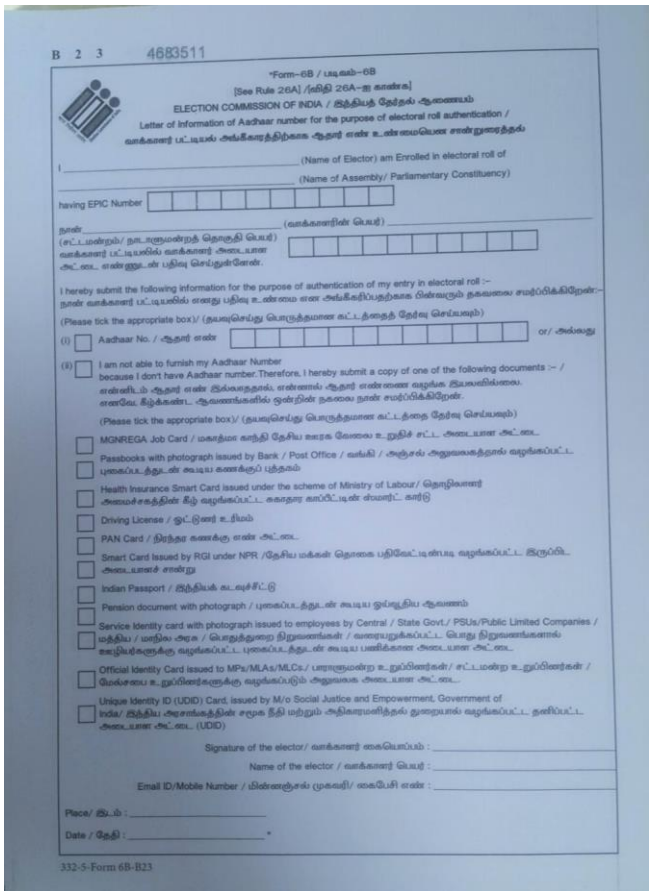
Bharath Institute of Higher Education and Research, Bhaarath medical College, Sree Balaji College of Nursing College, BIHER NSS CELL participated in Coastal Cleaning Program at ECR JUHU Beach Chennai. More than 150 Volunteers participated in this Coastal Cleaning activity.

NSS DAY

Rally for E waste

In Our BIHER NSS CELL Celebrated NSS DAY with Various Activities. NSS Volunteers are participatedall the Activities.

Voter ID with Aadhar card link Campaign



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*Form–6B / படிவம்–6B

[See Rule 26A] /[விதி 26A–ஐ காண்க]

ELECTION COMMISSION OF INDIA / இந்தியத் தேர்தல் ஆணையம்

Letter of Information of Aadhaar number for the purpose of electoral roll authentication / வாக்காளர் பட்டியல் அங்கீகாரத்திற்காக ஆதார் எண் உள்ளமையென சான்றளித்தல்

I _____ (Name of Elector) am Enrolled in electoral roll of _____ (Name of Assembly/ Parliamentary Constituency)

having EPIC Number

நான், _____ (வாக்காளரின் பெயர்) _____ (சட்டமன்றம்/ நாடாளுமன்றத் தொகுதி பெயர்) வாக்காளர் பட்டியலில் வாக்காளர் அடையாள அட்டை எண்ணுடன் பதிவு செய்துள்ளேன்.

I hereby submit the following information for the purpose of authentication of my entry in electoral roll :– நான் வாக்காளர் பட்டியலில் எனது பதிவு உண்மை என அங்கீகரிப்பதற்காக பின்வரும் தகவலை சமர்ப்பிக்கிறேன்:–

(Please tick the appropriate box)/ (தயவுசெய்து பொருத்தமான கட்டத்தைத் தேர்வு செய்யவும்)

(i) ☐ Aadhaar No. / ஆதார் எண் or/ அல்லது

(ii) ☐ I am not able to furnish my Aadhaar Number because I don't have Aadhaar number.Therefore, I hereby submit a copy of one of the following documents :– / என்னிடம் ஆதார் எண் இல்லாததால், என்னால் ஆதார் எண்ணை வழங்க இயலவில்லை. எனவே, கீழ்க்கண்ட ஆவணங்களில் ஒன்றின் நகலை நான் சமர்ப்பிக்கிறேன்.

(Please tick the appropriate box)/ (தயவுசெய்து பொருத்தமான கட்டத்தை தேர்வு செய்யவும்)

- ☐ MGNREGA Job Card / மகாத்மா காந்தி தேசிய ஊரக வேலை உறுதிச் சட்ட அடையான அட்டை
- ☐ Passbooks with photograph issued by Bank / Post Office / வங்கி / அஞ்சல் அலுவலகத்தால் வழங்கப்பட்ட புகைப்படத்துடன் கூடிய கணக்குப் புத்தகம்
- ☐ Health Insurance Smart Card issued under the scheme of Ministry of Labour / தொழிலாளர் அமைச்சகத்தின் கீழ் வழங்கப்பட்ட ஸ்மார்ட் ஹெல்த் கார்டு
- ☐ Driving License / ஓட்டுனர் உரிமம்
- ☐ PAN Card / நிரந்தர கணக்கு எண் அட்டை
- ☐ Smart Card Issued by RGI under NPR /தேசிய மக்கள் தொகை பதிவேட்டின்படி வழங்கப்பட்ட இருப்பிட அடையாள சான்று
- ☐ Indian Passport / இந்தியக் கடவுச்சீட்டு
- ☐ Pension document with photograph / புகைப்படத்துடன் கூடிய ஓய்வூதிய ஆவணம்
- ☐ Service Identity card with photograph issued to employees by Central / State Govt./ PSUs/Public Limited Companies / மத்திய / மாநில அரசு / பொதுத்துறை நிறுவனங்கள் / வரையறுக்கப்பட்ட பொது நிறுவனங்களால் ஊழியர்களுக்கு வழங்கப்பட்ட புகைப்படத்துடன் கூடிய பணிக்கான அடையான அட்டை
- ☐ Official Identity Card issued to MPs/MLAs/MLCs./ பாராளுமன்ற உறுப்பினர்கள்/ சட்டமன்ற உறுப்பினர்கள் / மேல்சபை உறுப்பினர்களுக்கு வழங்கப்படும் அலுவலக அடையான அட்டை
- ☐ Unique Identity ID (UDID) Card, issued by M/o Social Justice and Empowerment, Government of India/ இந்திய அரசாங்கத்தின் சமூக நீதி மற்றும் அதிகாரமளித்தல் துறையால் வழங்கப்பட்ட தனிப்பட்ட அடையான அட்டை (UDID)

Signature of the elector/ வாக்காளர் கையொப்பம் : _____

Name of the elector / வாக்காளர் பெயர் : _____

Email ID/Mobile Number / மின்னஞ்சல் முகவரி/ கைபேசி எண் : _____

Place/ இடம் : _____

Date / தேதி : _____

332-5-Form 6B-B23

In Our Volunteers is Involved Voter ID with Aadhar card link Campaign in Thiruvancherry Panchayat.

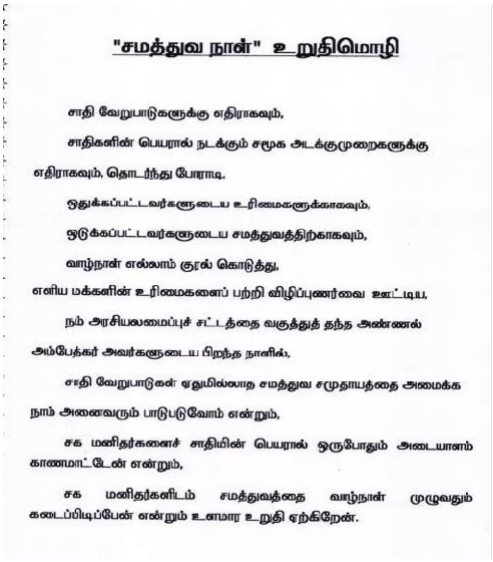
Bharath Institute of Higher Education and Research Unnat Bharat Abhiyan (UBA) Cell Organized VoterID with Aadhar card link Campaign. Thiru.J.Rajasekar (Administrative officer BIHER) handover Completed Documents to Mrs.Kavitha (Thasildar Tambaram).

Anti Drug Awarness Rally

NSS Cell BIHER Jointly organized with Tambaram City Police Anti-Drug Awareness Rally Inaugurations & Rally was Flagged on By Dr.A.Amalraj /IPS Commissioner of Police Tambaram City Police. Our Volunteers& Students 1500 and Program officers are Involved in this drug awareness program.

"Lifestyle for the Environment" Pledge

Rashtriya Ekta Diwas (National Unity Day) Pledge



"சமத்துவ நாள்" உறுதிமொழி

சாதி வேறுபாடுகளுக்கு எதிராகவும்,

சாதிகளின் பெயரால் நடக்கும் சமூக அடக்குமுறைகளுக்கு எதிராகவும், தொடர்ந்து போராடி,

ஒதுக்கப்பட்டவர்களுடைய உரிமைகளுக்காகவும்,

ஒடுக்கப்பட்டவர்களுடைய சமத்துவத்திற்காகவும்,

வாழ்நாள் எல்லாம் குரல் கொடுத்து,

எளிய மக்களின் உரிமைகளைப் பற்றி விழிப்புணர்வை ஊட்டிய,

நம் அரசியலமைப்புச் சட்டத்தை வகுத்துத் தந்த அண்ணல் அம்பேத்கர் அவர்களுடைய பிறந்த நாளில்,

சாதி வேறுபாடுகள் ஏதுமில்லாத சமத்துவ சமுதாயத்தை அமைக்க நாம் அனைவரும் பாடுபடுவோம் என்றும்,

சக மனிதர்களைச் சாதியின் பெயரால் ஒருபோதும் அடையாளம் காணமாட்டேன் என்றும்,

சக மனிதர்களிடம் சமத்துவத்தை வாழ்நாள் முழுவதும் கடைப்பிடிப்பேன் என்றும் உளமார உறுதி ஏற்கிறேன்.

Our NSS Volunteers Took Rashtriya Ekta Diwas (National Unity Day) and Lifestyle for the Environment Pledge

Lake Clean Up

More than 75 NSS Volunteers involved in lake clan up program Dr.P.Naveenchandran Director, IQAC. Inaugurated the Program Dr.E.Thulasiram MDS, Dental Unit PO and Dr.B.Karthik(PO) Coordinated the Program.

EFI-49-16122022--MCU

ENVIRONMENTALIST FOUNDATION OF INDIA
E.F.I

CERTIFICATE OF APPRECIATION

THIS CERTIFICATE IS PRESENTED TO :

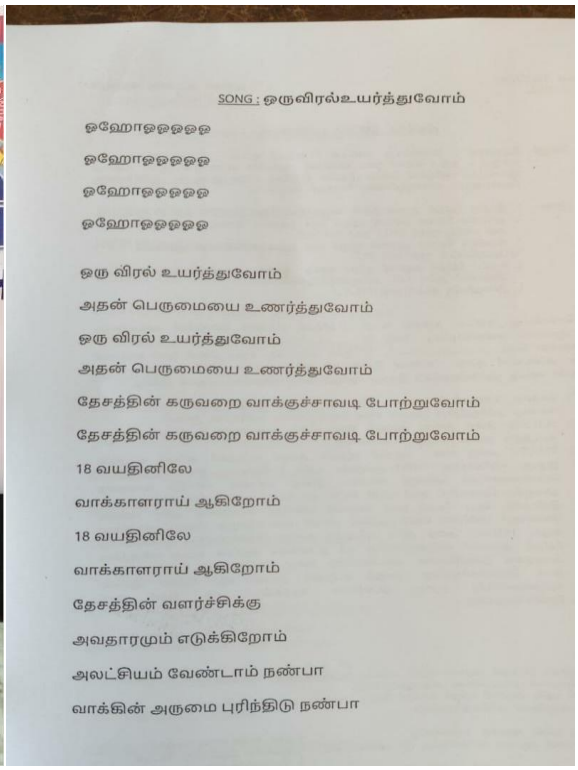
Bharath Institute of Higher Education and Research, Chennai.

for participating in the clean up drive conducted
by the Environmentalist Foundation of India on 16/12/2022 .

E-CERTIFICATES DOES NOT REQUIRE A FORMAL SIGNATURE AND IS VALID WITH IT'S SERIAL NUMBER.

VOLUNTEER FOR INDIA AND HER ENVIRONMENT WITH E.F.I!

Voter Awareness Program



SONG : ஒருவிரல்உயர்த்துவோம்

ஒஹோஒஒஒஒ
ஒஹோஒஒஒஒ
ஒஹோஒஒஒஒ
ஒஹோஒஒஒஒ

ஒரு விரல் உயர்த்துவோம்
அதன் பெருமையை உணர்த்துவோம்
ஒரு விரல் உயர்த்துவோம்
அதன் பெருமையை உணர்த்துவோம்
தேசத்தின் கருவறை வாக்குச்சாவடி போற்றுவோம்
தேசத்தின் கருவறை வாக்குச்சாவடி போற்றுவோம்
18 வயதினிலே
வாக்காளராய் ஆகிறோம்
18 வயதினிலே
வாக்காளராய் ஆகிறோம்
தேசத்தின் வளர்ச்சிக்கு
அவதாரமும் எடுக்கிறோம்
அலட்சியம் வேண்டாம் நண்பா
வாக்கின் அருமை புரிந்திடு நண்பா

Our Volunteers prepare the song and Aware the Voters Important to the First time voters. More than 45 first time voters are participated.

Under the guidance of Mr.K.Vijayakumar Deputy Thasildar, Mrs.S.Kavitha Assistant Election Commission Tambaram. Our volunteers and Program Officers are participated Voters Day at Tambaram Thasildar Office.

Pongal Celebration

Our BIHER Faculties and Staff Members Celebrate, The Pongal Festival at BIHER campus India is an agricultural country and the majority of the festivals are inclined towards nature college celebrates “Samathuva Pongal “featuring a sense of equality among the students and Faculties. It is a celebration when all students and staff of different diversities participate.

Awareness Program

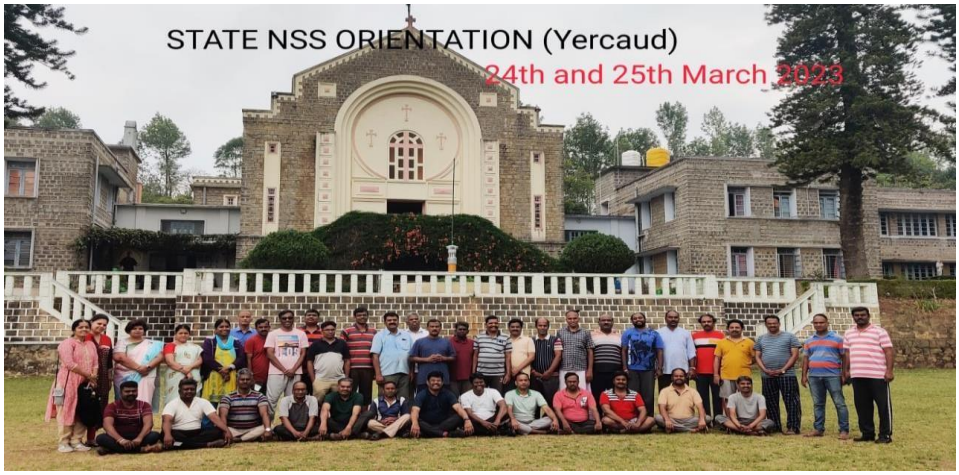
Vizhithelu Filmed by Kanchipuram PRO

Our NSS Volunteers and Students are watch the Mobile Awareness Film “Vizhithelu” BIHER Campus 1500 Students involve and watch the Film.

THOOIMAI NAGARATHIRKANA MAKKAL IAKKAM

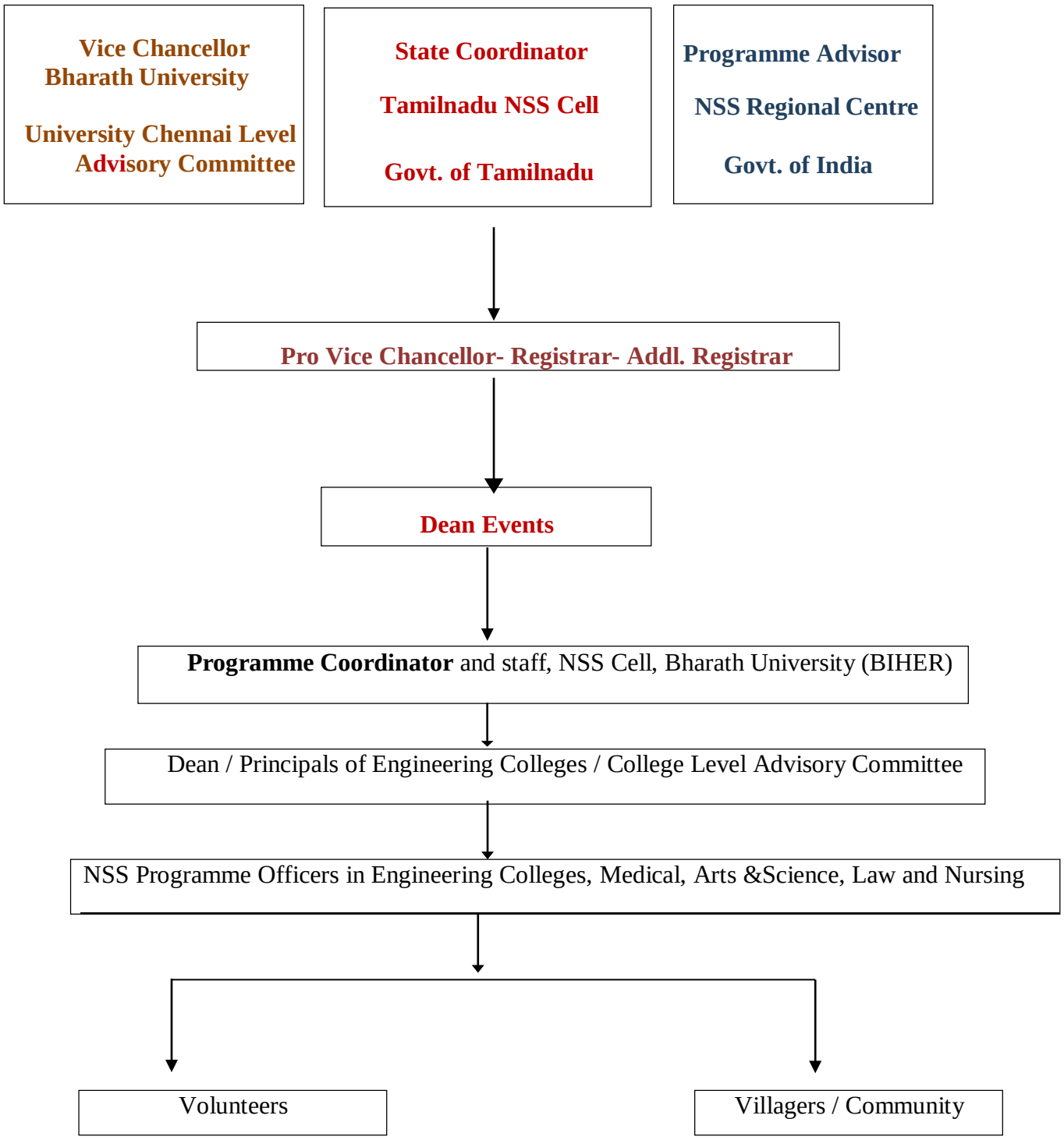
Our BIHER Housekeeper Involve the THOOIMAI NAGARATHIRKANA MAKKAL IYAKKAM program and gain Knowledge about THOOIMAI NAGARAM.

State NSS Orientation



Participated NSS programme coordinators Orientation Programme at Don Bosco Retreat Centre Yercaud, Salem on 24th and 25th March 2023

Flow Chart for the NSS Cell



NATIONAL CADET CORPS

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

1 (TN)ARMD SQN NCC & 1 (TN) MED UNIT NCC

RDC 2020 CONTINGENT RECEPTION FELICITATION CUM CM RALLY

KAILAIVANAR ARANGAM AUDITORIUM

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

NO OF CADETS-5 DATE:02-02-2020

CHIEF MINISTER'S RALLY
TO
FELICITATE THE
RDC CONTINGENT - 2024
NCC DIRECTORATE (TN P & AN)

NATIONAL SEMINAR CARRER OPPOURTUNITIES FOR NCC CADETS

DG VAISHAV COLLEGE

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

NO OF CADETS-10 DATE:11-05-2022

TSC TRG 1

VIT VELLORE

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

NO OF CADETS:2 DATE:09-05-2022 TO 18-05-2022

CHESS OLYMPAID TORCH AND MERGING AND INNAGURATION

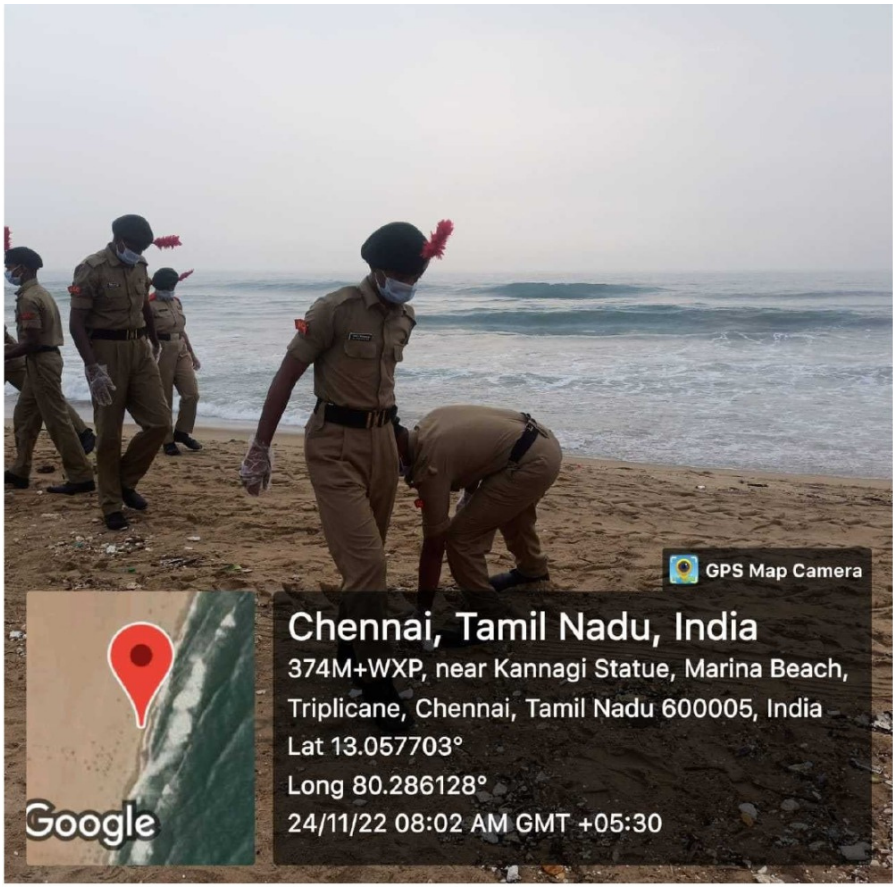
MARINA BEACH

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC
NO OF CADETS:15 DATE:25-07-2022

PUNEETH SAGAR ABHIYAN

MARINA BEACH

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC
NO OF CADETS:20 DATE:24-11-2022


GPS Map Camera
Chennai, Tamil Nadu, India
374M+WXP, near Kannagi Statue, Marina Beach, Triplicane, Chennai, Tamil Nadu 600005, India
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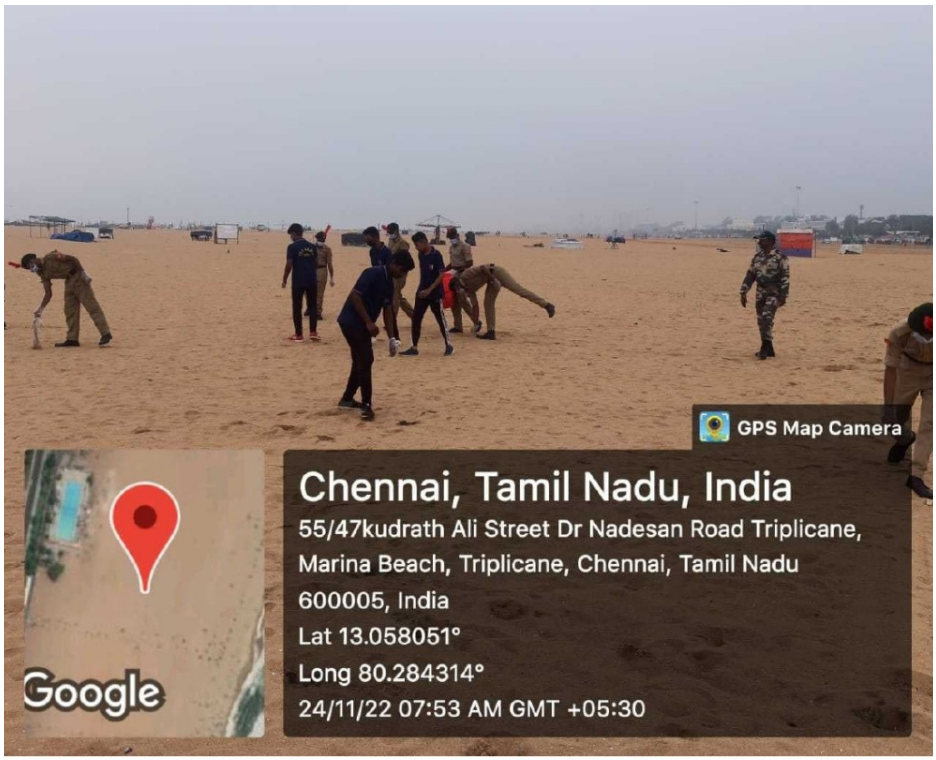
Long 80.286128°
24/11/22 08:02 AM GMT +05:30
Google


GPS Map Camera
Chennai, Tamil Nadu, India
55/47kudrath Ali Street Dr Nadesan Road Triplicane, Marina Beach, Triplicane, Chennai, Tamil Nadu 600005, India
Lat 13.058051°
Long 80.284314°
24/11/22 07:53 AM GMT +05:30
Google

NCC DAY CELEBRATION

DG VAISHAV COLLEGE

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

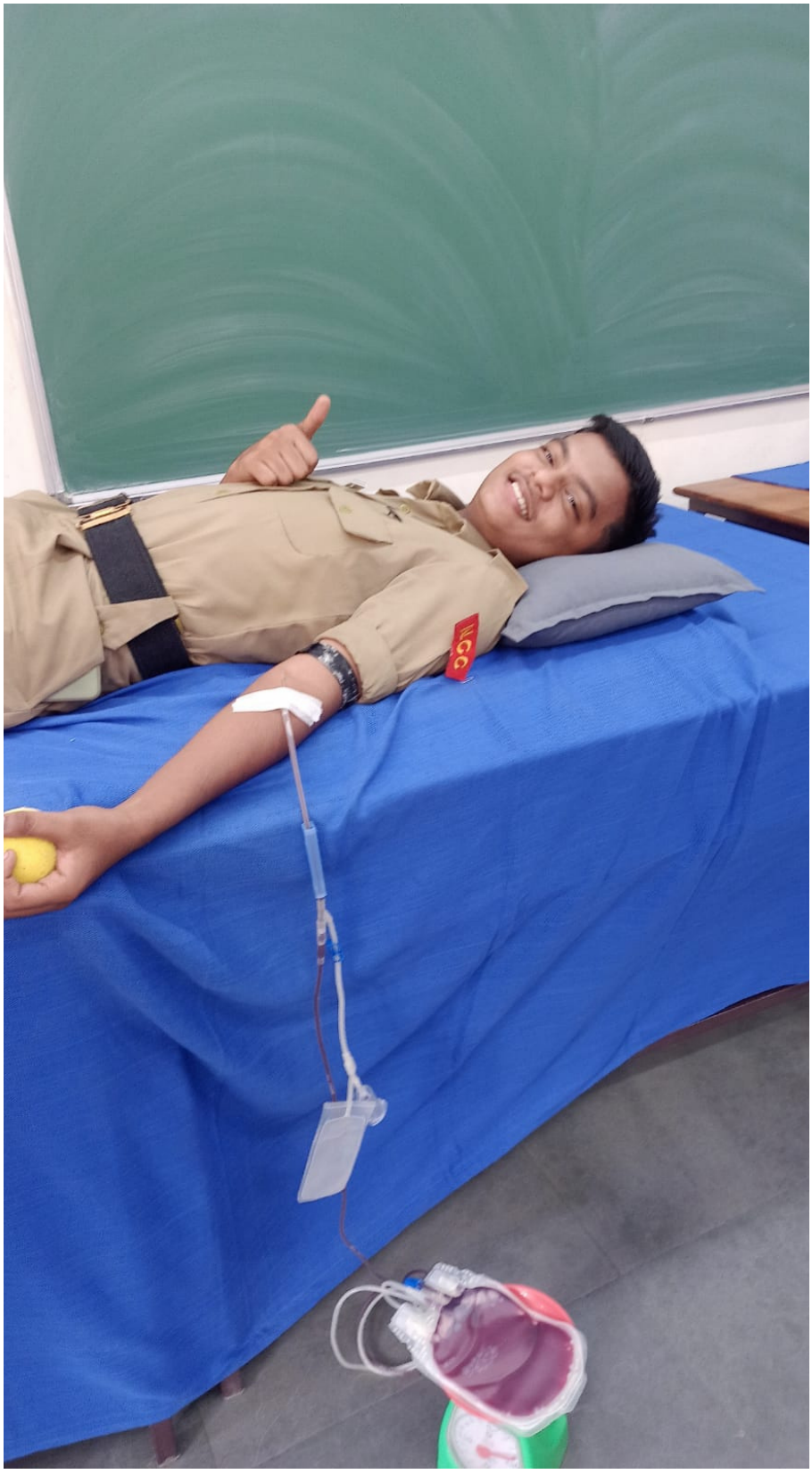
NO OF CADETS:4 DATE:26-11-2022

BLOOD DONATION

MCC SCHOOL

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

NO OF CADETS:10 DATE:27-11-2022



REPUBLIC DAY PARADE

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

NO OF CADETS:83 DATE:26-01-2023

C CERTIFICATE THEORY AND PRATICAL EXAM

MADRAS MEDICAL COLLEGE

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC
NO OF CADETS:25 DATE:18-02-2023 AND 19-02-2023

B CERTIFICATE THEORY AND PRATICAL EXAM MADRAS MEDICAL COLLEGE

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC
NO OF CADETS:25 DATE:25-02-2023 AND 26-02-2023

FLOOD RELEIF MEASURES

THONDARAIPET CHENNAI

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC
NO OF CADETS:60 DATE:08-11-2023

NCC

ANNUAL TRAINING CAMP

PRATHYUSHA ENGINEERING COLLEGE

1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

NO OF CADETS:30 DATE:15-11-2023 AND 26-11-2023

REPUBLIC PARADE

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

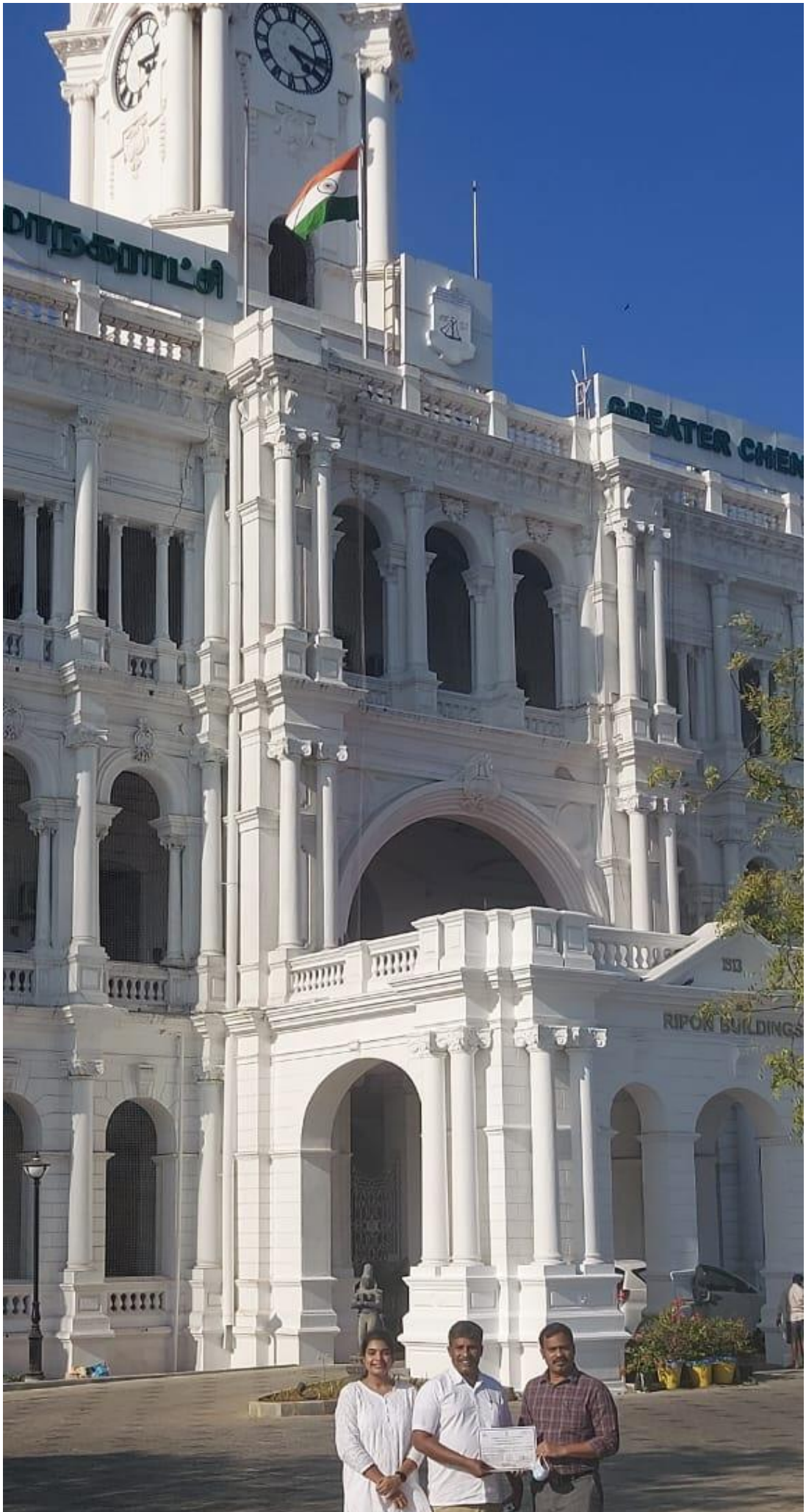
1 (TN)ARMD SQN NCC & 1 (TN)MED UNIT NCC

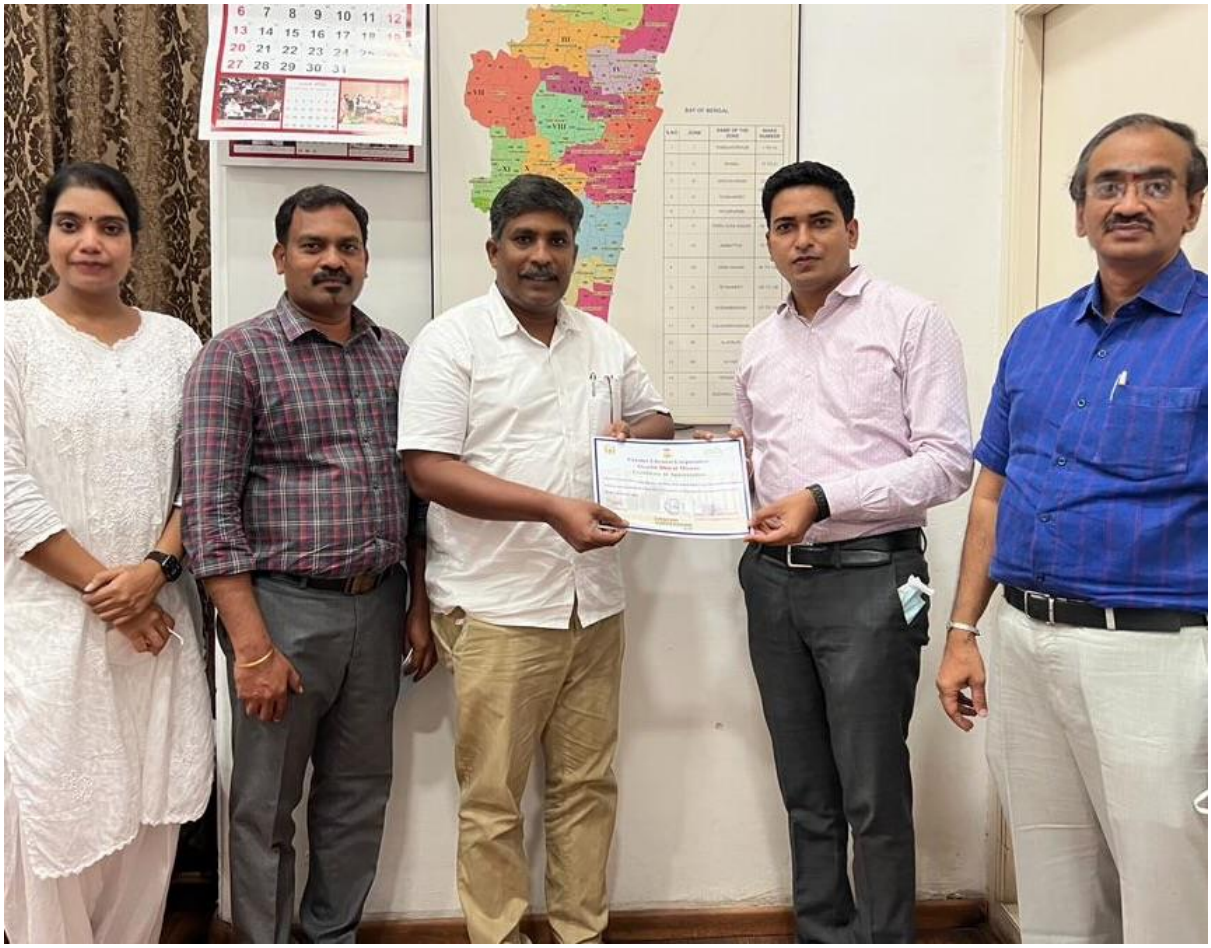
NO OF CADETS:80 DATE:26-01-2024

Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
1 (TN) MED UNIT & 1 (TN) ARMD SQN
NATIONAL CADET CORPS

Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
1 (TN) MED UNIT & 1 (TN) ARMD SQN
NATIONAL CADET CORPS
WELCOMES YOU

1.03.2022- Swachh Bharat Award 2022, Rippon Building


RIPON BUILDINGS



Greater Chennai Corporation

Swachh Bharat Mission

CORPORATION OF CHENNAI

Certificate of Appreciation

This is to certify that SREE BALAJI DENTAL COLLEGE & HOSPITAL, PALLIKARANAI, Chennai-10

has been awarded BEST SWACHH COLLEGE in Chennai City as a part of SWACHH SURVEKSHAN - 2022.

Azadi Ka Amrit Mahotsav

27 FEB 2022

Deputy Commissioner (Health)

Greater Chennai Corporation

SWACHH SURVEKSHAN 2022

Sree Balaji Dental College and hospital was awarded the best Swachh college for the year 2022 by Greater Chennai Corporation based on the extensive activities undertaken by the institution in support of the Swachh Bharat Mission

13.3.2022- IDA Sakthi Award, T.Nagar

This award for exemplary leadership was presented by Indian Dental Association to our Chairperson Dr.J.Srinisha for her outstanding contribution to the community.

17.03.2022- Women's Welfare Wing Inaugration, Sree Balaji Dental College and Hospital Auditorium

Sree Balaji

Sree Balaji

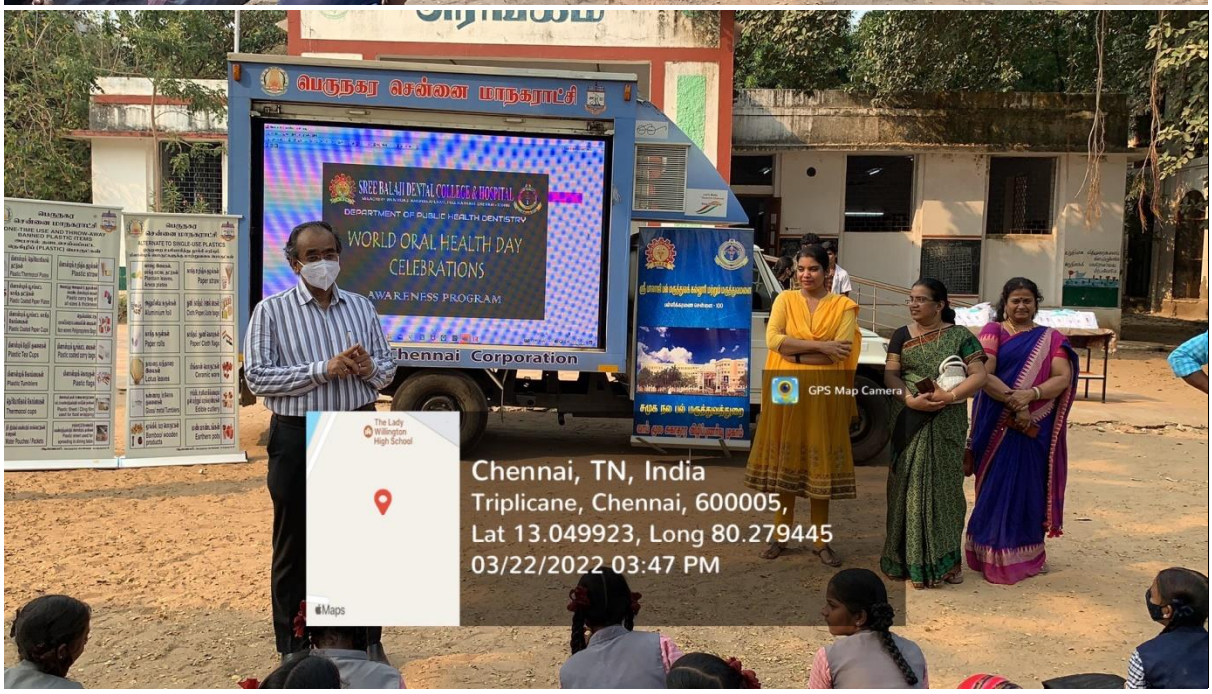
The woman’s welfare wing of Sree Balaji Dental college and hospital was inaugurated by honourable social welfare minister Tmt Geetha Jeevan and our Chairperson Dr J Sri Nisha on 17/3/22

19.03.2022- Kalaingar Varum Mun Kaapom Thitam, Durga Nagar

SO FAR
SORTA
SOFT HANDS
Gillette
MACH3

A dental and medical camp was conducted in association with government of Tamil Nadu as part of Kalaignar Varumun Kaapom Thittam at Durga Nagar

22.03.2022- IEC vehicle camp, Lady Wellingdon school, Triplicane



Sree Balaji Dental College and Hospital, Department of Public Health Dentistry works in association with Greater Chennai Corporation on many community projects. ‘World oral health week’ was observed with a series of health education sessions and distribution of oral hygiene kits at Government Schools using IEC vehicle provided by our Honourable Chief Minister of Tamil Nadu and guided by Greater Chennai Corporation.

25.03.2022- Kalaingar Varum Mun Kaapom Thittam, Perungudi

GPS Map Camera
SHAMBHO NAGA
SHAMBHO NAGA
Maps
Chennai, TN, India
Shambho Nagar 5th Street,
Lat 12.968954, Long 80.233278
03/25/2022 09:47 AM

GPS Map Camera
Chennai, TN, India
Shambho Nagar 5th Street,
Lat 12.968985, Long 80.233283
03/25/2022 09:47 AM
Maps

GPS Map Camera
SHAMBHO NAGA
SHAMBHO NAGA
Maps
Chennai, TN, India
Shambho Nagar 5th Street,
Lat 12.968978, Long 80.233265
03/25/2022 09:47 AM

A dental and medical camp was conducted in association with government of Tamil Nadu as part of Kalaignar Varumun Kaapom Thittam at Perungudi.

26.03.2022- Sethu Foundation with IDA, Teynampet

INDIAN DENTAL ASSOCIATION
COLLEGE & HOSPITAL
GPS Map Camera
Chennai, TN, India
3rd Cross Street, Teynampet,
Lat 13.034522, Long 80.248036
03/26/2022 03:31 PM
Buddhi clinic
River Day Spa
Tejas CIMS Hospital
Coco Jaunt 1728
Maps

BIHER
INDIA
ஸ்ரீ பாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை
பள்ளிக்கரணை சென்னை - 100
GPS Map Camera
Buddhi clinic
River Day Spa
Tejas CIMS Hospital
Coco Jaunt 1728
Double Roti
Maps
Icube Projects
Chennai, TN, India
3rd Cross Street, Teynampet,
Lat 13.034488, Long 80.247960
03/26/2022 03:55 PM

Dental camp conducted for underprivileged children in association with IDA and Sethu foundation, Teynampet

28.03.2022- Kalaingar Varum Mun Kaapom Thittam, Saidapet

GPS Map Camera
Chennai, TN, India
Munusamy Street, West Saidapet,
Lat 13.025876, Long 80.218711
03/28/2022 09:37 AM
Maps

GPS Map Camera
Chennai, TN, India
Munusamy Street, West Saidapet,
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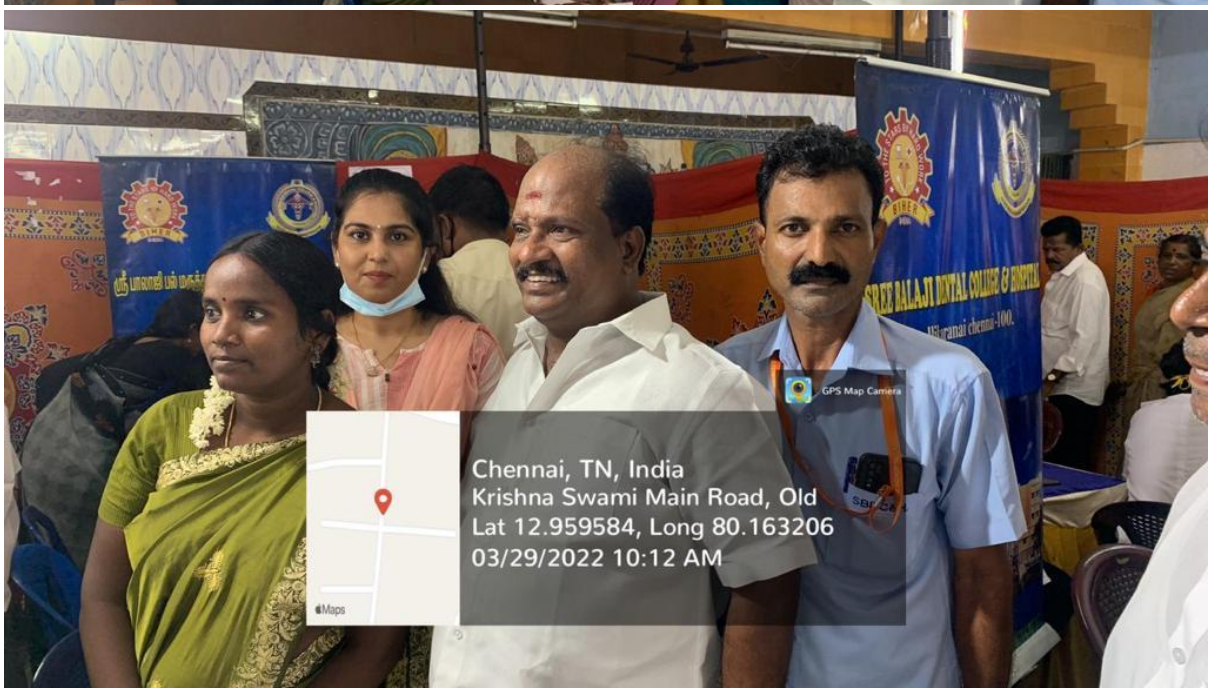
Maps

A dental and medical camp was conducted in association with government of Tamil Nadu as part of Kalaignar Varumun Kaapom Thittam at Saidapet.

29.03.2022- Kalaignar Varumun Kaapom Thittam, Pallavaram



A dental and medical camp was conducted in association with government of Tamil Nadu as part of Kalaignar Varumun Kaapom Thittam at Pallavaram.

2.04.2022- Sethu Foundation & IDA, Teynampet

SREE BALAJI DENTAL COLLEGE & HOSPITAL
pallikaranai chennai -100.
SETHU FOUNDATION
BRIDGING LIVES
UNITY OF LIFE
CHETNA
FOR CHILDREN
GPS Map Camera
Buddhi clinic
Choc Of The Town
Tejas CIMS Hospital
3RD CROSS ST
Coco Jaunt 1728
Police Booth
Maps
Icube Projects
Chennai, TN, India
3rd Cross Street, Teynampet,
Lat 13.034403, Long 80.247986
04/02/2022 03:37 PM

ida
INDIAN DENTAL ASSOCIATION
MADRAS BRANCH
CONTINUING DENTAL HEALTH
ACTIVITY
DATE :
TIME :
VENUE :
GPS Map Camera
Chennai, TN, India
3rd Cross Street, Teynampet,
Lat 13.034411, Long 80.247930
04/02/2022 03:32 PM

ida
GPS Map Camera
Chennai, TN, India
3rd Cross Street, Teynampet,
Lat 13.034398, Long 80.247927
04/02/2022 03:57 PM

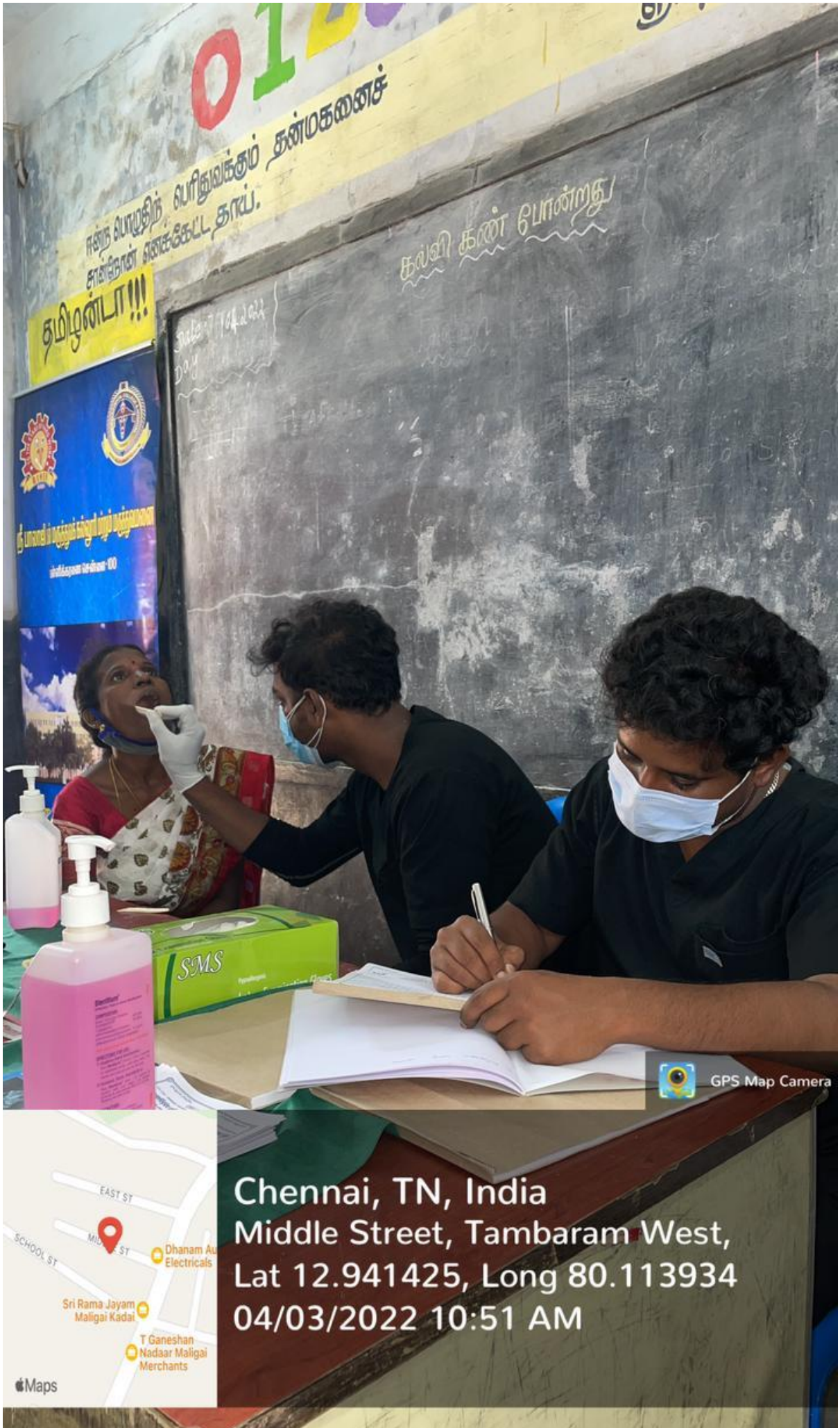
ஸ்ரீ பாலாஜி
மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை
இலவச கண்புரை பரிசோதனை முகாம்

idla
INDIAN DENTAL ASSOCIATION
CONTINU DENTAL HEALTH
TIME :
GPS Map Camera
Choc Of The Town
Coco Jaunt 1728
Double Roti
Icube Projects
Maps
Chennai, TN, India
3rd Cross Street, Teynampet,
Lat 13.034401, Long 80.247916
04/02/2022 03:57 PM

Medical and dental camp for underprivileged children

3.04.2022- Kalaingar Varum Mun Kaapom Thitam Government Adhi dravidar middle school, Kadaperi, Thiruneer malai, Thambaram zone

GPS Map Camera
Chennai, TN, India
Middle Street, Tambaram West,
Lat 12.941368, Long 80.113959
04/03/2022 09:33 AM
EAST ST
SCHOOL ST
Dhanam Auto Electricals
Sri Rama Jayam Maligai Kadai
T Ganeshan Nadaar Maligai Merchants
Maps


தமிழன்டா!!!
SMS
GPS Map Camera
EAST ST
SCHOOL ST
Dhanam Au
Electricals
Sri Rama Jayam
Maligai Kadai
T Ganeshan
Nadaar Maligai
Merchants
Maps
Chennai, TN, India
Middle Street, Tambaram West,
Lat 12.941425, Long 80.113934
04/03/2022 10:51 AM

TO THE STARS BY HARD WORK
BIHER
SREE BALAJI DENTAL COLLEGE & HOSPITAL
pallikaranai chennai - 100.
POOJA PLATINUM GOLD
GPS Map Camera
EAST ST
SCHOOL ST
Dhanam Au Electricals
Sri Rama Jayam Maligai Kadai
T Ganeshan Nadaar Maligai Merchants
Maps
Chennai, TN, India
Middle Street, Tambaram West,
Lat 12.941421, Long 80.113952
04/03/2022 12:12 PM

GPS Map Camera
Chennai, TN, India
Middle Street, Tambaram West,
Lat 12.941427, Long 80.113922
04/03/2022 11:11 AM
EAST ST
SCHOOL ST
Dhanam Au
Electricals
Sri Rama Jayam
Maligai Kadai
T Ganeshan
Nadaar Maligai
Merchants
Maps
"BEAT DIABETES"

A dental and medical camp was conducted in association with government of Tamil Nadu as part of Kalaignar Varumun Kaapom Thittam at Kadaperi, Thiruneer malai, Thambaram zone.

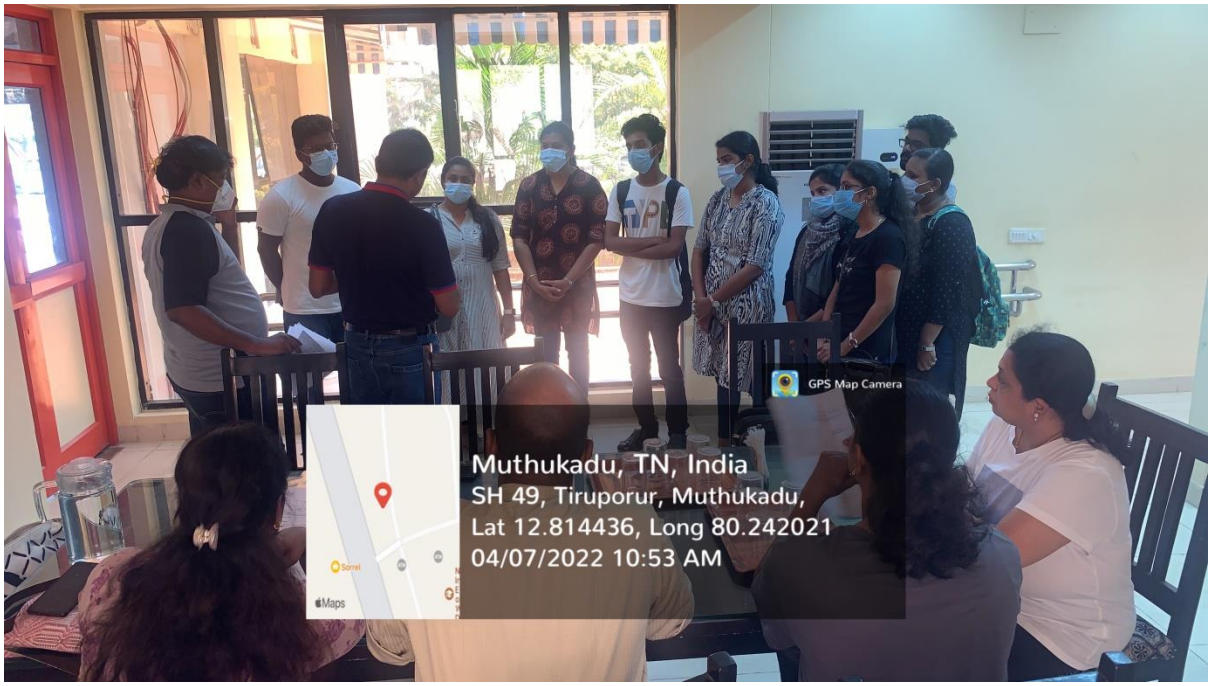
7.04.2022- Azadhi Ka Amrit Mahotsav, Mahabalipuram

National Health Fest for Divyangjan - We Care
&
Guinness World Record
Return to Play
Inclusion Revolution

GPS Map Camera
Muthukadu, TN, India
SH 49, Tiruporur, Muthukadu,
Lat 12.814187, Long 80.242051
04/07/2022 10:52 AM
Sorrel
National Institute for Empowerment of Person With Multiple Disabilities
Maps

Participation as part of medical team, special olympics bharath program at NIEPMD, Mahabalipuram

19.04.2022- Idaya Vaasal old age home, Pallikaranai


GPS Map Camera
Muthukadu, TN, India
SH 49, Tiruporur, Muthukadu,
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04/07/2022 10:53 AM
Maps

GPS Map Camera
Chennai, TN, India
1st Street, Pallikaranai, Chennai,
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13TH ST
1ST ST
2ND ST
Maps

GPS Map Camera
Chennai, TN, India
2nd Street, Pallikaranai, Chennai,
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04/19/2022 10:49 AM
Maps

DENTAL COLLEGE & HOSPITAL
S. Parthasarat
15 Apr 1984 - 11 Dec
GPS Map Camera
Chennai, TN, India
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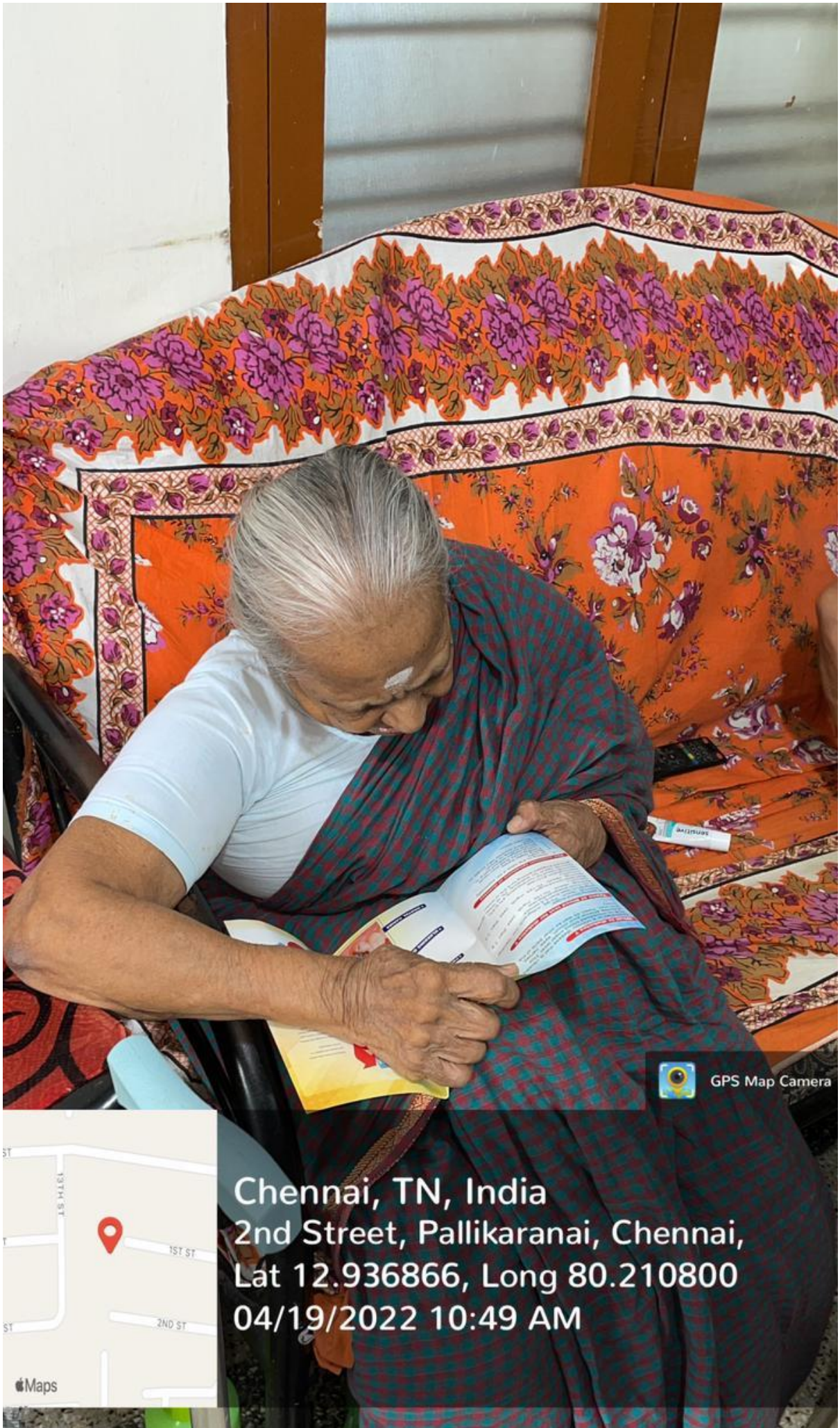
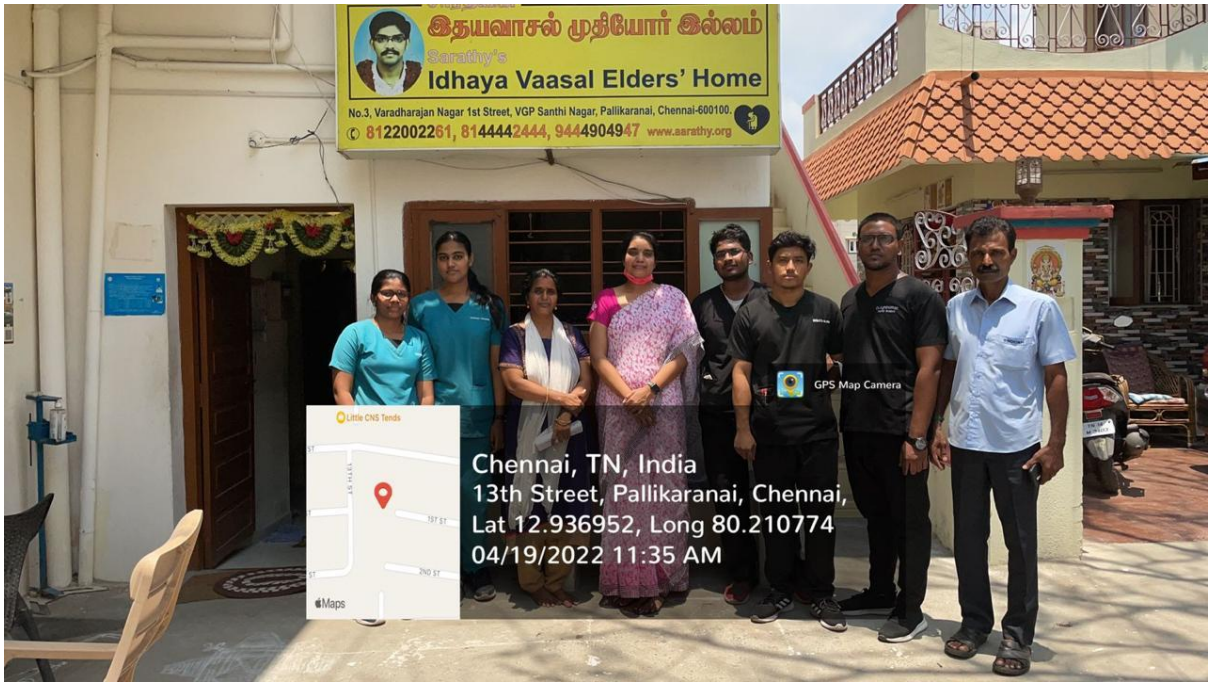
1ST ST
2ND ST
Maps


GPS Map Camera
Chennai, TN, India
2nd Street, Pallikaranai, Chennai,
Lat 12.936866, Long 80.210800
04/19/2022 10:49 AM
13TH ST
1ST ST
2ND ST
Maps



Visited idaya vaasal home for elderly today. In Phase I – Treatment needs of geriatric patients were assessed at their door step,toothbrushes & toothpastes were distributed . In Phase II - Treatment needs will be met at Sree Balaji Dental College and Hospital.

25.04.2022- Panchayat Primary School, Pallikaranai

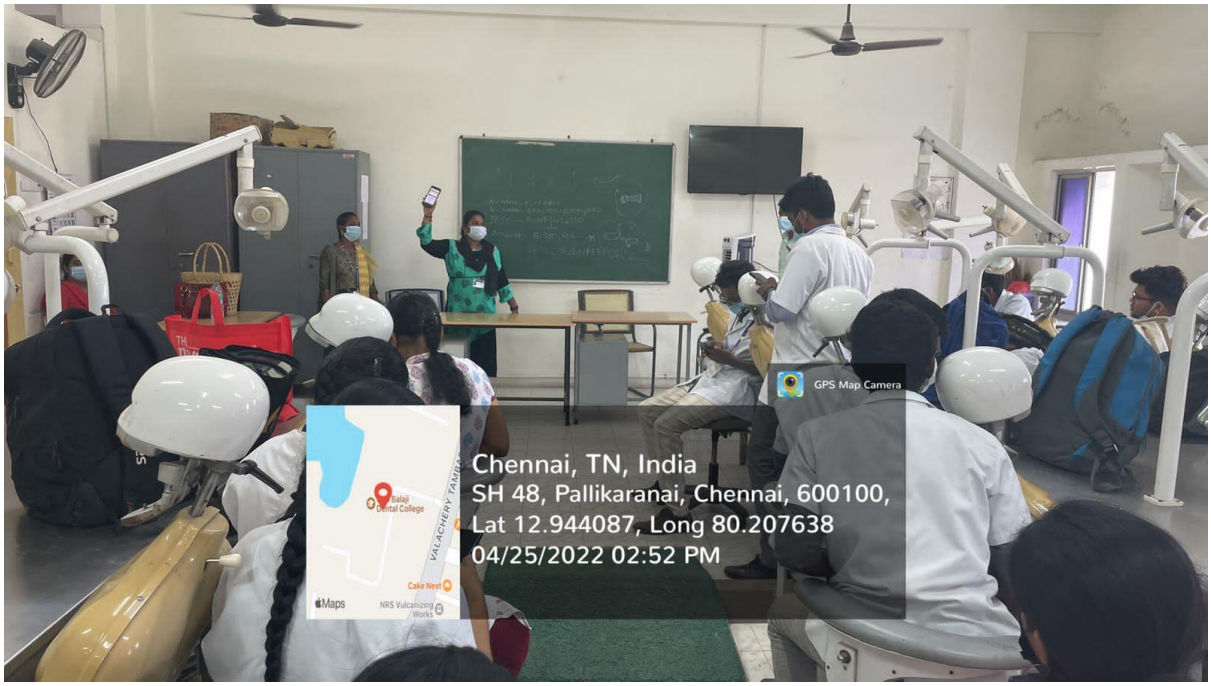
GPS Map Camera
Chennai, TN, India
Leo Complex Road, Pallikaranai,
Lat 12.936753, Long 80.204172
04/25/2022 10:39 AM
LEO COMPLEX RD
VALACHERY TAMBARAM M
Tamilnadu mutton & chicken shop
Jolly Bay Bar
Maps

TO THE STARS BY HARD WORK
BIHER
INDIA
SRM DALMIA DENTAL COLLEGE & HOSPITAL
CHENNAI
GOOD HEALTH BRINGS FREEDOM
ஸ்ரீ பாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவ
பள்ளிக்கரணை சென்னை - 100
GPS Map Camera
LEO COMPLEX RD
VALACHERY TAMBARAM M
Tamilnadu mutton & chicken shop
Jolly Bay Bar
Maps
Chennai, TN, India
Leo Complex Road, Pallikaranai,
Lat 12.936745, Long 80.204172
04/25/2022 10:48 AM

TO THE STARS BY HARD WORK
BIHER
INDIA
ஸ்ரீ பாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவ
பள்ளிக்கரணை சென்னை - 100
Cognizant
"PROJECT 100 SC
in partnership with
ROUND TABLE INDIA
at
PANCHAYAT UNION PRIMARY
NARAYANAPURAM
in June ,2016
MADRAS AMIGO
GPS Map Camera
LEO COMPLEX RD
VALACHERY TAMBARAM M
Tamilnadu mutton & chicken shop
Jolly Bay Bar
Maps
Chennai, TN, India
Leo Complex Road, Pallikaranai,
Lat 12.936738, Long 80.204160
04/25/2022 10:47 AM

We conducted oral health camp at Panchayat Union Primary School, Pallikaranai and distributed freebies.

25.04.2022- Swachita Sarvakshan, Sree Balaji Dental College and Hospital


GPS Map Camera
Chennai, TN, India
SH 48, Pallikaranai, Chennai, 600100,
Lat 12.944087, Long 80.207638
04/25/2022 02:52 PM
Balaji Dental College
VALACHERY TAMBARAM
Cake Nest
NRS Vulcanizing Works
Maps

GPS Map Camera
Shri Balaji Dental College
VALACHERY TAMBARAM
Cake Nest
Maps
Chennai, TN, India
SH 48, Pallikaranai, Chennai, 600100,
Lat 12.944180, Long 80.207665
04/25/2022 02:53 PM

SWACHH SURVEKSHAN 2022 conducted by Ministry of Housing and Urban affairs, Govt. Of India, is the world's largest urban sanitation and cleanliness survey. Students of Sree Balaji Dental College and Hospital were encouraged to participate, thus instilling essential qualities such as civic responsibility in our students.

27.04.2022- Dental camp at police quarters, Vadapalani

GPS Map Camera
Thread Fix Tailors
Svs Clinical Laboratory
OUTH SIVAN KOIL ST
Gprs Travels
Maps
Chennai, TN, India
South Sivan Koil Street, KK Nagar,
Lat 13.046849, Long 80.209726
04/27/2022 10:36 AM

GPS Map Camera
Thread Fix Tailors
Svs Clinical Laboratory
OUTH SIVAN KOIL ST
Gprs Travels
Maps
Chennai, TN, India
South Sivan Koil Street, KK Nagar,
Lat 13.046845, Long 80.209720
04/27/2022 10:43 AM

GPS Map Camera
Thread Fix Tailors
Svs Clinical Laboratory
SOUTH SIVAN KOIL ST
Gprs Travels
Maps
Chennai, TN, India
South Sivan Koil Street, KK Nagar,
Lat 13.046840, Long 80.209729
04/27/2022 11:17 AM

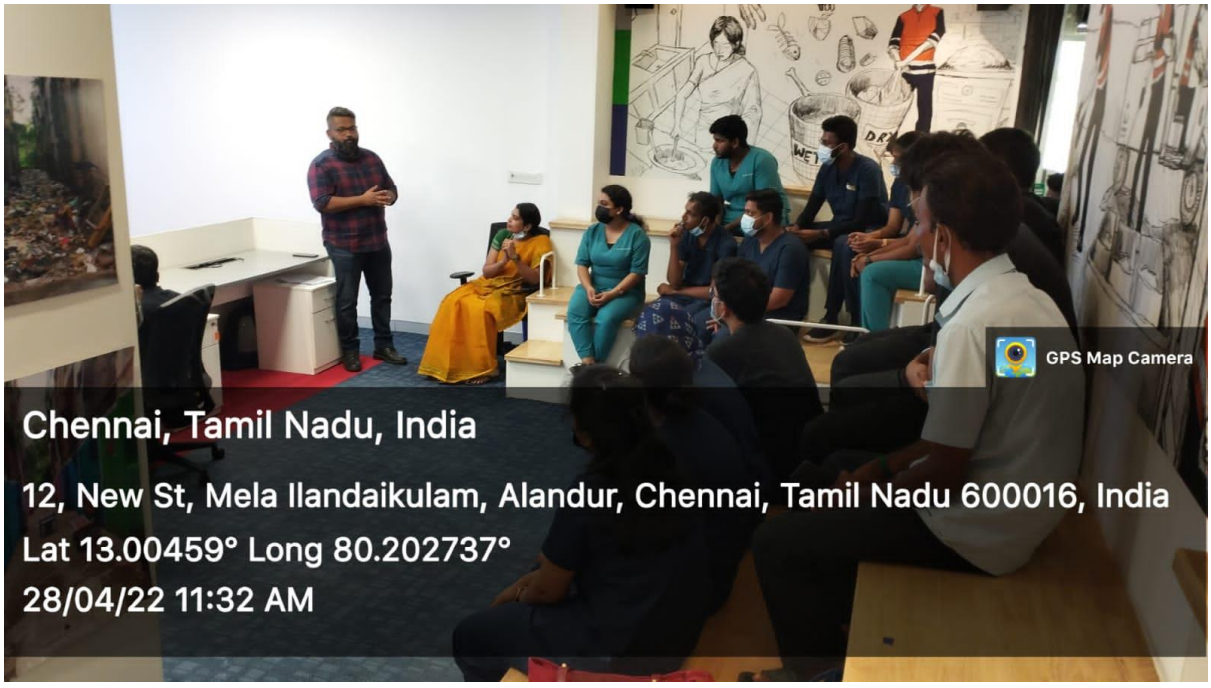
Oral health awareness program at Vadapalani R8 station,police quarters and surrounding areas . Special thanks to Mr. Balamurugan sir Asst Commissioner Vadapalani Zone , Mr. KK Balachander sir Asst Commissioner Mannargudi, Mr. Thomson sir Inspector Virugambakkam for inviting us . It was an interesting experience for all of us. We thank our management for the encouragement, freedom to work and constant support.

28.04.2022- Visit to control command centre of Urbaser Sumeet, Alandur

urbaser
SUMEET
#nammachennaiclean
பணியாளர்கள் – 12000

GPS Map Camera
Regional Transport Office
ESWARAN KOIL LN
Maps
Chennai, TN, India
New Street, Alandur, Chennai,
Lat 13.004581, Long 80.202782
04/28/2022 11:03 AM

GPS Map Camera
Chennai, Tamil Nadu, India
2633+Q3V, Karpaga Vinayagar Koil St, Mela Ilandaikulam,
Alandur, Chennai, Tamil Nadu 600016, India
Lat 13.00459° Long 80.202717°
28/04/22 11:06 AM


GPS Map Camera
Chennai, Tamil Nadu, India
12, New St, Mela Ilandaikulam, Alandur, Chennai, Tamil Nadu 600016, India
Lat 13.00459° Long 80.202737°
28/04/22 11:32 AM

Refreshments provided by

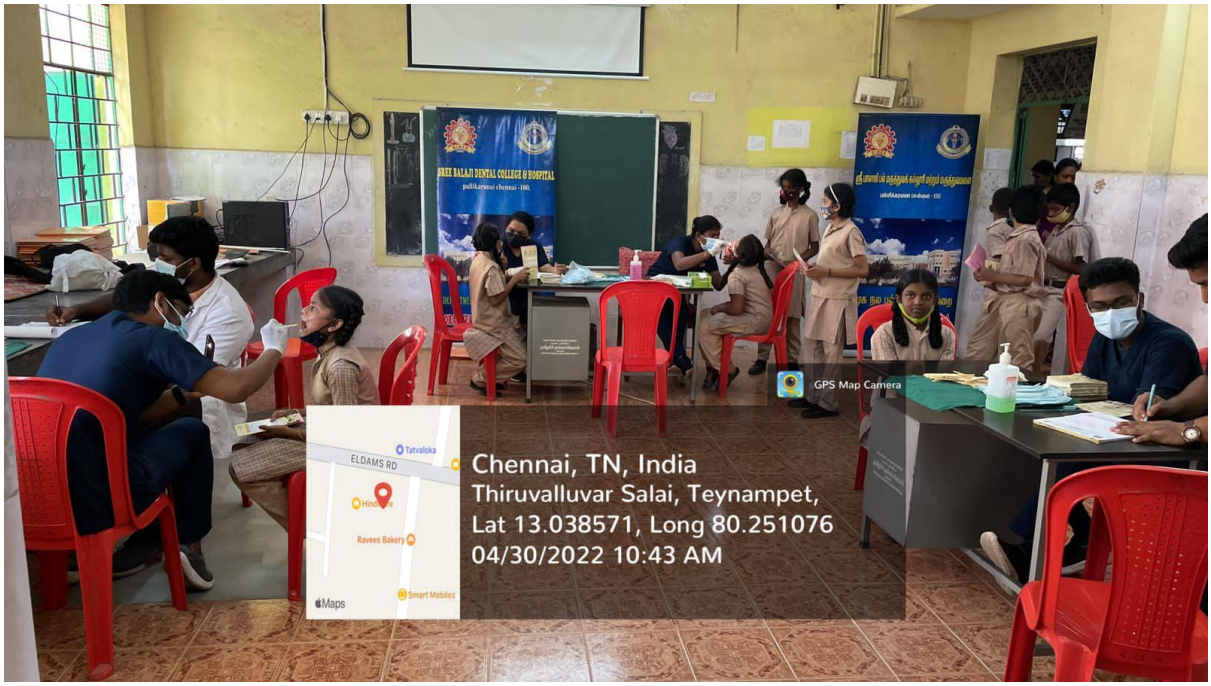
CRIs of Dept of Public Health Dentistry, SBDCH were taken on a field visit to Control & Command Centre , Urbaser Sumeet. We were received by Mr. Hari Balaji VR, Head of IEC. We learnt how Internet of Things (IoT) technology is used real-time to manage solid waste in Chennai by Urbaser Sumeet . The session was informative and interactive, centre was beautiful & state of the art and their hospitality impeccable. We at SBDCH pledge to make #NammaChennaiClean.

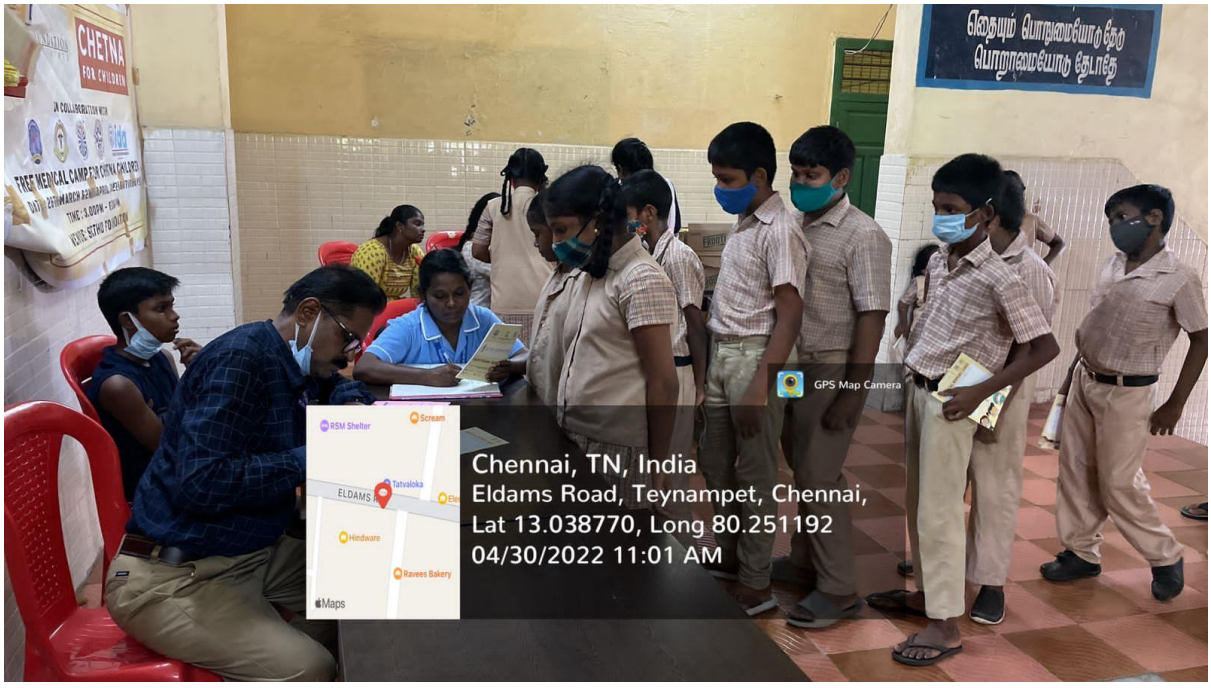
30.04.2022- Camp at government higher secondary school, Teynampet

SMS
Latex Examination Gloves
GPS Map Camera
Tatvaloka
ELDAMS RD
Ravees Bakery
Smart Mobiles
Maps
Chennai, TN, India
Thiruvalluvar Salai, Teynampet,
Lat 13.038517, Long 80.251050
04/30/2022 10:34 AM

GPS Map Camera
Chennai, TN, India
Eldams Road, Teynampet, Chennai,
Lat 13.038731, Long 80.251120
04/30/2022 12:17 PM
RSM Shelter
Scream
Tatvaloka
ELDAMS
Hindware
Ravees Bakery
Maps

GPS Map Camera
RSM Shelter
Scream
Tatvaloka
ELDAMS RD
Hindware
Ravees Bakery
Maps
Chennai, TN, India
Eldams Road, Teynampet, Chennai,
Lat 13.038810, Long 80.251136
04/30/2022 12:34 PM



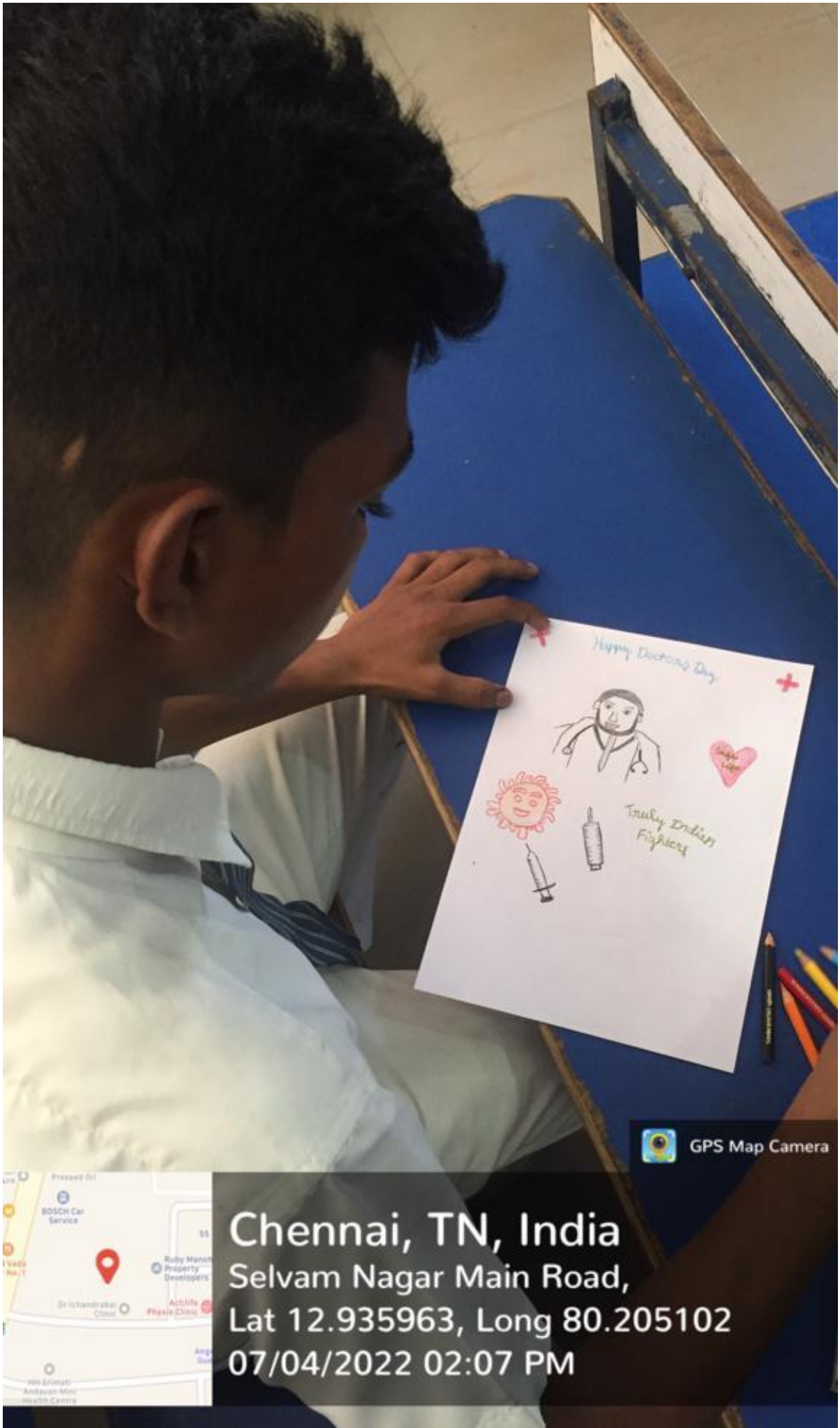


Dental and medical camp for underprivileged children in association with Sethu foundation and rotary club

6.07.2022- Doctors day celebration , Pallikaranai

GPS Map Camera
CR Centring
BOSCH Car Service
St Antonys Matriculation Higher Secondary School
SELVAM NAGA
Maps
Chennai, TN, India
Vallalar Street, Pallikaranai, Chennai,
Lat 12.936088, Long 80.205477
07/04/2022 02:04 PM

camlin
camlin
GPS Map Camera
BOSCH Car Service
St Antony's Matriculation Higher Secondary School
Maps
Chennai, TN, India
Vallalar Street, Pallikaranai, Chennai,
Lat 12.935968, Long 80.205398
07/04/2022 02:04 PM


Happy Doctors Day
Truly Indian Fighters
GPS Map Camera
Chennai, TN, India
Selvam Nagar Main Road,
Lat 12.935963, Long 80.205102
07/04/2022 02:07 PM

We conducted Drawing competition and prizes were distributed to celebrate doctors day at St Antony’s school, Pallikaranai.

27.07.2022- Free treatment camp, Sree Balaji Dental College and Hospital

GPS Map Camera
Mali
Nigeria
Google
Chennai, Tamil Nadu, India
MAIN BLOCK, BALAJI DENTAL COLLEGE, VGP Rajesh Nagar, Pallikaranai, Chennai, Tamil Nadu 600129, India
Lat 12.944417°
Long 80.207729°
27/07/22 11:19 AM

Dental Clinic On Wheels
FORCE
Shot on OnePlus
By Dr.Mohan's 8T
7/27/22
2:27 PM

REE BALAJI DENTAL COLLEGE &
மருந்தகம்
PHARMACY
GPS Map Camera
Mali
Nigeria
Google
Chennai, Tamil Nadu, India
MAIN BLOCK, BALAJI DENTAL COLLEGE, VGP Rajesh Nagar, Pallikaranai, Chennai, Tamil Nadu 600129, India
Lat 12.944417°
Long 80.207729°
27/07/22 02:21 PM

[redacted]

SBDCH in association with IDA madras branch conducted a FREE DENTAL TREATMENT camp at our hospital. Transport, high tea and lunch were provided to all beneficiaries. Radiographs, required treatment procedures and medications were also provided free of charge. Written informed consent was obtained from parents of minors before hand. World Health Organisation protocol for camp was diligently followed.

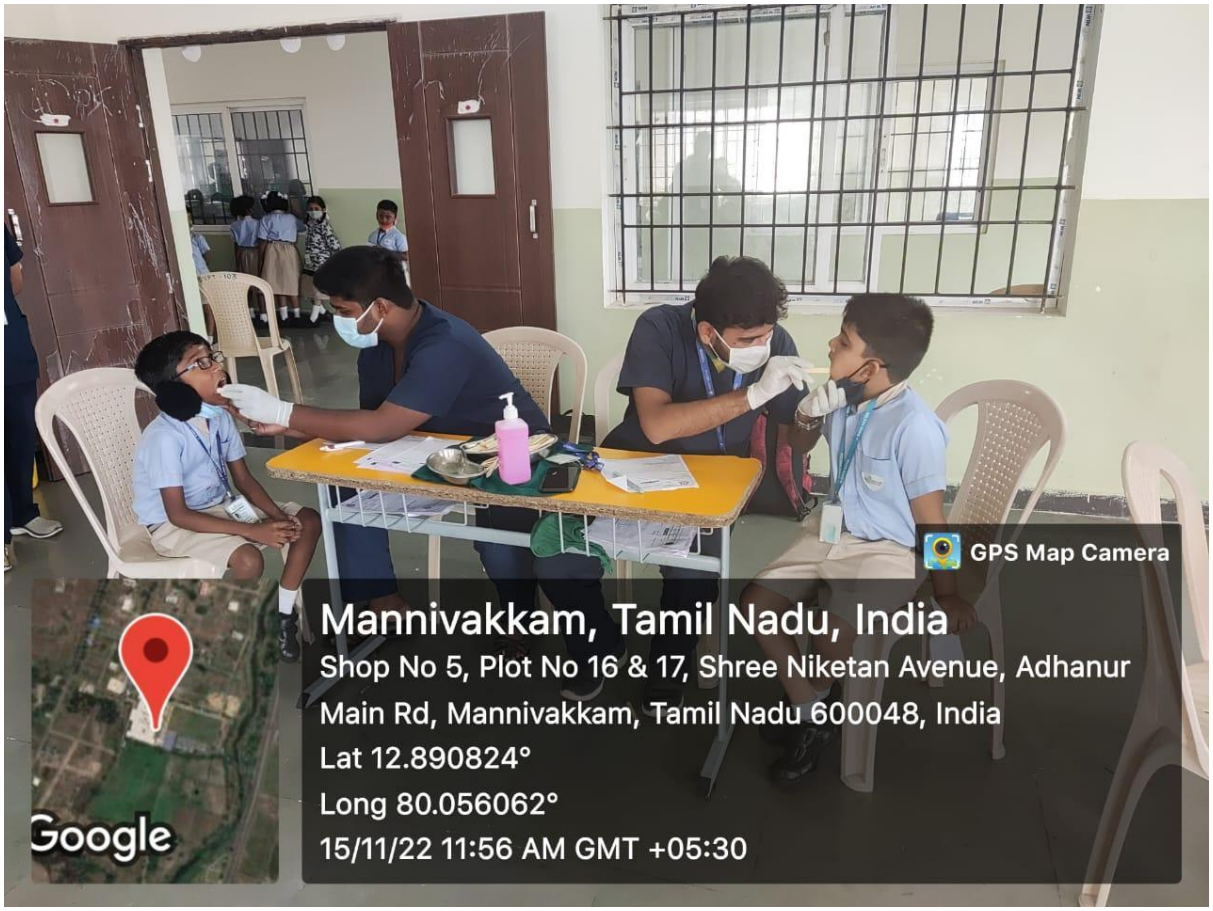
DATE: 3/8/2022

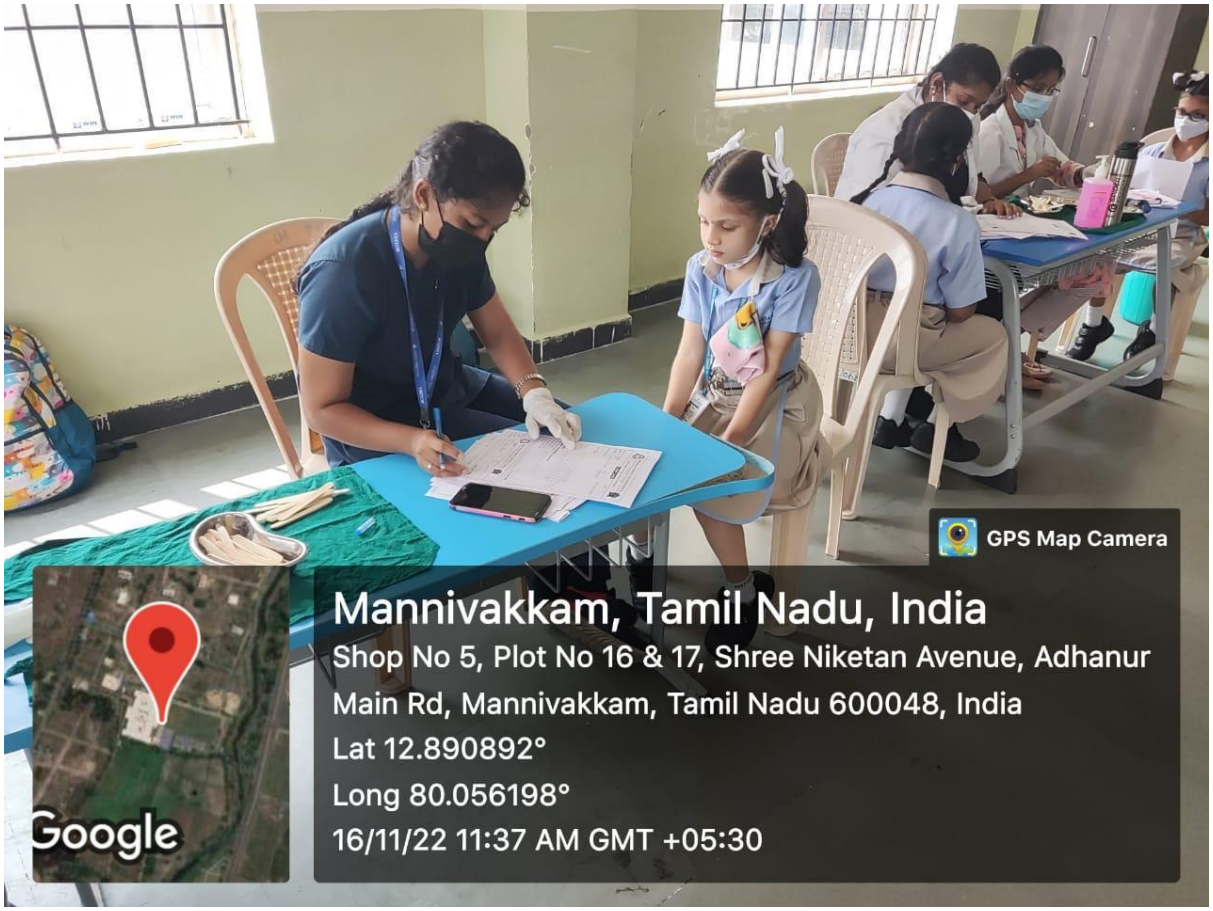
Free treatment camp- Phase 2 at SBDCH in association with IDA Madras branch and Sethu foundation. 90 Children benefited from it.

DEPARTMENT OF PEDODONTICS
UG SECTION
DEPARTMENT OF PEDODONTICS
குழந்தைகள் பல் மருத்துவ பிரிவு
6

07/11/2022

Dental screening camp conducted at Shree Nikethan Pathsala School, Mannivakam


GPS Map Camera
Mannivakkam, Tamil Nadu, India
Shop No 5, Plot No 16 & 17, Shree Niketan Avenue, Adhanur Main Rd, Mannivakkam, Tamil Nadu 600048, India
Lat 12.890824°
Long 80.056062°
15/11/22 11:56 AM GMT +05:30
Google


GPS Map Camera
Mannivakkam, Tamil Nadu, India
Shop No 5, Plot No 16 & 17, Shree Niketan Avenue, Adhanur Main Rd, Mannivakkam, Tamil Nadu 600048, India
Lat 12.890892°
Long 80.056198°
16/11/22 11:37 AM GMT +05:30
Google

13/08/2022

Dental camp at Army Welfare Association campus, Semmancheri was conducted in partnership with Rotary International District 3232.

Dental Clinic On Wheels

29/08/2022-30/08/2022

Dental screening camp done along with Sree Balaji Medical College & Hospital at Government Higher Secondary School, Kundrathur

DATE: 3/09/2022

Psychological stress relief and child safety program in association with Education department, Government of Pondicherry and Dhinamalar was conducted at Pondicherry. This program was aimed at raising awareness among school teachers and school Principals across Pondicherry. Thiru P.T. Rudra Goud, Director of School Education, Government of Pondicherry graced the occasion.

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தினமலர்

நிறுவனர் : டி.வி. ராமசுப்பையர்

RNI No. 53817/91

www.dinamalar.com www.facebook.com/Dinamalardaily

■ புதுச்சேரி PUDUCHERRY ■ ஞாயிறு செப்டம்பர் 4 2022 சென்னை, வேலூர், புதுச்சேரி, சேலம், ஈரோடு, கோயம்புத்தூர், திருச்சி, மதுரை, திருநெல்வேலி, நாகர்கோவில ■ வாரமலர் + 22 பக்கம் ₹ 7 ■ மலர் 71 இதழ் 364 ■ VOL 71 ISSUE 364

■ 'தினமலர்' நாளிதழ், சென்னை பள்ளிக்கரணை ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை சார்பில், பள்ளி ஆசிரியர்களுக்கான 'மன அழுத்த மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு' குறித்த சிறப்பு கருத்தரங்கு, புதுச்சேரி கிரீன் பேலஸ் ஓட்டலில் நேற்று நடந்தது. புதுச்சேரி பள்ளிக் கல்வித் துறை இயக்குனர் சுதா கவடு குத்துவிளக்கேற்றி கருத்தரங்கை துவக்கி வைத்தார். அருகில் புதுச்சேரி தினமலர் நிர்வாகி கே. வெங்கட்ராமன், புதுச்சேரி கல்வியாளர் புகழேந்தி, சென்னை வால் மைண்ட் பீகேவரல் கிளினிக் நிறுவனர் டில்லி பாபு, சென்னை பள்ளிக்கரணை ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி பொது சுகாதாரத்துறை தலைவர் டாக்டர் அனிதா, முதுநிலை விரிவுரையாளர் டாக்டர் சுகன்யா ஆகியோர் உள்ளனர். (மேலும் செய்தி, படங்கள் உள்ளே)

ஆசிரியர்களுக்காக 'தினமலர்' நடத்திய 'மன அழுத்த மேலாண்மை' கருத்தரங்கு

புதுச்சேரி, செப். 4–

'தினமலர்' நாளிதழ், சென்னை பள்ளிக்க ரணை ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவ மனை சார்பில் புதுச் சேரியில் நேற்று நடை பெற்ற, 'மன அழுத்த மேலாண்மை மற்றும் மாணவர் பாதுகாப்பு' குறித்த சிறப்பு கருத்த ரங்கில் பள்ளி முதல்வர் கள், தலைமையாசிரியர் கள் மற்றும் ஆசிரியர்கள் பங்கேற்றனர்.

'தினமலர்' நாளிதழ், சென்னை பள்ளிக்க ரணை ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை சார்பில், பள்ளி ஆசிரியர் களுக்கான 'மன அழுத்த மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு' குறித்த சிறப்பு கருத்த ரங்கம், புதுச்சேரி மறை மலையடிகள் சாலை, கிரீன் பேலஸ் ஓட்டலில் நேற்று நடந்தது.

புதுச்சேரி தினமலர் நிர்வாகி கே.வெங்கட் ராமன், சிறப்பு விருந்தி னர்களுக்கு பூங்கொத்து கொடுத்து வரவேற்றார். புதுச்சேரி பள்ளிக் கல் வித் துறை இயக்குனர் சுதா கவடு குத்துவிளக் கேற்றி தொடங்கிவைத்து கருத்தரங்கின் நோக் கம் குறித்து சிறப்புரை ஆற்றினார்.

சென்னை பள்ளிக் கரணை ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை யின் பொது சுகாதார துறைத் தலைவர் டாக் டர் அனிதா, முதுநிலை விரிவுரையாளர் டாக்டர் சுகன்யா, சென்னை வால்மைண்ட் பீகேவரல் கிளினிக் நிறுவனரும், கல்வியாளருமான டில் லிபாபு, புதுச்சேரி கல் வியாளர் புகழேந்தி ஆகியோர், பள்ளி மாணவர்கள், ஆசிரியர் கள் எதிர்நோக்கும் மன அழுத்த மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு குறித்து ஆலோசனை வழங் கினர். கருத்தரங்கிற்கு பிறகு நடந்த கலந்துரை யாடலில், மன அழுத்த பிரச்னையை அணுகும் முறை குறித்து ஆசிரியர் கள் எழுப்பிய கேள்விக ளுக்கு கல்வியாளர்கள் பதில் அளித்தனர்.

கருத்தரங்கில் புதுச் சேரி, கடலூர், விழுப் புரம், கள்ளக்குறிச்சி மாவட்டங்களில் இருந்து அரசு மற்றும் தனியார் பள்ளி முதல் வர்கள், தலைமையாசி ரியர்கள், ஆசிரியர்கள் பங்கேற்றனர்.

இன்று...
2 தினமலர்
12 + 10 பக்கம்
வாரமலர் புதகம்

■ புதுச்சேரியில் 'தினமலர்' நாளிதழ், சென்னை பள்ளிக்கரணை ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை சார்பில், நடத்த 'மன அழுத்த மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு' குறித்த சிறப்பு கருத்தரங்கில் ஆயிரமாம் பங்கேற்ற பள்ளி முதல்வர்கள், தலைமையாசிரியர்கள் மற்றும் ஆசிரியர்கள். ■ கருத்தரங்கில் ஸ்ரீபாலாஜி பல் மருத்துவமனை பெரு கலாநாதுறை தலைவர் டாக்டர் அனிதா பேசினார். அருகில் (வலமிருந்து) கல்வியாளர் புவேந்தி, சென்னை வல் மைண்ட் பீகேஷரல கிளினிக் நிறுவனர் டில்லி பாபு, புதுச்சேரி பள்ளிக் கல்வித் துறை இயக்குனர் குதர வடு, முதுநிலை விரிவுரையாளர் டாக்டர் கலன்யா ஆகியோர் உள்ளனர்.

பள்ளிகளில் பிரச்னைகளை தவிர்க்க மேற்பார்வை அவசியம்

புதுச்சேரி, செப். 4-

'மாணவர்கள் போதை பழக்கத்திற்கு அடிமை யாவது ஏன் என்பதை பள்ளி முதல்வர் மற்றும் தலைமை ஆசிரியர்கள் ஆராய வேண்டும்' என புதுச்சேரி பள்ளிக் கல்வித் துறை இயக்குநர் குர்ரவடு பேசினார்.

'தினமலர்' நாளிதழ் சார்பில் புதுச்சேரியில் நேற்று நடந்த ஆசிரியர்களுக்கான மன அழுத்த மேலாண்மை குறித்த கருத்தரங்கை துவக்கி வைத்து, அவர் பேசியதாவது:

அனைவருக்கும் மன அழுத்தம் உள்ளது. மன அழுத்தம் இரண்டு வகை. ஒன்று, நீங்களே ஏற்படுத்திக் கொள்வது. மற்றொன்று அடுத்தவர்களுக்கு நீங்கள் ஏற்படுத்துவது.

மன அழுத்த பிரச்னையை கையான, தகவல் பரிமாற்றத் நிபுணர்களை அணுகி தீர்வு காண வேண்டும். குறிப்பாக, பல் ஆரோக்கியம் குறித்த கருத்தரங்கை துவக்கி வைத்து, அவர் பேசியதாவது:

'தினமலர்' நாளிதழ் சார்பில் புதுச்சேரியில் நேற்று நடந்த கருத்தரங்கில், 'மன அழுத்த மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு' என்ற தலைப்பில், சென்னை வல்-மைண்ட் பிகேஷரல் கிளினிக் நிறுவனருடன், கல்வியாளருமான டில்லிபாபு பேசியதாவது;

மாணவர்களின் பாதுகாப்பு மிக முக்கியமானது. பள்ளியில் எந்த பிரச்னை யானாலும், எதிர்கொள்ள வேண்டியவர் பள்ளி முதல்வர் தான்.

சமீபகாலமாக பல பள்ளிகளில் நடந்த நிகழ்வுகள் அதிக மன அழுத்தத்தை ஏற்படுத்தி உள்ளது. இந்த சம்பவங்கள், பள்ளியில் பாதுகாப்பின் அவசியத்தையே காட்டுகின்றன.

காரணம், மாணவர்கள், வீட்டில் இருப்பதை விட பள்ளியில் தான் அதிக நேரம் உள்ளனர். அதனால், அவர்களின் பாதுகாப்பை நாம் முக்கியமாக கவனிக்க வேண்டும்.

பள்ளிக்கல்வி இயக்குநர் ருத்ரகவுடு 'அட்வைஸ்'

ருத்ரகவுடு

கள் என்பது முக்கியம். மன அழுத்த பிரச்னைக்கு அமைதியே நிரந்த தீர்வு. வகுப்பறையில் மாணவன் அமைதியாக இருந்தால் தான் ஏதே பிரச்னை உள்ளது என அர்த்தம். அவரிடம் நீங்கள் கவந்து தைபட வேண்டும். அதே போன்று குறும்புத் தனம் செய்பவர்களை அமைதி காக்க செய்ய வேண்டும். அதுதான் உங்கள் பணியின் நிறப்பு.

மாணவர் பாதுகாப்பு என்பது விசாலமானது. அவரவர்களுக்கு ஒரு தூகம் இருக்கும். உலகில், நிம்மதியைப் தேடித்து பலரின் அதிகமா? கொக கடித்து இறப்பவர் அதிகமா?

கொக கடித்து பல தோலர்கள் பாதிக்கப்பட்டு இறக்கிறோம். ஆனால், நிமில கலந்தை பார்த்து பயப்படுவது இல்லை.

அதேபோன்று, உல கில் வெள்ளத்தில் அதிகம் பேர் இறக்கின்றனரா அல்லது மின்னல் தாக்கி இறக்கின்றனரா என்பது குறித்த ஆய்வறிக்கையை உலக சுகாதார நிறுவனம் கடந்த வாரம் வெளியிட்டது.

அதில், மின்னல் தாக்கி இறப்பவர் கொண்டு வருகின்றனர்.

அதேநேரத்தில் நீங்கள் தனமாக, மாணவர்கள் போதைக்கு அடிமையா கின்றனர் என்பதை ஆய்வு செய்திட வேண்டும்.

பள்ளி முதல்வர் மற்றும் தலைமை ஆசிரியர் கள் படம் நடத்துங்கள். அதே நேரத்தில் நிலைத் 'ரவுண்ட்ஸ்' சென்று வரும் பதைகளை கண்காணித் திட வேண்டும். நிலைச் சிதனும் ஒரு வகுப்பு மாணவரிடம் நீங்கள் கலந்

துரையாட வேண்டும்.

நீங்கள் கண்காணிப்பு பணியை தொடரும் போது, மிள் பழுது, வகுப்பறை தளம் தேதல், குடிநீர் தொட்டிகளை சுத்தம் செய்தல், மரங்களில் ஏறி தேங்காய் பறித்தல் போன்ற பணிகளை அவ்வப் போது செய்திட வேண்டும்.

மன அழுத்தத்தை நாம் எப்படி கையாள் போகிறோம் என்பதே முக்கி யம். தர்மம் காக்கப்பட வேண்டும். நீங்கள் புத்த கம் அதிகம் படிக்க வேண் டும். இறைவணக்கத்தின் போது மாணவர்களுக்கு நீதி போதனையை கற்பி யுங்கள் மாணவர்களுடன் கலந்துரையாடுங்கள். அதில் பல தவலர்கள் உங் களுக்கு தெரிய வரும். நாம் புறம் தள்ளும் சிறு, சிறு பிரச்னைகள் தான் பெரிய பிரச்னையாக மாறுகிறது.

இவ்வாறு அவர் பேசினார்.

பள்ளிகளில் பாதுகாப்பு மேலாண்மை பொறுப்பாளர் நியமிப்பது அவசியம்

கல்வியாளர் டில்லிபாபு ஆலோசனை

டில்லிபாபு

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'மனிதனாக பிறந்த அனைவரும் ஏதோ ஒரு குழ்நிலையில், ஏதோ ஒரு காரணத்திற்காக, ஏதோ ஒரு நாளை மன அழுத்தத் துடன் கடந்துதான் ஆக வேண்டும்' என கல்வியா ளர் டில்லிபாபு பேசினார்.

'தினமலர்' நாளிதழ் சார் பில் புதுச்சேரியில் நேற்று நடந்த கருத்தரங்கில், 'மன அழுத்த மேலாண்மை மற் றும் மாணவர்கள் பாது காப்பு' என்ற தலைப்பில், சென்னை வல்-மைண்ட் பிகேஷரல் கிளினிக் நிறுவ னருடன், கல்வியாளருமான டில்லிபாபு பேசியதாவது;

மாணவர்களின் பாது காப்பு மிக முக்கியமானது. பள்ளியில் எந்த பிரச்னை யானாலும், எதிர்கொள்ள வேண்டியவர் பள்ளி முதல்வர் தான்.

சமீபகாலமாக பல பள் ளிகளில் நடந்த நிகழ்வுகள் அதிக மன அழுத்தத்தை ஏற்படுத்தி உள்ளது. இந்த சம்பவங்கள், பள்ளியில் பாதுகாப்பின் அவசியத் தையே காட்டுகின்றன.

காரணம், மாணவர்கள், வீட்டில் இருப்பதை விட பள்ளியில் தான் அதிக நேரம் உள்ளனர். அத னால், அவர்களின் பாது காப்பை நாம் முக்கியமாக கவனிக்க வேண்டும்.

ஆண் பிறந்த உடல் ஆரோக்கி யத்தை கவனிக்க வேண்டும். குறிப் பாக, பல் ஆரோ யில் அவசியம். காரணம், பற்கள் நன்றாக இருந்தால் சிரிக்க முடியும். நன்றாக சிரித்தால், தன்னம்பிக்கை கூடும்.

மனதைம் என்றால் என்ன? அறுதிக்கு புரி தல் என்ன என்பதை நாம் அறிந்து கொள்ள வேண் டும். மன நலத்தை அறி வது எனிது.

உங்களால் தெளிவாக சிந்திக்க முடியும். பிரச் னையை நேரடியாக அணுக முடியும். அதற்கு நீங்கள் கண்டிப்பாக உள்ள மன அழுத்தம் உள்ளது. மன அழுத்தம் என்பது ஒழுக்கத்தை கடைபிடிக்க இருக்க வேண்டும். இன்றி யமையாதது ஆ..

குடும்ப பிரச்னை, பொருளாதார பிரச்னை போன்ற பல காரணங்க ளால் மன அழுத்தம் ஏற் படுகிறது. மாணவர்களை கேட்டால் அவர்கள் பல காரணங்கள் கூறுகிறார்கள்.

ஒவ்வொரு நோய்க்கும் ஒருவகை முதலுதவி உள் ளது. அதேபோல, மன நலத்திற்கான முதலுதவி என்றால், பிரச்னையோடு வருபவர் கூறுவதை காது கொடுத்து கேளுங்கள். உங்களால் முடிந்த உத வியை செய்யுங்கள்.

மன அழுத்தம் வந்து போய்விடும். அதனால் ஏற்படும் மன அழுத்தம் பாதிப்பை ஏற்படுத்தும். முதலில் மன அழுத்தத் திற்கான காரணத்தை கண் டறிய வேண்டும். பிறகு நீர் ஆராய்ந்து, தீர்வு காண வேண்டும்.

அழுகுதல், மன அழுத் தம் போதல், அதனால் தான், ஒருவர் இறந்துவிட் டால், ஒரு வாரத்திற்கு நிறைமம் வினர்கு ஏற்ற வையத்து அழுகின்றனர். காரணம், இறந்தவரால் அந்த குடும்பத்திற்கு ஏற் பட்ட மன அழுத்தத்தை போக்க சிறந்த வழியாகும்.

மன அழுத்த பிரச்னை யில் பள்ளி முதல்வர் கள், தலைமை ஆசிரியர் கள் தெளிவாக அணுக வேண்டும்.

உங்களிடம் உள்ள மாணவர்களுக்கு 365 நாளில் ஒரு நாள் பிரச்னை வரும். ஆனால், உங்க ளுக்கு நிலைச் ஒரு மாண வர் ஏதேனும் ஒரு பிரச் னையோடு உங்கள் முன் வந்து நிற்பார். அதுதான் உங்கள் பணியின் சிறப்பு.

மன அழுத்த மேலாண்மை என்பது, பிரச்னையின் அடிப்படை காரணத்தை கண்டறிந்து செயல்படுவதே. ஒரு மாணவன் சரியாக படிக்க வில்லை என்றால், அவனு டும்பு குழல், பொருளா தார நிலைகளை பார்க்க வேண்டும்.. பிரச்னையின் காரணத்தை அறியாமல் தீர்வு காண முடியாது.

பள்ளிகளில் பாதுகாப்பு மேலாண்மை அவசியம் தேவை. இதற்கென தனி பொறுப்பாளர் நியமிப்பது அவசியம். காரணம், ஒரு பிரச்னையை மூன்றாம் நபர் மூலம் தீர்வு காண்பது மனிது. அதேபோன்று, மனநல ஆலோசகர் நிய மிப்பதும் அவசியம்.

ஒரு பள்ளியில் இரண் டாவது மாடியில் இருந்து மாணவி குதித்து தற் கொலை செய்து கொண் தாக கூப்பிடுகிறது.

'ஏன் அந்த காரிடில் கிரில் வைக்கவில்லை' என்ற கேள்வி எழுகிறது. நிறுவு பாதுகாப்பு குறை பாடுகள் தான் பெரும் இழப்பை ஏற்படுத்துகிறது.

இவ்வாறு அவர் பேசி னார்.

பல் பராமரிப்பு முக்கியம்

டாக்டர் அனிதா 'பளீச்'

அனிதா

புதுச்சேரி, செப். 4-

'ஒரு பல் விழுந்தாலும், செயற்கை பல் கட்டாயம் வைக்கவேண்டும். பிற பற்களை கோண வாக்கி, முக அமைப் பையே மாற்றி விடும்' என டாக்டர் அனிதா ஆலோ சனை வழங்கினார்.

'தினமலர்' நாளிதழ் சார் பில் புதுச்சேரியில் நேற்று பற்களில் ஏற்படும் பாதிப் புகள் குறித்த விழிப்பு ணர்வு முகாம் நடந்தது. இதில் பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை யின் பொது சுகாதாரத் துறைத் தலைவர் டாக்டர் அனிதா பேசியதாவது:

பல் ஆரோக்கியம் குறித்து டாக்டரிடம் கேட் கப்படும் முதல் கேள்வி, எந்த டூத் பிரஷ், எந்த பேஸ்ட் பயன்படுத்துவது என்பது தான்.

எந்த பிரஷ், எந்த பேஸ்ட் என்பது முக்கியமல்ல. சாதாரண வெண்மை நிற பேஸ்ட் இருந்தாலே போதும். 'காப்ட்' வகை பிரஷ் பயன்படுத்துவது நல்லது.

மேலும், எந்த முறை யில் பல் துலக்குகிறோம் என்பதுதான் முக்கியம். நிலைர் இருவேளை பல் துலக்க வேண்டும்.

2 நிமிடம் பல் துலக்கி னால் போதும்.

பல் எப்படி துலக்க வேண்டும் என்பது முக்கி யம். வெளிப்பகுதியில் பல் கவாட்டில் துலக்காமல், ஒரு பகுதியில் இருந்து மேலும், கிழுமாக துலக்க வேண்டும்.

அப்போதுதான் பல் ஏற்படும் கறை களை போக்க முடியும். குடிநீரில் 'புளோரைடு' அதிகமாக இருந்தால் ஏற்படும் கறையை போக்க முடியாது. எனால் மஞ் சிக் கொடுத்து மறைக்க முடியும். தவிர, நிக்க முடியாது.

பல் வேர் அகற்றம் செய் தால், 'வேர் போட வேண் டும்.

இல்லாவிட்டால், பல் வேர் அகற்றுவதில் பய னில்லை. அகற்ற பதினாக அந்த பல்லை பிடுங்கி விடலாம்.

காரணம், பல்லின் வேர் துண்டிக்கப்பட்டதால், அதன் உறிஞ்சு தன்மை போய், மெல்ல சிதைந்து விடும்.

ஒரு பல் விழுந்துவிட் டால், மறுபுற பல்லை பயன்படுத்தி சாப்பிட்டுக் கொள்ளாமே எனக் கரு தலாம்.

ஆனி தவறு. அப்படித் வில் கட்டாயம் துலக்க வேண்டும்.

தானாக குணமடைத் தாலும், தொடர்ந்து கண் காணிக்க வேண்டும். சர்க் கரை நோய் உள்ளவராக இருந்தால் டாக்டரை சந் தித்து ஆலோசனை பெற வது அவசியம்.

பற்களில் கறை படிதல்

காபி, டீ குடிப்பதால்

'பிள்ளைகளுக்கு தொழில்நுட்பத்தை சரியாக பயன்படுத்த சொல்லித் தராதது தான் பிரச்னை'

புதுச்சேரி, செப். 4-

'இன்றைக்கு இருப் பது வெறும் பள்ளிக்கு டங்கள் இல்லை. அவை எதிர்கால சந்ததிகளின் கற் றலுக்கான சூழல்' என கல்வியாளர் புவேந்தி பேசினார்.

புதுச்சேரியில் நேற்று 'தினமலர்' நடத்திய மன அழுத்த மேலாண்மை கருத்தரங்கில், அவர் பேசியதாவது:

நிறுத்தில் தொலவே குடும்பத்தினை, வீட் டினை நாம் கொண்டு வந் துவிடமுடியாது. தடைமு றையில் அது சாத்தியமும் இல்லை. அப்படி இருந் தாலும் அது செயற்கை தான். எப்போதும் அன் பாக இருக்கும் குடும்பம் என்று ஒன்று இல்லை.

அதில் அன்பு, கோபம், அழுகை, மன னிப்பு, வருத்தம் இருக் கும். இவையெல்லாம் கலந்து இருந்தால் தான் அழகு. இந்த இயல்பான குடும்பத்தை சொரோனா தொற்று உடைத்து விட் டது.

பெற்றோருக்கு பணம், வேலை என இரண்டு விதங்களில் அழுத்தம் இருக்கும். இன்றைக்கு குடும்பத்தில் பெரிசே கொள்வதே கிடையாது. பக்கத்து அறையில் இருக் கும் குடும்ப உறவுக்கு சாப்பிட வருகிறோமா என 'வாட்ஸ் ஆப்'பில் செய்தி அனுப்பி கூப்பிடு கிறோம். பெற்றோர்களை விட பள்ளி மாணவர் களுக்கு தான் மன அழுத்த மதிகம்.

பள்ளிக்கு முன்னரே சென்று காத்திருப்பது, தண்டர்களுடன் பேசுவதும் அற்புத மானது. பள்ளி வரும் பறையே ஒரு அழகு தான். ஆனால், இன் றைய குழந்தைகளுக்கு மொபைல் தான் வகுப்பு றைகள். தாமும் வகுப்பறையை கடந்துதான் ஆசி யராகி உள் ளோம். பொறுப் பு ள் ள வ ட் ட மாணவர்களுடன் முன் நிற்கும் போது கொஞ்சம் கண்டிப்பாகி விடுகிறோம்.

அந்த காலத்தில் நாங் கள் அப்படி இருந்தோம் என மாணவர்களுக்கு அட்வைஸ் செய்ய மாட்டோம். அந்த காலத்தில் என்று சொல்லாதீர்கள். அந்த காலத்தையும் நீங் கள் இப்போதுள்ள மாணவர்கள் போன்று தான் இருந்து இருப்பீர் கள் என்பதை நினைவில் கொண்டு அவர்களை புரிந்து கொள்ள முயற்சி செய்யுங்கள்.

இப்போது இருப்பது தான் காலம். இது தான் நிஜம். இதில் இருக்கின்ற

புவேந்தி

மாணவர்களின் பிரச்னைகளுக்கு நீங்களே காண செய் யுங்கள்.

'டெக்னாலஜி' மாணவர்களை வினாக்கியே! துவஎன்றோம். அதுகாலமாறை சீம் மொபைல் போனை பிடுங் கிவிட்டால் பிரச்னை தீர்ந்துவிடாது. வேறு ஒரு வடிவில் மொபைல் போனை எடுத்து தெரிந்து கொள்வான். டெக்னா லஜியை சரியாக பயன் படுத்த நாம் செல்லிக் கொடுப்பதில்லை. அது தான் பிரச்னை.

அடுத்த தலைமு றைக்கு சில விஷயங் களை சரிப்படுத்திக் கொடுக்க நினைக்கிறோம். இன் றைக்கு இருப்பது வெறும் பள்ளி கூடங்கள் இல்லை. அவை எதிர் கால சந்ததிகளின் கற்

றல் மையங்கள்.

அங்கு குழந்தைகளுக் கான கற்றல் சூழல் இரு ப்பது தான் மிகவும் முக்கி யம். முன்பின் தெரியாத நபர்களுக்கு உதவுவதை இன்றைய தலைமுறையி னருக்கு சொல்லித் தர வதில்லை. அந்த சூழ் லலை நாம் உருவாக்கி கொடுப்பதும் இல்லை.

குருவிடம் பதில்கள் இல்லை; குருவே பதில் தான் என்பதை நினை வில் கொள்ளுங்கள். அதற்கேற்ப மாணவர் களின் பிரச்னையை அணுக வேண்டும்.

அடுத்த தலைமுறை யினருக்காக விட்டுச் செல்வது, மூன் மதிரி யாக இருக்கும் ஆசிரி யர்களின் நினைவுகள் மட்டுமே என்பதை நினைவில் கொண்டு பணியாற்றுங்கள்.

இவ்வாறு அவர் பேசி னார்.

4/09/2022

Oral health screening camp was conducted for school children at Thirumazhisai

DATE: 06/09/2022-07/09/2022

Dental treatment was rendered for 49 quadriplegic patients residing at INSPIRE (Integrated Spinal Rehabilitation Center), Thiruvannamalai. It was a great hands on learning experience for our CRI’s.

Soulfree Warmly Invites You To Our Annual Celebration of Life
soulfree
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மாத்தியோசி

KONE
Elevators Escalators
FREEDOM
GPS Map Camera
Tiruvannamalai, Tamil Nadu, India
No: 24/92, Tirumanjana Gopura St, Bavaji Nagar, Thamarai Nagar, Tiruvannamalai, Tamil Nadu 606601, India
Lat 12.224556°
Long 79.065741°
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DATE: 06/09/2022-07/09/2022

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Lat 12.224556°
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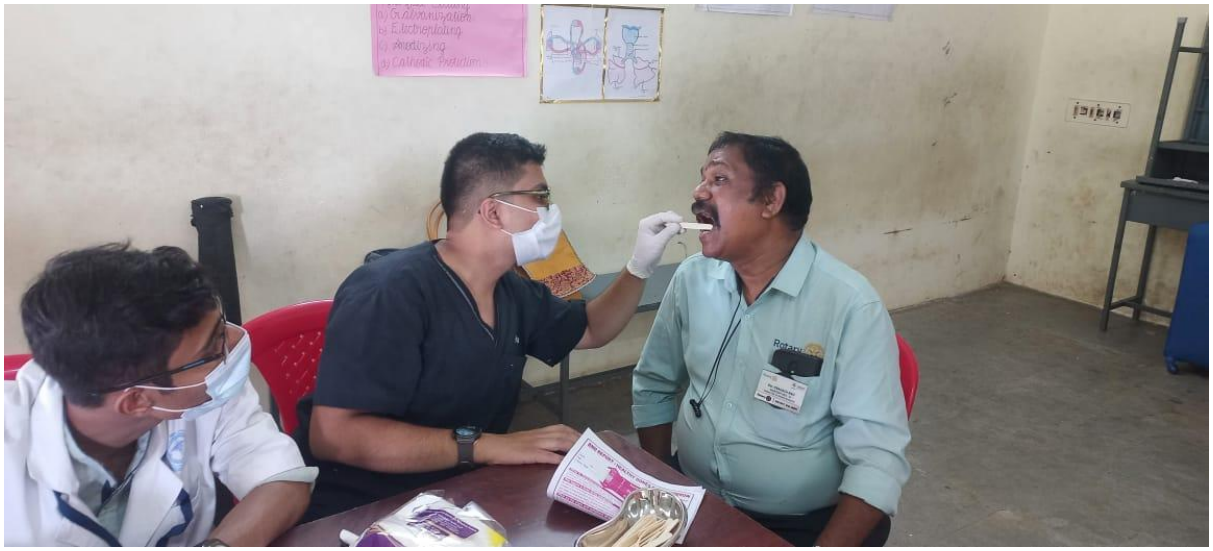
11/09/2022

Dental screening camp in association with Rotary International District 3232 at Government Higher secondary school, Redhills



Rotary
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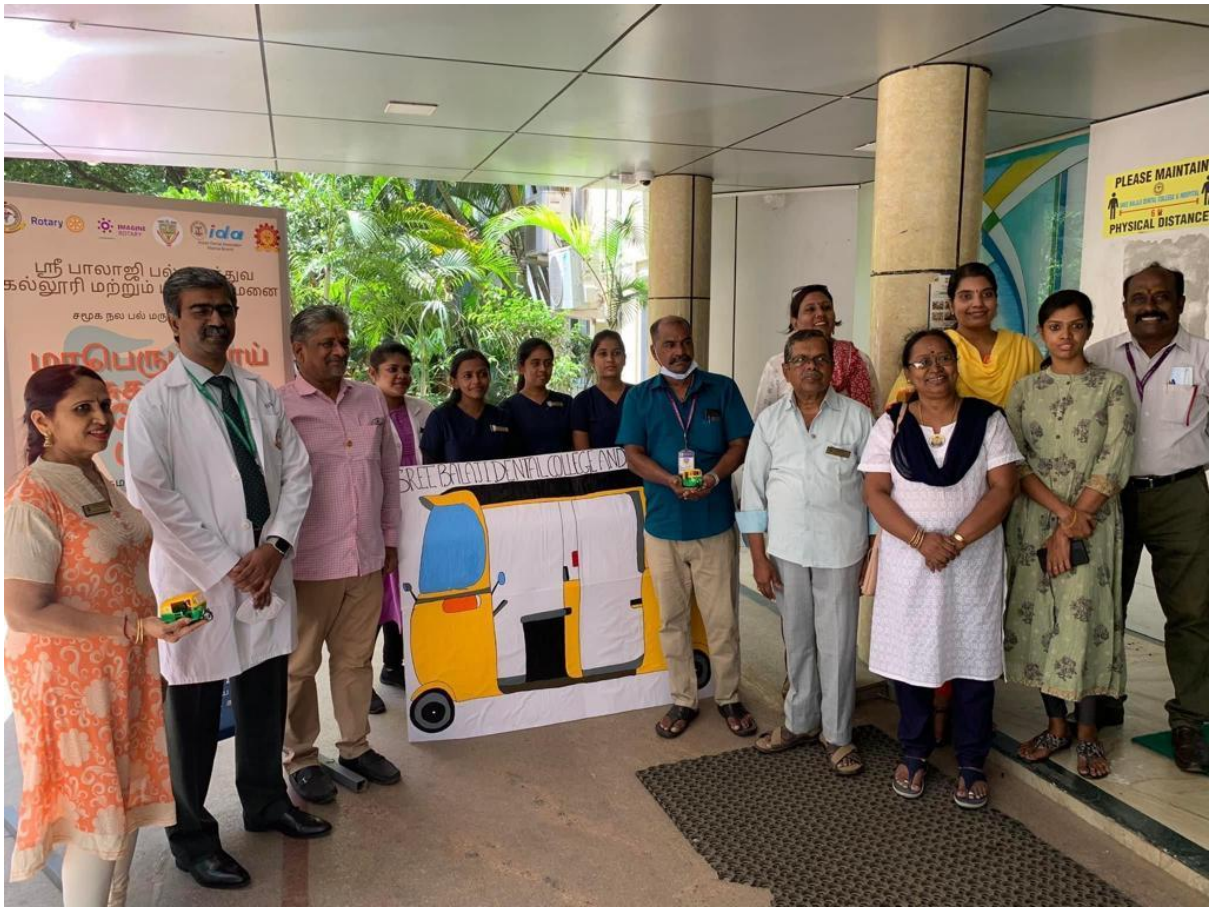
RC Chennai Green City
AND

12/09/2022

Oral health mega screening camp for Autodrivers at SBDCH in association with IDA and Rotary International District 3232.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Rajesh Nagar, Pallikaranai, Chennai, Tamil
Nadu 600129, India
Lat 12.944369°
Long 80.208003°
12/09/22 11:34 AM GMT +05:30

17/09/2022

Coastal clean-up program was undertaken at Marina Beach in association with Urbaser Sumeet. Consistent and outstanding contribution of SBDCH towards environmental causes was recognized with an award by Greater Chennai Corporation.

urbaser SUMEET

CERTIFICATE

OF APPRECIATION

awarded to

SREE BALAJI DENTAL COLLEGE + HOSPITAL

for earnest efforts and outstanding service that made
Coastal Cleanup Drive 2022 held at Marina beach on 17th of September, a grand success.

Thank you for joining us in our journey to make Chennai the most
environment friendly city in India.

Mr. MAHMOOD SAIT
Chief Operating Officer
Urbaser Sumeet

Mr. GAGANDEEP SINGH BEDI I.A.S.,
Principal Secretary / Commissioner
Greater Chennai Corporation

#NAMMACHENNAICLEAN

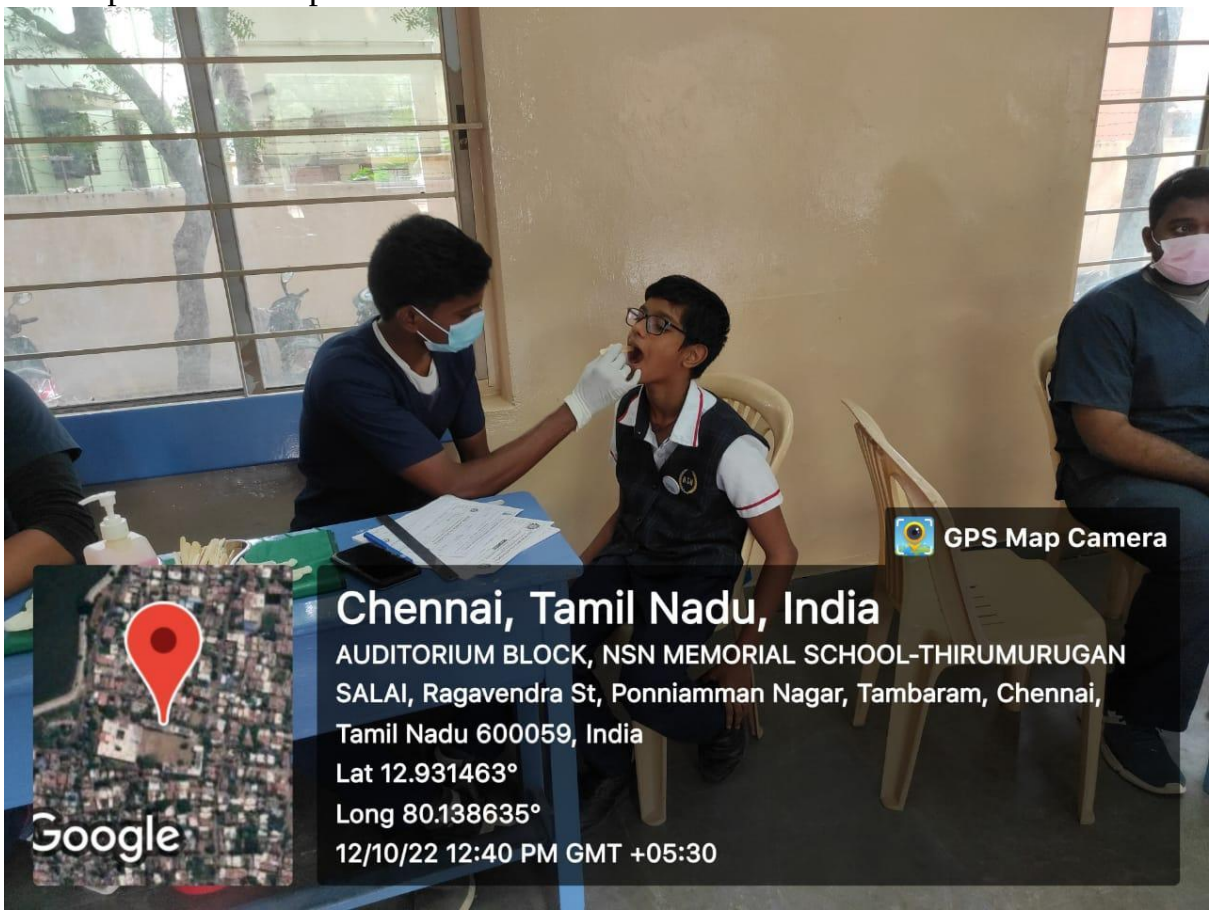
29/09/2022

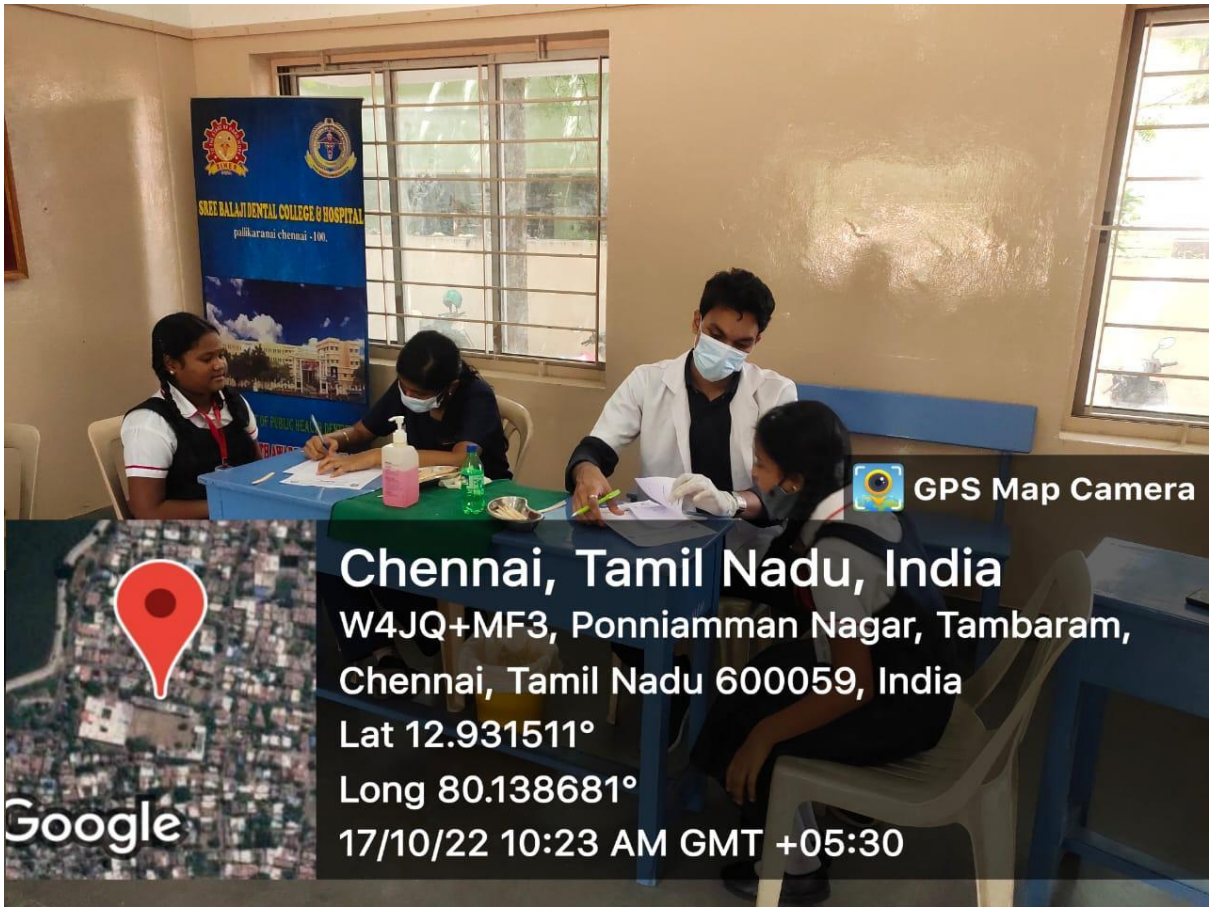
World Heart Day celebration was commemorated at Sidco electronics, Guindy in association with Sree Balaji Medical College & Hospital.

GPS Map Camera
Chennai, Tamil Nadu, India
UNIT NO.7, BLOCK NO.7, 3rd Phase, Thiru Vi Ka Industrial Estate,
SIDCO Industrial Estate, Guindy, Chennai, Tamil Nadu 600032, India
Lat 13.01756°
Long 80.212376°
29/09/22 10:58 AM GMT +05:30
Adyar Rive
D PHASE
3
Google

12/10/2022 &17/10/2022

Oral health screening camp was conducted at NSN group of institutions , Chrompet & Chitalapakkam. 4000 school children benefited from it.

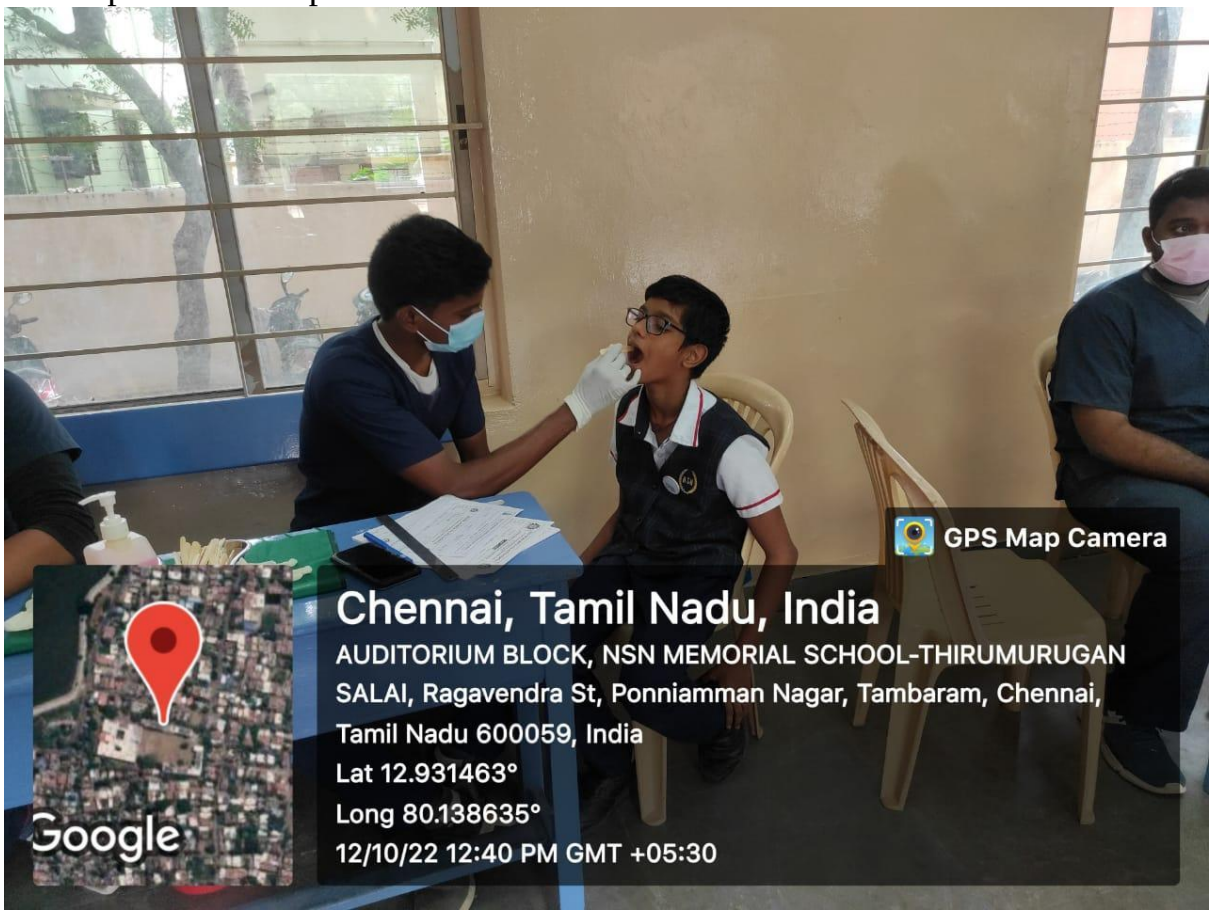


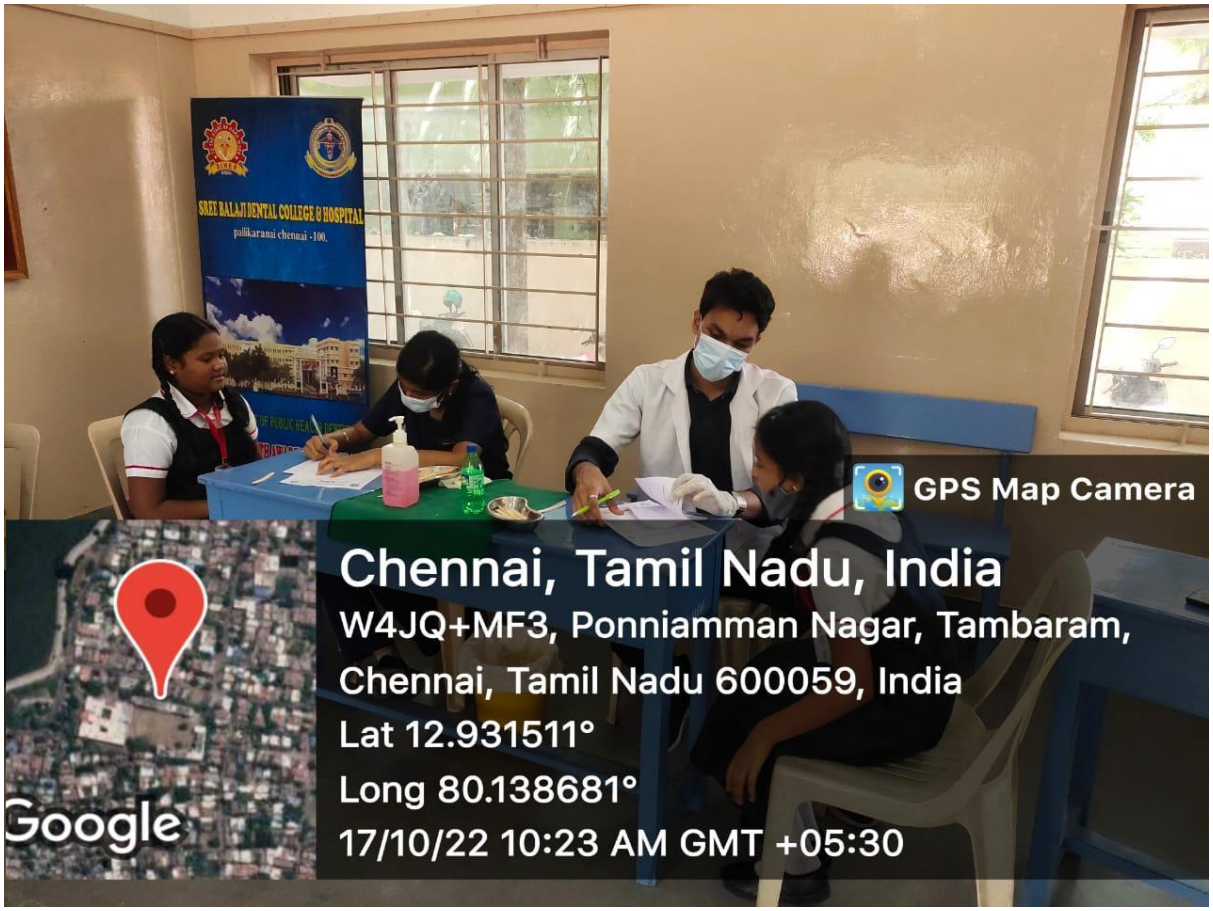

SREE BALAJI DENTAL COLLEGE & HOSPITAL
pallikaranai chennai - 100.
GPS Map Camera
Chennai, Tamil Nadu, India
W4JQ+MF3, Ponniamman Nagar, Tambaram,
Chennai, Tamil Nadu 600059, India
Lat 12.931511°
Long 80.138681°
17/10/22 10:23 AM GMT +05:30
Google

GPS Map Camera
Chennai, Tamil Nadu, India
29, Dr Rajendra Prasad Rd, Nehru Nagar,
Chromepet, Chennai, Tamil Nadu 600044, India
Lat 12.942966°
Long 80.141722°
19/10/22 10:03 AM GMT +05:30
Google

19/10/22, 21/10/22

Oral health screening camp was conducted at NSN group of institutions , Chrompet & Chitalapakkam. 4000 school children benefited from it.




SREE BALAJI DENTAL COLLEGE & HOSPITAL
pallikaranai chennai - 100.
GPS Map Camera
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Chennai, Tamil Nadu 600059, India
Lat 12.931511°
Long 80.138681°
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GPS Map Camera
Chennai, Tamil Nadu, India
29, Dr Rajendra Prasad Rd, Nehru Nagar,
Chromepet, Chennai, Tamil Nadu 600044, India
Lat 12.942966°
Long 80.141722°
19/10/22 10:03 AM GMT +05:30
Google

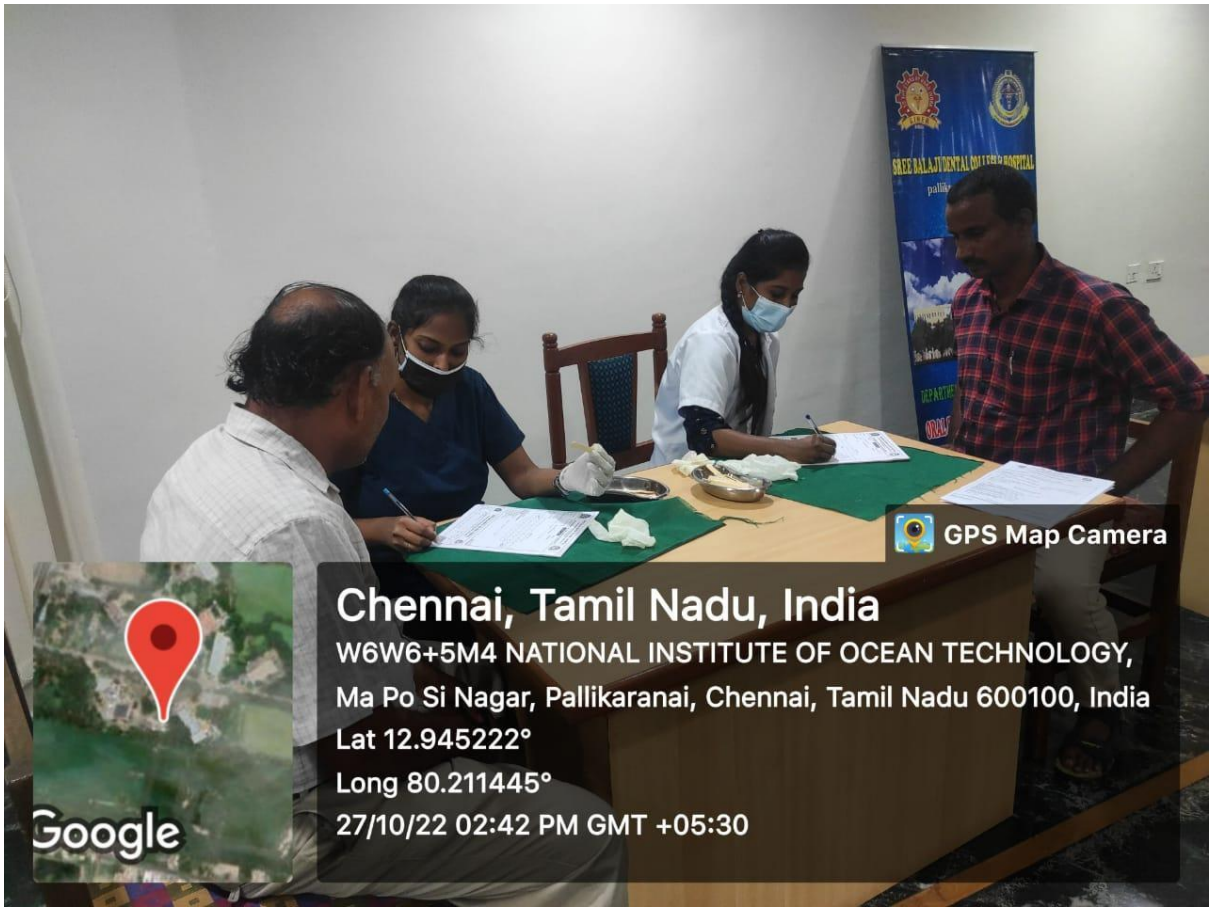
20/10/2022

Dengue and COVID Awareness Program at SBDCH by Greater Chennai Corporation

CORONAVIRUS
SARS-COV-2
(2019-n COV
COVID-19)
BY
C.MARIA ARPUTHA SAMY
DISTRICT HEALTH EDUCATOR
GREATER CHENNAI
GPS Map Camera
Chennai, Tamil Nadu, India
MAIN BLOCK, BALAJI DENTAL COLLEGE, VGP Rajesh Nagar, Pallikaranai, Chennai, Tamil Nadu 600129, India
Lat 12.944355°
Long 80.207627°
20/10/22 01:22 PM GMT +05:30
Google

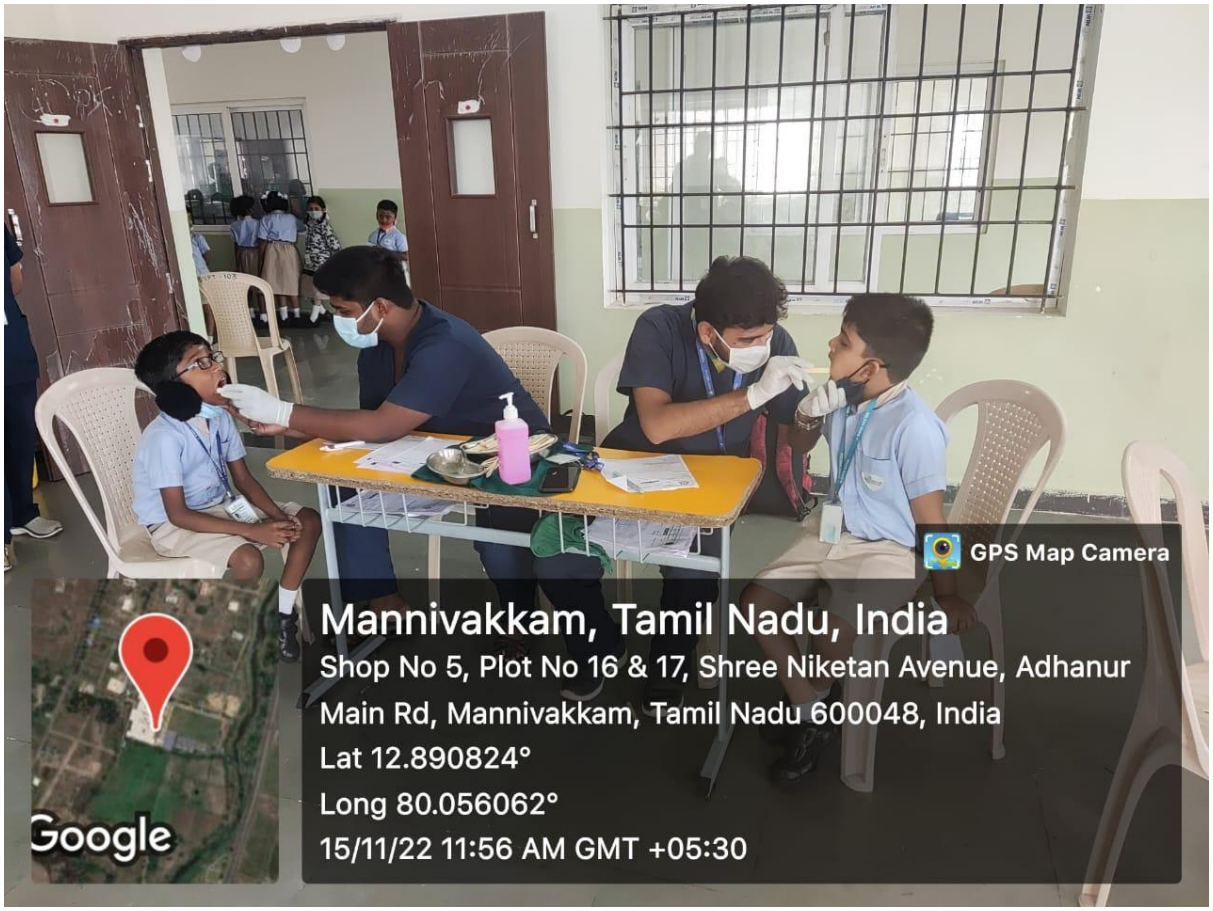
26/10/2022

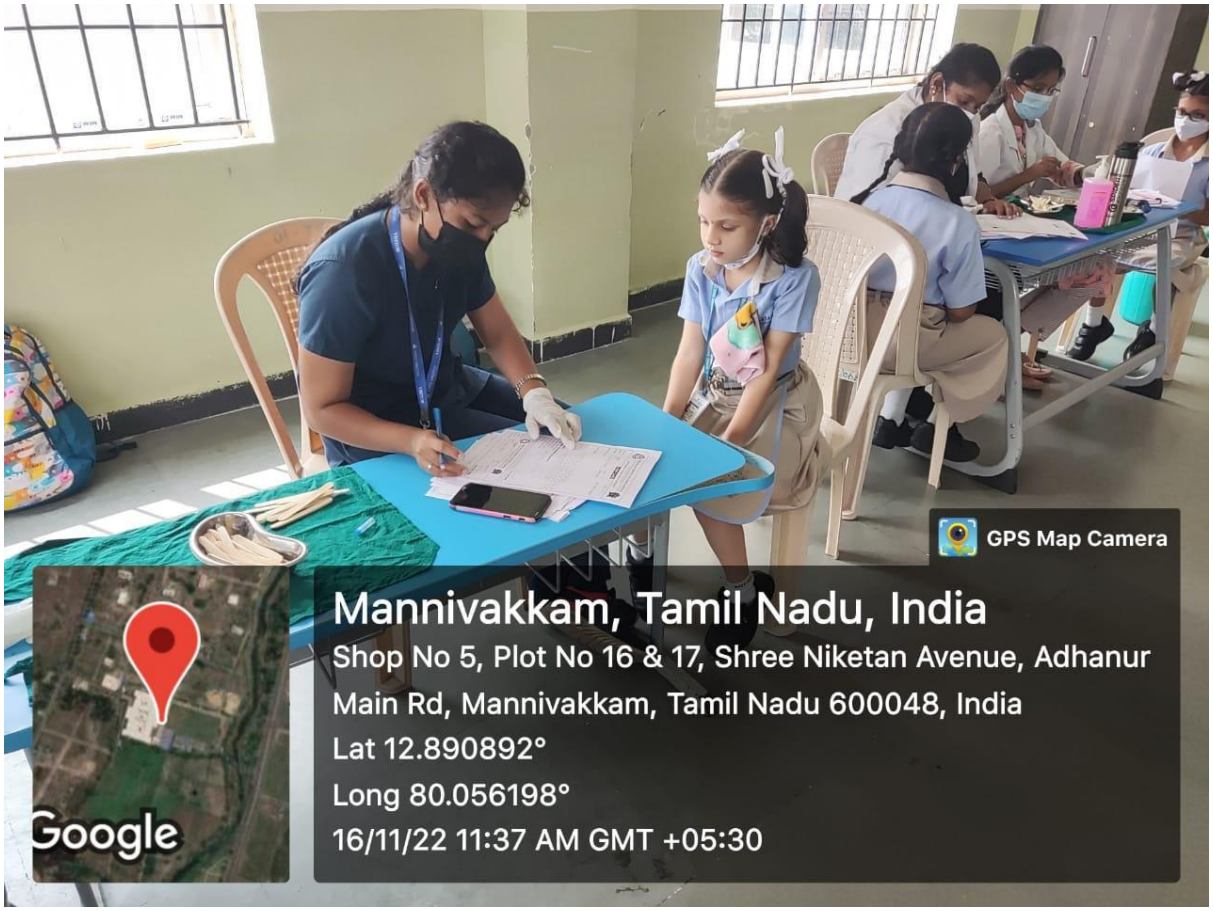
SBDCH conducted oral health screening for all employees of National Institute of Ocean Technology, Pallikaranai as part of MOU with the central government body.



07/11/2022

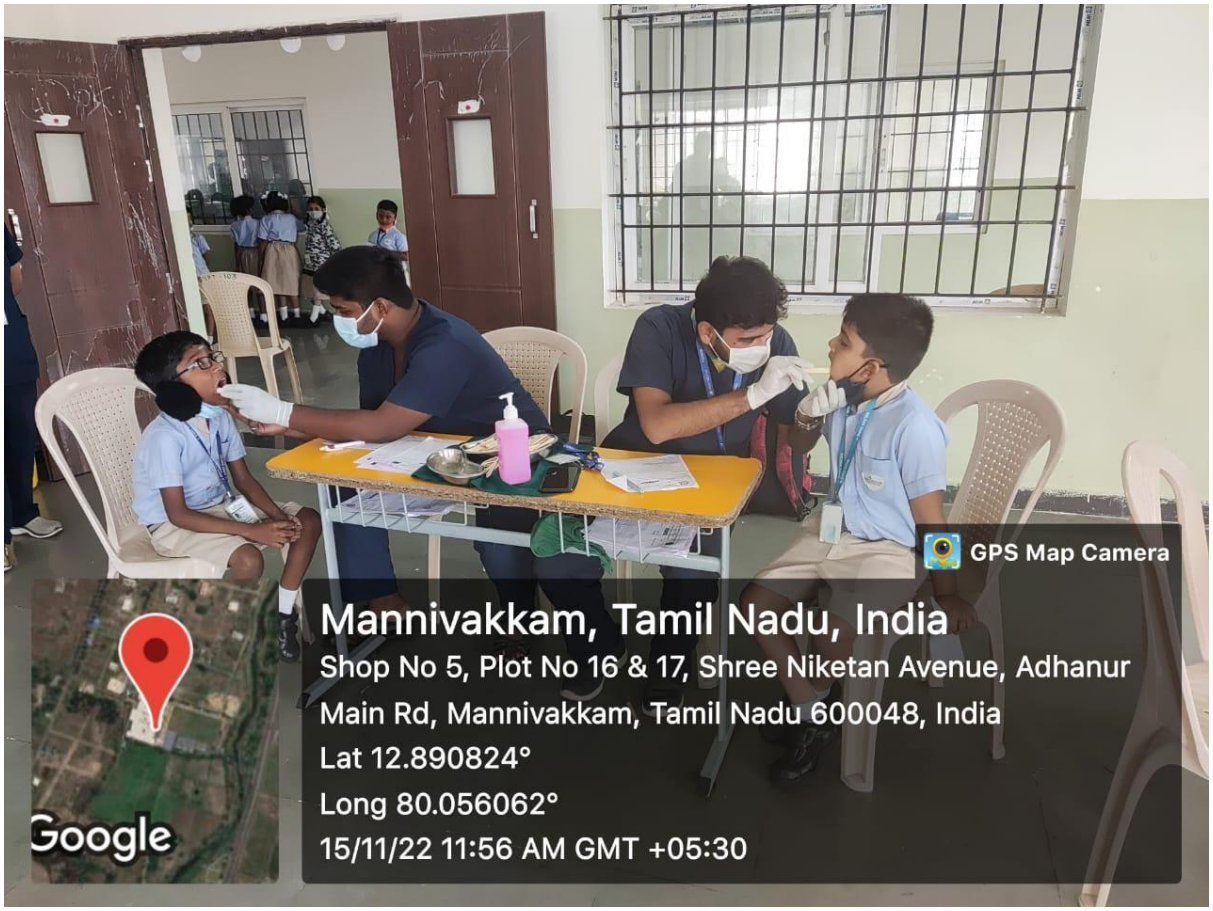
Dental screening camp conducted at Shree Nikethan Pathsala School, Mannivakam

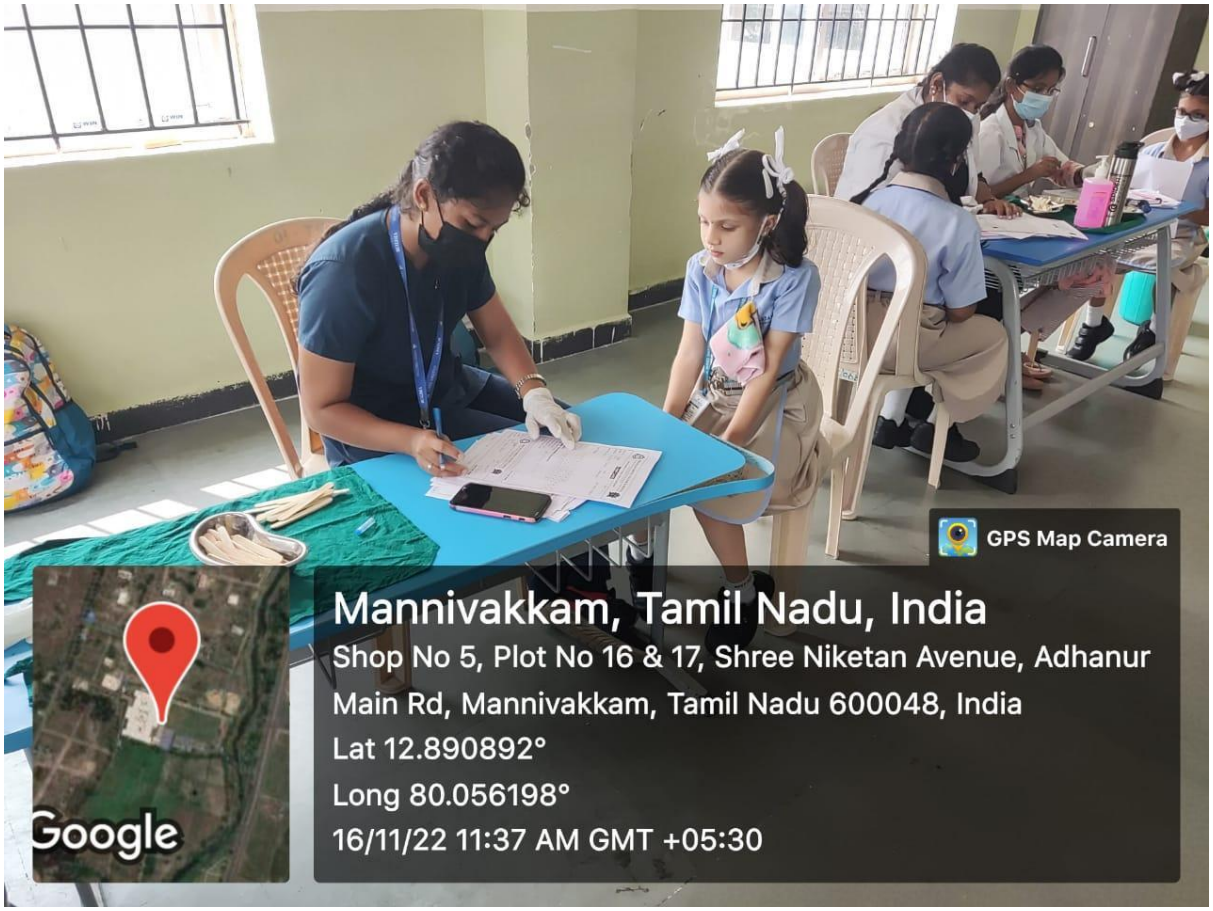

GPS Map Camera
Mannivakkam, Tamil Nadu, India
Shop No 5, Plot No 16 & 17, Shree Niketan Avenue, Adhanur Main Rd, Mannivakkam, Tamil Nadu 600048, India
Lat 12.890824°
Long 80.056062°
15/11/22 11:56 AM GMT +05:30
Google


GPS Map Camera
Mannivakkam, Tamil Nadu, India
Shop No 5, Plot No 16 & 17, Shree Niketan Avenue, Adhanur Main Rd, Mannivakkam, Tamil Nadu 600048, India
Lat 12.890892°
Long 80.056198°
16/11/22 11:37 AM GMT +05:30
Google

09/11/2022

Dental screening camp conducted at Shree Nikethan Pathsala School, Mannivakam


GPS Map Camera
Mannivakkam, Tamil Nadu, India
Shop No 5, Plot No 16 & 17, Shree Niketan Avenue, Adhanur Main Rd, Mannivakkam, Tamil Nadu 600048, India
Lat 12.890824°
Long 80.056062°
15/11/22 11:56 AM GMT +05:30
Google


GPS Map Camera
Mannivakkam, Tamil Nadu, India
Shop No 5, Plot No 16 & 17, Shree Niketan Avenue, Adhanur Main Rd, Mannivakkam, Tamil Nadu 600048, India
Lat 12.890892°
Long 80.056198°
16/11/22 11:37 AM GMT +05:30
Google

10.11.2022

Church Park School, Gopalapuram

15/11/22

DENTAL CAMP AT SHREE NIKETRHAN PATHSALA SCHOOL MANNIVAKAM

Dental screening camp was held for school students at Shree Nikethan Pathsala school at Mannivakam on 15/11/22

18/11/2022 DENTAL CAMP HINDU SENIOR SECONDARY SCHOOL ,TRIPLICANE

Dental screening camp was held for school students at Hindu senior secondary school at Triplicane on 18/11/2022

23/11/2022 BREAST CANCER AWARENESS PROGRAM AT SREE BALAJI DENTAL COLLEGE AND HOSPITAL ,CHENNAI

Breast cancer awareness program conducted at SBDCH association with Rotary International District 3232. Awareness lecture was delivered by Dr. Pandian Bhaskar Rao, Senior Medical Oncologist, Rela Hospital.

25/11/2022

DENTAL SCREENING CAMP AT CHURCH PARK SCHOOL ,GOPALAPURAM

Dental screening camp was held at church park school at gopalapuram on 25th november 2022 for school students

26/11/2022

BEACH CLEAN -UP PROGRAM IN ASSOCIATION WITH GCC AND URBASER SUMEET AT BROKEN BRIDGE

Beach clean-up program was conducted at Broken bridge, Besant Nagar in association with Urbaser Sumeet on 26th november ,2022

16/12/2022

LAKE CLEAN UP PROGRAM AT MADAMBAKKAM LAKE

NSS wing of SBDCH conducted a lake clean up program at Madambakkam Lake.

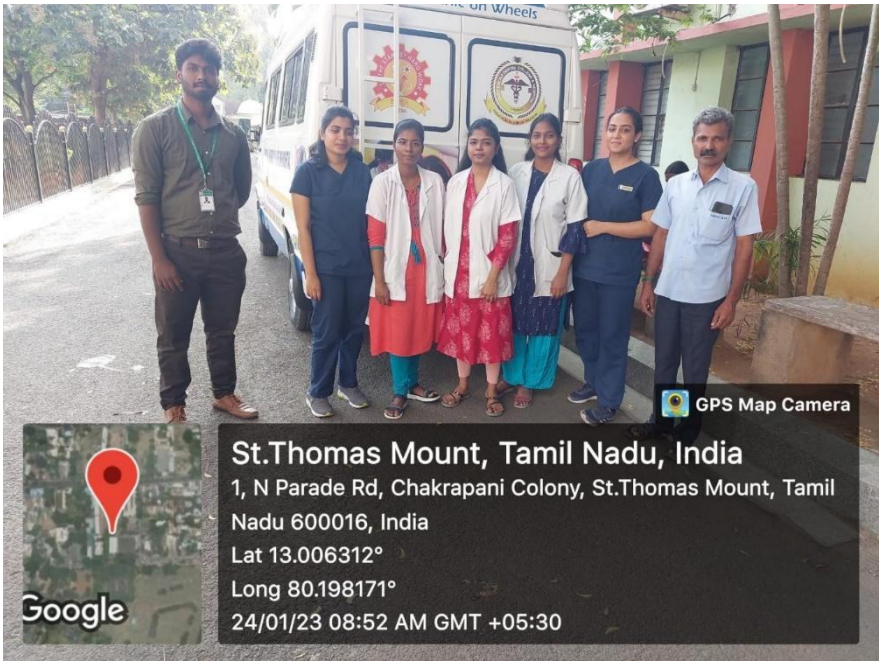
21/03/2023

DENTAL SCREENING CAMP AT LITTLE MILLENNIUM SCHOOL

Dental screening camp conducted at Little Millennium School, Ram Nagar ON 21ST MARCH 2023

24/01/2023

DENTAL SCREENING CAMP AT MONTFORD SCHOOL ,ALANDUR



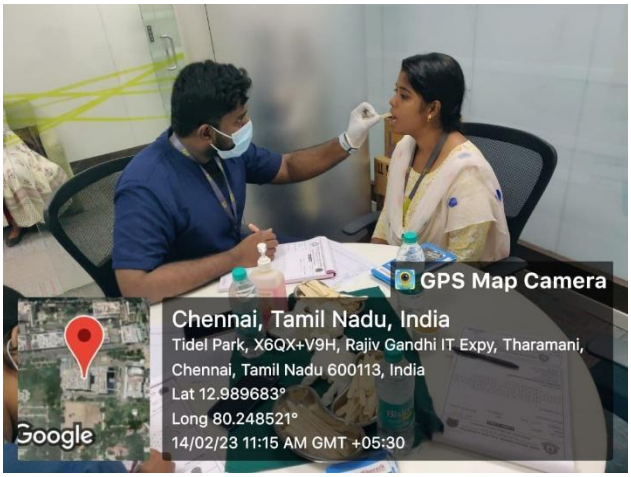
Oral health screening camp conducted at Montford school, Alandur on 24th january 2023

4.2.2022

Kalaingarin Varum Mun Kapom camp conducted at Govt. School, East Tambaram

15.02.22

DENTAL SCREENING CAMP AT SIFTY TECHNOLOGY ,TIDEL PARK



Dental Screening camp conducted in Sify Technology in association with Rela Hospital, Tidel Park, Tharamani

16/02/2022

BEACH CLEAN UP BY URBASER SUMEET

Urbaser sumeet organized a beach clean up program for students on 16/02/2022

18/02/2022

STREET CLEAN UP BY URBASER SUMEET

Street clean up program organized by Urbaser sumeet on 18/02/2022

21/02/2022

HEPATITIS AWARENESS RALLY

Hepatitis awareness rally organized by sethu foundation on 21/02/2022

80. Brushing Technique Awarness Rally : IDA Madras Branch

Date: 26/03/2022

Brushing Technique Awarness Rally in asssociation with IDA Madras Branch was conducted on 26/03/2022.

14/03/2022

No smoking rally , Sree Balaji dental college and hospital

On 14/03/2022 No smoking rally in collaboration with greater Chennai corporation at sree Balaji dental college and hospital to create awareness about no smoking.

14/04/2022

Personal hygiene awareness Sree Balaji Dental college & Hospital

Personal Hygiene Awareness program in collaboration with ida madras branch was held on 14/04/2022 at sree Balaji dental college and hospital.

14/04/2022

Personal hygiene awareness Sree Balaji Dental college & Hospital

Personal Hygiene Awareness program in collaboration with ida madras branch was held on 14/04/2022 at sree Balaji dental college and hospital.

17/04/2022

Anti tobacco campaign

Anti tobacco compaign was held at sree Balaji dental college and hospital on 17/04/2022 Sign posts explaining ill-effects of tobacco were displayed and a student of SBDCH dressed as Yama Dharma distributed awareness brochures to the general public at Vijaynagar Traffic signal.

Dental Camp at Government school – 24.4.2022

Dental Camp at Government school conducted by greater Chennai corporation

22/04/2022
No Smoking Rally ,velachery

No smoking rally was held in corporation with greater Chennai corporation on 22/04/2022 at sree Balaji dental college and hospital to create awareness about antitobacco among common people.

24.4.2022

No smoking rally ,Elliot’s beach

To create awareness about smoking, a rally was held at elliot’s beach in collaboration with urbaser Sumeet on 24/04/2022

Chennai Half Marathon

27.4.22

Marathon was conducted in association with Apollo hospital

30/04/2022

Awareness on infant oral care

On 30/04/2022 at sree Balaji dental college and hospital awareness on infant oral care was held.

2/05 /2022

Special Olympics bharat , mahabhalipuram

On 2/05 /2022 special Olympics bharat was held in collaboration with NIEPMD at mahabhalipuram.

5/05/2022

World oral health wee**k**

On 5/05 /2022 world oral health week was held in collaboration with greater Chennai corporation .

1/6/2022

Geriatric oral Health programme

Visited Idaya vaasal home for elderly today. In Phase I – Treatment needs of geriatric patients were assessed at their door step ,toothbrushes & toothpastes were distributed . In Phase II -Treatment needs will be met at Sree Balaji Dental College and hospital.

5/06/2022

Blood donation camp

A blood donation camp was conducted in association with Red cross blood bank.

10/06/2022

Clean mouth program

Clean mouth program was conducted in association with Ministry of Housing and urban affairs.

Oral Health Camp

10.6.2022

Oral Health Camp conducted in panchayat union school

15/6/2022

Solid waste management

Solid waste management was conducted in association with Urbaser Sumeet.

17/6/2022

Oral Health awareness programme

Oral health awareness programme was conducted in association with Greater Chennai Corporation

20/6/2022

Control and command centre field visit

Control and command centre field visit was conducted in association with Urbaser Sumeet

23/6/2022

Beach cleanup and street art carnival

Beach cleanup and street art carnival was conducted in association with Urbaser Sumeet Chennai

24/6/2022

Anti tobacco street art

Anti tobacco street art was conducted in association with IDA Madras branch

25/06/22

Tobacco consequences

Knowledge Is Of No Value
less You Put It Into Practice.
ORAL
HISTOLOGY LAB
NO
TOBACCO
LIFE
AND
LET ME
QUIT TOBACCO
I WANT TO QUIT
GPS Map Camera
Shri Balaji
Dental College
VALACHERY TAMBARA
Cake Nest
NRS Vulcanizing
Works
Maps
Chennai, TN, India
SH 48, Pallikaranai, Chennai, 600100,
Lat 12.943853, Long 80.207804
05/31/2022 11:52 AM

Tobacco consequences was conducted in association with IDA Madras branch

Skit for Drug abuse

26.6.2022

Skit for drug abuse conducted by IDA MADRAS BRANCH

27/6/2022

Drawing competition oral health theme based

GPS Map Camera
CR Centring
BOSCH Car Service
St Antonys Matriculation Higher Secondary School
Maps
Chennai, TN, India
Vallalar Street, Pallikaranai, Chennai,
Lat 12.936088, Long 80.205477
07/04/2022 02:04 PM

Drawing competition oral health theme based was conducted in association with IDA Madras branch

28/6/2022

Environmental hygiene

Environmental hygiene was conducted in association with Urbaser Sumeet Chennai

5/8/2022

Marathon

Marathon was conducted in association with Greater Chennai Corporation

DATE : 30.06.2022

SOLID WASTE SEGREGATION

Solid waste segregation was taught to our students and an onsite visit was also done by our students on 30th September 2022.

30/6/2022

Free dental treatment

Free dental treatment was conducted in association with IDA Madras branch

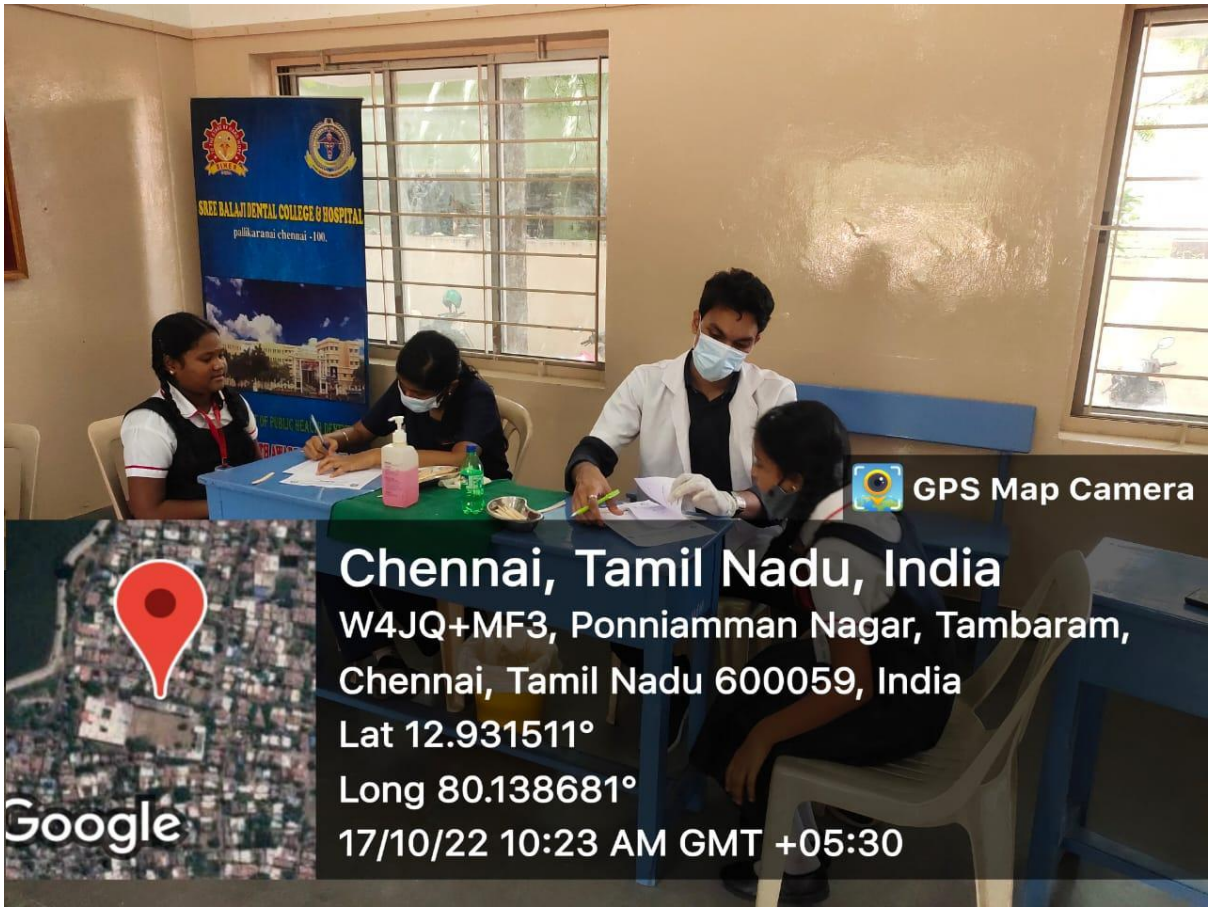
1/7/2022

Free dental treatment camp

Free dental treatment camp was conducted in association with Sethu Foundation

3/7/2022

Oral Health awareness programme



Oral Health awareness programme was conducted in association with Rotary club

4/7/2022

Anti drug rally

Anti drug rally was conducted in association with Chennai City Police and Greater Chennai Corporation

7/7/2022

Workshop on stress management Protocol

■ புதுச்சேரியில் 'தினமலர்' நாளிதழ், சென்னை பள்ளிக்கரணை ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை சார்பில், நடந்த 'மன அழுத்த மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு' குறித்த சிறப்பு கருத்தரங்கில் ஆர்வமுடன் பங்கேற்ற பள்ளி முதல்வர்கள், தலைமையாசிரியர்கள் மற்றும் ஆசிரியர்கள். ■ கருத்தரங்கில் ஸ்ரீபாலாஜி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை பொது சுகாதாரத்துறை தலைவர் டாக்டர் அனிதா பரீசன். அருகில் (வலமிருந்து) கல்வியாளர் புஷ்பேந்தி, சென்னை வால் மைண்ட் பீகேஎல்ல கிளினிக் நியுவனர் டில்லி பாபு, புதுச்சேரி பள்ளிக் கல்வித் துறை இயக்குனர் குதர வடு, முதுநிலை விரிவுரையாளர் டாக்டர் கதன்யா ஆகியோர் உள்ளனர்.

பள்ளிகளில் பிரச்னைகளை தவிர்க்க மேற்பார்வை அவசியம்

புதுச்சேரி, செப். 4-

'மாணவர்கள் போதை பழக்கத்திற்கு அடிமையாவது ஏன் என்பதை பள்ளி முதல்வர் மற்றும் தலைமை ஆசிரியர்கள் ஆராய வேண்டும்' என புதுச்சேரி பள்ளிக் கல்வித் துறை இயக்குநர் குத்ரவடு பேசினார்.

'நினைவுகளை நெஞ்சில் சுமந்து' நாளிதழ் சார்பில் புதுச்சேரியில் நேற்று நடந்த ஆசிரியர்களுக்கான மன அழுத்த மேலாண்மை குறித்த கருத்தரங்கை துவக்கி வைத்து, அவர் பேசியதாவது:

அனைவருக்கும் மன அழுத்தம் உள்ளது. மன அழுத்தம் இரண்டு வகை. ஒன்று, நீங்களே ஏற்படுத்திக் கொள்வது. மற்றொன்று அடுத்தவர்களுக்கு நீங்கள் ஏற்படுத்துவது.

மன அழுத்த பிரச்னையை கையாள, சக மனிதர்களை மதிக்க வேண்டும். குறிப்பாக, பல் டாக்டர்களுக்கு அதிக மன அழுத்தம் இருக்கும். காரணம், பற்கள் தன்மை இருந்தால் தான் நாம் அதற்காக சிகிச்சை முடியும். தன்மை சரியில்லாத பற்களை மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு' என்ற தலைப்பில், சென்னை வால்-மைண்ட் பிகேவரல் கிளினிக் நிறுவனரும், கல்வியாளருமான டில்லிபாபு பேசியதாவது:

மாணவர்களின் பாதுகாப்பு குறித்து முக்கியமானது. பள்ளியில் எந்த பிரச்னை யானாலும், எதிர்கொள்ள வேண்டியவர் பள்ளி முதல்வர் தான்.

சமீபகாலமாக பல பள்ளிகளில் நடந்த நிகழ்வுகள் அதிக மன அழுத்தத்தை ஏற்படுத்தி உள்ளது. இந்த சம்பவங்கள், பள்ளியில் பாதுகாப்பின் அவசியத்தையே காட்டுகின்றன.

காரணம், மாணவர்கள், வீட்டில் இருப்பதை விட பள்ளியில் தான் அதிக நேரம் உள்ளனர். அதனால், அவர்களின் பாதுகாப்பை நாம் முக்கியமாக கவனிக்க வேண்டும்.

அன் பிறகு உடல் ஆரோக்கியத்தை கவனிக்க வேண்டும். குறிப்பாக, பல் ஆரோக்கியம் அவசியம். காரணம், பற்கள் தன்மை இருந்தால் தான் நாம் அதற்காக சிகிச்சை முடியும். தன்மை சரியில்லாத பற்களை மேலாண்மை மற்றும் மாணவர்கள் பாதுகாப்பு' என்ற தலைப்பில், சென்னை வால்-மைண்ட் பிகேவரல் கிளினிக் நிறுவனரும், கல்வியாளருமான டில்லிபாபு பேசியதாவது:

மாணவர்களின் பாதுகாப்பு குறித்த முக்கியமானது. பள்ளியில் எந்த பிரச்னை யானாலும், எதிர்கொள்ள வேண்டியவர் பள்ளி முதல்வர் தான்.

சமீபகாலமாக பல பள்ளிகளில் நடந்த நிகழ்வுகள் அதிக மன அழுத்தத்தை ஏற்படுத்தி உள்ளது. இந்த சம்பவங்கள், பள்ளியில் பாதுகாப்பின் அவசியத்தையே காட்டுகின்றன.

காரணம், மாணவர்கள், வீட்டில் இருப்பதை விட பள்ளியில் தான் அதிக நேரம் உள்ளனர். அதனால், அவர்களின் பாதுகாப்பை நாம் முக்கியமாக கவனிக்க வேண்டும்.

பள்ளிக்கல்வி இயக்குநர் ருத்ரகவுடு 'அட்வைஸ்'

கள் என்பது முக்கியம். மன அழுத்த பிரச்னைக்கு அமைதியே சிறந்த தீர்வு.

வகுப்பறையில் மாணவன் அடைதியாக இருந்தால் ஏதே பிரச்னை உள்ளது என அர்த்தம். அவரிடம் நீங்கள் கலந்து ரையாட வேண்டும். அதே போன்று குறும்புத் தனம் செய்பவர்களை அமைதிக்காக செய்ய வேண்டும். அதுதான் உங்கள் பணி மின் றிரப்.

மாணவர் பாதுகாப்பு என்பது விசாலமானது. அவரவர்களுக்கு ஒரு லுகம் இருக்கும். உலகில், நிலங்கம் வந்து இப்ப பவர்கள் அதிகமா? கொக காடித்து இறப்ப வர் அதிகமா?

கொக காடித்து பல தோயால் பல நோக்கப்பட்டு இறக்கிறோம். ஆனால், நிமில் கவர்தை பார்த்து பயப் படு மாற படுகிறோம். அதை உதறிப்பழத்தில் கொள்ள வேண்டியது நமது பொறுப்பு, கடமை யும் கூட. தற்போது பள்ளி மாணவர்கள் கஞ்சா, போதை வஸ்துக்களை பயன்படுத்துவது அதிகரித்து வருகிறது. இதை தடுக்க இளைஞர்கள் முன்வர வேண்டும்.

அதேபோன்று, உலகில் வெண்கதிரில் அதிகம் பேர் இறக்கின்றனர் அல்லது மிண்கல் தாக்கி இறக்கின்றனர் என்பது குறித்த ஆய்வறிக்கையை உலக சுகாதார நிறுவனம் சுட்டி வரவி வெளியிட்டது.

அதில், மின்னல் தாக்கி இறப்பவர் களே அதிகம்.

எனவே, பாது காப்பு என்பது குறித்த அறி முன் மாலம், ஒவ் வொருவருக்கும் மா ற படும் . பல யுகங்கள் இ ருக்கலாம் . அதை உதறிப்பழத்தில் கொள்ள வேண்டியது நமது பொறுப்பு, கடமை யும் கூட. தற்போது பள்ளி மாணவர்கள் கஞ்சா, போதை வஸ்துக்களை பயன்படுத்துவது அதிகரித்து வருகிறது. இதை தடுக்க இளைஞர்கள் முன்வர வேண்டும். நிரைர் ஏதேனும் ஒரு வகுப்பு மாணவரிடம் நீங்கள் கவர்தை பார்த்து பயப்படுவது வதிலை.

அதேபோன்று, உல கில் வெண்கதிரில் அதிகம் பேர் இறக்கின்றனர் அல்லது மிண்கல் தாக்கி இறக்கின்றனர் என்பது குறித்த ஆய்வறிக்கையை உலக சுகாதார நிறுவனம் கூ

Workshop on stress management Protocol was conducted in association with IDA

8/7/2022

Awareness rally on oral hygiene

Awareness rally on oral hygiene was conducted in association with Sethu foundation

9/7/2022

Cyclathon rally on Awareness of invisible aligners

Cyclathon rally on Awareness of invisible aligners was conducted in association with IDA Madras branch

10/7/222

Walkathon on plastic waste

Walkathon on plastic waste was conducted in association with Urbaser sumeet

11/6/2022

Wall art on smoking awareness

Wall art on smoking awareness was conducted in association with Greater chennai corporation

15/7/2022

Rally on social welfare management

Rally on social welfare management was conducted in association with Urbaser sumeet

27/7/2022

Free dental camp

ss

Free dental camp was conducted in association with Rotary club

) 30/7/2022

Oral Health public awareness

Oral Health public awareness was conducted in association with Sethu foundation

DATE : 05.08.2022

CANCER AWARNESS PROGRAME

Cancer awareness was given by our CRI'S to people in Nungambakkam housing board on 5th august 2022.

DATE : 10.08.2022

ORAL HYGIENE AWARNESS

Oral hygiene awareness was given to people who are physically challenged on 10th august 2022

DATE : 14.08.2022

BLOOD DONATION CAMP

+

Blood donation camp held on Sree Balaji dental college and our students actively came forward and donated blood on 14th august 2022.

DATE : 20.08.2022

ORAL HEALTH CAMP

Oral health camp was conducted to physically challenged people in on 20th august 2022.

DATE : 26.08.2022

TOBACCO CESSATION PROGRAMME

Tobacco cessation programme was done by Sree Balaji dental college and hospital students in Velachery Vijayanagar bus stand to public on 26th august 2022.

DATE : 01.09.2022

SCHOOL DENTAL CAMP

Dental camp was conducted to government school childrens by CRI'S of Sree Balaji dental college and hospital on 1st September 2022

DATE: 07.09.2022

RALLY ON ORAL HYGIENE

A rally on oral hygiene was done by students og our institution on 7th September 2022.

DATE : 14.09.2022

FREE DENTAL CAMP

Free dental camp was performed to people on Sree Balaji dental college and hospital on 14th September 2022.

DATE : 22.09.2022

TREE PLANTATION

Tree plantation was done by our institution on 22nd September 2022.

DATE : 26.09.2022

MARATHON

Students and faculties of our institution actively participated in marathon conducted on 26th September 2022.

DATE : 30.09.2022

SOLID WASTE SEGREGATION

Solid waste segregation was taught to our students and an onsite visit was also done by our students on 30th September 2022.

DATE : 02.10.2022

FREE DENTAL TREATMENT

Free dental treatment was given to people on 2nd October 2022.

DATE : 08.10.2022

NO SMOKING RALLY

No smoking rally was performed by the students and faculties of Sree Balaji dental college and hospital on 8th October 2022 in Elliot's beach.

DATE : 13.10.2022

ORAL HYGIENE MAINTENANCE RALLY

Oral hygiene maintenance rally was performed by our students on 13th October 2022.

DATE : 19.10.2022

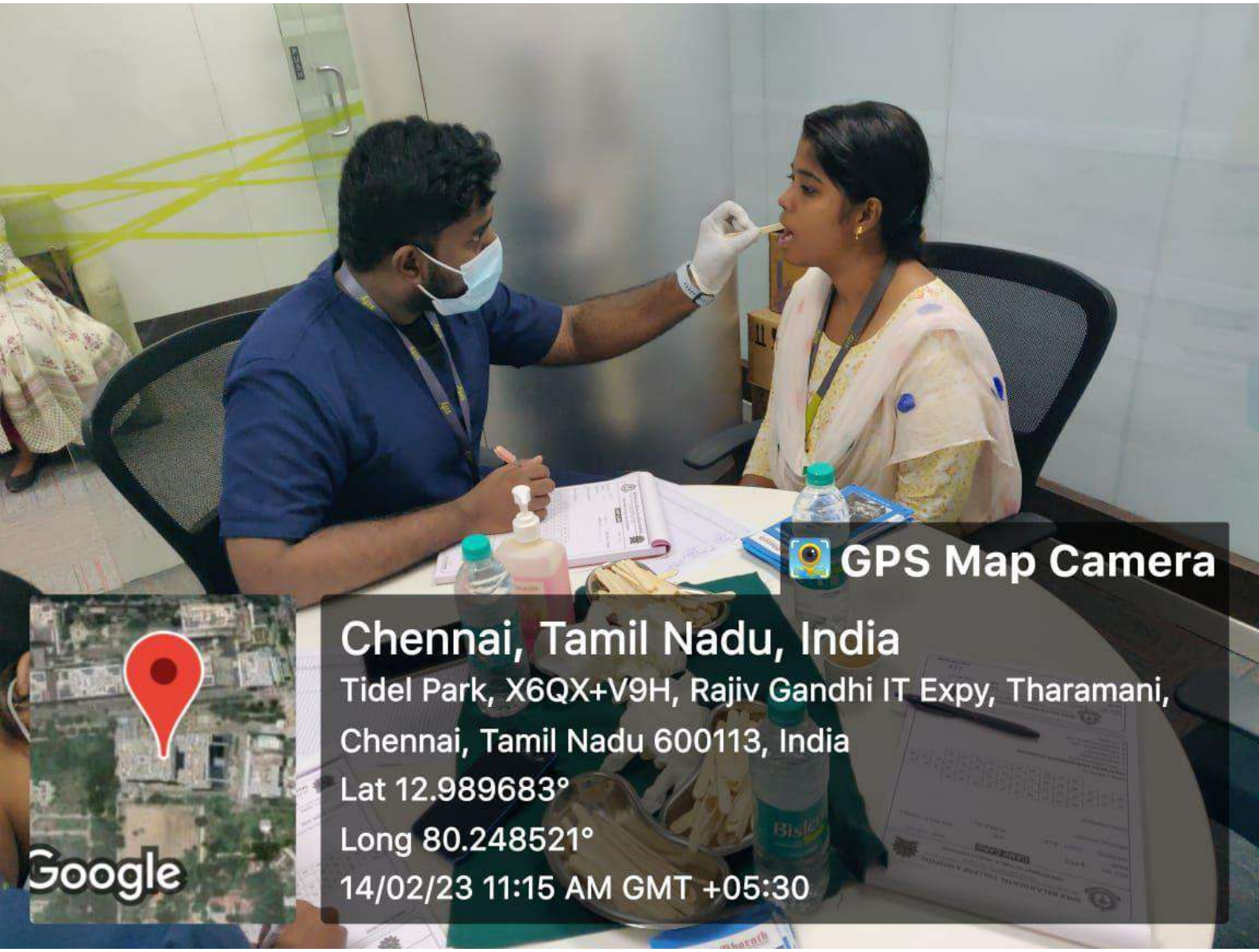
WALKATHON

Walkathon was done by our students on 19th October 2022.

Ready to Fly 1
Developing Roots
FINE MOTOR CO
Millennium
M NAGAR - MADIPAKKAM

GPS Map Camera
St.Thomas Mount, Tamil Nadu, India
1, N Parade Rd, Chakrapani Colony, St.Thomas Mount, Tamil Nadu 600016, India
Lat 13.006312°
Long 80.198171°
24/01/23 08:52 AM GMT +05:30
Google

GPS Map Camera
Chennai, Tamil Nadu, India
W47G+JW4, East Tambaram, Tambaram,
Chennai, Tamil Nadu 600059, India
Lat 12.913952°
Long 80.127294°
04/02/23 09:37 AM GMT +05:30
Google


GPS Map Camera
Chennai, Tamil Nadu, India
Tidel Park, X6QX+V9H, Rajiv Gandhi IT Expy, Tharamani,
Chennai, Tamil Nadu 600113, India
Lat 12.989683°
Long 80.248521°
14/02/23 11:15 AM GMT +05:30
Google

NATIONAL SCIENCE DAY
Feb 2023
GPS Map Camera
Chennai,TN,India
SH 48, Pallikaranai, Chennai, 600100, TN, India
Lat 12.944268, Long 80.208047
02/27/2023 12:26 PM GMT+05:30
Maps

SREE BALAJI DENTAL COLLEGE AND HOSPITAL
DIALYSIS OF KIDNEY
DONATE PADS

GPS Map Camera
Chennai, TN, India
Pallikaranai, Chennai, 600100, TN, India
Lat 12.944471, Long 80.207605
03/06/2023 09:48 AM GMT+05:30
Note : Captured by GPS Map Camera

DONT
RUSH
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YOU
BRUSH

LEPROSY
By
Maria Arputha Samy
District Health Educator
Greater Chennai

TOOTHPASTE
MOUTHWASH

GPS Map Camera
Chennai, Tamil Nadu, India
I-1, Anna Salai (Mount Road), Satya Murthy Nagar,
Teynampet, Chennai, Tamil Nadu 600035, India
Lat 13.034715°
Long 80.244019°
23/03/23 11:44 AM GMT +05:30
Google

GPS Map Camera
Chennai, Tamil Nadu, India
MAIN BLOCK, BALAJI DENTAL COLLEGE, VGP Rajesh Nagar,
Pallikaranai, Chennai, Tamil Nadu 600129, India
Lat 12.943978°
Long 80.207556°
20/04/23 10:25 AM GMT +05:30
Google

GENDER HARASSMENT
Speaker

Dr.Vikas Dhupar
Executive Committee Member
Dental Council of India

GPS Map Camera
Chennai, Tamil Nadu, India
X6HJ+M74, Datta St, Baby Nagar, Velachery, Chennai, Tamil Nadu 600042, India
Lat 12.979139°
Long 80.230791°
20/05/23 10:10 AM GMT +05:30
Google

Spreading Wellness since 2008
Om Shri Sai Guru Kodi Charitable Trust
GPS Map Camera
Chennai,TN,India
2nd Street, Madipakkam, Chennai, 600091, TN, India
Lat 12.957727, Long 80.202482
06/17/2023 09:54 AM GMT+05:30

பெருநகர சென்னை மாநகராட்சி
உடற்பயிற்சி கூடம்
Rotary
ROTARY CLUB OF
MADRAS DOWNTOWN

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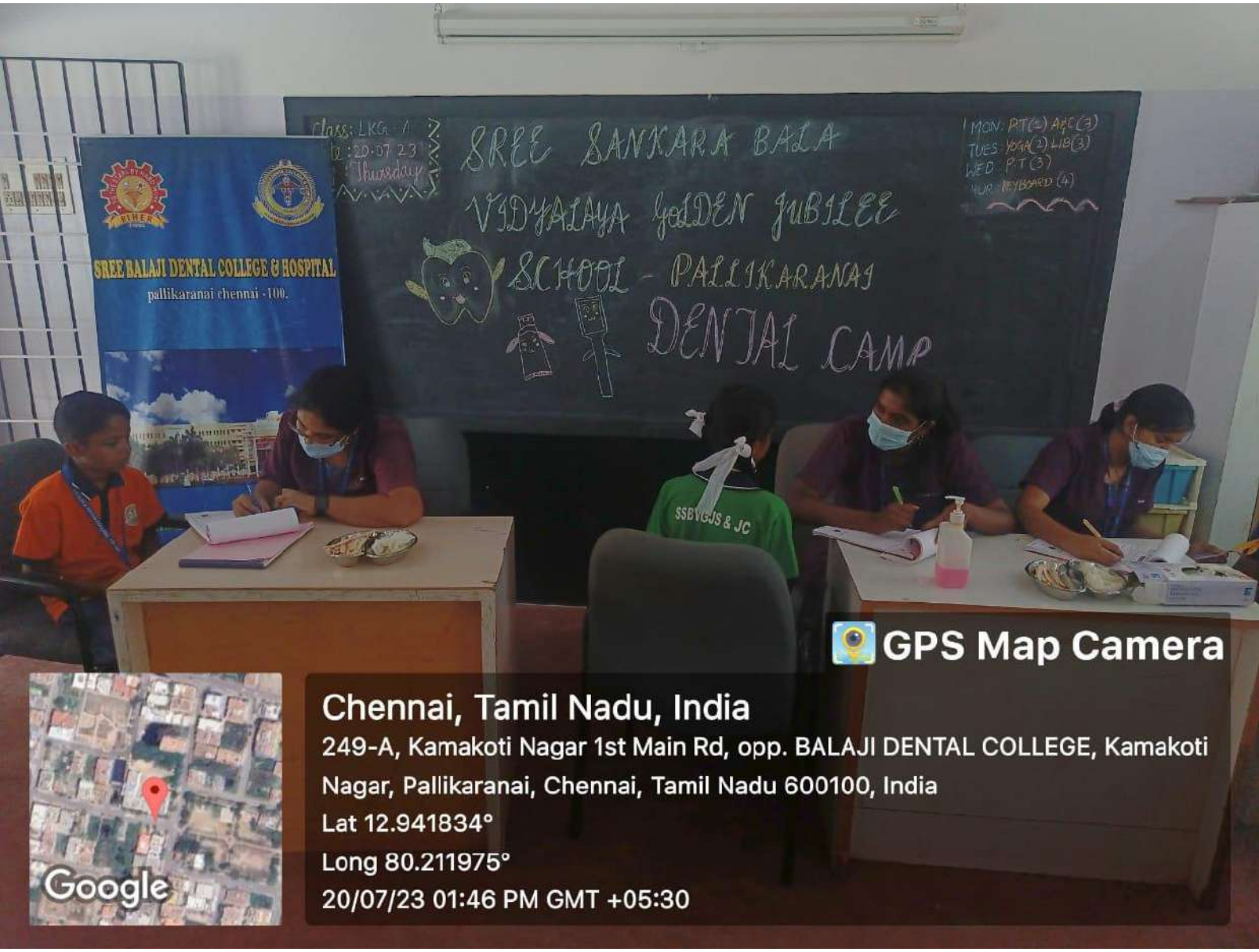
TIME Table


SREE BALAJI DENTAL COLLEGE & HOSPITAL
pallikaranai chennai -100.
SREE SANKARA BALA
VIDYALAYA GOLDEN JUBILEE
SCHOOL - PALLIKARANAI
DENTAL CAMP
GPS Map Camera
Chennai, Tamil Nadu, India
249-A, Kamakoti Nagar 1st Main Rd, opp. BALAJI DENTAL COLLEGE, Kamakoti Nagar, Pallikaranai, Chennai, Tamil Nadu 600100, India
Lat 12.941834°
Long 80.211975°
20/07/23 01:46 PM GMT +05:30
Google

DEVELOPING
STORIES
AMAIRA GOYAL
DEVELOPING
STORIES

SREE BALAJI DENTAL COLLEGE & HOSPITAL
Chennai
(BHARATH INSTITUTE OF HIGHER EDUCATION & RESEARCH)
ANTI RAGGING
DAY - AUG 12TH 2023
Say NO to
Ragging
ANTI RAGGING WEEK - AUG 12th-18th 2023
Dr.J. Sri Nisha
Chairperson
Dr. S. Jimson
Principal
SBDCH
Dr. S.Bhuminathan
Registrar
BIHER
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sbdch_dental
sbdch_dental
SREE BALAJI DENTAL COLLEGE & HOSPITAL
CHENNAI
GOOD HEALTH BRINGS FREEDOM
GPS Map Camera
Chennai,TN,India
Pallikaranai, Chennai, 600100, TN, India
Lat 12.944496, Long 80.207714
08/12/2023 12:16 PM GMT+05:30
Neelambal Kalyana Mandapam
Pizza Spot
Maps

NTAL COLLEGE & HOSPITAL
ONAL YOUTH DAY
arshini Pugalendhi
i AnandKumar
INTERNATIONAL YOUTH DAY
SREE BALAJI DENTAL COLLEGE & HOSPITAL
INTERNATIONAL YOUTH DAY

Date: 22/08/2023

Venue: Anti- Leprosy awareness program, SBDCH

GPS Map Camera
Chennai,TN,India
Kaveri Street, Tambaram East, Chennai, 600059, TN, India
Lat 12.921799, Long 80.129898
09/02/2023 09:38 AM GMT+05:30
Note : Captured by GPS Map Camera

GPS Map Camera
Chennai, Tamil Nadu, India
W4FJ+5FC, Velachery Rd, Annai Theresa Nagar, East Tambaram, Tambaram, Chennai, Tamil Nadu 600059, India
Lat 12.922989°
Long 80.131169°
04/09/23 10:22 AM GMT +05:30
Google

எஸ்.சி.எஸ்., பள்ளியில் மருத்துவ முகாம்

■ குரோம்பேட்டை எஸ்.சி.எஸ்., மெட்ரிகுலேஷன் மேல்நிலைப் பள்ளியில், 'தினமலர்' மாணவர் பதிப்பான 'பட்டம்' மற்றும் பாலாஜி பல் மருத்துவ கல்லூரி இணைந்து, பல் மருத்துவ சிகிச்சை முகாம் நேற்று நடத்தின. இதில், .பல் மருத்துவர் மோனிகா ரெட்டி, பள்ளி முதல்வர் கீதா கிருஷ்ணன், தாளாளர் கிருஷ் சந்தானம் உள்ளிட்டோர்.

குரோம்பேட்டை, செப். 5– குரோம்பேட்டை, நேரு நகரில் உள்ள எஸ்.சி.எஸ்., மெட்ரிக்குலேஷன் மேல்நிலைப் பள்ளியில், 'தினமலர்' மாணவர் பதிப்பான 'பட்டம்' மற்றும் பள்ளிக்கரணை பாலாஜி பல் மருத்துவ மாணவர்களுக்கான பல் சிகிச்சை முகாமை, பள்ளி வளாகத்தில் நேற்று நடந்தினை. இம்முகாமை, பள்ளி தாளாளர் கிருஷ் சந்தானம் துவக்கி வைத்தார்.

பல் மருத்துவர் மோனிகா ரெட்டி தலை பொது பல் ஸ்கிரீனிங் சிகிச்சை மேற்கொண்டனர்; 200 மாணவர்கள் பயனடைந்தனர். பள்ளி முதல்வர் கீதா கிருஷ்ணன் உள்ளிட்ட பலர் பங்கேற்றனர்.

07/09/2023-Sri Sankara vidyalaya Matric.Hr.sec.school

09/09/2023- AVL matriculation higher secondary school, kaatupakam

10/09/2023- 16/09/2023

Venue: World Suicide Prevention week

12/09/2023- Tambaram Corporation

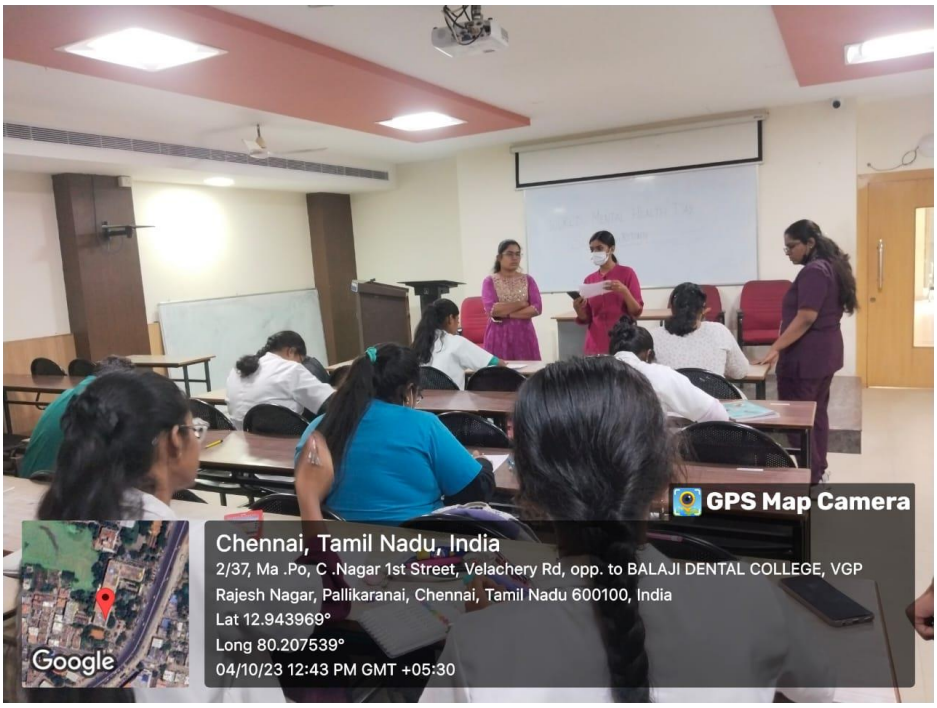
14/09/2023- Kendriya Vidyalaya DGQA School, Pazhavanthangal

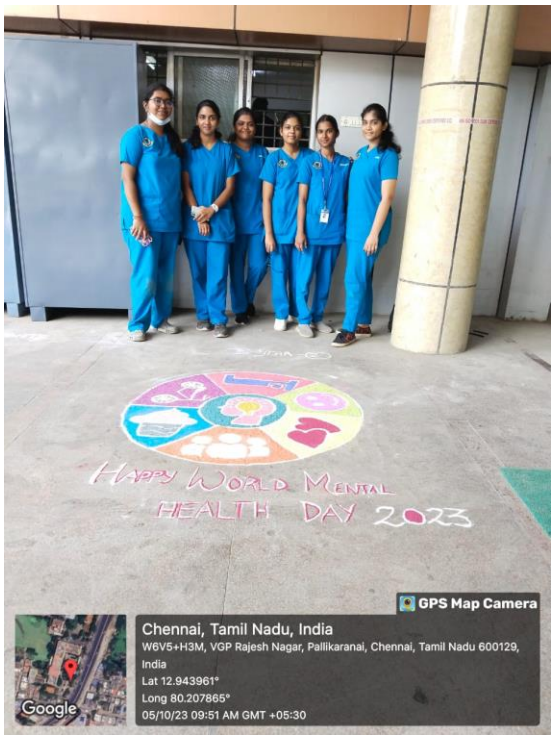
Date: 30/09/2023

Venue: UCHC, Perungudi

Date: 04/10/2023- 14/10/2023

Venue: World Mental Health Day





MENTAL HEALTH MATTERS
GPS Map Camera
Chennai,TN,India
SH 48, Pallikaranai, Chennai, 600100, TN, India
Lat 12.943837, Long 80.207673
10/05/2023 02:22 PM GMT+05:30
Note : Captured by GPS Map Camera

GPS Map Camera
Chennai,TN,India
SH 48, Pallikaranai, Chennai, 600100, TN, India
Lat 12.943752, Long 80.207666
10/09/2023 14:59 GMT+05:30
Note : Captured by GPS Map Camera

Date: 11/10/2023

Venue: International Girl child day, SBDCH

Date: 12/10/2023 & 13/10/2023

Venue: Shree Niketan Patasala School, Mannivakam

Date:30/10/2023- 31/10/2023

Venue: Church park School, Gopalapuram

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION & AWARENESS CAMP

VENUE: RHTC, Padappai **DATE**: 11/07/2022

TIME: 9.00am to 12.30pm

TOTAL BENEFICIARIES: 25

HEALTH EDUCATION & AWARENESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC, PADAPPAI ON 11/07/2022

HEALTH EDUCATION & AWARENESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC, PADAPPAI ON 11/07/2022

HEALTH EDUCATION AND AWARENESS:

The aim of the program is to create awareness about common disease like hypertension and diabetes mellitus. and personal hygiene, and help them lead a disease-free life.

Awareness was created about the ill effects of hypertension and diabetes. Avoiding excess carbohydrates and processed sugar, regular exercise and splitting meals to small quantities can help in prevention. The importance of personal hygiene was strongly taught to the audience. Techniques for proper waste disposal was taught to the people and knowledge about degradable and non degradable waste was imparted.

HEALTH EDUCATION & AWARENESS PROGRAM AT RHTC, PADAPPAI ON 11-07-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR. SUBASHINI	POSTGRADUATE	2021-22
2.	DR.MONICA ALBERT	POSTGRADUATE	2021-22
3.	MISS.KALAIVANI	CRRI	2017-18
4.	MISS.LAKSHMI PRIYA	CRRI	2017-18
5.	MR.KARTHIKEYAN	CRRI	2017-18
6.	MR.KARTHIK	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Gandhi nagar, Manimangalam **DATE**: 14/07/2022

TIME: 9.00am to 12.30pm

TOTAL BENEFICIARIES: 67

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT GANDHI NAGAR, MANIMANGALAM ON 14/07/2022

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT GANDHI NAGAR, MANIMANGALAM ON 14/07/2022

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT GANDHI NAGAR, MANIMANGALAM ON 14/07/2022

FREE MEDICAL CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 81 participants, 8 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

FREE MEDICAL CAMP AT GANDHI NAGAR ON 14-07-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR. RAGHUL	POSTGRADUATE	2020-21
2.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
3.	MR.SAI BHUVAN	CRRI	2017-18
4.	MR.SAMEERUDDAIN	CRRI	2017-18
5.	MR.SATHISH	CRRI	2017-18
6.	MISS.SANA SHAJI	CRRI	2017-18
7.	MISS.SANDHYA	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION & AWARENESS CAMP

VENUE: PU Middle School, Salamangalam **DATE**: 18/07/2022

TIME: 9.00am to 12.30pm

TOTAL BENEFICIARIES: 120

HEALTH EDUCATION & AWARENESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT PU MIDDLE SCHOOL, SALAMANGALAM ON 18/07/2022

HEALTH EDUCATION & AWARENESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT PU MIDDLE SCHOOL, SALAMANGALAM ON 18/07/2022

HEALTH EDUCATION AND AWARENESS:

The aim of the program is to create awareness about common disease like hypertension and diabetes mellitus. and personal hygiene, and help them lead a disease-free life.

Awareness was created about the ill effects of hypertension and diabetes. Avoiding excess carbohydrates and processed sugar, regular exercise and splitting meals to small quantities can help in prevention. The importance of personal hygiene was strongly taught to the audience. Techniques for proper waste disposal was taught to the people and knowledge about degradable and non degradable waste was imparted.

HEALTH EDUCATION & AWARENESS PROGRAM AT PU MIDDLE SCHOOL, SALAMANGALAM ON 18/07/2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR. SARATH KUMAR	POSTGRADUATE	2020-21
2.	DR.RAGHUL	POSTGRADUATE	2020-21
3.	MISS.KALAIVANI	CRRI	2017-18
4.	MISS.LAKSHMI PRIYA	CRRI	2017-18
5.	MISS.KARTHIKA	CRRI	2017-18
6.	MISS.PRIYA	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION, AWARENESS &

FREE MEDICAL CAMP

VENUE: Kamatchi nagar, third street, Anakaputhur. **DATE**: 19/07/2022

TIME: 10AM TO 12.30PM

TOTAL BENEFICIARIES: 49

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT KAMATCHI NAGAR, THIRD STREET, ANAKAPUTHUR ON 19-07-2022.

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT KAMATCHI NAGAR, THIRD STREET, ANAKAPUTHUR ON 19-07-2022.

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT KAMATCHI NAGAR, THIRD STREET, ANAKAPUTHUR ON 19-07-2022.

HEALTH EDUCATION AND AWARENESS:

Reducing the major risk factors for noncommunicable diseases (NCDs) – tobacco use, physical inactivity, unhealthy diet and the harmful use of alcohol – is the focus of WHO's work to prevent deaths from NCDs. NCDs – primarily heart and lung diseases, cancers and diabetes – are the world's largest killers, with an estimated 38 million deaths annually. Of these deaths, 16 million are premature (under 70 years of age). If we reduce the global impact of risk factors, we can go a long way to reducing the number of deaths worldwide. Prevention of NCDs is a growing issue: the burden of NCDs falls mainly on developing countries, where 82% of premature deaths from these diseases occur. Tackling the risk factors will therefore not only save lives; it will also provide a huge boost for the economic development of countries

S.NO	NAME	DESIGNATION	BATCH
1.	DR.KARTHIK	POSTGRADUATE	2020-21
2.	DR.VINOTHKUMAR	POSTGRADUATE	2020-21
3.	MR.KARTHI	CRRI	2017-18
4.	MS.JOSHIKA	CRRI	2017-18
5.	MS.MACHLIN	CRRI	2017-18
6.	MR.KATHICK	CRRI	2017-18
7.	MS.KANISHKA	CRRI	2017-18

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP AT ANAKAPUTHUR ON 19-07-2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION, AWARENESS &

FREE MEDICAL CAMP

VENUE: UHTC, Anakaputhur. **DATE**: 25/07/2022

TIME: 10AM TO 12.30PM

TOTAL BENEFICIARIES: 27

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 25-07-2022.

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 25-07-2022.

HEALTH EDUCATION AND AWARENESS:

Dengue in human is often inapparent and leads to a wide range of clinical manifestations, from mild fever to potentially fatal dengue shock syndrome. Dengue should be suspected when a high fever is accompanied by two of the following symptoms: severe headache, pain behind the eyes, muscle and joint pains, nausea, vomiting, swollen glands, or rash. Symptoms usually last for 2–7 days, after an incubation period of 4–10 days after the bite from an infected mosquito. Awareness regarding dengue disease, dengue spreading mosquito to the general people. Doctors gave awareness about sign and symptoms, danger signs and complications.

S.NO	NAME	DESIGNATION	BATCH
1.	DR.KARTHIK	POSTGRADUATE	2020-21
2.	DR.VINOTHKUMAR	POSTGRADUATE	2020-21
3.	MR.KARTHI	CRRI	2017-18
4.	MS.JOSIKA	CRRI	2017-18
5.	MS.PRIYANKA	CRRI	2017-18
6.	MS.KANISHKA	CRRI	2017-18
7.	MR.KARTHI	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Sethupattu, Somangalam **DATE**: 27/07/2022

TIME: 9.00am to 12.30pm

TOTAL BENEFICIARIES: 63

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT SETHUPATTU, SOMANGALAM ON 27/07/2022

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT SETHUPATTU, SOMANGALAM ON 27/07/2022

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT SETHUPATTU, SOMANGALAM ON 27/07/2022

FREE MEDICAL CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 81 participants, 8 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

FREE MEDICAL CAMP AT SETHUPATTU, SOMANGALAM ON 27-07-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR. RAGHUL	POSTGRADUATE	2020-21
2.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
3.	MISS.JEEVARATHINAM SANCHEZ	CRRI	2017-18
4.	MISS.JAISHREE	CRRI	2017-18
5.	MISS.JANANI	CRRI	2017-18
6.	MISS.HELEN ANGELLA	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN

AT ANAKAPUTHUR

VENUE:Panchayat union primary school,Anakaputhur

DATE:27-07-2022

Number of beneficiaries: 201

SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON 27-7-22 AT PANCHAYAT UNION PRIMARY SCHOOL

SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON 27-7-22 AT PANCHAYAT UNION PRIMARY SCHOOL

SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON 27-7-22 AT PANCHAYAT UNION PRIMARY SCHOOL

HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON 27-7-22 AT PANCHAYAT UNION PRIMARY SCHOOL

HEALTH CAMP :

Registration for the participants were made. All school children underwent general clinical examination. Children's anthropometry was measured. They were assessed for cleanliness & hygiene, dental caries. Advice regarding their respective health status was given. Out of 201 participants 12 were referred to Sree Balaji Medical College & Hospital for further management

HEALTH EDUCATION GIVEN:

The health awareness on self-hygiene was given to the school children at Panchayat union primary school, Anakaputhur. All the participants were given advice with respect to hand hygiene, foot care (avoid bare foot walking) and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT UHTC.

ANAKAPUTHUR ON 27-07-2022.

S.NO	NAME	DESIGNATION	BATCH
1.	DR.JHANSI RANI	MEDICAL OFFICER	-
2.	DR.P.M.AISHWARYA	ASSISTANT PROFESSOR	-
3.	DR.KARTHIK	POSTGRADUATE	2020-21
4.	DR.VINOTHKUMAR	POSTGRADUATE	2020-21
5.	MR.KARTHI	CRRI	2017-18
6.	MS.JOSHIKA	CRRI	2017-18
7.	MS.MACHLIN	CRRI	2017-18
8.	MR.KATHICK	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

WORLD BREASTFEEDING WEEK 2022

Awareness Campaign in RHTC

VENUE:Navalur, Padappai

DATE: 01/08/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 30 mothers

World breast feeding week (WBW) is celebrated every year from 1st August to 7th August. The theme for WBW 2022 is Step up for breastfeeding- educate and support. This year's theme aims to focus on strengthening the capacity of actors that have to protect, promote and support breastfeeding across different levels of the society. These actors make up the warm chain of support for breastfeeding. Target audiences including governments, health systems,

workplaces and communities will be informed, educated and empowered to strengthen their capacity to provide and sustain breastfeeding-friendly environments for families in the post pandemic world.Breastfeeding is key to sustainable development strategies post-pandemic, as it improves nutrition, ensures food security and reduces inequalities between and within countries.

The event started with an introductory talk to world breastfeeding awareness week. Faculties from the Department of Community Medicine attended this event including the HOD and Professor Dr.R.Umadevi, Professor Dr.Shanthi Edward, Assitant Professors Dr.KrishnaPrashanth and Dr.Hariharan. A special speech was delivered by Dr.Hariharan on the importance on breastfeeding and the global scenario of the same. The postgraduates (Dr.Siddharthan.A, Dr Mohamed Shuaib Sait, Dr.Sushmita.G and Dr.Monica Albert) then did a poster presentation on the basics of breastfeeding, debunking cultural myths and beliefs and gave a brief introduction to the role of various actors in supporting the mother-baby dyad.

The undergraduates then enacted a beautiful skit on the long term effects of not exclusively breastfeeding a baby. This highlighted the cultural difficulties faced by Indian women and the role that family and society play. The session was concluded with a speech by Professor Dr.Shanthi Edward. The event was concluded by distribution of gifts to the participants by our HOD & Professor Dr. R Umadevi.

World Breastfeeding Week 2022 awareness campaign conducted in Navalur (Padappai) on 01.08.2022

World Breastfeeding Week 2022 awareness campaign conducted in Navalur (Padappai) on 01.08.2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

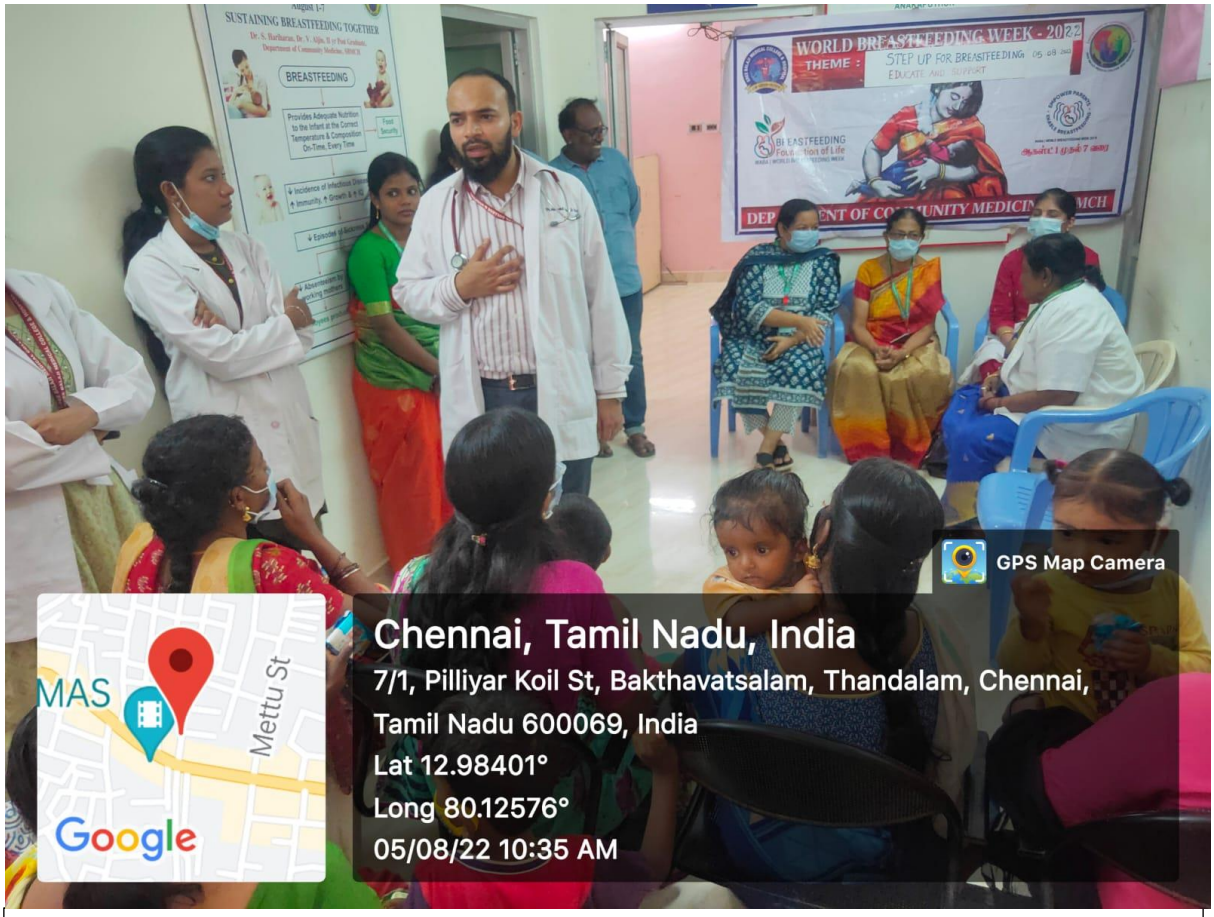
DEPARTMENT OF COMMUNITY MEDICINE

WORLD BREASTFEEDING WEEK AWARENESS CAMPAIGN IN ANAKAPUTHUR

VENUE: UHTC,Anakaputhur **DATE**:5/08/2022

TIME: 10AM TO 12.30PM

TOTAL BENEFICIARIES: 30



World Breastfeeding Week 2022 awareness campaign conducted in UHTC ,Anakaputhur on 05.08.2022

World Breastfeeding Week 2022 awareness campaign conducted in UHTC ,Anakaputhur on 05.08.2022

World Breastfeeding Week 2022 awareness campaign conducted in UHTC ,Anakaputhur on 05.08.2022

World Breastfeeding Week 2022 awareness campaign conducted in UHTC ,Anakaputhur on 05.08.2022

WORLD BREASTFEEDING WEEK AWARENESS CAMPAIGN:

Event started with an introduction to world breastfeeding awareness week by Dr Mohamed Shuaib Sait. The postgraduates (Dr.Gayathri, Dr Jegadeesan, Dr Shirley and Dr. Subhashini) then did a poster presentation on the basics of breastfeeding, debunking cultural myths and beliefs, the importance of healthy nutrition for the mothers and why exclusive breastfeeding is a must.

The undergraduates then performed a meaningful skit on the effects of not breastfeeding. This spoke about the cultural myths surrounding the mother and the baby and the impact it has on breastfeeding and the role that family and society play. The session was concluded with a speech by Dr.Shanthi Edward, professor. It was followed by distribution of gifts to the participants by HOD & Professor Dr. R Umadevi, Professor Dr Timsi Jain, Professor and Professor Dr Rashmi Gour

WORLD BREASTFEEDING WEEK AWARENESS CAMPAIGN IN ANAKAPUTHUR ON 5-08-22

S.NO	NAME	DESIGNATION	BATCH
1.	DR.R.UMADEVI	PROF & HOD	-
2.	DR.SHANTHI EDWARD	PROFESSOR	--
3.	DR.RASHMI GOUR	PROFESSOR	-
4.	DR.TIMSI JAIN	PROFESSOR	-
5.	DR.AISHWARYA	ASSISTANT PROFESSOR	-
6.	DR.MOHAMED SHUAIB SAIT	POSTGRADUATE	2022-23
7.	DR.SUSHMITHA	POSTGRADUATE	2022-23
8.	DR.SUBHASHINI	POSTGRADUATE	2022-23
9.	DR.SIDDHARTHAN	POSTGRADUATE	2022-23
10.	DR.GAYATHRI	POSTGRADUATE	2022-23
11.	DR.JEGADEESHAN	POSTGRADUATE	2022-23
12.	DR.MONICA	POSTGRADUATE	2022-23
13.	DR.SHIRLEY	POSTGRADUATE	2022-23

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP IN ANAKAPUTHUR

VENUE: SSKT, Mini hall **DATE**: 10/08/2022

TIME: 10AM TO 12.30PM

TOTAL BENEFICIARIES: 30

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUTHUR ON 10-08-2022 AT SSKT,Mini hall

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUTHUR ON 10-08-2022 AT SSKT,Mini hall

FREE MEDICAL CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 30 participants,8 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP AT ANAKAPUTHUR ON 10-08-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.SUSHMITHA	POSTGRADUATE	2022-23
2.	DR.SUBHASHINI	POSTGRADUATE	2022-23
3.	DR.ASIF MOHAMED	CRRI	2017-18
4.	DR.BALAVINOD	CRRI	2017-18
5.	DR.BINDU PRIYA	CRRI	2017-18
6.	DR.BHUVANASRI	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

MEDICAL SCREENING CAMP

VENUE:Malaipattu, Padappai

DATE: 11/08/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 103

Registration for the participants were done. All the participants underwent clinical examination, advice regarding their health status was given. Out of 103 participants 13 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG . BP was recorded using BP apparatus,with height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, control of Diabetes and Hypertension,

Awareness created:

- ✓ Awareness created among public regarding personal hygiene
- ✓ Health education on hand hygiene, washing, social distancing, wearing mask, avoid overcrowding, using sanitizers.
- ✓ Menstrual hygiene awareness created among women.

Adviced on DASH diet, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed and public urged to consume such food for better health.

HEALTH CARE TEAM:

1.	Dr.Hariharan
2.	Dr.Supraja
3.	Dr. Jegadeesan
4.	Dr. Dhilip
5.	Dr.Francis
6.	Dr.Haasini
7.	Dr.Dinesh

8.	Dr. Hamrutha
9.	Dr. Gowtham Ganesh
10.	Dr. Dhilip

FREE MEDICAL CAMP AT MALAIPATTU, PADAPPAI ON 11/08/2022.

FREE MEDICAL CAMP AT MALAIPATTU, PADAPPAI ON 11/08/2022.

FREE MEDICAL CAMP AT MALAIPATTU, PADAPPAI ON 11/08/2022.

FREE MEDICAL CAMP AT MALAIPATTU, PADAPPAI ON 11/08/2022.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

SCHOOL HEALTH AWARENESS CAMP

VENUE: Govt, Primary school, Sethupaatu.

DATE: 18/08/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 35

The school students from 1st to 5th std belonging to Govt, Primary school, Sathupaatu were visited for a health awareness camp. Health awareness regarding personal hygiene were delivered by the pgs and the CRRIs. Hygiene is a series of practices performed to preserve health. According to the World Health Organization (WHO), hygiene refers to "conditions and practices that help to maintain health and prevent spread of diseases". Hygiene involves maintaining good oral health, hand washing habits after defecation and before and after meals, face washing, cutting finger nails and bathing. Menstrual hygiene takes supreme importance among personal hygiene habits of females. Maintaining hygiene is necessary for many reasons-personal, social, health and psychological and keeping good standard of hygiene helps to prevent the development and spread of infections, illnesses and bad odors.

After awareness being created the students were given a pencil box each as a small gift from our side. Talks on hygiene being maintained in their school was also given by the headmaster. Screening for diabetes and hypertension were done for the staff. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.P.Vinothkumar	PG
2.	Dr.Supraja Nagarathinam	PG
3.	Gowtham	CRRI
4.	Dhayalaganesh	CRRI
5.	Gokul	CRRI
6.	Devaharshini	CRRI
7.	Dhanusiya	CRRI
8.	Gaamini	CRRI
9.	Hamsanandhini	CRRI

SCHOOL HEALTH AWARENESS CAMP AT GOVT. PRIMARY HIGH SCHOOL, SETHUPAATU, ON 18/08/2022.

SCHOOL HEALTH AWARENESS CAMP AT GOVT. PRIMARY HIGH SCHOOL, SETHUPAATU, ON 18/08/2022.

SCHOOL HEALTH AWARENESS CAMP AT GOVT. PRIMARY HIGH SCHOOL, SETHUPAATU, ON 18/08/2022.

SCHOOL HEALTH AWARENESS CAMP AT GOVT. PRIMARY HIGH SCHOOL, SETHUPAATU, ON 18/08/2022.

SCHOOL HEALTH AWARENESS CAMP AT GOVT. PRIMARY HIGH SCHOOL, SETHUPAATU, ON 18/08/2022.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

MEDICAL SCREENING CAMP

VENUE: SETHUPATTU VILLAGE, KANCHIPURAM

DATE: 24/08/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 55

Registration for the participants were done. All the participants underwent clinical examination, advice regarding their health status was given. Out of 55 participants 12 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

Awareness created:

- ✓ Awareness created among public regarding personal hygiene
- ✓ Health education on hand hygiene, washing, social distancing, wearing mask, avoid overcrowding, using sanitizers.
- ✓ Menstrual hygiene awareness created among women.

Adviced on DASH patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health.

HEALTH CARE TEAM:

1.	Dr.Hariharan
2.	Dr.Vinoth
3.	Dr. Jegadeesan
4.	Dr. Dhilip
5.	Dr.Francis
6.	Dr.Haasini
7.	Dr.Dinesh

8.	Dr. Hamrutha
9.	Dr. Gowtham Ganesh
10.	Dr. Dhilip

FREE MEDICAL CAMP AT SETHUPATTU VILLAGE , KANCHIPURAM ON 24/08/2022.

FREE MEDICAL CAMP AT AT SETHUPATTU VILLAGE , KANCHIPURAM ON 24/08/2022.

FREE MEDICAL CAMP AT SETHUPATTU VILLAGE , KANCHIPURAM ON 24/08/2022.

FREE MEDICAL CAMP AT SETHUPATTU VILLAGE , KANCHIPURAM ON 24/08/20

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP IN PADAPPAI

VENUE: Sirumathur **DATE**: 09/09/2022

TIME: 10 AM TO 1 PM

TOTAL BENEFICIARIES: 106

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 09-09-2022 AT SIRUMATHUR

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 09-09-2022 AT SIRUMATHUR

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 09-09-2022 AT SIRUMATHUR

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 09-09-2022 AT SIRUMATHUR

FREE MEDICAL CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 106 participants, 16 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

FREE MEDICAL CAMP AT PADAPPAI ON 09-09-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.KARTHIK	POSTGRADUATE	2020-21
2.	DR.SURYA	POSTGRADUATE	2020-21
3.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
4.	DR.SHIRLY	POSTGRADUATE	2022-23
5.	DR.ASIF MOHAMED	CRRI	2017-18
6.	DR.BALAVINOD	CRRI	2017-18
7.	DR.BINDU PRIYA	CRRI	2017-18
8.	DR.BHUVANASRI	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

AWARENESS CAMP FOR DEWORMING AMONG SCHOOL CHILDREN AT ANAKAPUTHUR

VENUE: Sree Ram Primary School, Kamatchi Nagar, Anakaputhur

DATE:09-09-2022

Number of beneficiaries: 68

AWARENESS CAMP FOR DEWORMING AMONG SCHOOL CHILDREN AT SREE RAM PRIMARY SCHOOL, ANAKAPUTHUR ON 09-09-2022

AWARENESS CAMP FOR DEWORMING AMONG SCHOOL CHILDREN AT SREE RAM PRIMARY SCHOOL, ANAKAPUTHUR ON 09-09-2022

HEALTH EDUCATION GIVEN:

On Deworming Day, we conducted an awareness campaign in Sree Ram primary school, Anakaputhur. Total students were 68. Among 68, 32 were males and 36 were females.

Students targeted were from preschool to grade 5. All school children underwent general clinical examination. Advice regarding their respective health status was given to their respective class teachers.

Participants were educated on how worm infections affect health, cause malnutrition, anemia etc. Teachers were taught how to treat and the frequency of deworming their children at schools. Basic awareness was also given on improving basic hygiene, sanitation and good food practices. Children who were not dewormed were also given Albendazole tablets.

HEALTH AWARENESS CAMP ON DEWORMING AMONG SCHOOL CHILDREN AT UHTC. ANAKAPUTHUR ON 09-09-2022.

S.NO	NAME	DESIGNATION	BATCH
1.	DR.JHANSI RANI	MEDICAL OFFICER	-
2.	DR.P.M.AISHWARYA	ASSISTANT PROFESSOR	-
3.	DR.THAMARAI KANNAN	POSTGRADUATE	2020-21
4.	DR.VINOTH	POSTGRADUATE	2020-21
5.	MR.HARIHARAN	CRRI	2017-18
6.	MR.BALA	CRRI	2017-18
7.	MS.YAMINI	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN

AT ANAKAPUTHUR

VENUE:Balaji nursery and primary school, Pillayar Kovil street, Anakaputhur

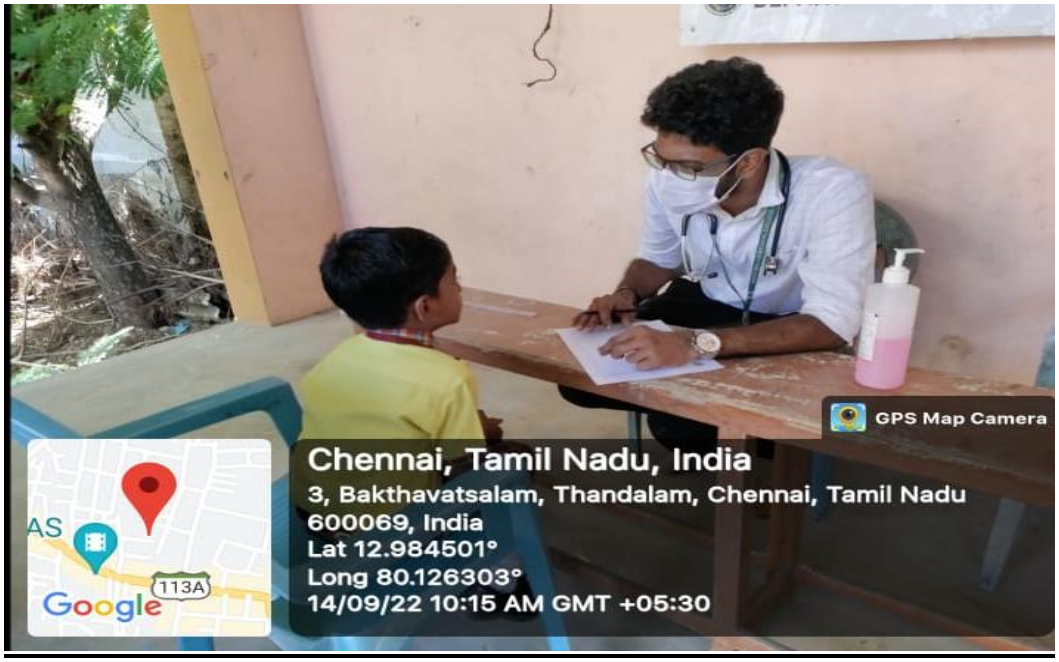
DATE:14-09-2022

Number of beneficiaries: 114

SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON 14-09-22 AT BALAJI NURSERY AND PRIMARY SCHOOL

SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON 14-09-22 AT BALAJI NURSERY AND PRIMARY SCHOOL

SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON 14-09-22 AT BALAJI NURSERY AND PRIMARY SCHOOL



HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , UHTC ANAKAPUTHUR ON ON 14-09-22 AT BALAJI NURSERY AND PRIMARY SCHOOL

HEALTH CAMP :

Registration for the participants were made. All school children underwent general clinical examination. Children's anthropometry was measured. They were assessed for cleanliness & hygiene, dental caries. Advice regarding their respective health status was given. 66 were males and 48 were females. Out of 114 participants 4 were referred to Sree Balaji Medical College & Hospital for further management

HEALTH EDUCATION GIVEN:

The health awareness on self-hygiene was given to the school children at Sree Balaji nursery and primary school, Anakaputhur. All the participants were given advice with respect to hand hygiene, foot care (avoid bare foot walking), food hygiene and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT UHTC.

ANAKAPUTHUR ON 27-07-2022.

S.NO	NAME	DESIGNATION	BATCH
1.	DR.JHANSI RANI	MEDICAL OFFICER	-
2.	DR.P.M.AISHWARYA	ASSISTANT PROFESSOR	-
3.	DR.THAMARAI KANNAN	POSTGRADUATE	2020-21
4.	DR.MONICA ALBERT	POSTGRADUATE	2021-22
5.	MR.HARIHARAN	CRRI	2017-18
6.	MR.BALA	CRRI	2017-18
7.	MS.SURESH BALAJI	CRRI	2017-18
8.	MS.YAMINI	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN

AT PADAPPAI

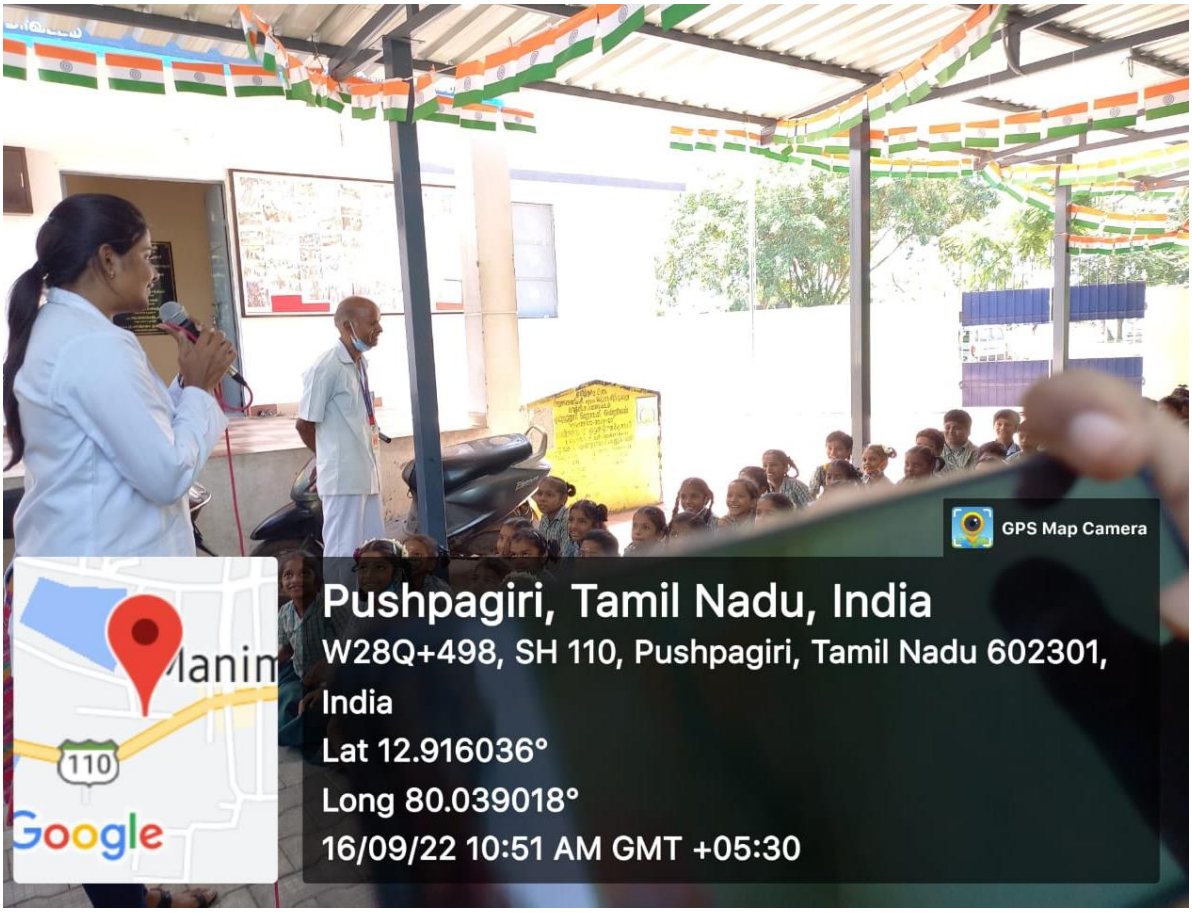
VENUE:Panchayat union primary school, Padappai

DATE:16-09-2022

Number of beneficiaries: 150

HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , RHTC PADAPPAI ON 16-9-22 AT PANCHAYAT UNION PRIMARY SCHOOL

SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE , RHTC PADAPPAI ON 16-9-22 AT PANCHAYAT UNION PRIMARY SCHOOL



SCHOOL HEALTH EDUCATION & AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, RHTC PADAPPAI ON 16-9-22 AT PANCHAYAT UNION PRIMARY SCHOOL

HEALTH CAMP :

All children from the school were made to sit on the ground. Health education was given in terms of hygiene, health habits, eating healthy food, avoiding screen times. Students were of the age between 7 to 10 years and were attentive. The also interacted when games were played and asked questions on health-related queries by the end of the session. After the session got over, teachers and housekeeping staffs were given health checkups, sugar levels and BP levels were checked, health related problems were also addressed. A few were referred to RHTC for further evaluation.

HEALTH EDUCATION GIVEN:

The health awareness on self-hygiene was given to the school children at Panchayat union primary school, padappai. All the participants were given advice with respect to hand hygiene, foot care (avoid bare foot walking) and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT UHTC.

PADAPPAI ON 16-09-2022.

S.NO	NAME	DESIGNATION	BATCH
1.	DR.HARIHARAN	ASSISTANT PROFFESOR	-
2.	DR.SURYA	POSTGRADUATE	2020-2021
3.	DR.KARTHIK	POSTGRADUATE	2020-21
4.	DR.SARATHKUMAR	POSTGRADUATE	2020-21
5.	DR. SHIRLEY	POSTGRADUATE	2021-2022
6.	MS.JOSHIKA	CRRI	2017-18
7.	MS.MACHLIN	CRRI	2017-18
8.	MR.KATHICK	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

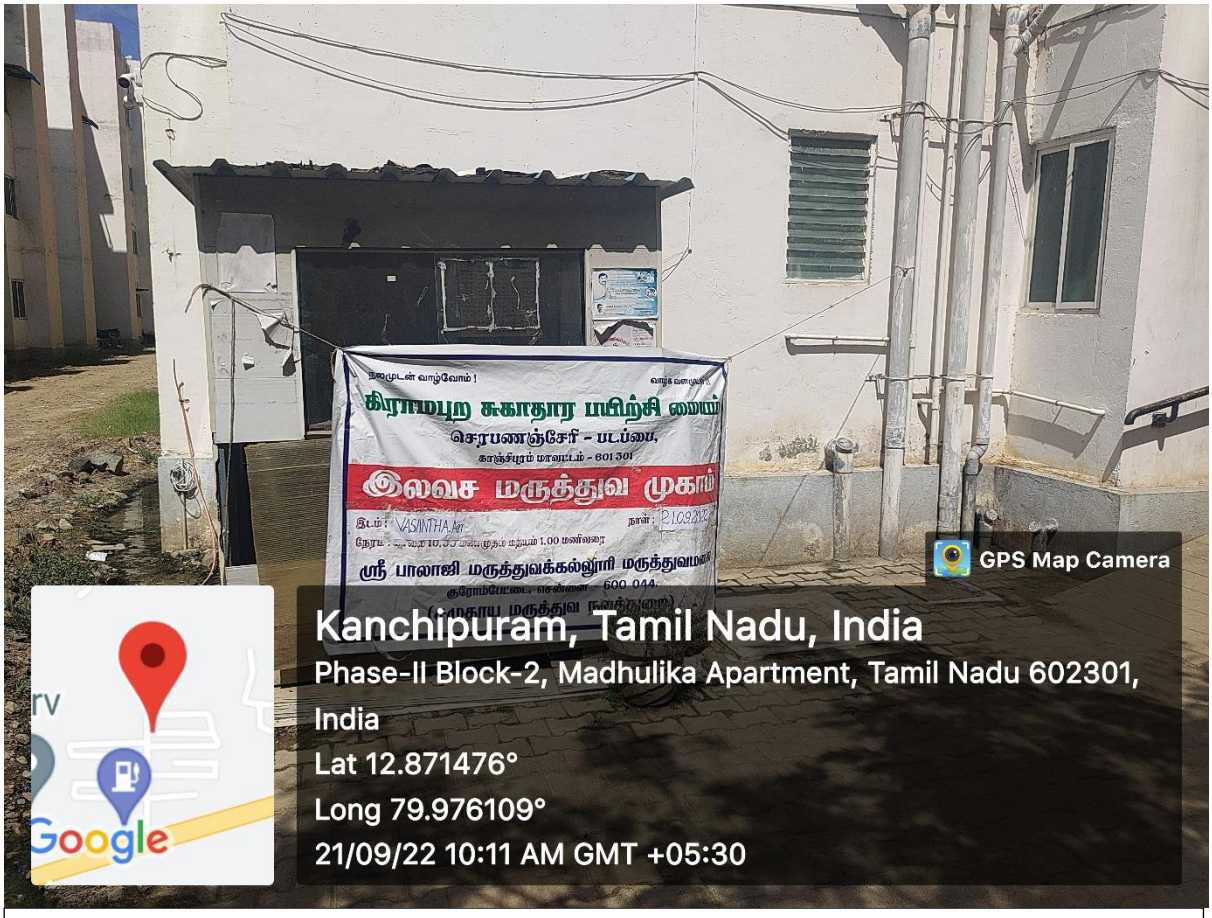
DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP IN PADAPPAI

VENUE: Karanithangal **DATE**: 21/09/2022

TIME: 10 AM TO 1 PM

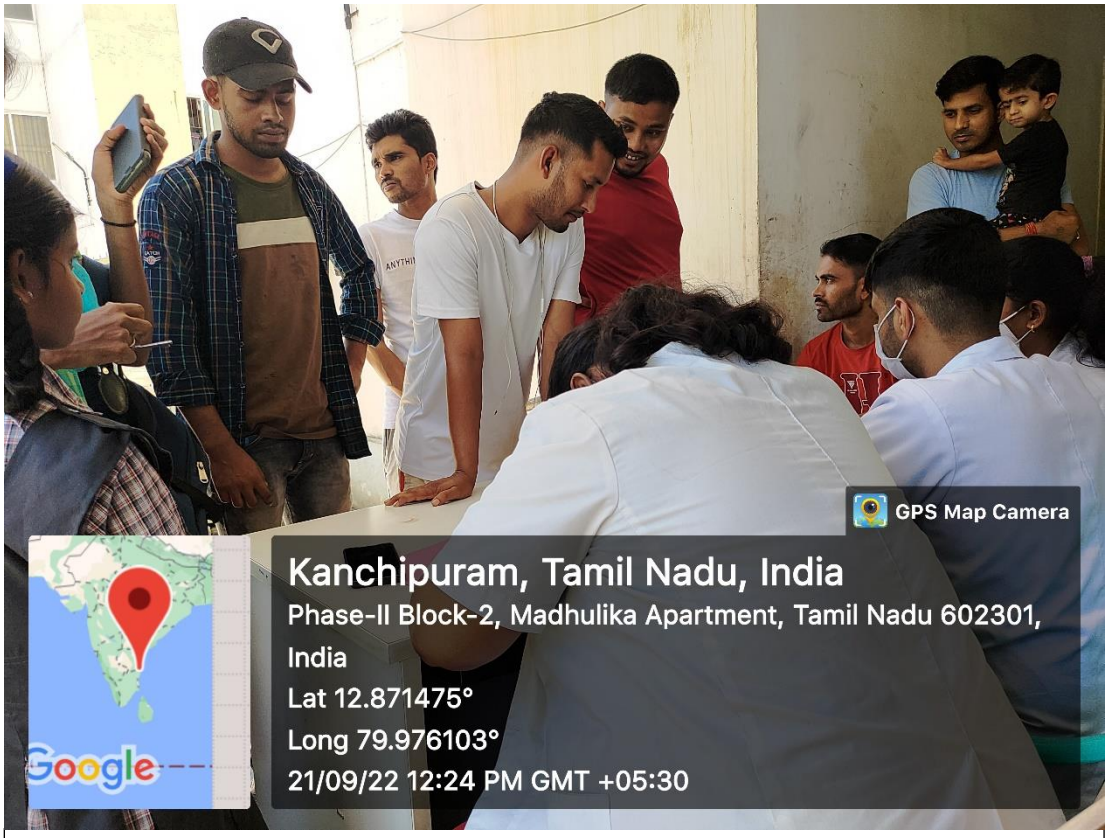
TOTAL BENEFICIARIES: 98



FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 21-09-2022 AT KARANITHANGAL

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 21-09-2022 AT KARANITHANGAL

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 21-09-2022 AT KARANITHANGAL



FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 21-09-2022 AT KARANITHANGAL

FREE MEDICAL CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 98 participants, 13 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

FREE MEDICAL CAMP AT PADAPPAI ON 21-09-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.KARTHIK	POSTGRADUATE	2020-21
2.	DR.SURYA	POSTGRADUATE	2020-21
3.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
4.	DR.SHIRLY	POSTGRADUATE	2022-23
5.	DR.ASIF MOHAMED	CRRI	2017-18
6.	DR.BALAVINOD	CRRI	2017-18
7.	DR.BINDU PRIYA	CRRI	2017-18
8.	DR.BHUVANASRI	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH SCREENING CAMP IN ANAKAPUTHUR

VENUE: BALAJI GARMENTS, PILLAYAR KOIL STREET, ANAKAPUTHUR **DATE**: 23/09/2022

TIME: 10AM TO 12.30PM

TOTAL BENEFICIARIES:

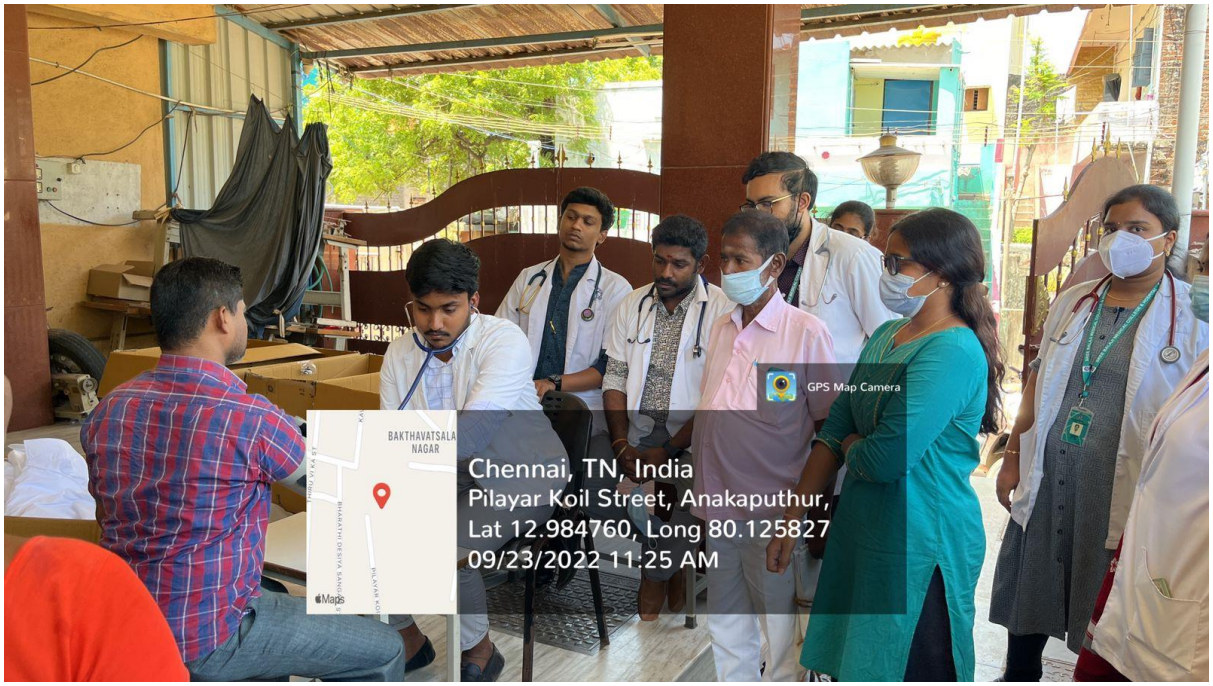
MALE: 6

FEMALE: 48

TOTAL: 54

FREE HEALTH SCREENING CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUTHUR ON 23-09-2022 AT BALAJI GARMENTS, PILLAYAR KOIL STREET, ANAKAPUTHUR.

FREE HEALTH SCREENING CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUTHUR ON 23-09-2022 AT BALAJI GARMENTS, PILLAYAR KOIL STREET, ANAKAPUTHUR.



FREE HEALTH SCREENING CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUTHUR ON 23-09-2022 AT BALAJI GARMENTS, PILLAYAR KOIL STREET, ANAKAPUTHUR.

FREE HEALTH SCREENING CAMP:

Registration for the participants were done. All registered participants were provided with an OP card. Vitals were recorded.

GENERAL HEALTH SCREENING:

All the participants underwent general clinical examination. The participants were screened for diabetes by recording CBG and hypertension by recording blood pressure. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 54 participants, 3 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

People with high risk of developing diabetes and hypertension were explained regarding the importance of preventive measures like modification of dietary habits, regular exercising, healthy life style, regular medication and follow up investigations and frequent health check-ups. Participants were also explained about the preventive measures and warning signs of dengue and malaria.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH SCREENING CAMP IN ANAKAPUTHUR

VENUE: BALAJI GARMENTS, PILLAYAR KOIL STREET, ANAKAPUTHUR **DATE**: 23/09/2022

TIME: 10AM TO 12.30PM

HEALTH CARE TEAM

S.NO	NAME	DESIGNATION	BATCH
1.	DR.PRAGADEESH	POSTGRADUATE	2020-21
2.	DR.VINOTH	POSTGRADUATE	2020-21
3.	DR.THAMARAI KANNAN	POSTGRADUATE	2020-21
4.	DR.MONICA	POSTGRADUATE	2021-22
5.	DR.VYSHNAVI	CRRI	2017-18
6.	DR.YUVADHARINI	CRRI	2017-18
7.	DR.SUREKHA	CRRI	2017-18
8.	DR.SURESH BALAJI	CRRI	2017-18
9.	DR.BALA SUBRAMANIAM	CRRI	2017-18
10.	DR.MANIAN	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

VOLUNTARY BLOOD DONATION AWARENESS CAMP

VENUE: RHTC, Padappai

DATE: 1/10/2022

TIME: 10 AM TO 12:00 PM

TOTAL BENEFICIARIES: 38

OBJECTIVES

To create awareness to the general public on Voluntary Blood donation

Blood transfusion is an indispensable component of health care. Still many patients die or suffer unnecessarily because they do not have access to safe blood transfusion. In many developing and transitional countries there is a widespread shortfall between blood requirements and blood supplies. A voluntary blood donor gives blood, plasma or cellular components of his or her own free will and receives no payment. The countries with the highest levels of blood donation are **Austria (66%), France (52%), Greece and the Republic of Cyprus (51%)**.

People who can donate are

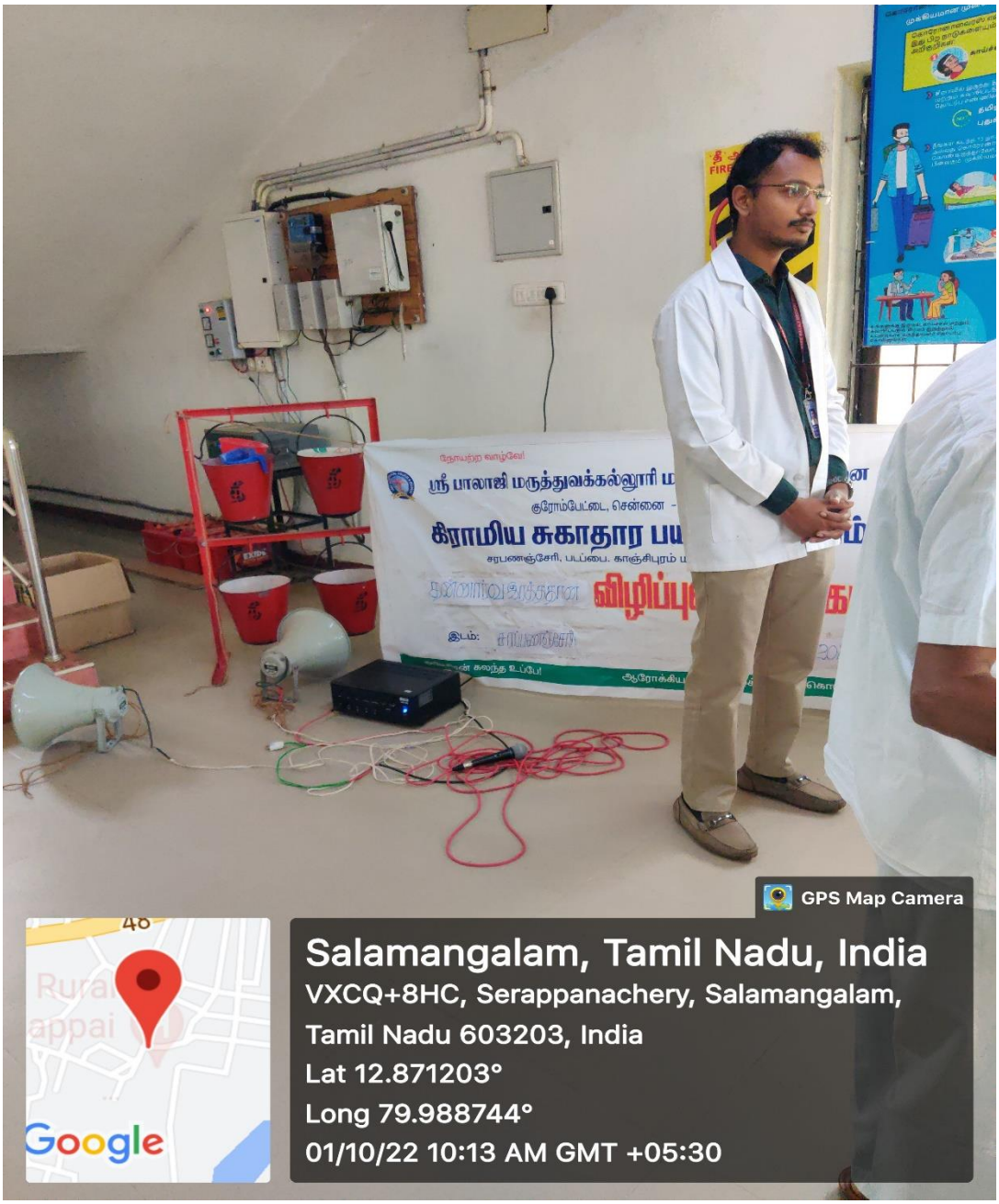
1. Aged between 18-65
2. Weight must be more than 50kg
3. Person must be healthy and must not suffer from diseases like liver disease, Sexually Transmitted diseases, Cardiac problems, and should not be having a temperature of more than 99.5 F during the time of donation,.

The amount of blood drawn and the methods vary. The collection can be done manually or with automated equipment that takes only specific components of the blood. Most of the components of blood used for transfusions have a short shelf life, and maintaining a constant supply is a persistent problem. This has led to some increased interest in autotransfusion, whereby a patient's blood is salvaged during surgery for continuous reinfusion—or alternatively, is self-donated prior to when it will be needed. Generally, the notion of donation does not refer to giving to one's self, though in this context it has become somewhat acceptably idiomatic.

HEALTH AWARENESS TEAM

1.	Dr.Supraja
2.	Dr Raghul
3.	Dr.Sushmitha G

VOLUNTARY BLOOD DONATION AWARENESS CAMP, IN RHTC, PADAPPAI ON 1/10/2022



VOLUNTARY BLOOD DONATION AWARENESS CAMP, IN RHTC, PADAPPAI ON 1/10/2022

GPS Map Camera
Nigeria
Google
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X43Q+Q22, Shankar Nagar, Chromepet,
Chennai, Tamil Nadu 600044, India
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Long 80.137552°
01/10/22 10:13 AM GMT +05:30

GPS Map Camera
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VXCQ+8HC, Serappanachery, Salamangalam,
Tamil Nadu 603203, India
Lat 12.871005°
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SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Karanithemgal, Padappai

DATE: 15/10/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 60

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 60 participants 10 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

Lifestyle modification, adviced to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health

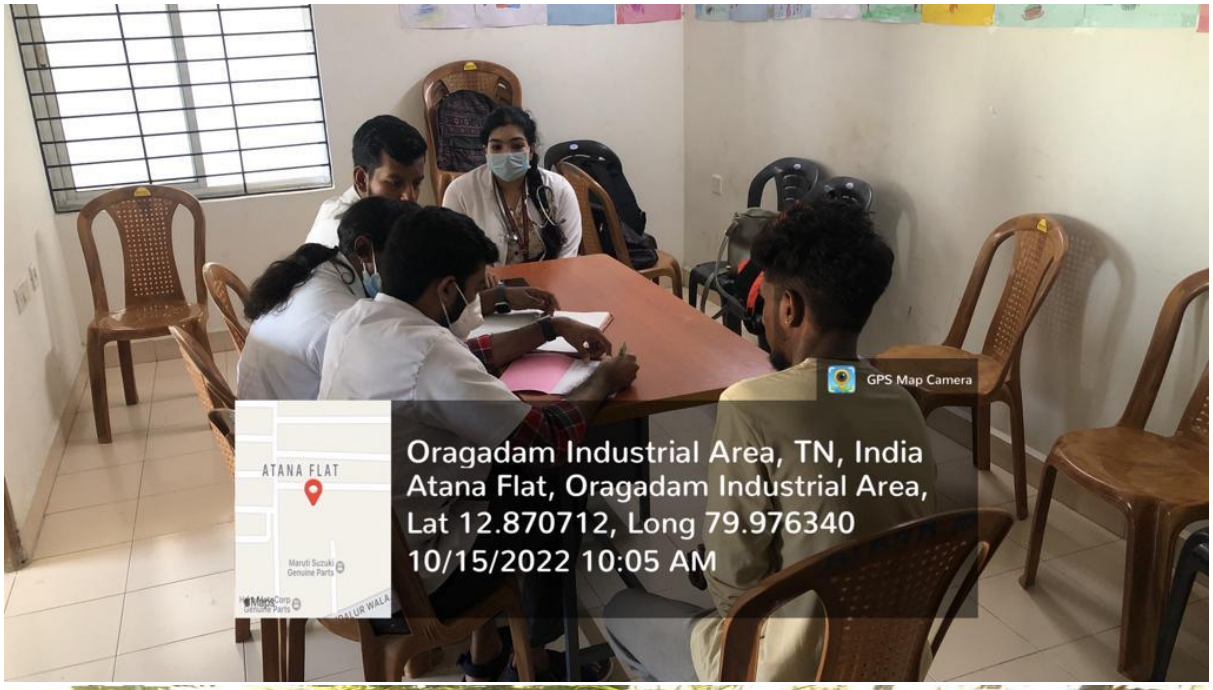
Health awareness Team

1.	Dr.Supraja
2.	Dr.Raghul
3.	Dr. Abisheikanna
4.	Dr. Akash
5.	Dr. Alice Agnes Jeniffer
6.	Dr. Sneha
7.	Dr. Naveena
8.	Dr. Amarjith
9.	Dr Anitha

FREE MEDICAL CAMP AT KARANITHEMGAL, ON 15/10/22

FREE MEDICAL CAMP AT KARANITHEMGAL, ON 15/10/22

FREE MEDICAL CAMP AT KARANITHEMGAL, ON 15/10/22



FREE MEDICAL CAMP AT KARANITHEMGAL, ON 15/10/22

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

GENERAL HYGIENE AWARENESS CAMP

VENUE: PRIMARY SCHOOL, VANCHUVANCHERI

DATE: 17/10/2022

TIME: 10 AM TO 12:00 PM

TOTAL BENEFICIARIES: 36

OBJECTIVE:

The objective is to create health awareness for general hygiene.

The school students from 1st to 5th std belonging to Govt, Primary school, Vanchuvancheri , were visited for a health awareness camp. Health awareness regarding Personal hygiene was delivered by the Postgraduates. According to the World Health Organization (WHO), hygiene refers to “conditions and practices that help to maintain health and prevent spread of diseases”. Even in our contemporary society, good hygiene practices continue to be the primary disease-prevention strategy. As described earlier, hygiene is one of the *silent* victories of public health. A good hygiene must involve maintaining good oral health, hand washing habits after defecation and before and after meals, face washing, cutting finger nails and bathing. Menstrual hygiene takes supreme importance among personal hygiene habits of females.

Maintaining hygiene is necessary for many reasons-personal, social, health and psychological and keeping good standard of hygiene helps to prevent the development and spread of infections, illnesses and bad odours.

HEALTH AWARENESS TEAM

1.	Dr.Pragadeesh
2.	Dr.Sushmitha G

GENERAL HYGIENE AWARENESS CAMP, IN VANCHUVANCHERI ON 17/10/2022

GENERAL HYGIENE AWARENESS CAMP, IN VANCHUVANCHERI ON 17/10/2022

GENERAL HYGIENE AWARENESS CAMP, IN VANCHUVANCHERI ON 17/10/2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Kuzagalcheri, Padappai

DATE: 21/10/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 62

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 62 participants 10 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

Lifestyle modification, adviced to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health

Health awareness Team

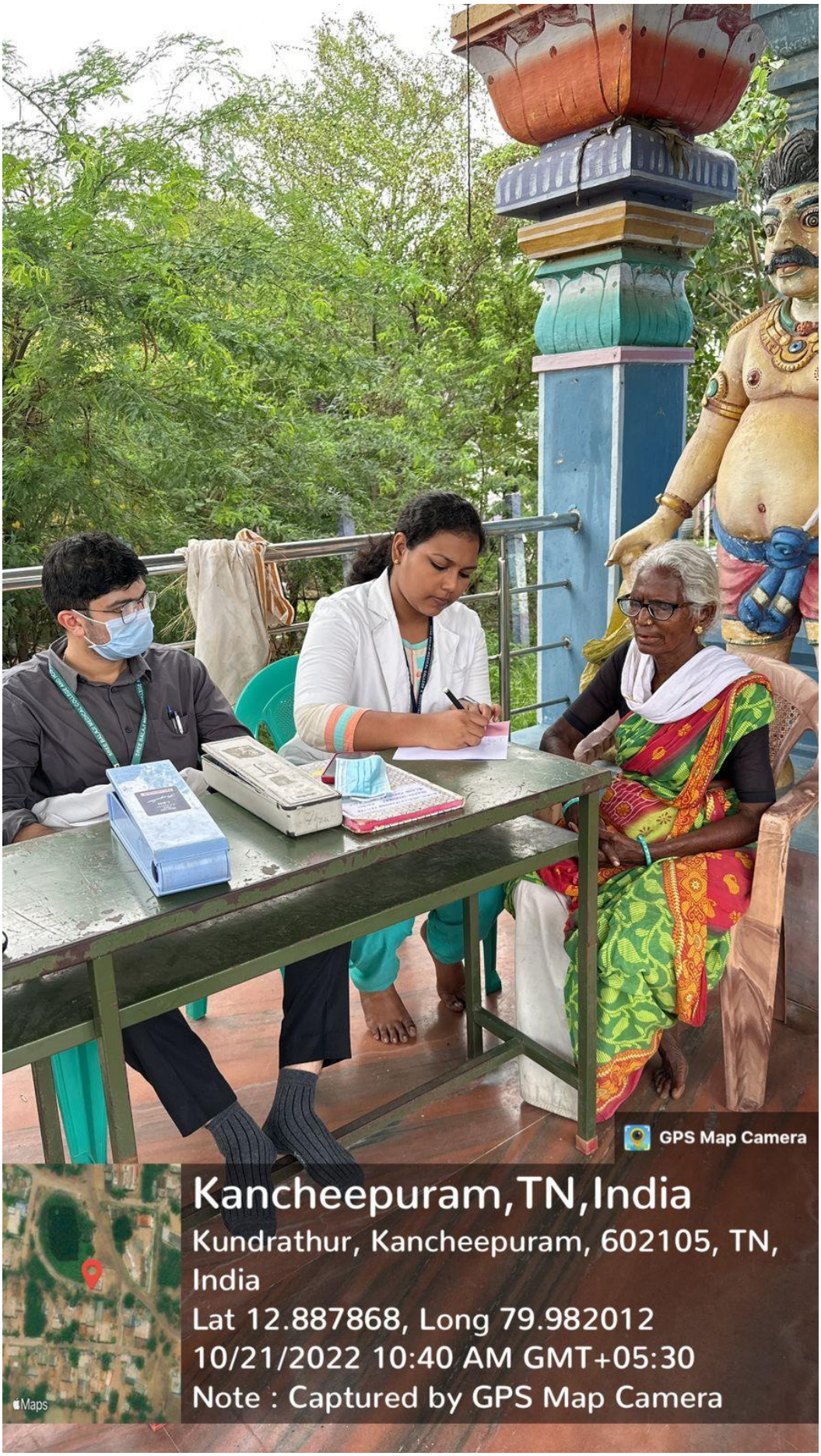
1.	Dr. Sushmitha
2.	Dr. Aftab
3.	Dr. Abhinav
4.	Dr. Anaga
5.	Dr. Abinaya R
6.	Dr. Aarthika
7.	Dr. Abinaya S

FREE MEDICAL CAMP AT Kuzagalcheri, Padappai on 21/10/2022

FREE MEDICAL CAMP AT Kuzagalcheri, Padappai on 21/10/2022

FREE MEDICAL CAMP AT Kuzagalcheri, Padappai on 21/10/2022

FREE MEDICAL CAMP AT Kuzagalcheri, Padappai on 21/10/2022



SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

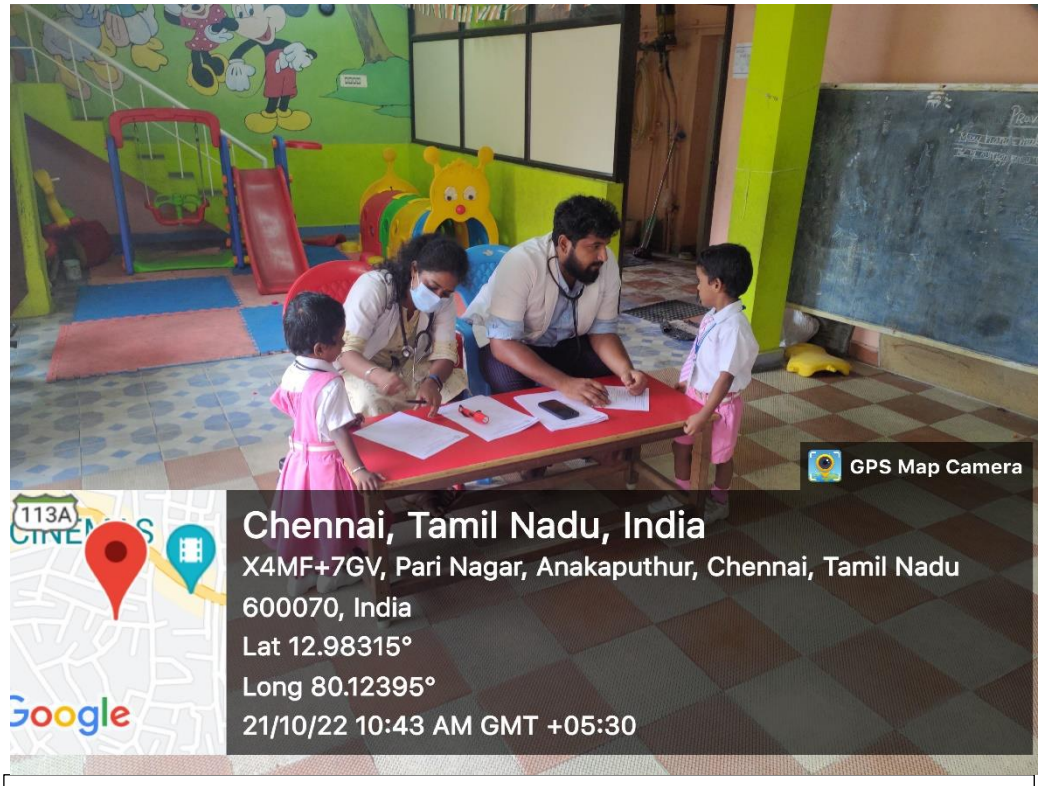
FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT ANAKAPUTHUR

Venue: Sri Ram primary school, Anakaputhur **Date:21.10.2022**

Number of beneficiaries: 95

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 21-10-2022 AT SRI RAM PRIMARY SCHOOL

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 21-10-2022 AT SRI RAM PRIMARY SCHOOL



HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 21-10-2022 AT SRI RAM PRIMARY SCHOOL

HEALTH CAMP :

Registration for the participants were made. All school children underwent general clinical examination. Children's anthropometry was measured. They were assessed for cleanliness & hygiene, dental caries. Advice regarding their respective health status was given. Out of 95 participants 11 were referred to Sree Balaji Medical College & Hospital for further management

HEALTH EDUCATION GIVEN:

The health awareness on self-hygiene was given to the school children at Panchayat union primary school, Anakaputhur. All the participants were given advice with respect to hand hygiene, foot care (avoid bare foot walking) and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT UHTC, ANAKAPUTHUR ON 21-10-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
2.	DR.SURYA	POSTGRADUATE	2020-21
3.	MR.ABDUL RAHUMAN	CRRI	2015-16
4.	MR.CIBI	CRRI	2016-17
5.	MS.DEVA PRIYA	CRRI	2016-17
6.	MR.JEYAGANESH	CRRI	2016-17
7.	MS.PERUMALLA NAGALAKSHMI NAVEENA	CRRI	2016-17
8.	MR.YUVANASH	CRRI	2016-17

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP IN ANAKAPUTHUR

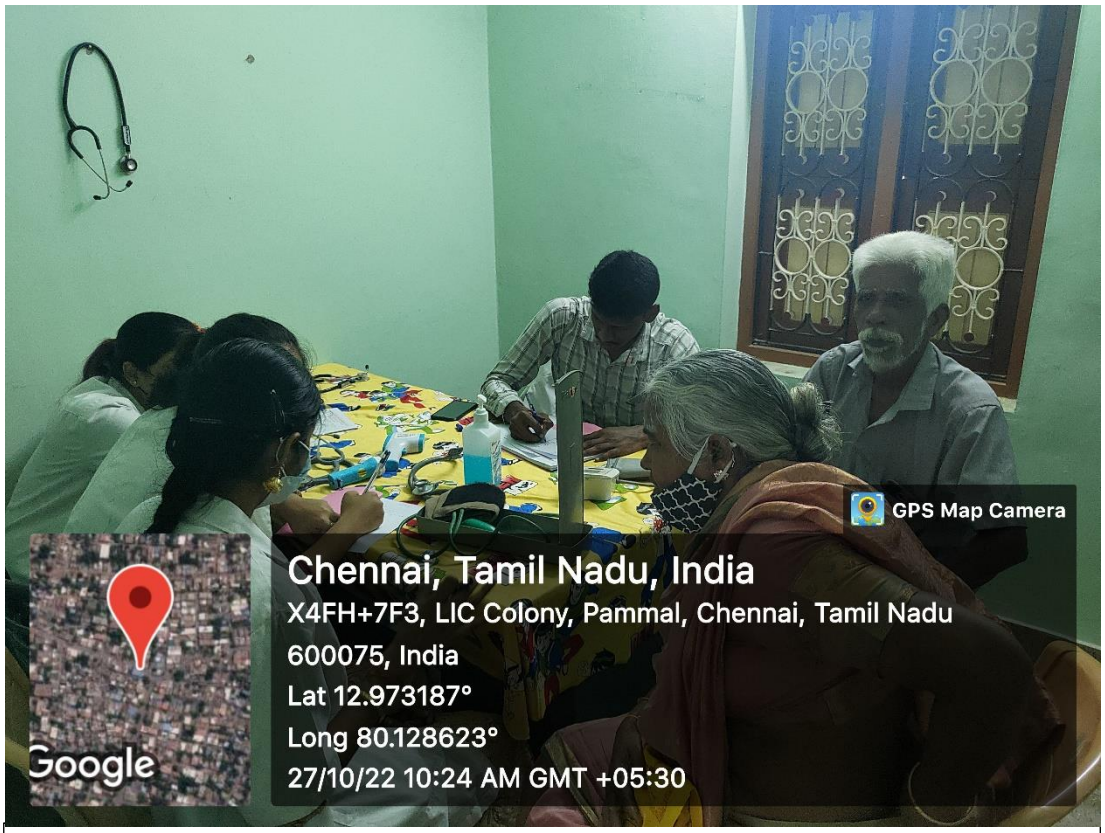
VENUE: Moovendar Nagar **DATE**: 27/10/2022

TIME: 10 AM TO 1 PM

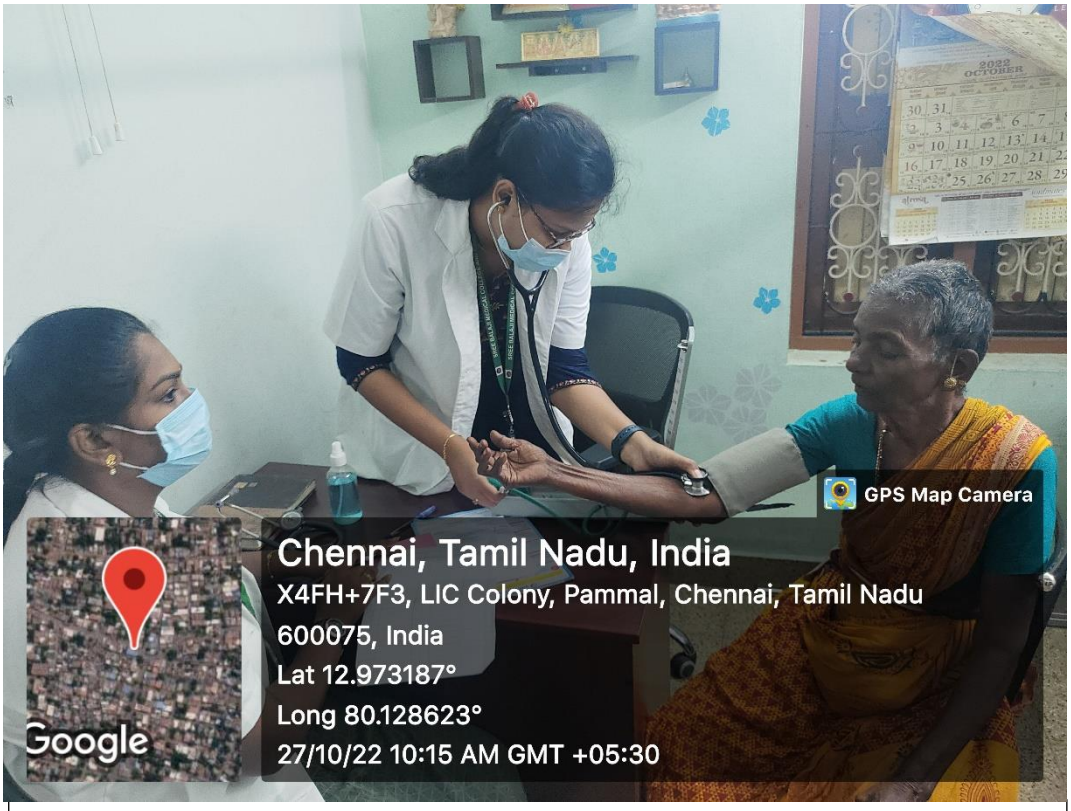
TOTAL BENEFICIARIES: 40

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUHUR ON 27-10-2022 AT MOOVENDAR NAGAR

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUHUR ON 27-10-2022 AT MOOVENDAR NAGAR



FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUHUR ON 27-10-2022 AT MOOVENDAR NAGAR



FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE UHTC ANAKAPUHUR ON 27-10-2022 AT MOOVENDAR NAGAR

FREE MEDICAL CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 40 participants, 14 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

FREE MEDICAL CAMP AT ANAKAPUTHUR ON 27-10-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.SURYA	POSTGRADUATE	2020-21
2.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
3.	DR.GAYATHRI	POSTGRADUATE	2022-23
4.	DR.ABDUL RAHMAN	CRRI	2016-17
5.	DR.YUVANASHRI	CRRI	2016-17
6.	DR.CHRISTY AZMI	CRRI	2016-17
7.	DR.AARTHI SHREE	CRRI	2016-17

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

CANCER AWARENESS CAMP IN ANAKAPUTHUR

VENUE: UNTC,Anakaputhur **DATE**: 28/10/2022

TIME: 10 AM TO 11.30 AM

TOTAL BENEFICIARIES: 27

CANCER AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 28-10-2022

CANCER AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 28-10-2022

AWARENESS CREATED:

General awareness was created regarding the cause and symptoms of cancer. It is one of the non – communicable disease which is becoming more prevalent now a days. The most common cancer among women is breast cancer followed by cervical cancer. There are various risk factors associated with these cancers such as family history, nulliparity, unsafe sexual practices, Human Papiloma Virus, inappropriate dietary habits, obesity, modified lifestyle behaviour.

These cancers are treatable and curable provided diagnosed in early stages. Hence health education about self-examination of breast, menstrual hygiene, safe sexual practices, regular physical activity and maintenance of healthy diet were informed to the participants. The importance of health seeking behaviour was explained to the participants

CANCER AWARENESS CAMP IN ANAKAPUTHUR ON 28-10-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
2.	DR.SURYA	POSTGRADUATE	2020-21
3.	DR.GAYATHRI	POSTGRADUATE	2022-23
4.	MS.YUVAHDARINI	POSTGRADUATE	2017-18
5.	MS.VYSHNAVI	CRRI	2017-18
6.	MS.SUREKHA	CRRI	2017-18
7.	MS.AARATHI	CRRI	2017-18
8.	MS.AKANSHA	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Vattampakkam, Padappai

DATE: 11/11/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 23

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 23 participants 6 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

Lifestyle modification, adviced to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health

Health awareness Team

1.	Dr.Siddharthan
2.	Dr.Abdhul Rahuman
3.	Dr. Atul Nair
4.	Dr. Akash Kumar
5.	Dr. Aarthi Sindhu
6.	Dr. Aarthi Sree
7.	Dr. Arthi

FREE MEDICAL CAMP AT VATTAMPAKKAM-PADAPPAI, ON 11/11/22

FREE MEDICAL CAMP AT VATTAMPAKKAM, ON 11/11/22

FREE MEDICAL CAMP AT VATTAMPAKKAM, ON 11/11/22

FREE MEDICAL CAMP AT VATTAMPAKKAM, ON 11/11/22

FREE MEDICAL CAMP AT VATTAMPAKKAM, ON 11/11/22

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

DIABETES MELLITUS AWARENESS CAMP

VENUE: RHTC, Padappai

DATE: 14/11/2022

TIME: 10 AM TO 12:00 PM

TOTAL BENEFICIARIES: 47

OBJECTIVES

To create awareness to the general public on Diabetes mellitus and educate people about personal hygiene , exercise ,diet and overall lifestyle modification.

Diabetes mellitus

Diabetes mellitus consists of an array of dysfunction characterized by hyperglycaemia and resulting from the combination of resistance to insulin action. Inadequate insulin secretion and excessive or inappropriate glucagon secretion and autoimmune (type 1 DM) destruction of beta cells in pancreas.

Signs and symptoms

Classic symptoms -polyuria, polydipsia ,polyphagia and weight loss

Blurred vision

Giddiness

Lower extremity paraesthesia

Risk factors

Age more than 45 years

Obesity

Family history

Drug induced-eg steroid

PCOD

Investigation- RBS,FBS,PPBS,HbA1C,Urine sugar, GTT

Prevention

Avoiding excess carbohydrates or sugary foods

Regular exercise-walking 45 mins per day and physically active

Splitting meals into small portions

Regular check ups

Avoid alcohol and smoking

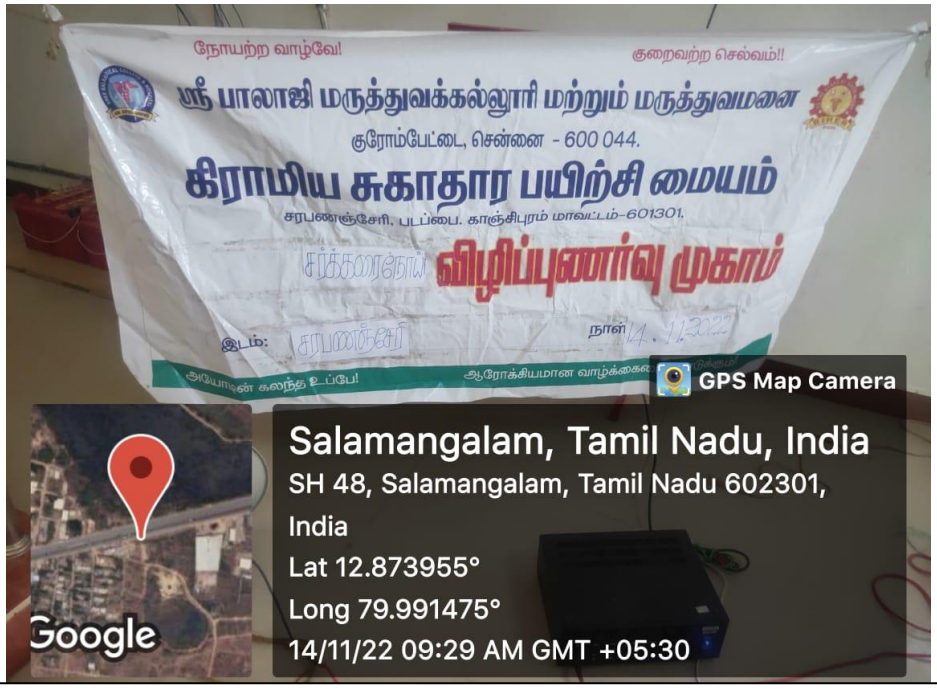
Timely meals

HEALTH AWARENESS TEAM

DIABETES MELLITUS AWARENESS CAMP, IN RHTC, PADAPPAI ON 14/11/2022

1.	Dr.Shengakamalam
2.	Dr Magesh
3.	Dr.Siddharthan

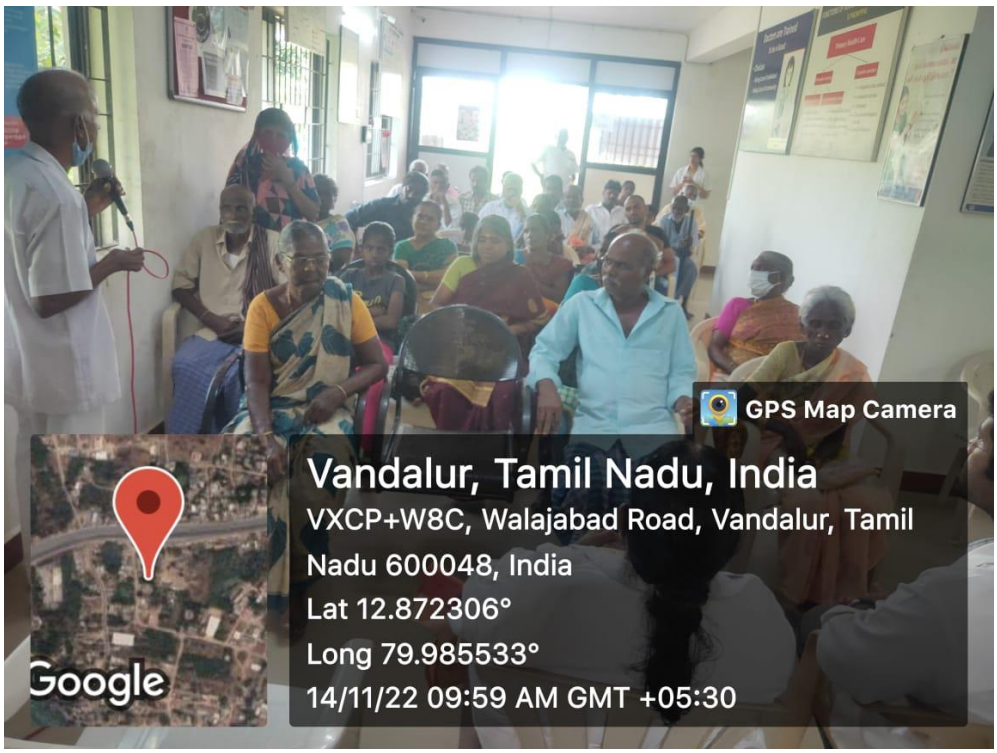
DIABETES MELLITUS AWARENESS CAMP, IN RHTC, PADAPPAI ON 14/11/2022



DIABETES MELLITUS AWARENESS CAMP, IN RHTC, PADAPPAI ON 14/11/2022

DIABETES MELLITUS AWARENESS CAMP, IN RHTC, PADAPPAI ON 14/11/2022

DIABETES MELLITUS AWARENESS CAMP, IN RHTC, PADAPPAI ON 14/11/2022



DIABETES MELLITUS AWARENESS CAMP, IN RHTC, PADAPPAI ON 14/11/2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Salamangalam, Padappai

DATE: 18/11/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 120

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 120 participants 50 were referred to Sree Balaji medical college and Hospital for further evaluation.

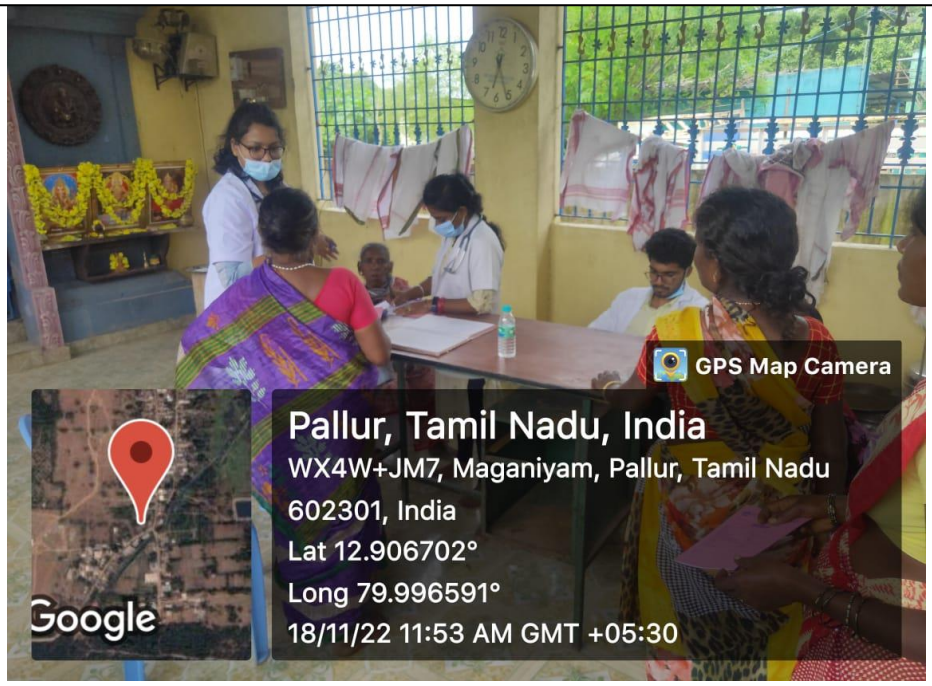
Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

Lifestyle modification, adviced to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health

Health awareness Team

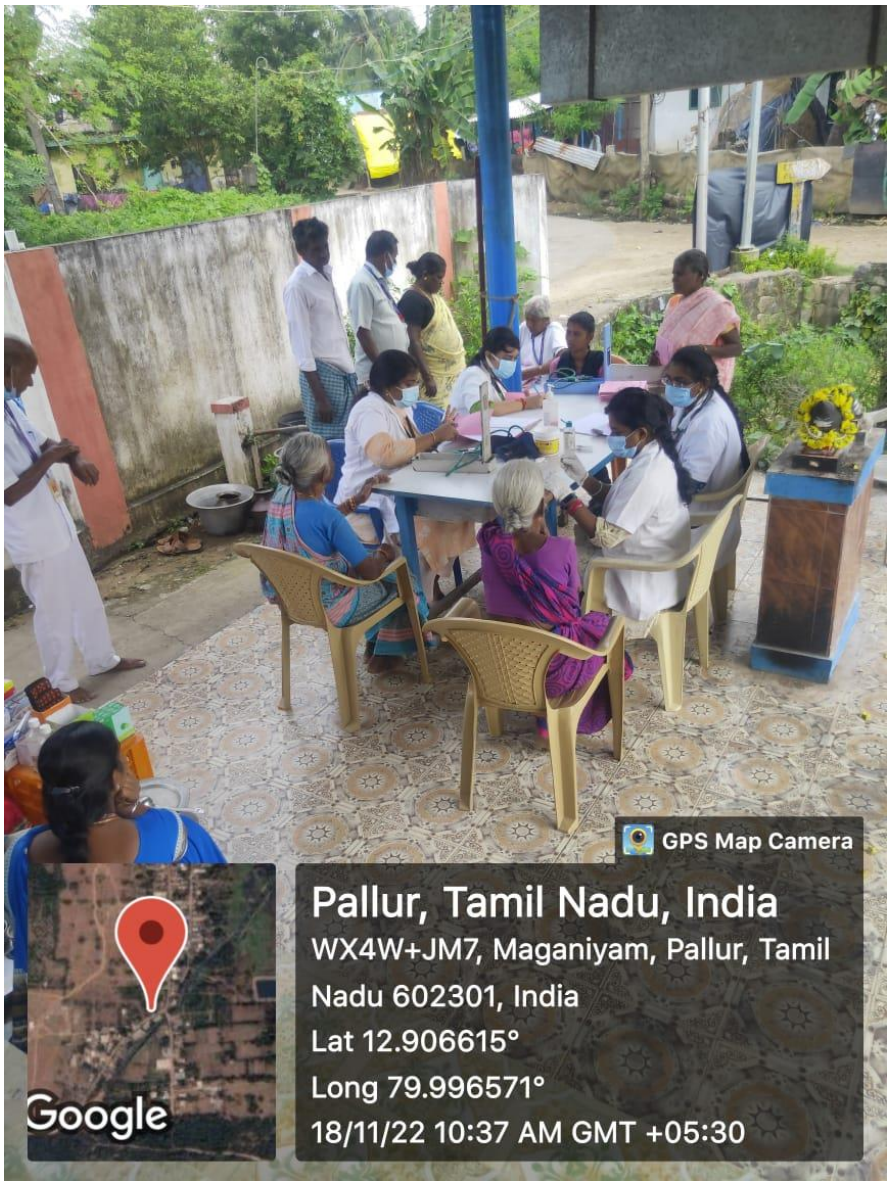
1.	Dr. Ramkumar
2.	Dr. Siddharthan
3.	Dr. Cibi
4.	Dr. Ramya
5.	Dr. Arthi.D.R
6.	Dr. Arthi Sindhu
7.	Dr. Deva Priya
8.	Dr.Aarthi Sree

FREE MEDICAL CAMP AT Salamangalam Padappai on 18/11/2022



FREE MEDICAL CAMP AT Salamangalam Padappai on 18/11/2022

FREE MEDICAL CAMP AT Salamangalam Padappai on 18/11/2022



FREE MEDICAL CAMP AT Salamangalam, Padappai on 18/11/2022

FREE MEDICAL CAMP AT Salamangalam, Padappai on 18/11/2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT ANAKAPUTHUR

Venue: Kidzee school, Anakaputhur. **Date:22.11.2022**

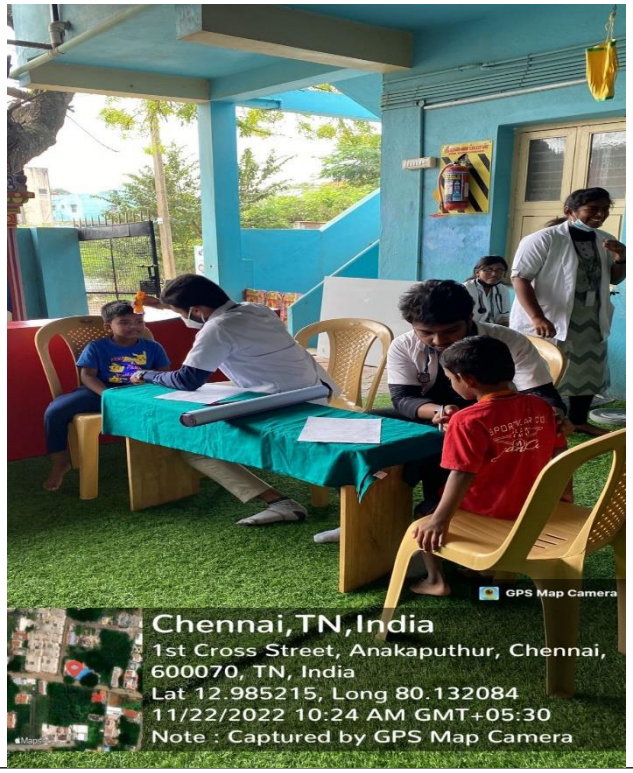
Number of beneficiaries: 83

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 22-11-2022 KIDZEE SCHOOL, ANAKAPUTHUR.

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 22-11-2022 KIDZEE SCHOOL, ANAKAPUTHUR.

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 22-11-2022 KIDZEE SCHOOL, ANAKAPUTHUR.

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 22-11-2022 KIDZEE SCHOOL, ANAKAPUTHUR.



HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, UHTC ANAKAPUTHUR ON 22-11-2022 KIDZEE SCHOOL, ANAKAPUTHUR.

HEALTH CAMP :

Registration for the participants were made. All school children underwent general clinical examination. Children's anthropometry was measured. They were assessed for cleanliness & hygiene, dental caries. Advice regarding their respective health status was given. Out of 83 participants 8 were referred to Sree Balaji Medical College & Hospital for further management

HEALTH EDUCATION GIVEN:

The health awareness on self-hygiene was given to the school children at Kidzee school, Anakaputhur. All the participants were given advice with respect to hand hygiene and nutrition, foot care (avoid bare foot walking) and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT UHTC, ANAKAPUTHUR ON 22-11-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.MADHUMITHA.JR	ASSISTANT PROFESSOR	-
2.	DR.P.VINOTH KUMAR	POSTGRADUATE	2020-21
3.	MR.ABDUL KABEER	CRRI	2015-16
4.	MS.ASWATHAMINI	CRRI	2016-17
5.	MR.ASWIN SUNDAR	CRRI	2016-17
6.	MS.ABINISHA	CRRI	2016-17
7.	MS.SHRIVIDYA	CRRI	2016-17
8.	MR.BHARATH RAM	CRRI	2016-17

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

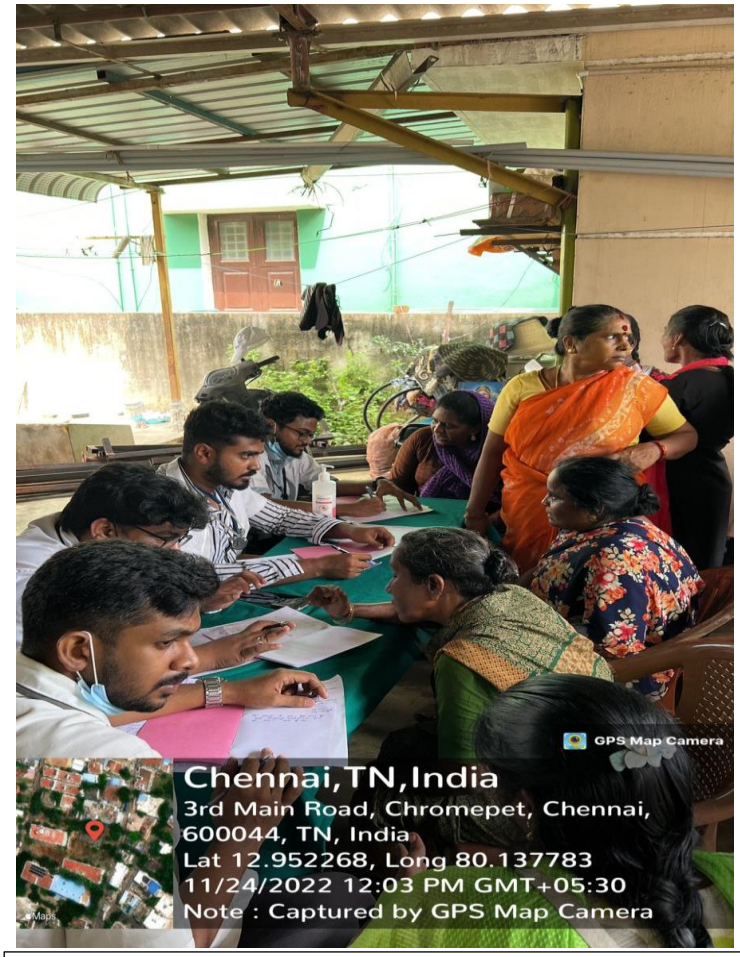
SCREENING AND HEALTH AWARENESS CAMP IN ANAKAPUTHUR

VENUE: Anna Nagar,Anakaputhur. **DATE**:24/11/2022

TIME: 10 AM TO 12.30 PM

TOTAL BENEFICIARIES: 57

SCREENING AND HEALTH AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANNA NAGAR, ANAKAPUTHUR ON 24-11-2022



SCREENING AND HEALTH AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANNA NAGAR, ANAKAPUTHUR ON 24-11-2022

SCREENING AND HEALTH AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANNA NAGAR, ANAKAPUTHUR ON 24-11-2022

SCREENING AND HEALTH AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANNA NAGAR, ANAKAPUTHUR ON 24-11-2022

SCREENING AND HEALTH AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANNA NAGAR, ANAKAPUTHUR ON 24-11-2022

SCREENING CAMP:

Doctors and staffs were divided into 4 teams for registration desk, blood sugar and pressure checking, patient screening desk-1 and 2. Patients were screened for diabetes mellitus, hypertension, asthma, skin infections and any other infections. Totally 57 patients were screened, and treatment given today, and 30 patients were referred to sree Balaji medical college and hospital for further management in different departments. After screening and treatment, health awareness given on different aspects.

AWARENESS CREATED:

General awareness was created regarding the cause and symptoms of diabetes mellitus, hypertension, and asthma. It was the non – communicable diseases which is becoming more prevalent now a days. Prevalence, magnitude, clinical features, treatment, and preventions regarding non-communicable diseases were explained to patients.

S.NO	NAME	DESIGNATION	BATCH
1.	DR.MADHUMITHA.JR	ASSISTANT PROFESSOR	-
2.	DR.VINOTH KUMAR	POSTGRADUATE	2020-21
3.	MS.YUWASRI	CRRI	2017-18
4.	MS.ANAGHA	CRRI	2017-18
5.	MS.AARTHI	CRRI	2017-18
6.	MR.ARAVINDHA NARAYANAN	CRRI	2017-18
7.	MS.AARATHI	CRRI	2017-18
8.	MS.ARUL SREE	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

GENERAL HYGIENE AWARENESS CAMP

VENUE: ELEMENTARY SCHOOL, AARAMBAKKAM

DATE: 25/11/2022

TIME: 10 AM TO 12:00 PM

TOTAL BENEFICIARIES: 33

OBJECTIVE:

The objective is to create health awareness for general hygiene.

The school students from 1st to 5th std belonging to Govt, Elementary school, Aarambakkam , were visited for a health awareness camp. Health awareness regarding Personal hygiene was delivered by the Postgraduates. According to the World Health Organization (WHO), hygiene refers to “conditions and practices that help to maintain health and prevent spread of diseases”. Even in our contemporary society, good hygiene practices continue to be the primary disease-prevention strategy. As described earlier, hygiene is one of the *silent* victories of public health. A good hygiene must involve maintaining good oral health, hand washing habits after defecation and before and after meals, face washing, cutting finger nails and bathing. Menstrual hygiene takes supreme importance among personal hygiene habits of females.

Maintaining hygiene is necessary for many reasons-personal, social, health and psychological and keeping good standard of hygiene helps to prevent the development and spread of infections, illnesses and bad odours.

HEALTH AWARENESS TEAM

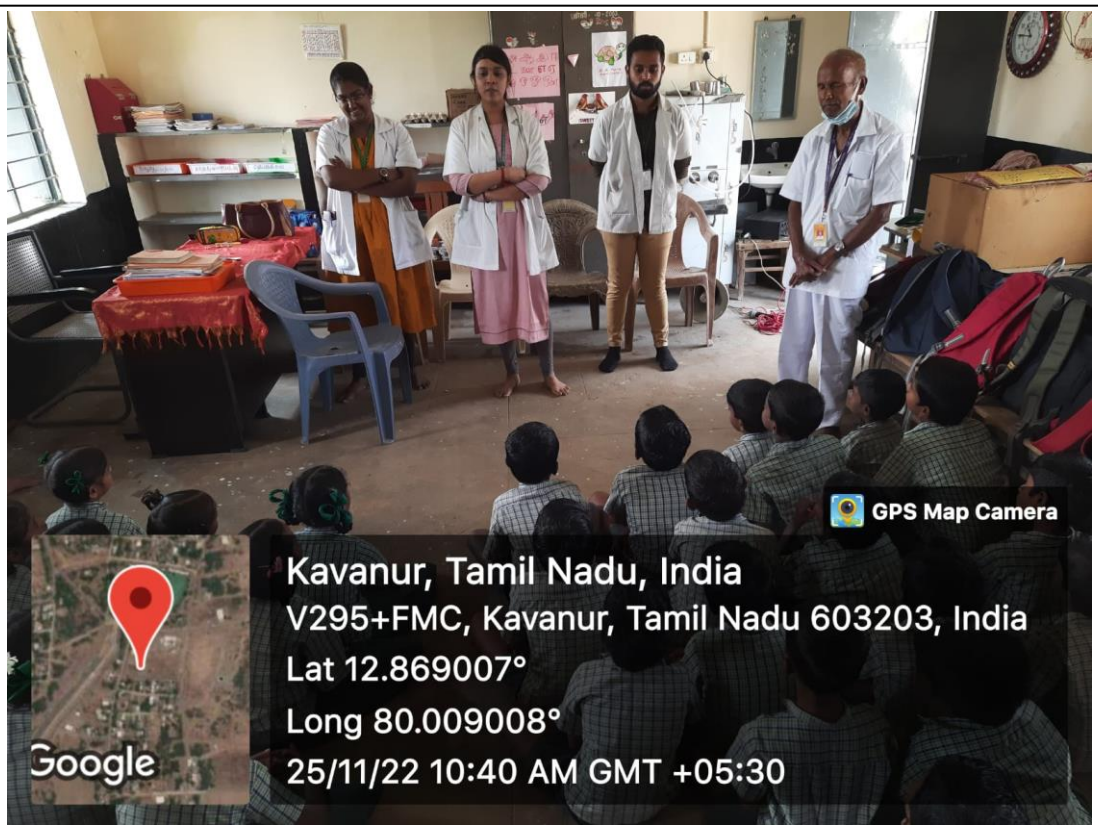
1.	Dr.Raghul
2.	Deva priya
3.	Atul nair
4.	Aarthi sindhu
5.	Aarthi D R

GENERAL HYGIENE AWARENESS CAMP, IN AAARAMBAKKAM ON 25/11/2022

GENERAL HYGIENE AWARENESS CAMP, IN AAARAMBAKKAM ON 25/11/2022

GENERAL HYGIENE AWARENESS CAMP, IN AAARAMBAKKAM ON 25/11/2022

GENERAL HYGIENE AWARENESS CAMP, IN AAARAMBAKKAM ON 25/11/2022



GENERAL HYGIENE AWARENESS CAMP, IN AAARAMBAKKAM ON 25/11/2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

WORLD AIDS DAY AWARENESS CAMP IN PADAPPAI

VENUE: RHTC,Padappai **DATE**: 1/12/2022

TIME: 10 AM TO 11.30 AM

TOTAL BENEFICIARIES: 30

WORLD AIDS DAY AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 1-12-2022

WORLD AIDS DAY AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 1-12-2022

WORLD AIDS DAY AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 1-12-2022

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WORLD AIDS DAY AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 1-12-2022

AWARENESS CREATED:

The global HIV response is in danger, even as HIV remains a major public health issue that affects millions of people worldwide. Over the last few years progress towards HIV goals has stalled, resources have shrunk, and millions of lives are at risk as a result.

Division, disparity and disregard for human rights are among the failures that allowed HIV to become and remain a global health crisis.

On 1 December WHO joins partners to commemorate World AIDS Day 2022, under the theme "**Equalize**". WHO is calling on global leaders and citizens to boldly recognize and address the inequalities which are holding back progress in ending AIDS; and equalize access to essential HIV services particularly for children and key populations and their partners - men who have sex with men, transgender people, people who use drugs, sex workers, and people in prisons.

WORLD AIDS DAY AWARENESS CAMP IN PADAPPAI ON 1-12-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
2.	DR.SURYA	POSTGRADUATE	2020-21
3.	MR.JAIGANESH	CRRI	2017-18
4.	MS.KALPANA	CRRI	2017-18
5.	MR.KARTHIK	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL HEALTH CAMP IN ANAKAPUTHUR

VENUE: Aadham Nagar, Anakaputhur

DATE: 1.12.2022

NUMBER OF BENEFICIARIES: 108

Male- 44

Female- 52

Children- 12

Referral- 41

HEALTH CARE TEAM:

1. Dr. Madhumitha, Tutor
2. Dr. Pragadeesh P, Post Graduate
   CRRIs
3. Anagha
4. Ankitha
5. Aftab
6. Jaiharan
7. Lakshmikanth
8. Adithya

AUDIENCE:

General public in and around the Aadham Nagar, Anakaputhur were informed about the programme.

HEALTH CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status were given. Out of 108 participants, 41 were referred to Sree Balaji Medical College and Hospital, for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

AWARENESS CREATION:

The aim of the campaign is to create awareness about diabetes, Hypertension, Dengue and Malaria signs and symptoms with importance of early diagnosis and prompt treatment with regular follow-up.

People with high risk of developing diabetes and hypertension were explained regarding the importance of preventive measures like modification of dietary habits, regular exercising, healthy life style, regular medication and follow up investigations and frequent health check-ups. Participants were also explained about the preventive measures and warning signs of dengue and malaria.

FREE MEDICAL HEALTH CAMP

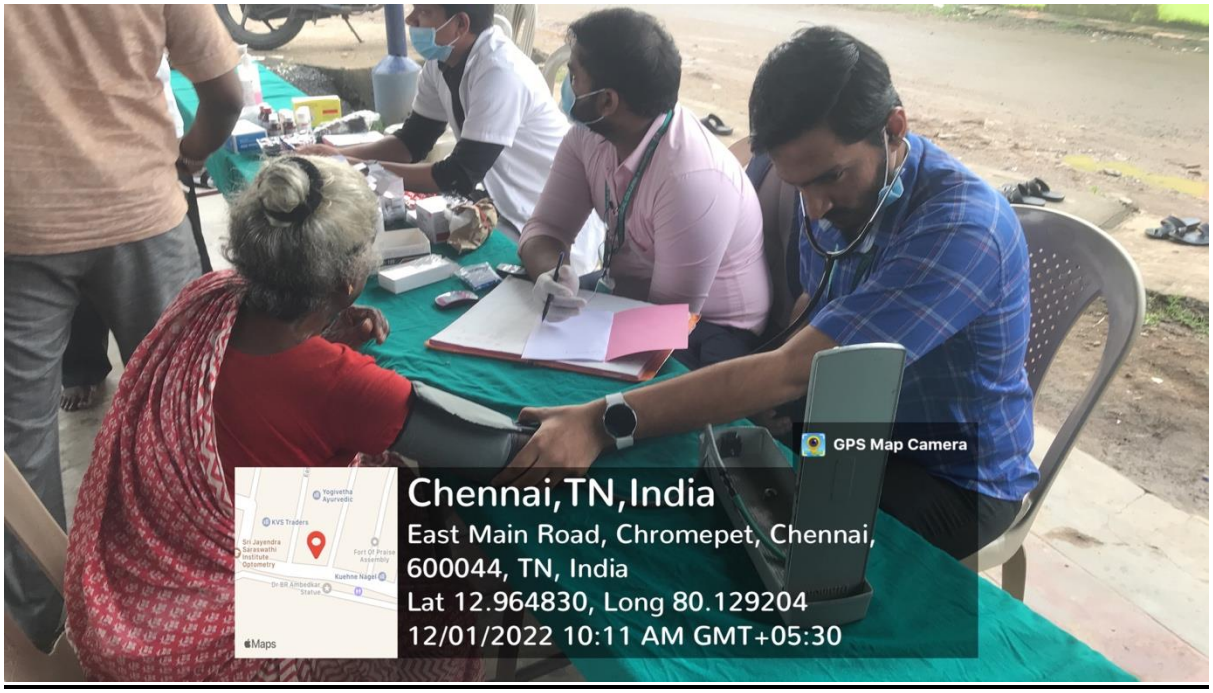
VENUE: IN AADHAM NAGAR ANAKAPUTHUR

DATE: 1/12/2022

FREE MEDICAL HEALTH CAMP

VENUE: IN AADHAM NAGAR ANAKAPUTHUR

DATE: 1/12/2022



FREE MEDICAL HEALTH CAMP

VENUE: IN AADHAM NAGAR ANAKAPUTHUR

DATE: 1/12/2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP IN PADAPPAI

VENUE: Navaloor **DATE**: 21/12/2022

TIME: 10 AM TO 1 PM

TOTAL BENEFICIARIES: 114

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 21-12-2022 AT NAVALOOR

FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 21-12-2022 AT NAVALOOR

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FREE MEDICAL CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE RHTC PADAPPAI ON 21-12-2022 AT NAVALOOR

FREE MEDICAL CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 114 participants, 10 were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

FREE MEDICAL CAMP AT PADAPPAI ON 21-12-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.SURYA	POSTGRADUATE	2020-21
2.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
3.	DR.YUVAN SHANKAR	CRRI	2016-17
4.	DR.VIJAYA PRIYA	CRRI	2016-17
5.	DR.VINODHINI	CRRI	2016-17
6.	DR.THIRUMENI	CRRI	2016-17
7.	DR. VIMAL KUMAR	CRRI	2016-17
8.	DR. YOGALAKSHMI	CRRI	2016-17

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS CAMP

VENUE: Kamarajapuram

DATE: 22/12/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 29

6 CRRIs and 1 PG were present for this health awareness camp. Awareness was created regarding Diabetes Mellitus and Hypertension. The warning signs of Diabetes mellitus like excessive thirst, hunger and frequent micturition were emphasised on. The danger signs and symptoms signalling complications were highlighted. The diet to be followed for Diabetes was discussed. Symptoms and signs of Hypertension were talked about in detail. The

complications of Hypertension were enumerated. Diet and food to be restricted for both these diseases were discussed.

COVID-19 protocol and adherence to social distancing, sanitizing hands, mask wearing were emphasised on. Patients with Diabetes and hypertension were counselled regarding maintaining adequate safety while they were battling their co-morbidities. Doubts regarding these topics were asked by the audience and were cleared by the health care team.

HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.Supraja Nagarthinam	PG
2.	Sriram	CRRI
3.	Swetha	CRRI
4.	Srivaishali	CRRI
5.	Suhas	CRRI
6.	Tejas	CRRI
7.	Surya Kannan	CRRI

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Chennai, TN, India
6th Street, Anakaputhur, Chennai,
Lat 12.975725, Long 80.121137
12/22/2022 11:36 AM
Maps

GPS Map Camera
Chennai, TN, India
6th Street, Anakaputhur, Chennai,
Lat 12.975693, Long 80.121193
12/22/2022 11:37 AM
Maps

Health awareness camp at Uncle Sargunam Mat.Hr.Sec School, on 22/12/22.

Health awareness camp at Uncle Sargunam, Mat. Hr.Sec.School, on 22/12/22.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Uncle Sargunam, Mat,Hr,Sec,School, Kamarajapuram

DATE: 22/12/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 29

Free medical camp was conducted on the campus of Sargunam Mat.Hr.Sec.School, Kamarajapuram, for the people living in and around the locality. Health awareness regarding Diabetes and Hypertension were delivered by the pgs and the CRRI. Advice regarding medications and diet for Diabetes and Hypertension were given and COVID protocol to be followed for each case was given. Many URI, Cough and Myalgia cases were picked up and medications delivered. Free medicines were provided to all the patients.

After awareness being given the audience raised certain questions to the doctors present which was promptly cleared by them. Screening for diabetes and hypertension were done for all the people. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients.

HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.Supraja Nagarthinam	PG
2.	Sriram	CRRI
3.	Swetha	CRRI
4.	Srivaishali	CRRI
5.	Suhas	CRRI
6.	Tejas	CRRI
7.	Surya Kannan	CRRI

Free medical camp at Uncle Sargunam, Mat. Hr.Sec.School, on 22/12/22.

Free medical camp at Uncle Sargunam, Mat. Hr.Sec.School, on 22/12/22.

Free medical camp at Uncle Sargunam, Mat. Hr.Sec.School, on 22/12/22.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

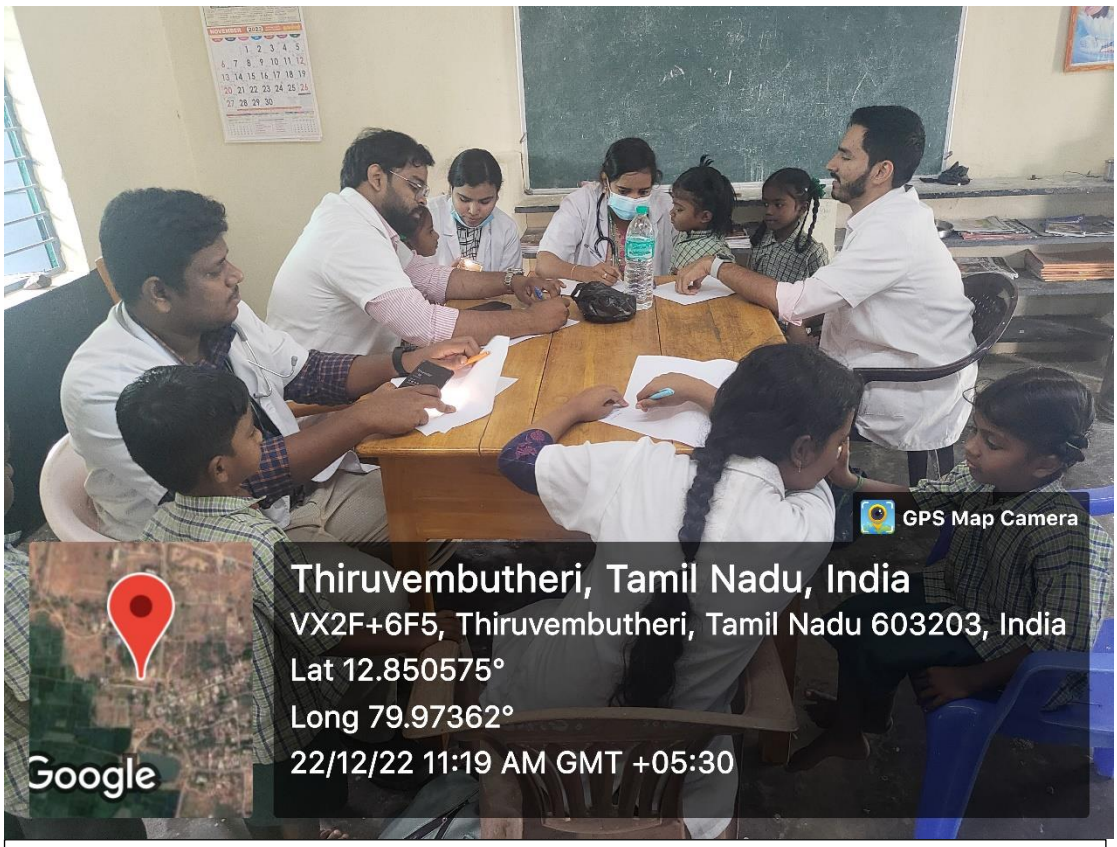
FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT PADAPPAI

Venue: Vattambakkam primary school, Padappai **Date:22.12.2022**

Number of beneficiaries: 34

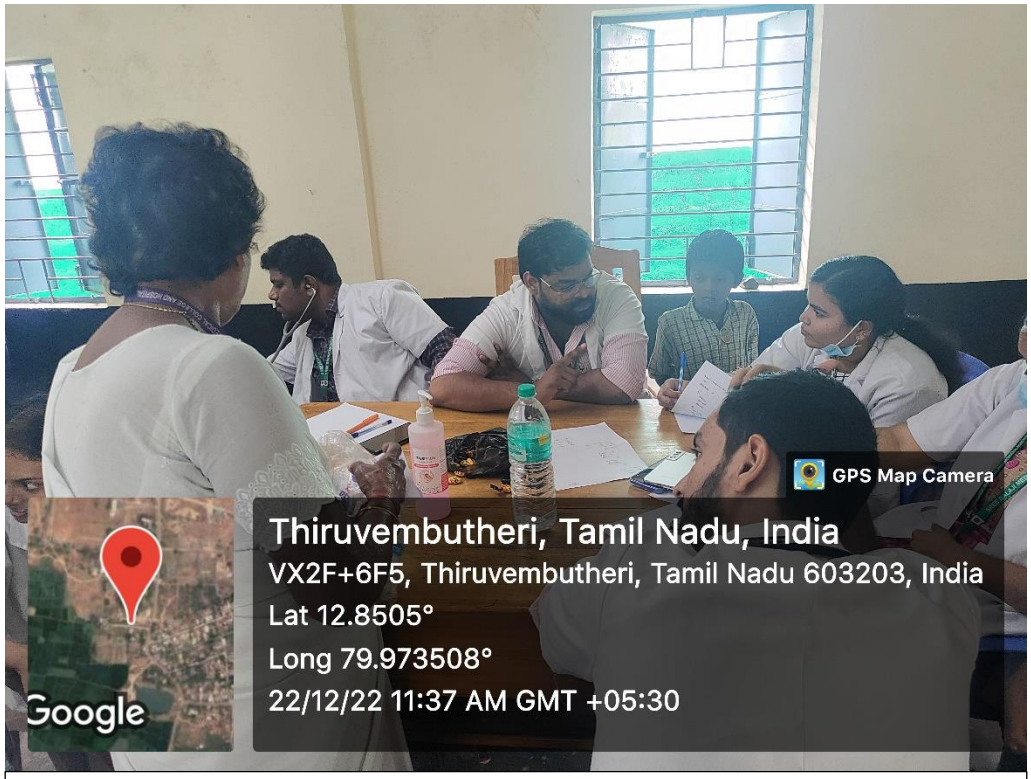
FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, RHTC PADAPPAI ON 22-12-2022 AT VATTAMBAKKAM PRIMARY SCHOOL

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, RHTC PADAPPAI ON 22-12-2022 AT VATTAMBAKKAM PRIMARY SCHOOL



FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, RHTC PADAPPAI ON 22-12-2022 AT VATTAMBAKKAM PRIMARY SCHOOL

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, RHTC PADAPPAI ON 22-12-2022 AT VATTAMBAKKAM PRIMARY SCHOOL



FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE, RHTC PADAPPAI ON 22-12-2022 AT VATTAMBAKKAM PRIMARY SCHOOL

HEALTH CAMP :

Registration for the participants were made. All school children underwent general clinical examination. Children's anthropometry was measured. They were assessed for cleanliness & hygiene, dental caries. Advice regarding their respective health status was given. Out of 95 participants 11 were referred to Sree Balaji Medical College & Hospital for further management

HEALTH EDUCATION GIVEN:

The health awareness on self-hygiene was given to the school children at Panchayat union primary school, Anakaputhur. All the participants were given advice with respect to hand hygiene, foot care (avoid bare foot walking) and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS AMONG SCHOOL CHILDREN AT RHTC PADAPPAI ON 22-12-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
2.	DR.SURYA	POSTGRADUATE	2020-21
3.	MS.KALPANA	CRRI	2016-17
4.	MR.KARTHIK	CRRI	2016-17
5.	MS.AARTHY	CRRI	2016-17
6.	MS.YOGALAKSHMI	CRRI	2016-17

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS PROGRAM ON COVID-19 AT UHTC, ANAKAPUTHUR

VENUE: ANAKAPUTHUR

DATE: 27.12.2022

NUMBER OF BENEFICIARIES: 15

Health Education Team

1. Dr.Pragadeesh, Post Graduate
2. Suhas CRRI
3. Surya CRRI
4. Sushma CRRI
5. Swathi CRRI

AUDIENCE:

General public in and around the UHTC, Anakaputhur were informed about the programme.

AWARENESS CREATION:

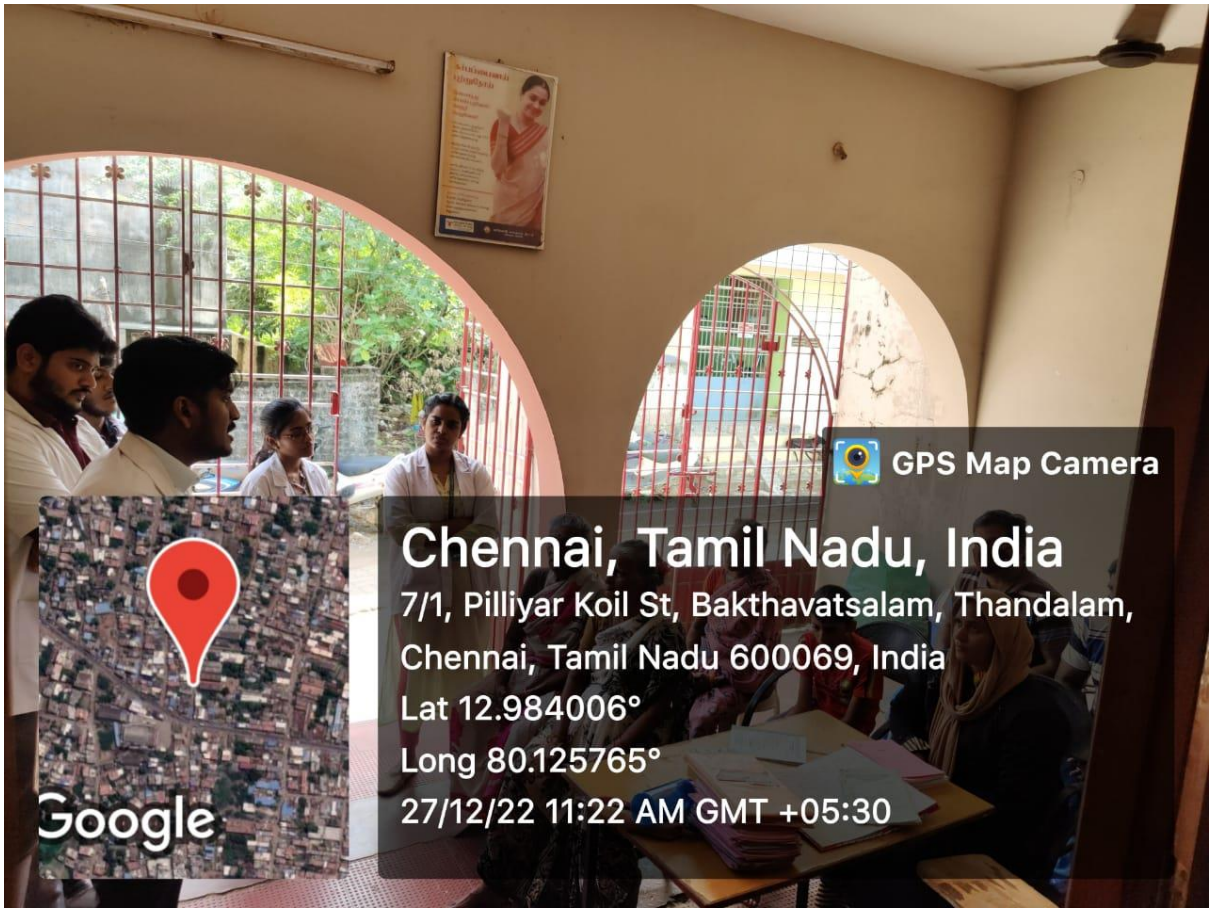
The aim of the campaign is to create awareness about COVID-19, signs and symptoms and importance of early diagnosis and prompt treatment with regular follow-up.

The deitery habits to follow and the importance of healthy life style, and follow up investigations were explained.

HIGH – RISK PEOPLE:

People who are elderly, having sedentary lifestyle, obese people, pregnant women are high risk of acquiring infection. Hence they were explained regarding the preventive measures like frequent handwashing, social distancing, usage of face mask, modification of dietary habits, regular exercising, frequent health check-ups.

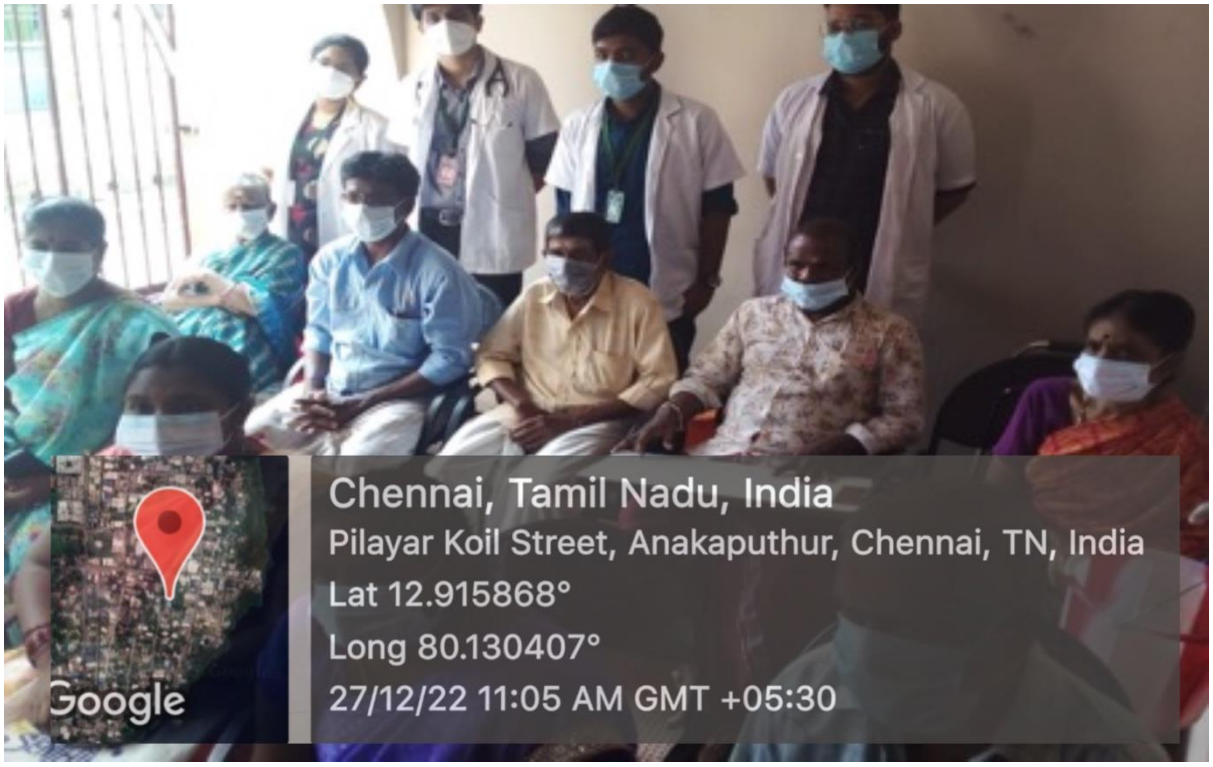
All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants were given dietary advice with respect to diabetes and hypertension.



HEALTH AWARENESS PROGRAM ON COVID-19

VENUE: Sree Balaji UHTC, Anakaputhur

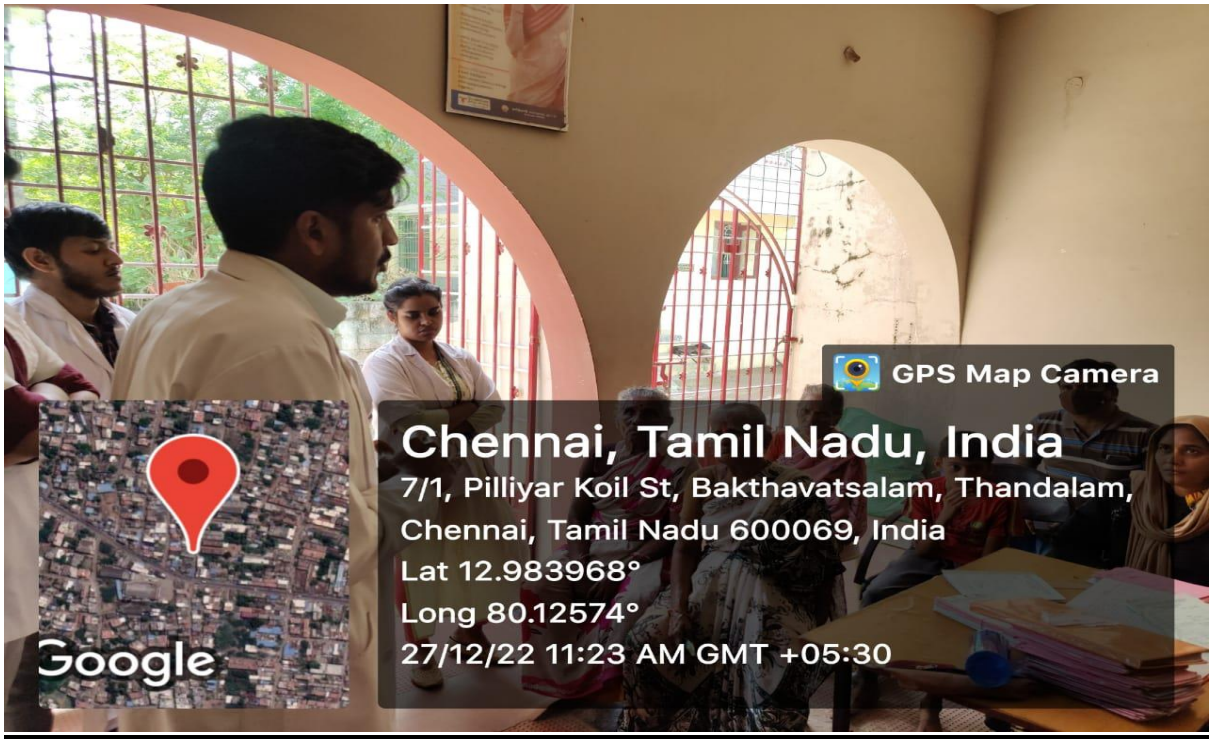
DATE: 27/12/2022

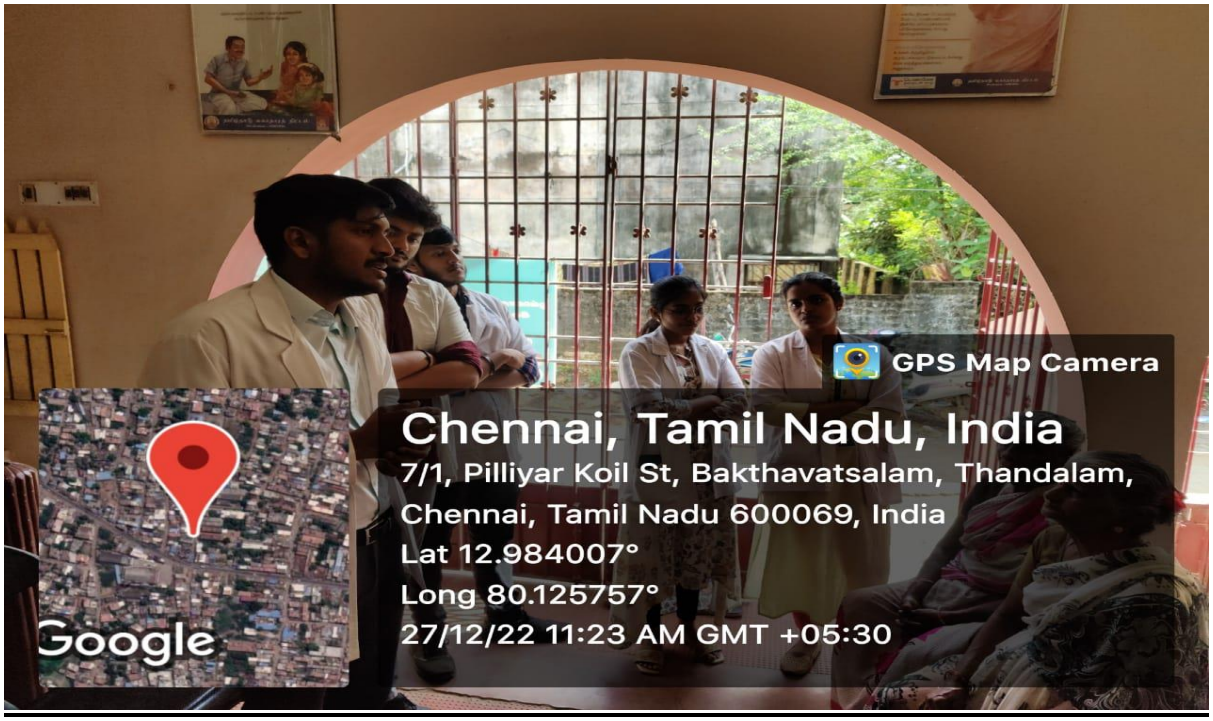


HEALTH AWARENESS PROGRAM ON COVID-19

VENUE: Sree Balaji UHTC, Anakaputhur

DATE: 27/12/2022





HEALTH AWARENESS PROGRAM ON COVID-19

VENUE: Sree Balaji UHTC, Anakaputhur

DATE: 27/12/2022

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Pammal

DATE: 29/12/2022

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 46

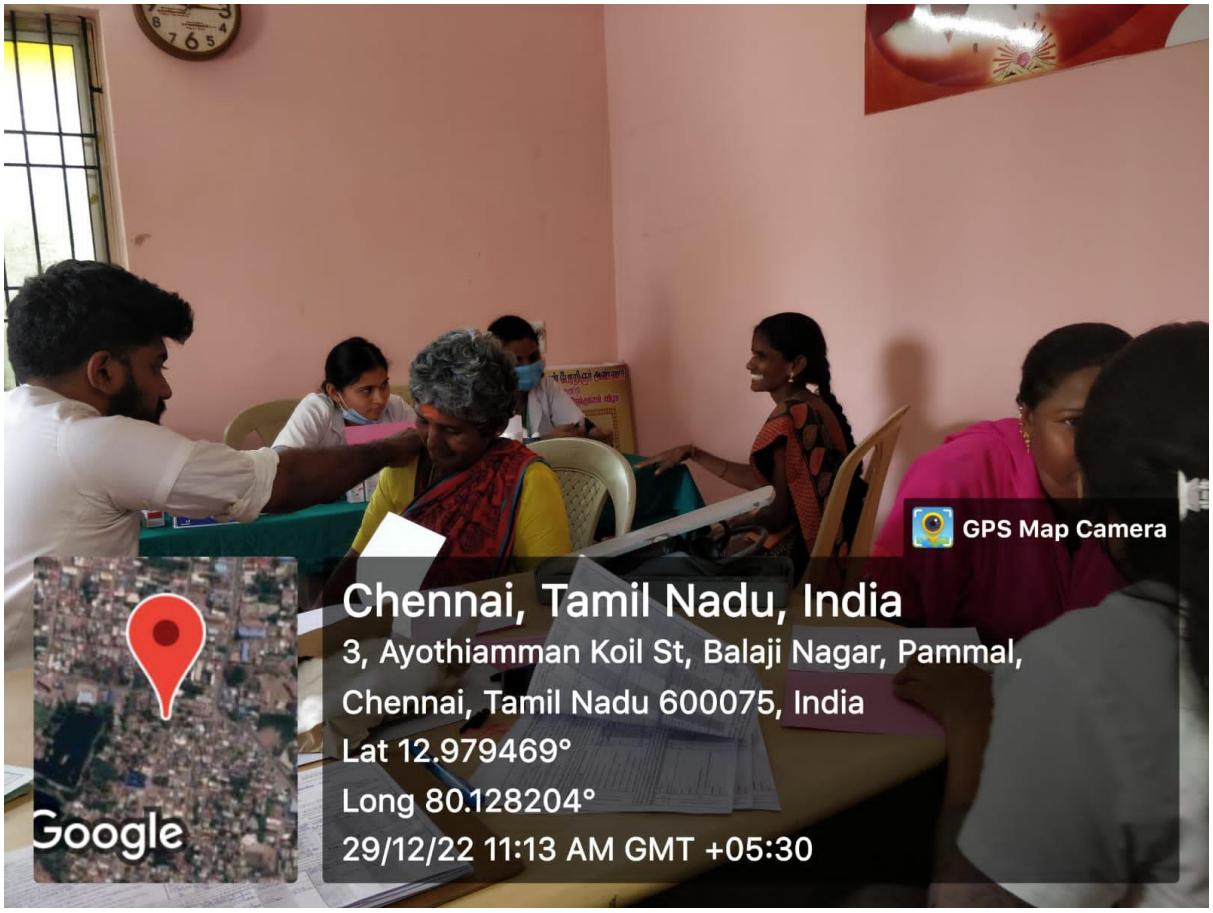
Free medical camp was conducted on the campus of Ayothiamman Koil Pammal, for the people living in and around the locality. Health awareness regarding Diabetes and Hypertension were delivered by the pgs and the CRRI. Advice regarding medications and diet for Diabetes and Hypertension were given and COVID protocol to be followed for each case was given. Many URI, Cough and Myalgia cases were picked up and medications delivered. Free medicines were provided to all the patients.

After awareness being given the audience raised certain questions to the doctors present which was promptly cleared by them. Screening for diabetes and hypertension were done for all the people. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness created on personal hygiene, COVID-19, Diabetes and Hypertension,

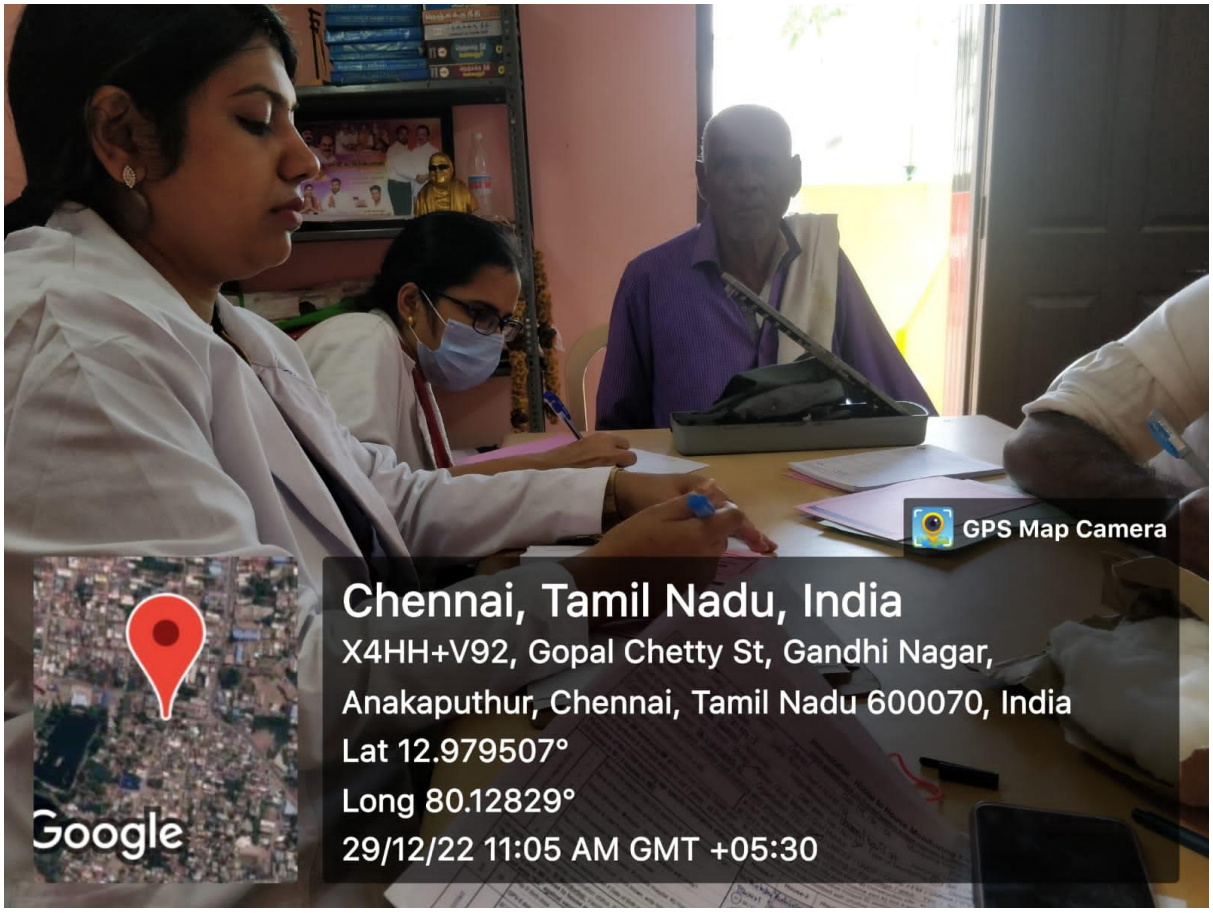
HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.Kiruthika	PG
2.	Srinidhi	CRRI

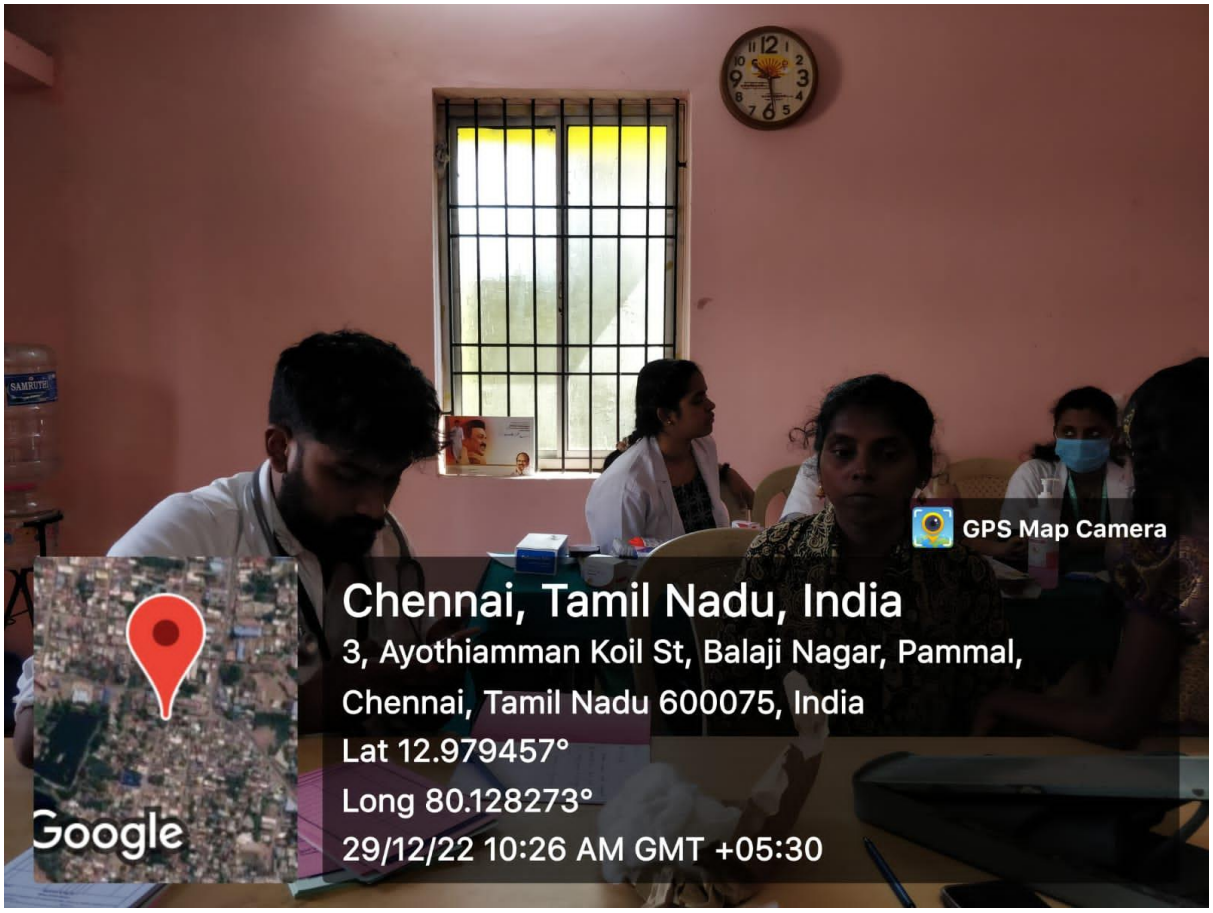
3.	Suranjan	CRRI
4.	Swathi	CRRI
5.	Aruna	CRRI
6.	Indumathy	CRRI
7.	Swetha	CRRI
8.	Suhas	CRRI



Free Medical Camp at Pammal on 29/12/22.

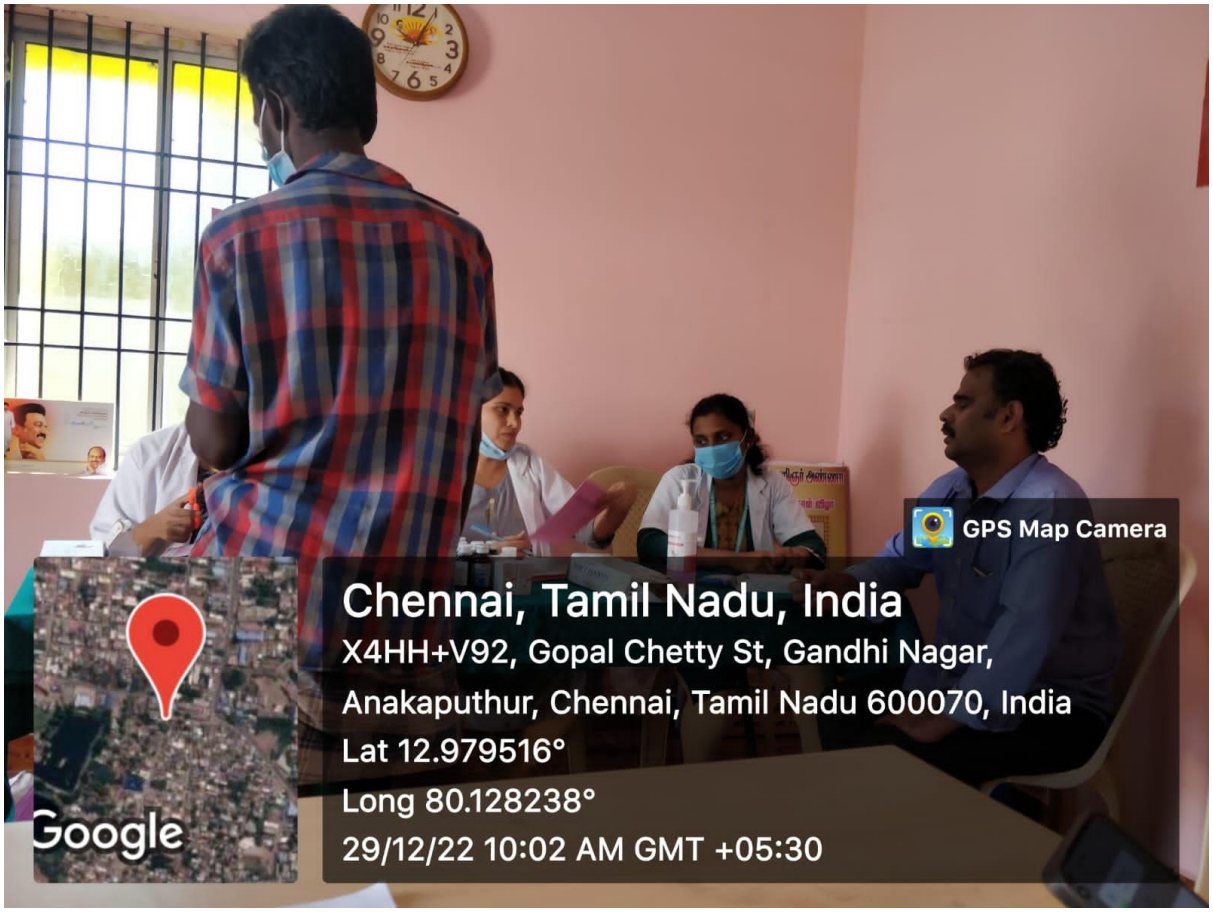


Free Medical Camp at Pammal on 29/12/22.



Free Medical Camp at Pammal on 29/12/22.

Free Medical Camp at Pammal on 29/12/22.



Free Medical Camp at Pammal on 29/12/22.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

PERSONAL HYGIENE AWARENESS CAMP IN PADAPPAI

VENUE: RHTC,Padappai **DATE**: 30/12/2022

TIME: 10 AM TO 11.30 AM

TOTAL BENEFICIARIES: 22

PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 30-12-2022

PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 30-12-2022

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PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 30-12-2022

AWARENESS CREATED:

Good personal hygiene is one of the best ways to protect yourself from getting gastro or infectious diseases such as COVID-19, colds and flu. Washing our hands with soap removes germs that can make us ill. Maintaining good personal hygiene will also help prevent us from spreading diseases to other people.

Personal hygiene includes:

- cleaning our body every day
- washing our hands with soap after going to the toilet
- brushing our teeth twice a day
- covering our mouth and nose with a tissue (or our sleeve) when sneezing or coughing
- washing our hands after handling pets and other animals

To slow the spread of COVID-19, we should:

- wash our hands often with soap and water or alcohol-based hand sanitisers
- avoid touching our eyes, nose and mouth
- clean and disinfect surfaces we use often such as benchtops, desks and doorknobs
- clean and disinfect objects we use often such as mobile phones, keys, wallets and work passes
- increase the amount of fresh air by opening windows or changing air conditioning

PERSONAL HYGIENE AWARENESS CAMP IN PADAPPAI ON 30-12-2022

S.NO	NAME	DESIGNATION	BATCH
1.	DR.RAM KUMAR	ASSISSTANT PROF.	-
2.	DR.SENGAMALAM	MEDICAL OFFICER	-
3.	DR.SARATH KUMAR	POSTGRADUATE	2020-21
4.	MR.VIGNESH	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Mettu street, Anakaputhur

DATE: 05/01/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 43

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 43 participants 8 were referred to Sree Balaji medical college and Hospital for further evaluation.

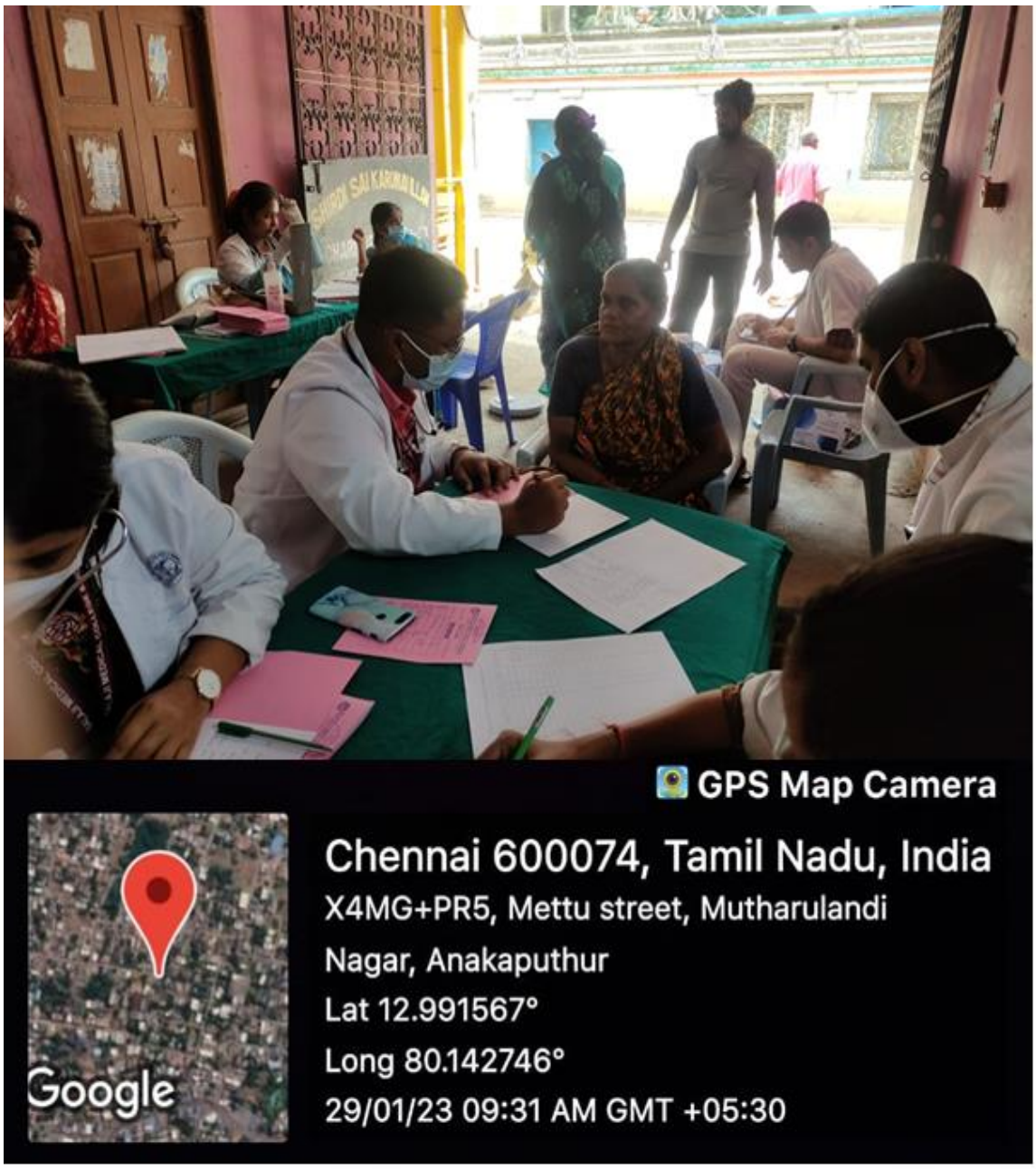
Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension.

Lifestyle modification, adviced to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 30 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health

Health awareness Team

1.	Dr.D.Yogesh Manickam
2.	Dr.N.Krithika
3.	Dr. Vertica
4.	Dr. Vishnuvaradhan
5.	Dr. Yashika
6.	Dr. Vinay

FREE MEDICAL CAMP AT METTU STREET 05/01/2023



FREE MEDICAL CAMP AT METTU STREET, ANAKAPUTHUR.

FREE MEDICAL CAMP AT METTU STREET , 05/01/2023

FREE MEDICAL CAMP AT METTU STREET, 05/01/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: BAKTHAVACHALAM STREET, ANAKAPUTHUR

DATE: 12/01/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 43

Registration for the participants were done. All the participants underwent clinical examination and advice regarding their health status was given. Out of 43 participants 10 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

Lifestyle modification, advised to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fiber content were discussed about and public urged to consume such food for better health

Health awareness Team

1.	Dr.Kiruthika
2.	Dr. vertica
3.	Dr. vinay
4.	Dr. yashika
5.	Dr. Vishnuvaradhan
6.	Dr. Yuvan shankar
7.	Dr. Thirumeni

FREE MEDICAL CAMP AT Bakthavachalam street,Anakaputhur on 12/1/2023

FREE MEDICAL CAMP AT BAKTHAVACHALAM STREET, ANAKAPUTHUR.

FREE CAMP AT BAKTHAVACHALAM STREET , ANAKAPUTHUR 12/01/2023

FREE CAMP AT BAKTHAVACHALAM STREET, ANAKAPUTHUR12/1/2023.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

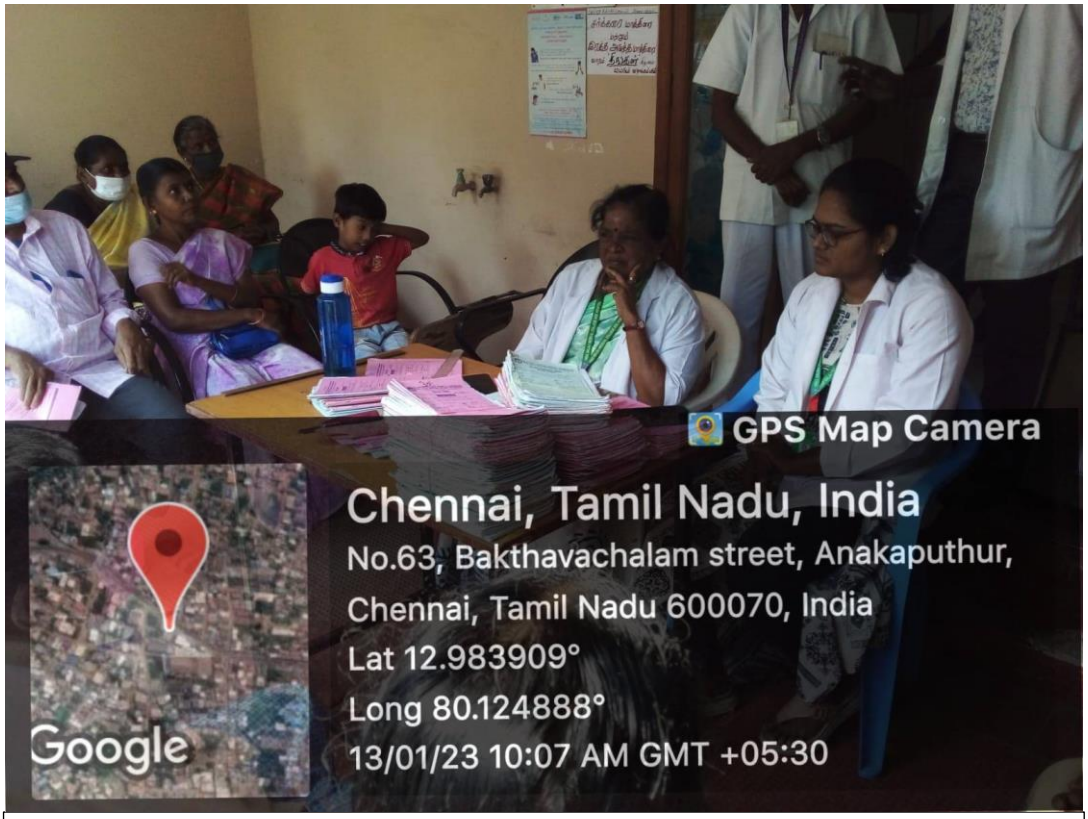
DEPARTMENT OF COMMUNITY MEDICINE

PUGAI ILLA BHOGI AWARENESS CAMP IN ANAKAPUTHUR ON 13-01-2023

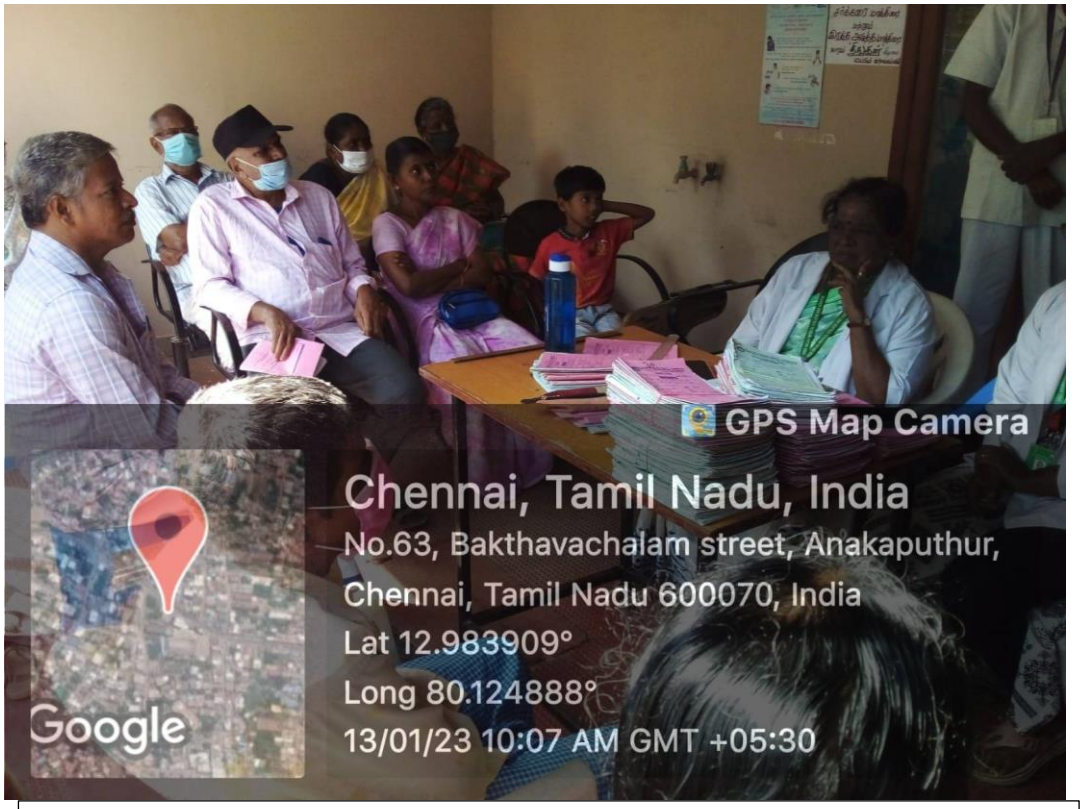
VENUE: UHTC,Anakaputhur **DATE**: 13/01/2023

TIME: 10 AM TO 11.30 AM

TOTAL BENEFICIARIES: 30



PUGAI ILLA BHOGI AWARNESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 13-01-2023



PUGAI ILLA BHOGI AWARNESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 13-01-2023

PUGAI ILLA BHOGI AWARNESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 13-01-2023

PUGAI ILLA BHOGI AWARNESS PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 13-01-2023

AWARENESS CREATED:

On the occasion of bhogi and Pongal festival an awareness program was conducted to the local residence of anakaputhur.

Avoid burning of waste materials such as rubber tyres , plastics ,polythene ,etc on bhogi because burning such items will result in release of co2 and other obnoxious gases in the atmosphere. Instead of burning old cloths which can be donated to the needful people and could be reused by recycling. Asthma , COPD, allergic rhinitis patients were advised not to come out of the house during bhogi day. Importance of growing trees were explained and short briefing session on global warming & climatic changes and their harmful effects were explained.

PUGAI ILLA BHOGI AWARENESS CAMP IN ANAKAPUTHUR ON 13-01-2023

S.NO	NAME	DESIGNATION	BATCH
1.	DR.YOGESH MANICKAM	POSTGRADUATE	2022-23
2.	DR.KIRUTHIKA	POSTGRADUATE	2022-23
3.	MR.VIGNESH	CRRI	2017-18
4.	MR.VINAY	CRRI	2017-18
5.	MR.VISHNUVARADHAN	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

DENGUE AWARENESS CAMP

VENUE: RURAL HEALTH TRAINING CENTRE, PADAPPAI

DATE: 21/01/2023

TIME: 9 AM TO 10:00 AM

TOTAL BENEFICIARIES: 27

OBJECTIVE:

The objective is to create health awareness about Dengue.

General public in and around Serapanancherry was present for the camp.

The Aim of the program was to create awareness about the spread, symptoms and prevention of Dengue to general public.

The transmission of Dengue to people is through the bite of infected aedes aegypti mosquito, these mosquitos typically lay eggs in artificial collected water in containers, buckets, tyres, bowls, flowerpot etc.

High risk patients are infants and elderly, obese, pregnant, peptic ulcer disease, women in menstruation, haemolytic disease, congenital heart disease, diabetes, hypertension, asthma, chronic renel failure, patients on steroids.

Symptoms of dengue fever are fever, headache, retro orbital pain, arthralgia, rash, hemorragic manifestations, leucopenia, thrombocytopenia.

Complications associated are Dengue hemorragic fever and Dengue shock syndrome.

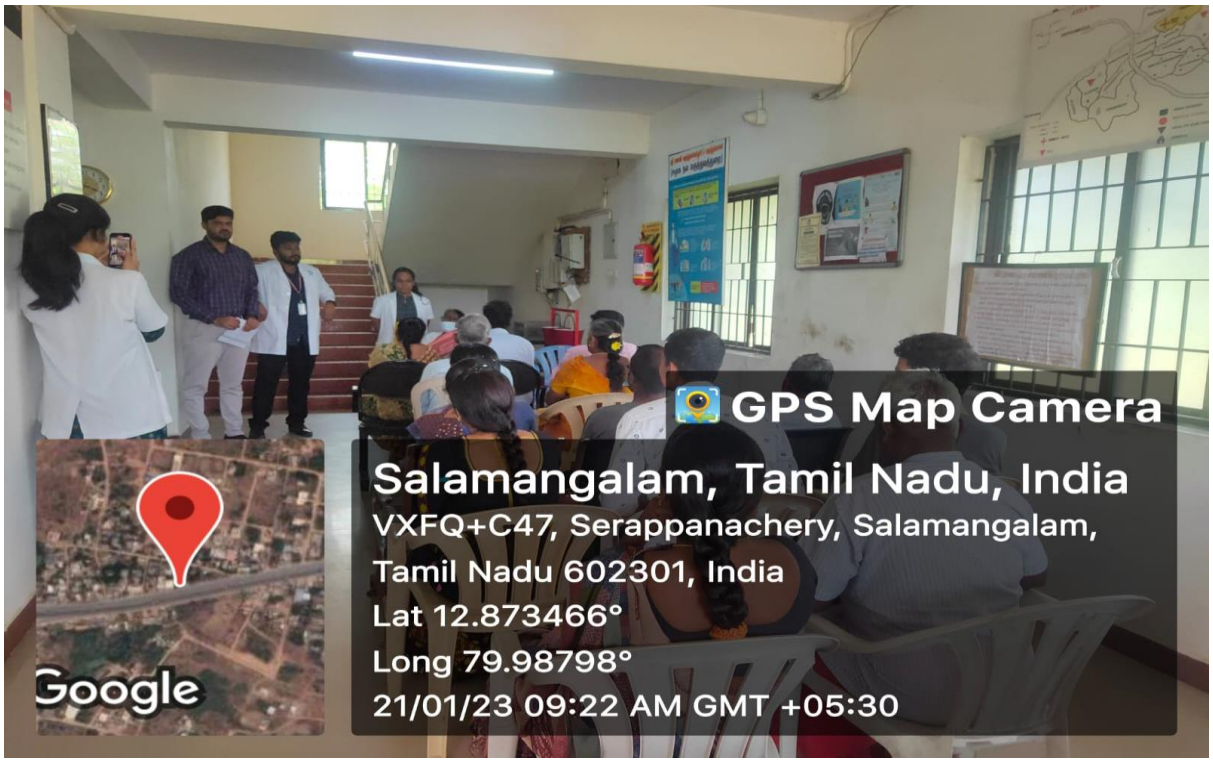
Preventive methods are avoid artificial water collection, mosquito nets, repellents like cream, liquids, coils, mats, wearing of full sleeve shirts, elimination of mosquito breeding places like portico, sunshades, roof tops & observation of weekly dry day.

HEALTH AWARENESS TEAM

1.	Dr. Cengalamalam (Medical Officer in charge)
2.	Dr.Gowtham S (PG)
3.	Dr Gokul G (PG)
4.	Dr Surya (CRRI)
5.	Dr Swetha (CRRI)
6.	Dr Sruthi (CRRI)
7.	Dr Aruna (CRRI)
8.	Dr Aswin Sundar (CRRI)

DENGUE AWARENESS CAMP ON 23.01.2023

DENGUE AWARENESS CAMP ON 23.01.2023



DENGUE AWARENESS CAMP ON 23.01.2023

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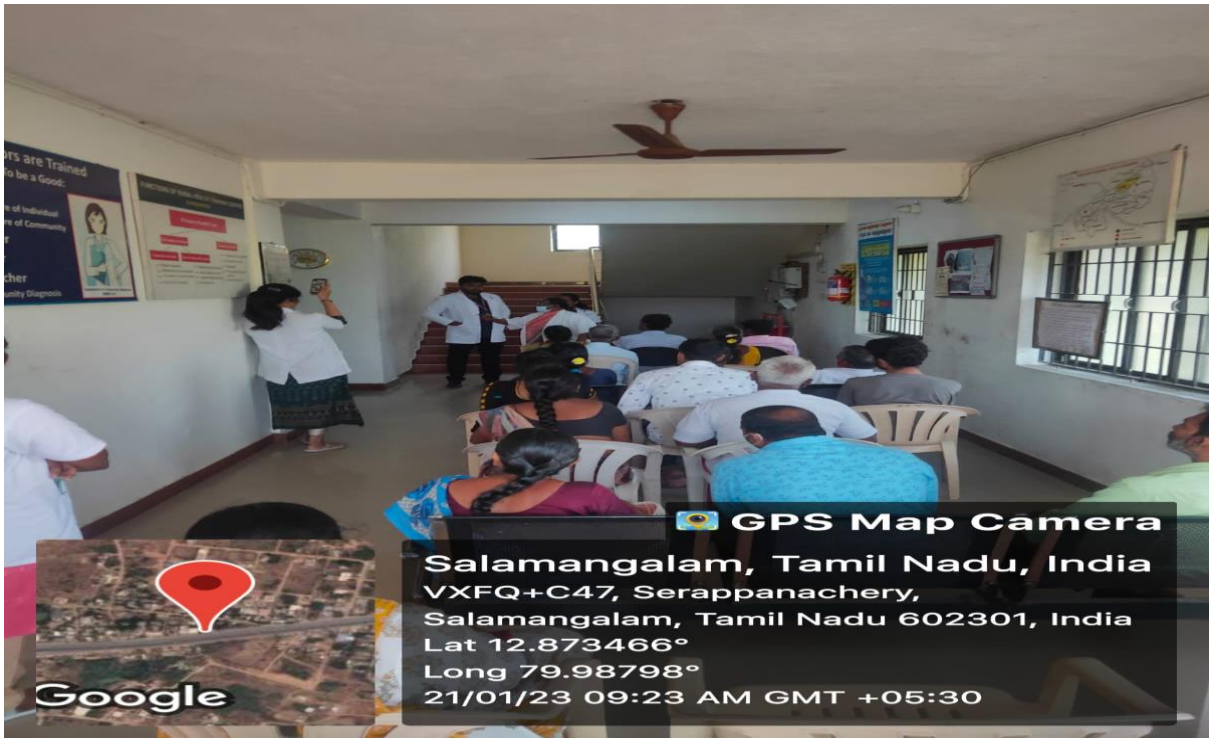
DENGUE AWARENESS CAMP ON 23.01.2023



SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

GENERAL HYGIENE AWARENESS CAMP

VENUE: GOVERNMENT MIDDLE SCHOOL, SERPANACHERI

DATE: 23/01/2023

TIME: 10 AM TO 1:00 PM

TOTAL BENEFICIARIES: 89

OBJECTIVE:

The objective is to create health awareness for general hygiene.

The school students from 1st to 5th std belonging to Govt, Middle school, Serpanacheri , were visited for a health awareness camp. Health awareness regarding Personal hygiene was delivered by the Postgraduates. According to the World Health Organization (WHO), hygiene refers to “conditions and practices that help to maintain health and prevent spread of diseases”. Even in our contemporary society, good hygiene practices continue to be the primary disease-prevention strategy. As described earlier, hygiene is one of the *silent* victories of public health. A good hygiene must involve maintaining good oral health, hand washing habits after defecation and before and after meals, face washing, cutting finger nails and bathing. Menstrual hygiene takes supreme importance among personal hygiene habits of females.

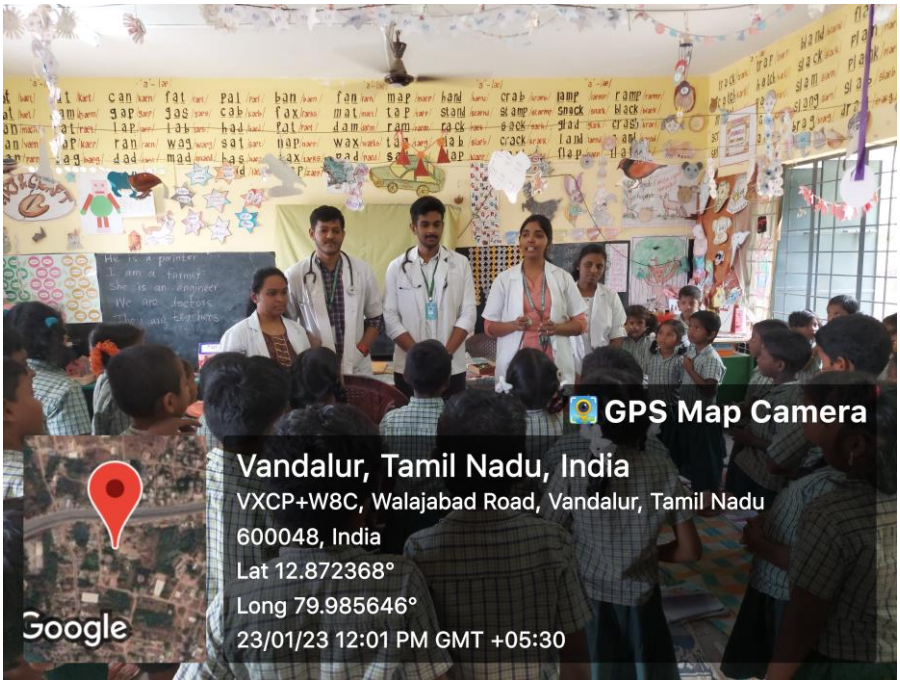
Maintaining hygiene is necessary for many reasons-personal, social, health and psychological and keeping good standard of hygiene helps to prevent the development and spread of infections, illnesses and bad odours.

HEALTH AWARENESS TEAM

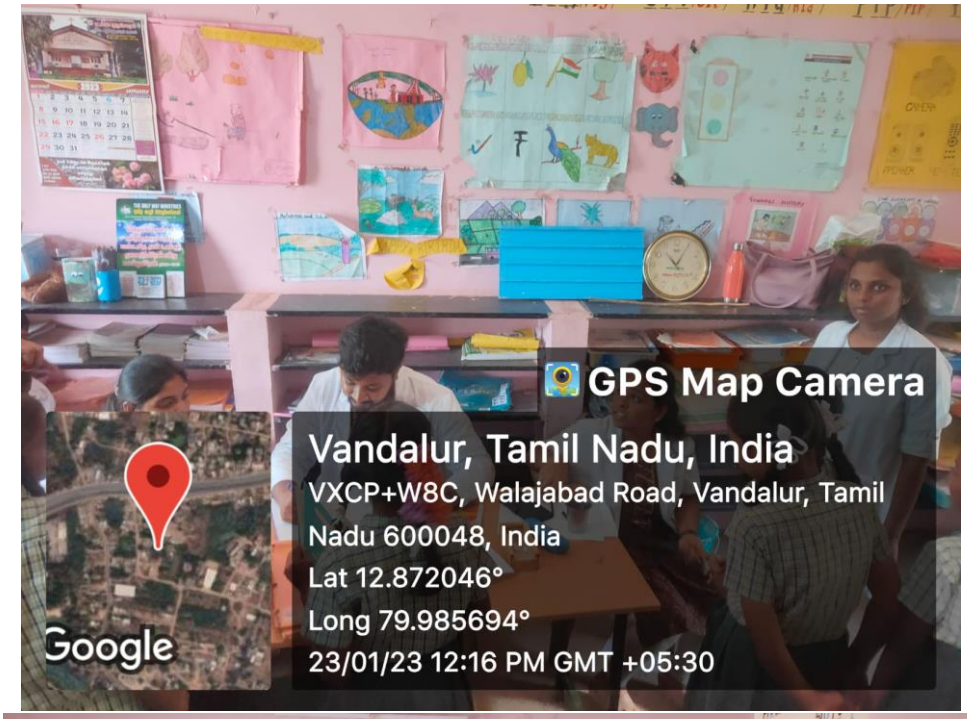
1.	Dr.Gowtham.S
2.	Dr.Gokul
3.	Dr.surya
4.	Dr.sruthi
5.	Dr.Swetha
6.	Dr. Aruna
7.	Dr.Aswin Sundhar

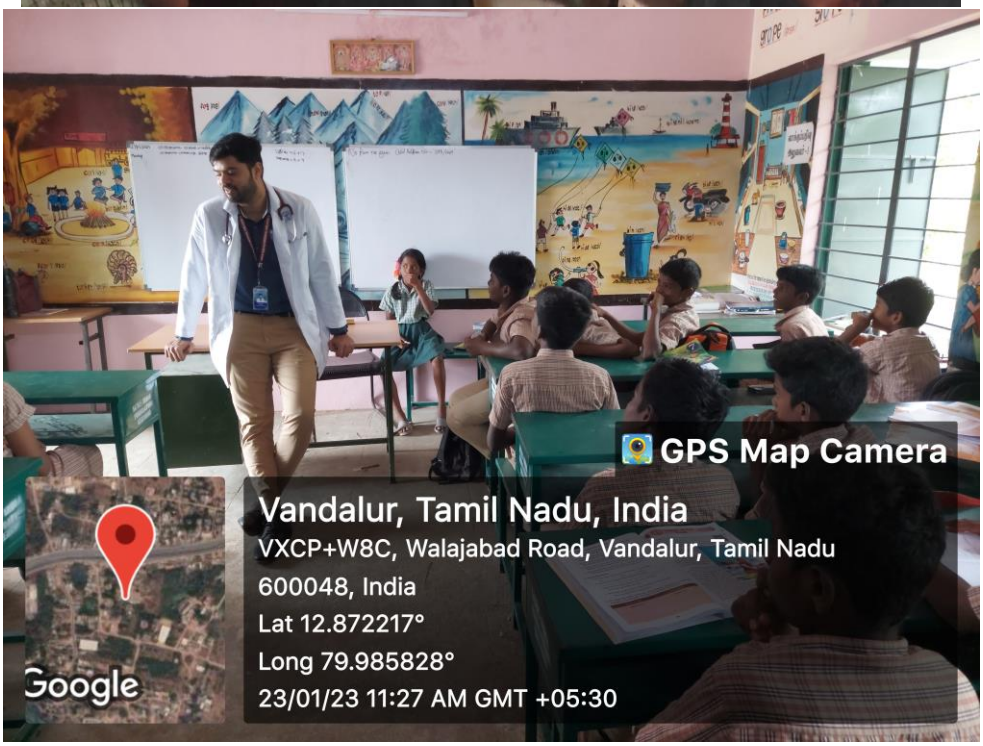
GENERAL HYGIENE AWARENESS CAMP, IN SERAPANACHERI ON 23/1/2023

GENERAL HYGIENE AWARENESS CAMP, IN SERAPANACHERI ON 23/1/2023

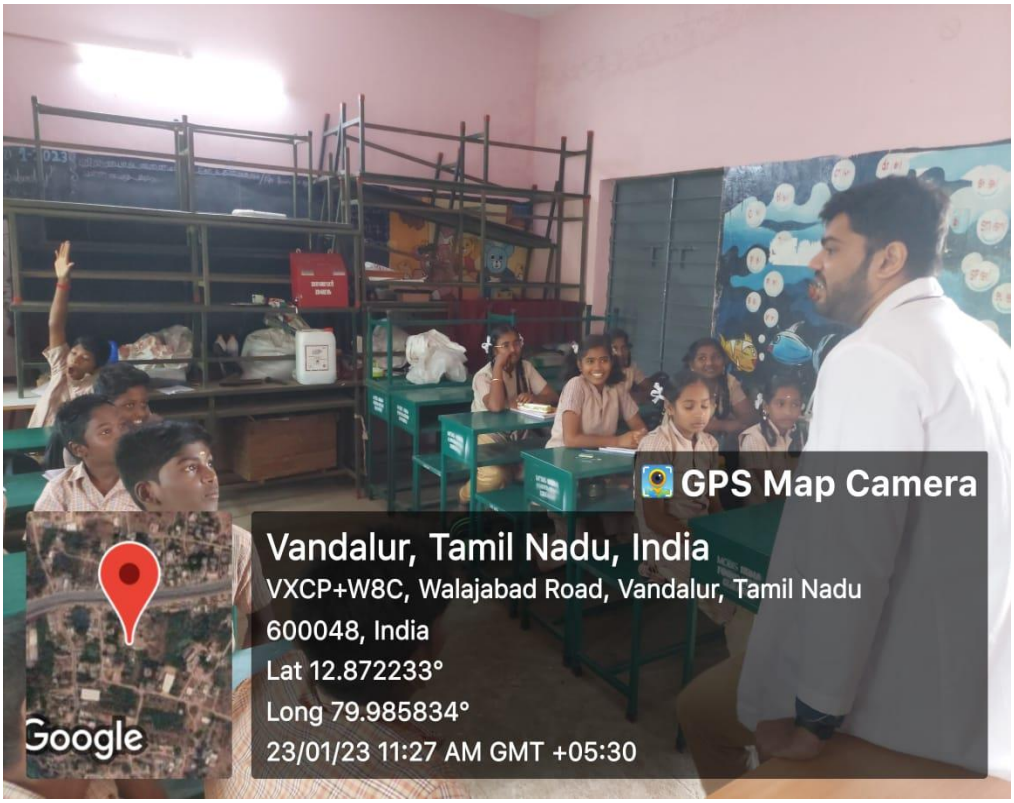


GENERAL HYGIENE AWARENESS CAMP, IN SERAPANACHERI ON 23/1/2023





GENERAL HYGIENE AWARENESS CAMP, IN SERAPANACHERI ON 23/1/2023



SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

ROAD SAFETY AWARENESS CAMP IN ANAKAPUTHUR

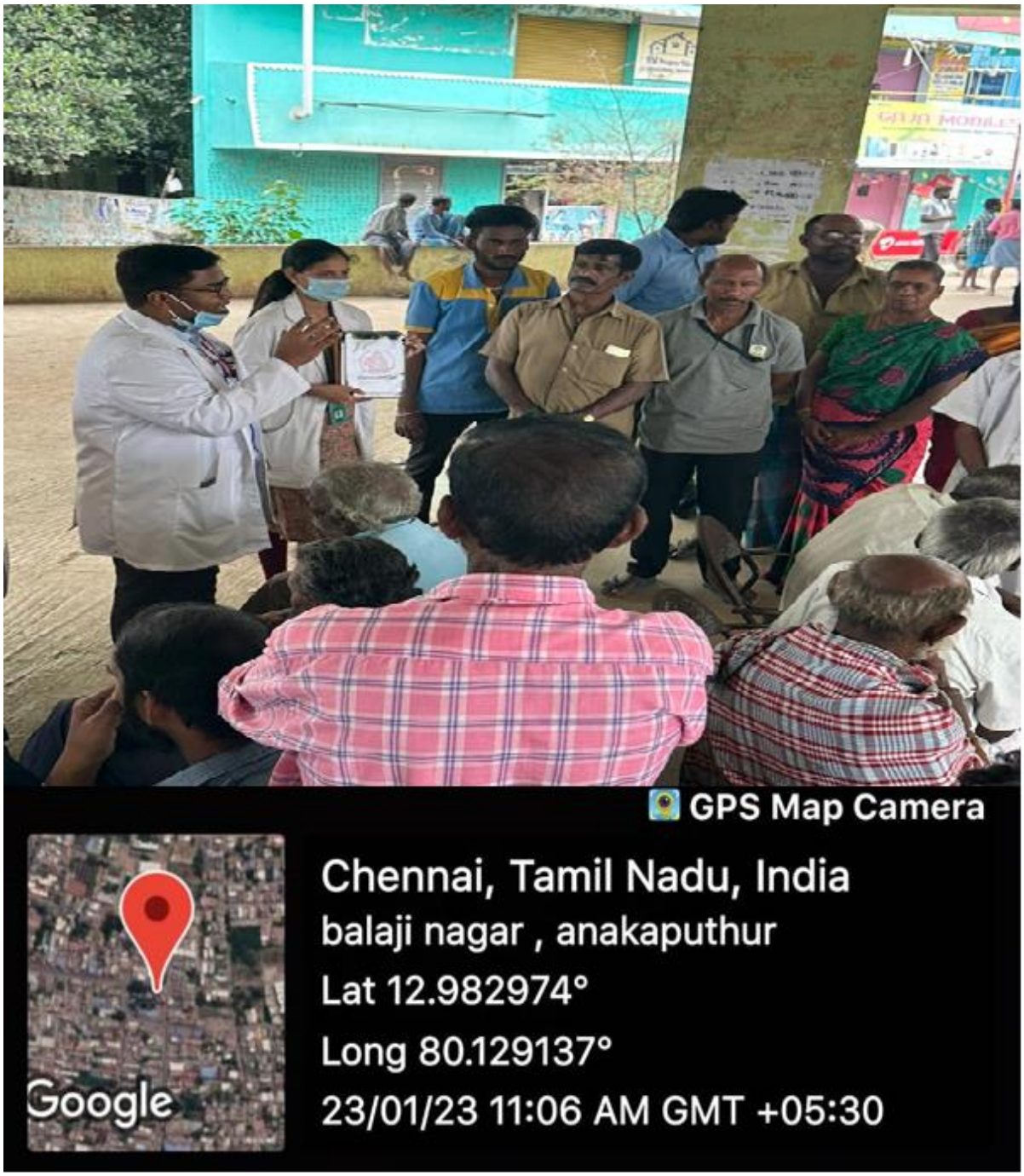
VENUE: BUS STOP , ANAKAPUTHUR **DATE**: 23/01/2023

TIME: 10 AM TO 11.30 AM

TOTAL BENEFICIARIES: 50

ROAD SAFETY AWARENESS CAMPAIGN CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANAKAPUTHUR ON 23.01.2023

ROAD SAFETY AWARENESS CAMPAIGN CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANAKAPUTHUR ON 23.01.2023



ROAD SAFETY AWARENESS CAMPAIGN CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANAKAPUTHUR ON 23.01.2023

ROAD SAFETY AWARENESS CAMPAIGN CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANAKAPUTHUR ON 23.01.2023

ROAD SAFETY AWARENESS CAMPAIGN CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT ANAKAPUTHUR ON 23.01.2023

AWARENESS CREATED:

An awareness campaign on road safety and traffic rules was conducted on the 24th of January for the residents of Anakaputhur at Anakaputhur bus Stop , the group of 50 participants were benefited , ana awareness was created about the various traffic signs on the road it was elaborated and explained to them in the local language . The **MOTOR VEHICLE ACT 1988** and various other MOTOR acts were explained , the new traffic fine structure and traffic crimes were explained to the public. An awareness about the Good Samaritan Act was explained and NK 48 scheme was explained briefly . The need of wearing helmet , seatbelts was explained to them . Various pictorial representations of road signs were shown to the public and the census of number of accidents & deaths occurring due to RTA in INDIA was shown with help of a Tablet.

Health awareness Team

1.	Dr.D.Yogesh Manickam
2.	Dr.Yuvan shankar
3.	Dr. Vinay
4.	Dr. Yashika
5.	Dr. Vignesh
6.	Dr. Vijayapriya

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Aapur, Padappai

DATE: 25/1/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 52

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 52 participants 6 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

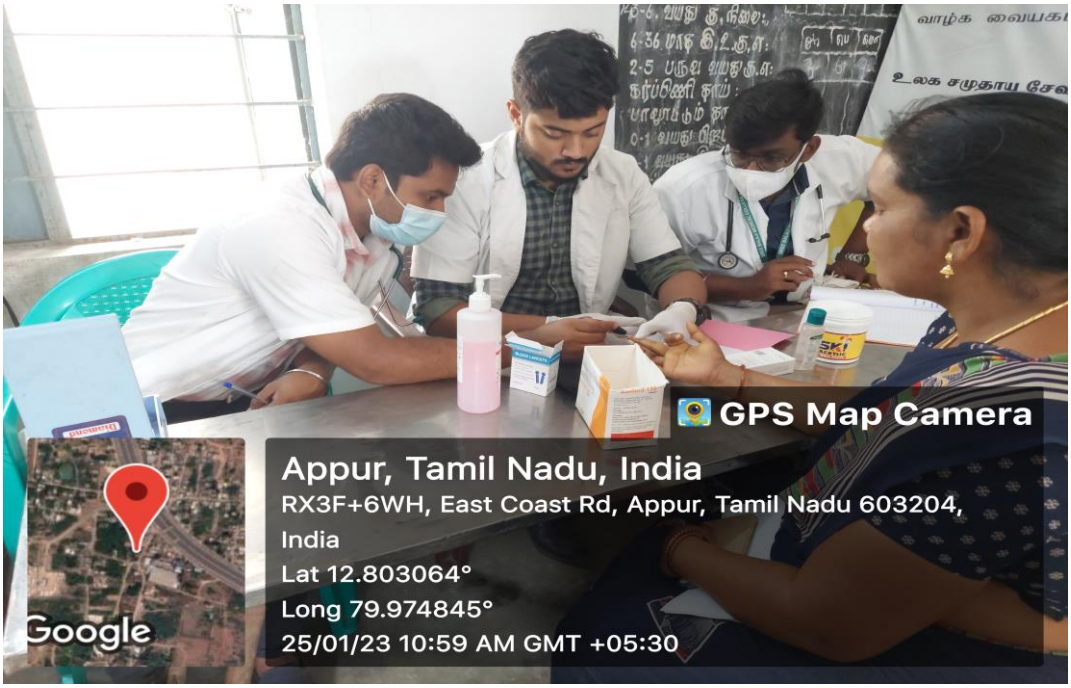
Lifestyle modification, adviced to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health

Health awareness Team

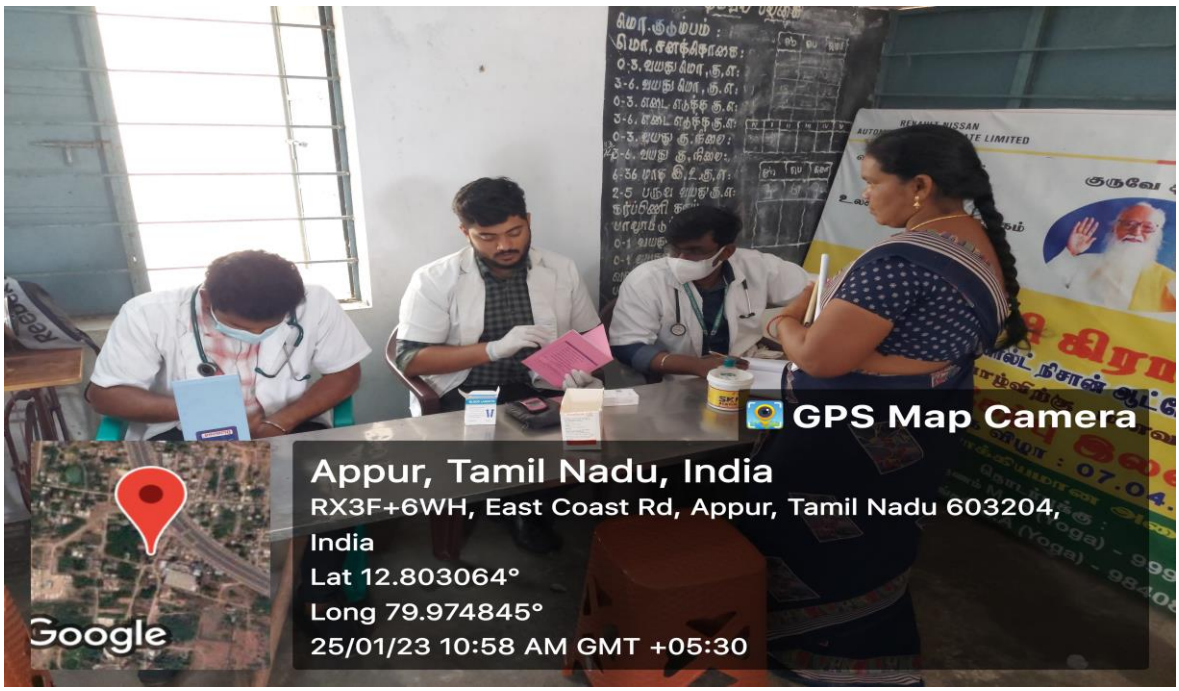
1.	Dr.Gowtham
2.	Dr.Gokul
3.	Dr. Swetha
4.	Dr. Surya
5.	Dr. Suhas
6.	Dr. Sushma
7.	Dr. Tejas
8.	Dr. Srivaishali
9.	Dr jaisanthosh
10	Dr. Sudharani
11	Dr.Dinesh

FREE MEDICAL CAMP AT AAPUR, 25/1/23

FREE MEDICAL CAMP AT AAPUR, 25/1/23



FREE MEDICAL CAMP AT AAPUR, 25/1/23



FREE MEDICAL CAMP AT AAPUR, 25/1/23

FREE MEDICAL CAMP AT AAPUR, 25/1/23

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

PERSONAL HYGIENE AWARNESS FOR SCHOOL GOING CHILDREN AT ANAKAPUTHUR

VENUE: UHTC,Anakaputhur **DATE**: 30/01/2023

TIME: 11 AM TO 11.30 AM

TOTAL BENEFICIARIES: 40

PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 30-01-2023

PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 30-01-2023

PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 30-01-2023

PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 30-01-2023

PERSONAL HYGIENE AWARENESS CAMP CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 30-01-2023

AWARENESS CREATED:

A school awareness program on personal hygiene was conducted in which school children`s were educated and trained on methods and steps of hand washing, hand & nail hygiene and good personal hygiene practices like bathing daily, brushing of teeth twice daily, washing hair with shampoo at least once a week ,washing of hands with soap before and after eating and before and after going to toilets, importance of wearing clean cloths, wearing masks etc .Nutritional benefits of fruits and vegetables were explained.

PERSONAL HYGIENE AWARNESS IN SCHOOL GOING CHILDREN AT ANAKAPUTHUR

S.NO	NAME	DESIGNATION	BATCH
1.	DR.KIRUTHIKA	POSTGRADUATE	2022-23
2.	DR.YOGESH MANICKAM	POSTGRADUATE	2022-23
3.	MS.YASHIKA	CRRI	2017-18
4.	MR.VIGNESH	CRRI	2017-18
5.	MS.VERTICA	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Kasturba Nagar

DATE: 2/2/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 76

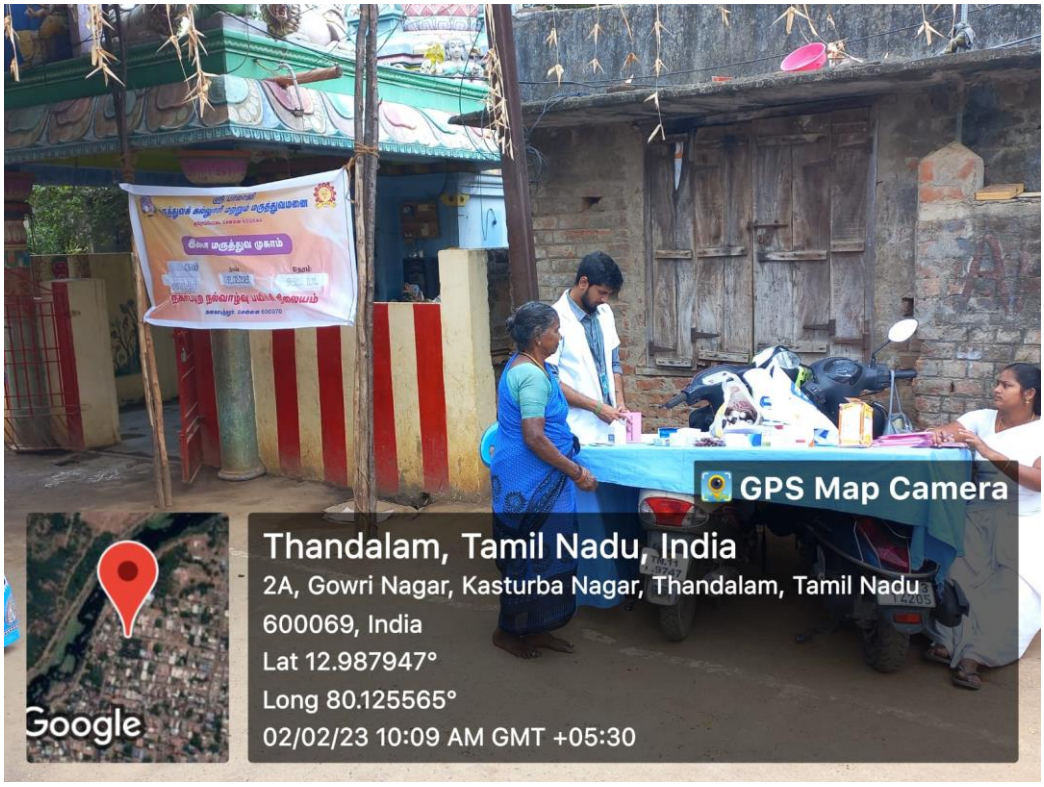
REFERAL:18

Free medical camp was conducted at Kasturba Nagar, for the people living in and around the locality. Health awareness regarding Diabetes was delivered by the PGs and the CRRI. Advice regarding medications and diet for Diabetes Mellitus .Upper respiratory tract infection, common cold, diabetes mellitus and hypertension cases were picked up and medications were prescribed. Free medicines were provided to all the patients.

After awareness being given the audience raised certain questions to the doctors present which was promptly cleared by them. Screening for diabetes and hypertension were done for all the people. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up.

HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.Raghul.S	PG
2.	Dr.Karthik.S	PG
3.	Vignesh	CRRI
4.	Chandraprakash	CRRI
5.	Madhumita	CRRI
6.	Rudhra	CRRI
7.	Salomi	CRRI
8.	Reshmi	CRRI

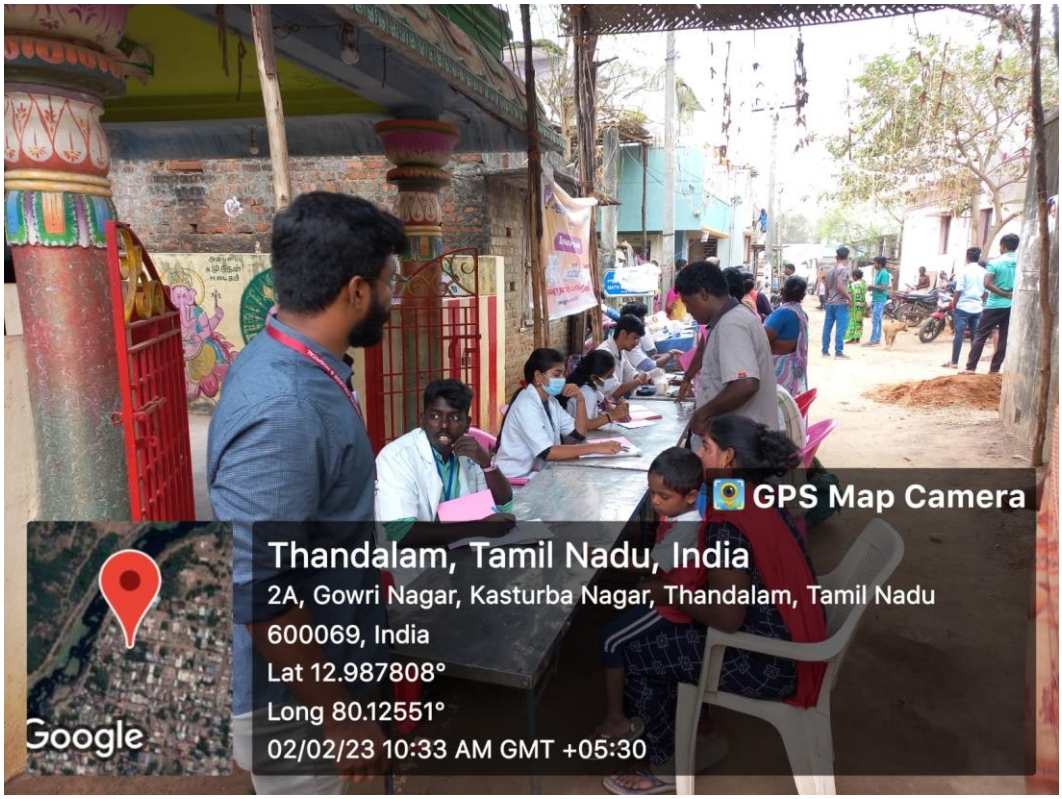


Free Medical Camp at Kasturba on 2/2/23.

Free Medical Camp at Kasturba on 2/2/23.

Free Medical Camp at Kasturba on 2/2/23.

Free Medical Camp at Kasturba on 2/2/23.



Free Medical Camp at Kasturba on 2/2/23.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL HEALTH CAMP IN PADAPPAI

VENUE: Valaiyakaranai, Padappai.

DATE: 03.02.2023

NUMBER OF BENEFICIARIES: 61

Male- 15

Female- 38

Children- 8

HEALTH CARE TEAM:

1. Dr. Pragadeesh P, Post Graduate
2. Dr. Vinoth kumar, Post Graduate
3. Dinesh kumar CRRI
4. Jignesh CRRI
5. Fazal CRRI
6. Hari prasath CRRI
7. Haritha CRRI

AUDIENCE:

General public in and around the UHTC, Valaiyakaranai, Padappai were informed about the programme.

AWARENESS CREATION:

The aim of the campaign is to create awareness about diabetes, Hypertension, Dengue and Malaria signs and symptoms with importance of early diagnosis and prompt treatment with regular follow-up.

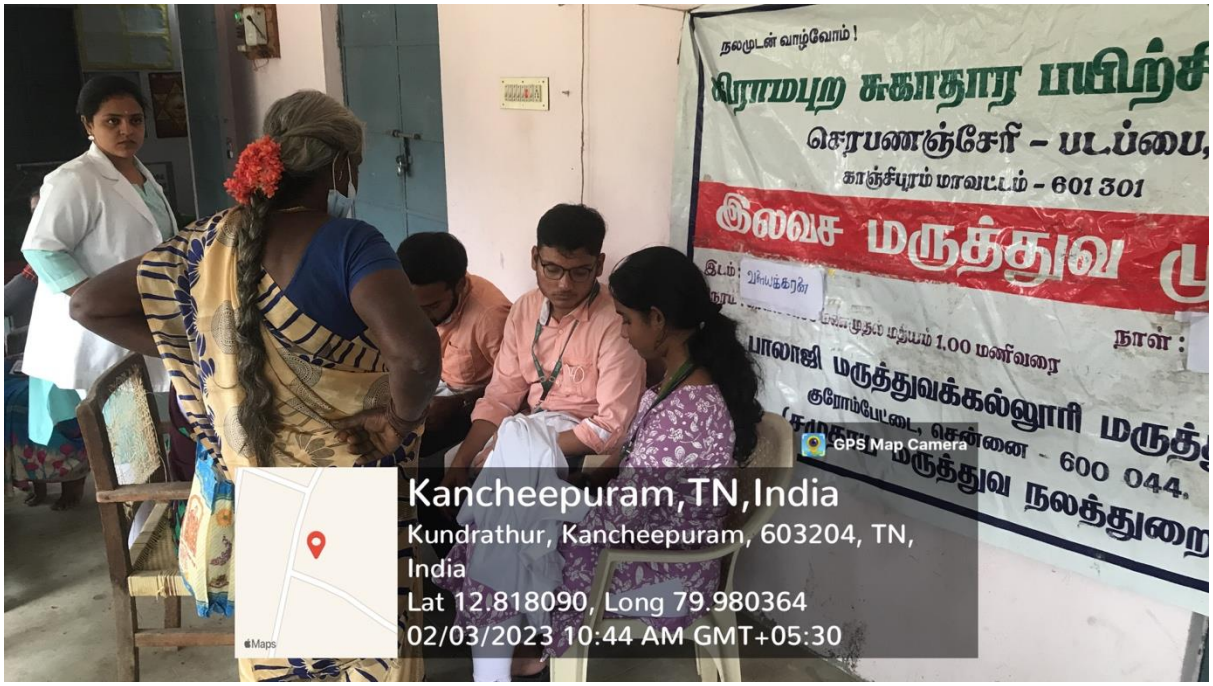
People with high risk of developing diabetes and hypertension were explained regarding the importance of preventive measures like modification of dietary habits, regular exercising, healthy life style, regular medication and follow up investigations and frequent health check-ups. Participants were also explained about the preventive measures and warning signs of dengue and malaria.

HEALTH CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status were given. Out of 61 participants, 9 were referred to Sree Balaji Medical College and Hospital, for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.



FREE MEDICAL HEALTH CAMP

VENUE: Valaiyakaranai, Padappai

DATE: 03/02/2023

FREE MEDICAL HEALTH CAMP

VENUE: Valaiyakaranai, Padappai

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VENUE: Valaiyakaranai, Padappai

DATE: 03/02/2023

FREE MEDICAL HEALTH CAMP

VENUE: Valaiyakaranai, Padappai

DATE: 03/02/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Rehobath Church

DATE: 9/2/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 80

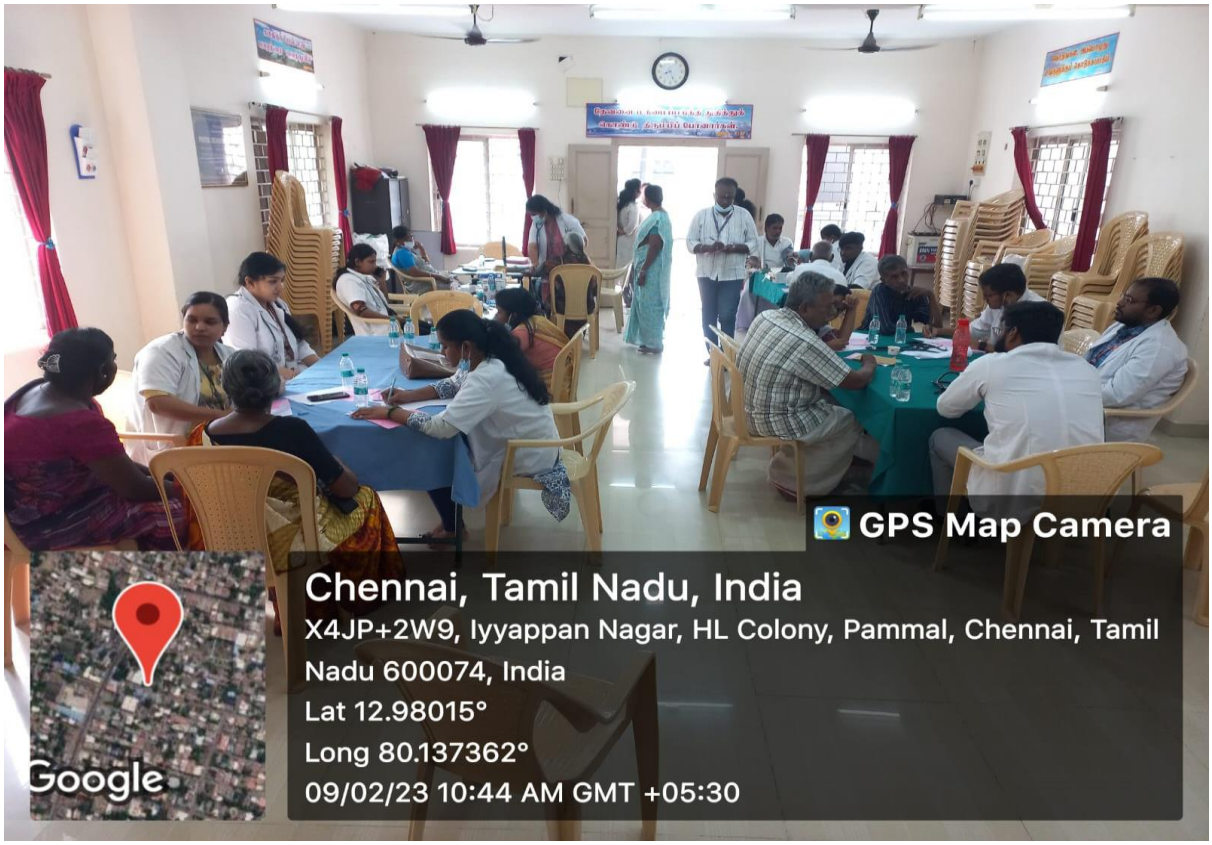
REFERAL:30

Free medical camp was conducted at Rehobath church, for the people living in and around the locality. Health awareness regarding Diabetes was delivered by the PGs and the CRRI. Advice regarding medications and diet for Diabetes Mellitus .Upper respiratory tract infection, common cold, diabetes mellitus and hypertension cases were picked up and medications were prescribed. Free medicines were provided to all the patients.

After awareness being given the audience raised certain questions to the doctors present which was promptly cleared by them. Screening for diabetes and hypertension were done for all the people. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up.

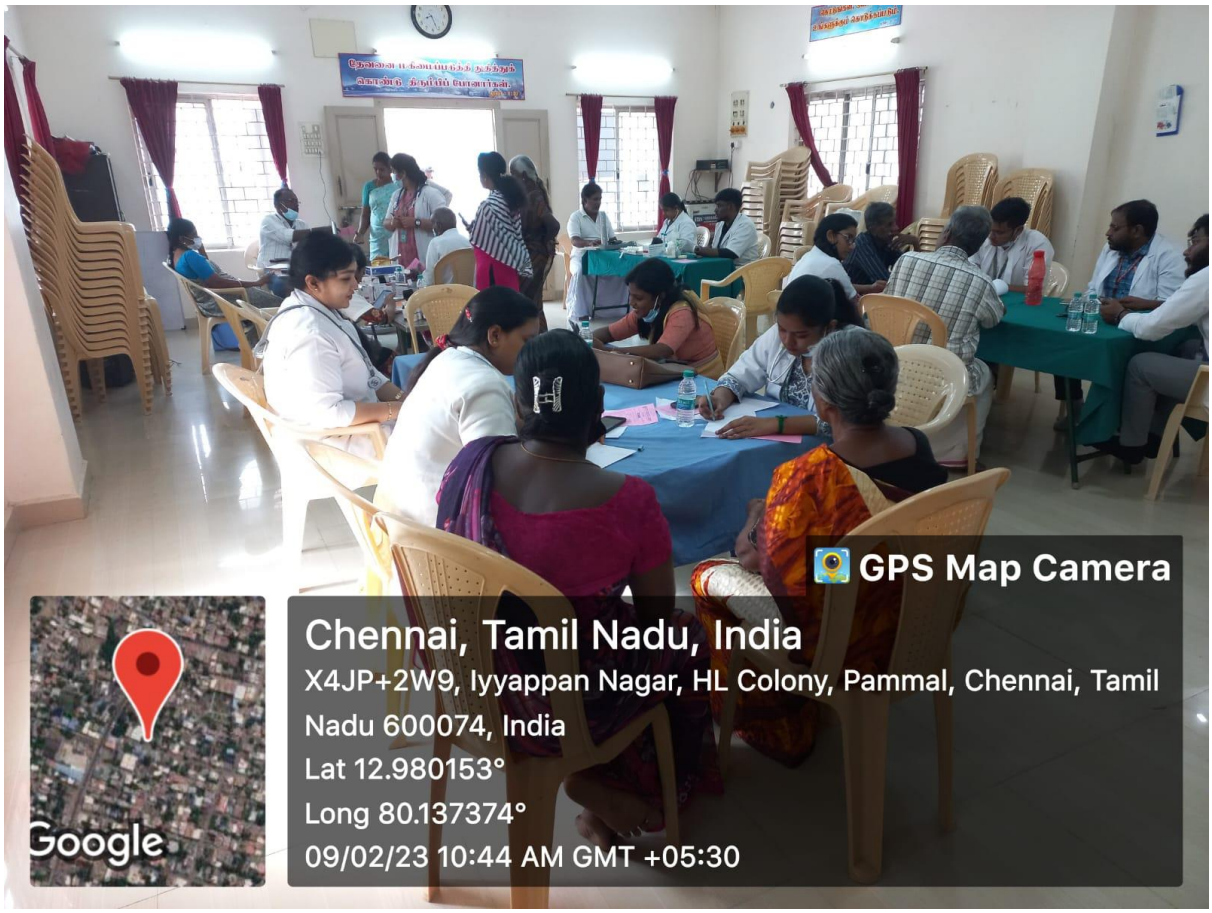
HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.Raghul.S	PG
2.	Dr.Karthik.S	PG
5.	Madhumita	CRRI
6.	Rudhra	CRRI
7.	Salomi	CRRI
8.	Reshmi	CRRI
3.	Vignesh	CRRI
4.	Chandraprakash	CRRI



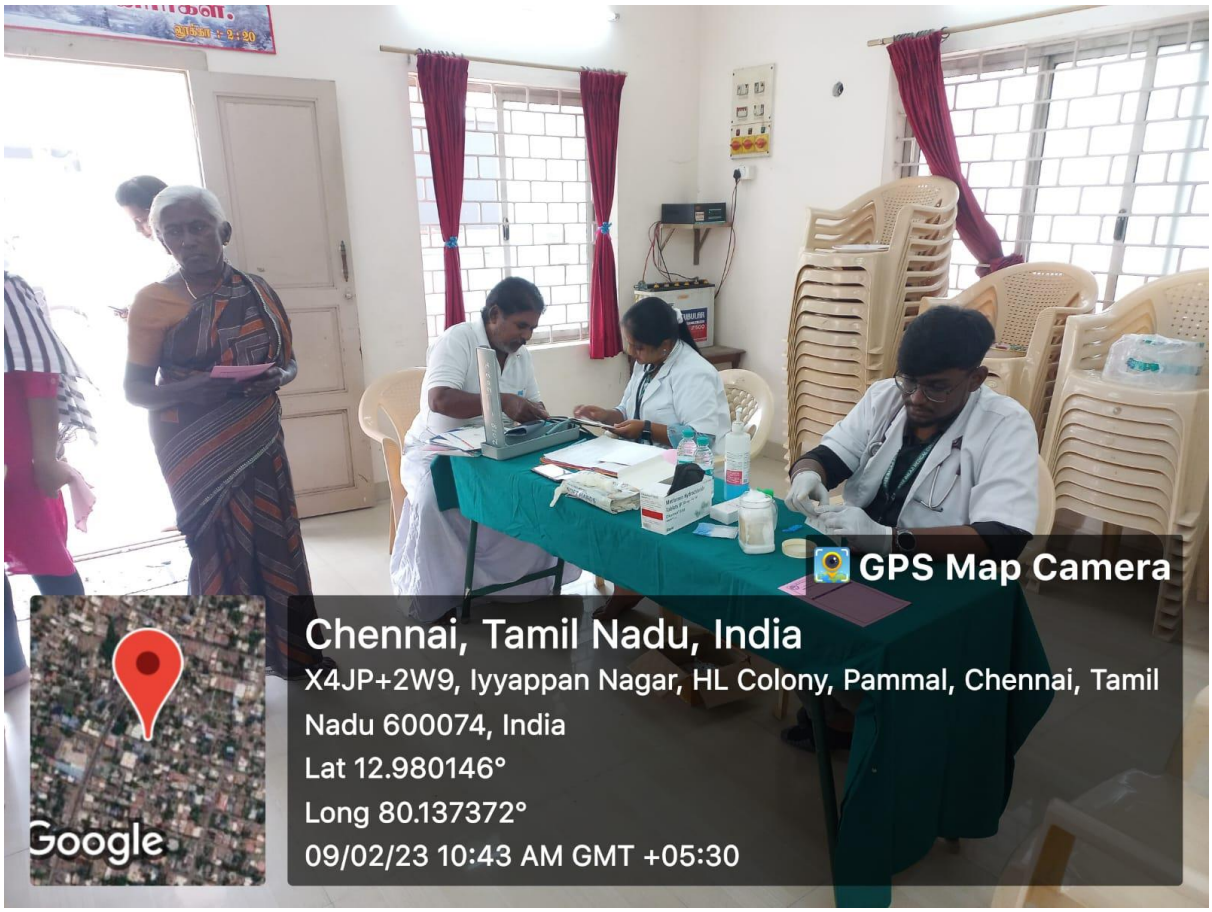
Free Medical Camp at Rehobath church on 9/2/23.

Free Medical Camp at Rehobath church on 9/2/23.



Free Medical Camp at Rehobath church on 9/2/23.

Free Medical Camp at Rehobath church on 9/2/23.



Free Medical Camp at Rehobath church on 9/2/23.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

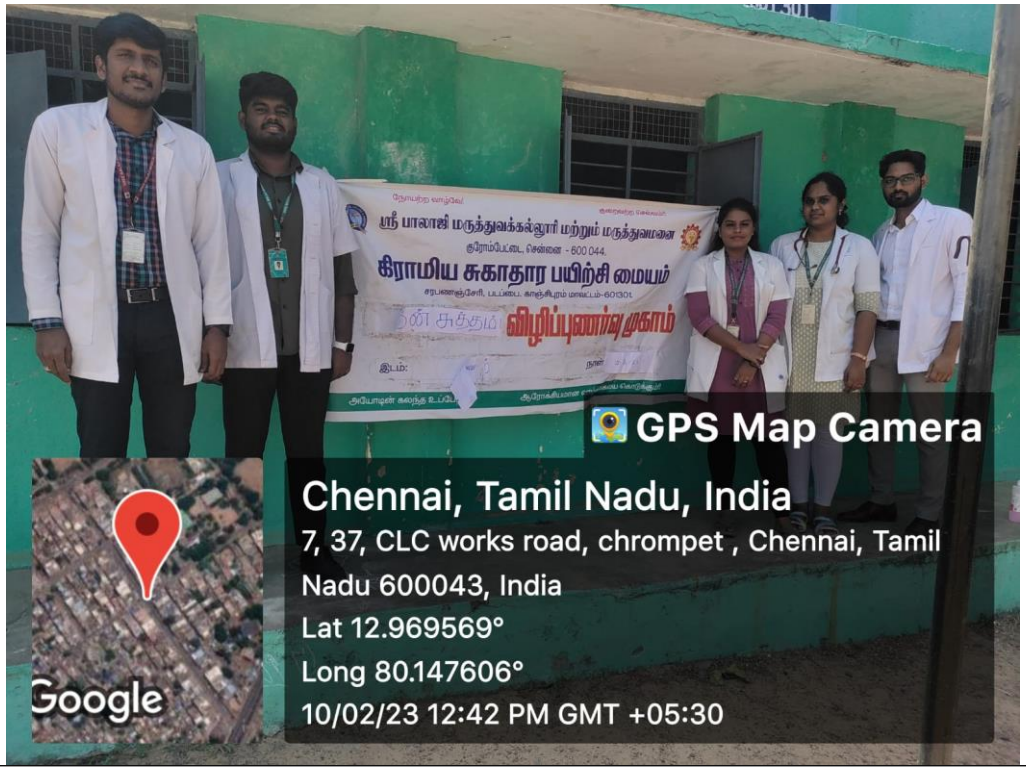
DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT PADAPPAI

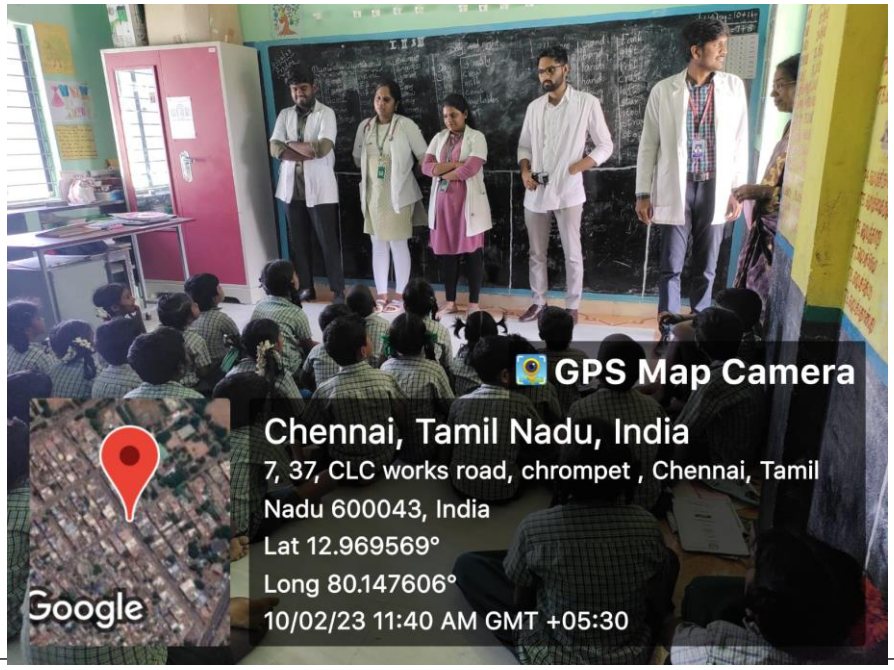
Venue: Kundrathur Ooratchi Ondriya primary school, Umayal paranancherry, Padappai.

Date:10.02.2023

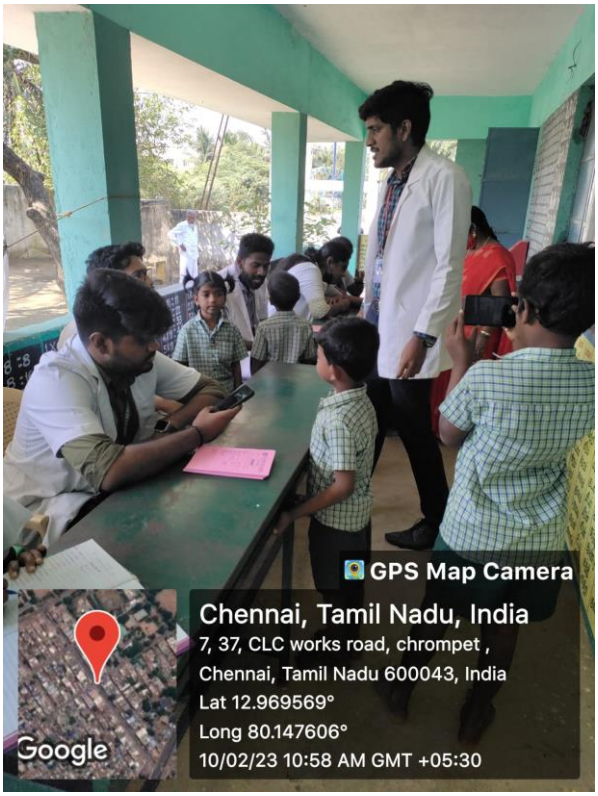
Number of beneficiaries:



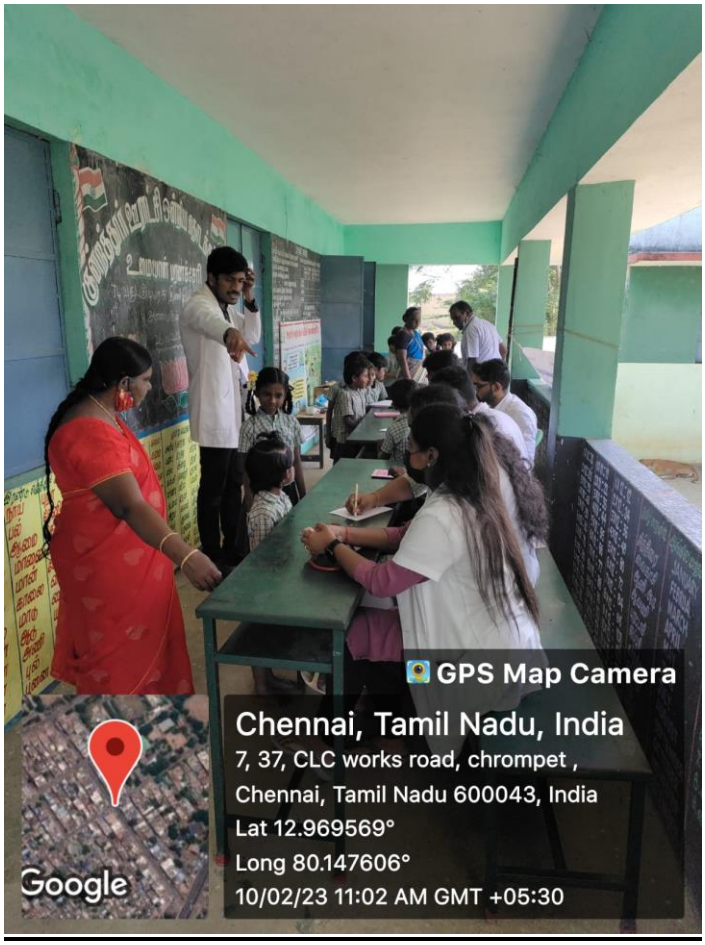
HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT PRIMARY SCHOOL UMAYAL PARANANCHERRY, RHTC PADAPPAI ON 10-02-2023.



HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT PRIMARY SCHOOL UMAYAL PARANANCHERRY, RHTC PADAPPAI ON 10-02-2023.



HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT PRIMARY SCHOOL UMAYAL PARANANCHERRY, RHTC PADAPPAI ON 10-02-2023.



HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT PRIMARY SCHOOL UMAYAL PARANANCHERRY, RHTC PADAPPAI ON 10-02-2023.

HEALTH CAMP :

Registration for the participants were made. All school children underwent general clinical examination. Children's anthropometry was measured. They were assessed for cleanliness & hygiene, dental caries. Advice regarding their respective health status was given. Out of 67 participants 7 were referred to Sree Balaji Medical College & Hospital for further management

HEALTH EDUCATION GIVEN:

The health awareness on self-hygiene was given to the school children at primary school, umayal parananchery padappai. All the students were given advice with respect to hand hygiene and nutrition, foot care (avoid bare foot walking) and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AMONG SCHOOL CHILDREN AT RHTC ON 10-02-2023

S.NO	NAME	DESIGNATION	BATCH
1.	DR.PRAGADEESH	POSTGRADUATE	2020-21
2.	DR.P.VINOTH KUMAR	POSTGRADUATE	2020-21
3.	MR.SHANMUGA PRASAD	CRRI	2017-18
4.	MS.SHYAM GANESH	CRRI	2017-18
5.	MR.SRI NANDINI	CRRI	2017-18
6.	MS.SNEHA	CRRI	2017-18

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Ambedkar nagar

DATE: 16/2/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 80

REFERAL:30

Free medical camp was conducted at Ambedkar nagar, for the people living in and around the locality. Health awareness regarding Diabetes was delivered by the PGs and the CRRI. Advice regarding medications and diet for Diabetes Mellitus .Upper respiratory tract infection, common cold, diabetes mellitus and hypertension cases were picked up and medications were prescribed. Free medicines were provided to all the patients.

After awareness being given the audience raised certain questions to the doctors present which was promptly cleared by them. Screening for diabetes and hypertension were done for all the people. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up.

HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.Karthik.S	PG
2.	Dr.Raghul.S	PG
5.	Madhumita	CRRI
6.	Rudhra	CRRI
7.	Salomi	CRRI
8.	Reshmi	CRRI
9.	Vignesh	CRRI
10.	Chandraprakash	CRRI

Free Medical Camp at Ambedkar nagar on 16/2/23.

Free Medical Camp at Ambedkar nagar on 16/2/23.

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Free Medical Camp at Ambedkar nagar on 16/2/23.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL HEALTH CAMP IN PADAPPAI

VENUE: Umayal Paranacheri, Padappai.

DATE: 22.02.2023

NUMBER OF BENEFICIARIES: 52

Male- 22

Female- 28

Children- 2

HEALTH CARE TEAM:

1. Dr. Pragadeesh P, Post Graduate
2. Dr. Vinoth kumar, Post Graduate
3. Kishore CRRI
4. Jignesh CRRI
5. Shruthi CRRI
6. Sneha Anand CRRI
7. Haritha CRRI

AUDIENCE:

General public in and around the UHTC, Umayal Paranacheri, Padappai were informed about the programme.

AWARENESS CREATION:

The aim of the campaign is to create awareness about diabetes, Hypertension, Dengue and Malaria signs and symptoms with importance of early diagnosis and prompt treatment with regular follow-up.

People with high risk of developing diabetes and hypertension were explained regarding the importance of preventive measures like modification of dietary habits, regular exercising, healthy life style, regular medication and follow up investigations and frequent health check-ups. Participants were also explained about the preventive measures and warning signs of dengue and malaria.

HEALTH CAMP:

Registration for the participants were done. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status were given. Out of 52 participants, 6 were referred to Sree Balaji Medical College and Hospital, for further evaluation and management.

SCREENING FOR DIABETES MELLITUS AND HYPERTENSION:

The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension.

FREE MEDICAL HEALTH CAMP

VENUE: Umayal Paranacheri, Padappai

DATE: 22/02/2023

FREE MEDICAL HEALTH CAMP

VENUE: Umayal Paranacheri, Padappai

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FREE MEDICAL HEALTH CAMP

VENUE: Umayal Paranacheri, Padappai

DATE: 22/02/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: St. Anthony Church

DATE: 23/2/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 80

REFERAL:30

Free medical camp was conducted at St. Anthony Church, for the people living in and around the locality. Health awareness regarding Diabetes was delivered by the PGs and the CRRI. Advice regarding medications and diet for Diabetes Mellitus .Upper respiratory tract infection, common cold, diabetes mellitus and hypertension cases were picked up and medications were prescribed. Free medicines were provided to all the patients.

After awareness being given the audience raised certain questions to the doctors present which was promptly cleared by them. Screening for diabetes and hypertension were done for all the people. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up.

HEALTH CARE TEAM:

S.No	Name	Designation
1.	Dr.Karthik.S	PG
2.	Dr.Raghul.S	PG
5.	Madhumita	CRRI
6.	Rudhra	CRRI
7.	Salomi	CRRI
8.	Reshmi	CRRI

Free Medical Camp at St. Anthony Church on 23/2/23.

Free Medical Camp at St. Anthony Church on 23/2/23.

Free Medical Camp at St. Anthony Church on 23/2/23.

Free Medical Camp at St. Anthony Church on 23/2/23.

Free Medical Camp at St. Anthony Church on 23/2/23.

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

ANTENATAL AWARENESS PROGRAMME

VENUE: URBAN HEALTH TRAINING CENTRE, ANAKAPUTHUR

DATE: 04/03/2023

TIME: 9 AM TO 02:00 PM

TOTAL BENEFICIARIES: 25

OBJECTIVE:

The objective is to create Antenatal awareness

Registration of all the participants were done, clinical examination was done and advice was given regarding their health

Antenatal care is the care of mother during pregnancy. Primary aim of antenatal care is to achieve healthy mothers and baby.

The mothers were educated about the objectives and the importance of antenatal care. They were educated about the different trimesters of pregnancy, the number of times they should visit the hospital during the antenatal period the nutrition they should take during the antenatal period and the personal hygiene they should maintain.

Awareness was created about the risk factors during the antenatal period and the signs and symptoms of hypertension during pregnancy.

Awareness was created about the amount of weight gain during pregnancy and the importance of care for a pregnant mother.

HEALTH AWARENESS TEAM

1.	Dr. Jansi Rani (Medical Officer in charge)
2.	Dr.Subhashini V (PG)
3.	Dr Fazal riaz (CRRI)
4.	Dr Kumaresh (CRRI)
5.	Dr Harish(CRRI)
6.	Dr Kiran Raj(CRRI)

ANTENATAL AWARENESS CAMP ON 04.03.2023

ANTENATAL AWARENESS CAMP ON 04.03.2023 AT ANAKAPUTHUR

ANTENATAL AWARENESS CAMP ON 04.03.2023 AT ANAKAPUTHUR

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

WORLD TB AWARENESS PROGRAMME 2023

THEME: Yes! We can end TB

VENUE: RHTC, Padappai

DATE: 18/03/2022

TIME: 10 am to 12 pm

NO. OF BENEFICIARIES: 32

Every year, 10 million people fall ill with Tuberculosis, despite being a preventable and curable disease. 1.5 million people die from TB each year, making it the world's top infectious killer. TB is the leading cause of death of people with HIV and is a major contributor to antimicrobial resistance. Almost half of all the people with TB can be found in 8 countries: Bangladesh, China, India, Indonesia, Nigeria, Pakistan, Philippines and South Africa.

Speakers Dr. Hariharan, Assistant Professor, Dr. Sujitha, Assistant Professor and Dr. Ramkumar, Assistant Professor, spoke about TB, significance of World TB Day, Global and Indian scenario, signs and symptoms of TB, diagnosis of TB, sputum collection, treatment of TB, how to protect people at risk and about NTEP program. The people who attended the awareness camp asked their doubts which were cleared by the Assistant Professors and they also shared their experience about being with relatives and friends who had TB.

Dr. Yogesh Manickam, 3rd Postgraduate, presented a poster in which he spoke about the significance of world TB Day and how it is important to spread the awareness among the common people. He made the people aware of the free TB medication provided by the government and as to how and where to avail it. CRRIs also made a made a poster presentation explaining the signs and symptoms, do's and don't's when having TB.

3rd year undergraduate students presented a skit on TB making it easier and simpler for the common people to understand about the disease.

PROGRAME GUIDED BY:

DR.R.UMADEVI, PROFESSOR, HOD

DR.HARIHARAN, ASSISTANT PROFESSOR,

DR.SUJITHA, ASSISTANT PROFESSOR,

DR.RAMKUMAR, ASSISTANT PROFESSOR,

DR. MOHAMMED SHUAIB SAIT, POSTGRADUATE,

DR.JEFFREY JOSEPH, POSTGRADUATE,

DR.GOKUL G, POSTGRADUATE,

DR.GOWTHAM S., POSTGRADUATE,

DR.KIRUTHIKA N., POSTGRADUATE,

DR.NIKHIL C.M., POSTGRADUATE,

DR.SWATHIKA DEVI R, POSTGRADUATE,

DR.YOGESH MANICKAM, POSTGRADUATE,

GPS Map Camera
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VXCQ+8HC, Serappanachery, Salamangalam,
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SREE BALAJI MEDICAL COLLEGE AND HOSPITAL
DEPARTMENT OF COMMUNITY MEDICINE
WORLD TUBERCULOSIS DAY - 2023
GPS Map Camera
Salamangalam, Tamil Nadu, India
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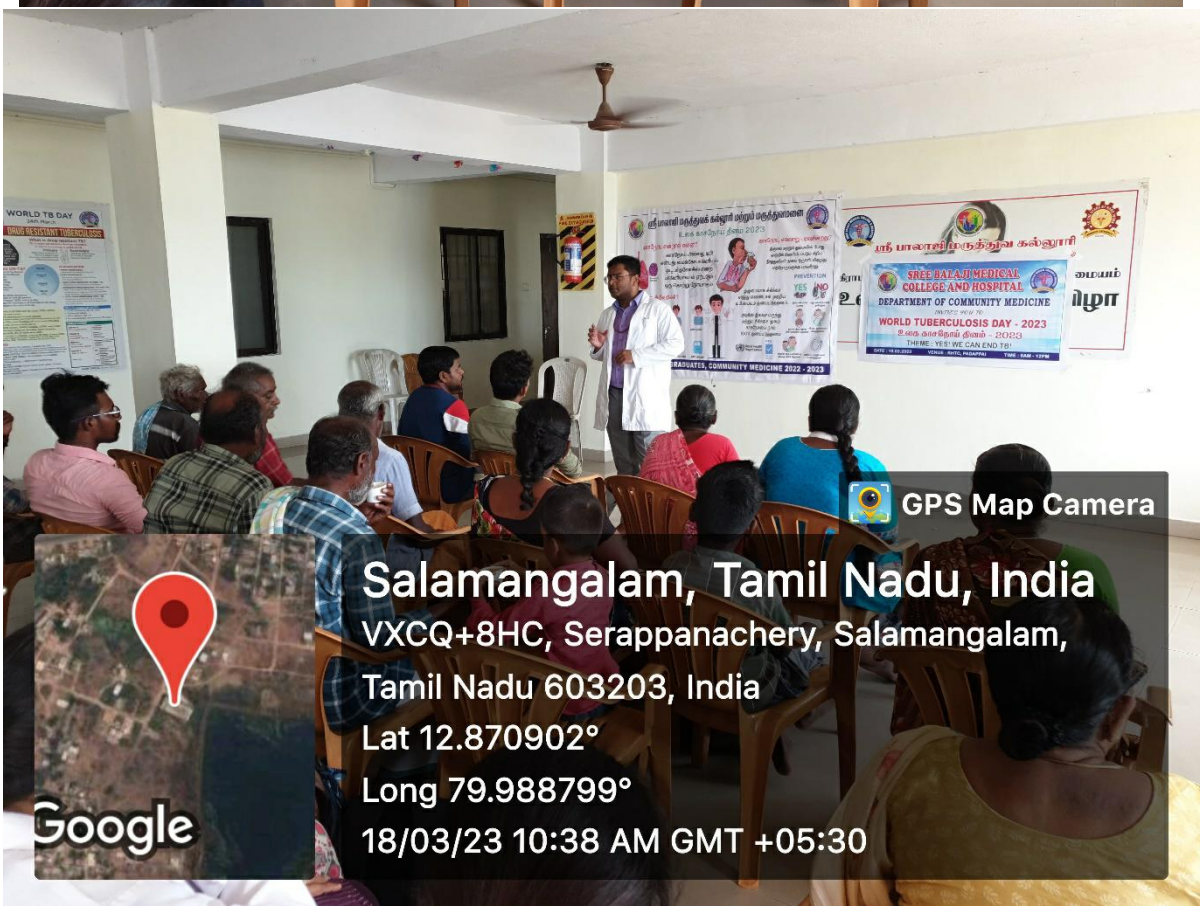
WORLD TB DAY
SREE BALAJI MEDICAL COLLEGE AND HOSPITAL
DEPARTMENT OF COMMUNITY MEDICINE
WORLD TUBERCULOSIS DAY - 2023
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Tamil Nadu 603203, India
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SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

OUTREACH HEALTH CAMP

VENUE: DAANISH AHAMED, VANJUVANCHERRY

DATE: 21/03/2023

TIME: 10 AM TO 2:00 PM

TOTAL BENEFICIARIES: 175

OBJECTIVE:

The objective is to create health awareness among college students and staff.

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 175 participants 27 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,

Lifestyle modification, adviced to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fibre content were discussed about and public urged to consume such food for better health

Health awareness Team

HEALTH AWARENESS TEAM

1.	Dr.Mohamed Shuaib Sait
2.	Dr.Rithin Chowdary
3.	Dr.Priyanka
4.	Dr.Rizwan
5.	Dr.Pushpa Preethi
6.	Dr. Kiran Raj
7.	Dr.Sahini Sneha

OUTREACH HEALTH AWARENESS CAMP, IN DAANISH AHMED COLLEGE ON 21/3/2023

OUTREACH HEALTH AWARENESS CAMP, IN DAANISH AHMED COLLEGE ON 21/3/2023

OUTREACH HEALTH AWARENESS CAMP, IN DAANISH AHMED COLLEGE ON 21/3/2023

OUTREACH HEALTH AWARENESS CAMP, IN DAANISH AHMED COLLEGE ON 21/3/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS CAMP

VENUE: ANAKAPUTHUR TEMPLE

DATE: 23/03/2023

TIME: 9 AM TO 02:00 PM

TOTAL BENEFICIARIES: 35

OBJECTIVE:

The objective is to create TB awareness

Registration of all the participants were done, clinical examination was done and advice was given regarding their health

Tuberculosis is one of the most common communicable disease which affects the population.Causative agent is mycobacterium tuberculosis.Primary aim of the awareness programme is to achieve healthy population and detect the disease as quick as possible and treat accordingly

Awareness was created about the risk factors and signs ans symptoms of the disease

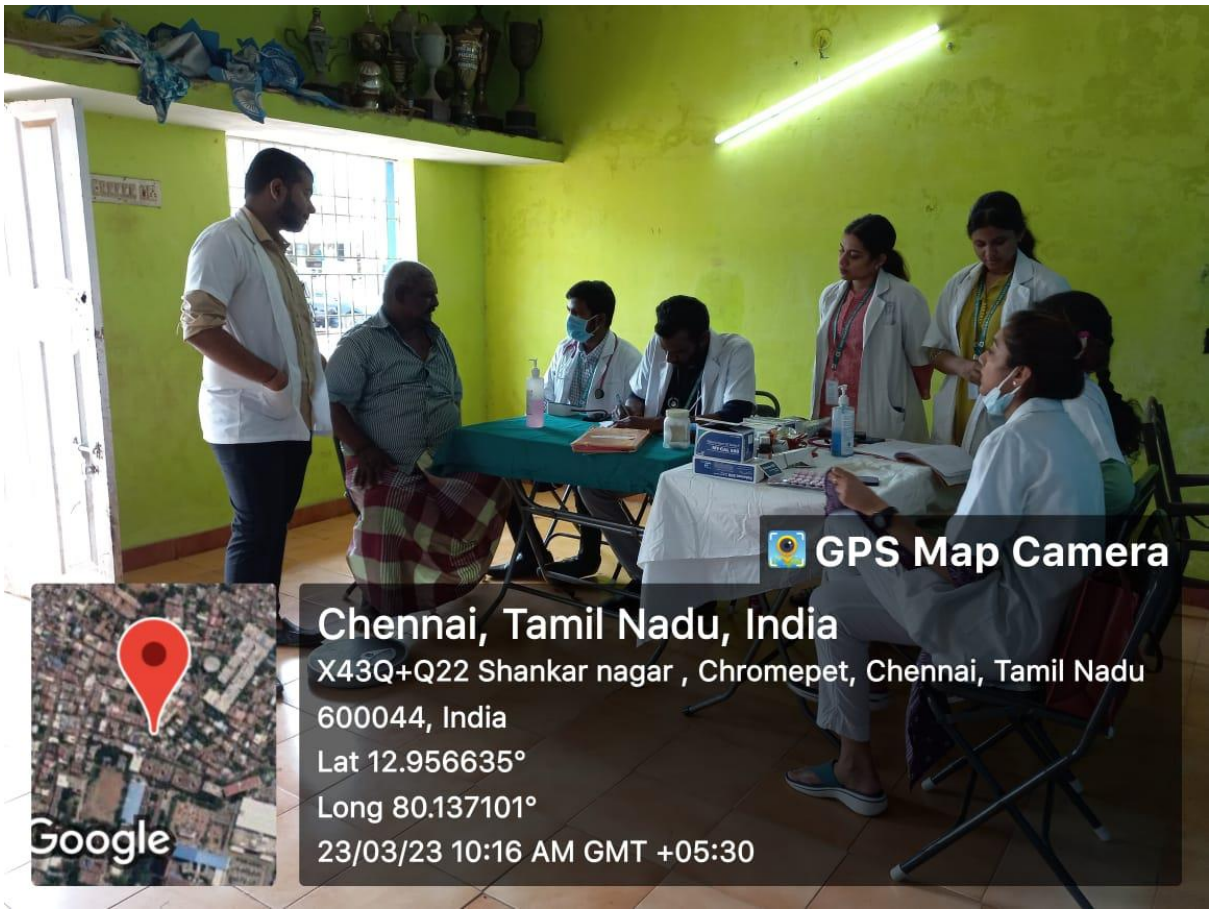
HEALTH AWARENESS TEAM

1.	Dr. Jansi Rani (Medical Officer in charge)

2.	Dr.Subhashini V (PG)
3.	Dr Shereen Fathima (CRRI)
4.	Dr Shreyanshi Sah (CRRI)
5.	Dr Siiriin(CRRI)
6.	Dr Sneha Babu(CRRI)
7.	Dr Sneha V Raj (CRRI)
8.	Dr Sohail Hussain(CRRI)
9.	Dr Sophia Panda(CRRI)
10.	Dr Sriram Ravishankar(CRRI)
11.	Dr Subitha S(CRRI)
12.	Dr Sudhakar A(CRRI)
13.	Dr Sudhir S(CRRI)

TUBERCULOSIS AWARENESS CAMP ON 23.03.2023

TUBERCULOSIS AWARENESS CAMP ON 23.03.2023 AT ANAKAPUTHUR



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TUBERCULOSIS AWARENESS CAMP ON 23.03.2023 AT ANAKAPUTHUR

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SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Salamangalam, Padappai

DATE: 05/04/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 54

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 54 participants 10 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

Health awareness Team

1.	Dr. Swathika Devi
2.	Dr. Nikhil
3.	Dr. Sudeer
4.	Dr. Sudhakar
5.	Dr. Sneha Babu
6.	Dr. Sneha
7.	Dr. Subitha
8.	Dr. Sneha R
9.	Dr. Sirin

Free Medical Camp at Salamangalam on 05-04-2023

Free Medical Camp at Salamangalam on 05-04-2023

Free Medical Camp at Salamangalam on 05-04-2023

Free Medical Camp at Salamangalam on 05-04-2023

Free Medical Camp at Salamangalam on 05-04-2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Kovil street,Anakaputhur

DATE: 06/04/2023

TIME: 9 AM TO 02:00 PM

TOTAL BENEFICIARIES: 73

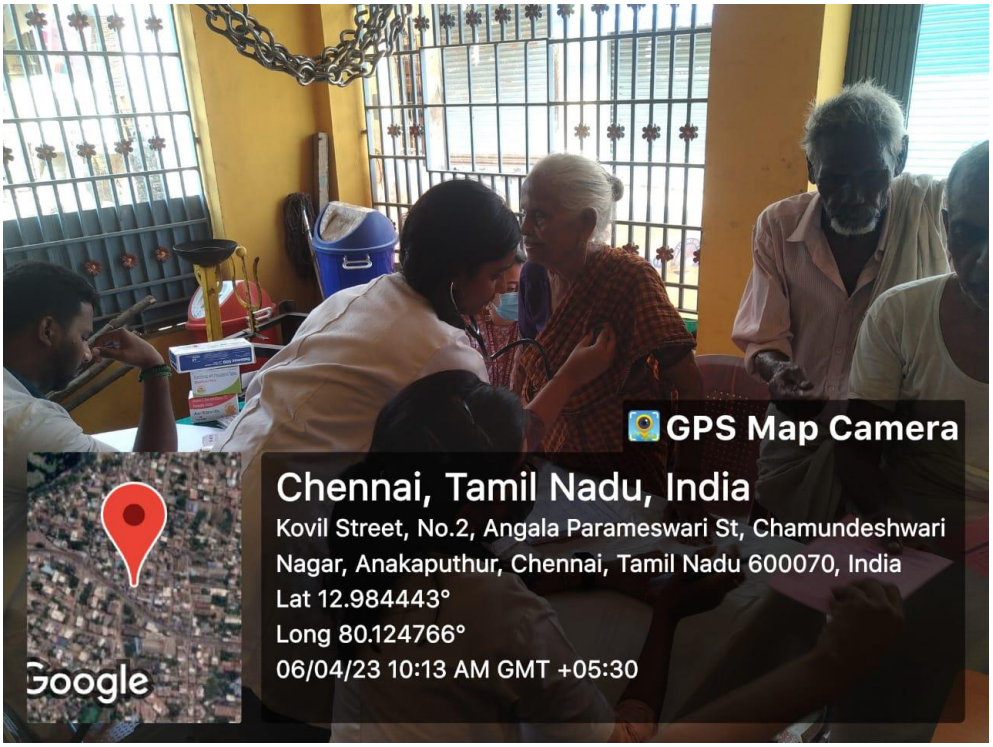
Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 73 participants 14 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

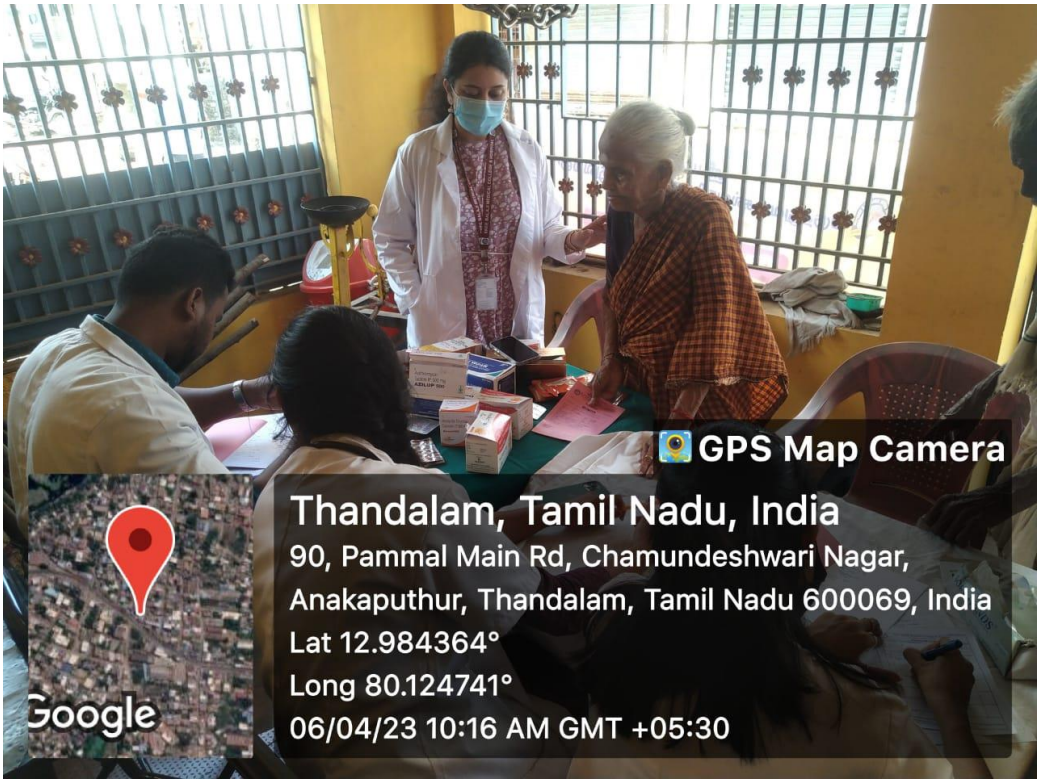
Health awareness Team

1.	Dr. Jeffrey Joseph J
2.	Dr. Haritha Senthilvel
3.	Dr. Mohammad Abubucker
4.	Dr. Manoj Prabhu
5.	Dr. Manoj Kumar
6.	Dr. Haritha
7.	Dr. Madhumitha
8.	Dr. Meenakshi

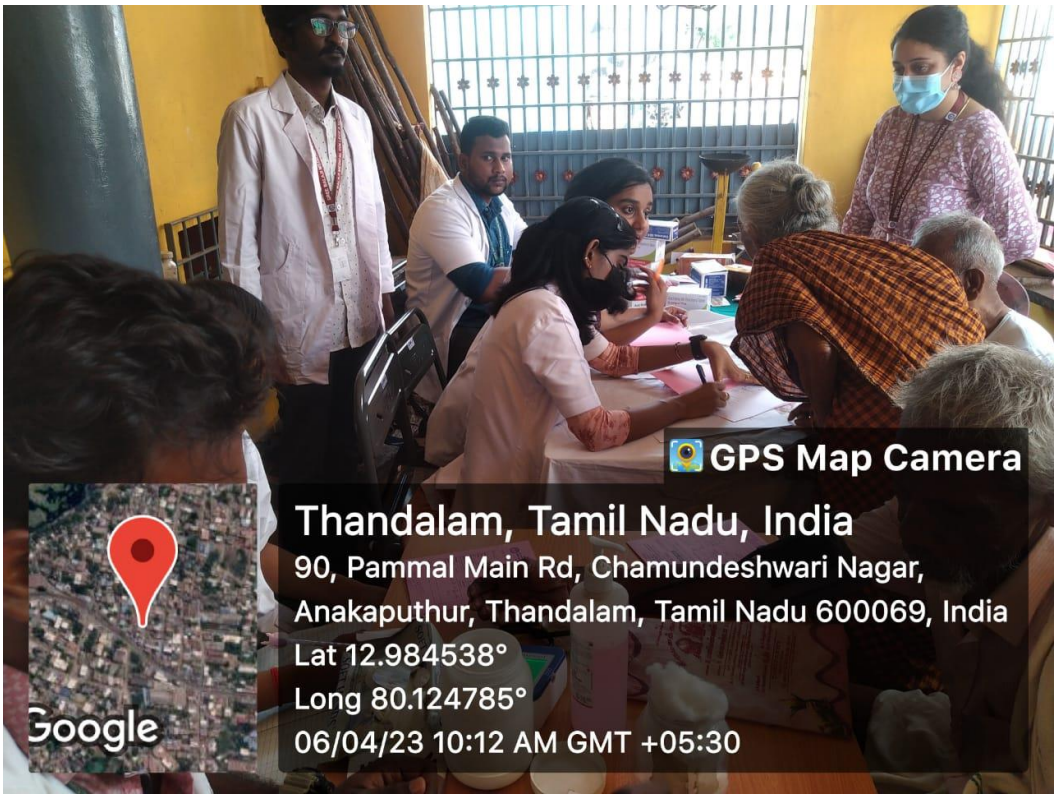


Free Medical Camp at Kovil Street, Anakaputhur on 06-04-2023

Free Medical Camp at Kovil Street, Anakaputhur on 06-04-2023



Free Medical Camp at Kovil Street, Anakaputhur on 06-04-2023



Free Medical Camp at Kovil Street, Anakaputhur on 06-04-2023

Free Medical Camp at Kovil Street, Anakaputhur on 06-04-2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: kanniamman koil street,Anakaputhur

DATE: 13/04/2023

TIME: 9 AM TO 02:00 PM

TOTAL BENEFICIARIES: 45

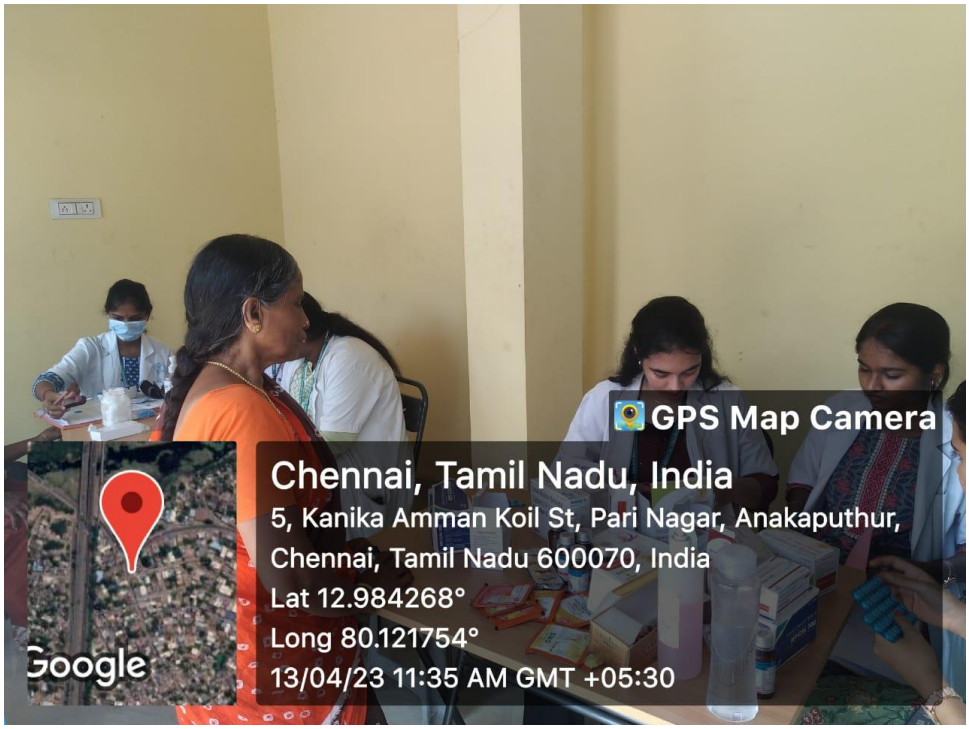
Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 45 participants 10 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

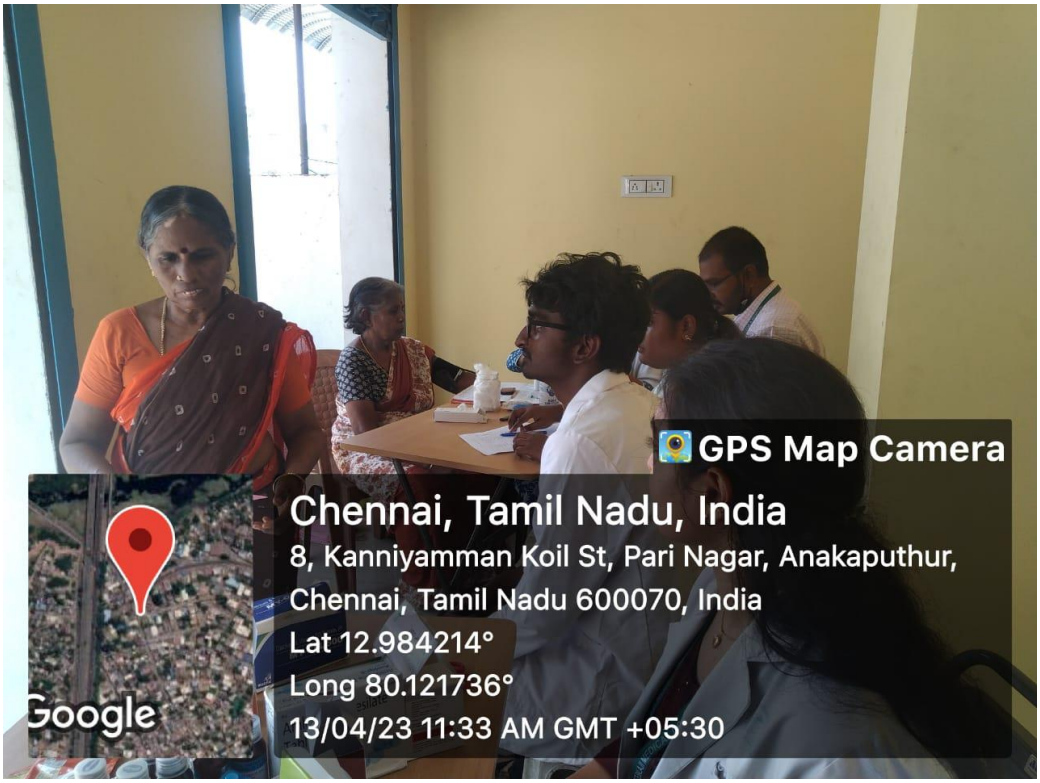
Health awareness Team

1.	Dr. Jeffrey Joseph J
2.	Dr. Clive Royson
3.	Dr. Afrid Ahmed
4.	Dr. Subathra Pradhan
5.	Dr. Ruhani Sultana
6.	Dr. Agnes
7.	Dr. Abini
8.	Dr. Abirami



Free Medical Camp at Kanniamman Street, Anakaputhur on 13-04-2023

Free Medical Camp at Kanniamman Street, Anakaputhur on 13-04-2023



Free Medical Camp at Kanniamman Street, Anakaputhur on 13-04-2023

Free Medical Camp at Kanniamman Street, Anakaputhur on 13-04-2023

Free Medical Camp at Kanniamman Street, Anakaputhur on 13-04-2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE SCREENING AND MEDICAL CAMP

VENUE: Karigaalan Nagar, Anakaputhur **DATE**: 20/04/23

TIME: 9:30 AM TO 12PM

TOTAL BENEFICIARIES: 65

FREE HEALTH SCREENING CAMP:

Registration for the participants were done. All registered participants were provided with an OP card. Vitals were recorded.

GENERAL HEALTH SCREENING:

All the participants underwent general clinical examination. The participants were screened for diabetes by recording CBG and hypertension by recording blood pressure. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension. A total of 6 male patients and 51 female patients attended the camp out of which 5 were referred to Sree Balaji medical college for further treatment.

HEALTH EDUCATION AND AWARENESS:

The aim of the program is to create awareness among the people about common non communicable diseases like type II diabetes and hypertension. Participants were made aware of lifestyle modification for both. Diabetic diet was explained in detail. Doubts from the audience was also cleared by the doctors.

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AT ANAKAPUTHUR ON 24-04-2023

S.NO	NAME	DESIGNATION	BATCH
1.	DR.MONICA ALBERT	POSTGRADUATE	2021-22
2.	SHYAM	CRRI	2017-28
3.	RIYA	CRRI	2017-2018
4.	AARADHANA	CRRI	2017-2018

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 24-04-2023 AT KARIGAALAN NAGAR

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 24-04-2023 AT KARIGAALAN NAGAR

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 24-04-2023 AT KARIGAALAN NAGAR

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 24-04-2023 AT KARIGAALAN NAGAR

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 24-04-2023 AT KARIGAALAN NAGAR

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 24-04-2023 AT KARIGAALAN NAGAR

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE SCREENING AND MEDICAL CAMP

VENUE: Labour School Street, Anakaputhur **DATE**: 27/04/23

TIME: 9:30 AM TO 12PM

TOTAL BENEFICIARIES: 44

GENERAL HEALTH SCREENING:

All the participants underwent general clinical examination. The participants were screened for diabetes by recording CBG and hypertension by recording blood pressure. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension were given appropriate treatment and dietary advice with respect to diabetes and hypertension. Out of the 44 patients 10 were referred to Balaji medical college for further treatment.

HEALTH EDUCATION AND AWARENESS:

Awareness talk was given by the doctors in tamil about Type II diabetes Patients were educated about identifying signs and symptoms of acute diabetic complications including hypoglycemia, DKA etc.

Patients above 30 years who had a family history of non communicable diseases were advised on screening and preventive life style modification was taught to them.

FREE MEDICAL CHECK-UP AND HEALTH AWARENESS CAMP AT ANAKAPUTHUR ON 27-04-2023

S.NO	NAME	DESIGNATION	BATCH
1.	DR.MONICA ALBERT	POSTGRADUATE	2021-22
2.	ABHINAYA	CRRI	2017-28
3.	AJEETH KUMAR	CRRI	2017-2018
4.	AKSHAYA	CRRI	2017-2018

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 27-04-2023 AT LABOUR STREET ROAD

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 27-04-2023 AT LABOUR STREET ROAD

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 27-04-2023 AT LABOUR STREET ROAD

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 27-04-2023 AT LABOUR STREET ROAD

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT UHTC ANAKAPUTHUR ON 27-04-2023 AT LABOUR STREET ROAD

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: BABU AVENUE STREET, ANAGAPUTHUR

DATE: 04/05/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 44

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 44 participants 21 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self care for Diabetes and Hypertension were explained

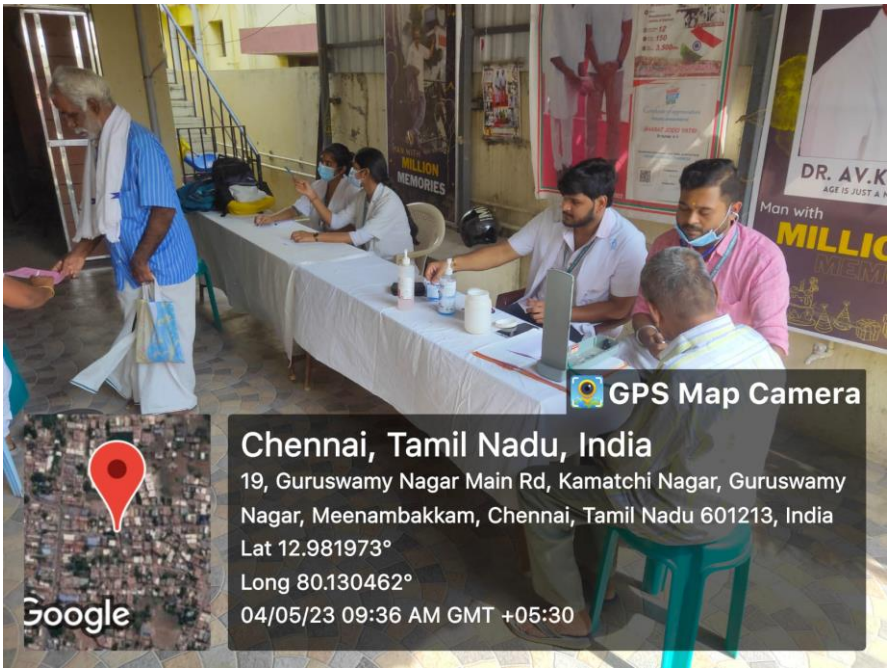
Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation

Health awareness Team

1.	Dr. Gokul G
2.	Dr. Gowtham S
3.	Dr. Amala shybi
4.	Dr. Aiswaryaa B
5.	Dr. Abirami R
6.	Dr. Aishvaryaa TV
7.	Dr. Naveen balaji
8.	Dr. Praveen

FREE MEDICAL CAMP AT BABU AVENUE, ANAKAPUTHUR ON 04/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT BABU AVENUE, ANAKAPUTHUR ON 04/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH



FREE MEDICAL CAMP AT BABU AVENUE, ANAKAPUTHUR ON 04/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT BABU AVENUE, ANAKAPUTHUR ON 04/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT BABU AVENUE, ANAKAPUTHUR ON 04/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT BABU AVENUE, ANAKAPUTHUR ON 04/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION, AWARENESS &

FREE MEDICAL CAMP

VENUE: RHTC , PADAPPAI **DATE**: 06/05/2023

TIME: 10AM TO 12.30PM

TOTAL BENEFICIARIES: 27

HEALTH EDUCATION AND AWARENESS:

Dengue in human is often inapparent and leads to a wide range of clinical manifestations, from mild fever to potentially fatal dengue shock syndrome. Dengue should be suspected when a high fever is accompanied by two of the following symptoms: severe headache, pain behind the eyes, muscle and joint pains, nausea, vomiting, swollen glands, or rash. Symptoms usually last for 2–7 days, after an incubation period of 4–10 days after the bite from an infected mosquito. Awareness regarding dengue disease, dengue spreading mosquito to the general people. Doctors gave awareness about sign and symptoms, danger signs and complications.

HEALTH EDUCATION, AWARENESS CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 06-05-2023.

HEALTH EDUCATION, AWARENESS CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 06-05-2023

HEALTH EDUCATION, AWARENESS CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 06-05-2023

HEALTH EDUCATION, AWARENESS & FREE MEDICAL CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 06-05-2023

S.NO	NAME	DESIGNATION	BATCH
1.	DR.YOGESH MANICKAM	POSTGRADUATE	2022-25
2.	DR.KIRUTHIKA	POSTGRADUATE	2022-25
3.	MR.VIDYADHAARAN	CRRI	2022-23
4.	MS.SONIYA	CRRI	2022-23
5.	MS.SUBATRA	CRRI	2022-23
6.	MS.RUFINA	CRRI	2022-23
7.	MS.VANISREE	CRRI	2022-23

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE:KANCHIVAKKAM ,PADAPPAI

DATE:08 /05/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 54

Registration for the participants were done. All the participants underwent clinical examination and advice regarding their health status was given. Out of 54 participants 13 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients.

Lifestyle modification, advised to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fiber content were discussed and public urged to consume such food for better health.

Health awareness Team

1.	Dr.Kiruthika
2.	Dr. Aishwarya
3.	Dr. Rahul
4.	Dr. Pavithra
5.	Dr. Surya
6.	Dr. Ashwin
7.	Dr.Nishanth
8.	Dr.Ruhani
9.	Dr.Sham karthick

FREE MEDICAL CAMP AT KANCHIVAKKAM,PADAPPAI ON 08/5/2023

FREE MEDICAL CAMP AT KANCHIVAKKAM,PADAPPAI 08/05/23

FREE CAMP AT KANCHIVAKKAM,PADAPPAI 08/05/2023

FREE CAMP AT KANCHIVAKKAM,PADAPPAI 08/05/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: CSI CHURCH, ANAGAPUTHUR

DATE: 11/05/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 54

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 54 participants 29 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self care for Diabetes and Hypertension were explained

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation

Health awareness Team

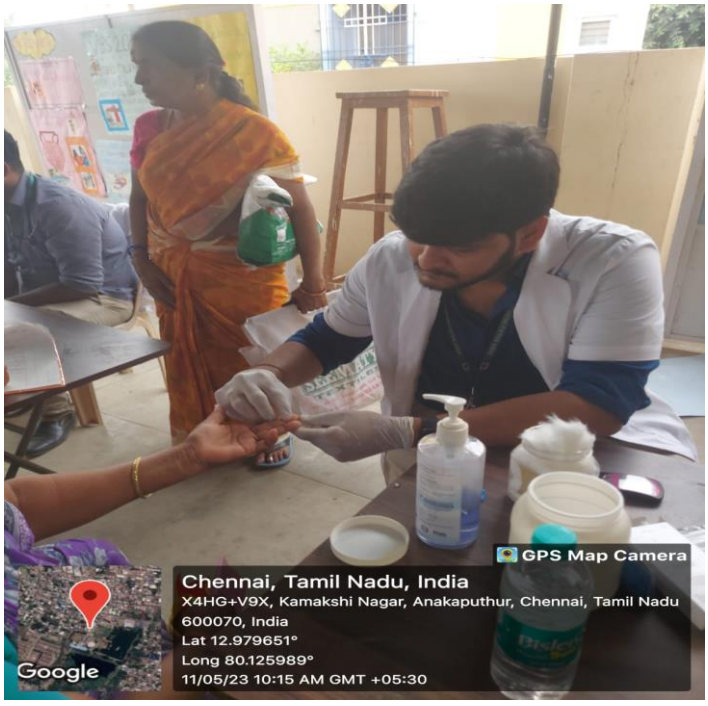
1.	Dr. Gowtham S
2.	Dr. Aravind
3.	Dr. Arkaja
4.	Dr. Aiswaryaa B
5.	Dr. Abirami R
6.	Dr. Aparna
7.	Dr. Naveen balaji
8.	Dr. Praveen
9	Dr Amritha
10	Dr Anoushya

FREE MEDICAL CAMP AT ANAKAPUTHUR CSI CHURCH ON 11/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT ANAKAPUTHUR ON 18/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT ANAKAPUTHUR CSI CHURCH ON 11/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT ANAKAPUTHUR CSI CHURCH ON 11/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH



FREE MEDICAL CAMP AT ANAKAPUTHUR CSI CHURCH ON 11/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION, AWARENESS &

FREE MEDICAL CAMP

VENUE: RHTC , PADAPPAI

DATE: 13/05/2023

TIME: 10AM TO 12.30PM

TOTAL BENEFICIARIES: 25

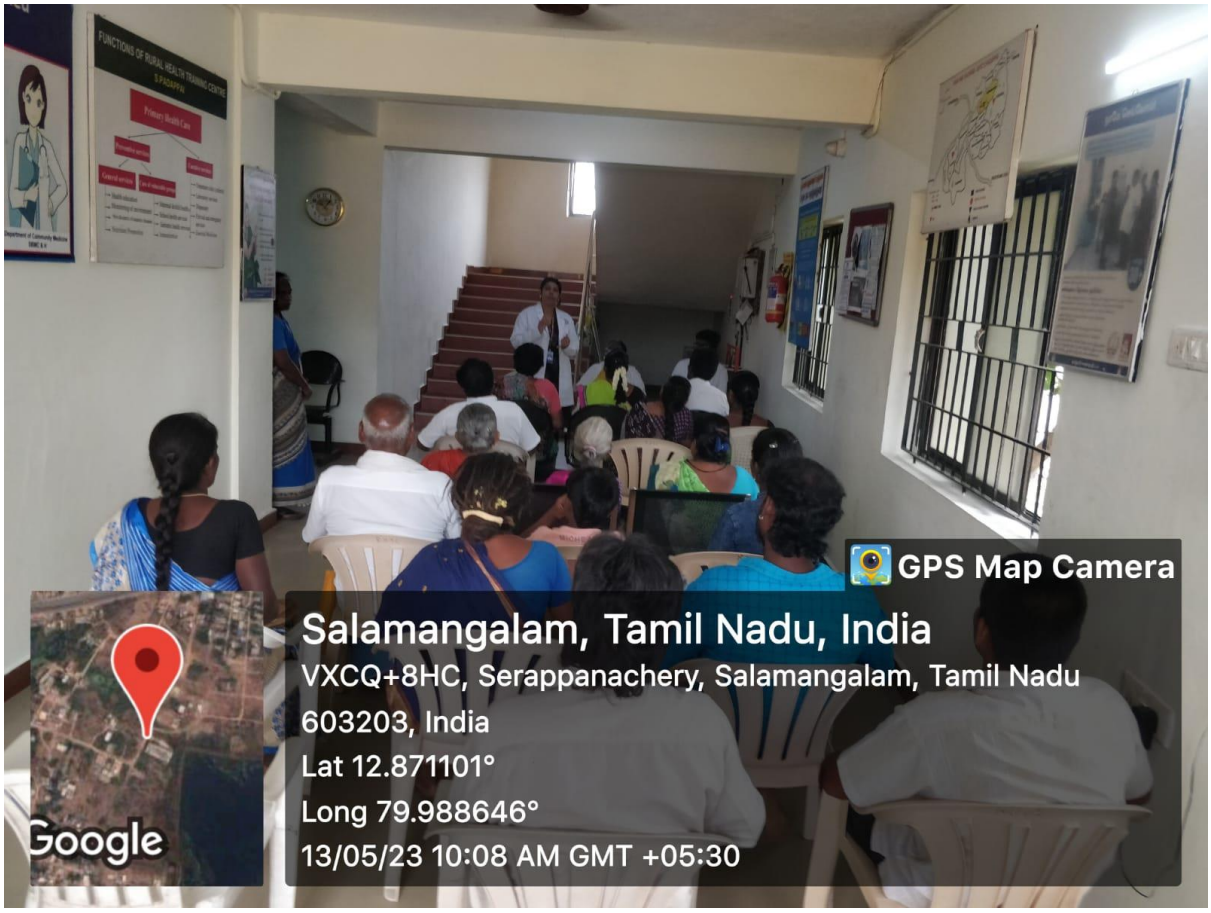
HEALTH EDUCATION AND AWARENESS:

Diabetes is a chronic disease that occurs either when the pancreas does not produce enough insulin or when the body cannot effectively use the insulin it produces. Insulin is a hormone that regulates blood glucose. Hyperglycaemia, also called raised blood glucose or raised blood sugar, is a common effect of uncontrolled diabetes and over time leads to serious damage to many of the body's systems, especially the nerves and blood vessels. Symptoms of diabetes may occur suddenly. In type 2 diabetes, the symptoms can be mild and may take many years to be noticed. Symptoms of diabetes include feeling very thirsty, needing to urinate more often than usual ,blurred vision, feeling tired, losing weight unintentionally. Over time, diabetes can damage blood vessels in the heart, eyes, kidneys and nerves. Lifestyle changes are the best way to prevent or delay the onset of type 2 diabetes. To help prevent type 2 diabetes and its complications, people should: reach and keep a health body weight, stay physically active with at least 30 minutes of moderate exercise each day, eat a healthy diet and avoid sugar and saturated fat and not smoke tobacco.

HEALTH EDUCATION, AWARENESS CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 13-05-2023.

HEALTH EDUCATION, AWARENESS CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 13-05-2023.

HEALTH EDUCATION, AWARENESS CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 13-05-2023.



HEALTH EDUCATION, AWARENESS CAMP PROGRAM CONDUCTED BY DEPARTMENT OF COMMUNITY MEDICINE AT RHTC PADAPPAI ON 13-05-2023

S.NO	NAME	DESIGNATION	BATCH
1.	DR.KIRUTHIKA	POSTGRADUATE	2022-25
2.	DR.YOGESH MANICAM	POSTGRADUATE	2022-25
3.	DR.CLIVE ROYSON	CRRI	2022-23
4.	DR.AISHWARYA	CRRI	2022-23
5.	DR.SURYA	CRRI	2022-23
6.	DR.YASHODHARA	CRRI	2022-23
7.	DR.PAVITHRA	CRRI	2022-23

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: NAVALLUR ,PADAPPAI

DATE:18 /05/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 40

Registration for the participants were done. All the participants underwent clinical examination and advice regarding their health status was given. Out of 40 participants 15 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients.

Lifestyle modification, advised to diabetic and hypertension patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fiber content were discussed and public urged to consume such food for better health.

Health awareness Team

1.	Dr.Kiruthika
2.	Dr. Aishwarya
3.	Dr. Tarun
4.	Dr.Clive
5.	Dr. Surya
6.	Dr.Yashodhara
7.	Dr.Natisha
8.	Dr.Pavithra
9.	Dr.Meenakshi

FREE MEDICAL CAMP AT NAVALLUR,PADAPPAI on 18/5/2023

FREE MEDICAL CAMP AT NAVALLUR,PADAPPAI on 18/5/2023

FREE MEDICAL CAMP AT NAVALLUR,PADAPPAI on 18/5/2023

FREE MEDICAL CAMP AT NAVALLUR,PADAPPAI on 18/5/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: KAVERI NAGAR, ANAGAPUTHUR

DATE: 18/05/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 41

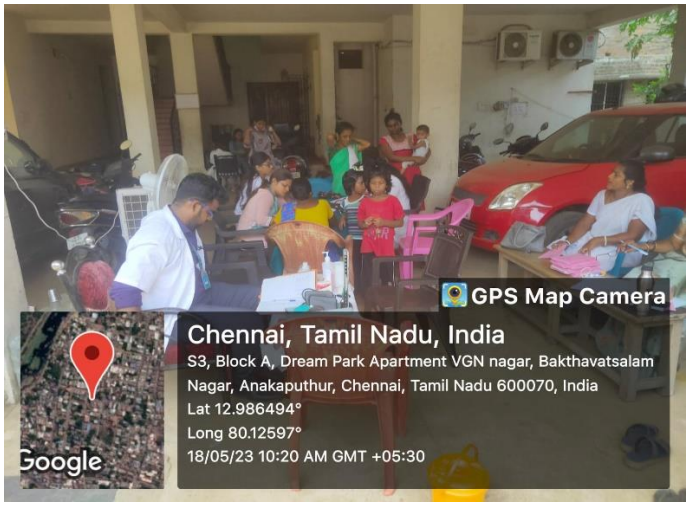
Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 41 participants 12 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self care for Diabetes and Hypertension were explained

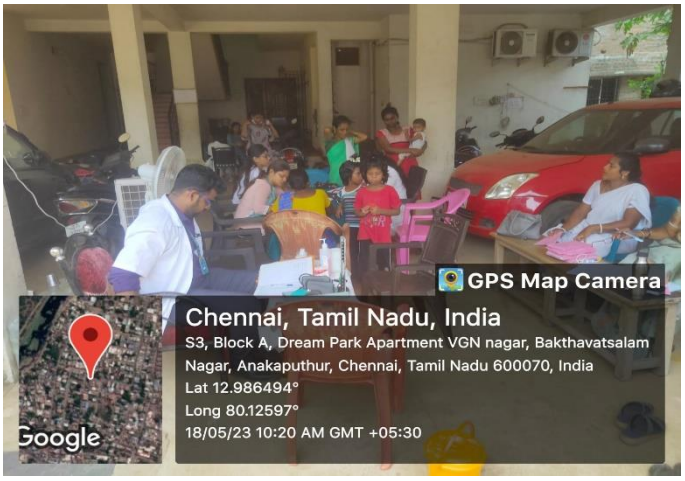
Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation

Health awareness Team,

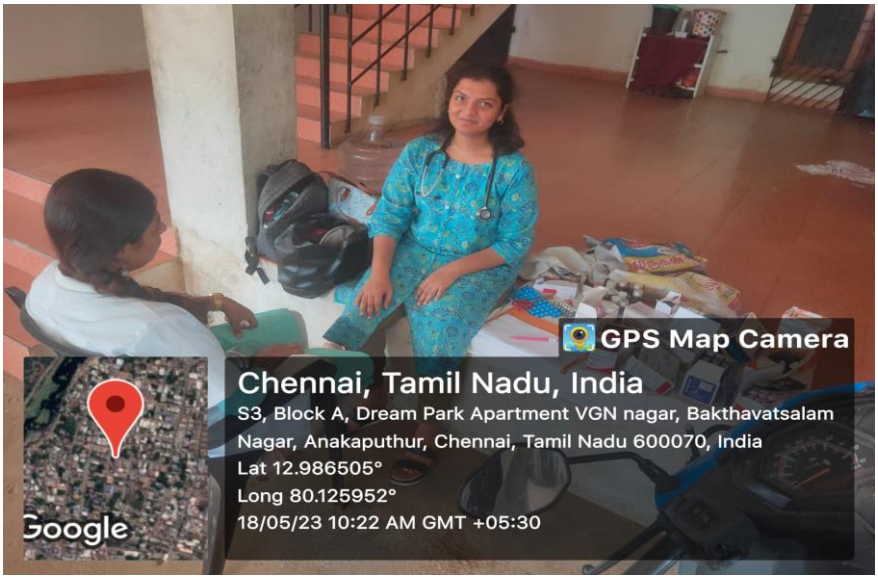
1.	Dr. Gokul G
2.	Dr. Aravind
3.	Dr. Arkaja
4.	Dr. Aiswaryaa B
5.	Dr. Aishwarya M
6.	Dr. Aparna
7.	Dr. Abhinaya M
8.	Dr.Abhinaya M



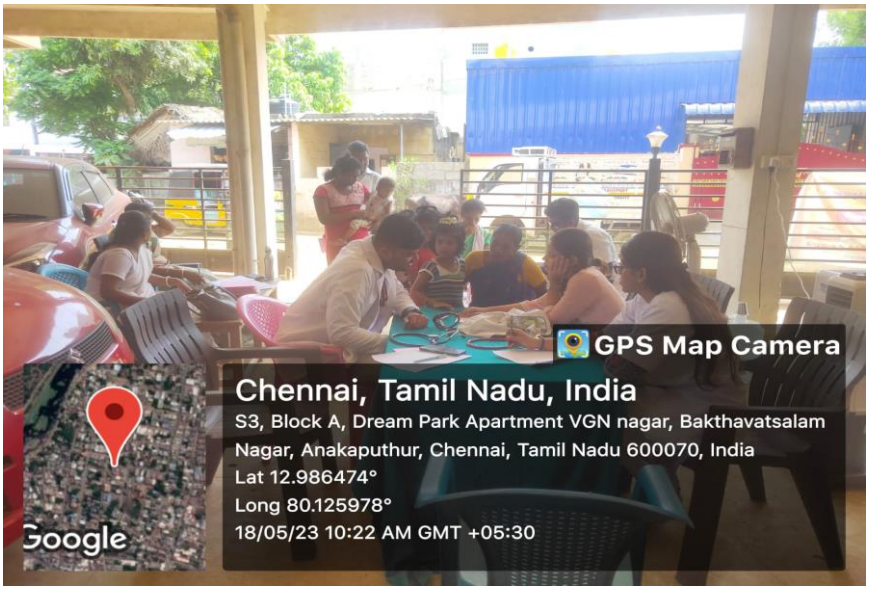
FREE MEDICAL CAMP AT ANAKAPUTHUR ON 18/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH



FREE MEDICAL CAMP AT ANAKAPUTHUR ON 18/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH



FREE MEDICAL CAMP AT ANAKAPUTHUR ON 18/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH



FREE MEDICAL CAMP AT ANAKAPUTHUR ON 18/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT ANAKAPUTHUR ON 18/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: RAJESHWARI MANDAPAM, ANAKAPUTHUR

DATE: 25/05/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 62

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 62 participants 25 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self care for Diabetes and Hypertension were explained

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation

Health awareness Team

1.	Dr. Gowtham S
2.	Dr. Amala shybi
3.	Dr. Aiswaryaa M
4.	Dr. Akshaya
5.	Dr. Arvindhan
6.	Dr. Amritha
7.	
8.	

FREE MEDICAL CAMP AT RAJESHWARI MANDAPAM, ANAKAPUTHUR ON 25/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT RAJESHWARI MANDAPAM, ANAKAPUTHUR ON 25/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT RAJESHWARI MANDAPAM, ANAKAPUTHUR ON 25/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT RAJESHWARI MANDAPAM, ANAKAPUTHUR ON 25/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

FREE MEDICAL CAMP AT RAJESHWARI MANDAPAM, ANAKAPUTHUR ON 25/5/23 by COMMUNITY MEDICINE DEPARTMENT, SBMCH

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS AND FREE MEDICAL CAMP

VENUE: Alpha Church, Pammal, Anakaputhur

DATE: 01/06/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 39

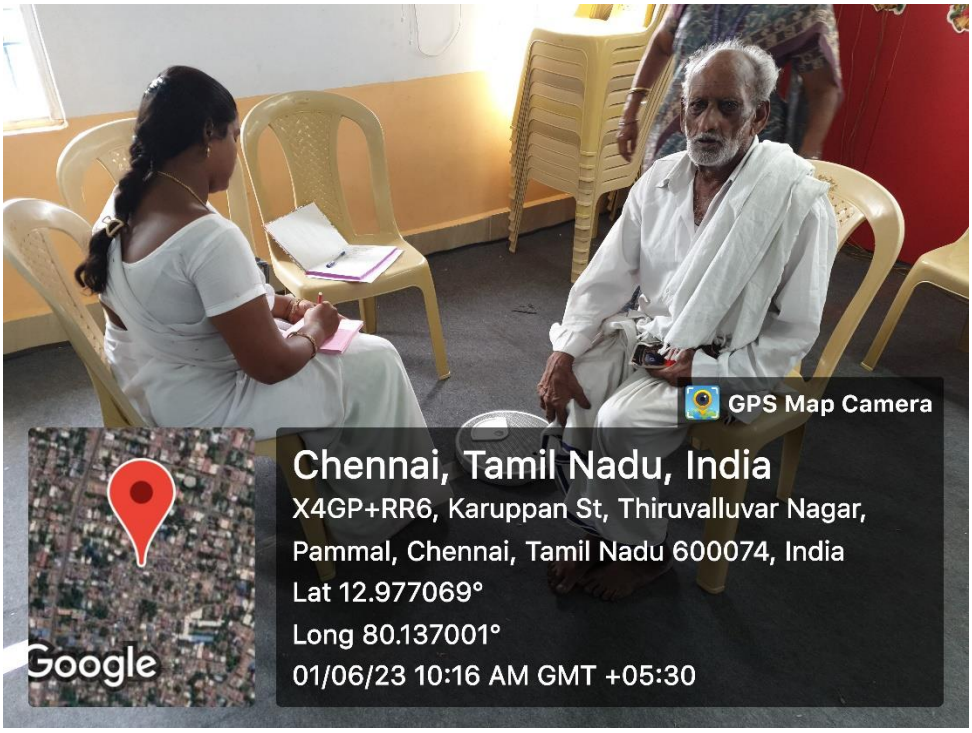
Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of the 39 participants 10 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

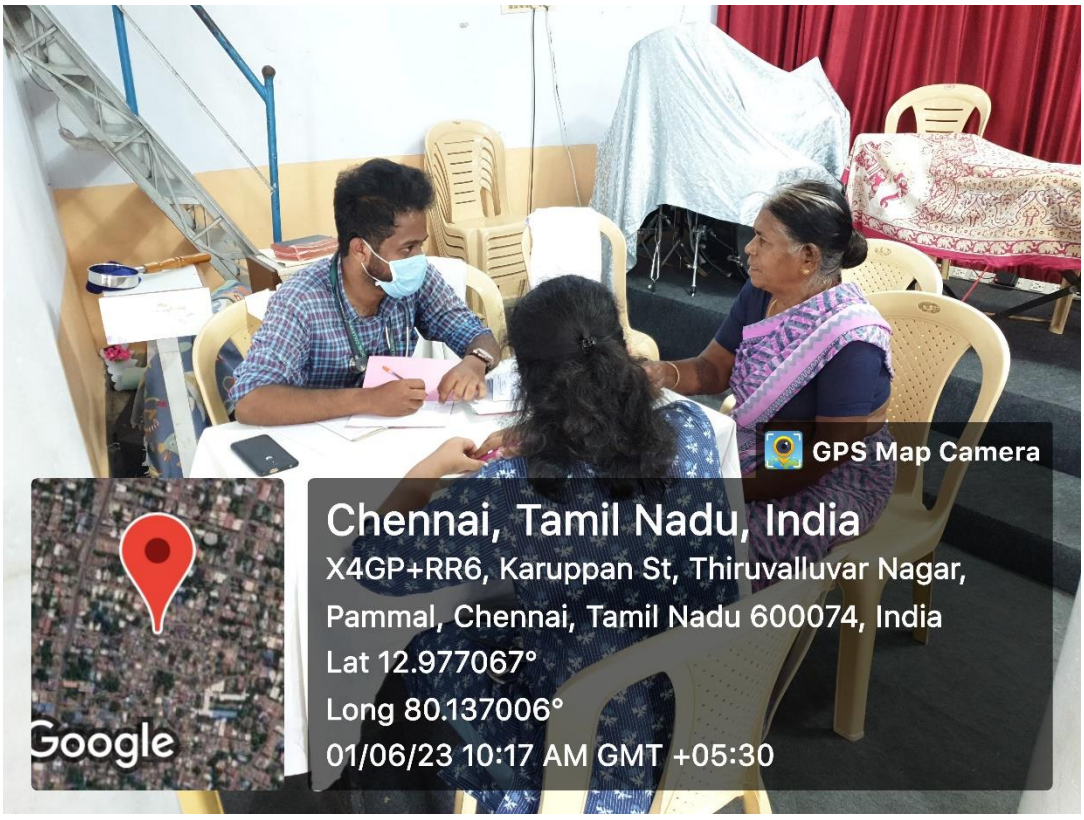
Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

Health awareness Team:

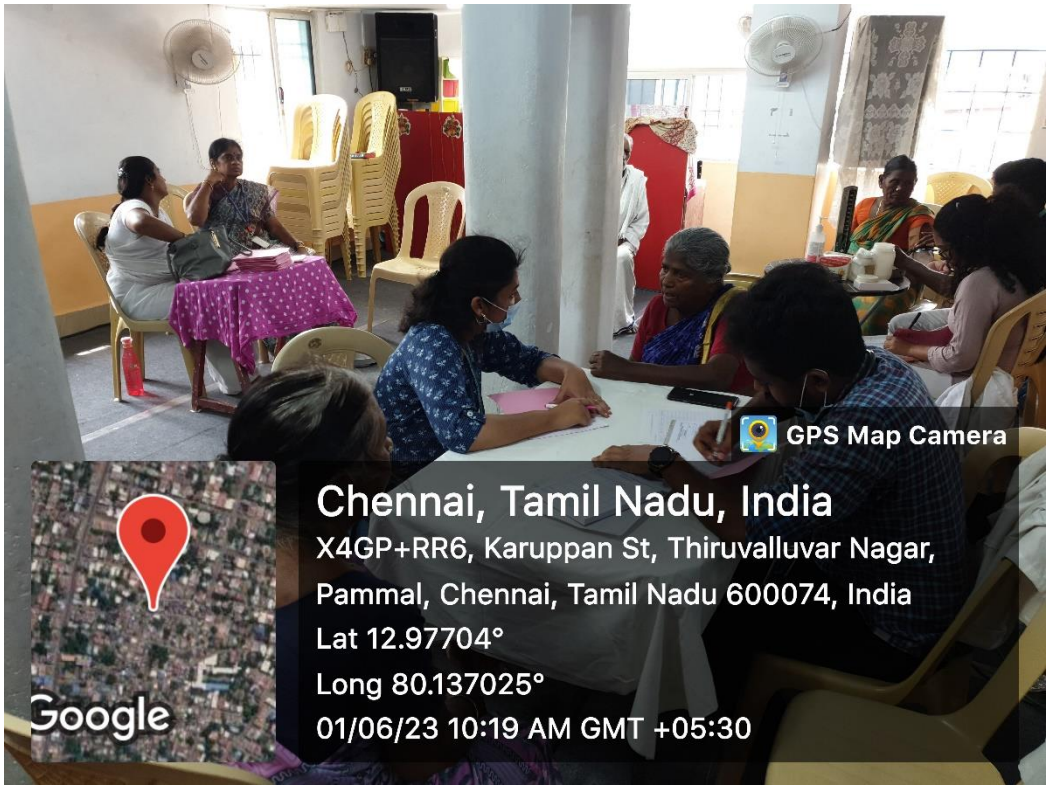
1.	Dr. Swathika Devi
2.	Dr. Nikhil
3.	Dr. Arpitha Choudary
4.	Dr. Arya
5.	Dr. Arunnidhi
6.	Dr. Arunshanthan
7.	Dr. Arkajaa
8.	Dr. Ashmitha
9.	Dr. Aravind



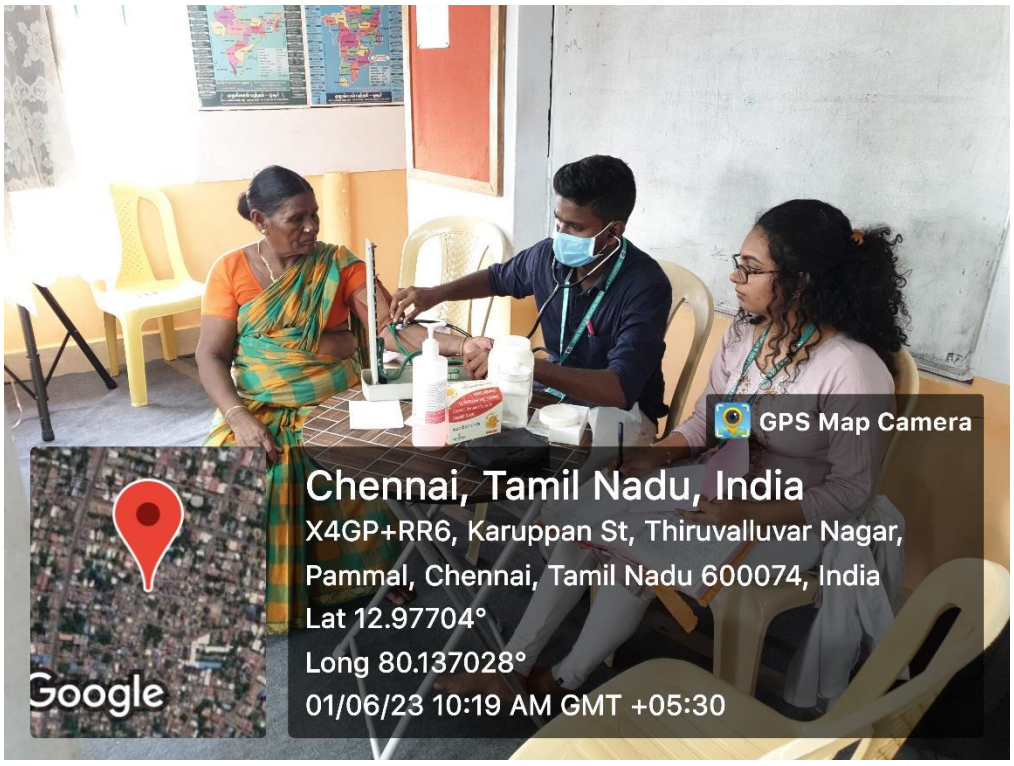
HEALTH AWARESS AND FREE MEDICAL CAMP AT ALPHA CHURCH, PAMMAL, ANAKAPUTHUR ON 01/06/2023



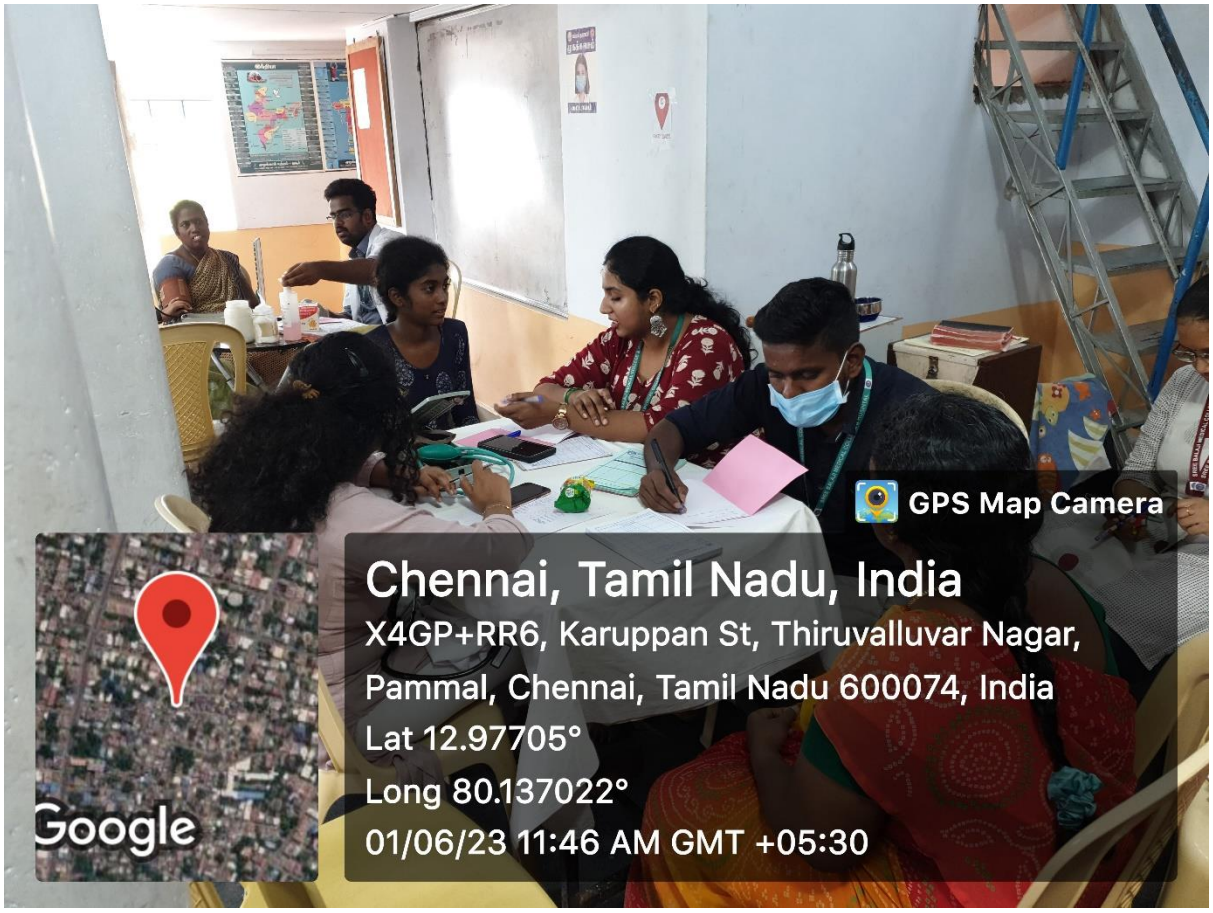
HEALTH AWARESS AND FREE MEDICAL CAMP AT ALPHA CHURCH, PAMMAL, ANAKAPUTHUR ON 01/06/2023



HEALTH AWARESS AND FREE MEDICAL CAMP AT ALPHA CHURCH, PAMMAL, ANAKAPUTHUR ON 01/06/2023



HEALTH AWARESS AND FREE MEDICAL CAMP AT ALPHA CHURCH, PAMMAL, ANAKAPUTHUR ON 01/06/2023



HEALTH AWARESS AND FREE MEDICAL CAMP AT ALPHA CHURCH, PAMMAL, ANAKAPUTHUR ON 01/06/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS AND FREE MEDICAL CAMP

VENUE: Anna Nagar, Anakaputhur

DATE: 08/06/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 50

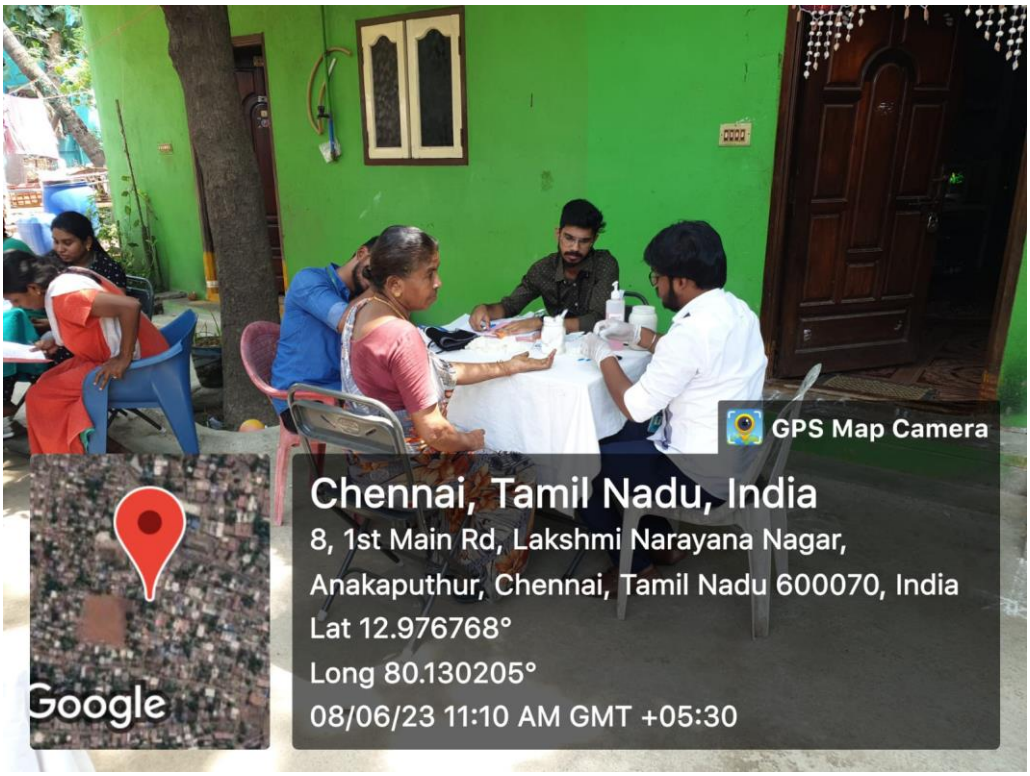
Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of the 50 participants 12 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

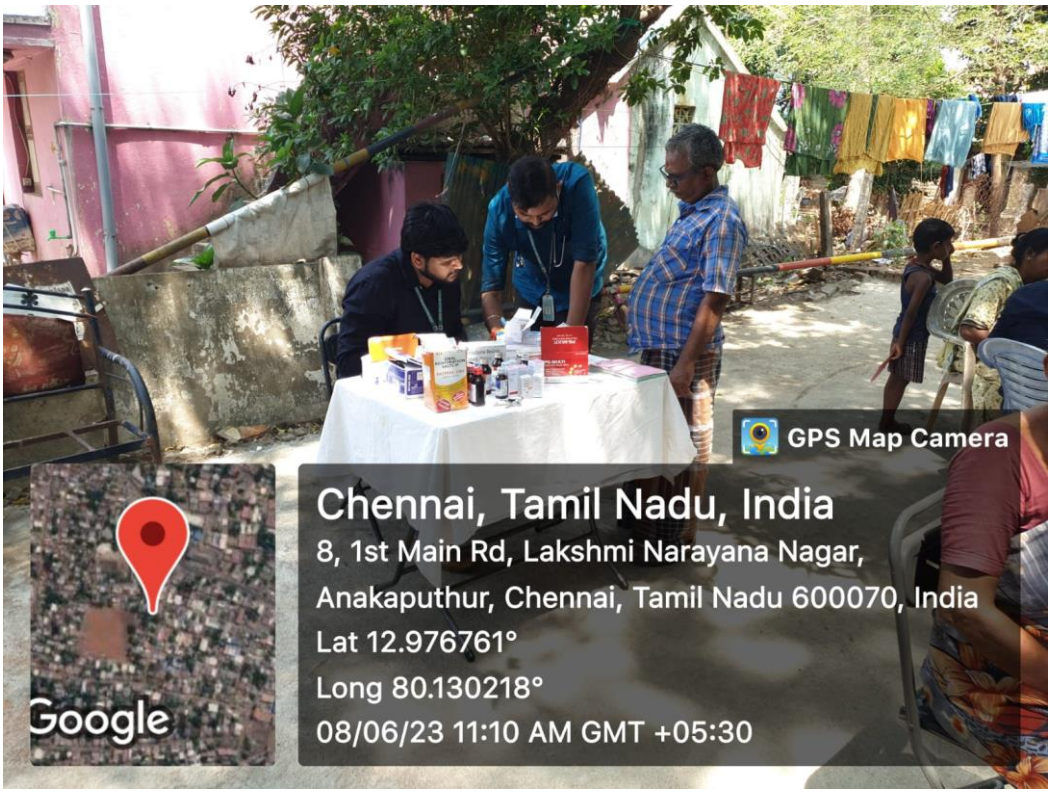
Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 minutes/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

Health awareness Team:

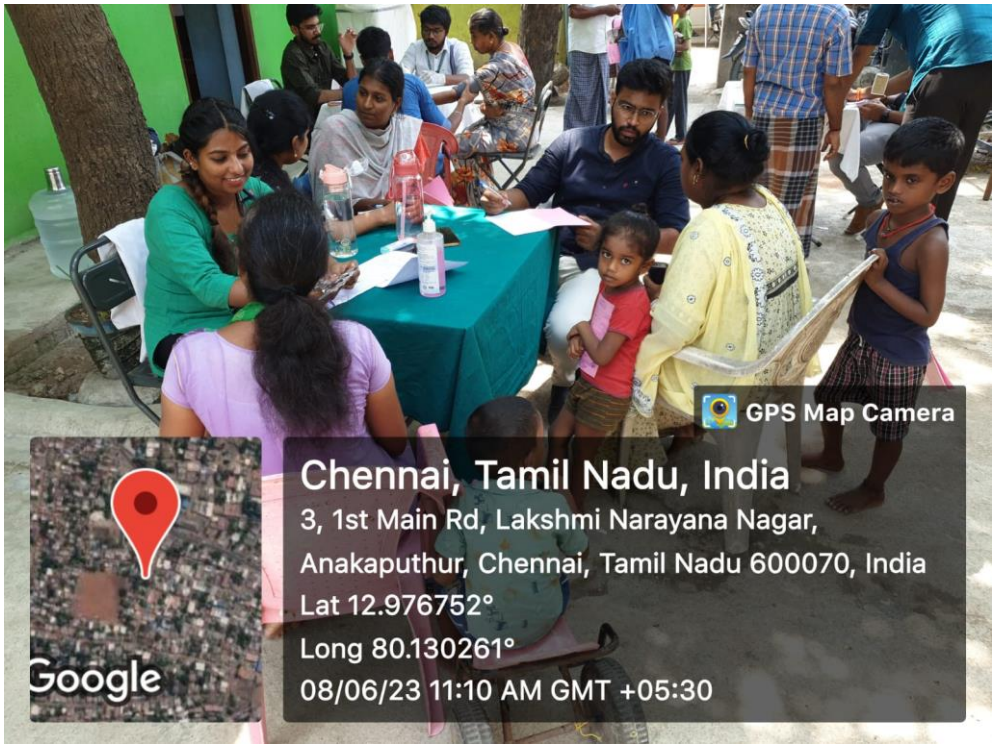
1.	Dr. Nikhil
2.	Dr. Pranav
3.	Dr. Naveen Balaji G.V.
4.	Dr. Neelesh V
5.	Dr. Praveen S
6.	Dr. Rohith Y
7.	Dr. Prajit N
8.	Dr. Aparna R
9.	Dr. Anushya



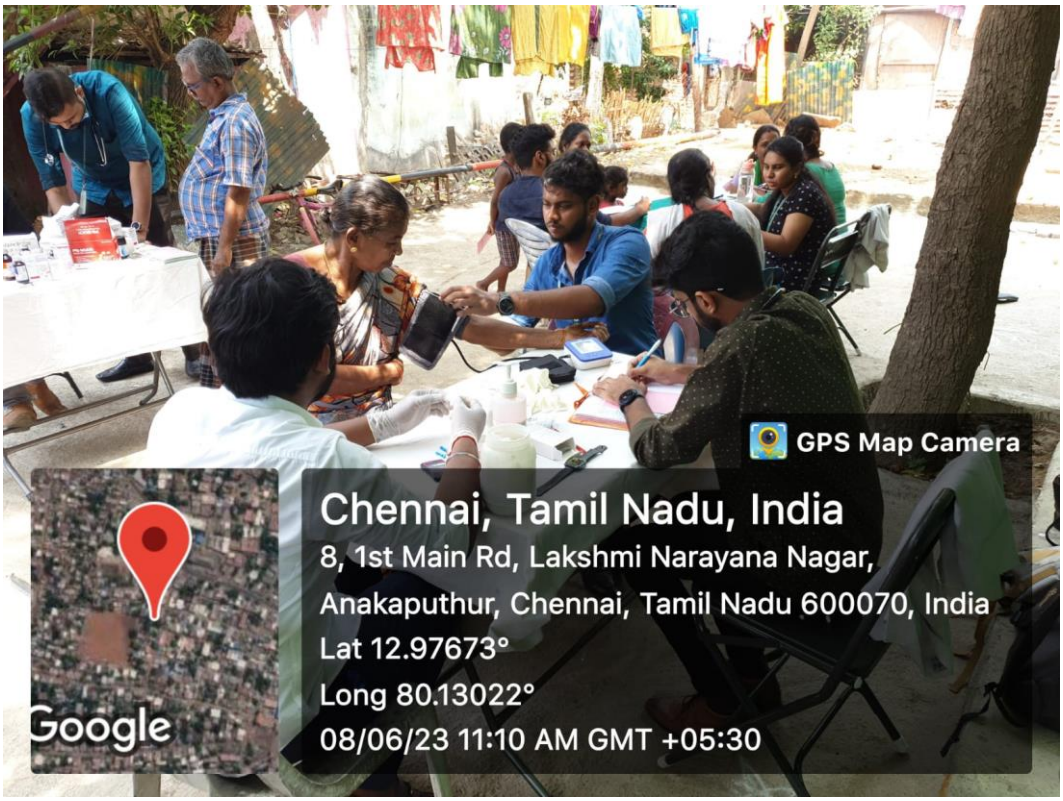
HEALTH AWARESS AND FREE MEDICAL CAMP AT ANNA NAGAR, ANAKAPUTHUR ON 08/06/2023



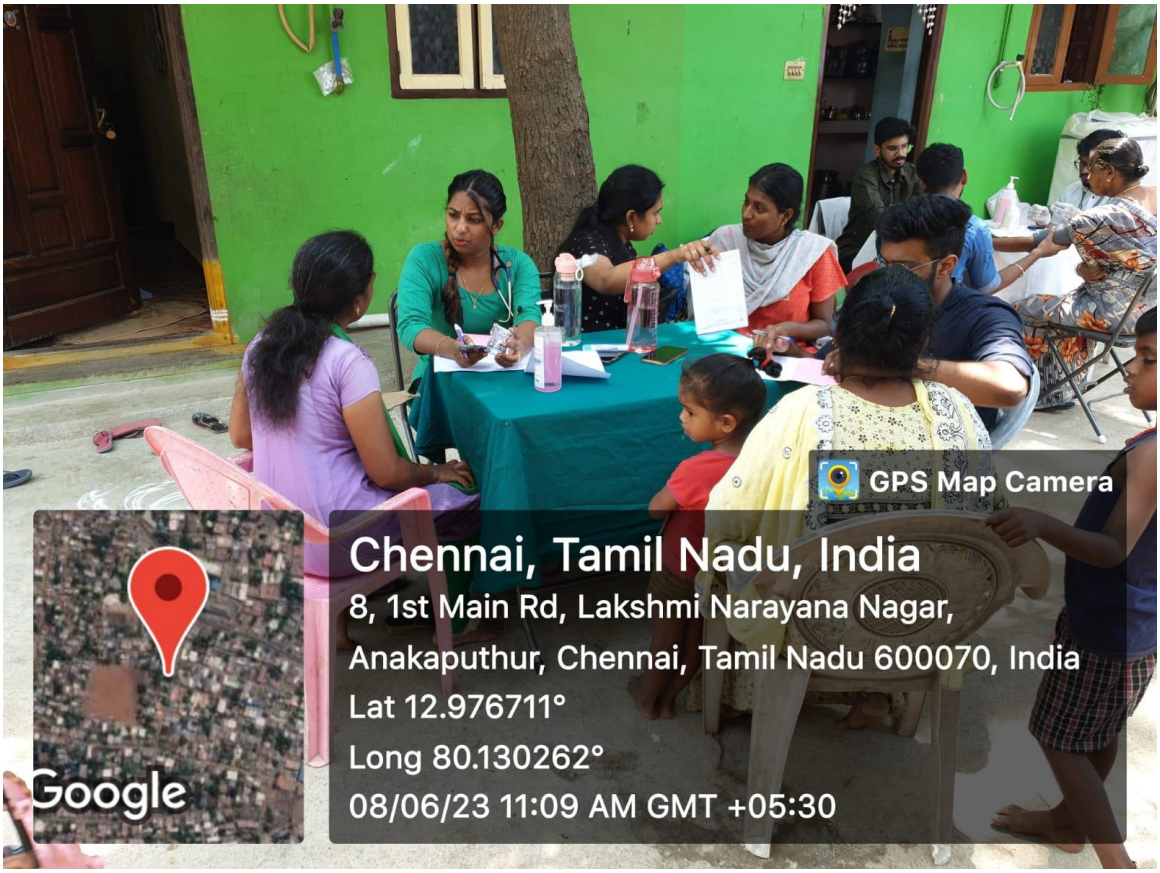
HEALTH AWARESS AND FREE MEDICAL CAMP AT ANNA NAGAR, ANAKAPUTHUR ON 08/06/2023



HEALTH AWARESS AND FREE MEDICAL CAMP AT ANNA NAGAR, ANAKAPUTHUR ON 08/06/2023



HEALTH AWARESS AND FREE MEDICAL CAMP AT ANNA NAGAR, ANAKAPUTHUR ON 08/06/2023



HEALTH AWARESS AND FREE MEDICAL CAMP AT ANNA NAGAR, ANAKAPUTHUR ON 08/06/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH AWARENESS AND FREE MEDICAL CAMP

VENUE: Thideer Nagar, Anakaputhur

DATE: 15/06/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 60

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of the 60 participants 15 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 minutes/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

Health awareness Team:

1.	Dr. Swathika Devi
2.	Dr. Avinash
3.	Dr. Amritha
4.	Dr. Andrew George
5.	Dr. Aparna
6.	Dr. Anoushya
7.	Dr. Ankuritha

HEALTH AWARESS AND FREE MEDICAL CAMP AT THIDEER NAGAR, ANAKAPUTHUR ON 15/06/2023

HEALTH AWARESS AND FREE MEDICAL CAMP AT THIDEER NAGAR, ANAKAPUTHUR ON 15/06/2023

HEALTH AWARESS AND FREE MEDICAL CAMP AT THIDEER NAGAR, ANAKAPUTHUR ON 15/06/2023

HEALTH AWARESS AND FREE MEDICAL CAMP AT THIDEER NAGAR, ANAKAPUTHUR ON 15/06/2023

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: K R Puram, Padappai

DATE: 23/06/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 58

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 58 participants 13 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

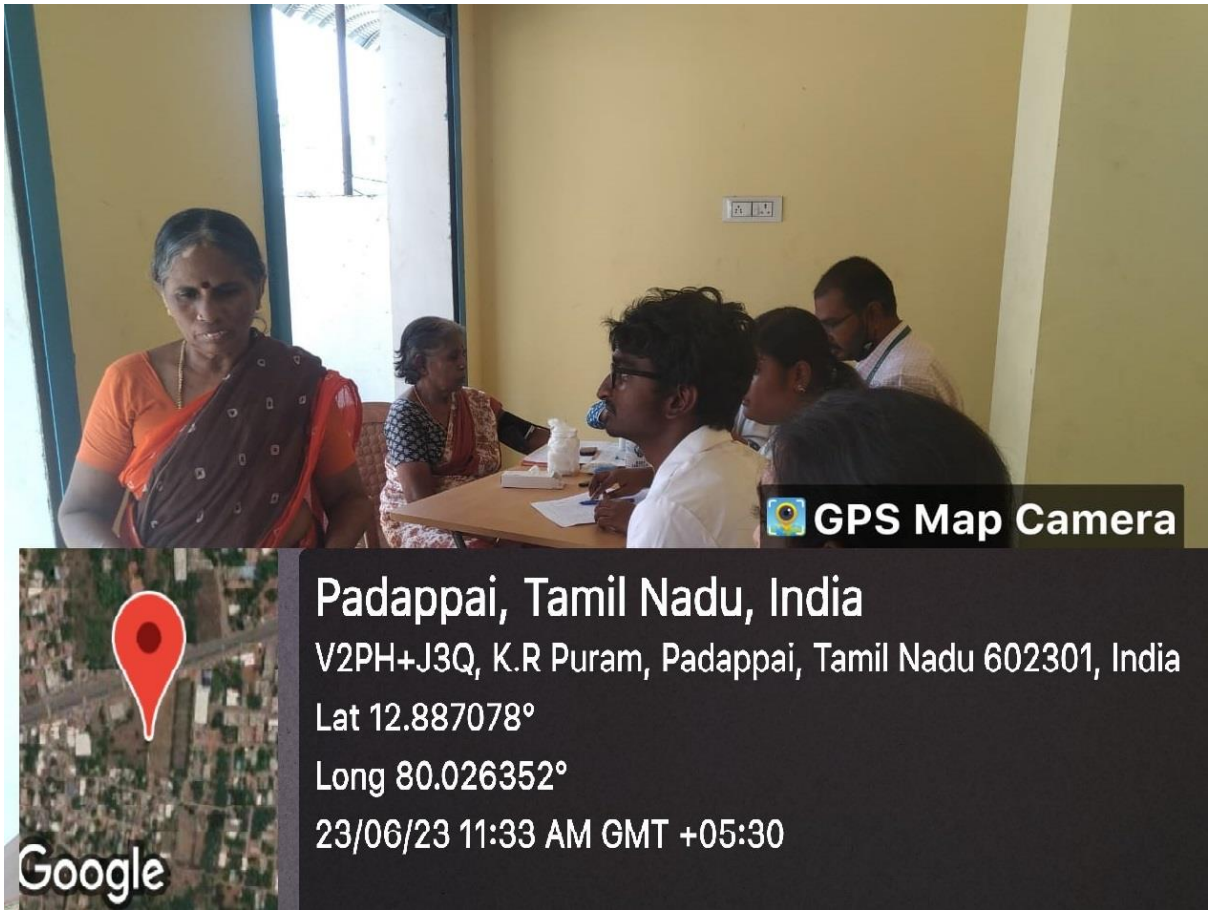
Health awareness Team

1.	Dr.Jeffrey Joseph
2.	Dr.Aishwarya
3.	Dr.Abinaya MR
4.	Dr.Abinaya M
5.	Dr.Agnes
6.	Dr.Abini
7.	Dr.Afrid
8.	Dr.Akshaya
9.	Dr.Abirami
10.	Dr.Pranav
11.	Dr.Rohit

Free medical camp conducted in K R Puram , Padappai on 23-6-23

Free medical camp conducted in K R Puram , Padappai on 23-6-23

Free medical camp conducted in K R Puram , Padappai on 23-6-23



Free medical camp conducted in K R Puram , Padappai on 23-6-23

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION CAMP

VENUE: Pillaiyar koil street, Anakaputhur **DATE**:26/06/2023

TIME: 10AM TO 12PM

TOTAL BENEFICIARIES: 22

HEALTH EDUCATION AND AWARENESS:

Awareness regarding Diabetes mellitus – risk factors, early signs and symptoms, complications including both microvascular and macrovacsular were explained to the gathered crowd. The importance of diabetic diet; decrease carbohydrates' intake, increase the intake of fibre rich food (leafy vegetables and other vegetables),reduce the intake of tinned/ pre-packed food items were taught to them. For a disease free status,a physical activity for atleast 20-30 minutes/day were also explained. Then the significance of self-care such as carrying a diabetic card along with them, routinely checking for ulcers in the feet and regular monitoring of blood sugar levels were said, finally routine screening of people aged above 30 years to be done in order to find out early in the pre-diabetic stage was also explained to the gathering.

S.NO	NAME	DESIGNATION
1.	DR.Nikhil C.M	POSTGRADUATE
2.	DR.Swathika Devi	POSTGRADUATE
3.	Dr.Pranav	CRRI
4.	Dr.Rohit	CRRI
5.	Dr.Prejith	CRRI
6.	Dr.Saravanan	CRRI
7.	Dr.Aishwarya	CRRI

Health Education given by Dr.Nikhil C.M on 26/06/2023 at Pillaiyarkoil street,Anakaputhor

Health Education given by Dr.Nikhil C.M on 26/06/2023 at Pillaiyarkoil street Anakputhor

Health Education given by Dr.Nikhil C.M on 26/06/2023 at Pillaiyarkoil street, Anakputhur

Health Education given by Dr.Nikhil C.M on 26/06/2023 at Pillaiyarkoil street, Anakputhur

Health Education given by Dr.Nikhil C.M on 26/06/2023 at Pillaiyarkoil street, Anakputhur

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Karasangal, Padappai

DATE: 26/06/2023

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 51

Registration for the participants were done. All the participants underwent clinical examination & advice regarding their health status was given. Out of 51 participants 11 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self-care for Diabetes and Hypertension were explained.

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non communicable diseases for the future generation.

Health awareness Team

1.	Dr.Haritha senthilvel
2.	Dr.Jeffrey Joseph
3.	Dr.Afrid
4.	Dr.Aaron
5.	Dr. Ajeeth
6.	Dr.Aravind
7.	Dr.Andrew
8.	Dr.Amritha

Free medical camp conducted in Karasangal , Padappai on 26-6-23

Free medical camp conducted in Karasangal , Padappai on 26-6-23

Free medical camp conducted in Karasangal , Padappai on 26-6-23

Free medical camp conducted in Karasangal , Padappai on 26-6-23

Free medical camp conducted in Karasangal , Padappai on 26-6-23

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

Awareness programme on alzheimers disease

EVENT DATE: 21.09.2022

TIME: 2.30pm–3.00pm.

EVENT: world alzheimers awareness day

VENUE: Ossudu, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of physiology, SriLakshmi Narayana Institute of Medical Sciences, Puducherry

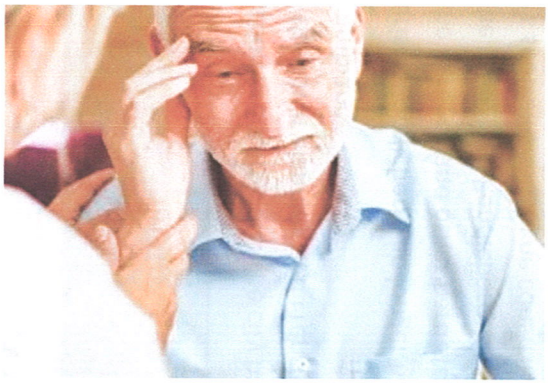
NO. OF PARTICIPANTS: 42

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	AAMIR IBRAHIM MOHAMMED K	U21MB251
2.	ABDULAZEEM J	U21MB252
3.	ABITHA C	U21MB253
4.	ADHAVAN G	U21MB254
5.	ADRIN BOSE A	U21MB255
6.	AGNES STELLA J	U21MB256
7.	AJAYNATH D	U21MB257
8.	AKANKSHYA GOURI BHAINSA	U21MB258
9.	AKSHARA SHAKYA	U21MB259
10.	AKSHAYA N	U21MB260
11.	ALDRIN XAVIER A	U21MB261
12.	AMRIT T S	U21MB262
13.	ANAMIKA	U21MB263
14.	ANCHANA AJITH	U21MB264
15.	ANGELIN NITHILA J V	U21MB265
16.	ANGELIN SUPRIYA R	U21MB266
17	ANGRAJ SARMA GAUTAM	U21MB267
18	ANITHA R	U21MB268
19	ANKIT S RAVI	U21MB269
20.	ANMOL VISHNOI	U21MB270
21	ANUSH M	U21MB271
22	ARAVIND S	U21MB272

S.No	NAME	University No.
23.	ARAVIND S	U21MB273
24.	ARJUN A	U21MB274
25.	ARJUN RAJ N	U21MB275
26.	ARNAV R SATDEVE	U21MB276
27.	ARSHIYA PARVEEN	U21MB277
28.	ARULMANI M S	U21MB278
29.	T ARUNDHATHI	U21MB279
30.	ARUNMANIKANDAN S	U21MB280
31.	ARYAN SINGH	U21MB281
32.	ASHIKHA G K	U21MB282
33.	ASHNA V RAJU	U21MB283
34.	ASLIN MONISHA M	U21MB284
35.	ASMITHA S	U21MB285
36.	AYUSH BRAJESHKUMAR RAJ	U21MB286
37.	BANDARUPALLI SRI SAI JOYSHNA	U21MB287
38.	BARATH R	U21MB288
39	BIKKAVOLU TRIVIKRAM	U21MB289
40.	BLESSY S	U21MB290
41	BRINDHA S	U21MB291
42	CATHERINE STELLA A	U21MB292

ALZHEIMER'S AWARENESS MONTH



Alzheimer's disease is a brain disorder that gets worse over time. It's characterized by changes in the brain that lead to deposits of certain proteins. Alzheimer's disease causes the brain to shrink and brain cells to eventually die. Alzheimer's disease is the most common cause of dementia — a gradual decline in memory, thinking, behavior and social skills. These changes affect a person's ability to function.

About 6.5 million people in the United States age 65 and older live with Alzheimer's disease. Among them, more than 70% are 75 years old and older. Of the about 55 million people worldwide with dementia, 60% to 70% are estimated to have Alzheimer's disease.

The early signs of the disease include forgetting recent events or conversations. Over time, it progresses to serious memory problems and loss of the ability to perform everyday tasks.

Medicines may improve or slow the progression of symptoms. Programs and services can help support people with the disease and their caregivers.

There is no treatment that cures Alzheimer's disease. In advanced stages, severe loss of brain function can cause dehydration, malnutrition or infection. These complications can result in death.

Symptoms

Memory loss is the key symptom of Alzheimer's disease. Early signs include difficulty remembering recent events or conversations. But memory gets worse and other symptoms develop as the disease progresses.

At first, someone with the disease may be aware of having trouble remembering things and thinking clearly. As symptoms get worse, a family member or friend may be more likely to notice the issues.

Brain changes associated with Alzheimer's disease lead to growing trouble with:

Memory

Everyone has memory lapses at times, but the memory loss associated with Alzheimer's disease persists and gets worse. Over time, memory loss affects the ability to function at work or at home.

People with Alzheimer's disease may:

- Repeat statements and questions over and over.
- Forget conversations, appointments or events.
- Misplace items, often putting them in places that don't make sense.
- Get lost in places they used to know well.
- Eventually forget the names of family members and everyday objects.
- Have trouble finding the right words for objects, expressing thoughts or taking part in conversations.

Thinking and reasoning

Alzheimer's disease causes difficulty concentrating and thinking, especially about abstract concepts such as numbers.

Doing more than one task at once is especially difficult. It may be challenging to manage finances, balance checkbooks and pay bills on time. Eventually, a person with Alzheimer's disease may be unable to recognize and deal with numbers.

Making judgments and decisions

Alzheimer's disease causes a decline in the ability to make sensible decisions and judgments in everyday situations. For example, a person may make poor choices in social settings or wear clothes for the wrong type of weather. It may become harder for someone to respond to everyday problems. For example, the person may not know how to handle food burning on the stove or decisions when driving.

Planning and performing familiar tasks

Routine activities that require completing steps in order become a struggle. This may include planning and cooking a meal or playing a favorite game. Eventually, people with advanced Alzheimer's disease forget how to do basic tasks such as dressing and bathing.

Changes in personality and behavior

Brain changes that occur in Alzheimer's disease can affect moods and behaviors. Problems may include the following:

- Depression.
- Loss of interest in activities.
- Social withdrawal.
- Mood swings.
- Distrust in others.
- Anger or aggression.
- Changes in sleeping habits.
- Wandering.
- Loss of inhibitions.
- Delusions, such as believing something has been stolen.

Preserved skills

Despite major changes to memory and skills, people with Alzheimer's disease are able to hold on to some skills even as symptoms get worse. Preserved skills may include reading or listening to books, telling stories, sharing memories, singing, listening to music, dancing, drawing, or doing crafts.

These skills may be preserved longer because they're controlled by parts of the brain affected later in the course of the disease.

The objective of the program was to raise awareness about the alzheimers disease , and this Programs and services can help support people with the disease and their caregivers.

Head of the Institute

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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON ANTIBIOTIC RESISTANCE

EVENT DATE: 20.10.2021

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme on

antibiotic resistance

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Pharmacology, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 39

Participants list

S.No	Name of the student	Student Unique Enrolment ID
1	JEYA HAMSA VARTHNI M B	U20MB302
2	JOSHUA VARGHESE PUTHURAN	U20MB303
3	KARTHICK VISWANATH R	U20MB304
4	KAVIN KISHORE G P	U20MB305
5	KAVIYA S	U20MB306
6	KEERTHANA V	U20MB307
7	K KEERTHANAA	U20MB308
8	KEERTHI VARSHINE K	U20MB309
9	KEERTHIVASAN J	U20MB310
10	KESHAV RAJ V	U20MB311
11	KHATOON NAIMA NASEEM	U20MB312
12	B KISHORE KUMAR	U20MB313
13	KOTHER HUSSAIN M	U20MB314
14	KRISHNA BHARGAV K S	U20MB315
15	KRITHIK COUMAR S	U20MB316

16	KUMAR PRATYUSH	U20MB317
17	MA MADHVAN	U20MB318
18	MANHAOO PASWET	U20MB319
19	MANSI	U20MB320
20	JEYA HAMSA VARTHNI M B	U20MB321
21	JOSHUA VARGHESE PUTHURAN	U20MB322
22	KARTHICK VISWANATH R	U20MB323
23	KAVIN KISHORE G P	U20MB324
24	KAVIYA S	U20MB325
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27	KEERTHI VARSHINE K	U20MB328
28	KEERTHIVASAN J	U20MB310
29	KESHAV RAJ V	U20MB311
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31	B KISHORE KUMAR	U20MB313
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35	KUMAR PRATYUSH	U20MB317
36	MA MADHVAN	U20MB318
37	MANHAOO PASWET	U20MB319
38	MANSI	U20MB320
39	MAYIL VAGANAN S	U20MB321

ANTIBIOTIC RESISTANCE

Sri Lakshmi Narayana institute of medical sciences (SLIMS) conducted a student outreach program on awareness about antibiotic resistance as part of World Antimicrobial Awareness Week (WAAW) 2022: '**Preventing antimicrobial resistance together'.** Students were, taught regarding antibiotic resistance and its importance.Antibiotics are medicines that fight infections caused by bacteria in humans and animals by either killing the bacteria or making it difficult for the bacteria to grow and multiply. Bacteria are germs. They live in the environment and all over the inside and outside of our bodies. Most bacteria are harmless and even helpful to people, but some can cause infections, like strep throat.

Antibiotics ONLY treat certain infections caused by bacteria, such as Strep throat, Whooping cough, Urinary tract infection (UTI).Antibiotics are also needed to treat life-threatening conditions caused by bacteria, such as sepsis, which is the body's extreme response to infection. Antibiotics DO NOT work on viruses, such as those that cause Colds and runny noses, even if the mucus is thick, yellow, or green, Most sore throats (except strep throat),Flu, Most cases of chest colds (bronchitis)

Antibiotics also ARE NOT needed for some common bacterial infections, including Many sinus infections Some ear infections. This is because these illnesses will usually get better on their own, without antibiotics. Taking antibiotics when they're not needed won't help you, and their side effects can still cause harm. Anytime antibiotics are used, they can cause side effects. Common side effects range from minor to very severe health problems and can include: Rash, Nausea, Diarrhea, Yeast infections. More serious side effects can include *C. diff* infection, which causes diarrhea that can lead to severe colon damage and death, Severe and life-threatening allergic reactions, Antibiotic-resistant infections. Antibiotics are important to treat infections and have saved countless lives. However, anytime antibiotics are used, they can cause side effects and contribute to antibiotic resistance, one of the most urgent threats to the public's health. When antibiotics are needed, the benefits usually outweigh the risks of side effects or antibiotic resistance. However, too many antibiotics are prescribed unnecessarily and misused, which threatens the usefulness of these important drugs. This is why it's important that we all use antibiotics ONLY when we need them to protect us

from harms caused by unnecessary antibiotic use and to combat antibiotic resistance. Unnecessary antibiotic use happens when a person is prescribed antibiotics when they're not needed, such as for colds and flu. Unnecessary use also happens when a person is prescribed antibiotics for infections that are sometimes caused by bacteria that do not always need antibiotics, like many sinus infections and some ear infections. What is misuse of antibiotics Misuse of antibiotics happens when a person is prescribed the wrong antibiotic, the wrong dose of an antibiotic, or an antibiotic for the wrong length of time. Talk with your doctor about the best treatment for your illness. Take antibiotics ONLY if you need them. Antibiotics ONLY treat certain infections caused by bacteria, such as: Strep throat ,Whooping cough, Urinary tract infection (UTI), Antibiotics DO NOT work on viruses, such as those that cause Colds and runny noses, even if the mucus is thick, yellow, or green, Most sore throats (except strep throat),Flu, Most cases of chest colds (bronchitis)

Antibiotics also ARE NOT needed for some common bacterial infections, including ,Many sinus infections, Some ear infections. Taking antibiotics when they're not needed won't help you, and their side effects can still cause harm. Your doctor can decide the best treatment for you when you're sick. Never pressure your doctor to prescribe an antibiotic. Talk with your doctor if you develop any side effects or allergic reactions while taking an antibiotic. In children, reactions from antibiotics are the most common cause of medication-related emergency department visits. Common side effects range from minor to very severe health problems and can include,Rash,Nausea,Diarrhea Yeast infections.If you need antibiotics, the benefits usually outwei[illegible] side effects and antibiotic resistance.

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Head of the Institute Sign
Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON BODY AND ORGAN DONATION

EVENT DATE: 21.10.2022

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme on

BODY AND ORGAN Donation

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Anatomy, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 39

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	RAGHAV BHUSKUTE	U18MB348
2	RAJALAKSHMI K	U18MB349
3	RAJAVIGNESWARI	U18MB350
4	RAJ KUMAR	U18MB351
5	RAJU .S	U18MB352
6	RICHAL SAWIN	U18MB353
7	RIDDHI RAJESH PRASAD	U18MB354
8	ROHINI .V	U18MB355
9	S.R. HEENA FEEMISHNEE	U18MB356
10	SABARISH K.S	U18MB357
11	SAI SRI MUTYALA	U18MB358
12	SAIPURNNIMA R.K	U18MB359
13	SAMIKSHA DUBEY	U18MB360
14	SANJEEV KUMAR G.S	U18MB361
15	SARFARAZ ISLAM	U18MB362
16	SAURABH SINGH	U18MB363
17	SEENUVAS .P	U18MB364
18	SHANTHALAKSHMI .D	U18MB365
19	SHASHANK RITU RAJ	U18MB366
20	SHEETAL SHRIVASTAVA	U18MB367
21	SHLOKA SHAW	U18MB368
22	SHRABASTI CHATTOPADHYAY	U18MB369
23	SHREYA GUMBER	U18MB370
24	SHREYASEE CHATTOPADHYAY	U18MB371
25	SHRI KIRTI RAAJA	U18MB372
26	SNEKA SE	U18MB373
27	SONALI HESSA	U18MB374

28	SOUMITRA MOHANTY	U18MB375
29	SREEHARI S NAIR	U18MB376
30	SREELEKSHMI S NAIR	U18MB377
31	SREENIDHI N B	U18MB378
32	SUBALAKSHMI V	U18MB379
33	SUDHARSAN .S	U18MB380
34	SUHAIL AHMAD	U18MB381
35	SUMAN KALYAN SAHOO	U18MB382
36	SUSMITA KHAN	U18MB383
37	SWAPNIL	U18MB384
38	SWARNAB JANA	U18MB385
39	SWATHI .K	U18MB386

AWARENESS PROGRAMME ON ORGAN DONATION

CONTENT:

SLIMS conducted a student outreach program on awareness about Organ donation. People have a variety of reasons for wanting to donate their body to medical science. Many people do so because they value education. Often they are educators themselves. They appreciate the education they received when they were younger, and their commitment to "paying it forward" becomes their legacy.

Others donate their bodies to medicine because they value medical care they personally received. For many, it was a treatment that worked, confirmation that medicine is evolving and that we are helping more people now than ever before. For others, it was a treatment that failed, a signal that we need to learn more, work harder. In either case, the value is in the medical breakthroughs that result when education, research and innovative thinking converge. Some are repaying a gift they received years before, having learned their way around the human body through the generosity of another. The human body is marvelous and, yes, mysterious. We may never learn everything there is to know about our bodies or how to treat every ailment that plagues us, but by advancing medical science and through the selfless generosity of donors, knowledge grows. Organ donation is defined as "When a person allows an organ of theirs to be removed, legally, either by consent while the donor is alive or after death with the assent of the next of the kin." Common transplantations after organ donations include kidney, heart, liver, pancreas, intestines, lungs, bones, bone marrow, skin, and cornea. Although some organs such as kidney and tissues like part of the liver, pancreas, lungs, and intestines can be donated while the donor is alive, most of the donations occur only after the donor's death. In India, the legislative foundation for brain death and organ donation was officially established, under Transplantation of Human Organs Act, 1994 amended in 2011. It provided a much-needed legal and transparent system for organ donation. India's organ donation rate stands at an abysmal 0.34 per million populations when compared with donation rate of 36 per million population in countries like Spain. While in the rest of the country, states like Tamil Nadu, Maharashtra, Andhra Pradesh, and Gujarat have made efforts to ramp up their ODR, by facilitating public and private health sector activities, such vision is still a far cry for the states in the North-Eastern part of India.

This awareness programme was conducted to aware the medical students about the precious value body and organ donation so that they can educate the society about the importance of body donation.

Head of the Institute Sign

Seal

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AWARENESS PROGRAMME ON NATIONAL DEWORMING PROGRAMME

EVENT DATE: 10.02.2023

TIME: 1:30 PM TO 2:30PM

EVENT: Awareness on National

Deworming Programme

VENUE: Shree Bharath Vidyashram

Higher Secondary School

SCHEME: Awareness Program

ORGANISED BY: Department of Paediatrics Sri Lakshmi

Narayana Institute of Medical Sciences-, Puducherry

NO. OF PARTICIPANTS: 100

CONTENT:

An awareness programme on the occasion of “National Deworming Day” was organized at Shree Bharath Vidyaasharam CBSE School on 10th February 2023 with the extensive support of our Chairman DR. JAGATH RAKSHAGAN and President DR. SUNDEEP ANAND. Almost 90 students participated in the awareness programme with the permission of school Principal Mrs. Santhi, M.sc., M.Phil., M.Ed. Medical social worker Mrs. Karthiga. R, Department Of General Surgery gave the welcome speech. During the session, Dr. Pravilika from the Department of General medicine SLIMS, gave a special speech on personal hygiene And Dr. Agilan from the Department of Paediatrics SLIMS, gave an informative speech on deworming and benefits of the medicines. All participants actively interacted and made the session fruitful. The school students frequently asked their doubts. Last but not least we handed over the ALBENDAZOLE tablets to the children. Vote of thanks was given by Mrs. Karthiga. R Medical Social Worker. The awareness programme was held successfully under the guidance of Dean Dr. G. Jayalakshmi, Medical Superintendent, Dr. Asayas Bosco Chandra Kumar, Deputy Medical Superintendent, Dr. Kalasree, Co-Ordinated by Mrs. Karthiga. R & Miss. Madhumathi. M and Mr. Vignesh. P with the support of ARMO DR.Barathalakshmi and other Medical Social Workers of SLIMS. Participant’s feedback about the awareness session was very positive.

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

(RECOGNAIZED BY MEDICAL COUNCIL OF INDIA & AFFILIATED BY BHARATH UNIVERSITY)

National Deworming DAy

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Head of the Institute Sign

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AWARENESS PROGRAMME ON WORLD HEARING DAY

EVENT DATE: 03.03.2023

TIME: 09.00am – 04.00pm.

EVENT: Awareness Programme on world hearing day

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Otorhinolaryngology and Head neck Surgery, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 152

PARTICIPANTS LIST:

SL.No	Student Name	UHID.NO.
1	AASTHIKA A	U20MB251
2	ABHAY CHANDRAN	U20MB252
3	ABHINAV CHANDRA	U20MB253
4	ABINAYA S	U20MB254
5	ABISHA D	U20MB255
6	ABISHEK K	U20MB256
7	ADEESAZIA M	U20MB257
8	AKSHARA TIWARI	U20MB258
9	AMALANA S	U20MB259
10	ANANYASA H	U20MB260
11	ANNFELIXIYA B	U20MB261
12	ANSHIKASING H	U20MB262
13	ANTONYINFANT A	U20MB263
14	ANURAGG VIVEK TURASKAR	U20MB264
15	ANWESHA PADHI	U20MB265
16	APOORVA CHANDRA	U20MB266
17	ARSHAQUE HARIS	U20MB267
18	ARUN P	U20MB268
19	ARUN P	U20MB269
20	ARVINTH KV	U20MB270
21	ASHILYA	U20MB271
22	ASHWIN KANNAA	U20MB272
23	AYUSH ANSH PATTANAYAK	U20MB273
24	AYUSH HAZRA	U20MB274
25	BARATH KUMARG	U20MB275
26	BHARATHI DASAN P	U20MB276
27	BHOSALE PAVAN MOHAN	U20MB277

28	BOBBY YADA V	U20MB278
29	BOOMASIDDANANTHI UM	U20MB279
30	BORA SHANMUKHA LALITHAPRIYA	U20MB280
31	CHARULATHA B	U20MB281
32	DEEPIKAA S	U20MB282
33	DEVANANDA S	U20MB283
34	DEVANSHU BASOYA	U20MB284
35	DHAARANI R	U20MB285
36	DHARANYA S	U20MB286
37	DHIVYA N	U20MB287
38	DIVYA.O	U20MB288
39	EMIKA CKHONGJEE TARIANG	U20MB289
40	GOKUL KUMAR M	U20MB290
41	GOURI JAYAKRISHNAN	U20MB291
42	HARINISANKAR P	U20MB292
43	HARIPRASATH S	U20MB293
44	HARSHITHA BITRA	U20MB294
45	HEMALATHA M	U20MB295
46	HISHA TEP	U20MB296
47	INDUMATHI D	U20MB298
48	JAILEKHHA L	U20MB299
49	JAYASHREE J	U20MB300
50	JAYASREE E	U20MB301
51	JEYA HAMSA VARTHNI M B	U20MB302
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69	MEEJURU SAI SUSHWANTH	U20MB322
70	MOGLI APURVA RAVINDRA	U20MB323
71	MOHAMED RIYAZ PEER S	U20MB324
72	MOHAMED SHYAM S	U20MB325
73	MOHAMMED KAMARALAM AL	U20MB326
74	MORE RENUKA BALAJI	U20MB327
75	MRITULLA S	U20MB328
76	NANDHA SL	U20MB329
77	NANDHINI MANIMARANE	U20MB330
78	NAVEEN KUMAR MM	U20MB331
79	B SNEHA SIRI	U20MB332
80	NILOFURNISHA I	U20MB334
81	NITHISH C	U20MB335
82	NITISH KUMAR T R	U20MB336
83	PANDI SOWMIYA R	U20MB337
84	PAVITHRA PETCHIAPPAN	U20MB338
85	POORANI S	U20MB339

86	PRAHANYA DARSHINID	U20MB340
87	PREETHIPRIYA G	U20MB343
88	PRIYADHARSHINI D	U20MB344
89	PUNGJIKONIA	U20MB345
90	PUNITHA VATHI A	U20MB346
91	RAFEEK AHAMED B	U20MB347
92	RAHINI R	U20MB348
93	RAHUL KUMAR	U20MB349
94	RAO HOSANNA RONALD	U20MB350
95	REEHAN GOSWAMI	U20MB351
96	REO NANONG THOMBAM	U20MB352
97	RIA RANJAN	U20MB353
98	RISHAV RAJ SINGH	U20MB354
99	RISHI KARTIKEYEN R	U20MB355
100	RISHI VARTHINI TK	U20MB356
101	RISHITA KUMARI	U20MB357
102	SAMUEL JOSE	U20MB358
103	SANDHYA S	U20MB359
104	SAPTARSHI PAL	U20MB360
105	SARATHI A	U20MB362
106	SHAIKH MOHAMMAD SAQUIB	U20MB365
107	SHARAN PRANAV GS	U20MB367
108	SHARMILA A	U20MB368
109	SHARON R	U20MB369
110	SHIVANGI BARIAR	U20MB370
111	SHRESHTHA AGARWAL	U20MB371
112	SHRIVATSAN R	U20MB372
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124	SNEHA M	U20MB374

125	SRI MAHA PRITHINGARA DEVIN	U20MB376
126	SRUTHI B	U20MB377
127	SUDHARSHAN K	U20MB378
128	SULTHANIBRAHIM S	U20MB379
129	SURYAVARMA V	U20MB380
130	SUSHMITHA M	U20MB381
131	SUVETHASHRI VS	U20MB382
132	SUVETHA KRISHNA M	U20MB383
133	TAMIZHARASI R G	U20MB386
134	M THAIYUB HILAL	U20MB387
135	THAMIZH THENDRAL P	U20MB388
136	THARA C	U20MB389
137	THARUN V	U20MB390
138	THEJAA SRI T	U20MB391
139	THILAKAPT	U20MB392
140	THOGAI SHREE M	U20MB393
141	VARUN S	U20MB395
142	VIKRAMAN B	U20MB396
143	VISHNU T	U20MB397
144	VISWA PRIYA K	U20MB398
145	WALLIS JOHN	U20MB399
146	YUMNAM ROHIT MEITEI	U20MB400
147	AJETH R	U19MB259
148	SHONILA B T	U19MB369
149	SRIMITHA B	U19MB377
150	VISHNU DEVAN V	U19MB396
151	YUKESHKANNA T	U19MB399
152	DATTATREYA BHATTACHARJEE	U18MB237

AWARENESS PROGRAMME ON WORLD HEARING DAY

CONTENT:

We have arranged activities for three days on the week of World hearing day. The first day we have arranged awareness program for school children of SHREE BHARATH VIDYAASHRAM and free hearing screening camps at two remote rural areas in Puducherry. The second day we have arranged Poster Presentation competition and Rangoli competition themed “Ear and Hearing Care for all” for the medical students of various medical colleges across Puducherry and Tamilnadu. The third day we have invited guest speakers from other medical universities for the Continuing Medical Education. We have also arranged photographers to document all activities. We have made posters and flyers so a lot of people can attend and benefit from the free camps. We have also sent invites to other institutions to participate in our competitions and CME.

Head of the Institute Sign

Seal

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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAMME ON LEPROSY

EVENT DATE: *31.01.2022*

TIME: *2.00 pm – 3.30 pm.*

EVENT: *Awareness Programme on Leprosy*

VENUE: *SLIMS, Puducherry*

SCHEME: *Awareness Program on Leprosy*

ORGANISED BY*: Department of Dermatology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry*

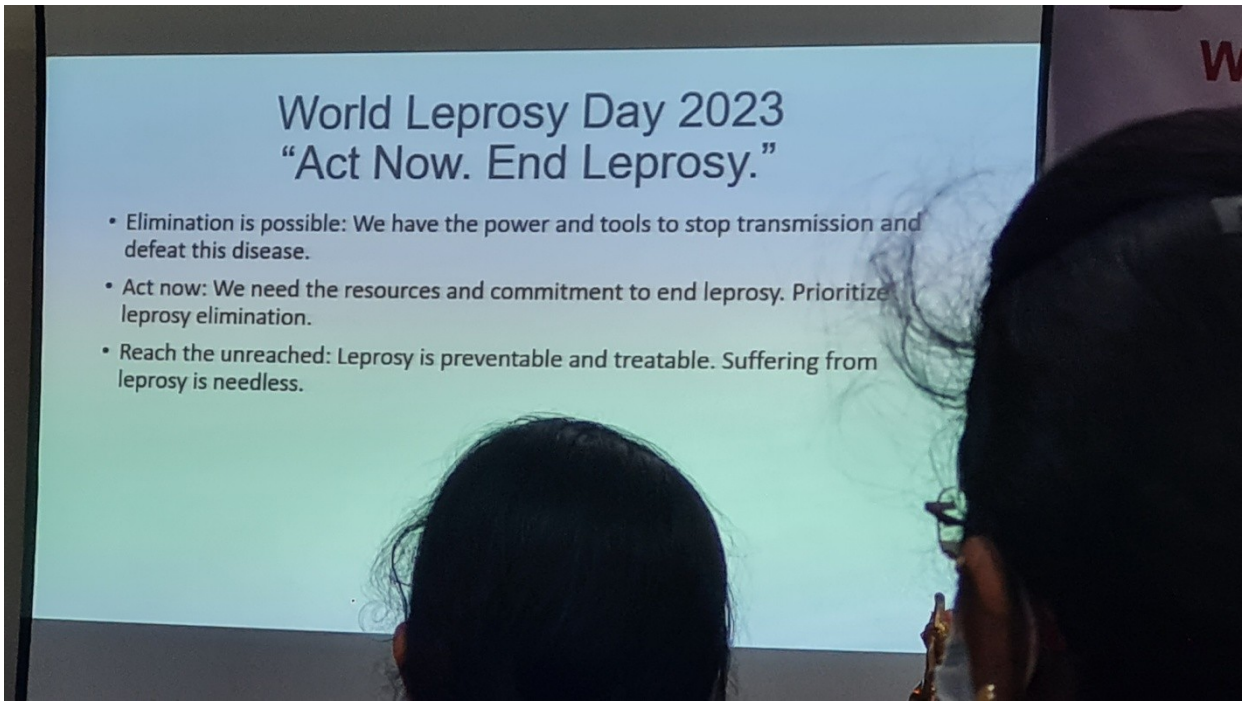
NO. OF PARTICIPANTS: *40*

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	*RAGHAV BHUSKUTE*	*U18MB348*
2	*RAJALAKSHMI K*	*U18MB349*
3	*RAJAVIGNESWARI*	*U18MB350*
4	*RAJ KUMAR*	*U18MB351*
5	*RAJU .S*	*U18MB352*
6	*RICHAL SAWIN*	*U18MB353*
7	*RIDDHI RAJESH PRASAD*	*U18MB354*
8	*ROHINI .V*	*U18MB355*
9	*S.R. HEENA FEEMISHNEE*	*U18MB356*
10	*SABARISH K.S*	*U18MB357*
11	*SAI SRI MUTYALA*	*U18MB358*
12	*SAIPURNNIMA R.K*	*U18MB359*
13	*SAMIKSHA DUBEY*	*U18MB360*
14	*SANJEEV KUMAR G.S*	*U18MB361*
15	*SARFARAZ ISLAM*	*U18MB362*
16	*SAURABH SINGH*	*U18MB363*
17	*SEENUVAS .P*	*U18MB364*
18	*SHANTHALAKSHMI .D*	*U18MB365*
19	*SHASHANK RITU RAJ*	*U18MB366*
20	*SHEETAL SHRIVASTAVA*	*U18MB367*
21	*SHLOKA SHAW*	*U18MB368*
22	*SHRABASTI CHATTOPADHYAY*	*U18MB369*
23	*SHREYA GUMBER*	*U18MB370*
24	*SHREYASEE CHATTOPADHYAY*	*U18MB371*
25	*SHRI KIRTI RAAJA*	*U18MB372*
26	*SNEKA SE*	*U18MB373*
27	*SONALI HESSA*	*U18MB374*

28	*SOUMITRA MOHANTY*	*U18MB375*
29	*SREEHARI S NAIR*	*U18MB376*
30	*SREELEKSHMI S NAIR*	*U18MB377*
31	*SREENIDHI N B*	*U18MB378*
32	*SUBALAKSHMI V*	*U18MB379*
33	*SUDHARSAN .S*	*U18MB380*
34	*SUHAIL AHMAD*	*U18MB381*
35	*SUMAN KALYAN SAHOO*	*U18MB382*
36	*SUSMITA KHAN*	*U18MB383*
37	*SWAPNIL*	*U18MB384*
38	*SWARNAB JANA*	*U18MB385*
39	*SWATHI .K*	*U18MB386*
40	*SWETHA HARIKUMAR*	*U18MB387*

AWARENESS PROGRAMME ON LEPROSY



CONTENT:

National Leprosy Control Programme (NLCP) was launched by the Govt. of India in 1954-55. Multi Drug Therapy (MDT) came into wide use from 1982, and the National Leprosy Eradication Programme was introduced in 1983. The strategy of NLEP was based on controlling the disease through reduction in the quantum of infection in the population and reduction in infective source, thus breaking the chain of disease transmission

India achieved the goal set by the National Health Policy, 2002 of elimination of leprosy as a public health problem, defined as less than 1 case per 10,000 population , at the National level in December 2005.

VISION:

"Leprosy-free India" is the vision of the NLEP.

Mission:

The NLEP's mission is to provide quality leprosy services free of cost to all sections of the population, with easy accessibility, through the integrated healthcare system, including care for disability after cure of the disease.

Objectives:

a) To reduce Prevalence rate less than 1/10,000 population at sub national and district level.

b) To reduce Grade II disability % < 1 among new cases at National level

c) To reduce Grade II disability cases < 1 case per million population at National level.

d) Zero disabilities among new Child cases.

e) Zero stigma and discrimination against persons affected by leprosy

Salient features of the National Leprosy Eradication Programme are:

1. *Leprosy Eradication programme is a centrally sponsored scheme of Government of India.*

2. *NLEP functions under the umbrella of National Health Mission (NHM).*

3. *NLEP follows decentralized health planning and funds are sent to the states through State Health Societies.*

4. *Quality of services and sustainability is the main focus.*

5. *Disability Prevention & Medical Rehabilitation (DPMR) is a priority*

6. *Removal of stigma and discrimination is a part of the strategy.*

NEW INITIATIVES :

1) *Enhanced active & early case detection strategy has been introduced through ACD&RS (Active Case Detection and Regular Surveillance strategy throughout the year).*

2) *Convergence of leprosy screening for targeting different age groups like under* **RBSK** *(for 0-18 yrs),* **RKSK** *(13-19 yrs), and CPHC – Ayushman Bharat (above 30+ yrs population).*

3) *Timely referral and follow up for treatment completion on time through Multi Drug Therapy (MDT) available free of cost in all public health facilities*

4) **For prevention of leprosy amongst contacts***: Post Exposure chemoprophylaxis administration (PEP)*

5) **Awareness Activities:** *Routine IEC activities are conducted by states and districts throughout the year, Special Annual Mass Awareness campaigns named* **Sparsh Leprosy Awareness Campaigns** *(SLAC) were launched on 30th January, 2017 i.e., Anti Leprosy Day, to reduce stigma and discrimination against persons suffering from leprosy. Since then every year, nationwide Gram Sabhas in villages across the country are being*

organised in cooperation and coordination with allied sectors of health department. Appropriate messages from District Magistrates and appeals from Gram Sabha Pramukh (Heads of Village councils) **to reduce discrimination against persons affected with leprosy** *are read out; pledge is taken by all Gram Sabha members to reduce the burden of disease in the community, and felicitation of persons affected with leprosy is done. Village community is encouraged to participate in these meetings, and school children are encouraged to spread awareness about the disease through plays, posters etc.*

Head of the Institute Sign

Seal

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AWARENESS PROGRAMME ON USAGE OF NEBULIZER IN CHILDREN

EVENT DATE: 1.03.2023 and 3.03.2023

TIME: 1:30 PM TO 2:30PM

EVENT: Awareness about usage of nebulizer in children

VENUE: Department of Paediatrics Sri Lakshmi Narayana Institute of Medical Sciences-, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Paediatrics Sri Lakshmi Narayana Institute of Medical Sciences-, Puducherry

NO. OF PARTICIPANTS: 60

PARTICIPANTS

CONTENT:

An awareness programme about usage of nebuliser in children was organized on 1st and 2nd march 2023 by the Department of Pediatrics with the extensive support of our Chairman **DR. JAGATH RAKSHAGAN** and President **DR. SUNDEEP ANAND**. Almost 60 staff nurses participated in the awareness programme. Dr. Maheshwari HOD of Department of paediatrics gave the welcome speech. Topics that were covered in this session were "**Basics of Bronchial Asthma; "Parts and Uses of Nebuliser**"by **Dr. Maheshwari ; Dr.Jayaraj** and **Dr.Gayathri Nair** .An informative video about nebulisation was shown to the participants. All participants actively interacted and made the session fruitful. The staff nurses frequently asked their doubts. Vote of thanks was given by Dr.Maheshwari HOD of Department of paediatrics. The awareness programme was held successfully under the guidance of Dean **Dr..G. Jayalakshmi**, Medical Superintendent, **Dr.Asayas Bosco Chandra Kumar,** Deputy Medical Superintendent, **Dr. Kalasree**, with the support of ARMO **DR.Jayaraj** and other Medical Social Workers of SLIMS. Participant's feedback about the awareness session was very positive.

Head of the Institute Sign

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AWARENESS PROGRAMME ON NOISE INDUCED HEARING LOSS AND SCREENING CAMP FOR INDUSTRIAL WORKERS

EVENT DATE: 28.02.2023

TIME: 09.00am – 04.00pm.

EVENT: Awareness Program and Screening Camp for Industrial Workers .

VENUE: GANGES PRIVATE LTD, Puducherry .

SCHEME: Awareness Program and Screening Camp .

ORGANISED BY: Department of Otorhinolaryngology and Head neck Surgery, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry .

NO. OF PARTICIPANTS: 20

PARTICIPANTS LIST:

SL.No	Industrial Workers Name
1	Bahili Bhol
2	Saline. Ansari
3	Pradipta Seth
4	Ashok
5	Delabrata Dutta
6	Sukadur Mudha
7	Pontu kuma
8	Ramesh Singh
9	Krantibia Sitti
10	Sarjay
11	Prakash
12	vipul
13	Pappu Pa
14	Senjay q
15	Nur Alam
16	Akshan
17	Kalam Kispath
18	lunsh kinial
19	Mahendia Sing
20	Gowtham Kumar

AWARENESS PROGRAMME AND SCREENING CAMP FOR INDUSTRIAL WORKERS

CONTENT:

We have conducted Awareness Program about Hearing and Noise Induced hearing loss for the Industrial Workers of Ganges International Pvt ltd – Steel factory on 28.02.23 . We also conducted free Hearing Screening for all the workers. We have attached some list of workers with hearing loss above.

Head of the Institute Sign

Seal

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AWARENESS PROGRAMME ON PATIENT PREPARATION FOR OGTT IN ANTENATAL MOTHERS

EVENT DATE: 18.04.2023

TIME: 10:00am- 12:00pm.

EVENT: Program on patient preparation for OGTT in antenatal mothers

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Biochemistry,

Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 52

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	INDU V	U18MB301
2	INDUKURI SAI AKANKSHA	U18MB302
3	IPSITA SETHY	U18MB303
4	JAGADEESAN S R	U18MB304
5	JAHNAVI REDDY M	U18MB305
6	JAISHREE S	U18MB306
7	JANANI V	U18MB307
8	JASMEET NIRANJAN	U18MB308
9	JETESH SINGH	U18MB311
10	K C VINITHA	U18MB397
11	AASHLESHA DHARKAR	U18MB251
12	ABHISHEK KUMAR VISHWAKARMA	U17MB256
13	ABINAYA VARTHINI N	U18MB252
14	ADARSH KUMAR	U18MB253
15	AISWARYA PREMRAJ	U18MB254
16	AKASH KELOTH	U17MB263
17	AKSHAYA R	U18MB255
18	ALOK PANDA	U18MB256
19	AMULYA N GOWDA	U18MB257
20	ANJALI SADHWANI	U18MB259
21	ANJU RAMESH K V	U17MB270
22	ANKU KUMAR	U18MB260
23	ANUPAMA	U18MB263
24	AQSA QURESHI	U18MB264
25	ASHIQUE RIFANA M	U18MB266

26	KURRI BHARGAV REDDY	U17MB316
27	LAKSHMI PRIYA E	U18MB317
28	LEKIWA O PALA	U18MB318
29	MADAN SHUBHAM SANJAY	U18MB320
30	MAHI TYAGI	U18MB321
31	ASHWINI N	U18MB268
32	ASMIT KESHAV	U18MB269
33	ASWIN KUMAR G	U17MB275
34	AVIRAL TYAGI	U18MB270
35	BANDHAM SANKEERTHANA	U18MB272
36	BORIS NAMBAM	U18MB273
37	BUCHHAMMAGARI SOURABH REDDY	U18MB274
38	CHARU SAI	U18MB276
39	DEBOPRIYA DEY	U18MB280
40	DHANUSHA S	U18MB282
41	DHYAN DAVID S V	U18MB285
42	KAILA PRASHANTH KUMAR	U17MB310
43	DISHA SHEORAN	U18MB286
44	G SRI SAI NITISH	U18MB292
45	GAUR DARSHANA PURUSHOTTAM	U18MB293
46	GOKUL M S	U18MB295
47	GOPIKA P	U18MB296
48	HARI BALA SIDDHARTH T R	U18MB297
49	HARSH BHARTI	U17MB304
50	HARSHINI R C	U18MB298
51	HIBA MOIDEEN K	U18MB299
52	INDHU S	U18MB300

AWARENESS PROGRAMME

CONTENT:

SLIMS, Department of Biochemistry conducted a student outreach program on patient preparation for Oral Glucose Tolerance Test in antenatal mothers.

An oral glucose tolerance test (OGTT) measures how well the body processes glucose, or blood sugar. Glucose is the body's primary source of energy.

Often, an OGTT is used to diagnose prediabetes and diabetes, especially when gestational diabetes is a concern. It may also be used to test the reactive hypoglycaemia acromegaly, a hormonal condition that causes excess growth impaired beta-cell function insulin resistance.

An OGTT is a type of blood test. It requires taking several blood samples over a set amount of time.

The students were taught regarding the precautions and patient preparation prior to the test. Like, they were instructed about the patient preparation that patient should have their normal carbohydrate diet at least 3 days prior to the test.

Before the procedure

For eight hours before the test, the patient won't be able to eat or drink anything. They might want to fast overnight and schedule the test for early the following morning.

On the day of test, the patient should arrive fasting. If the patient does not arrive fasting, the test should be rescheduled.

An OGTT includes the following steps:

The test can be performed by taking a blood sample from the fingertip, earlobe, or a vein. The fasting sample should be taken, and the time point should be notated. The patient should then consume the correct amount of glucose (established by weight, up to 75 grams) over a maximum of a 5-minute period.

Additional samples should be taken at 30-minute, 60-minute, 90-minute, and 120-minute time points or per provider orders. If using a BC-shielded IV catheter, the line should be flushed with a saline or heparin solution after each sample is taken to ensure patency of the line. After the 120-minute time point, the test is concluded, and the blood samples should be processed as required and sent to the lab for analysis.

After the procedure

After the glucose tolerance test, the patient can return to their usual activities immediately.

Results

Results of the oral glucose tolerance test are given in milligrams per deciliter (mg/dL) or millimoles per liter (mmol/L).

Type 2 diabetes

If being tested for type 2 diabetes, two hours after drinking the glucose solution:

Normal blood glucose level is lower than 140 mg/dL (7.8 mmol/L).
A blood glucose level between 140 and 199 mg/dL (7.8 and 11 mmol/L) is considered impaired glucose tolerance, or prediabetes. If the patient are prediabetic, they are at risk of eventually developing type 2 diabetes. There is also at risk of developing heart disease, even if they don't develop diabetes.
A blood glucose level of 200 mg/dL (11.1 mmol/L) or higher may indicate diabetes.
If the results of the glucose tolerance test indicate type 2 diabetes, your physician may repeat the test on another day or use another blood test to confirm the diagnosis. Various factors can affect the accuracy of the glucose tolerance test, including illness, activity level and certain medications.

Gestational diabetes

If blood glucose level is higher than 140 mg/dL (7.8 mmol/L) after the one-hour test, the physician will recommend the three-hour test. If the blood glucose level is higher than 190 mg/dL (10.6 mmol/L) after the one-hour test, they will be diagnosed with gestational diabetes.

For the three-hour test:

A normal fasting blood glucose level is lower than 95 mg/dL (5.3 mmol/L).
One hour after drinking the glucose solution, a normal blood glucose level is lower than 180 mg/dL (10 mmol/L).
Two hours after drinking the glucose solution, a normal blood glucose level is lower than 155 mg/dL (8.6 mmol/L).
Three hours after drinking the glucose solution, a normal blood glucose level is lower than 140 mg/dL (7.8 mmol/L).
If one of the results is higher than normal, they will likely need to test again in four weeks. If two or more of the results are higher than normal, you'll be diagnosed with gestational diabetes.

If they are diagnosed with gestational diabetes, they can prevent complications by carefully managing their blood glucose level throughout the rest of their pregnancy.

Head of the Institute Sign

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AWARENESS PROGRAMME ON
Prescription audit

EVENT DATE: 21.03.2023

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme on

Prescription audit

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Pharmacology, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 39

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	*ANITHA R*	*U21MB268*
2	*BLESSY S*	*U21MB290*
3	*BRINDHA S*	*U21MB291*
4	*DEEPAK L*	*U21MB298*
5	*DHARSHINI S*	*U21MB305*
6	*GOKUL C*	*U21MB317*
7	*GUNASURYA E*	*U21MB322*
8	*HAIMAVATI S*	*U21MB325*
9	*INNISAI BHARATHI P*	*U21MB334*
10	*JAAY SURYA V*	*U21MB337*
11	*JOSEPH SAMRAJ J*	*U21MB345*
12	*KAILASH G K*	*U21MB348*
13	*KALYAN S*	*U21MB350*
14	*KARRUNYAA K*	*U21MB356*
15	*KARTHIKA M*	*U21MB357*
16	*KAVIYA K*	*U21MB358*
17	*KOTHAI L*	*U21MB363*
18	*KUGAN K*	*U21MB365*
19	*KUUDDALARASI S*	*U21MB367*
20	*LEELASRI R K*	*U21MB369*
21	*MADHU BASHINEE A*	*U21MB371*
22	*MADHUMATHI S*	*U21MB372*
23	*MADHUMITA S P*	*U21MB373*
24	*MANSI BARIK*	*U21MB375*
25	*MANYA V*	*UU21MB376*
26	*MARK PRAVEEN J*	*U21MB378*
27	*MELWIN RAJ*	*U21MB382*

28	*MOHANKUMAR P*	*U21MB385*
29	*MONISH S*	*U21MB387*
30	*MUNIRAJ K*	*U21MB390*
31	*MUTHE HEDVI PRASHANT*	*U21MB391*
32	*NEMANI ADITYA*	*U21MB398*
33	*NESIKA T*	*U21MB399*
34	*NIVEDHITHA G*	*U21MB402*
35	*PERIYANNAN S M*	*U21MB407*
36	*PICHIKALA LOHITH*	*U21MB409*
37	*PRANAV KUMAR S*	*U21MB412*
38	*PRATEEKSHA N*	*U21MB413*
39	*RAGHUL L*	*U21MB419*

AWARENESS PROGRAMME ON Prescription audit

CONTENT:

SLIMS conducted a student outreach program on awareness about Prescription audit. We gave PowerPoint presentations with suitable examples in understanding the concepts of healthy prescription practices. Prescription audit is a quality improvement process that seeks to improve patient care. Medical Audit may be defined as a process with the aim of making improvements in patient care and proper use of resources. The most important part of healthcare system is to deliver the right medicine to the right people. Prescription auditing is one of the important tool to avoid misuse of drugs and improves rational use of drugs. The Performance of the health care providers related to the appropriate use of drugs can be accessed by analyzing the different prescribing indicators. The parameters which has to analyzed in the process of prescription auditing are, Patient demographics, Clinical diagnosis, Department, Prescribing standards, Doctors name and signature. The studies shown that majority of practitioners are not following the guidelines while writing the prescriptions and usage of drugs. There is a need to standardize the prescribing patterns in India so that all essential information is included and will be helpful for the better patient care. The irrational prescribing, improper dispensing and patient use of medicine will lead to unnecessary expenditure for the patients. The present study could serve as a framework upon which further studies in prescription audit can be launched to investigate the scope for educational intervention and improvement in prescribing patterns. The Performance of the health care providers related to the appropriate use of drugs can be accessed by analyzing the different prescribing indicators. The indicators that can be included in the study are based on the practices observed in a clinical setup. These indicators can be analyzed either by retrospectively, from data recorded in patient medical records or can be prospectively, data from a group of patients visiting on the day. The degree to which the prescribing practice conformed to the essential drug list, formulary or standard treatment guideline were also measured by searching for the number of drugs prescribed from essential drug list available. Prescribers can only treat patients in a rational way if they have access to an essential drugs list and essential drugs are available on a regular basis. The various prescribing indicators are meant to elucidate peculiar prescribing characteristics relating to polypharmacy, level of antibiotic and injection use and adherence to guidelines relating to generic and Essential Medicine List prescribing.These concepts will enlighten the rationality behind the quality of prescription and the way it affects the healthcare.

Seal

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AWARENESS PROGRAMME ON RATIONAL DRUG USE

EVENT DATE: 21.04.2023

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme on

Rational drug use

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Pharmacology, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 38

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	*MUNIRAJ K*	*U21MB321*
2	*MUTHE HEDVI PRASHANT*	*U21MB322*
3	*MYDUKUR SHAIK MOHAMMED FAIZ ABDUL KALAM*	*U21MB323*
4	*NALLAMOTHU TAGORE*	*U21MB324*
5	*NANDHINI SARASWATHI R*	*U21MB325*
6	*NAUSHEEN ANJUM S*	*U21MB326*
7	*NEERAJA BAIJU*	*U21MB328*
8	*NEMANI ADITYA*	*U21MB329*
9	*NESIKA T*	*U21MB330*
10	*NISHIKA PANDEY*	*U21MB331*
11	*NITISH KUMAR SAMAL*	*U21MB332*
12	*NIVEDHITHA G*	*U21MB333*
13	*NIVEDITHA S*	*U21MB334*
14	*PASUPULETI RENUKA*	*U21MB335*
15	*PATHAK PRIYAM SUNIL KUMAR*	*U21MB336*
16	*PATIL MOHIT SURESH*	*U21MB337*
17	*PERIYANNAN S M*	*U21MB338*
18	*PICHIKALA LOHITH*	*U21MB339*
19	*POTHABATHULA YASASWINI*	*U21MB340*
20	*PRANAV KUMAR S*	*U21MB341*
21	*PRATEEKSHA N*	*U21MB448*
22	*PRIYA DHARSHINI B*	*U21MB450*
23	*SHREYA GUMBER*	*U21MB451*
24	*SHREYASEE CHATTOPADHYAY*	*U21MB453*
25	*SHRI KIRTI RAAJA*	*U21MB454*
26	*SNEKA SE*	*U21MB456*
27	*SONALI HESSA*	*U21MB457*

28	*SOUMITRA MOHANTY*	*U21MB458*
29	*SREEHARI S NAIR*	*U21MB459*
30	*SREELEKSHMI S NAIR*	*U21MB460*
31	*SREENIDHI N B*	*U21MB461*
32	*SUBALAKSHMI V*	*U21MB462*
33	*SUDHARSAN .S*	*U21MB463*
34	*SUHAIL AHMAD*	*U21MB458*
35	*SUMAN KALYAN SAHOO*	*U21MB460*
36	*SUSMITA KHAN*	*U21MB461*
37	*SWAPNIL*	*U21MB462*
38	*SWARNAB JANA*	*U21MB463*

AWARENESS PROGRAMME ON

CONTENT:

SLIMS conducted a student outreach program on awareness about Rational drug usage. We gave PowerPoint presentations with suitable examples in understanding the concepts of healthy prescription practices. Rational use of medicines involves their correct/proper/appropriate use so that their selection, dose, duration is according to the guidelines, suitable for clinical needs, at the lowest cost to the provider, community, and the patient, and are dispensed correctly and taken properly. The right drug of the right quality, safety and effectiveness should be available, affordable, and marketed correctly and the infrastructure should be appropriate for the individual and the community. Complementary terms such as responsible use of medicines, prescribing efficiently have also been used by some instead of 'rational use'. If the use of medicine is not as per these conditions, it is considered irrational or incorrect, improper, and inappropriate use.

The common types of irrational use include failure to prescribe, dispense, and use medicines as per guidelines, use too many medicines, inappropriate use of antibacterials, overuse where not required, underuse where required, inadequate use for chronic diseases, overuse of injections, self-medication and use of expensive low-efficacy, low safety drugs. Irrational use results in morbidity, mortality, adverse drugs reactions (ADRs), poor outcome of cure, control, prevention of disease, antimicrobial resistance, and financial loss. There has been an increase in the availability of information on the internet and mobile phones, electronic medical records, social media and predictive analyses are being used to understand patient behaviour. There is an increase in insurance by the government and private companies. To avoid misuse, overuse, self-medication, prescription-only drugs are to be dispensed only on prescription by the qualified medical doctors. However, in remote areas, public health programmes are implemented by caregivers, paramedics, health workers and practitioners of alternative systems of medicines, who are not authorized to prescribe modern medicines. Drugs are expected to be used for approved indications. This will help the student in understanding of the better prescription practice in their forthcoming carrier.

Head of the Institute Sign

Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON REPORTING ADR FORMS

EVENT DATE: 9.6.2022

TIME: 1.30pm – 3.00pm.

EVENT: Awareness program on reporting ADR

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Pharmacology,

Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 26

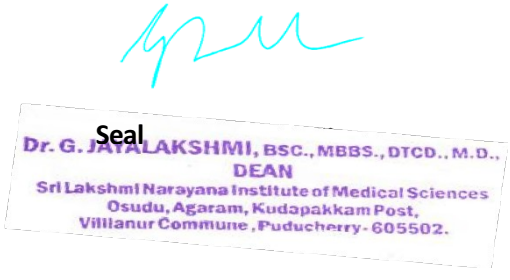
Participants list

S.No	Name of the student	Student Unique Enrolment ID
1	AASTHIKA A	U20MB251
2	ABHAY CHANDRAN	U20MB252
3	ABHINAV CHANDRA	U20MB253
4	ABINAYA S	U20MB254
5	ABISHA D	U20MB255
6	ABISHEK K	U20MB256
7	ADEESA ZIA M	U20MB257
8	AKSHARA TIWARI	U20MB258
9	AMALAN A S	U20MB259
10	ANANYA SAH	U20MB260
11	ANN FELIXIYA B	U20MB261
12	ANSHIKA SINGH	U20MB262
13	ANTONY INFANT A	U20MB263
14	ANURAGG VIVEK TURASKAR	U20MB264
15	ANWESHA PADHI	U20MB265
16	APOORVA CHANDRA	U20MB266
17	ARSHAQUE HARIS	U20MB267
18	ARUN P	U20MB268
19	ARUN P	U20MB269
20	ARVINTH K V	U20MB270
21	ASHILY A	U20MB271
22	ASHWIN KANNA A	U20MB272
23	AYUSH ANSH PATTANAYAK	U20MB273
24	AYUSH HAZRA	U20MB274
25	BARATHKUMAR G	U20MB275
26	BHARATHIDASAN P	U20MB276

REPORTING ADR FORMS

Sri Lakshmi Narayana institute of medical sciences (SLIMS) conducted a student outreach program on awareness about reporting ADR forms. Students were, taught regarding how to fill ADR from and importance of reporting ADR were though effectively.

The World Health Organization (WHO) defines adverse drug reactions (ADRs) as unwanted reactions in humans caused by a drug on a therapeutic dose for the diagnosis, prophylaxis, or management of diseases. Adverse drug event (ADE) is the most common cause of medical harm. It is defined as an injury resulting from the use of medication, which can be preventable or non-preventable. It is estimated that about half of ADE incidences are preventable. There are various strategies to detect ADEs in hospital settings. The most common methods involve spontaneous reporting systems, patient interviews and chart reviews, trigger tools, and computerized monitoring systems. The traditional, spontaneous reporting system is presumed ineffective because of factors such as under-reporting and lack of essential data for identification of the causality of suspected drugs. There is no single standard method to employ, thus the use of multiple strategies to maximize the detection of ADE incidence is recommended .Globally, ADEs are among the major public health concerns with variable incidence reports across the studies. For instance, a study from Japan reported 29.2%, a study from Saudi-Arabia revealed 8.5%, in Africa, studies from Uganda recorded 25%, while a study from Ethiopia reported 36.4% ADE incidences. These variable reports are attributed to factors such as differences in the strategies employed for detecting ADEs, the specific study definition of ADEs, and others. Adverse drug events often lead to hospital admission, prolongation of hospital stay and mortality, increasing the healthcare expenditures. Healthcare professionals are also indirectly affected by the ADEs because of the loss of public ‘confidence in the health service. Thus, provided that more than half of ADE incidences are preventable, it is highly imperative to identify ADE risk factors and prevent their incidences. Various studies had reported sex, age, length of hospital stay, comorbidity, specific drug class, medication error, and the number of medications as the major risk factors for ADEs incidences.



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SAMPLE REJECTION CRITERIA AWARENESS PROGRAMME AMONG CRMI

EVENTDATE:09.02.2023

TIME:10.00 am–1.00 pm.

EVENT: Sample rejection criteria awareness programme among CRMI

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Biochemistry, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 50

PARTICIPANTS LIST:

S.No	Nameofthestudent	Student UniqueEnrolment ID
1	ABILASHA.K	U16MB252
2	ABITHA RAJLIN J S	U16MB253
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4	AKSHYA .R	U16MB257
5	AMRESK K	U14MB215
6	ANANYA SHARMA	U16MB261
7	ANWESHA CHATTERJEE	U16MB264
8	ARCHITA VIGNESH A	U16MB265
9	ARCHITHA.A	U15MB261
10	ARIVUMATHI .R	U16MB266
11	ARUL PRINCE E	U16MB252
12	ASHVANTH KUMAR .A	U16MB253
13	ASMITHA S.V	U16MB255
14	AVIDI. VENKATA SAISUSHMA	U16MB257
15	BHASKARAN .K.C	U14MB215
16	BALACHANDRAN A	U16MB261
17	BALAJI .S	U16MB264
18	BALAMANIKANDAN S	U16MB265
19	BABU PRASATH J	U15MB261
20	BLESSY AMALA RISHA .J	U16MB266
21	CAREENA DANIEL	U16MB252
22	CHINJU.S.R	U16MB253
23	DASARI VENKATA SAI MOUNISH	U16MB281
24	DEBARPITA NATH	U16MB282
25	DELFI MARY .E	U16MB286
26	GRACELIN RINI .J	U16MB294

27	NAMRATA GHORAI	U16MB340
28	NEELU.S.P	U16MB343
29	PARTHASARATHY .S	U16MB348
30	NISHA AGRAWAL	U16MB345
31	NEELU.S.P	U16MB343
32	NANDU ARAVIND	U16MB341
33	MUHAMMAD SHEBIN	U16MB336
34	MOUNIKA.B	U16MB335
35	SAJUTI DEY	U16MB369
36	SANDHYA	U16MB371
37	SATHYA VIJAYENDRAN P.U	U16MB374
38	SHIKHA SONI	U16MB376
39	SNEHA SINGH	U16MB380
40	SUNITHA .A	U16MB383
41	SNEHA	U16MB379
42	SNEHA SINGH	U16MB380
43	SRIRAM .S	U16MB381
44	PRAVEEN KUMAR R	U13MB229
45	RAJAT TYAGI	U16MB362
46	PRIYADHARSHINI.S	U16MB358
47	RAMAPRIYA .M	U16MB364
48	RUCHI YADAV	U16MB366
49	RUPESH RANJAN	U16MB367
50	SAJUTI DEY	U16MB369

SAMPLE REJECTION CRITERIA AWARENESS PROGRAMME AMONG CRMI

SLIMS conducted a student outreach program on Sample rejection criteria awareness programme among CRMI

Criteria for Specimen Rejection

General Criteria

All tests are unique in their testing requirements. To avoid specimen rejection or delayed turnaround times, please check specimen requirements to insure appropriate collection criteria is met.

In general, specimens will be rejected for the following reasons:

• Specimens which are improperly labeled.

• Specimens in which the quantity is not sufficient for proper processing.

• Specimens in which there has been a significant time delay between specimen collection and specimen receipt (more than 24 hours), for which a transport tube/medium was not used and/or specimen results would be compromised.

• Specimens and requisitions which are incompatible (i.e. urine specimen with requisition checked off for sputum).

• Specimens received with no requisition.

• Liquid specimens which are not sent in sterile, dry, leak proof containers.

• Requisitions which have been contaminated with a liquid specimen.

• SPECIMENS IN SYRINGE WITH NEEDLE ATTACHED. Physician and/or office staff will be contacted to remove needle before specimen will be processed.

• Hemolyzed or clotted blood specimens (for many tests).

Specific Criteria

In addition to the previously mentioned general criteria, some specimens have additional specific criteria for rejection.

Routine Microbiology

The most common reasons to reject a specimen are due to the addition of a preservative (such as formalin or alcohol).

• Sputum/Bronch

—Specimens which are poor quality (i.e. saliva) as indicated by gram stain (oral flora, rare polys, presence of epithelial cells).

—Limit one (1) per day, not to exceed three (3) per week.

• Urine Culture

—First morning specimen is preferred, but random specimen will be processed.

—Limit one (1) per day not to exceed three (3) per week.

—Specimen received after 2 hours of collection if not refrigerated or after 24 hours, if refrigerated.

• Urinalysis

—Contaminated specimens-i.e., paper, feces.

—Specimens submitted in improper container.

—Specimen received after 2 hours of collection if not refrigerated or after 8 hours if refrigerated.

• Feces

—Specimen submitted in improper container.

• Other Body Fluids

—No specimen will be rejected without consulting with Technical Specialist or Pathologist.

• Blood Cultures

—No more than 4 blood culture sets will be drawn in 24 hours. No more than 3 blood culture sets for each subsequent and separate febrile illness.

Mycobacteriology

• Poor quality specimen (i.e. saliva).

• Specimens <10 mL

• More than three (3) consecutive specimens from the same site.

Parasitology

• Stool specimens sent in a liquid other than saline, formalin, or PVA.

• More than three (3) consecutive specimens.

• Stool contaminated with urine.

• Stool containing barium, oils, laxatives, magnesium, or antidiarrheal compounds.

• Rectal swabs.

Virology

• Samples that are not received in viral transport medium.

• Urines received and not on wet ice or refrigerated at 4 degrees C.

Core Laboratory

• Immunology

—Hemolyzed specimens-VARIES BY ANALYTE

• Chemistry

—SST tubes are not acceptable for therapeutic drug tests (except lithium).

—Hemolyzed specimens are not acceptable for potassium, magnesium, phosphorus, bilirubin, iron, TIBC. Ferritin, C3,

C4, folate and most enzyme tests.

—SST or red-stoppered tube for ionized calcium must be at least 3/4 full. Do not open or otherwise expose blood sample

to air.

—Specimens that require ice must be on ice.

• Hematology

—Blood

• Hemolyzed-when submitted for coagulation testing.

• Clotted specimen.

• Any specimen brought to the laboratory which has not been stored under the proper conditions.

• Any specimen which requires a special anticoagulant for which no substitution is allowed, e.g. coagulation testingrequires sodium citrate as an anticoagulant.

• Any specimen in which the blood/anticoagulant ratio is not correct for accurate results.

—Other Body Fluids

• No specimen will be rejected without consulting with Technical Specialist or Pathologist.

Blood Bank

• Hemolyzed specimens

• Unlabeled specimens

• SST tubes cannot be used or any tube containing and activators (red top plastic tubes)

• Inadequately labeled specimen which is not promptly corrected.

Cytogenetics

• Blood not in a green top tube (with sodium heparin)

• Bone marrow not in a green-top tube (with sodium heparin)

• POC (Products of Conception)

—No fetal tissue

—In formalin or frozen (non-viable)

Cytology

• Fixative not added.

• Unsatisfactory (acellular).

Histology

• Unresolved mislabeled or unlabeled specimen.

Policy for Handling Rejected Specimens

All specimens will be order entered into the computer. They may then be cancelled or logged off with an explanation of why they were unacceptable.

Head of the Institute Sign

Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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DEPARTMENT OF DENTISTRY

TMJ DISORDERS - Awareness Program

EVENT DATE: 20.1.2023

TIME:10Am – 12.00pm.

EVENT: TMJ DISORDERS - Awareness Program

VENUE: SLIMS PUDUCHERRY RECEPTION

SCHEME: Awareness Program

ORGANISED BY: Department of Dentistry, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS:30

PARTICIPANTS LIST:

Sl.no		name
1.	*U20MB251*	AANNIE SHERLINE RAJAM.L
	U20MB252	AARTHISEKAR . D
	U20MB253	AARYA R BABU
	U20MB254	ABHIJITH.K
	U20MB255	ABHISHEK KUMAR VISHWAKARMA
	U20MB256	ABISHEK.J
	U20MB257	ADITYA RAI
	U20MB258	ADWIZA RAI
	U20MB259	AFZAN.M
	U20MB260	AGARWAL RIDHAM RAJESHBHAI
	U20MB261	AISWARYA.S.NAIR
	U20MB262	AKANKSHA CHOURASIA
	U20MB263	AKASH KELOTH
	U20MB264	ALLUVALA ABHILASH
	U20MB265	AMIRTHA RAJENDRA SUVETHAN D
	U20MB266	ANBUMANI PARYMOHAN
	U20MB267	ANIKET SINHA
	U20MB268	ANJALI GORAI
	U20MB269	ANJU RAJ
	U20MB270	ANJU RAMESH K.V.
	U20MB271	ANNAPOORANI.L
	U20MB272	ANUSUYA.N
	U20MB273	APOORVA MALL
		ASHISH RANJAN
		ASWIN KUMAR.G
		ATHUL S PRAMOD
		ATHUL SUBHASH

TMJ DISORDERS - Awareness Program

CONTENT:

The temporomandibular joint (TMJ) acts like a sliding hinge, connecting your jawbone to your skull. You have one joint on each side of your jaw.

TMJ disorders — a type of temporomandibular disorder or TMD — can cause pain in your jaw joint and in the muscles that control jaw movement.The exact cause of a person's TMJ disorder is often difficult to determine. Your pain may be due to a combination of factors,

such as genetics, arthritis or jaw injury. Some people who have jaw pain also tend to clench or grind their teeth (bruxism), although many people habitually clench or grind their teeth and never develop TMJ disorders.In most cases, the pain and discomfort associated with TMJ disorders is temporary and can be relieved with self-managed care or nonsurgical treatments. Surgery is typically a last resort after conservative measures have failed, but some people with TMJ disorders may benefit from surgical treatments.

Symptoms

Signs and symptoms of TMJ disorders may include:

- Pain or tenderness of your jaw
- Pain in one or both of the temporomandibular joints
- Aching pain in and around your ear
- Difficulty chewing or pain while chewing
- Aching facial pain
- Locking of the joint, making it difficult to open or close your mouth

TMJ disorders can also cause a clicking sound or grating sensation when you open your mouth or chew. But if there's no pain or limitation of movement associated with your jaw clicking, you probably don't need treatment for a TMJ disorder.The temporomandibular joint combines a hinge action with sliding motions. The parts of the bones that interact in the joint are covered with cartilage and are separated by a small shock-absorbing disk, which normally

Management of TMJ disorder

Moist heat

Ice application

Soft diet

Jaw exercise

Relaxation technique

Head of the Institute Sign

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BLOOD GROUP SCREENING AND AWARENESS PROGRAMME

EVENT DATE: 28.09.2022 & 29.09.2022

TIME: 10.00 am – 2.00 pm

EVENT: Determination of Blood group and Health education to school children

VENUE: Katterikuppam, Puducherry

SCHEME: Screening and Awareness Program

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 38

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	AARTHISEKAR . D	U17MB252
2.	AARYA R BABU	U17MB253
3.	ABHIJITH.K	U17MB254
4.	ABHISHEIK.J	U17MB255
5.	ADITYA RAI	U17MB257
6.	ADWIZA RAI	U17MB258
7.	AFZAN.M	U17MB259
8.	AISWARYA.S.NAIR	U17MB261
9.	AKANKSHA CHOURASIA	U17MB262
10.	AMIRTHA RAJENDRA SUVETHAN D	U17MB265
11.	ANBUMANI PARYMOHAN	U17MB266
12.	ANGALAKUDURU DEEPCHAND	U16MB262
13.	ANIKET SINHA	U17MB267
14.	ANJALI GORAI	U17MB268
15.	ANNAPOORANI.L	U17MB271
16.	ATHUL S PRAMOD	U17MB276
17.	BARATH N.S	U14MB230
18.	BATCHU JASWANTH BABA	U17MB278
19.	BHAGANAGARAPU BHARGAV SEETA RAM	U17MB279
20.	BHALAKUMARAN.S	U15MB271
21.	BHARGAV JYOTI BORAH	U17MB280

S.No	NAME	University No.
22.	BHAVYA GUPTA	U17MB281
23.	BRAHMA PRAKASH MISHRA	U17MB282
24.	CHINMAY DODANI	U17MB283
25.	DEEPIKAA R.D	U17MB287
26.	DHWANI SOLANKI	U17MB290
27.	DISHAL K P	U17MB291
28.	FEMI SREE.R.A.	U17MB295
29.	GANJI KARTHIK	U17MB296
30.	GAUTHAMAN.M	U17MB297
31.	GOKULAVAANI G K	U17MB298
32.	GOWTHAM BJ	U17MB299
33.	GRANDHI KARISHMA	U17MB300
34.	GREESHMA SHAJI .K	U17MB301
35.	GUDDATI KOTA SATYA SAI NAGA S RAMESH	U17MB302
36.	GURUNATHAN S	U17MB303
37.	HENRITTA.I	U17MB305
38.	HIYA SAIKIA	U17MB306

School children screening programme 2022

CONTENT:

The Headmaster of Government primary school, Katterikuppam had requested for Blood group examination and general examination of primary school students from LKG to Std. V.

The screening was organized by Department of Community Medicine. Organizing team includes Dr Rajini S (Professor and Head), Assistant professors, Post Graduates, CRRI`s and health inspector.

As per their request a team comprising of Pathology and PSM department headed to Government Primary school, Katterikuppam on 28th and 29th September. The pathology department people proceeded with their blood group examination.

The activities done by PSM department included height and weight examination, Dental examination to look for caries tooth and visual acuity examination to screen for vision defects. There was also health education session on hand washing and personal hygiene. Around 209 children were screened and any abnormality if detected was conveyed to the Head master and class teacher of the respective student for appropriate referral.

The activities done by Pathology department included Blood grouping and Rh typing for the school students. All the primary school children were screened for their Blood group estimation.

Head of the Institute Sign

Seal

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GENERAL AWARENESS PROGRAMME

EVENT DATE: 10/04/2023

TIME: 10:30 AM TO 12: 00 PM

EVENT: WORLD HEALTH DAY

VENUE: Aditya Vidyashram, Vilianur

ORGANISED BY: SLIMS

NO. OF PARTICIPANTS:

PARTICIPANTS LIST:

SL. NO.	Name	University number
1.	*ABINAYA.L*	U19MB201
2.	*AFTAB HOSSAIN*	U19MB202
3.	*AHASH BALAJEE .S.A*	U19MB203
4.	*ALLI .P*	U19MB204
5.	*AMARNATH .P*	U19MB205
6.	*ANAND B.*	U19MB206
7.	*ANISH.M*	U19MB207
8.	*ANITHA.K*	U19MB208
9.	*ARAVINDKUMAR V.*	U19MB209
10.	*ARIVOLI .H*	U19MB210
11.	*ARUN.K.G.*	U19MB211
12.	*ARUN KUMAR .M*	U19MB212
13.	*ASWINI.B*	U19MB213
14.	*ASOKH KUMAR .K*	U19MB214
15.	*ATHUL SURESH*	U19MB215
16.	*BABU PRASATH.J*	U19MB216
17.	*BHAGAVATH.N*	U19MB217
18.	*BALAMURALI KRISHNAN A.G.*	U19MB218
19.	*BHADHMA SHRI.S.U*	U19MB219
20.	*BHARANI CHANDAR.G*	U19MB220
21.	*BHARATHI K.*	U19MB221
22.	*CHENNUPATI LAKSHMI SHRAYA*	U19MB222
23.	*CINDRELLA ESTHER.J*	U19MB223
24.	*DEVIKA S.*	U19MB224
25.	*DHIVAKER.N*	U19MB225
26.	*DIVYA V.B.*	U19MB226
27.	*GAYATHRI G.*	U19MB227
28.	*GOKULRAJ.M*	U19MB228
29.	*GOKULNATH.E*	U19MB229
30.	*GOSULA PRIYANKA*	U19MB230
31.	*GYNANA SURIYA PRAKASH .K*	U19MB231
32.	*HARI PRASANTH.M*	U19MB232
33.	*ISWARYA R.*	U19MB233
34.	*JANANI .S*	U19MB234
35	*PRABAKARAN .K*	U19MB270
36	*PRADEEPA.M*	U19MB271
37	*PRIADHARSHINI S.*	U19MB272
38	*PRITHIVRAJ.G.*	U19MB273

39	*PRIYADHARSHINI.K*	U19MB274
40	*PRIYAM KRISHNATREYA*	U19MB275
41	*PRIYANGA M.*	U19MB276
42	*PRIYANGA.K*	U19MB277
43	*RABEENA BEGUM .R*	U19MB278
44	*RAGURAM.M*	U19MB279
45	*RAJASHANMUGAM .G.S.*	U19MB280
46	*RAJESWARI I.*	U19MB281
47	*RAJKUMAR.A*	U19MB282
48	*RAJKUMAR .G*	U19MB283
49	*RAMASAMI .R.R.*	U19MB284
50	*RAVISHANKAR J.*	U19MB285
51	*REKA D.*	U19MB286
52	*ROHIT KUMAR.A*	U19MB287
53	*ROJA M.K*	U19MB288
54	*SAM CHRISTOPER.K*	U19MB289
55	*SAMSON SELVARAJ.J*	U19MB290
56	*SANKAR.C*	U19MB291
57	*SANTHIYA.P*	U19MB292
58	*SARANRAJ.M.K.*	U19MB293
59	*SASIDHARAN .A*	U19MB294
60	*ABHIJITH .P*	U19MB201
61	*ABHINAYA .V*	U19MB202
62	*AJEEZZUNNISHA. A*	U19MB203
63	*AKSHAYA .E*	U19MB205
64	*ALAIMANI .V*	U19MB206
65	*ANAND M.W.P.*	U19MB207
66	*ANANDHA GEETHAM.K.S.*	U19MB208
67	*ANISHA .P*	U19MB209
68	*ANLIN JENISHA .M*	U19MB210
69	*ARAVIND .R*	U19MB211
70	*ARAVINTHANATHAN .K*	U19MB212
71	*ARUL PALANI MUNIYAN .G*	U19MB213
72	*ARUL SELVAM .S*	U19MB214
73	*ASHWIN JOHN*	U19MB215
74	*ASWATHAMAN .R*	U19MB216
75	*AYARIN GLORIDA .J*	U19MB217
76	*AZHALATHITHAN .T*	U19MB218
77	*AZIM ABDUL RASHEED*	U19MB219
78	*BAALAJI .E*	U19MB220
79	*BALA KARTHIK .M*	U19MB223
80	*BALAJI .S*	U19MB222

CONTENT:

A health awareness programme on the occasion of World Health Day was organised by the Department of General Medicine, SLIMS under the guidance of the Dean, Dr. G. Jayalakshmi, Medical Superintendent, Dr. Asayas Bosco, Deputy Medical Superintendent, Dr. Kalasree.

The target audience included 10^{th} and 12^{th} graduates. The session primarily aimed at spreading awareness on the improvement of physical & mental health, the symptoms of ill health and ways to detect it. Dr. Nishanthini, Senior Resident, Department of General Medicine gave a talk for an hour on the importance of balanced diet and exercise for a healthy life, the importance of seeking expert help for mental health issues, women health etc. This was followed by a Q & A session for 30 minutes, wherein the participants clarified doubts on health issues.

Vote of thanks was given by Ms. Karthiga, Medical Social Worker. BMI was measured for all, pamphlets distributed and everyone were encouraged to attend the respective departments in SLIMS, Puducherry, in case of any health issues. Overall, the programme was a huge success.

GPS Map Camera
Villianur, Puducherry, India
WPFR+4C8, Villianur, Puducherry 605502, India
Lat 11.922592°
Long 79.741154°
19/04/23 03:10 PM GMT +05:30
Google

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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AASC
ACHARIYA ARTS AND SCIENCE COLLEGE

AWARENESS PROGRAM ON ADOLESCENT MENTAL HEALTH

EVENT DATE: 22.09.2022

TIME: 9.30am – 10.30am.

EVENT: Awareness Program on Adolescent Mental Health

VENUE: Acharya Arts and Science college, Uruvaiyar, Pondicherry

SCHEME: Awareness Program

ORGANISED BY: Department Of Psychiatry, SLIMS, Pondicherry - Women Empowerment Cell, Acharya Arts and Science College.

NO. OF PARTICIPANTS: 40

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	JAMZER	U15MB297
2.	JANARTHANAN	U15MB298
3.	JAYAMATHI	U15MB303
4.	JAYABHARATHI	U15MB302
5.	JANISHA MARAGATHA.R	U15MB279
6.	JAWATH S	U15MB300
7.	SAKTHI RENGARAJAN S	U15MB351
8.	SATHIYANATHAN.S	U15MB352
9.	SREERAM.M	U15MB376
10.	SRUTHI.S	U15MB378
11.	SUBALAKSHMI	U15MB379
12.	SIVANAMBI	U15MB372
13.	SANDHIYA	U15MB353
14.	SHALINI A	U15MB365
15.	SARANKUMAR B	U15MB354
16.	SHYAM M	U15MB368
17.	SUBASHINI G	U15MB380
18	GAYATHRI.M	U15MB288
19	GOKUL SUGAN.K	U15MB289
20.	SOPHIA	U15MB373
21.	SOUNDARYA	U15MB374
22.	SOWMYA LAKSHMI	U15MB375
23.	SREERAM.M	U15MB376
24.	GOKUL KRISHNAN	U15MB290

S.No	NAME	University No.
25.	SRINIVASAN	U15MB214
26.	RAMRAJ.D	U15MB216
27.	RATCHAKESH R	U15MB217
28.	RAJESH K	U15MB218
29.	KAMESHWARAN	U15MB220
30.	KISHORE	U15MB221
31.	KAILASH S	U15MB222
32.	NAFILA SHSHEEN	U15MB223
33.	NAGALAKSHMI	U15MB224
34.	MALAINESAN	U15MB226
35.	MAHESWARI.	U15MB318
36.	MAHALAKSHMI M.N	U15MB317
37.	AARTHI H	U15MB251
38.	APARNA.M	U15MB254
39.	ABINAYA	U15MB253
40.	CHELLAAMRIYAPPAN	U15MB272

AWARENESS PROGRAM ON ADOLESCENT MENTAL HEALTH

CONTENT:

Awareness speech on adolescent mental health issues was delivered by Dr.T.Ramkumar, Assistant Professor, Dept. of Psychiatry to the students of Acharya Arts and Science College. More than 40 students participated in the awareness program and got benefited.

Teenagers go through stages of puberty, one may become emotionally confused about different events. Teenagers experience stress of gaining or maintaining a new job, increase on schoolwork and misunderstanding parents. As the ups and downs in life occur, some seem to mentally last longer than others.

As the genetics pass on so does the mental health issues. For example, if the parent(s) suffered from depression in their teenager years, the child is more likely to suffer around the same time. The genetic risk of developing clinical depression is about 40%. Stress can lead to depression.

Stress can come from work, family and financial issues. For example, working two jobs and trying to make ends meet can be overwhelming. This can trigger depression as one ends up feeling lonely and unable to do basic things. As a teenager, some are forced to work two jobs in order to provide basic necessities. Underemployment or unemployment can cause depression through financial issues

Mental health is dealt with through self-harm amongst teenagers. Self-harm can be in different ways such as cutting, ripping and beating one's self. For example, cutting is the most common way of self-harm.

Self-harm and/or self-mutilation can become addicting. For example, instead of taking drugs and alcohol as a way of escape, self-harm is being put in place. The mind can easily transfer its cutting addiction to an addiction to intoxicating substances. When dealing with depression, it is quite often that the road to recovery can be a negative one.

Awareness among the students was made about managing this adolescent health issues and their queries were also answered

Head of the Institute Sign

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Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAM ON "Antimicrobial stewardship "

EVENT DATE: 21.11.2022

TIME:10.00am – 12.00 pm.

EVENT: Awareness Program on **"Antimicrobial stewardship "**

VENUE: Lecture Hall 3 , College block, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

SCHEME: Awareness Program

ORGANISING BY : Department of Microbiology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS:40

Participant list

S.no	Name of the student	Student Unique Enrolment ID
1	AASTHIKA A	U20MB251
2	ABHAY CHANDRAN	U20MB252
3	ABHINAV CHANDRA	U20MB253
4	ABINAYA S	U20MB254
5	ABISHA D	U20MB255
6	ABISHEK K	U20MB256
7	ADEESA ZIA M	U20MB257
8	AKSHARA TIWARI	U20MB258
9	AMALAN A S	U20MB259
10	ANANYA SAH	U20MB260
11	ANN FELIXIYA B	U20MB261
12	ANSHIKA SINGH	U20MB262
13	ANTONY INFANT A	U20MB263
14	ANURAGG VIVEK TURASKAR	U20MB264
15	ANWESHA PADHI	U20MB265
16	APOORVA CHANDRA	U20MB266
17	ARSHAQUE HARIS	U20MB267
18	ARUN P	U20MB268
19	ARUN P	U20MB269
20	ARVINTH K V	U20MB270
21	ASHILY A	U20MB271
22	ASHWIN KANNA A	U20MB272
23	AYUSH ANSH PATTANAYAK	U20MB273
24	AYUSH HAZRA	U20MB274
25	BARATHKUMAR G	U20MB275
26	BHARATHIDASAN P	U20MB276
27	BHOSALE PAVAN MOHAN	U20MB277
28	BOBBY YADAV	U20MB278
29	BOOMASIDDANANTHI UM	U20MB279

30	**BORA SHANMUKHA LALITHA PRIYA**	U20MB280
31	**CHARULATHA B**	U20MB281
32	**DEEPIKAA S**	U20MB282
33	**DEVANAND A S**	U20MB283
34	**DEVANSHU BASOYA**	U20MB284
35	**DHAARANI R**	U20MB285
36	**DHARANYA S**	U20MB286
37	**DHIVYA N**	U20MB287
38	**DIVYA O**	U20MB288
39	**EMIKA C KHONGJEE TARIANG**	U20MB289
40	**GOKUL KUMAR M**	U20MB290

AWARENESS PROGRAM ON “Antimicrobial stewardship ”

CONTENT:

As part of the World Antimicrobial Awareness Week 2022, Department of Microbiology organized an awareness programme on“Antimicrobial stewardship ” on 21.11.22 – 10 am to 12pm, in Lecture Hall 3, Department of Microbiology, College block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

Second year MBBS students were the participants. An introductory lecture was given on the need of antimicrobial stewardship program, the antimicrobial prescribing facts, how to set up an AMSP team and goals of AMS program. Followed by this, an insight on how the microbiology laboratory contributes to achieve antimicrobial stewardship was given, including selective or cascade reporting. This was followed by a query resolving session . 40 MBBS students actively participated in the programme. The population's health has suffered greatly as a result of antimicrobial resistance (AMR), which has an impact on the world economy.Four strategies to combat antibacterial Antimicrobial stewardship programmes (ASPs), maintaining data on resistant organisms, developing novel medications, and diagnostic procedures are all examples of ways to combat resistance.Numerous pathogens, including ciprofloxacin- and fluoroquinolone-resistant Salmonella enteric serovar Typhi, methicillin-resistant Staphylococcus aureus (MRSA), extended spectrum -lactamase (ESBL)-producing Klebsiella pneumoniae, and multi-drug resistant (MDR) Mycobacterium tuberculosis, are becoming increasingly resistant to commonly used antimicrobials, according to studies.Davey P. et al. conducted a Cochrane review that looked at two major interventions to improve antibiotic policy: restrictive/preauthorization techniques, which demand prior approval and help physicians optimise the start of antibiotic therapy, and enablement techniques, which give guidance and feedback to doctors to help them optimise antibiotic therapy after it has begun. There is proof that interventions, in particular enabling strategies, enhanced compliance with hospital antibiotic policies and decreased antibiotic use and hospital stay without increasing patient fatalities. Although enablement approaches could boost the impact of treatments like the restrictive techniques, both techniques were successful in establishing adequate antibiotic stewardship.

Head of the Institute Sign & Seal

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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAM ON PREVENTION OF ANEMIA IN PREGNANCY

DATE: 18.01.2023

TIME: 2.30pm – 3.00pm.

EVENT: Awareness program on prevention of anemia in pregnancy

VENUE: Lawspet, Pondicherry

SCHEME: Awareness Program

ORGANISED BY: Department of Obstetrics & Gynecology, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry

NO. OF PARTICIPANTS: 21

S.No	NAME	University No.
1.	*DEEPIKAA S*	*U20MB282*
2.	*BHOSALE PAVAN MOHAN*	*U20MB277*
3.	*ASHWIN KANNA A*	*U20MB272*
4.	*ARSHAQUE HARIS*	*U20MB267*
5.	*ANURAGG VIVEK TURASKAR*	*U20MB264*
6.	*TAMIL CHELVI R*	*U20MB385*
7.	*SHARMILA A*	*U20MB368*
8.	*SANDEEP P*	*U20MB359*
9.	*ANN FELIXIYA B*	*U18MB261*
10.	*YUKESH KANNA T*	*U20MB399*
11.	*RAHINI*	*U20MB348*
12.	*SUSHMITHA M*	*U20MB381*
13.	*MRITULLA S*	*U20MB328*
14.	*MANSI*	*U20MB320*
15.	*REONA NONGTHOMBAM*	*U20MB352*
16.	*GOURI JAYAKRISHNAN*	*U20MB291*
17.	*NAWINKUMAR N S*	*U20MB332*
18.	*MORE RENUKA BALAJI*	*U20MB327*
19.	*ASHILY A*	*U20MB271*
20.	*KRISHNA BHARGAV K S*	*U20MB315*
21.	*ABINAYA S*	*U20MB254*

AWARENESS PROGRAM ON PREVENTION OF ANEMIA

CONTENT:

For making AWARENESS PROGRAM ON PREVENTION OF ANEMIA, M.B.B.S., students were asked to create new catchy slogans. Many students have participated with interest and shown their creativity.

Anemia in pregnancy is a condition that hemoglobin (Hb) level in blood is less than 11.0gm % as a result of the inability of red blood cell production to maintain normal Hb concentration levels.[1] Anemia in pregnancy is defined as a hemoglobin level of the mother less than 11.0gm% during the first trimester or hemoglobin level lower than 10.5gm% during the second and third trimester.

Pregnant women who are anemic can be at risk of increased mortality and morbidity in both the mother and the baby. Anemic pregnant women can be at risk of abortion, preterm labor, and premature rupture of membranes, postpartum hemorrhage, and maternal death. Infants with an anemic mother may be at risk for low birth weight, birth defects, perinatal death, and low infant intelligence. The several causes of anemia in pregnancy are iron deficiency, vitamin b-12 deficiency, folic acid deficiency and parasite infestation.

Iron-deficiency anemia: - During pregnancy, your baby uses your red blood cells for growth and development, especially in the last 3 months of pregnancy. If you have extra red blood cells stored in your bone marrow before you get pregnant, your body can use those stores during pregnancy. Women who don't have enough iron stores can get iron-deficiency anemia. This is the most common type of anemia in pregnancy. Good nutrition before getting pregnant is important to help build up these stores.

Vitamin B-12 deficiency: - Vitamin B-12 is important in making red blood cells and protein. Eating food that comes from animals, such as milk, eggs, meats, and poultry, can prevent vitamin B-12 deficiency. Women who don't eat any foods that come from animals (vegans) are most likely to get vitamin B-12 deficiency. Strict vegans often need to get vitamin B-12 shots during pregnancy.

Folate deficiency: - Folate (folic acid) is a vitamin B that works with iron to help with cell growth. If you don't get enough folate during pregnancy, you could get iron deficiency. Folic acid helps cut the risk of having a baby with certain birth defects of the brain and spinal cord if it's taken before getting pregnant and in early pregnancy.

COMPLICATIONS:-

If you have anemia during pregnancy, your baby may not grow to a healthy weight, may arrive early (preterm birth), or have a low birth weight. Also being very tired may keep you from recovering as quickly after birth

PREVENTION:-

Good nutrition before pregnancy not only helps prevent anemia, but it also helps build other nutritional stores in your body. Eating a healthy, balanced diet before and during pregnancy helps keep up your levels of iron and other important nutrients needed for your growing baby. The above problems were discussed and awareness was created on prevention of anemia among pregnant women in Lawspet, Pondicherry.

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Head of the Institute Sign

Seal

Anti-Corruption Program

EVENT DATE: 09.12.2022

TIME:9.30a.m – 12.30pm.

EVENT: Anti-corruption program

VENUE:SLIMS, Puducherry

SCHEME: International Anti-corruption day celebration

ORGANISED BY: SLIMS, Pondicherry

NO. OF PARTICIPANTS:44

PARTICIPANTS LIST

S.No	NAME
1.	RAHUL
2.	GUNADHARSHINI
3.	ROHIT
4.	KUNCHALA KEERTHI
5.	ASHNA V RAJU
6.	LEELASRI
7.	ASMITHA S
8.	MADHUMITHA
9.	NANDHINI SARASWATHI
10.	NAUSHEEN ANJUM S
11.	NEERAJA BAIJU
12.	CATHERINE STELLA A
13.	NESIKA T
14.	NISHIKA
15.	PRIYADHARSHINI D
16.	SANTHOSH S
17.	DEEKSHA B SHIRAHATTI
18	AKSHAYA N
19	DEVARSHINI D RAJ
20	GOPIKA M K
21	DHAARENI S
22	ESTELLA YANTHAN J
23	FATHIMA MULTHZIMA
24	FELIX ANTO SAM J
25	GREAT KISHORE K
26	ILAMATHI AISHWARYA A P
27	JAYA MISHRA
28	GEORGE THOMAS

S.No	NAME
29	GNANA HARISH R
30	KAILAASH V
31	RAMYA V
32	VINOHARSHINI M
33	SHAKANA S
34	YAALISAI B
35.	KARAN SINGH
36.	UTHRAPATHY V
37.	KARKUZHALI JEYARANI D
38.	KARRUNYAA K
39.	KARTHIKA M
40.	JANANIPRIYAA D
41.	KEERTHIBOOSHANI M
42.	JENISHA FARHAN A
43.	IPSITA PANDA
44	JERUSHA SHALOM J

POSTER **making competition for Anti-corruption program at SLIMS, Pondicherry**

CONTENT:

Corruption is a form of dishonesty or a criminal offense which is undertaken by a person or an organization which is entrusted in a position of authority, in order to acquire illicit benefits or abuse power for one's personal gain.

Corruption exists in every sector and at every level of government in the country, large or little. People in the public and private sectors employ corrupt methods and unfair methods to complete a variety of large and minor tasks

In 2021, the country was ranked 85th out of 180 in the Corruption Perceptions Index, with the lowest-ranked countries perceived to have the most honest public sector. Corruption is caused by a variety of factors, including officials stealing money from government social welfare programs.As a result, they achieve physical fitness and feel comfortable or enjoy life like any normal person.

As per the India Corruption Survey 2019, 51% of the respondents admitted to paying bribes. Rajasthan and Bihar fared the worst in the country with 78% and 75% of respondents admitting to paying bribes.

The causes of corruption in India include excessive regulations, complicated tax and licensing systems, numerous government departments with opaque bureaucracy and discretionary powers, monopoly of government controlled institutions on certain goods and services delivery, and the lack of transparent laws and processes.

International Anti-corruption day is observed on every year9December to raise public awareness of corruption and what people can do to fight it. The theme for this year is ***"Uniting the world against corruption."***

The importance of corruption awareness is to educate a person about the ill effects of corruption and how to avoid it.

For making awareness on corruption, M.B.B.S., students are asked to participate in the poster making competition. Many students have participated with interest and shown their creativity.

Head of the Institute

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AWARENESS PROGRAMME ON
"Antimicrobial susceptibility Test Reporting and Interpretation "

EVENT DATE:21.02 .2023

TIME:1.30pm–3.00pm.

EVENT: Awareness Programme on"Antimicrobial susceptibility Test Reporting and Interpretation "

VENUE: Research lab , Department of Microbiology, College block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

SCHEME: Awareness Program

ORGANISED BY:Department of Microbiology , Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO.OF PARTICIPANTS:50

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	AAYESHA TAUHEED	U19MB251
2	ABHIJITH A	U19MB252
3	ABIHA SHERIN M	U19MB253
4	ABINAYA SHANMUGAM	U19MB254
5	ADHITI PRAKASH	U19MB255
6	ADITHYA S KUMAR	U19MB256
7	S M AISHMEKA SAIRA	U19MB257
8	AISHU MUPPANENI	U19MB258
9	AKASH P	U19MB260
10	AMIR FAJURA A	U19MB261
11	AMLAN KUMAR KAR	U19MB262
12	ANANDHA VIGNESHVAR A	U19MB263
13	ANISHA C	U19MB264
14	ANMOL KAUL	U19MB265
15	ANNET GERIZIM	U19MB266
16	ANUSHA MOL VINCENT VJP	U19MB267
17	ARAVIND N	U19MB268
18	ARNAB ADHIKARI	U19MB269
19	ARNAB JYOTI DAS	U19MB270
20	ARTHY M	U19MB271
21	ARUNESHWARAN N	U19MB272
22	ARUSHI MAHINDRA GAIKWAD	U19MB273
23	ASHA J	U19MB274
24	ASHMI RAHIMAN	U19MB275
25	ATHULYA RAVINDRAN	U19MB276
26	BALAJI M	U19MB277
27	BALAJI S	U19MB278

28	BAVINENI RAMYA SAI SREE	U19MB279
29	BHUVAN SUNDAR M	U19MB280
30	BIPIN HARIKUMAR	U19MB281
31	BOOPATHISHANKAR K	U19MB282
32	CAMILUS D	U19MB283
33	CELINA OKRAM	U19MB284
34	CHALLA SINDHOOR	U19MB285
35	CHATE RUTUJA BHALCHANDRA	U19MB286
36	DHARSHANA G	U19MB287
37	K DHARSHNI	U19MB288
38	DHIR ASUTOSH ASHIM	U19MB289
39	FATHIMA R S	U19MB291
40	GOKUL R	U19MB292
41	GOKULAANITHI R	U19MB293
42	GOVARDANAN M	U19MB294
43	GRACE JENIFER S	U19MB295
44	GUDIMETLA SANKALP REDDY	U19MB296
45	HARISH S	U19MB297
46	HEMACHANDAR K	U19MB298
47	HEMACHANDRAN V	U19MB299
48	INFANTA APARNA A	U19MB300
49	ISWARYA T	U19MB301
50	JAI PRANHAV V	U19MB302

AWARENESS PROGRAMME ON
“Antimicrobial susceptibility Test Reporting and Interpretation ”

CONTENT:

As part of the Awareness Week 2023, Department of Microbiology organized aawareness programme on“Antimicrobial susceptibility Test Reporting and Interpretation ” on 21.02.23 – 1.30 pm to 3.00 pm, in Research lab , Department of Microbiology, College block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

Final year MBBS students were the participants. An introductory lecture was given on the need and importance of antimicrobial susceptibility test (AST) reporting and interpretation . Followed by this, few activities like AST procedure by various methods and its interpretation were demonstrated to the students . This was followed by a query resolving session and this was addressed . 50 MBBS students actively participated in the programme. Antimicrobial susceptibility testing of significant bacterial isolates is a crucial responsibility of the clinical microbiology laboratory. The objectives of testing are to identify potential drug resistance in widespread diseases and to confirm drug susceptibility for particular infections. Broth microdilution and quick automated instrument methods that use goods that are sold in stores are the two most popular testing techniques. The gradient diffusion and disc diffusion methods are manual techniques that offer flexibility and potential cost reductions. Each technique has advantages and disadvantages, including organisms that can be successfully tested using the technique. All methods offer qualitative evaluations using the categories susceptible, intermediate, or resistant, while some methods provide quantitative results (such as minimal inhibitory concentration). Common antibiotic resistance pathways may generally be accurately detected using current testing techniques. However, the ability of each test method to precisely detect resistance must be constantly monitored due to novel or emerging causes of resistance. To validate susceptibility to selected empirical antimicrobial drugs or to identify resistance in specific bacterial isolates, the clinical microbiology laboratory's conduct of antimicrobial susceptibility testing is crucial. Since resistance mechanisms have not been found, empirical therapy is still effective against some bacterial infections, such as Streptococcus pyogenesongoing penicillin susceptibility. With species that may have developed resistance mechanisms (such members of the Enterobacteriaceae, Pseudomonas species, Staphylococcus species, Enterococcus species, and Streptococcus pneumoniae), it is crucial to conduct individual isolate susceptibility tests.

Head of the Institute Sign &Seal

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AWARENESS PROGRAMME ON BASIC LIFE SUPPORT

EVENT DATE: 14.07.2022

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme On Baisc Life Support

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of EMERGENCY MEDICINE, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 20

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	SAI VENKATA TEJA	U18MB348
2	MANVITHA	U18MB349
3	REETHIKA JYOTHI	U18MB350
4	CHARAN CHOWDARY	U18MB351
5	MINGAM RUMI	U18MB352
6	PANEM SAMIUNU	U18MB353
7	PAYAL MOHITE	U18MB354
8	PRATCHI KUMARI	U18MB355
9	JITHU MOHAN	U18MB356
10	KAVIYA	U18MB357
11	JAYASHREE	U18MB358
12	JESTIN	U18MB359
13	RAMESHNAIDU	U18MB360
14	GURUNATHAN	U18MB361
15	HENRITTA	U18MB362
16	HIYA SAIKIA	U18MB363
17	GOKULAVANI	U18MB364
18	GOWTHAM.B.J	U18MB365
19	GRANDHI KARISHMA	U18MB366
20	GREESHMA SHAJI	U18MB367

BASIC LIFE SUPPORT
STEP-BY-STEP

SEQUENCE/ACTION	TECHNICAL DESCRIPTION
SAFETY	• Make sure that you, the victim and any bystanders are safe
RESPONSE Check for a response	• Shake the victim gently by the shoulders and ask loudly: *"Are you all right?"*
AIRWAY Open the airway	• If there is no response, position the victim on their back • With your hand on the forehead and your fingertips under the point of the chin, gently tilt the victim's head backwards, lifting the chin to open the airway
BREATHING Look, listen and feel for breathing	• Look, listen and feel for breathing for **no more** than 10 seconds • A victim who is barely breathing, or taking infrequent, slow and noisy gasps, is not breathing **normally**
ABSENT OR ABNORMAL BREATHING Alert emergency services	• If breathing is absent or abnormal, ask a helper to call the emergency services or call them yourself • Stay with the victim if possible • Activate the speaker function or hands-free option on the telephone so that you can start CPR whilst talking to the dispatcher
SEND FOR AED Send someone to get an AED	• Send someone to find and bring back an AED if available • If you are on your own, **DO NOT** leave the victim, but start CPR

CIRCULATION
Start chest compressions

- Kneel by the side of the victim
- Place the heel of one hand in the centre of the victim's chest - this is the lower half of the victim's breastbone (sternum)
- Place the heel of your other hand on top of the first hand and interlock your fingers
- Keep your arms straight
- Position yourself vertically above the victim's chest and press down on the sternum at least 5 cm (but not more than 6 cm)
- After each compression, release all the pressure on the chest without losing contact between your hands and the sternum
- Repeat at a rate of 100-120 min-1

SEQUENCE/ACTION	TECHNICAL DESCRIPTION
COMBINE RESCUE BREATHING WITH CHEST COMPRESSIONS	• **If you are trained to do so,** after 30 compressions, open the airway again, using head tilt and chin lift • Pinch the soft part of the nose closed, using the index finger and thumb of your hand on the forehead • Allow the victim's mouth to open, but maintain chin lift • Take a normal breath and place your lips around the victim's mouth, making sure that you have an airtight seal • Blow steadily into the mouth whilst watching for the chest to rise, taking about 1 second as in normal breathing. This is an effective rescue breath • Maintaining head tilt and chin lift, take your mouth away from the victim and watch for the chest to fall as air comes out • Take another normal breath and blow into the victim's mouth once more to achieve a total of two rescue breaths • Do not interrupt compressions by more than 10 seconds to deliver the two breaths even if one or both are not effective • Then return your hands without delay to the correct position on the sternum and give a further 30 chest compressions • Continue with chest compressions and rescue breaths in a ratio of 30:2

COMPRESSION-ONLY CPR

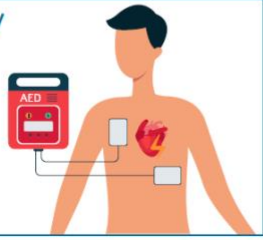
- **If you are untrained, or unable to give rescue breathes,** give chest-compression-only CPR (continuous compressions at a rate of 100-120 min-1)

WHEN AED ARRIVES

Switch on the AED and attach the electrode pads

- As soon as the AED arrives switch it on and attach the electrode pads to the victim's bare chest
- If more than one rescuer is present, CPR should be continued whilst the electrode pads are being attached to the chest

FOLLOW THE SPOKEN/ VISUAL DIRECTIONS



- Follow the spoken and visual directions given by the AED
- **If a shock is advised**, ensure that neither you nor anyone else is touching the victim
- Push the shock button as directed
- Then **immediately** resume CPR and continue as directed by the AED

IF NO SHOCK IS ADVISED

Continue CPR

- **If no shock is advised,** immediately resume CPR and continue as directed by the AED

IF NO AED IS AVAILABLE

Continue CPR

- If no AED is available, **OR** whilst waiting for one to arrive, continue CPR
- Do not interrupt resuscitation until:
  - A health professional tells you to stop OR
  - The victim is definitely waking up, moving, opening eyes, and breathing normally
  - OR
  - You become exhausted
- It is rare for CPR alone to restart the heart. Unless you are certain that the victim has recovered continue CPR
- Signs that the victim has recovered
  - Waking-up
  - Moving
  - Opening eyes
  - Breathing normally

IF UNRESPONSIVE BUT BREATHING NORMALLY

Place in the Recovery Position

- If you are certain that the victim is breathing normally but still unresponsive, place them in the recovery position **SEE FIRST AID SECTION**
- Be prepared to restart CPR immediately if the victim becomes unresponsive, with absent or abnormal breathing

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

Osudu, Agaram Village, Villianur Commune, Kudapakkam Post, Puducherry.

EVENT DATE: 06.02.2023

TIME: 09.00 AM – 04.00 PM.

EVENT: School student blood grouping & typing

VENUE: SLIMS Lecture hall, Puducherry

SCHEME: Service camp

ORGANISED BY: Department of Pathology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 122

S. No	Name	Group
1	BALAMANI	O+VE
2	VIJAY.A	O+VE
3	S.VIJAY	O+VE
4	SIVARAJ	O+VE
5	SRIRAMAN	O+VE

6	KATHIRAVAN	O+VE
7	ARAVIND	A1+VE
8	AMIRTHARAJENDRAN	A1+VE
9	THAMIZSCLEN	O-VE
10	SENTHAMIZ	A1-VE
11	SANTHOSH	B+VE
12	SELVAN	O+VE
13	NITHISH	A1B+VE
14	MATHANKUMAR	B+VE
15	JAYARAJ	A1+VE
16	PRAKASH	O+VE
17	VINAYAGAMURTHI	A1+VE
18	MANI	O+VE
19	DEIVAANBARASAN	A1+VE
20	PANJAMANI	B+VE
21	KEERTHI	B+VE
22	JAYAPRAKASH	B+VE
23	ARUN	B+VE
24	IYYAPPAN	O+VE
25	HASAN	B+VE
26	RAVIRAGUL	O+VE
27	SOORIYA	A1+VE
28	TAMILZHRASAN	A1B+VE
29	SRINIVASAN	A1+V

		E
30	KUMARESAN	A1+VE
31	MATHIYAZAGAN	A1+VE
32	HARIHARAN	B+VE
33	SURIYAPRAKASH	A1+VE
34	KALIDASS	B-VE
35	SARAVANAN	A1B+VE
36	PRADHEEP	B+VE
37	CYRILJIRNADLY	B+VE
38	VIMALRAJ	B+VE
39	GOKUL	A1B-VE
40	SABARINATHAN	A1B-VE
41	SURESH	B+VE
42	MANI	A1B+VE
43	ASRAPALI	B-VE
44	ARAVIND	B+VE
45	GURUNATHAN	B+VE
46	SIDDHAILSUGANYA	O+VE
47	ADHITIPRAKASH	B+VE
48	VIKRAMAN	A1B+VE
49	ANBARASI	B+VE
50	VASANTHAKUMAR	A1-VE

51	IYYAPPAN	B+VE
52	VISVANATHAN	A1+VE
53	DEIVARASAN	A1+VE
54	SIVARAMAN	A1B-VE
55	VISHVA	O+VE
56	EZHUMALAI	A1B-VE
57	GUNALAN	A1+VE
58	GOVARTHANAN	O-VE
59	ASHOKKUMAR	O-VE
60	VAISHNAVIMALIK	B+VE
61	AISWARYA	A1+VE
62	ARUNSRITHAR	B+VE
63	RUBAN	O+VE
64	BALAMANI	O+VE
65	VIJAY.A	O+VE
66	S.VIJAY	O+VE
67	SIVARAJ	O+VE
68	SRIRAMAN	O+VE
69	KATHIRAVAN	O+VE
70	ARAVIND	A1+VE
71	AMIRTHARAJENDRAN	A1+VE
72	THAMIZSCLEN	O-VE
73	SENTHAMIZ	A1-VE
74	SANTHOSH	B+VE

75	SELVAN	O+VE
76	NITHISH	A1B+VE
77	MATHANKUMAR	B+VE
78	JAYARAJ	A1+VE
79	PRAKASH	O+VE
80	VINAYAGAMURTHI	A1+VE
81	MANI	O+VE
82	DEIVAANBARASAN	A1+VE
83	PANJAMANI	B+VE
84	KEERTHI	B+VE
85	JAYAPRAKASH	B+VE
86	ARUN	B+VE
87	IYYAPPAN	O+VE
88	HASAN	B+VE
89	RAVIRAGUL	O+VE
90	SOORIYA	A1+VE
91	TAMILZHRASAN	A1B+VE
92	SRINIVASAN	A1+VE
93	KUMARESAN	A1+VE
94	MATHIYAZAGAN	A1+VE
95	HARIHARAN	B+VE
96	SURIYAPRAKASH	A1+VE

97	KALIDASS	B-VE
98	SARAVANAN	A1B+VE
99	PRADHEEP	B+VE
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102	GOKUL	A1B-VE
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115	VISVANATHAN	A1+VE
116	DEIVARASAN	A1+VE
117	SIVARAMAN	A1B-VE
118	VISHVA	O+VE

119	EZHUMALAI	A1B-VE
120	GUNALAN	A1+VE
121	GOVARTHANAN	O-VE
122	ASHOKKUMAR	O-VE

INSTITUTE OF MEDICA
Department of Co
HEALTH AWAREN

CONTENT:

Personal hygiene and hand washing are crucial to maintaining good health and preventing the spread of disease. Unfortunately, many children are not aware of the importance of these practices or do not have access to the resources needed to maintain good hygiene. To address this issue, health camp is conducted to educate school children on the importance of personal hygiene and hand washing.

For creating awareness among school students health education was given on personal hygiene and hand washing and simultaneous blood group and type identification camp was conducted.

On 6th February 2023 in area kongampattu (village), Tamilnadu free blood grouping & typing camp was organised by Sri Lakshmi Narayana medical College and medical institute. Authorised hospital medical team wear manage everything very perfectly.

The camp was organised from 9:00 a.m. to 04.00 pm the medical superintendant of SLIMS was also present there and gave the refreshment to the poor people of that area. More than 161students were visited in our day for the free medical health check-up. Are medical team members were providing a free registration free check-up and free testing. They were also providing free medicines to the people. Totally 3 department specialist were been gave medical treatment in this camp. Dr.SENTHIL KISHORE from PATHOLOGY, Dr. PARI from PEADIATRICS, Dr KAVIVENDHAN from DERMOTOLOGY.

The camp conducted in school included with trained professionals visiting classrooms to deliver a presentation. The presentation covers the basics of blood groups, including the different types of blood groups, their importance in medical emergencies, and how to identify them. The students are also given the opportunity to ask questions and interact with the professionals.

Personal hygiene and hand washing camps, medical professionals educate school children on the importance of hand washing, when to wash their hands, and how to wash them properly. Children were taught about the importance of personal hygiene, including proper oral care, bathing habits, and other hygiene practices.

During the camp, medical professionals conducted demonstrations to show children the correct hand washing techniques and answered the questions the children had. They also distribute free soap and hand sanitizers to encourage the children to maintain good hygiene habits at home. The health camp is held in

school, so that the children could learn and practice these essential hygiene practices in a safe and familiar environment

The outreach program has several benefits, including raising awareness about the importance of blood group identification, encouraging healthy habits, and promoting community engagement. It also helps to identify potential donors and raises awareness about the need for blood donations

After the health check-up they were also providing free hand wash bottle and they were also teaching the people how to live your clean and healthy life. In the camp these SLIMS members were providing a refreshment to all the peoples who were participate in the live for their medical check-up.

All the people were happy with their free medical check-up and blood grouping & typing they give feedback about how they were get benefited from this medical check-up and our medical team members were provide your best medical services to the people and also with a good behaviour.

The impact of these health camps on school children can be significant. By educating children about the importance of personal hygiene and hand washing, the camps can help prevent the spread of infectious diseases, reduce school absenteeism due to illness, and promote healthy habits among the children. Moreover, the children who attend these camps can share what they have learned with their families and friends, spreading awareness and promoting better hygiene practices in their communities.

Head of the Institute Sign & Seal

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

(RECOGNISED BY THE MEDICAL COUNCIL OF INDIA & AFFILIATED WITH BHARATH UNIVERSITY)

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION

ON

BREAST FEEDING

Name of PHC: Koodapakkam PHC

Place: koodapakkam

College Name: Sri Lakshmi Narayana Institute of Medical Science

Presenters: Shanmuga harini and shalini

Mentor: Dr. kannan

No of Participants: 45

Date and Time: 16th February 2023; 11:00 AM

Synopsis: education to postnatal mothers about the do and don'ts during breastfeeding

SUMMARY

The session was headed by shanmuga harini and Shalini, under the guidance of Dr. Kannan, Dept. of Community Medicine. Around 20 postnatal mothers were there when we visited the PHC. We educated the mothers and their family members regarding breastfeeding and its importance

PARTICIPANTS LIST:

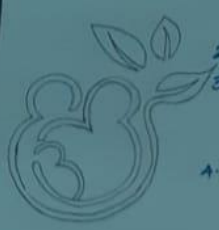
75	U19MB330	MONICA K
76	U19MB331	NIRMAL KUMAR B
77	U19MB332	NISHANTHI V
78	U19MB333	NITIN NARAYAN M
79	U19MB334	NIVASINY P S
80	U19MB335	NUKUVOLU NIENU
81	U19MB336	PADMAJA T
82	U19MB337	PAVAN KALYAN POTLURI

83	U19MB338	PAVITHRA T
84	U19MB339	PRABHU MANIKANDAN V S
85	U19MB340	PRADHEEP K
86	U19MB341	PRAKHAR GAUTAM
87	U19MB342	PRIYADHARSHINI A
88	U19MB343	PRIYADHARSHINI M
89	U19MB344	PRIYANSHU KESHARI
90	U19MB345	PULAK ACHARYA
91	U19MB346	RAAJ SETHU VINAYACK R
92	U19MB347	RABYA TABASUM
93	U19MB348	RAHUL MAHESHWARI M G
94	U19MB349	RAHUL RAJ
95	U19MB350	RAJAGOPAL R
96	U19MB351	RAJESWARI V
97	U19MB352	RAMANAN B
98	U19MB353	RETHIKA A
99	U19MB354	R REVATHY
100	U19MB355	RIYA BRUNO
101	U19MB356	ROLLAPATI TEJESH
102	U19MB357	ROSHMASHREE S
103	U19MB358	SAI RAKSHIKA J
104	U19MB360	S SANDEEP
105	U19MB361	SANTHOSH M
106	U19MB362	SANYUKTA KARKI
107	U19MB363	SARAN P S
108	U19MB364	SARITHA P
109	U19MB365	SATHISH KANNAN M
110	U19MB366	SHAGUN SINGH
111	U19MB367	SHALINI R
112	U19MB368	SHANMUGA HARINI K
113	U19MB370	S SHWETHAMBARI
114	U19MB371	SIDDHARTH P S
115	U19MB372	SINDHU N
116	U19MB373	SIRIGIRI MANOJ KUMAR REDDY
117	U19MB374	SIRSHAK NANDY
118	U19MB375	SOWMIYA M
119	U19MB376	SRI HARI PRASAANTH A
120	U19MB378	SRINITHI R
121	U19MB379	SUBASHINI V
122	U19MB380	SUDARSHAN JAWAHAR
123	U19MB381	SUGANTHI CLARET D
124	U19MB382	SUJANA P
125	U19MB383	SURYAKANT BHARDWAJ

OUTLINE

- Introduction about the theme
- Benefits for the child and mother
- Nutritional supplements
- Facts and myths about breastfeeding
- Types of breast milk
- Importance of colostrum
- Duration and position of feeding

ஸ்ரீ லக்ஷ்மி நாராயணா மருத்துவக் கல்லூரி - புதுச்சேரி



1. குழந்தை பிறந்த ஒரு மணி நேரத்திற்குள் சீம் பாலை கொடுக்க வேண்டும்.
2. ஆறு மாதம் வரை தாய்ப்பாலை கொடுக்க வேண்டும்.
3. ஆறு மாதத்திற்கு பிறகு 7 வது மாதம் முதல் கண்ணை உணவுடன் தாய்ப்பாலை கொடுக்க வேண்டும் வரும் வரை புகட்டவும்.
4. ஒவ்வொரு வருடமும் ஆகஸ்ட் 1 ஆம் தேதி முதல் 7 ஆம் தேதி வரை உலக தாய்ப்பால் வாரமாக கொண்டாடப்படுகிறது.

குழந்தைக்கு ஏற்படும் நன்மைகள்

- திருமித் தொற்றால் ஏற்படும் வயிற்றுப் போக்கு, நெஞ்சு சளி, காது வலி, சீழ் முளை காய்ச்சல் வராமல் தடுக்கிறது.
- குழந்தைப் பருவ உயிரிழப்பு வெகுவாக தவிர்க்கப் படுகிறது.
- உணவு சாரிந்த அலர்ஜி ஏற்படும் வாய்ப்பு மிகவும் குறைவு.

தாய்க்கு உண்டாகும் நன்மைகள்

- மேற் கால மணச் சோரிவு தொண்கிறது
- மாரிபக புற்றுநோயிகி வாய்ப்பு அறவே குறையும்
- கருப்பை பசமடைந்து சீரான மாதவிடாய் வருவதற்கு உதவுகிறது.
- இயற்கைக் கருத்தடைக்கு உதவுகிறது.

உணவு முறைகள்

தவறுக் கதைகள்

1. தாய்ப்பால் கொடுக்கும் முன் உங்கள் முலைக் காம்புகளை கழுவ வேண்டும்.
2. தாய்ப்பால் கொடுக்கும் போது சாதாரண உணவை மட்டுமே சாப்பிட வேண்டும்
3. நீங்கள் உடனடியாக தாய்ப்பால் கொடுக்க முடியாது.
4. நீங்கள் நோய்வாய்ப்பட்டிருந்தால் தாய்ப்பால் கொடுக்கக் கூடாது.

பால் வகைகள்

1. சீம் பால்
2. இடைநிலைப் பால்
3. முதிர்ந்த பால்
4. முன் பால்
5. பின் பால்

கி. சண்முகவள்ளி

ர. ஷாலினி

FEEDBACK

We did our best to educate the mothers about breastfeeding and its importance. After the health education sessions, we discussed with the mothers and were able to clear their doubts regarding the duration of feeds, and position for breastfeeding. On the whole, we had a good experience educating them and we also believe that the mothers have gained enough knowledge about the importance of breastfeeding

Head of the Institute sign and seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAM ON "BIOMEDICAL WASTE MANAGEMENT

EVENT DATE: 17.04.2023

TIME: 2.00 pm – 3.30pm.

EVENT: Awareness Program on Biomedical Medical waste management

VENUE: DEMO ROOM, Dept Of Microbiology ,College block, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

SCHEME: Awareness Program

ORGANISING BY : Department of Microbiology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS:30

Participant list

S.No	Name of the student
1	A.AJAY
2	A.ANUSHA
3	D.DEEPA
4	M.SNEGA
5	M.THARANI
6	N.MAHALAKSHMI
7	M.JEENA MARIYA
8	D.LAKSHMIPRIYA
9	E.SWATHI
10	V.DHAYANITHI
11	G.SARITHA
12	P.MANISUDHA
13	M.DIVYA
14	J.NARESH
15	L.AMUTHAVALLI
16	A.MONISHA
17	KAVYAMADHU
18	KRISHNA S .RAJU
19	MALLO DIPUNG
20	MINNU PRASAD
21	NANDHINI R
22	NAVYA R
23	NILA K
24	NIRANJAN DEVI D
25	PAVITHRA P
26	PEMMADA JEEVAN PRAMOD
27	PETREESHIA RUBINI A
28	PRAVEEN KUMAR K
29	PUNNYA PRAKASH
30	RAHUL A

AWARENESS PROGRAM ON BIOMEDICAL WASTE WASTE MANAGEMENT

CONTENT:

Department of Microbiology organized an awareness programme on “Biomedical waste management”, on 17.04.23 – 2 pm to 3.30 pm, in Demo room , Department of Microbiology, College block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

Nursing students were the participants. An introductory session was given to make the audience aware of the biomedical waste management rules and the amendments. After the session, demonstration of biomedical waste disposal based on colour coding was done in a simulated setting. Followed by this session, participants were asked to perform on their own . 30 nursing students actively participated in the programme. Biomedical waste (BMW) is a category that includes waste produced by companies, hospitals, and other healthcare facilities. Various pathogenic and dangerous things make up this form of garbage. After then, this garbage is identified, divided, and handled scientifically. Healthcare workers unavoidably need to be knowledgeable about BMW and its management and to have the right approach towards them. Infectious or possibly infectious waste, such as medical, research, or laboratory waste, may be created as solid or liquid waste. There is a good chance that improper handling of BMW can infect healthcare employees, patients who use the facilities, as well as the neighbourhood and community. General, pathological, radioactive, chemical, infectious, sharps, and other categories are also applicable to BMW. For the correct handling and management of BMW, India has created rules. According to the 2016 Biomedical Waste Management Rules (BMWM Rules), every healthcare facility must take all necessary precautions to guarantee that handling of BMW has no negative effects on human or environmental health. Six schedules are included in this document, including the category of BMW, the colour coding and kind of containers, and labels for BMW containers or bags that must be clearly legible and non-washable. A label for the transportation of BMW containers, the standard for treatment and disposal, and the schedule for waste treatment facilities such as incinerators and autoclaves are included in the schedule.

Head of the Institute Sign & Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
Sri Lakshmi Narayana Institute of Medical Sciences
Osudu, Agaram, Kudapakkam Post,
Villianur Commune, Puducherry-605502.

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

GENERAL AWARENESS PROGRAMME

EVENT DATE: 04/02/2023

TIME: 10:30 AM TO 12: 00 PM

EVENT: WORLD CANCER DAY

VENUE: CHRIST INSTITUTE OF TECHNOLOGY

ORGANISED BY: SLIMS

NO. OF PARTICIPANTS: 80

PARTICIPANTS LIST:

SL. NO.	Name	Student unique enrolment ID
1.	*ABINAYA.L*	*U19MB201*
2.	*AFTAB HOSSAIN*	*U19MB202*
3.	*AHASH BALAJEE .S.A*	*U19MB203*
4.	*ALLI .P*	*U19MB204*
5.	*AMARNATH .P*	*U19MB205*
6.	*ANAND B.*	*U19MB206*
7.	*ANISH.M*	*U19MB207*
8.	*ANITHA.K*	*U19MB208*
9.	*ARAVINDKUMAR V.*	*U19MB209*
10.	*ARIVOLI .H*	*U19MB210*
11.	*ARUN.K.G.*	*U19MB211*
12.	*ARUN KUMAR .M*	*U19MB212*
13.	*ASWINI.B*	*U19MB213*
14.	*ASOKH KUMAR .K*	*U19MB214*
15.	*ATHUL SURESH*	*U19MB215*
16.	*BABU PRASATH.J*	*U19MB216*
17.	*BHAGAVATH.N*	*U19MB217*
18.	*BALAMURALI KRISHNAN A.G.*	*U19MB218*
19.	*BHADHMA SHRI.S.U*	*U19MB219*
20.	*BHARANI CHANDAR.G*	*U19MB220*
21.	*BHARATHI K.*	*U19MB221*
22.	*CHENNUPATI LAKSHMI SHRAYA*	*U19MB222*
23.	*CINDRELLA ESTHER.J*	*U19MB223*
24.	*DEVIKA S.*	*U19MB224*
25.	*DHIVAKER.N*	*U19MB225*
26.	*DIVYA V.B.*	*U19MB226*
27.	*GAYATHRI G.*	*U19MB227*
28.	*GOKULRAJ.M*	*U19MB228*
29.	*GOKULNATH.E*	*U19MB229*
30.	*GOSULA PRIYANKA*	*U19MB230*
31.	*GYNANA SURIYA PRAKASH .K*	*U19MB231*
32.	*HARI PRASANTH.M*	*U19MB232*
33.	*ISWARYA R.*	*U19MB233*
34.	*JANANI .S*	*U19MB234*
35	*PRABAKARAN .K*	*U19MB270*
36	*PRADEEPA.M*	*U19MB271*
37	*PRIADHARSHINI S.*	*U19MB272*
38	*PRITHIVRAJ.G.*	*U19MB273*

39	*PRIYADHARSHINI.K*	*U19MB274*
40	*PRIYAM KRISHNATREYA*	*U19MB275*
41	*PRIYANGA M.*	*U19MB276*
42	*PRIYANGA.K*	*U19MB277*
43	*RABEENA BEGUM .R*	*U19MB278*
44	*RAGURAM.M*	*U19MB279*
45	*RAJASHANMUGAM .G.S.*	*U19MB280*
46	*RAJESWARI I.*	*U19MB281*
47	*RAJKUMAR.A*	*U19MB282*
48	*RAJKUMAR .G*	*U19MB283*
49	*RAMASAMI .R.R.*	*U19MB284*
50	*RAVISHANKAR J.*	*U19MB285*
51	*REKA D.*	*U19MB286*
52	*ROHIT KUMAR.A*	*U19MB287*
53	*ROJA M.K*	*U19MB288*
54	*SAM CHRISTOPER.K*	*U19MB289*
55	*SAMSON SELVARAJ.J*	*U19MB290*
56	*SANKAR.C*	*U19MB291*
57	*SANTHIYA.P*	*U19MB292*
58	*SARANRAJ.M.K.*	*U19MB293*
59	*SASIDHARAN .A*	*U19MB294*
60	*ABHIJITH .P*	*U19MB201*
61	*ABHINAYA .V*	*U19MB202*
62	*AJEEZZUNNISHA. A*	*U19MB203*
63	*AKSHAYA .E*	*U19MB205*
64	*ALAIMANI .V*	*U19MB206*
65	*ANAND M.W.P.*	*U19MB207*
66	*ANANDHA GEETHAM.K.S.*	*U19MB208*
67	*ANISHA .P*	*U19MB209*
68	*ANLIN JENISHA .M*	*U19MB210*
69	*ARAVIND .R*	*U19MB211*
70	*ARAVINTHANATHAN .K*	*U19MB212*
71	*ARUL PALANI MUNIYAN .G*	*U19MB213*
72	*ARUL SELVAM .S*	*U19MB214*
73	*ASHWIN JOHN*	*U19MB215*
74	*ASWATHAMAN .R*	*U19MB216*
75	*AYARIN GLORIDA .J*	*U19MB217*
76	*AZHALATHITHAN .T*	*U19MB218*
77	*AZIM ABDUL RASHEED*	*U19MB219*
78	*BAALAJI .E*	*U19MB220*
79	*BALA KARTHIK .M*	*U19MB223*
80	*BALAJI .S*	*U19MB222*

WORLD CANCER DAY

CONTENT:

An awareness programme on the occasion of World Cancer Day was organized at Christ Institute of Technology (CIT), Ramanathapuram Village, Vilianur Commune, Puducherry- 605502 on 4th February 2023.

During the session, the Welcome speech was given by Mr. E. Kamaladass, Medical Social Worker. Almost 80 college students participated in the awareness programme with the acknowledgement of college Principal, Mr. Vijayakumar M.E PhD. During the session, Dr. Priyadarshini, Assitant Professor, Department of Pathology, SLIMS, gave a talk on Cancer. Dr. Nishanthini, Senior Resident, Department of General Medicine, gave a very enlightening talk on causes of cancer. Dr. Monisha, Post graduate, Department of Dermatology and Dr. Sonam, Post graduate, Department of General Surgery, gave speeches on symptoms suggestive of cancer that one should be wary of. Finally, the vote of thanks was given by Dr. Selvakumar, Associate Professor, Department of Science and Humanities, CIT.

The awareness programme was held successfully under the guidance of honourable Dean, Dr. G. Jayalakshmi, Medical Superintendent, Dr. Asayas Bosco Chandra Kumar, Deputy Medical Superintendent, Dr, Kalasree. The coordinators included Mr. E. Kamaladass and Mr. G. Thamizhalagan with the support of other medical social workers of SLIMS. All the students and staff were happy with the programme and gave feedback on how they were benefitted from the awareness programme. The feedback from students and staff was very positive.

Sign, Head of the Institute

Pathukannu
CHRIST INSTITUTE OF TECHNOLOGY (CIT)
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SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES
AWARENESS PROGRAME
WORLD CANCER DAY
CHRIST INSTITUTE OF TECNOLOGY
GPS Map Camera
Villianur, Puducherry, India
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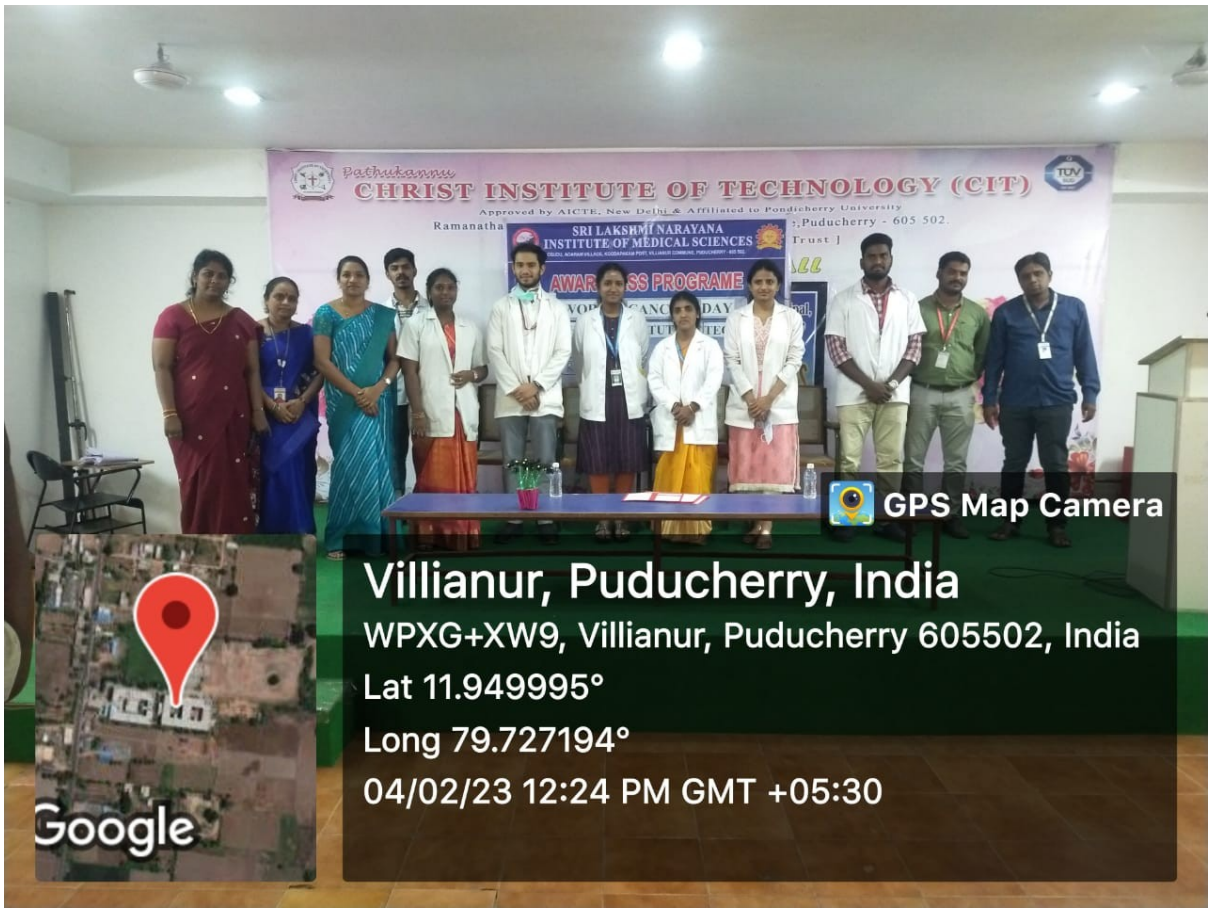
Pathukannu
CHRIST INSTITUTE OF TECHNOLOGY (CIT)
Approved by AICTE, New Delhi & Affiliated to Pondicherry University
SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES
GPS Map Camera
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WPXG+XW9, Villianur, Puducherry 605502, India
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Long 79.727194°
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Google

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

HEALTH AWARENESS PROGRAMME

EVENT DATE: 07/04/2023

TIME: 10:30 AM TO 12: 00 PM

EVENT: HEALTH AWARENESS

VENUE: LAMINA EDUCATIONAL & CHARITABLE TRUST

ORGANISED BY: SLIMS

NO. OF PARTICIPANTS: 50

PARTICIPANTS LIST :

SL. NO	STUDENT UNIQUE ENROLMENT ID	NAME
1	*U18MB276*	*PRIYANGA M.*
2	*U18MB277*	*PRIYANGA.K*
3	*U18MB278*	*RABEENA BEGUM .R*
4	*U18MB279*	*RAGURAM.M*
5	*U18MB280*	*RAJASHANMUGAM .G.S.*
6	*U18MB281*	*RAJESWARI I.*
7	*U18MB282*	*RAJKUMAR.A*
8	*U18MB283*	*RAJKUMAR .G*
9	*U18MB284*	*RAMASAMI .R.R.*
10	*U18MB285*	*RAVISHANKAR J.*
11	*U18MB286*	*REKA D.*
12	*U18MB287*	*ROHIT KUMAR.A*
13	*U18MB288*	*ROJA M.K*
14	*U18MB289*	*SAM CHRISTOPER.K*
15	*U18MB290*	*SAMSON SELVARAJ.J*
16	*U18MB291*	*SANKAR.C*
17	*U18MB292*	*SANTHIYA.P*
18	*U18MB293*	*SARANRAJ.M.K.*
19	*U18MB294*	*SASIDHARAN .A*
20	*U18MB295*	*SATHIYA PRABHU*
21	*U18MB296*	*SHARANKUMAR R.*
22	*U18MB297*	*SHRI RAMA PRASATH.A.B*
23	*U18MB298*	*SHRUTHI KALIAPERUMAL*
24	*U18MB299*	*SIBIE CASTRO .F*
25	*U18MB300*	*SIDDARTH.E*
26	*U18MB301*	*SIJO S.S.*
27	*U18MB302*	*SINDHU.R*
28	*U18MB303*	*SIVARANJANI .T*
29	*U18MB304*	*SIVABALAKUMARAN .K*
30	*U18MB305*	*SIVAPRAKASH.M*
31	U18MB252	ISHWARYA
32	U18MB253	JAYESH .J
33	U18MB254	JENANI RAJESWARI .R
34	U18MB255	JOMON DE JOSEPH
35	U18MB256	KAILASH .C
36	U18MB257	KAILASH .V
37	U18MB258	KANDKURI CHINNA SURYA NARAYANA

38	U18MB259	KAPIL .G
39	U18MB260	KARTHIKEYAN .J
40	U18MB261	KAVIKKO VALAVAN. V
41	U18MB262	KEERTHANA .S
42	U18MB263	KILLI VALAVAN P.
43	U18MB264	KIRUTHIKA .K
44	U18MB265	KOGILA .G
45	U18MB266	KOHILA DEVI .V
46	U18MB267	KOKILA .A.S
47	U18MB268	LAVANYA S.V.
48	U18MB269	LEEMA .A
49	U18MB269	LOGESWARAN .R
50	U18MB314	M.SABEER AHAMED

CONTENT:

On the occasion of World Health Day, a health awareness programme was organised by the Department of General Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry, at Lamina Educational and Charitable Trust, under the guidance of the Dean, Dr. G. Jayalakshmi, the Medical Superintendent, Dr. Asayas Bosco, the Deputy Medical Superintendent, Dr. Kalasree.

The programme was attended by around 50 participants. The session began with an informative talk by Dr. Mohith, Senior Resident, SLIMS on the existing health issues and how changes in lifestyle have deeply impacted the health scenario. This was followed talks given by Dr. Ijas, Assistant Professor, Dept of Pulmonary Medicine and Dr. Rajesh Kumar, Associate Professor, Dept of Medical Gastroenterology, SLIMS, on smoking and health issues and liver health respectively.

Pamphlets were distributed among the participants to spread awareness about cardiovascular health. The sessions were interactive with the participants clearing their doubts on various aspects of health and how to preserve it. Parameters like, BMI, blood sugar, blood pressure were measured for all the

participants and how those who had health issues were encouraged to consult the respective departments at Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry. Overall the programme was a success.

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INSTITUTE OF MEDICAL SCIENCES
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Google

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
AWARENESS PROGRAME
WORLD HEALTH DAY
LAMRA EDUCATIONAL & CHARITABLE TRUST
07.04.2023

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON COPD

EVENT DATE: 16.11.2022

TIME: 1.30 - 4.00 pm

EVENT: Awareness Programme on COPD

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Tuberculosis and Chest Medicine,

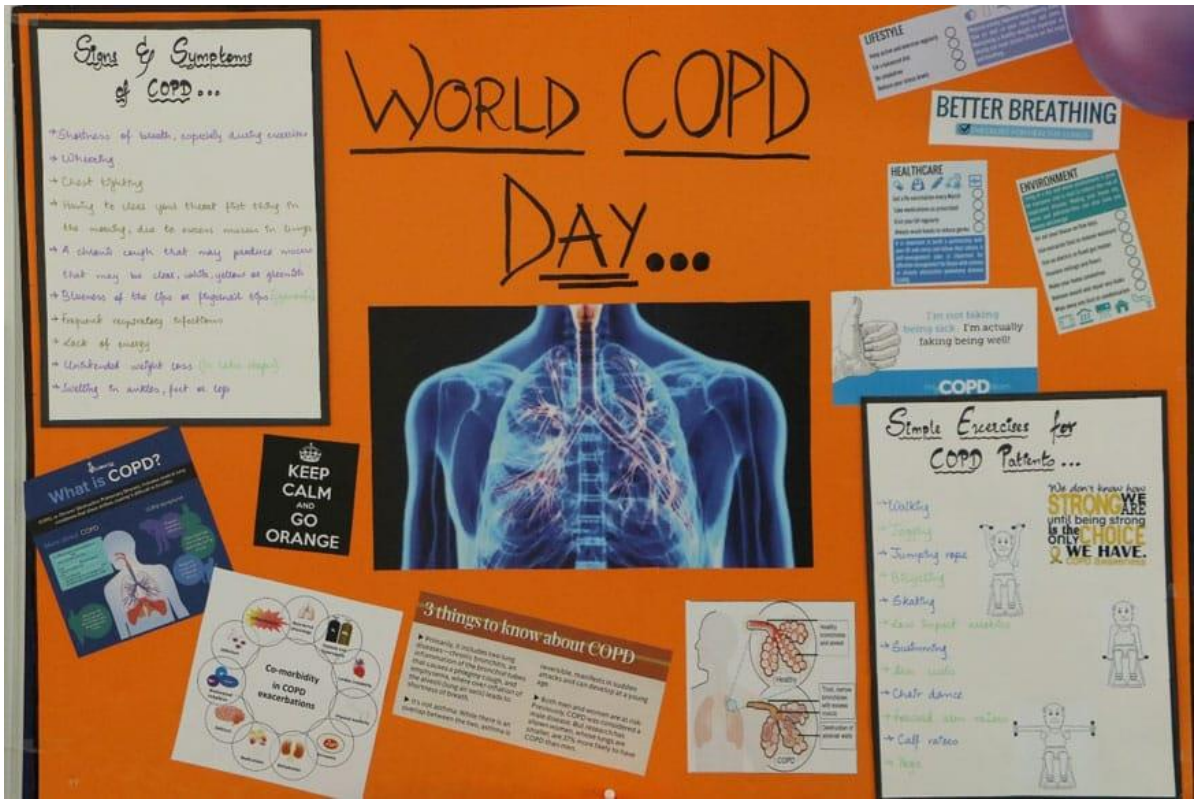
Sri Lakshmi Narayana Institute of Medical Sciences - NSS, Puducherry

NO .OF PARTICIPANTS: 40

PARTICIPANTS LIST:

S.No	Name of Students	Student Unique Enrolment ID
1	AAMIR IBRAHIM MOHAMMED K	U21MB251
2	ABDULAZEEM J	U21MB252
3	ABITHA C	U21MB253
4	ADHAVAN G	U21MB254
5	ADRIN BOSE A	U21MB255
6	AGNES STELLA J	U21MB256
7	AJAYNATH D	U21MB257
8	AKANKSHYA GOURI BHAINSA	U21MB258
9	AKSHARA SHAKYA	U21MB259
10	AKSHAYA N	U21MB260
11	ALDRIN XAVIER A	U21MB261
12	AMRIT T S	U21MB262
13	ANAMIKA	U21MB263
14	ANCHANA AJITH	U21MB264
15	ANGELIN NITHILA J V	U21MB265
16	ANGELIN SUPRIYA R	U21MB266
17	ANGRAJ SARMA GAUTAM	U21MB267
18	ANITHA R	U21MB268
19	ANKIT S RAVI	U21MB269
20	ANMOL VISHNOI	U21MB270
21	ANUSH M	U21MB271
22	ARAVIND S	U21MB272
23	ARAVIND S	U21MB273
24	ARJUN A	U21MB274
25	ARJUN RAJ N	U21MB275
26	ARNAV R SATDEVE	U21MB276
27	ARSHIYA PARVEEN	U21MB277
28	ARULMANI.M.S	U21MB278
29	ARUNDHATHI T	U21MB279
30	ARUNMANIKANDAN S	U21MB280
31	ARYAN SINGH	U21MB281
32	ASHIKHA G K	U21MB282
33	ASHNA V RAJU	U21MB283
34	ASLIN MONISHA M	U21MB284
35	ASMITHA S	U21MB285
36	AYUSH BRAJESHKUMAR RAJ	U21MB286
37	BANDARUPALLI SRI SAI JOYSHNA	U21MB287
38	BARATH R	U21MB288
39	BIKKAVOLU TRIVIKRAM	U21MB289
40	BLESSY S	U21MB290

AWARENESS PROGRAMME ON COPD


Signs & Symptoms of COPD...
WORLD COPD DAY...
LIFESTYLE
BETTER BREATHING
HEALTHCARE
ENVIRONMENT
I'm not taking being sick. I'm actually taking being well!
COPD
Simple Excercises for COPD Patients...
Walking
Jumping rope
Skating
Swimming
Chair dance
Calf raises
We don't know how STRONG WE ARE until being strong is the ONLY CHOICE WE HAVE.
What is COPD?
KEEP CALM AND GO ORANGE
Co-morbidity in COPD exacerbations
3 things to know about COPD

CONTENT:

SLIMS conducted a students and public outreach program on awareness about Chronic obstructive pulmonary disease.

Chronic obstructive pulmonary disease (COPD) includes chronic bronchitis and emphysema. COPD awareness can encourage people with symptoms to seek help earlier, improving their quality of life. It may also elevate awareness of COPD risk factors, helping decrease the prevalence of this lung condition.

COPD occurs when irritants such as toxic chemicals, pollution, and cigarette smoke damage the lungs. Over time, this can cause chronic inflammation that narrows the airways and makes the lungs work less efficiently.

Emphysema causes damage to the alveoli, which are air sacs where the lungs exchange gas. Chronic bronchitis can cause the airways to become inflamed and narrow.Both conditions make the lungs work less well and can make it difficult to breathe. It is often harder to breathe when a person exerts themselves, such as during exercise or in high temperatures.

Over time, COPD can lead to respiratory failure. End stage COPD causes severe breathing problems and eventually death. A person with COPD may also have a higher risk of other health problems, such as heart disease and sudden cardiac death.

COPD awareness focuses on bringing greater attention to the condition and to treatment and preventive strategies for overcoming it. Over time, this could lower the rate of COPD and improve the quality of life and life expectancy of people who have it.

November is National COPD Awareness Month. During this time, people within the COPD community come together to inform and educate others about the condition.

The COPD National Action Plan is a tool that promotes education about the condition, makes public health recommendations for preventing and treating COPD, and tracks progress toward those goals over time. National programs such as Learn More and Breathe Better also help bring better visibility to all lung diseases

Approximately 75%Trusted Source of COPD deaths result from smoking.People may also develop COPD from exposure to other harmful substances, such as pollution and workplace chemicals. This means it is a preventable disease. Lifestyle changes, such as quitting smoking, may also slow COPD progression. Rates of COPD are much higher among people over the age of 40 and steadily increase with advancing age.Males are more likely trusted Source than females to develop and die from COPD.

COPD patients has symptoms such as difficulty in breathing, especially as the disease progresses trouble exercising and moving around in high temperatures,feeling very short of breath with daily activity, wheezing, low energy levels, a chronic cough,weight loss and pain and a sense of being unable to breathe as the condition progresses.Treatment, including oxygen therapy, may help ease symptoms. In the end stages of the disease, palliative care may help with pain, breathing difficulties,

COPD awareness is important as it can help people detect signs and symptoms of COPD earlier, encouraging them to seek treatment. Increasing access to early treatment may prolong people's lives and increase their quality of life.

It may discourage people from smoking and encourage them to adopt protective strategies when working with potentially dangerous chemicals.It raises awareness of the dangers of air pollution.

It may inspire political and public health action, such as increased funding for testing, treatment, and outreach campaigns.It can help dispel myths about COPD, such as that all cases of COPD result from smoking.

Awareness of COPD encourages people to understand the condition and seek treatment when needed. It may also inspire political and public health activities, such as providing additional funding for research and treatment. On an individual level, increased awareness may encourage healthy choices, such as quitting smoking.

Head of the Institute Sign

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAMME ON CPR

EVENT DATE: 14.02.2023

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme On CPR

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of EMERGENCY MEDICINE, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 20
PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	*MUKESH KANNAN*	*U17MB329*
2	*MUNAINA*	*U17MB330*
3	*ADWIZA RAI*	*U17MB285*
4	*MOINAK PAL*	*U17MB326*
5	*ADITHYA RAI*	*U17MB284*
6	*AFZAN*	*U17MB353*

7	*AISHWARYA*	*U17MB354*
8	*NIKITHA VARMA*	*U17MB338*
9	*NILUTPAL DAS*	*U17MB339*
10	*AARTHI SEKAR*	*U17MB357*
11	*ABIJITH*	*U17MB358*
12	*AARYA R BABU*	*U17MB359*
13	*ABHISHEK*	*U17MB360*
14	*ANIKET SINHA*	*U17MB361*
15	*ANJALI GORAI*	*U17MB362*
16	*ANNAPOORANI*	*U17MB363*
17	*DHIREN*	*U17MB289*
18	*DIVYA PRIYA*	*U17MB292*
19	*NIDHI SUNIL KRISHNAN*	*U17MB336*
20	*NIJITH K RAHAEL*	*U17MB337*

AWARENESS PROGRAMME ON CPR

CONTENT:

SLIMS Conducted A Student Outreach Program On Awareness About CPR .
CPR is a life saving technique that done when a person has a cardiac arrest . The primary aim of resuscitation is to restore a beating heart and a functioning circulation, which can help prevent brain and organ damage .

CARDIOPULMONARY RESUSCITATION (CPR)

A person in **cardiac arrest** (no heartbeat) is not getting oxygen delivered to the brain and other vital organs. **CPR combines external chest compressions with rescue breaths** to provide oxygen to the brain to keep it alive.

Rescue breaths provide oxygen to the lungs. Chest compressions squeeze the heart, moving blood from the heart to the lungs to pick up oxygen. Between each compression the heart refills with blood. Repeated compressions deliver oxygen throughout the body. **Good quality chest compressions are the most important part of CPR.**

CHEST COMPRESSION TECHNIQUE

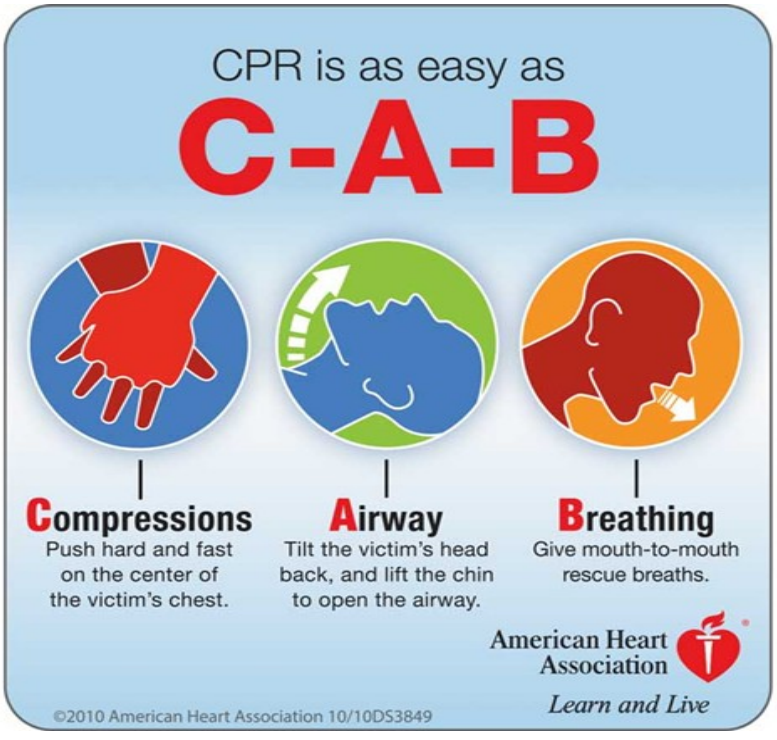
- *Place the heel of one hand in the center of the chest on the breastbone.*
- *Place the heel of the other hand directly on top of the first.*
- *Lift or interlace your fingers.*
- *Position your shoulders directly over your hands.*
- *Keep your arms straight.*
- *Push straight down*

QUALITY COMPRESSIONS

- *Push Hard*
  Push downward at least 2 inches for an adult

- *Push Fast*
  Between 100-120 compressions per minute
- *Minimize Interruptions to Compressions*
  Try not to stop compressions for more than 10 seconds
- *Do Not Lean on the Chest*
  Allow the chest to rise fully between compressions

CAB *stands for Compressions, Airway, Breathing. Starting CPR in this sequence gives a victim of sudden cardiac arrest the best chance of survival*



COMPRESSIONS

- *Position the victim face up on a firm, flat surface. Quickly move clothing out of the way. Immediately* **provide 30 chest compressions**. *Push hard and fast in the center of the chest.*

- **Depth:** *At least 2 inches on an adult*
- **Rate:** *Between 100-120 compressions per minute*
- **Do not lean on the chest** *between compressions*
- **Minimize interruptions** *to compressions*

AIRWAY

- *After 30 compressions,* **open the airway** *to give rescue breaths.*
- *Place one hand on the forehead and apply firm, backward pressure. Place the fingers of your other hand on the bony part of the jaw and lift the chin. When you tilt the head back and lift the chin, it lifts the tongue off the back of the throat so it does not block the airway.*
- *When lifting the chin, do not press on the throat or the soft tissue under the chin.*

BREATHING

- **Give 2 rescue breaths for 1 second each breath**. *Provide just enough air to make the chest rise.*
- *For mouth-to-mouth breaths, open the airway and pinch the nose. Inhale a regular-sized breath, seal your mouth over the victim's mouth and give two breaths. Watch for chest rise. Lift your mouth between breaths. After two breaths, immediately resume compressions.*

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INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAMME ON

"Decontamination of equipments in

CSSD"

EVENTDATE:24.01.2023

TIME:10.00am–12.00 pm.

EVENT: Awareness Programme on

"Decontamination of equipments in

CSSD"

VENUE: Central Sterile Supplies Department, Hospital block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

SCHEME: Awareness Program

ORGANISEDBY: Department of Microbiology , Sri Lakshmi Narayana Institute of Medical Sciences , Puducherry

NO.OF PARTICIPANTS: 20

PARTICIPANTS LIST:

S.No	Name
1	SUBA
2	PRATHULYA
3	DIVYA
4	KESAVAN
5	RAJESHWARI
6	POOJA
7	SURYA
8	SENTHAMIZHSELVI
9	NANDHINI
10	BANUPRIYA
11	BANUMATHI
12	RAVINA
13	SUNDAR
14	SIVA
15	ISMAIL
16	MITHUNKUMAR
17	KANIMOZHI
18	BALAMURUGAN
19	AMBRISH
20	ARUNKUMAR

AWARENESS PROGRAMME ON

“Decontamination of equipments in CSSD”

CONTENT:

Department of Microbiology organized an awareness program on "Decontamination of equipments in CSSD", on 24.01.23 – 10 am to 12pm, in Central Sterile Supplies Department, Hospital block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

Operation theatre staffs were the participants. An introductory session was given about the workflow in CSSD and various cleaning products and methods. The participants were taken to the CSSD and on site demonstration of the working of CSSD was done. Various sterilisation methods followed in the hospital, monitoring of efficacy of sterilisation by using indicators and record maintanence were also shown. 20 staffs actively participated in the programme. An essential hospital department that guarantees the standard of healthcare and manages infection is the central sterile supply department (CSSD). Its key duties include providing sterile items to all hospital departments as well as cleaning, sanitising, sterilising, distributing, recycling, and storing clinical medical items and equipment . With the advancement of medical technology in China in recent years, the quantity and variety of surgical procedures have increased, as well as the use of minimally invasive instruments, cardiac pacemakers, and respiratory devices, which has led to the implementation of stricter work requirements for the CSSD . Nosocomial infections and financial losses might result from improper care of CSSD. Many medical gadgets have intricate components that make them challenging to maintain. A lack of management and outdated equipment may lead to insufficient sanitation and the spread of nosocomial diseases. Nosocomial infections will cause patients medical costs to rise and their hospital stays to last longer. at extreme circumstances, it puts patients lives at danger and causes hospitals and patients to suffer significant losses. A requirement for guaranteeing medical quality and enhancing comprehensive strength is the CSSD's professional, standardised, and scientific administration.

Head of the Institute Sign & Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
Sri Lakshmi Narayana Institute of Medical Sciences
Osudu, Agaram, Kudapakkam Post,
Villianur Commune, Puducherry - 605502.

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DENTAL CARIES- AWARENESS PROGRAMME

EVENT DATE: 08.08.2022

TIME: 2.30pm – 3.00pm.

EVENT: DENTAL CARIES- Awareness Program

VENUE: SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Dentistry, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 30

PARTICIPANTS LIST:

S.No	NAME	University No.
	1. AANNIE SHERLINE RAJAM.L	
	AARTHISEKAR . D	U17MB251
	AARYA R BABU	U17MB252
	ABHIJITH.K	U17MB253
	ABHISHEK KUMAR VISHWAKARMA	U17MB254
	ABISHEK.J	U17MB256
	ADITYA RAI	U17MB255
	ADWIZA RAI	U17MB257
	AFZAN.M	U17MB258
	AGARWAL RIDHAM RAJESHBHAI	U17MB259
	AISWARYA.S.NAIR	U17MB260
	AKANKSHA CHOURASIA	U17MB261
	AKASH KELOTH	U17MB262
	ALLUVALA ABHILASH	U17MB263
	AMIRTHA RAJENDRA SUVETHAN D	U17MB264
	ANBUMANI PARYMOHAN	U17MB265
	ANIKET SINHA	U17MB266
	ANJALI GORAI	U17MB267
	ANJU RAJ	U17MB268
	ANJU RAMESH K.V.	U17MB269
	ANNAPOORANI.L	U17MB270
	ANUSUYA.N	U17MB271
	APOORVA MALL	U17MB272
	ASHISH RANJAN	U17MB273
	ASWIN KUMAR.G	U17MB274
	ATHUL S PRAMOD	U17MB275
	ATHUL SUBHASH	U17MB276
	BATCHU JASWANTH BABA	U17MB277
	BHAGANAGARAPU BHARGAV SEETA RAM	U17MB278
		U17MB279

DENTAL CARIES -AWARENESS PROGRAMME

CONTENT:

For making awareness on dental caries, department of dentistry, Sri Lakshmi Narayana institute medical Sciences, Puducherry, conducted an awareness program.

Dental caries is a multifactorial disease caused by host, agent, and environmental factors. Mutans streptococci (MS) is the primary etiologic agent of dental caries. Through adhesion, MS attaches to the dental pellicle and breaks down sugars for energy to produce lactic acid, causing an acidic environment around the tooth. As a result, demineralization of the enamel

and, subsequently, the dentin occurs. Factors involved in the dental caries process include the tooth, bacteria in the form of a dental plaque, and a diet containing sugar. The quantity, quality, and frequency of sugar intake have a definitive influence on the incidence and prevalence of caries.

DETECTION AND PREVENTION OF DENTAL CARIES

More emphasis is being placed on dental caries prediction and caries risk analysis than mere detection of cavities which require immediate filling. While in the past, the cavities were filled at their earliest detection, now the indications for restorative treatment have narrowed; rather than restorative treatment, plaque control measures are employed to promote remineralization and reversal of the dental caries process.

Caries diagnosis

Traditionally, dental caries were detected by visible color and texture change, tactile sensation using a dental explorer, and radiographs. However, radiographs are not useful for detecting early enamel caries, and, using these methods, it is difficult to monitor the progress of dental caries and quantify its reversal. Recently, several new technologies have emerged to help diagnosis, especially of early lesions, which can help reverse the process before cavity filling is needed.

DIAGNOdent uses laser fluorescence technology to measure bacterial products in caries lesions, and it may be sensitive enough to detect early demineralization [3]. The intensity of fluorescence is displayed with a numerical value from 0 to 99. Digital Imaging Fiber-Optic Transillumination (DIFOTI) uses fiber-optic light to produce an image, which may be useful for detecting initial areas of demineralization, cracks, or fractures, and provides a quantitative characterization of the caries process. Quantitative light-induced fluorescence (QLF) uses the ability of human enamel to show fluorescence under certain conditions. Demineralized enamel shows reduced fluorescence

Dental caries is seen across all age groups and in all populations. Several socio behavioral factors existing in a broader cultural and environmental context can affect caries prevalence the prevalence and severity of caries across gender, age, and educational levels and to study the association between oral hygiene behaviors, daily habits, and caries. education were associated with higher caries experience and missing teeth as a result of caries.

Dental caries is a highly prevalent dental disease in children and has been observed in children as young as twelve months of age. The are varying trends in the prevalence of dental caries among preschool children in both developing and developed countries.

Head of the Institute Sign

Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

DENTAL CARIES- AWARENESS PROGRAMME

EVENT DATE: 08.04.2023

TIME: 2.30pm – 3.00pm.

EVENT: DENTAL CARIES- Awareness Program

VENUE: SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Dentistry, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 30

PARTICIPANTS LIST:

S.No	NAME	University No.
	1. AANNIE SHERLINE RAJAM.L	
	AARTHISEKAR . D	U17MB251
	AARYA R BABU	U17MB252
	ABHIJITH.K	U17MB253
	ABHISHEK KUMAR VISHWAKARMA	U17MB254
	ABISHEK.J	U17MB256
	ADITYA RAI	U17MB255
	ADWIZA RAI	U17MB257
	AFZAN.M	U17MB258
	AGARWAL RIDHAM RAJESHBHAI	U17MB259
	AISWARYA.S.NAIR	U17MB260
	AKANKSHA CHOURASIA	U17MB261
	AKASH KELOTH	U17MB262
	ALLUVALA ABHILASH	U17MB263
	AMIRTHA RAJENDRA SUVETHAN D	U17MB264
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	BHAGANAGARAPU BHARGAV SEETA RAM	U17MB278
		U17MB279

DENTAL CARIES -AWARENESS PROGRAMME

CONTENT:

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Dental caries is seen across all age groups and in all populations. Several socio behavioral factors existing in a broader cultural and environmental context can affect caries prevalence the prevalence and severity of caries across gender, age, and educational levels and to study the association between oral hygiene behaviors, daily habits, and caries. education were associated with higher caries experience and missing teeth as a result of caries.

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Head of the Institute Sign

Seal

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

(RECOGNISED BY THE MEDICAL COUNCIL OF INDIA & AFFILIATED WITH BHARATH UNIVERSITY)

SCHOOL HEALTH AWARENESS PROGRAM REPORT

Held on 20/02/2023

Topic: Dental Hygiene

- **NAME OF THE SCHOOL**: Govt. Primary School
- **PLACE**: Pillaiyarkuppam
- **COLLEGE NAME**: Sri Lakshmi Narayana Institute of Medical Sciences
- **PRESENTERS**: Amlan Kumar Kar, Camilus, Keerthana S
- **MENTOR**: DR. Pravinraj sir
- **THEME**: Dental Hygiene
- **PARTICIPANTS**: Students of LKG, 1ST STD., 2ND STD., 3RD STD., 4TH STD. and 5THSTD.
- **DATE**: FEBRUARY 20 2023
- **TIME**: 02.00 P.M

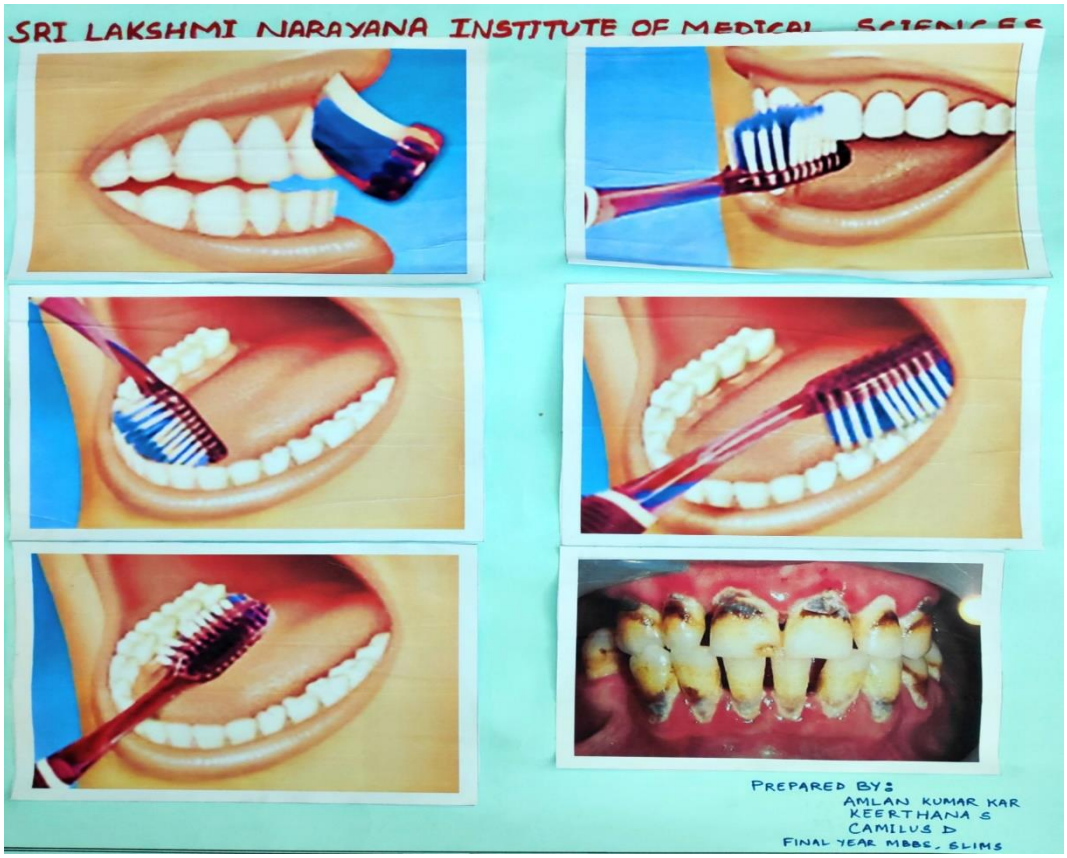
- **SYNOPSIS**:

Education to Primary School students about the importance of dental hygiene do's and don'ts, and proper brushing techniques.

- **NO OF PARTICIPANTS**: 45

SL. NO.	*REG. NO.*	*Name of the Students*
1	U19MB251	AAYESHA TAUHEED
2	U19MB252	ABHIJITH A
3	U19MB253	ABIHA SHERIN M
4	U19MB254	ABINAYA SHANMUGAM
5	U19MB255	ADHITI PRAKASH
6	U19MB256	ADITHYA S KUMAR
7	U19MB257	S M AISHMEKA SAIRA
8	U19MB258	AISHU MUPPANENI
9	U19MB260	AKASH P
10	U19MB261	AMIR FAJURA A
11	U19MB262	AMLAN KUMAR KAR
12	U19MB263	ANANDHA VIGNESHVAR A
13	U19MB264	ANISHA C
14	U19MB265	ANMOL KAUL
15	U19MB266	ANNET GERIZIM
16	U19MB267	ANUSHA MOL VINCENT VJP
17	U19MB268	ARAVIND N
18	U19MB269	ARNAB ADHIKARI
19	U19MB270	ARNAB JYOTI DAS
20	U19MB271	ARTHY M
21	U19MB272	ARUNESHWARAN N
22	U19MB273	ARUSHI MAHINDRA GAIKWAD
23	U19MB274	ASHA J
24	U19MB275	ASHMI RAHIMAN
25	U19MB276	ATHULYA RAVINDRAN
26	U19MB277	BALAJI M
27	U19MB278	BALAJI S
28	U19MB279	BAVINENI RAMYA SAI SREE
29	U19MB280	BHUVAN SUNDAR M

30	U19MB281	BIPIN HARIKUMAR
31	U19MB282	BOOPATHISHANKAR K
32	U19MB283	CAMILUS D
33	U19MB284	CELINA OKRAM
34	U19MB285	CHALLA SINDHOOR
35	U19MB286	CHATE RUTUJA BHALCHANDRA
36	U19MB287	DHARSHANA G
37	U19MB288	K DHARSHNI
38	U19MB289	DHIR ASUTOSH ASHIM
39	U19MB291	FATHIMA R S
40	U19MB292	GOKUL R
41	U19MB293	GOKULAANITHI R
42	U19MB294	GOVARDANAN M
43	U19MB295	GRACE JENIFER S
45	U19MB297	HARISH S



SUMMARY:

The school health awareness session was headed by Amlan, Camilus, and Keerthana under the guidance of Dr. Pravinraj sir, from the department of community medicine.

On the 20th of February 2023, we headed for Govt. Primary School, Pillaiyarkuppam from SLIMS around 01.30 p.m. by college bus and reached around 02.00 p.m. there. Students of primary school were excited to see us and we were elated to visit school and interact with them and re-live nostalgic memories.

There were around 80 students from classes LKG to 5th std. when we visited. we interacted with and educated the students about the importance of dental hygiene, dos and don'ts, proper brushing techniques, signs and symptoms of dental problems, and the need to seek medical help.

At last, we distributed some savories we had bought for them and clicked pictures with them and the teachers of the primary school. It was an educational and memorable visit to the school.

I STD

LIBRARY
I.C.T. ROOM
P.E.T. ROOM
SCIENCE LAB
GREEN
BE A TREE TO SAVE EARTH
GPS Map Camera
Puducherry, Puducherry, India
XP54+726, Pillayarkuppam Main Rd, Pillayarkuppam, Puducherry, 605502, India
Lat 11.958334°
Long 79.704559°
20/02/23 02:45 PM GMT +05:30
Google

FEEDBACK:

We did our best to educate the students about Dental Hygiene. After the health awareness session, we interacted with the students and were able to address all their doubts regarding brushing techniques, dental hygiene, and its importance.

We tried to make the students understand clearly the advantages of dental hygiene.

On the whole, we had a good experience educating them and we believe that the students have gained some knowledge about Dental Hygiene, it was a much-needed activity that we were lucky to be a part of.

Head of the institute sign and seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON DIABETIC RETINOPATHY

EVENT DATE: 14.11.2022

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme on Eye Donation

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Ophthalmology, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 35

PARTICIPANTS LIST:

80	U20MB331	**NAVEENKUMAR M M**
81	U20MB332	**NAWINKUMAR N S**
82	U20MB333	**NEHA SIRI B S**
83	U20MB334	**NILOFUR NISHA I**
84	U20MB335	**NITHISH C**
85	U20MB336	**NITISH KUMAR T R**
86	U20MB337	**PANDI SOWMIYA R**
87	U20MB338	**PAVITHRA PETCHIAPPAN**
88	U20MB339	**POORANI S**
89	U20MB340	**PRAHANYA DARSHINI D**
90	U20MB341	**PRANJAL RAJENDRA JADHAV**
91	U20MB342	**PRATEET CHANDRA ADHIKARY**
92	U20MB343	**PREETHIPRIYA G**
93	U20MB344	**PRIYADHARSHINI D**
94	U20MB345	**PUNGJI KONIA**
95	U20MB346	**PUNITHAVATHI A**
96	U20MB347	**RAFEEK AHAMED B**
97	U20MB348	**RAHINI R**
98	U20MB349	**RAHUL KUMAR**
99	U20MB350	**RAO HOSANNA RONALD**
100	U20MB351	**REEHAN GOSWAMI**
101	U20MB352	**REONA NONGTHOMBAM**
102	U20MB353	**RIA RANJAN**
103	U20MB354	**RISHAV RAJ SINGH**
104	U20MB355	**RISHI KARTIKEYEN R**
105	U20MB356	**RISHI VARTHINI T K**
106	U20MB357	**RISHITA KUMARI**
107	U20MB358	**SAMUEL JOSE**
108	U20MB359	**SANDHYA S**
110	U20MB360	**SAPTARSHI PAL**

111	U20MB361	**SARASWATI KUMARI**
112	U20MB362	**SARATHI A**
113	U20MB363	**SENTAMIL SELVAN I**
114	U20MB364	**SHAFA SALIM**
115	U20MB365	**SHAIKH MOHAMMAD SAQUIB**

AWARENESS PROGRAMME ON EYE DONATION

CONTENT:

Diabetes is one of the most serious challenges to health care world-wide. According to recent projections it will affect 239 million people by doubling in prevalence since Diabetes will affect 28 million in western Europe, 18.9 million in North America million in Asia, 1.3 million in Australasia.Diabetes mellitus is the most common cause of blindness amongst individuals of working-age (years). The prevalence of blindness due to DR in Western Communities is estimated as between / 100,000 . (The World Health Organisation (1992) definition of blindness is vision less than 3/60 in the better eye with best available spectacle correction.)

The history of any visual symptoms or changes in vision2. Measurement of visual acuity (unaided, with spectacles / pinhole as necessary)3. Iris examination by slit lamp biomicroscopy prior to pupil mydriasis.4. Pupil mydriasis. (tropicamide 0.5 %) -the risk of precipitating angle closure glaucoma is actually very small. Patients should be accompanied by a relative and instructed not to drive home.5. Examination of the crystalline lens by slit lamp biomicroscopy.6. Fundus examination by slit lamp biomicroscopy using diagnostic contact lens or slit lamp indirect ophthalmoscopy.

Type 2 diabetic patients without retinopathy should be assessed at the time of diagnosis and bi-annually thereafter.Patients with diabetes and mild non-proliferative retinopathy should be assessed every 12 months by a suitably experienced practitioner.Screening doctors should always look, in particular, for the onset of clinically significant macular oedema (CSME).Type 1 diabetics rarely develop retinopathy until after eight years of diabetic life. The current recommendation is that screening is unnecessary for at least the first five years of the disease and that patients without retinopathy should be screened annually after the onset of puberty until the onset of non-proliferative diabetic retinopathy (NPDR).

Diabetic retinopathy may worsen during pregnancy. Screening should therefore be undertaken at confirmation of pregnancy and every two months during pregnancy if no retinopathy is present, or monthly, if retinopathy is present.Retinal status should not preclude pregnancy since contemporary methods of management can result in satisfactory ocular and pregnancy outcomes even in the presence of advanced diabetic microvascular disease providing sufficient care is taken

It is now proven that good diabetic control may slow the development and progression of diabetic retinopathy in both type 1 and type 2 diabetes.For example, the United Kingdom Prospective Diabetes Study 1998 (UKPDS) followed 5,102 newly diagnosed type 2 diabetics prospectively since Those diabetics who were intensively treated and achieved tight control with either insulin or suphonylurea had diabetic endpoints 12% lower than less well controlled diabetics.Overall there was a 25% reduction in microvascular end points in the group exhibiting good glycaemic control.

Head of the Institute Sign

Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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ERRORS IN MEDICATION ADMINISTRATION

EVENT DATE: 15/11/2022

TIME: 2.00pm – 3.00pm

EVENT: Errors in medication administration

VENUE: SLIMS LECTURE HALL IV, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Anaesthesiology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 35

1	Dr. POOJA G	P21MD107	PG RESIDENT
2	Dr. SHOBHA SEERVI	P21MD108	PG RESIDENT
3	Dr. JEYASURYAN R.M	P21MD120	PG RESIDENT
4	Dr. SRINIVAS K	P21MD121	PG RESIDENT
5	Dr. BINDU K CHARYA	P21MS103	PG RESIDENT
6	Dr. SEELAM MOKSHA	P22MD106	PG RESIDENT
7	Dr. SAKHAMURI KRISHNA ROHIT	P22MD103	PG RESIDENT
8	Dr. DISHA NIMODIA	P22MS131	PG RESIDENT
9	Dr. KAMATCHIREDDY ANUSHYA DEVI	P22MD120	PG RESIDENT
10	Dr. N.M. SRRUTHII	P22MD121	PG RESIDENT
11	Dr. RAJA RAM SUNDER M	P22MS132	PG RESIDENT
12	Dr. SUDHAN S	P22MS133	PG RESIDENT
13	Dr. CHANDRA BHUPATHI REDDY	P21MD104	PG RESIDENT
14	DEBIA JERMIN	U17MB268	CRMI
15	ELAKIYA BALA	U17MB294	CRMI
16	NEHA KUMARI B	U17MB335	CRMI
17	NIDHI SUNIL KRISHNAN	U17MB336	CRMI
18	NIKITA VERMA	U17MB338	CRMI
19	NILUTPAL DAS	U17MB339	CRMI
20	RICHI SWARN	U17MB356	CRMI
21	RINI DAS	U17MB357	CRMI
22	RISHIKA SINGH	U17MB359	CRMI
23	RISHIRAAJ KAR	U17MB360	CRMI
24	ROHAN DAS	U17MB363	CRMI
25	SAKSHI SHARMA	U17MB364	CRMI
26	MOINAK PAL	U17MB326	CRMI
27	SUBHASHINI	1521	STAFF NURSE
28	VINODHA V	1538	STAFF NURSE
29	SATHISH S	1822	STAFF NURSE
30	VIJAYA KUMARI	1719	STAFF NURSE
31	ASHWIN K	1034	STAFF NURSE
32	RAMYA D	1956	STAFF NURSE
33	MUGILAN	1482	STAFF NURSE
34	KAVIYA	2012	STAFF NURSE
35	ABI	1904	STAFF NURSE

YOUR HANDS
"...but not compulsively."

Medication errors are common in health care system and reported to be the seventh most common cause of death overall.

Although majority of medication errors are without any serious adverse outcome but some of them are associated with increased morbidity and mortality leading to prolonged hospital stay, high cost of treatment and potential for litigation.

"The error of one moment becomes the sorrow of whole life"

- A Chinese proverb

HOD Anaesthesia addressed the gathering and he gave definition on medication errors ,types and consequences of medication errors and strategies to prevent medication errors in hospital settings.

Medical error	The failure of a planned action to be completed as intended or the use of a wrong plan to achieve an aim
Medication error	Any error in the medication process, whether there are any adverse consequences or not
Adverse drug event	Any injury related to the use of a drug. Not all adverse drug events are caused by medical error or vice versa
Preventable ADE	Harm that could have been avoided through reasonable planning or proper execution of an action
Near miss	The occurrence of an error that did not result in harm
Slip	A failure to execute an action due to routine behaviour being misdirected
Lapse	A failure to execute an action due to lapse in memory and a routine behaviour being omitted

He also discussed the risk factors in medication errors and the common drugs involved in medication errors.

Deputy medical superintendent Dr.Kalasree emphasized 12-point strategy to prevent medication errors in hospital

1. The label on any drug ampoule or syringe should be read carefully before the drug is drawn up or injected.
2. Legibility and contents of labels on ampoules and syringes should be optimized according to agreed standards with respect to font, size, colour and information.

3. Syringes should always be labelled.
4. Formal organisation of drug drawers and work space should be used with attention to tidiness, position of ampoules and syringes, separation of look-alike drugs and removal of dangerous drugs from the operation room.
5. Labels should be checked specifically with the help of a second person or a device like bar code reader before administration.
6. Error during administration should be reported and reviewed.
7. Management of inventory should focus on minimising the risk of drug error.
8. Look-alike packaging and presentation of the drug should be avoided where possible.
9. Drug should be presented in prefilled syringes rather than ampoules.
10. Drug should be drawn up and labelled by the drug provider himself/herself.
11. Colour coding by class of drugs should be according to an agreed national or international standard.
12. Coding of syringe according to position or size should be done.

Dr.Gopalakrishnan ,Associate professor ,Dept of Anaesthesia suggested the following recommendations to reduce medication errors

Patient information	• Consistent documentation and complete operative medication history
	• Add prompts to pre admission card
Drug information	• Provide enhanced pharmacist support
Communication of drug orders and information	• Eliminate use of dangerous abbreviations and dose expressions
	• Incorporate computerised physician order entry into strategic planning
	• Enhance communication mechanism
Drug labelling, packaging and nomenclature	• Standardised anaesthetic cart trays and consider usage pattern
	• Labelling of all medication and solutions
	• Standardise labelling procedures
Drug standardisation, storage and distribution	• Evaluate the need and then clearly identify and segregate hazardous products
	• Increased provision of premixed solutions
	• Segregate and label, storage areas for neuromuscular blockers

Environment and workflow	• Acquisition of prefilled automated dispensing cabinet • Incorporate bar coding system • Minimize advance preparation of drug syringe • Return or remove unused medication from work cart
Staff competency and education	• Investigate, evaluate and educate staff about the dangers associated with workaround practices
Patient education	• Provide enhanced education material for preoperative patients • Consider pharmacy involvement in same day assessment
Quality processes and risk management	• Encourage reporting by all practitioners • Consider monitoring use of all trigger drugs • Consistently employ independent double checks for hospital selected ‘“high alert”’ drugs

Simple vigilance, standardised protocol, and ‘think before act’ are the key factors to avoid occurrence of medication errors.

At the end of the session post graduate students, CRMI’S and staff nurses promised to work for the patient safety and pledged to follow the recommendations as suggested

Head of the Institute Sign

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INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAMME ON EYE DONATION

EVENT DATE: 25.08.2022

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme on Eye Donation

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Ophthalmology, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 40

PARTICIPANTS LIST:

SL. NO	University Reg. No.	NAME OF THE STUDENTS
1	U20MB251	**AASTHIKA A**
2	U20MB252	**ABHAY CHANDRAN**
3	U20MB253	**ABHINAV CHANDRA**
4	U20MB254	**ABINAYA S**
5	U20MB255	**ABISHA D**
6	U20MB256	**ABISHEK K**
7	U20MB257	**ADEESA ZIA M**
8	U20MB258	**AKSHARA TIWARI**
9	U20MB259	**AMALAN A S**
10	U20MB260	**ANANYA SAH**
11	U20MB261	**ANN FELIXIYA B**
12	U20MB262	**ANSHIKA SINGH**
13	U20MB263	**ANTONY INFANT A**
14	U20MB264	**ANURAGG VIVEK TURASKAR**
15	U20MB265	**ANWESHA PADHI**
16	U20MB266	**APOORVA CHANDRA**
17	U20MB267	**ARSHAQUE HARIS**
18	U20MB268	**ARUN P**
19	U20MB269	**ARUN P**
20	U20MB270	**ARVINTH K V**
21	U20MB271	**ASHILY A**
22	U20MB272	**ASHWIN KANNA A**
23	U20MB273	**AYUSH ANSH PATTANAYAK**
24	U20MB274	**AYUSH HAZRA**
25	U20MB275	**BARATHKUMAR G**
26	U20MB276	**BHARATHIDASAN P**
27	U20MB277	**BHOSALE PAVAN MOHAN**
28	U20MB278	**BOBBY YADAV**

29	U20MB279	**BOOMASIDDANANTHI UM**
30	U20MB280	**BORA SHANMUKHA LALITHA PRIYA**
31	U20MB281	**CHARULATHA B**
32	U20MB282	**DEEPIKAA S**
33	U20MB283	**DEVANAND A S**
34	U20MB284	**DEVANSHU BASOYA**
35	U20MB285	**DHAARANI R**
36	U20MB286	**DHARANYA S**
37	U20MB287	**DHIVYA N**
38	U20MB288	**DIVYA O**
39	U20MB289	**EMIKA C KHONGJEE TARIANG**
40	U20MB290	**GOKUL KUMAR M**

AWARENESS PROGRAMME ON EYE DONATION

CONTENT:

SLIMS conducted a student outreach program on awareness about eye donation.

Eye donation is an act of charity for the benefit of the society and is totally voluntary.
Becoming a donor It is a simple process **.** Discuss your wish to donate with your next-of-kin.If you are 18 years or older, just fill out a Donor Card.Fill in your name and sign and date the card.Please sign name in the presence of two witnesses. Your witness should also sign the card.
Eyes can be donated by any person **.** Person with the history of hypertension, diabetes, asthma, tuberculosis etc can donate their eyes.Spectacle wearers and people who have undergone cataract surgery in past can donate their eyes.There is no age limit for eye donation . Death due to Rabies, AIDS, Infectious hepatitis and Septicaemia can not donate their eyes.
There are no religious conflicts on eye donation.Eye donation gives a gift of sight to others.As such, it is consistent with beliefs and attitudes of all major religious and ethical traditions.
Precautions to be taken after death of a donor Please do not put vermilon, abir and rice over eyes or face of the deceased.Inform the eye bank team as soon as possible.Keep a copy of death certificate (if possible) . Removing the eyes does not cause any disfigurement.Eye banks have trained personnel who carry out the procedure.Removal of transparent corneal tissues does not cause any disfigurement.

Head of the Institute Sign

Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
Sri Lakshmi Narayana Institute of Medical Sciences
Osudu, Agaram, Kudapakkam Post,
Villianur Commune, Puducherry - 605502.

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES
(RECOGNISED BY THE MEDICAL COUNCIL OF INDIA & AFFILIATED WITH BHARATH UNIVERSITY)

DEPARTMENT OF
COMMUNITY MEDICINE

HEALTH EDUCATION ON FAMILY PLANNING

Name of PHC: Koodapakkam PHC

Place: koodapakkam, villianur

College Name: Sri Lakshmi Narayana Institute of Medical Science

Presenters: Swathi, Tanya Pachori, Srishak nandy

Mentor: Dr. Ashok

No of Participants: 45

Date and Time: 16th February 2023; 11:00 AM

Synopsis: Education of postnatal mothers about family planning methods

SUMMARY

The health education session was headed by Swathi, Tanya, and sirshak, under the guidance of Dr. Ashok, Dept. of Community Medicine. There were around 20 postnatal mothers when we visited the PHC. We educated the mothers regarding family planning methods and the use of contraception.

PARTICIPANTS LIST:

1	U19MB330	MONICA K
2	U19MB331	NIRMAL KUMAR B

3	U19MB332	NISHANTHI V
4	U19MB333	NITIN NARAYAN M
5	U19MB334	NIVASINY P S
6	U19MB335	NUKUVOLU NIENU
7	U19MB336	PADMAJA T
8	U19MB337	PAVAN KALYAN POTLURI
9	U19MB338	PAVITHRA T
10	U19MB339	PRABHU MANIKANDAN V S
11	U19MB340	PRADHEEP K
12	U19MB341	PRAKHAR GAUTAM
13	U19MB342	PRIYADHARSHINI A
14	U19MB343	PRIYADHARSHINI M
15	U19MB344	PRIYANSHU KESHARI
16	U19MB345	PULAK ACHARYA
17	U19MB346	RAAJ SETHU VINAYACK R
18	U19MB347	RABYA TABASUM
19	U19MB348	RAHUL MAHESHWARI M G
20	U19MB349	RAHUL RAJ
21	U19MB350	RAJAGOPAL R
22	U19MB351	RAJESWARI V
23	U19MB352	RAMANAN B
24	U19MB353	RETHIKA A
25	U19MB354	R REVATHY
26	U19MB355	RIYA BRUNO
27	U19MB356	ROLLAPATI TEJESH
28	U19MB357	ROSHMASHREE S
29	U19MB358	SAI RAKSHIKA J
30	U19MB360	S SANDEEP
31	U19MB361	SANTHOSH M
32	U19MB362	SANYUKTA KARKI
33	U19MB363	SARAN P S
34	U19MB364	SARITHA P
35	U19MB365	SATHISH KANNAN M
36	U19MB366	SHAGUN SINGH
37	U19MB367	SHALINI R
38	U19MB368	SHANMUGA HARINI K
39	U19MB370	S SHWETHAMBARI
40	U19MB371	SIDDHARTH P S
41	U19MB372	SINDHU N
42	U19MB373	SIRIGIRI MANOJ KUMAR REDDY
43	U19MB374	SIRSHAK NANDY
44	U19MB375	SOWMIYA M
45	U19MB376	SRI HARI PRASAANTH A

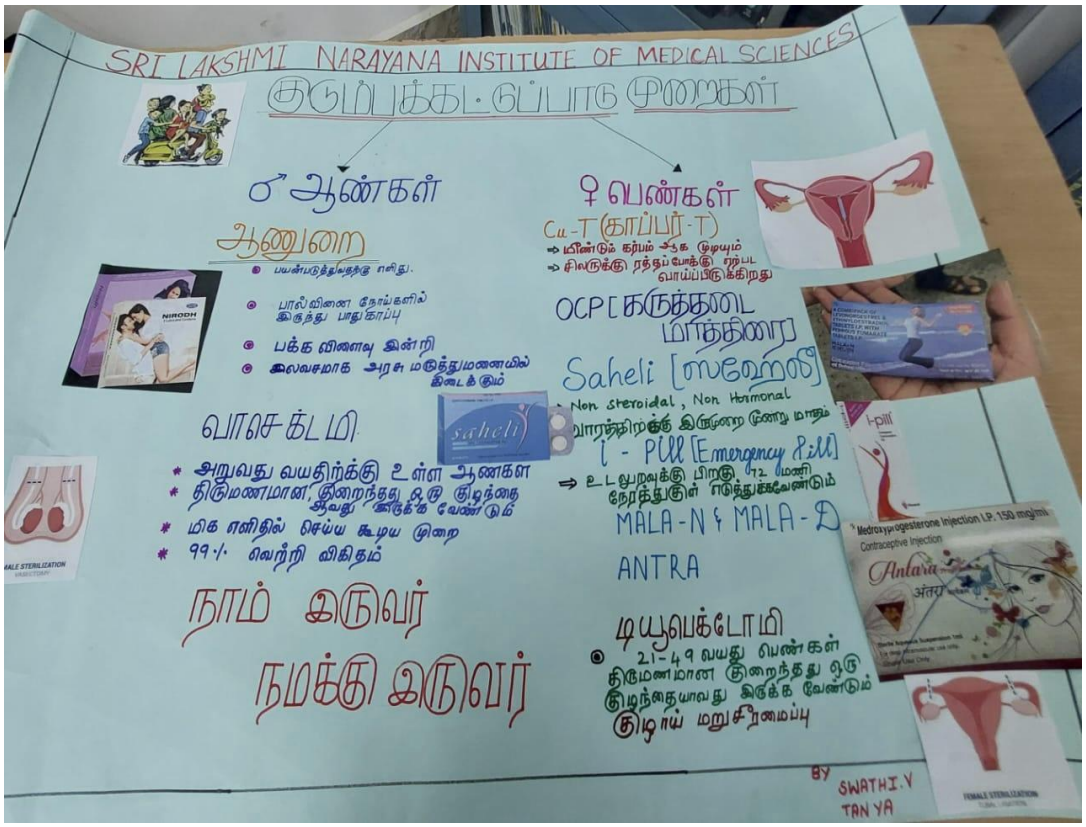
OUTLINE

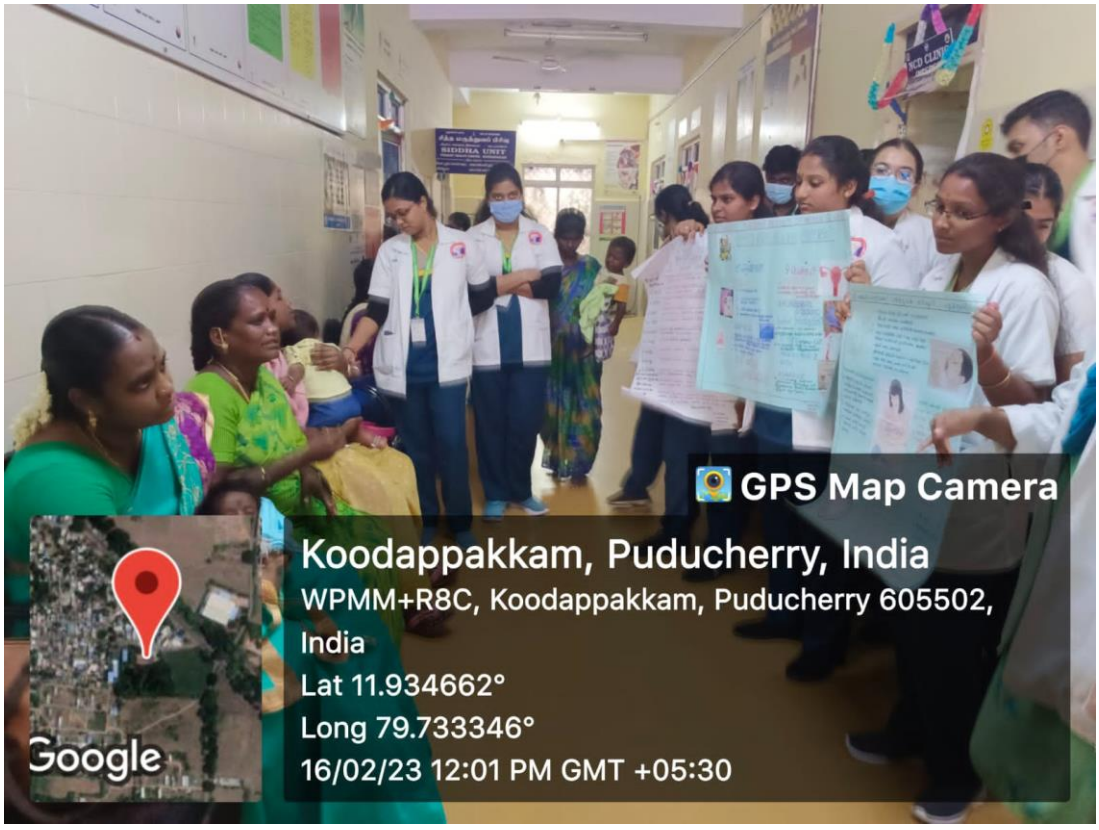
- Introduction about the theme
- Brief description of various contraceptive methods like
    - Condoms
    - Oral contraceptive pills
    - Surgical methods like vasectomy and tubectomy
- Summary and take-home messages
- feedback

SUMMARY :

The Health Education session was headed by Swathi, Tanya, and Sirshak under the guidance of Dr.Ashok [Department of community medicine]

There were around 8 postnatal mothers when we visited the PHC. We educated the patients and their family members regarding family planning and the use of various contraceptive methods.


SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES
குடும்பக்கட்டுப்பாடு முறைகள்
♂ ஆண்கள்
ஆணுறை
பயன்படுத்துவதற்கு எளிது.
பால்வினை நோய்களில் இருந்து பாதுகாப்பு
பக்க விளைவு இன்றி
இலவசமாக அரசு மருத்துவமனையில் கிடைக்கும்
வாசெக்டமி
அறுவது வயதிற்க்கு உள்ள ஆணகள
திருமணமான, குறைந்தது ஒரு குழந்தை ஆவது இருக்க வேண்டும்
மிக எளிதில் செய்ய கூடிய முறை
99% வெற்றி விகிதம்
நாம் இருவர்
நமக்கு இருவர்
♀ பெண்கள்
Cu-T (காப்பர்-T)
மீண்டும் கர்பம் தரிக்க முடியும்
சிலருக்கு ரத்தப்போக்கு ஏற்பட வாய்ப்பிருக்கிறது
OCP (கருத்தடை மாத்திரை
Saheli [ஸஹேலி]
Non steroidal, Non Hormonal
வாரத்திற்கு இருமுறை மூன்று மாதம்
I - PILL [Emergency Pill]
உடலுறவுக்கு பிறகு 72 மணி நேரத்துக்குள் எடுத்துகவேண்டும்
MALA-N & MALA-D
ANTRA
டியூபெக்டோமி
21-49 வயது பெண்கள்
திருமணமான குறைந்தது ஒரு குழந்தையாவது இருக்க வேண்டும்
குழாய் மறுசீரமைப்பு
BY SWATHI.V TAN YA
saheli
NIRODH
Medroxyprogesterone Injection I.P. 150 mg/ml
Contraceptive Injection
Antara
I-pill


GPS Map Camera
Koodappakkam, Puducherry, India
WPMM+R8C, Koodappakkam, Puducherry 605502, India
Lat 11.934662°
Long 79.733346°
16/02/23 12:01 PM GMT +05:30
Google

FEEDBACK

We did our best to educate the mothers as well as their family members about family planning and then gave them a brief explanation about various kinds of contraceptive methods.

After this session, we discussed with the mothers and other people present there and were able to clear their doubts regarding the contraceptive techniques which can help them in family planning.

We made everyone understand the advantages of contraceptive methods.

On the whole, we had a good experience educating them and we also believe that the mothers have gained enough knowledge about family planning.

Head of the institute sign and seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON NATIONAL GIRL CHILD DAY

EVENT DATE:24.1.2023

TIME: 1:30 PM TO 2:30PM

EVENT: Awareness Programme on

National Girl child Day

VENUE: Government Girls Hr.Sec

School

SCHEME: Awareness Program

ORGANISED BY: Department of Paediatrics Sri Lakshmi

Narayana Institute of Medical Sciences-, Puducherry

NO. OF PARTICIPANTS: 50

CONTENT:

An awareness programme on the occasion of **“National Girl Child Day”** was organized at Government Girls Middle School, Villianur on **24th January 2023** with the extensive support of our Chairman **Dr. JAGATH RAKSHAGAN** and President **Dr. SUNDEEP ANAND**. Almost 100 students participated in the awareness programme with the permission School principal Mrs. Gunaselvi, During the session Dr. Gayathri from paediatric department SLIMS gave a special speech on personal hygiene. Medical social worker Ms. Sujitha, elaborated on good touch & bad touch. All participants actively interacted and made the session fruitful and lively. Vote of thanks was given by Ms. Sujitha Medical Social Worker. The awareness programme was held successfully under the guidance of Medical Superintendent, Dr. Asayas Bosco Chandra Kumar, Deputy Medical Superintendent, Dr. Kalasree, Co-Ordinated by Mr. R. Mathankumar & Mr. P. Ramchandran with the support of other Medical Social Workers of SLIMS. Participants feedback about the awareness session was very positive.

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFILIATED BY BHARATH UNIVERSITY)

NATIONAL GIRLS CHILD DAY

slims puducherry slims_puducherry slims puducherry

Head of the Institute Sign

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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON GLAUCOMA

EVENT DATE: 13.03.2023

TIME: 9.00AM – 5.00pm.

EVENT: Awareness Programme on

GLAUCOMA

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of OPHTHALMOLOGY, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 40

PARTICIPANTS LIST:

41	U20MB291	**GOURI JAYAKRISHNAN**
42	U20MB292	**HARINI SANKAR P**
43	U20MB293	**HARIPRASATH S**
44	U20MB294	**HARSHITHA BITRA**
45	U20MB295	**HEMALATHA M**
46	U20MB296	**HISHA TEP**
47	U20MB297	**ILAKIYADEVI T**
48	U20MB298	**INDUMATHI D**
49	U20MB299	**JAILEKHHA L**
50	U20MB300	**JAYASHREE J**
51	U20MB301	**JAYASREE E**
52	U20MB302	**JEYA HAMSA VARTHNI M B**
53	U20MB303	**JOSHUA VARGHESE PUTHURAN**
54	U20MB304	**KARTHICK VISWANATH R**
55	U20MB305	**KAVIN KISHORE G P**
56	U20MB306	**KAVIYA S**
57	U20MB307	**KEERTHANA V**
58	U20MB308	**KEERTHANAA K**
59	U20MB309	**KEERTHI VARSHINE K**
60	U20MB310	**KEERTHIVASAN J**
61	U20MB311	**KESHAV RAJ V**
62	U20MB312	**KHATOON NAIMA NASEEM**
63	U20MB313	**KISHORE KUMAR B**
64	U20MB314	**KOTHER HUSSAIN M**
65	U20MB315	**KRISHNA BHARGAV K S**
66	U20MB316	**KRITHIK COUMAR S**
67	U20MB317	**KUMAR PRATYUSH**
68	U20MB318	**MA MADHVAN**
69	U20MB319	**MANHAOO PASWET**
70	U20MB320	**MANSI**
71	U20MB321	**MAYIL VAGANAN S**
72	U20MB322	**MEEJURU SAI SUSHWANTH**

73	U20MB323	**MOGLI APURVA RAVINDRA**
74	U20MB324	MOHAMED RIYAZ PEER S
75	U20MB325	**MOHAMED SHYAM S**
76	U20MB326	**MOHAMMED KAMAR ALAM A**
77	U20MB327	MORE RENUKA BALAJI
78	U20MB328	**MRITULLA S**
79	U20MB329	**NANDHA S L**
80	U20MB330	**NANDHINI MANIMARANE**

AWARENESS PROGRAMME ON GLAUCOMA

CONTENT:

SLIMS conducted a student outreach program on awareness on world glaucoma day. World Glaucoma Week is a global initiative of the World Glaucoma Association (WGA) in order to raise awareness on glaucoma. Through a series of engaging activities, patients, eye-care providers, health officials and the general public are invited to contribute to sight preservation. The goal is to alert everyone to have regular eye (and optic nerve) checks in order to detect glaucoma as early as possible.

Think global, act local

Each year, the World Glaucoma Week adopts a common theme, which is adapted to local conditions, and yet unifies our efforts. To be effective, community awareness projects need to be relevant for the general population. That means they need to be based locally and thus, rely on individuals in each location to be actively involved, adopting the unifying global message into local culture.

Eliminate glaucoma blindness

To eliminate glaucoma blindness, there are several issues that need to be addressed. Glaucoma usually gives no warning until it is advanced, but the damage it causes to vision is ongoing and could become irreversible. Fortunately, for many patients treatment can halt the damage. That means the earlier the diagnosis, the more vision there is to save and the less likely the person is to become blind. Therefore, the World Glaucoma Week aims at alerting members of the broader community to the need for regular simple eye checks, which allow earlier detection and, hence, saved sight.

Head of the Institute Sign

Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
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Villianur Commune, Puducherry - 605502.

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

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SCHOOL HEALTH EDUCATION PROGRAMME

Held on 20/02/2023

HEALTH EDUCATION ON GOOD TOUCH AND BAD TOUCH

- **Name of School:** Govt. primary school
- **Place:** Pillaiyarkuppam
- **College name:** Sri Lakshmi Narayana institute of medical science**.**
- **Presenters:** K.Shanmuga Harini and Shalini
- **Mentor:** Dr.Kannan
- **Theme:** Good touch and bad touch
- **Participants:** students of 1st to 5th standard
- **Date and time:** 20/02/2023 , 2:00pm**.**
- **Synopsis:** Educating the students about good and bad touch.
- **Participants:** 45 students

SUMMARY

The health education session was headed by K.Shanmuga Harini and R.Shalini under the guidance of Dr.Kannan Department Of community medicine.

There were around 50 students and 5 staff. We educated the students and staff regarding good and bad touch and its importance**.**

PARTICIPANTS LIST:

1	U19MB330	MONICA K
2	U19MB331	NIRMAL KUMAR B
3	U19MB332	NISHANTHI V
4	U19MB333	NITIN NARAYAN M
5	U19MB334	NIVASINY P S
6	U19MB335	NUKUVOLU NIENU
7	U19MB336	PADMAJA T
8	U19MB337	PAVAN KALYAN POTLURI
9	U19MB338	PAVITHRA T
10	U19MB339	PRABHU MANIKANDAN V S
11	U19MB340	PRADHEEP K
12	U19MB341	PRAKHAR GAUTAM
13	U19MB342	PRIYADHARSHINI A
14	U19MB343	PRIYADHARSHINI M
15	U19MB344	PRIYANSHU KESHARI
16	U19MB345	PULAK ACHARYA
17	U19MB346	RAAJ SETHU VINAYACK R
18	U19MB347	RABYA TABASUM
19	U19MB348	RAHUL MAHESHWARI M G
20	U19MB349	RAHUL RAJ
21	U19MB350	RAJAGOPAL R
22	U19MB351	RAJESWARI V
23	U19MB352	RAMANAN B
24	U19MB353	RETHIKA A
25	U19MB354	R REVATHY
26	U19MB355	RIYA BRUNO
27	U19MB356	ROLLAPATI TEJESH
28	U19MB357	ROSHMASHREE S
29	U19MB358	SAI RAKSHIKA J
30	U19MB360	S SANDEEP

31	U19MB361	SANTHOSH M
32	U19MB362	SANYUKTA KARKI
33	U19MB363	SARAN P S
34	U19MB364	SARITHA P
35	U19MB365	SATHISH KANNAN M
36	U19MB366	SHAGUN SINGH
37	U19MB367	SHALINI R
38	U19MB368	SHANMUGA HARINI K
39	U19MB370	S SHWETHAMBARI
40	U19MB371	SIDDHARTH P S
41	U19MB372	SINDHU N
42	U19MB373	SIRIGIRI MANOJ KUMAR REDDY
43	U19MB374	SIRSHAK NANDY
44	U19MB375	SOWMIYA M
45	U19MB376	SRI HARI PRASAANTH A

OUTLINE:

- Introduction about the theme
- Parts of the body
- Where to touch and where not to touch
- What to do if they do bad touch
- Whom all can touch
- How to protect themselves from bad touch
- Summary and take-home messages of health education sessions**.**

GPS Map Camera
Puducherry,PY,India
Villianur Taluk, Puducherry, 605502, PY, India
Lat 11.959389, Long 79.705475
02/20/2023 02:57 PM GMT+05:30
Note : Captured by GPS Map Camera

FEEDBACK:

We did our best to educate the students about good and bad touch and its importance.

After the school health education sessions, we discussed with the students and were able to clear their doubts regarding the session.

Overall, we had a good experience educating them and believe that the students have gained enough knowledge about good and bad touch.

Head of the institute sign and seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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AWARENESS PROGRAMME ON
"Hand Hygiene "

EVENTDATE:19.11.2022

TIME:1.30pm–3.30 pm.

EVENT: Awareness Programme on Hand hygiene

VENUE: In Research lab, Department of Microbiology, College block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

SCHEME: Awareness Program

ORGANISED BY:Department of Microbiology ,Sri Lakshmi Narayana Institute of Medical Sciences , Puducherry

NO.OF PARTICIPANTS:15

PARTICIPANTS LIST:

S.No	Name of the students
1	ABDUL AZIZ
2	ARTHI.S
3	DHARANISRI.S
4	GAYATHRI
5	INDUMATHY.S
6	JAMRUTH.B
7	KARTHIK.K
8	LOKESH.K
9	MURALI.P
10	PAVITHRA.S
11	PREETHI.E
12	REETHIKA.A
13	SELVABHARATHI.S
14	SHINY JENNIFER.A
15	UGENDAR.V

AWARENESS PROGRAMME ON HAND

HYGIENE

CONTENT:

Department of Microbiology organized an awareness programme on “Hand Hygiene ”, on 19.11.22 – 1.30 pm to 3.30 pm, in Research lab, Department of Microbiology, College block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

Antibiotic resistance is a growing concern. The increase risk of antibiotic resistant infections is a threat worldwide but can be reduced by interventions such as hand hygiene. The purpose of hand hygiene is to create the relationship between cleanliness and the maintenance of good health. Handwashing prevents the spread of germs. Hand washing technique is the rubbing together of all parts of the hands using ordinary soap and water or hand rub . Allied Health Sciences students were the participants. An initial introductory session was given to make the students aware of the hand hygiene technique . After that , demonstration of hand hygiene pratices was shown . Followed by this demonstration , the students were asked to perform hand hygiene steps on their own and it was observed . 15 Allied Health Sciences students actively participated in the programme. Hand Health care associated infections are drawing increasing attention from patients, insurers, governments and regulatory bodies. This is not only because of the magnitude of the problem in terms of the associated morbidity, mortality and cost of treatment, but also due to the growing recognition that most of these are preventable. The medical community is witnessing in tandem unprecedented advancements in the understanding of pathophysiology of infectious diseases and the global spread of multi-drug resistant infections in health care set-ups. These factors, compounded by the paucity of availability of new antimicrobials have necessitated a re-look into the role of basic practices of infection prevention in modern day health care. There is now undisputed evidence that strict adherence to hand hygiene reduces the risk of cross-transmission of infections.With “Clean Care is Safer Care” as a prime agenda of the global initiative of WHO on patient safety programmes, it is time for developing countries to formulate the much-needed policies for implementation of basic infection prevention practices.

Head of the Institute Sign & Seal

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AWARENESS PROGRAMME ON HAND WASHING

EVENT DATE: 14.07.2022

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme On

Hand Washing

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of EMERGENCY MEDICINE, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 20

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	SAI VENKATA TEJA	U18MB348
2	MANVITHA	U18MB349
3	REETHIKA JYOTHI	U18MB350
4	CHARAN CHOWDARY	U18MB351
5	MINGAM RUMI	U18MB352
6	PANEM SAMIUNU	U18MB353
7	PAYAL MOHITE	U18MB354
8	PRATCHI KUMARI	U18MB355
9	JITHU MOHAN	U18MB356
10	KAVIYA	U18MB357
11	JAYASHREE	U18MB358
12	JESTIN	U18MB359
13	RAMESHNAIDU	U18MB360
14	GURUNATHAN	U18MB361
15	HENRITTA	U18MB362
16	HIYA SAIKIA	U18MB363
17	GOKULAVANI	U18MB364
18	GOWTHAM.B.J	U18MB365
19	GRANDHI KARISHMA	U18MB366
20	GREESHMA SHAJI	U18MB367

AWARENESS PROGRAMME ON HAND WASHING

CONTENT:

SLIMS Conducted A Student Outreach Program On Awareness About Hand Washing. Hand Hygiene Protects You And Those Receiving The Care You Provide. The Simple Act Of Cleaning Your Hands Can Prevent The Spread Of Germs, Including Those That Are Resistant To Antibiotics. Some Healthcare Personnel May Need To Clean Their Hands As Many As 100 Times During A Work Shift. Keeping The Skin On Your Hands Healthy And Clean Is A Challenge That Requires All Healthcare Personnel To Be

Knowledgeable About How To Care For Their Hands And When Hands Should Be Cleaned.
Regular Handwashing Is One Of The Best Ways To Remove Germs, Avoid Getting Sick, And Prevent The Spread Of Germs To Others. Whether You Are At Home, At Work, Traveling, Or Out In The Community.

How Germs Spread
Washing hands can keep you healthy and prevent the spread of respiratory and diarrheal infections. Germs can spread from person to person or from surfaces to people when you:

- Touch your eyes, nose, and mouth with unwashed hands
- Prepare or eat food and drinks with unwashed hands
- Touch surfaces or objects that have germs on them
- Blow your nose, cough, or sneeze into hands and then touch other people's hands or common objects

Key Times to Wash Hands

You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

- Before, during, and after preparing food
- Before and after eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After using the toilet
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

Duration of the entire procedure: 20-30 seconds

Apply a palmful of the product in a cupped hand, covering all surfaces;

Rub hands palm to palm;

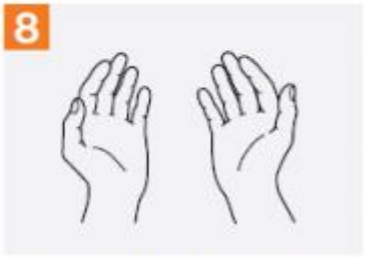
Right palm over left dorsum with interlaced fingers and vice versa;

Palm to palm with fingers interlaced;

Backs of fingers to opposing palms with fingers interlocked;

Rotational rubbing of left thumb clasped in right palm and vice versa;

Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



Once dry, your hands are safe.

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON HEALTHY VISION

EVENT DATE: 21.02.2023

TIME: 1.30pm – 3.00pm.

EVENT: Awareness Programme on

healthy vision

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Anatomy, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 39

PARTICIPANTS LIST:

SL. No.	NAME OF THE STUDENTS	STUDENT UNIQUE ENROLLEMENT ID.
1	AADYA SINHA	U22MB251
2	AASMIT DAS	U22MB252
3	AAYUSH RANA	U22MB253
4	ABBAD NAIAR	U22MB254
5	ABDULLAH ANEESUR RAHMAN	U22MB255
6	ABHIJIT MOHANTY	U22MB256
7	ABHISHEK MEENA	U22MB257
8	ABINASH PARIDA	U22MB258
9	ADITYA AHILAJI SONAWANE	U22MB259
10	ADITYA KUMAR SWAPNIL	U22MB260
11	ADITYA NARAYAN SAHU	U22MB261
12	ADITYA PRAVIN SURYAWANSHI	U22MB262
13	ADITYA RANJAN	U22MB263
14	ADITYA SOROUT	U22MB264
15	S AISHWARYA	U22MB265
16	AISWARYA K	U22MB266
17	AKARSH	U22MB267
18	AKASH K K	U22MB268
19	ALEX PANDIYAN M A	U22MB269
20	ALFA RAGHUVANSH MONI	U22MB270
21	AMBIKA KARABASAPPA ANGADI	U22MB271
22	AMEY SITALAL RATHOD	U22MB272
23	AMISHA R T	U22MB273
24	AMUDHASURABI R	U22MB274
25	ANAKHA R NAIR	U22MB275
26	ANAMIKA KUMARI	U22MB276
27	ANANTHU SURESH	U22MB277
28	ANANYA MISHRA	U22MB278
29	ANBARASAN V	U22MB279
30	ANISHPRIYAN M	U22MB280
31	ANKIT RAJ	U22MB281
32	ANNANYA GUPTA	U22MB282
33	ANNU PRIYA YADAV	U22MB283
34	ANSHUNIL CHOUDHURY	U22MB284
35	ANTO RAINIDA A	U22MB285
36	APLUTA LAHKAR	U22MB286
37	ARCHANA G	U22MB287
38	ARISHWARAN S	U22MB288
39	ARNAB MITRA	U22MB289

AWARENESS PROGRAMME ON HEALTHY VISION

CONTENT:

SLIMS conducted a student outreach program on awareness healthy vision. With the use of model's structure of eyeball was taught. Then with the use of mannequin's students were taught about varying procedure used for different eye lesions. A group of 39 students were selected and these students were divided into subgroups. One group was assigned for a field visit. They individually visit each home and give pamphlets and create awareness on healthy practices to prevent blindness. Another group selected a primary school. First an introduction was given about the foods which was rich in vitamin A. The fruits, vegetables were kept and an interactive discussion was made about its nutritional value by the students and faculties. Then a skit was done by a group of 5 students regarding the importance of best practices to prevent diseases. All the students were actively participated with interest and great enthusiasm. A eye checkup for all students has been done. Those who have complaints of eye problems were referred .

Good eye health starts with food what we are eating. nutrients like omega – 3 fatty acids , lutein , zinc and vitamins C and E might help age related vision problems like macular degeneration and cataracts. Smoking is more likely cause cataract, damage optic nerve and cause macular degeneration. sunglasses can be weared to protect eyes from ultraviolet rays. Too much UV exposure may results in cataracts and macular degeneration. During sports activities proper eye protectives can be used to protect from any injuries. Starring at computer and smart phones for long time may result in eye strain, blurry vision, trouble focusing at distance, dry eyes, head aches, neck, back and shoulder pain . the awareness was created between the students and also to the particular people in the area.

Train safely, effectively and confidently. The health and safety of course participants and instructors are always our top priority. While work environments have been altered by the COVID-19 pandemic, the need to be prepared to respond to emergencies, and to ensure the health and safety of others, has not. We continue to support the need for training in how to identify eye lesions, blindness, about investigations , friendly training solutions and easy access to on-demand learning. Social distancing approaches and virtual training options follow public health guidance. In the moments that matter, be the help until help arrives.

Head of the Institute Sign

Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
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Osudu, Agaram, Kudapakkam Post,
Villianur Commune, Puducherry - 605502.

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

Osudu, Agaram Village, Villianur Commune, Kudapakkam Post, Puducherry.

EVENT DATE: 17.04.2023

TIME: 10.00 AM – 12.00 PM.

EVENT: Awareness programme among MBBS II year students regarding haemophilia patients

VENUE: SLIMS Lecture hall, Puducherry

SCHEME: Awareness programme

ORGANISED BY: Department of Pathology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANT: 198

PARTICIPANTS NAME LIST:

S.No	University Reg. No	Name of Students
1	U21MB251	**AAMIR IBRAHIM MOHAMMED K**
2	U21MB252	**ABDULAZEEM J**
5	U21MB255	**ADRIN BOSE A**
6	U21MB256	**AGNES STELLA J**
7	U21MB257	**AJAYNATH D**
8	U21MB258	**AKANKSHYA GOURI BHAINSA**
11	U21MB261	**ALDRIN XAVIER A**
12	U21MB262	**AMRIT T S**
13	U21MB263	**ANAMIKA**
14	U21MB264	**ANCHANA AJITH**
15	U21MB265	**ANGELIN NITHILA J V**
16	U21MB266	**ANGELIN SUPRIYA R**
17	U21MB267	**ANGRAJ SARMA GAUTAM**
18	U21MB268	**ANITHA R**
19	U21MB269	**ANKIT S RAVI**
20	U21MB270	**ANMOL VISHNOI**
21	U21MB271	**ANUSH M**
22	U21MB272	**ARAVIND S**

23	U21MB273	**ARAVIND S**
24	U21MB274	**ARJUN A**
26	U21MB276	**ARNAV R SATDEVE**
27	U21MB277	**ARSHIYA PARVEEN**
28	U21MB278	**ARULMANI.M.S**
29	U21MB279	**ARUNDHATHI T**
30	U21MB280	**ARUNMANIKANDAN S**
31	U21MB281	**ARYAN SINGH**
32	U21MB282	**ASHIKHA G K**
40	U21MB290	**BLESSY S**
41	U21MB291	**BRINDHA S**
42	U21MB292	**CATHERINE STELLA A**
43	U21MB293	**CHARUHASA R T**
44	U21MB294	**CHERUKUMALLI MANISH**
46	U21MB296	**CHOUDHURY ABHISHEK DASH**
47	U21MB297	**DEEKSHA B SHIRAHATTI**
48	U21MB298	**DEEPAK L**
49	U21MB299	**DESAI FIYANCY SANJAYBHAI**
50	U21MB300	**DEVARSHINI D RAJ**
51	U21MB301	**DEVIPRIYAN S M**
52	U21MB302	**DHAARENI S**
53	U21MB303	**DHANRAJ SETHI**
54	U21MB304	**DHARINEESH B S**
55	U21MB305	**DHARSHINI S**
59	U21MB309	**ESTELLA YANTHAN J**
60	U21MB310	**FATHIMA MULTHZIMA**
61	U21MB311	**FELIX ANTO SAM J**
62	U21MB312	**FERN DAPHNEY RUFUS**
63	U21MB313	**GANGISETTY RITISH**
64	U21MB314	**GANGOTHRI BONDA**
65	U21MB315	**GEORGE THOMAS**
71	U21MB321	**GUNADHARSHINI.S**
72	U21MB322	**GUNASURYA E**
73	U21MB323	**GURUCHARAN N K**
74	U21MB324	**GURUPRASANTH T K B**
75	U21MB325	**HAIMAVATI S**
76	U21MB326	**HAJI MOHAMED M**
77	U21MB327	**HALEKOTA ELLURU REVANTH**
78	U21MB328	**HARISH PANDIAN M**
79	U21MB329	**HELAN REENA A**
80	U21MB330	**HEMA CHOKKAMMAL**
83	U21MB333	**ILAMATHI AISHWARYA A P**
84	U21MB334	**INNISAI BHARATHI**
85	U21MB335	**IPSITA PANDA**

86	U21MB336	**IVATURI SAI KRISHNA KARTHIKEYA**
87	U21MB337	**JAAY SURYA V**
88	U21MB338	**JAFRIN RITISHA M**
89	U21MB339	**JANANIPRIYAA D**
90	U21MB340	**JAVHERI SHANTANU SANJAY**
91	U21MB341	**JAYA MISHRA**
92	U21MB342	**JAYASURIYA**
93	U21MB343	**JENISHA FARHAN A**
94	U21MB344	**JERUSHA SHALOM J**
96	U21MB346	**KABIRAJ ADITYAPRATAP BISWAL**
97	U21MB347	**KAILAASH V**
98	U21MB348	**KAILASH G K**
99	U21MB349	**KAKUMANI GANEESHYA**
101	U21MB351	**KAMESH C N**
102	U21MB352	**KANMANI**
103	U21MB353	**KARAN SINGH**
104	U21MB354	**KARISHMA N**
107	U21MB357	**KARTHIKA M**
108	U21MB358	**KAVIYA K**
109	U21MB359	**KEERTHIBOOSHANI M**
110	U21MB360	**KOLAGANI DHARANI**
111	U21MB361	**KOMMU AMARNATTHH**
112	U21MB362	**KONIKA VERMA**
113	U21MB363	**KOTHAI L**
114	U21MB364	**KRISHNAPRIYA M**
115	U21MB365	**KUGAN K**
118	U21MB368	**LANKA ROHITH REDDY**
119	U21MB369	**LEELASRI R K**
120	U21MB370	**LOHAVARSHINI A**
121	U21MB371	**MADHU BASHINEE A**
122	U21MB372	**MADHUMATHI S**
123	U21MB373	**MADHUMITA S P**
124	U21MB374	**MANO SAI REDDY C**
126	U21MB376	**MANYA V**
127	U21MB377	**MARAM RANI MEGHANA REDDY**
128	U21MB378	**MARK PRAVEEN J**
129	U21MB379	**MASOOD AHMAD**
130	U21MB380	**MATHANGI MAHIMA B**
131	U21MB381	**MATHAVARAJAN S**
132	U21MB382	**MELWIN RAJ J**
133	U21MB383	**MOHAMED ERSATH FUJAIL**
134	U21MB384	**MOHAMMED RAFIK**
135	U21MB385	**MOHANKUMAR P**
136	U21MB386	**MONIKA S J**

137	U21MB387	**MONISH S**
140	U21MB390	**MUNIRAJ K**
141	U21MB391	**MUTHE HEDVI PRASHANT**
142	U21MB392	**MYDUKUR SHAIK MOHAMMED FAIZ ABDUL KALAM**
143	U21MB393	**NALLAMOTHU TAGORE**
144	U21MB394	**NANDHINI S**
145	U21MB395	**NANDHINI SARASWATHI R**
146	U21MB396	**NAUSHEEN ANJUM S**
147	U21MB397	**NEERAJA BAIJU**
148	U21MB398	**NEMANI ADITYA**
149	U21MB399	**NESIKA T**
150	U21MB400	**NISHIKA PANDEY**
151	U21MB401	**NITISH KUMAR SAMAL**
152	U21MB402	**NIVEDHITHA G**
153	U21MB403	**NIVEDITHA S**
154	U21MB404	**PASUPULETI RENUKA**
155	U21MB405	**PATHAK PRIYAM SUNIL KUMAR**
156	U21MB406	**PATIL MOHIT SURESH**
157	U21MB407	**PERIYANNAN S M**
158	U21MB408	**PERUVALLI MOKSHITH VEERANJAN**
159	U21MB409	**PICHIKALA LOHITH**
160	U21MB410	**POTHABATHULAN YASASWINI**
161	U21MB411	**PRAJYEPTA MAHANANDA**
162	U21MB412	**PRANAV KUMAR S**
163	U21MB413	**PRATEEKSHA N**
164	U21MB414	**PRIYADHARSHINI B**
170	U21MB420	**RAGHUL SURESHKUMAR**
171	U21MB421	**RAMYA V**
172	U21MB422	**RASHMI B SINGH**
173	U21MB423	**RESHMA J B**
174	U21MB424	**RITIKA**
175	U21MB425	**ROKITH SARAN M**
176	U21MB426	**RUPALI RASMITA PANDA**
177	U21MB427	**SAHADEV GAUTHAM**
178	U21MB428	**SAKSHI PAVANAH**
179	U21MB429	**SAMARTH BANDHU**
180	U21MB430	**SANSEEKTA BISOI**
181	U21MB431	**SANTHA KUMAR J**
182	U21MB432	**SANTHOSH S**
183	U21MB433	**SANTOSH SIVAM**
187	U21MB437	**SHAIK CHOUTAPALLI MUHAMMAD AFZAL HUSSAIN**
188	U21MB438	**SHAKANA S**

189	U21MB439	**SHAMEERA SHERIF**
190	U21MB440	**SHANMUGAPRIYA R**
191	U21MB441	**SHEETHAL SUNIL**
192	U21MB442	**SHREYA GUPTA**
193	U21MB443	**SHRUTHISHRI T**
194	U21MB444	**SHRUTI AJAY FULE**
195	U21MB445	**SHUBHA PRADA G**
196	U21MB446	**SHINDE SARVESH BALASAHEB**
197	U21MB447	**SHUBHAM VIJAY THAKUR**
198	U21MB448	**SIVADHARSHINI R T**
199	U21MB449	**SIVAKAVIYAARASAN M**
200	U21MB450	**SIVAPRIYA K**
201	U21MB451	**SIYA SANJAY MANEKAR**
202	U21MB452	**SMARANIKA SAHOO**
203	U21MB453	**SOMISETTY THIRUMALA GANESH**
204	U21MB454	**SOMYAA SINGH**
205	U21MB455	**SONIL RAHIM**
206	U21MB456	**SOUJANYA MUNIRAJU**
207	U21MB457	**SOUMYA PRIYADARSHINI**
208	U21MB458	**SOUNDARYA S**
209	U21MB459	**SRI AKSHAY KRISHNA M**
210	U21MB460	**SRI HARIHARAN R**
217	U21MB467	**SUBHANKAR MEHER**
218	U21MB468	**SULAGNA SARKAR**
219	U21MB469	**SUNIL RAJAA K V**
220	U21MB470	**SURISETTI CHANDRA SHEKHAR**
221	U21MB471	**SURIYA A**
222	U21MB472	**SURIYA PRAKAASH C B**
223	U21MB473	**SURTHIKA S**
224	U21MB474	**SWAPNIL ROUTRAY**
225	U21MB475	**SWASTIKA ANAND**
226	U21MB476	**SWETHA V**
227	U21MB477	**SYED FEROZ Y**
228	U21MB478	**SYED SAHIL AMAN**
229	U21MB479	**TAMIL SANGAVI A**
230	U21MB480	**TAMILARASAN D**
231	U21MB481	**TELRANDHE VEDANT MAHESH**
232	U21MB482	**THANGARAJ T**
233	U21MB483	**THARA KIRAN A**
234	U21MB484	**THEOPHILA PUSHPA RANI**
235	U21MB485	**THUMMALAPENTA JEEVAN GUPTHA**
236	U21MB486	**TRINITA GIFTY T L**
237	U21MB487	**T UDAY SHANKAR**
238	U21MB488	**UMA**

239	U21MB489	**UNNATI P**
246	U21MB496	**VISHNU I**
247	U21MB497	**VRISHALI DEVAIAH M**
248	U21MB498	**YAALISAI B**
249	U21MB499	**YASHASWINI CHOKKAM**
250	U21MB500	**YENUMALA VENKATA KEERTHI**

CONTENT:

Haemophilia is a coagulation disorder caused by deficiency of clotting factor 8.World haemophilia day is observed on every 17th , April. The clinical symptoms of haemophilia range from mild cutaneous bleed to serious intracranial bleed.Unfortunately, many students are not aware of the importance of assessing the patients for the disease or do not have enough exposure with haemophilia patients to understand the clinical scenario. In every patient undergoing major/minor surgical procedure or patients complaining of abnormal/excessive bleeding, haemophilia to be suspected. Bleeding time and clotting time are two simple bedside initial tests done when bleeding disorders are suspected. Interns must know to do and interpret results of these tests in patient. Nowadays, interns are not aware of importance of these simple investigations.To address this issue, awareness programme is conducted to educate on haemophilia-pathology,clinical presentation, diagnosis and case discussion

On 17th April 2023, in lecture hall I , awareness programme on haemophilia was organised by Department of Pathology, Sri Lakshmi Narayana medical College and medical institute. Authorised hospital medical team managed everything perfectly.

The awareness programme was organised from 10.00 a.m. to 12.00 pm. The medical superintendant of SLIMS addressed the gathering with a short note on haemophilia.198 MBBS II students attended programme. Pamplets regarding haemophilia were given to students.Placodes, banners and posters regarding haemophilia manifestation, diagnosis and diagnosis were placed inside the college block.

Two speakers Dr.PADMAPRIYA.B, M.D and Dr.PAMMY SINHA, M.D from department of PATHOLOGY discussed on various aspects of haemophilia. The discussion covered introduction about haemophilia, types, pathogenesis, clinical presentation, investigations, diagnosis, treatment and clinical case discussion. The discussion was made entirely interesting for students with help of questionnaires, audiovisual aids and clinical scenario.The students also interacted with speakers with their doubts.

Clinical case discussion included treatment given in the hospital to known cases of haemophilia with massive bleeding.The procedure of collection and storage of blood components was also explained in detail during discussion.

After the awareness programme, they were shown live demonstration of estimation of bleeding time and clotting time in a patient posted for surgery. Students as small batches are taken to blood centre to show the stored blood components.

Students were given refreshments at the end of programme.Feedback from students was collected at end of programme.They were happy about live demonstration efforts and interactive discussion.They felt excited to witness blood component separation and stored blood components. Few students shared that they developed interest in field of pathology as well as transfusion medicine after attending the programme.

The awareness programme on MBBS students will help them to suspect haemophilia in the patient they consult in future.They will feel confident while doing and interpreting results of bedside investigations like bleeding time and clotting time in compulsory rotatory residential internship period. They also spread the knowledge to their family, friends and patients which make them aware of early consultation at times of abnormal,excessive bleeding.

Head of the Institute Sign & Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON HYPOGLYCEMIA ASSESSMENT IN DIABETES

EVENT DATE: 16.03.2023

TIME: 1.30 pm – 3.00 pm.

EVENT: Awareness Programme on

Hypoglycemia Assessment in Diabetes

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Anatomy, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry

NO. OF PARTICIPANTS: 50

PARTICIPANTS LIST:

S.No	Name of Students	University Reg
101	JAYAVARDHINY S	U22MB351
102	JEYANTH B	U22MB352
103	JUBARIYA ABDUL RASHEED	U22MB353
104	JYOTHILAKSHMI NANDAN	U22MB354
105	JYOTHILAKSHMI S	U22MB355
106	KABILAN S	U22MB356
107	KALAMKAR VAISHNAVI CHANDRASHEKHAR	U22MB357
108	KALKIRAM G	U22MB358
109	KANIKA SHARMA	U22MB359
110	KANISHKA RAGHAVAN S	U22MB360
111	K KAUSHAL	U22MB361
112	KAUSHAL KUMAR	U22MB362
113	P KEERTHANA	U22MB363
114	T R KEERTHIVASAN	U22MB364
115	KENJALE AJINKYA SUDHAKAR	U22MB365
116	KHAN AMAAN AHMED SHAMSHAD AHMED	U22MB366
117	KIPA TANIA	U22MB367
118	KOPPOLU HARSHA SAI	U22MB368
119	KOTAIAH CHOWDARY GORANTLA	U22MB369
120	KUNAMANENI RENUKA CHOWDARY	U22MB370
121	LAKSHITHA J K	U22MB371
122	LICHINGPUREL MUTUM	U22MB372
123	LONARE SAHIL SHARAD	U22MB373
124	MANDLI AKASH YADAV	U22MB374
125	MANOJ BALAJI M	U22MB375
126	MOHAMMAD ZAHEEN ALI	U22MB376
127	MOHAMMED UVAISE R	U22MB377
128	MOHANAPRIYAA M	U22MB378
129	MOHANRAJ P	U22MB379
130	MOUSUMI DALEI	U22MB380
131	MUHAMMED YASEEN N	U22MB381
132	NAGARGOJE OMKAR RAJENDRA	U22MB382
133	NALINI RANJAN	U22MB383
134	NALLIBOINA MOUNIKA	U22MB384
135	NANGRAM REKIN	U22MB385
136	NIHARIKA PANDA	U22MB386
137	NIKITA RAJ	U22MB387
138	NISHANT TRIVEDI	U22MB388
139	NISHANTHI S	U22MB389

140	NISMA N	U22MB390
141	NITHISH K	U22MB391
142	NITHISH S	U22MB392
143	R NIVETHA	U22MB393
144	PAKALAPATI NAREN VARMA	U22MB394
145	PALLAVI OJHA	U22MB395
146	PIANA PAUL	U22MB396
147	POLI ESWAR SAI ASHISH	U22MB397
148	POOVARASAN S	U22MB398
149	PRADEEP KUMAR S	U22MB399
150	PRAGATHIESWARI G	U22MB400

AWARENESS PROGRAMME ON HYPOGLYCEMIA ASSESSMENT IN DIABETES

CONTENT:
SLIMS conducted a student outreach program on awareness about Hypoglycemia assessment in Diabetes.

With the help of Case scenarios and simulated patients, the students were taught about the assessment of hypoglycemia in a diabetic patient. They were taught about the early recognition of signs of Hypoglycemia. and initial first aid measures to be administered to the patients. Basic knowledge about the types of Diabetes, recognition of signs of Hypoglycemia and capillary blood glucose measurement, and venesection for collecting blood samples were also thought to them using a PowerPoint presentation.

Hypoglycemia is the rate-limiting complication in the achievement of strict glycemic control in diabetes management. Significant episodes of hypoglycemia and its attendant counter-regulatory hormonal response lead to poor glycemic control. The former may also be associated with cardiovascular and cerebrovascular morbidities. Hypoglycemia is one of the most common correctable complications of Diabetes. The population of people affected with diabetes is increasing daily. Healthcare workers and Diabetic patients need to be aware of this treatable complication of Diabetes. Since hypoglycemia can happen in both Type 1 & 2 Diabetes, all the health care has to be aware of the signs of hypoglycemia. Self-care assessment using capillary blood glucose monitoring has to be counseled by the health care workers to diabetic patients. In this background, the knowledge and awareness about the varied presentations of hypoglycemia and the possible preventive strategies for the Health care workers would go a long way in diabetes management. There is a need for shared responsibility in the prevention of hypoglycemia. The participants have been demonstrated the correct technique of venesection in a proper aseptic way using a live demonstration of blood sampling in patients. They have also been demonstrated with the technique of capillary blood glucose monitoring with a Glucometer and the importance of counseling diabetic patients for regular monitoring of capillary blood glucose. The participants have been demonstrated with simulated patients to identify the signs of hypoglycemia and evaluation of Dextrose requirement by dose per kg body weight formula. They have informed us about the monitoring of the patients during the dextrose administration and titration of doses for individual patients.

Assess, Analyse, and Manage. This is the concept of the swift action of hypoglycemic assessment in diabetic patients. It will stimulate the participants to teach this knowledge to their colleagues and paramedical staff for proper management. This program will help the participants to understand the basic correctable complication of diabetes and its initial management.

Head of the Institute Sign

Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
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Villianur Commune, Puducherry - 605502.

DEPARTMENT OF COMMUNITY MEDICINE

HEALTH EDUCATION ON IMMUNIZATION

Name of PHC: Koodapakkam PHC

Place: koodapakkam, villianur

College Name: Sri Lakshmi Narayana Institute of Medical Science

Presenters: Sindhu, Padmaja, and Ubanisha

Mentor: Dr. mercy

No of Participants: 45

Date and Time: 16th February 2023; 11:00 AM

Synopsis: vaccination schedule

SUMMARY

The health education session was headed by Sindhu, Padmaja, and Ubanisha under the guidance of Dr. mercy, Dept. of Community Medicine. There were around 20 postnatal mothers when we visited the PHC. We educated the mothers about vaccination and its role in preventing the diseases

PARTICIPANTS LIST:

1	U19MB330	MONICA K
2	U19MB331	NIRMAL KUMAR B

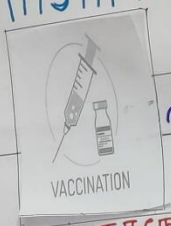
3	U19MB332	NISHANTHI V
4	U19MB333	NITIN NARAYAN M
5	U19MB334	NIVASINY P S
6	U19MB335	NUKUVOLU NIENU
7	U19MB336	PADMAJA T
8	U19MB337	PAVAN KALYAN POTLURI
9	U19MB338	PAVITHRA T
10	U19MB339	PRABHU MANIKANDAN V S
11	U19MB340	PRADHEEP K
12	U19MB341	PRAKHAR GAUTAM
13	U19MB342	PRIYADHARSHINI A
14	U19MB343	PRIYADHARSHINI M
15	U19MB344	PRIYANSHU KESHARI
16	U19MB345	PULAK ACHARYA
17	U19MB346	RAAJ SETHU VINAYACK R
18	U19MB347	RABYA TABASUM
19	U19MB348	RAHUL MAHESHWARI M G
20	U19MB349	RAHUL RAJ
21	U19MB350	RAJAGOPAL R
22	U19MB351	RAJESWARI V
23	U19MB352	RAMANAN B
24	U19MB353	RETHIKA A
25	U19MB354	R REVATHY
26	U19MB355	RIYA BRUNO
27	U19MB356	ROLLAPATI TEJESH
28	U19MB357	ROSHMASHREE S
29	U19MB358	SAI RAKSHIKA J
30	U19MB360	S SANDEEP
31	U19MB361	SANTHOSH M
32	U19MB362	SANYUKTA KARKI
33	U19MB363	SARAN P S
34	U19MB364	SARITHA P
35	U19MB365	SATHISH KANNAN M
36	U19MB366	SHAGUN SINGH
37	U19MB367	SHALINI R
38	U19MB368	SHANMUGA HARINI K
39	U19MB370	S SHWETHAMBARI
40	U19MB371	SIDDHARTH P S
41	U19MB372	SINDHU N
42	U19MB373	SIRIGIRI MANOJ KUMAR REDDY
43	U19MB374	SIRSHAK NANDY
44	U19MB375	SOWMIYA M
45	U19MB376	SRI HARI PRASAANTH A

OUTLINE

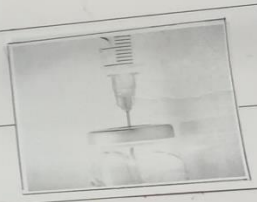
- Introduction about the theme
- Immunization schedule
- Importance of vaccination
- Diseases prevented by immunization

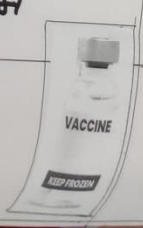
SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCE

தடுப்பூசி மருந்து அட்டவணை



வயது	தடுப்பூசி மருந்து
குடிந்தை பிறந்தவுடன்	காசநோய் தடுப்பூசி, போலியோ சொட்டு மருந்து (0 டோஸ்), மஞ்சள் காமாலை தடுப்பூசி (பிறந்த 24 மணி நேரத்திற்குள்)
6 வாரம்	போலியோ சொட்டு மருந்து-1, பென்டாவேலண்ட்-1, ரோட்டா-1, போலியோ தடுப்பூசி-1, பி.சி.வி-1
10 வாரம்	போலியோ சொட்டு மருந்து-2, பென்டாவேலண்ட்-2 ரோட்டா-2
14 வாரம்	போலியோ சொட்டு மருந்து-3, பென்டாவேலண்ட்-3 ரோட்டா-3, போலியோ தடுப்பூசி-2, பி.சி.வி-2
9-12 மாதம்	தட்டம்மை ருபெல்லா-1, வைட்டமின் ஏ திரவம், பி.சி.வி (பூஸ்டர்)
16-24 மாதம்	டிந்தடுப்பூசி (முதல் ஊக்குவிப்பு), போலியோ சொட்டு மருந்து (ஊக்குவிப்பு), தட்டமை ருபெல்லா-2
5-6 வயது	டிந்தடுப்பூசி (இரண்டாம் ஊக்குவிப்பு)
10 வயது	இரணஜன்னி தொண்டை அடைப்பான் தடுப்பூசி (Td)
16 வயது	இரணஜன்னி தொண்டை அடைப்பான் தடுப்பூசி - (Td)
கர்ப்பிணித் தாய்மார்களுக்கு இரணஜன்னி தொண்டை அடைப்பான் தடுப்பூசி	இரணஜன்னி தொண்டை அடைப்பான் தடுப்பூசி -1 (Td-1) (தாய் கருவுற்றுள்ளார் என்று தெரிந்தவுடன்)
	இரணஜன்னி தொண்டை அடைப்பான் தடுப்பூசி - 2 (Td-2) (முதல் தவணை வடிங்கிய பின் 4 வாரம் கழிந்து கொடுக்க வேண்டும்)
	இரணஜன்னி தொண்டை அடைப்பான் ஊக்குவிப்பு தவணை (டிந்தைய கர்ப்பத்தில் 2 தவணை Td தடுப்பூசி பெற்று 3 வருடத்திற்கு கருவுறுதால் ஒரு ஊக்குவிப்பு தவணை மட்டும் போதுமானது)





PRESENTED BY,

N. SINDHU

T. PADMAJA

FEEDBACK

It was only when we initiated this awareness about immunization, that we realized many are not aware of the basic necessity of prevention. So we felt very satisfied knowing that we have etched this knowledge into the minds of the mothers we have visited. We were able to address all their questions and myths about vaccination, it was a much-needed activity that we were lucky to be a part of this program.

Head of the institute sign and seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

EVENT DATE: 10/01/2023

TIME: 2.00pm – 3.00pm.

EVENT: Infection control measures during Perioperative period

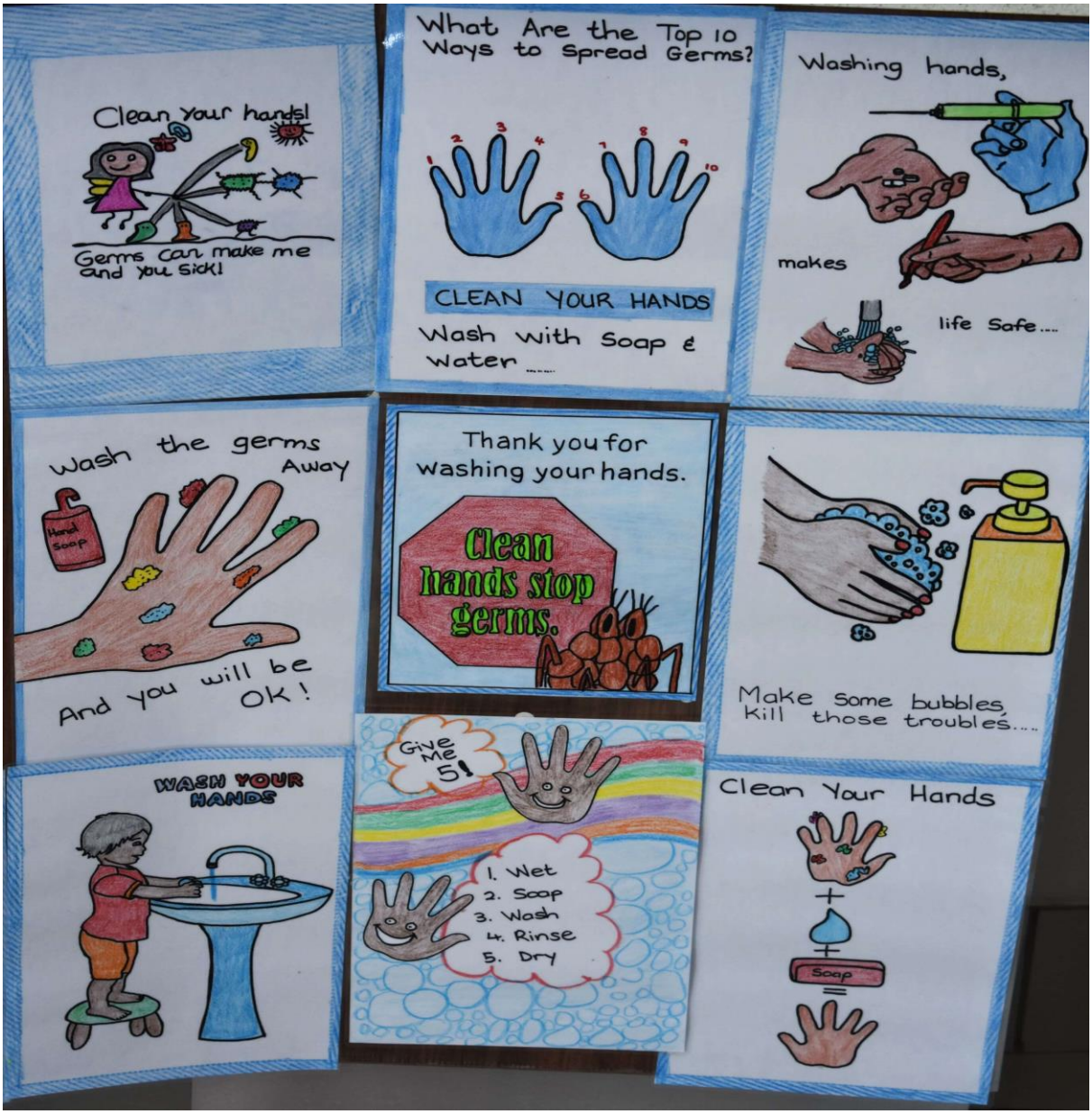
VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Anaesthesiology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 25

1	Dr. VISHWANATH R. HIREMATH	ANAESTHESIOLOGY	PROFESSOR & HOD
2	Dr. S. SAHANA	ANAESTHESIOLOGY	ASSISTANT PROFESSOR
3	Dr. SHILPA GARG	ANAESTHESIOLOGY	ASSISTANT PROFESSOR
4	Dr. BALAGURUNATHAN	GENERAL SURGERY	PROFESSOR & HOD
5	Dr. KARTHIK	GENERAL SURGERY	ASSISTANT PROFESSOR
6	Dr. GEETHA SIDDHAPUR	ENT	PROFESSOR & HOD
7	Dr. MANU C.B	ENT	ASSOCIATE PROFESSOR
8	Dr. VIJAYRAGHAVAN	ORTHOPAEDICS	PROFESSOR & HOD
9	Dr. ASHOK	ORTHOPAEDICS	ASSISTANT PROFESSOR
10	Dr. JEYASURYAN R.M	P21MD120	PG RESIDENT
11	Dr. SRINIVAS K	P21MD121	PG RESIDENT
12	Dr. BINDU K CHARYA	P22MS103	PG RESIDENT
13	Dr. DISHA NIMODIA	P22MD131	PG RESIDENT
14	Dr. KAMATCHIREDDY ANUSHYA DEVI	P22MD120	PG RESIDENT
15	Dr. N.M. SRRUTHII	P22MD121	PG RESIDENT
16	Dr. RAJA RAM SUNDER M	P22MS132	PG RESIDENT
17	Dr. SUDHAN S	P22MS133	PG RESIDENT
18	Dr. SREERAM S.P	P22MS139	PG RESIDENT
19	Dr. HARISH S	P21MS107	PG RESIDENT
20	SUBHASHINI	1521	STAFF NURSE
21	KAVIYA	1676	STAFF NURSE
22	ABI	1756	STAFF NURSE
23	RAMYA D	1570	STAFF NURSE
24	VINODHA V	1879	STAFF NURSE
25	VIJAYA KUMARI	1934	STAFF NURSE


Clean your hands!
Germs can make me and you sick!
What Are the Top 10 Ways to Spread Germs?
CLEAN YOUR HANDS
Wash with Soap & Water .....
Washing hands,
makes
life Safe....
Wash the germs Away
Hand Soap
And you will be OK!
Thank you for washing your hands.
Clean hands stop germs.
Make some bubbles, Kill those troubles....
WASH YOUR HANDS
Give me 5!
1. Wet
2. Soap
3. Wash
4. Rinse
5. Dry
Clean Your Hands
Soap

CONTENT

Awareness Program on infection control in Perioperative period was conducted in SLIMS by deptt of anaesthesiology to highlight about the role of the perioperative environment in cross-contamination.

Nursing staff ,Postgraduate students and faculties of surgical departments attended this workshop which comprised of lectures,seminars and poster making competition highlighting the importance of infection control measures in operation theatres and postop recovery wards in the prevention of Hospital acquired infections.

The event commenced with introductory lecture by head of deptt anaesthesia highlighting the Roadmap to perioperative infection control, describing simple, evidence-based interventions, designed to protect patients and providers.

Step 1: hand hygiene

- Place alcohol-based sanitizer on the IV pole to left
- Double glove during induction
- Place dirty equipment in sealed bag

Step 2: environmental cleaning

- Organizing-place “dirty” bag for collecting all contaminated instruments to the providers right
- Frequency: wipe down all equipment after induction with sanitizing wipes
- Quality: use top down approach, wiping AWE with quaternary ammonium compounds and then follow up by wiping with microfiber cloth
- UV-C: use UV-C to treat At-risk rooms, along with enhanced terminal cleaning

Step 3: patient decolonization

- Apply standard PPE for procedures for known cases
- Use preprocedural chlorhexidine, nasal povidone iodine and chlorhexidine oral rinse

Step 4: vascular care

- Create a closed lumen IV system

- Place disinfection caps for syringe and hub disinfection, in close proximity to provider (left IV pole)
- Keep syringes disinfected and scrub all ports.

Step 5: surveillance

- Use evidence-based surveillance for system optimization and sustainability.

Medical superintendent Sir shed light on close association among important sources of perioperative pathogen vectors: (1) the anesthesia provider, (2) the operative patient, and (3) the operative environment (4) the Surgeon. A complex dynamic exists as an anaesthesiologist and the surgeon must interface rapidly with these vectors in parallel to provide safe perioperative patient care which makes the risk for pathogen cross-contamination seemingly inevitable.

Deputy medical superintendent madam gave a lecture on Overview of a Perioperative Infection Control Bundle emphasizing the role of anesthesia providers and surrounding reservoirs in transmission of infectious pathogens.

Following lectures,
poster making competition was conducted among nursing staff and post graduate students highlighting the importance of ot decontamination, hand hygiene and judicious use of antibiotics.

Head of the Institute Sign

SEAL

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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Youth Red Cross

AWARENESS PROGRAM ON MATERNAL NUTRITION

DATE: 25.08.2022

TIME: 2.30pm – 3.00pm.

EVENT: Awareness program on Maternal Nutrition.

VENUE: Gorimedu, Puducherry

SCHEME: Awareness Program.

ORGANISED BY: Department of Obstetrics & Gynecology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 21

PARTICIPANTS LIST:

SL. NO	UNIVERSITY REG.NO	NAME OF THE STUDENT
1.	U19MB279	BAVINENI RAMYA SAI SREE
2	U19MB254	ABINAYA SHANMUGAM
3	U19MB270	ARNAB JYOTI DAS
4	U19MB311	SARITHA
5	U19MB274	ASHA J
6	U19MB311	KARTHIKA M
7	U19MB300	INFANTA APARNA A
8	U19MB317	KUMAVAT AKSHADA SHRIKRISHNA
9	U19MB370	SHWETHAMBARI
10	U19MB328	MOHAMED MUZZAMIL T
11	U19MB276	ATHULYA RAVINDRAN
12	U19MB343	PRIYADHARSHINI M
13	U19MB361	SANTHOSH M
14	U19MB351	RAJESHWARI V
15	U19MB381	SUGANTHI CLARET D
16	U19MB391	UGARSAN P
17	U19MB394	VIJITHA VIJAYAN
18	U19MB374	SIRSHAK NANDY
19	U19MB355	RIYA BRUNO
20	U19MB350	RAJAGOPAL R
21	U19MB330	MONICA K

AWARENESS PROGRAM ON MATERNAL NUTRITION

CONTENT:

For making AWARENESS PROGRAM ON MATERNAL NUTRITION, M.B.B.S., students were asked to create new catchy slogans. Many students have participated with interest and shown their creativity. Burden of health problem includes maternal nutrition, eating disorder, early pregnancy & child birth, obesity, iron and folic acid intake.

MATERNAL NUTRITION -There is increase in nutritional requirement during this period of rapid growth micronutrient being as important as energy and protein. Undernutrition often results in anemia in mother and neurological deficits in babies.

EATING DISORDER - ANOREXIA NERVOSA & BULIMIA- Charecterized by Recurrent episodes of binge eating , Recurrent inappropriate compensatory behavior to prevent weight gain, such as self induced vomitting, misuse of laxatives, diuretics enemas, fasting or excessive exercise . Affected patients have comorbidities like depression and psychosis.

IMPACT OF IRON DEFICIENCY DURING PREGNANCY- Iron deficiency during pregnancy is one of the leading causes of anemia in infants and young children. Many women go through the entire pregnancy without attaining the minimum required intake of iron. Iron deficiency usually develops slowly over time, and may not be symptomatic, or clinically obvious. Once iron stores are completely depleted, iron accessibility to the tissues decline leading to symptomatic anemia. With more severe degrees of anemia, cardiac failure may develop. During pregnancy, iron deficiency anemia correlates with negative perinatal outcomes including premature labor, intrauterine growth retardation, low birth weight, birth asphyxia, and neonatal anemia.

HYPEREMESIS GRAVIDARUM- severe and persistent nausea and vomiting during pregnancy - can adversely affect maternal mental health and maternal-fetal attachment. Pregnant women with HG appear to be at elevated risk of mental health difficulties during pregnancy, even when the symptoms of HG resolve. It can lead to dehydration, weight loss, and electrolyte imbalances.

EARLY PREGNANCY & CHILD BIRTH - Adolescent pregnancy are also at increased risk of under nutrition, iron deficiency, preterm labor, prolonged and obstructed labor, and postpartum hemorrhage. Many girls who become pregnant have to drop out of school. Newborns born to adolescent mothers are also more likely to have low birth weight, with the risk of long-term effects.

The above problems were discussed and awareness was created among the pregnant women.

Head of the Institute Sign

Seal

DEPARTMENT OF COMMUNITY MEDICINE

SCHOOL HEALTH PROGRAMME ON MENSTRUAL HYGEINE

Name of School: Govt. High School

Place: Pillayarkuppam

College Name: Sri Lakshmi Narayana Institute of Medical Science

Presenters: Athulya and Iswarya

Mentor: Dr. Darshana

No of Participants: 45

Date and Time: 20th February 2023; 14:00

Synopsis: Education to students about the importance of menstrual hygiene

SUMMARY

The session was carried out by Iswarya and Athulya, under the guidance of Dr. Darshana, Dept. of Community Medicine. Around 35 girl students from classes 6 to 9 attended the session. The students were given a brief idea about the importance of menstrual hygiene and the consequences if it is not maintained.

PARTICIPANT LIST:

1	U19MB251	AAYESHA TAUHEED
2	U19MB252	ABHIJITH A

3	U19MB253	ABIHA SHERIN M
4	U19MB254	ABINAYA SHANMUGAM
5	U19MB255	ADHITI PRAKASH
6	U19MB256	ADITHYA S KUMAR
7	U19MB257	S M AISHMEKA SAIRA
8	U19MB258	AISHU MUPPANENI
9	U19MB260	AKASH P
10	U19MB261	AMIR FAJURA A
11	U19MB262	AMLAN KUMAR KAR
12	U19MB263	ANANDHA VIGNESHVAR A
13	U19MB264	ANISHA C
14	U19MB265	ANMOL KAUL
15	U19MB266	ANNET GERIZIM
16	U19MB267	ANUSHA MOL VINCENT VJP
17	U19MB268	ARAVIND N
18	U19MB269	ARNAB ADHIKARI
19	U19MB270	ARNAB JYOTI DAS
20	U19MB271	ARTHY M
21	U19MB272	ARUNESHWARAN N
22	U19MB273	ARUSHI MAHINDRA GAIKWAD
23	U19MB274	ASHA J
24	U19MB275	ASHMI RAHIMAN
25	U19MB276	ATHULYA RAVINDRAN
26	U19MB277	BALAJI M
27	U19MB278	BALAJI S
28	U19MB279	BAVINENI RAMYA SAI SREE
29	U19MB280	BHUVAN SUNDAR M
30	U19MB281	BIPIN HARIKUMAR
31	U19MB282	BOOPATHISHANKAR K
32	U19MB283	CAMILUS D
33	U19MB284	CELINA OKRAM
34	U19MB285	CHALLA SINDHOOR
35	U19MB286	CHATE RUTUJA BHALCHANDRA
36	U19MB287	DHARSHANA G
37	U19MB288	K DHARSHNI
38	U19MB289	DHIR ASUTOSH ASHIM
39	U19MB291	FATHIMA R S
40	U19MB292	GOKUL R
41	U19MB293	GOKULAANITHI R
42	U19MB294	GOVARDANAN M
43	U19MB295	GRACE JENIFER S
45	U19MB297	HARISH S

OUTLINE

SRI LAKSHIMI NARAYANA INSTITUTE OF MEDICAL SCIENCES
மாதவிடாய் குறைகள்
• சீர்யான சுழற்சியில் மாதவிடாய் தீகழாமல்
• மாறுபட்ட சுழற்சியில் மாதவிடாய்
• மாதவிடாய் 3-6 மாதங்கள் வராமல்
• கருக்குழாய் அடைப்பின் காரணமாக
• அதிக அளவு உதிர்ப்போக்கு
• மாதசுழற்சிக்கு இடையில் உதிர்ப்போக்கு
மாதவிடாய் காலங்களில் பயன்படுத்தவேண்டியவை
• சானிட்டரி நாப்கின்
• துணி நாப்கின்
• மாதவிடாய் கோப்பைகள்
• TAMPON
தீய விளைவுகள்
• சிறுநீர் பாதை நோய்த்தொற்றுகள்
• கருக்குழாய் அடைப்பு
• கருவுறாமை
• கருமுட்டை உண் குறைதல்
• மார்பக மற்றும் கர்பபை புற்றுநோய்
மாதவிடாய் சுகாதாரம்
Premenstrual Syndrome (PMS) Symptoms
Bloating
Irritability
Backaches
Headaches
Breast Soreness
Acne
Food Cravings
Excessive Fatigue
Depression
Anxiety
Feelings of Stress
Insomnia
Constipation
Diarrhea
Mild Stomach Cramps
சுகாதாரம் கடைப்பிடிப்பது
• பிறப்புறுப்பு சுத்தம்
• உதிர்ப்போக்கு பயன்பாடு
• அவ்வபோது சுத்தம்
• அடிக்கடி PAD மாற்றவும்
• உள்ளாடை சுத்தம்
• கை கழுவுதல்
தயார்படுத்திக்கொள்ள வேண்டியவை
PAD வைத்துக்கொள்ளவேண்டும்
TRACK PERIODS.
மாதவிடாய் காலங்களில் பயன்படுத்தவேண்டியவை
• தினமும் குளிக்கவும்
• பிறப்புறுப்பு பகுதியை கழுவவும்
• சுத்தமான உள்ளாடை பயன்படுத்தவேண்டும்
• அடிக்கடி PAD மாற்றவும்
• உள்ளாடை கறை · கிருமி நீக்கம்
• PAD முறையாக அப்புறப்படுத்துங்கள்
Home relief FOR PERIOD PAIN
மாதவிடாய்யின் போது எடுத்துக் கொள்ள வேண்டியவை
நிறைய தண்ணீர் குடியுங்கள்
கால்சியம் சேர்த்துக்கொள்ளவும்
சாக்லேட், இரும்புச் சத்து
கொழுப்பு வேண்டாம்
நார்ச்சத்து, வைட்டமின் B6
ATHULYA-R
ISWARYA-T

- Methods of sanitation
- Ways to maintain menstrual hygiene
- Myths regarding menstruation
- Ill effects of not maintaining menstrual hygiene

FEEDBACK

We put in all efforts to convey the message regarding the importance of menstrual hygiene and the students present also reciprocated. They were able to understand and raise further queries regarding the session. On the whole, carrying out the session was a good experience and we believe the students were able to grasp the information conveyed.

HEAD OF THE INSTITUTE SIGN AND SEAL

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AWARENESS PROGRAMME ON MRSA screening among health care workers

EVENT DATE:22.11.2022

TIME:1.30pm–3.30 pm.

EVENT: Awareness Programme on MRSA screening among health care workers

VENUE: OPD block, SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY:Department of Microbiology ,Sri Lakshmi Narayana Institute of Medical Sciences , Puducherry

NO.OF PARTICIPANTS:20

PARTICIPANTS LIST:

S.No	Name of the Nursing staff
1	Ms. R. A. Semmalar
2	Ms. S. Susila
3	Ms. H. Ramya
4	Ms.S. Kalpana
5	Ms. M. Nirmala
6	Ms. S. Mullaimalar
7	Ms. P. Kalpana devi
8	Ms. R. Savitha
9	Ms. R. Saritha
10	Ms. Merlin Sheeja
11	Ms. Flary roselin
12	Ms. Sivakami
13	Ms. Marina gowri
14	Ms. G. Malathi
15	Ms.S. Sumitra
16	Ms. P. Jasmin selvakumari
17	Ms. Gomathi
18	Ms. D. Anbu
19	Ms. Reka
20	Ms. Malini

AWARENESS PROGRAMME ON MRSA
screening among health care workers

CONTENT:

As part of the World Antimicrobial Awareness Week 2022, Department of Microbiology conducted MRSA screening among health care workers", on 22.11.22 – 1.30 pm to 3.30 pm, in OP block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry.

20 Nursing staffs were the participants. An introductory talk on the transmission of MDROs in hospitals through health care workers was given, focussing on the infection control measures to prevent the transmission. The indications for conducting surveillance of MDROs was also discussed. After the session, swabs were taken from the anterior nares of the staffs, for screening of MRSA. The treatment to be given for MRSA colonisation was also explained. MRSA are strains of S. aureus that are resistant to medicines in the beta-lactam class, such as penicillins, cephalosporins, and carbapenems. While MRSA is not more virulent or pathogenic than other methicillin-sensitive S. aureus (MSSA) strains, it does present additional treatment difficulties since there are fewer effective medicines available, and it is linked to higher morbidity and death rates. Following interaction with MRSA-positive individuals in an HCF or in the community, HCWs may get the infection. MRSA outbreaks that have been epidemiologically associated to colonised or infected HCWs, particularly when they have exfoliative skin diseases, skin infections, or respiratory tract infections, have been described in various investigations. HCWs with known MRSA should be cleared using all feasible means. To lessen the risk of MRSA acquisition and transmission by HCWs to their patients or residents, careful adherence to conventional and transmission-based contact precautions is necessary.

Head of the Institute Sign & Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
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Osudu, Agaram, Kudapakkam Post,
Villianur Commune, Puducherry - 605502.

DEPARTMENT OF COMMUNITY MEDICINE

SCHOOL HEALTH PROGRAMME ON NUTRITION

Name of School: Govt. High School

Place: Pillaiyarkuppam

College Name: Sri Lakshmi Narayana Institute of Medical Science

Presenters: Abhijit A, Fathima, and Arushi

Mentor: Dr. karthika

No of Participants: 45

Date and Time: 20th February 2023; 14:00

Synopsis: Education to students about the importance of menstrual hygiene

SUMMARY

The session was carried out by Abhijit, Fathima, and Arushi, under the guidance of Dr.karthika, Dept. of Community Medicine. Around 150 students from classes 6 to 9 attended the session. The students were educated about nutrition and its effect on our bodies and our daily life activities.

LIST OF PARTICIPANTS:

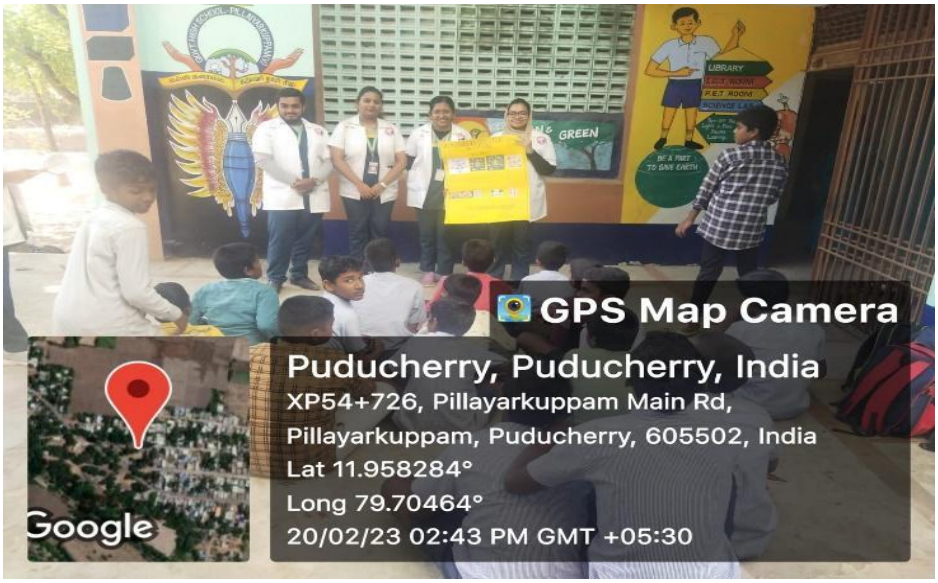
SL. NO.	*REG. NO.*	*Name of the Students*

1	U19MB251	AAYESHA TAUHEED
2	U19MB252	ABHIJITH A
3	U19MB253	ABIHA SHERIN M
4	U19MB254	ABINAYA SHANMUGAM
5	U19MB255	ADHITI PRAKASH
6	U19MB256	ADITHYA S KUMAR
7	U19MB257	S M AISHMEKA SAIRA
8	U19MB258	AISHU MUPPANENI
9	U19MB260	AKASH P
10	U19MB261	AMIR FAJURA A
11	U19MB262	AMLAN KUMAR KAR
12	U19MB263	ANANDHA VIGNESHVAR A
13	U19MB264	ANISHA C
14	U19MB265	ANMOL KAUL
15	U19MB266	ANNET GERIZIM
16	U19MB267	ANUSHA MOL VINCENT VJP
17	U19MB268	ARAVIND N
18	U19MB269	ARNAB ADHIKARI
19	U19MB270	ARNAB JYOTI DAS
20	U19MB271	ARTHY M
21	U19MB272	ARUNESHWARAN N
22	U19MB273	ARUSHI MAHINDRA GAIKWAD
23	U19MB274	ASHA J
24	U19MB275	ASHMI RAHIMAN
25	U19MB276	ATHULYA RAVINDRAN
26	U19MB277	BALAJI M
27	U19MB278	BALAJI S
28	U19MB279	BAVINENI RAMYA SAI SREE
29	U19MB280	BHUVAN SUNDAR M
30	U19MB281	BIPIN HARIKUMAR
31	U19MB282	BOOPATHISHANKAR K
32	U19MB283	CAMILUS D
33	U19MB284	CELINA OKRAM
34	U19MB285	CHALLA SINDHOOR
35	U19MB286	CHATE RUTUJA BHALCHANDRA
36	U19MB287	DHARSHANA G
37	U19MB288	K DHARSHNI
38	U19MB289	DHIR ASUTOSH ASHIM
39	U19MB291	FATHIMA R S
40	U19MB292	GOKUL R
41	U19MB293	GOKULAANITHI R
42	U19MB294	GOVARDANAN M
43	U19MB295	GRACE JENIFER S
45	U19MB297	HARISH S

OUTLINE

- Introduction about the theme
- Sources of nutrition
- Nutrition deficiencies
- PHC visit and follow up
- Govt programs and schemes
- Summary and take-home messages on nutrition

- feedback


LIBRARY
PET ROOM
GREEN
BE A FIRST TO SAVE EARTH
GPS Map Camera
Puducherry, Puducherry, India
XP54+726, Pillayarkuppam Main Rd,
Pillayarkuppam, Puducherry, 605502, India
Lat 11.958284°
Long 79.70464°
20/02/23 02:43 PM GMT +05:30
Google

FEEDBACK

We did our best to educate the students about their health. After the nutrition sessions, we discussed with the students and were able to clear their doubts regarding the topic and programs.
We made the students and the faculty present understand clearly the advantages of the programs.

On the whole, we had a good experience educating them and we also believe that the students gained knowledge on nutrition.

Head of the Institute Sign and Seal

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INSTITUTE OF MEDICAL SCIENCES
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ORAL CANCER- AWARENESS PROGRAMME

EVENT DATE: 08.07.2022

TIME: 2.30pm – 3.00pm.

EVENT: ORAL CANCER- Awareness Program

VENUE: SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Dentistry, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 34

PARTICIPANTS LIST:

S.No	NAME	University No.
	AAYESHA TAUHEED	U19MB251
	ABHIJITH A	U19MB252
	ABIHA SHERIN M	U19MB253
	ABINAYA SHANMUGAM	U19MB254
	ADHITI PRAKASH	U19MB255
	ADITHYA S KUMAR	U19MB256
	S M AISHMEKA SAIRA	U19MB257
	AISHU MUPPANENI	U19MB258
	AJETH R	U19MB259
	AKASH P	U19MB260
	AMIR FAJURA A	U19MB261
	AMLAN KUMAR KAR	U19MB262
	ANANDHA VIGNESHVAR A	U19MB263
	ANISHA C	U19MB264
	ANMOL KAUL	U19MB265
	ANNET GERIZIM	U19MB266
	ANUSHA MOL VINCENT VJP	U19MB267
	ARAVIND N	U19MB268
	ARNAB ADHIKARI	U19MB269
	ARNAB JYOTI DAS	U19MB270
	ARTHY M	U19MB271
	N ARUNESHWARAN	U19MB272
	ARUSHI MAHINDRA GAIKWAD	U19MB273
	ASHA J	U19MB274
	ASHMI RAHIMAN	U19MB275
	ATHULYA RAVINDRAN	U19MB276
	BALAJI M	U19MB277
	BALAJI S	U19MB278
	BAVINENI RAMYA SAI SREE	U19MB279
	BHUVAN SUNDAR M	U19MB280
	BIPIN HARIKUMAR	U19MB281
	BOOPATHISHANKAR .K	U19MB282
	CAMILUS D	

ORAL CANCER -AWARENESS PROGRAMME

CONTENT:

The term oral cancer includes cancers of the mouth and the pharynx (the back of the throat). Tobacco and alcohol use. Most cases of oral cancer are linked to cigarette smoking, heavy alcohol use, or the use of both tobacco and alcohol together. Using tobacco plus alcohol poses a much greater risk than using either substance alone. HPV. Infection with the sexually transmitted human papillomavirus (specifically the HPV 16 type) has been linked to a subset of oral cancers. Age. Risk increases with age. Oral cancer most often occurs in

people over the age of 40. Sun exposure. Cancer of the lip can be caused by sun exposure. Diet. A diet low in fruits and vegetables may play a role in oral cancer development.

The possible signs and symptoms of oral cancer. A sore, irritation, lump or thick patch in the mouth, lip, or throat. A white or red patch in the mouth. A feeling that something is caught in the throat • Difficulty chewing or swallowing • Difficulty moving the jaw or tongue • Numbness in the tongue or other areas of the mouth • Swelling of the jaw that causes dentures to fit poorly or become uncomfortable • Pain in one ear without hearing loss A person who has any of these symptoms for more than 2 weeks should see a dentist or doctor for an oral cancer exam. Most often, symptoms like those listed above do not mean ca

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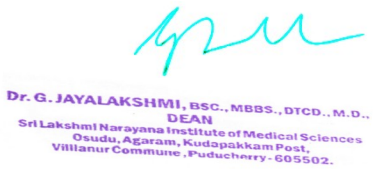

Head of the Institute Sign

Seal

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AWARENESS PROGRAM ON PERSONAL HYGIENE AND SAFETY MEASURE

EVENT DATE: 15 .03.2023

TIME: 2.30pm – 3.30pm.

EVENT: Awareness Program on Personal Hygiene and Safety Measure

VENUE: Lecture Hall 2, College block, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry., Puducherry

SCHEME: Awareness Program

ORGANISING BY : Department of Microbiology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS:39

Participant list

S.no	Name of the student	Student Unique Enrolment ID
1	GOURI JAYAKRISHNAN	U20MB291
2	HARINI SANKAR P	U20MB292
3	HARIPRASATH S	U20MB293
4	HARSHITHA BITRA	U20MB294
5	HEMALATHA M	U20MB295
6	HISHA TEP	U20MB296
7	ILAKIYADEVI T	U20MB297
8	INDUMATHI D	U20MB298
9	JAILEKHHA L	U20MB299
10	JAYASHREE J	U20MB300
11	JAYASREE E	U20MB301
12	JEYA HAMSA VARTHNI M B	U20MB302
13	JOSHUA VARGHESE PUTHURAN	U20MB303
14	KARTHICK VISWANATH R	U20MB304
15	KAVIN KISHORE G P	U20MB305
16	KAVIYA S	U20MB306
17	KEERTHANA V	U20MB307
18	K KEERTHANAA	U20MB308
19	KEERTHI VARSHINE K	U20MB309
20	KEERTHIVASAN J	U20MB310
21	KESHAV RAJ V	U20MB311
22	KHATOON NAIMA NASEEM	U20MB312
23	B KISHORE KUMAR	U20MB313
24	KOTHER HUSSAIN M	U20MB314
25	KRISHNA BHARGAV K S	U20MB315
26	KRITHIK COUMAR S	U20MB316
27	KUMAR PRATYUSH	U20MB317

28	MA MADHVAN	U20MB318
29	MANHAOO PASWET	U20MB319
30	MANSI	U20MB320
31	MAYIL VAGANAN S	U20MB321
32	MEEJURU SAI SUSHWANTH	U20MB322
33	MOGLI APURVA RAVINDRA	U20MB323
34	MOHAMED RIYAZ PEER S	U20MB324
35	MOHAMED SHYAM S	U20MB325
36	MOHAMMED KAMAR ALAM A	U20MB326
37	MORE RENUKA BALAJI	U20MB327
38	MRITULLA S	U20MB328
39	NANDHA S L	U20MB329

AWARENESS PROGRAM ON PERSONAL HYGIENE AND SAFETY MEASURE

CONTENT:

Department of Microbiology organized an **awareness programme on Personal Hygiene and Safety Measure, on 15.03.23 – 2.30 pm to 3.30 pm, in Lecture Hall 2 , College block , organized by Department of Microbiology, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry**.

Second year MBBS students were the participants. Good personal hygiene is one of the best ways to protect yourself from getting gastro or infectious diseases such as COVID-19, colds and flu. Washing your hands with soap removes germs that can make you ill. Maintaining good personal hygiene will also help prevent you from spreading diseases to other people.

Personal hygiene includes:

- cleaning your body every day
- washing your hands with soap after going to the toilet
- brushing your teeth twice a day
- covering your mouth and nose with a tissue (or your sleeve) when sneezing or coughing
- washing your hands after handling pets and other animals

To slow the spread of COVID-19, you should:

- wash your hands often with soap and water or alcohol-based hand sanitisers
- avoid touching your eyes, nose and mouth
- clean and disinfect surfaces you use often such as benchtops, desks and doorknobs
- clean and disinfect objects you use often such as mobile phones, keys, wallets and work passes
- increase the amount of fresh air by opening windows or changing air conditioning

Why is personal hygiene important?

Good hygiene is vital because it helps prevent you and your children from getting or spreading germs and infectious diseases. The germs that cause many diseases can be passed on through touching other people, getting faeces (poo) on your hands, handling contaminated food, or coming into contact with dirty surfaces or objects.

Head of the Institute Sign & Seal

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Youth Red Cross

AWARENESS PROGRAM ON POSTPARTUM DEPRESSIVE DISORDER

DATE: 18.11.2022

TIME: 2.30pm – 3.00pm.

EVENT: Awareness program on postpartum depressive disorder

VENUE: Gorimedu, Puducherry

SCHEME: Awareness Program

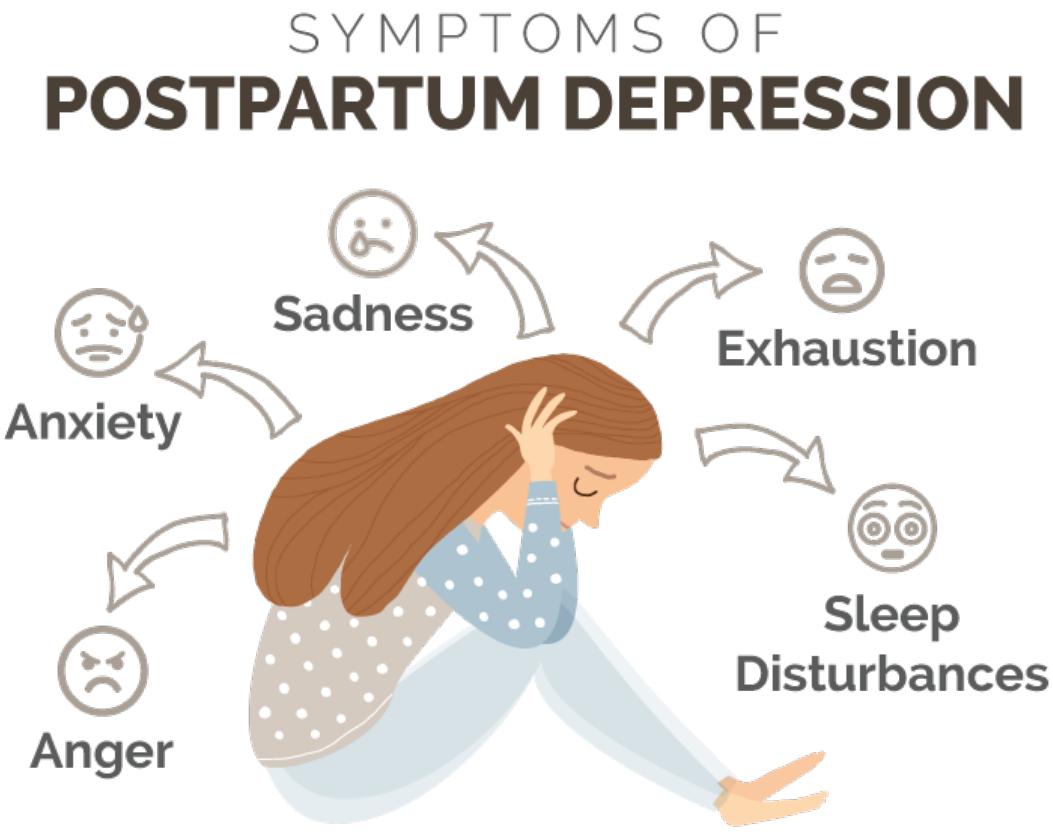
ORGANISED BY: Department of Obstetrics & Gynecology , Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

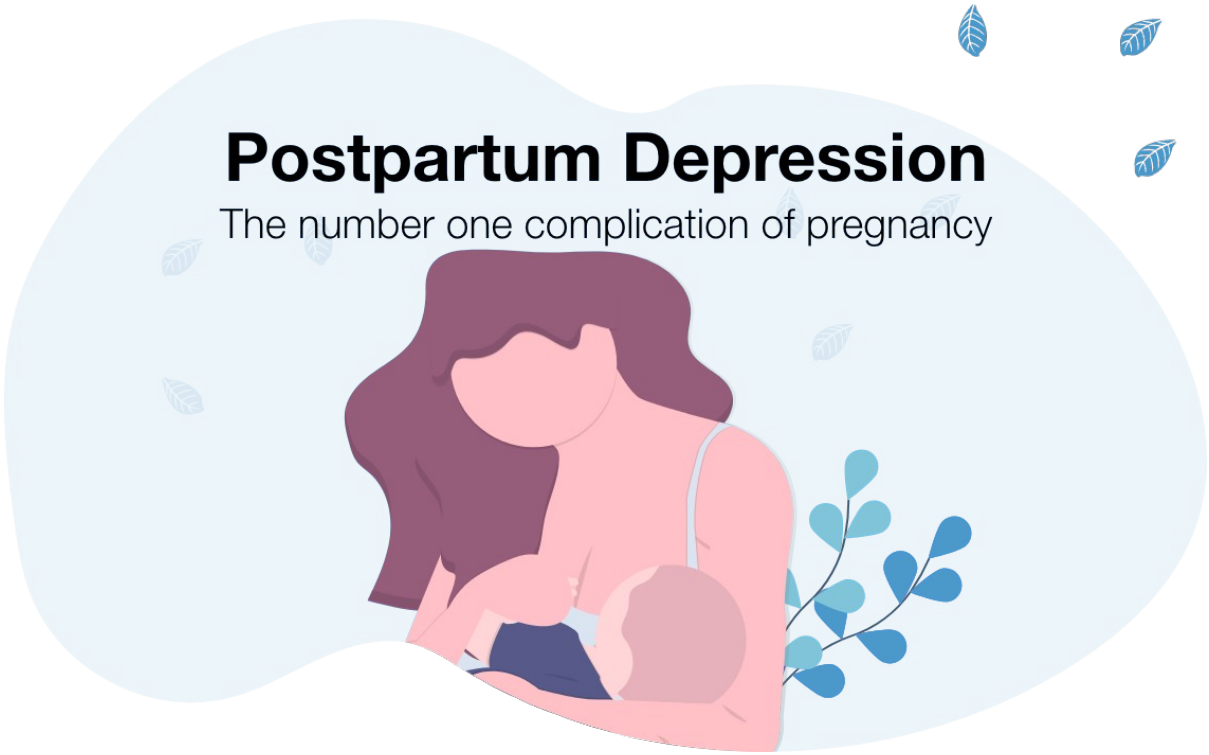
NO. OF PARTICIPANTS:24

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	*SWATHI LAKSHMI R*	*U20MB384*
2.	*HARA C*	*U20MB389*
3.	*VIKRAMAN B*	*U20MB396*
4.	*WALLIS JOHN*	*U20MB399*
5.	*AJETH R*	*U20MB259*
6.	*EZHILMARAN R*	*U20MB290*
7.	*JAYA CHANDRAN B*	*U20MB305*
8.	*SANDEEP P*	*U20MB359*
9.	*DATTATREYA BHATTACHARJEE*	*U18MB279*
10.	*YUKESH KANNA T*	*U20MB399*
11.	*THILAK A P T*	*U20MB392*
12.	*SUSHMITHA M*	*U20MB381*
13.	*SINDHU S*	*U20MB373*
14.	*RISHI VARTHINI T K*	*U20MB356*
15.	*REONA NONGTHOMBAM*	*U20MB352*
16.	*PRAHANYA DARSHINI D*	*U20MB340*
17.	*NAWINKUMAR N S*	*U20MB332*
18.	*MORE RENUKA BALAJI*	*U20MB327*
19.	*MEEJURU SAI SUSHWANTH*	*U20MB322*
20.	*KRISHNA BHARGAV K S*	*U20MB315*
21.	*JOSHUA VARGHESE PUTHURAN*	*U20MB303*
22.	*HARIPRASATH S*	*U20MB293*
23.	*DEVANSHU BASOYA*	*U20MB284*
24.	*DHAARANI R*	*U20MB285*

AWARENESS PROGRAM ON POSTPARTUM DEPRESSIVE DISORDER





CONTENT

Postpartumdepression (PPD) is a complex mix of physical, emotional, and behavioral changes that happen in some women after giving birth. According to the DSM-5, a manual used to diagnose mental disorders, PPD is a form of major depression that begins within 4 weeks after delivery. The diagnosis of postpartum depression is based not only on the length of time between delivery and onset but on the severity of the depression.

The chemical changes involve a rapid drop in hormones after delivery. The actual link between this drop and depression is still not clear. But what is known is that the levels of estrogen and progesterone, the female reproductive hormones, increase tenfold during pregnancy. Then, they drop sharply after delivery. By 3 days after a woman gives birth, the levels of these hormones drop back to what they were before pregnancy.

SIGNS AND SYMPTOMS;

1. Trouble sleeping
2. Appetide changes
3. Severe fatigue
4. Lower libido
5. Frequent mood changes

With PPD, these come along with other symptoms of major depression, which aren't typical after childbirth, and may include:

- Being uninterested in your baby or feeling like you're not bonding with them
- Crying all the time, often for no reason
- Depressed mood
- Loss of pleasure
- Feelings of worthlessness, hopelessness, and helplessness
- Thoughts of death or suicide
- Thoughts of hurting someone else

Untreated postpartum depression can be dangerous for new moms and their children. A new mom should seek professional help when:

- Symptoms persist beyond 2 weeks
- They can't function normally
- They can't cope with everyday situations
- They have thoughts of harming themselves or their baby
- They're feeling extremely anxious, scared, and panicked most of the day

There's no one cause of postpartum depression, but these physical and emotional issues may contribute:

- **Hormones.** The dramatic drop in estrogen and progesterone after you give birth may play a role. Other hormones produced by your thyroid gland also may drop sharply and make you feel tired, sluggish and depressed.
- **Lack of sleep.** When you're sleep-deprived and overwhelmed, you may have trouble handling even minorproblems.
- **Anxiety.** You may be anxious about your ability to care for a newborn.
- **Self-image.** You may feel less attractive, struggle with your sense of identity, or feel that you've lost control over your life. Any of these issues can contribute to postpartum depression.

- **Postpartum Depression Treatment**

- Postpartum depression is treated differently, depending on the type of symptoms and how
- severe they are. Treatment options include anti-anxiety severe cases, an IV of a new medication called brexanolone (Zulresso) may be prescribed.
- In the case of postpartum psychosis, drugs used to treat psychosis are usually added. Hospital admission is also often necessary.
- If you are breastfeeding, don't assume
  or antidepressant medications, psychotherapy, and participation in a support group for emotional support and education. For that you can't take medication for depression, anxiety, or even psychosis. Talk to your doctor. Under a doctor's supervision, many women take medication while breastfeeding. This is a decision to be made between you and your doctor.

Head of the Institute Sign

Seal

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AWARENESS PROGRAM ON EFFECTS OF DRUG ABUSE AMONG SCHOOL CHILDREN

EVENT DATE: 22.08.2022

TIME: 2.00pm – 3.00pm.

EVENT: Awareness Program on Effects of Drug Abuse Among School Children

VENUE: Govt. High School, Seliyamedu, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department Of Psychiatry, SLIMS, Pondicherry

- NSS.

NO. OF PARTICIPANTS: 35

AWARENESS PROGRAM ON EFFECTS OF DRUG ABUSE AMONG SCHOOL CHILDREN

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	U20MB276	BHARATHIDASAN P
2.	U20MB277	BHOSALE PAVAN MOHAN
3.	U20MB278	BOBBY YADAV
4.	U20MB279	BOOMASIDDANANTHI UM
5.	U20MB280	BORA SHANMUKHA LALITHA PRIYA
6.	U20MB289	EMIKA C KHONGJEE TARIANG
7.	U20MB290	GOKUL KUMAR M
8.	U20MB291	GOURI JAYAKRISHNAN
9.	U20MB292	HARINI SANKAR P
10.	U20MB293	HARIPRASATH S
11.	U20MB294	HARSHITHA BITRA
12.	U20MB295	HEMALATHA M
13.	U20MB298	INDUMATHI D
14.	U20MB299	JAILEKHHA L
15.	U20MB300	JAYASHREE J
16.	U20MB301	JAYASREE E
17.	U20MB302	JEYA HAMSA VARTHNI M B
18.	U20MB303	JOSHUA VARGHESE PUTHURAN
19.	U20MB304	KARTHICK VISWANATH R
20.	U20MB305	KAVIN KISHORE G P
21.	U20MB311	KESHAV RAJ V
22.	U20MB312	KHATOON NAIMA NASEEM
23.	U20MB313	B KISHORE KUMAR
24.	U20MB314	KOTHER HUSSAIN M

S.No	NAME	University No.
25	U20MB324	MOHAMED RIYAZ PEER S
26	U20MB325	MOHAMED SHYAM S
27	U20MB326	MOHAMMED KAMAR ALAM A
28	U20MB327	MORE RENUKA BALAJI
29	U20MB328	MRITULLA S
30	U20MB329	NANDHA S L
31	U20MB330	NANDHINI MANIMARANE
32	U20MB331	NAVEENKUMAR M
33	U20MB332	NAWINKUMAR N S
34	U20MB333	B S NEHA SIRI
35	U20MB334	NILOFUR NISHA I

CONTENT:

Awareness class on effects of drugs abuse among school children was conducted by Dr.Ramkumar, Assistant Professor, Dept. of Psychiatry in Govt. High school, Seliyamedu, Pondicherry and many students got benefited from this awareness class and about 35 MBBS students participated the awareness program.

The drug abuse among school students is an increasing social phenomenon. This trend has caused widespread concern among parents and educators who feel something should be done to stem the tide of drug abuse. Drug Education can play a counterbalancing role in shaping a normative culture of safety and moderation.

"How can you fight in schools against drugs?" and the answer is "By giving students the facts.

Drug Education is defined as largely concerned with encouraging and developing educational ways to support and empower individuals, families and communities in the acquisition of knowledge, attitudes and skills with which to avoid or reduce the development of drugs misuses and drug related harm. It is about work with young people at schools by clearly setting out the wider boundaries of Prevention and Drug Education.

The following measures would be particularly useful for prevention and control of alcohol and drug abuse in adolescents.

1. **Avoid undue Peer Pressure**: Every child has his/her own choice and personality, which should be kept in mind. So a child should not be pressed unduly to do beyond his/ her capacities, be it studies, sports etc.

2. **Education and counselling**: Education and counselling are very important to face problems, stresses, disappointments and failure in life. These should be taken as part of life. One should utilize a child's energy in some other activities like sports, music, reading, yoga and other extra-curricular activities.

3. **Seeking help from parents and peers:** Whenever, there is any problem, one should seek help and a guidance from parents

Head of the Institute Sign

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
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Seal

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AWARENESS PROGRAM ON EFFECTS OF DRUG ABUSE AMONG SCHOOL CHILDREN

EVENT DATE: 09.03.2023

TIME: 10.00am – 11.00am.

EVENT: Awareness Program on Effects of Drug Abuse Among School Children

VENUE: Govt. High School, Sellipet, Pondicherry

SCHEME: Awareness Program

ORGANISED BY: Department Of Psychiatry, SLIMS, Pondicherry - NSS.

NO. OF PARTICIPANTS: 48

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	AANNIE SHERLINE RAJAM.L	U17MB251
2.	AARTHISEKAR . D	U17MB252
3.	AARYA R BABU	U17MB253
4.	ABHIJITH.K	U17MB254
5.	ABHISHEK KUMAR VISHWAKARMA	U17MB256
6.	BATCHU JASWANTH BABA	U17MB278
7.	BHAGANAGARAPU BHARGAV SEETA RAM	U17MB279
8.	BHARGAV JYOTI BORAH	U17MB280
9.	BHAVYA GUPTA	U17MB281
10.	BRAHMA PRAKASH MISHRA	U17MB282
11.	CIBIYASHREE.G	U17MB285
12.	DEBIA JERMIN	U17MB286
13.	DEEPIKA R.D	U17MB287
14.	DHANUSS BHUVAN SRITARAN	U17MB288
15.	DHIREN.S	U17MB289
16.	ELAKIYA BALA	U17MB294
17.	FEMI SREE.R.A.	U17MB295
18.	GANJI KARTHIK	U17MB296
19.	GAUTHAMAN.M	U17MB297
20.	GOKULAVAANI G K	U17MB298
21.	HARSH BHARTI	U17MB304
22.	HENRITA.I	U17MB305
23.	HIYA SAIKIA	U17MB306
24.	HRITHICK MANICKAM	U17MB307

S.No	NAME	UNIVERSITY NO.
25	JAYASHREE SAIKIA	U17MB308
26	JITHU MOHAN	U17MB309
27	KAILA PRASANTH KUMAR	U17MB310
28	KAJAL MISHRA	U17MB311
29	KAVIYA EV	U17MB312
30	KAYANAT FARHEEN	U17MB313
31	LALITHA PRIYA.G	U17MB317
32	MAGESHWAR.G.V	U17MB318
33	MALLI SOHAN	U17MB319
34	MANVITHA GOTTUMUKKALA	U17MB320
35	MEDEMPUDI REETHIKA JYOTHI	U17MB321
36.	NIKITA VERMA	U17MB338
37	NILUTPAL DAS	U17MB339
38	NISHANT BHUSAN	U17MB340
39	PANEM SAMIUNNU	U17MB341
40	PARTHA PRATIM BARUAH	U17MB342
41	RISHIKA	U17MB359
42	RISHIRAAJ KAR	U17MB360
43	RIYA M.A	U17MB361
44	ROFIQUL ISLAM	U17MB362
45	ROHAN DAS	U17MB363
46	SAKSHI SHARMA	U17MB364
47	SAMYUKTHA	U17MB365
48	SANORITA	U17MB366

AWARENESS PROGRAM ON EFFECTS OF DRUG ABUSE AMONG SCHOOL CHILDREN

CONTENT:

Dr. Subathra gave an awareness speech to the students on effects of drugs abuse among school children which was conducted in Govt. High School Along with NSS and about 48 MBBS students participated the awareness program. Many school children got benefited from this awareness program..

The drug abuse among school students is an increasing social phenomenon. This trend has caused widespread concern among parents and educators who feel something should be done to stem the tide of drug abuse. The most popular response to this problem has been to establish some type of Drug Education programs that will inform the youth of the inherent dangers.

"How can you fight in schools against drugs?" and the answer is "By giving students the facts.

Drug Education is defined as largely concerned with encouraging and developing educational ways to support and empower individuals, families and communities in the acquisition of knowledge, attitudes and skills with which to avoid or reduce the development of drugs misuses and drug related harm. It is about work with young people at schools by clearly setting out the wider boundaries of Prevention and Drug Education. The following measures would be particularly useful for prevention and control of alcohol and drug abuse in adolescents.

1. **Avoid undue Peer Pressure:** Every child has his/her own choice and personality, which should be kept in mind. So a child should not be pressed unduly to do beyond his/ her capacities, be it studies, sports etc.

2. **Education and counselling:** Education and counselling are very important to face problems, stresses, disappointments and failure in life. These should be taken as part of life. One should utilize a child's energy in some other activities like sports, music, reading, yoga and other extra-curricular activities.

3**. Seeking help from parents and peers:** Whenever, there is any problem, one should seek help and a guidance from parents

Head of the Institute Sign

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
Sri Lakshmi Narayana Institute of Medical Sciences
Osudu, Agaram, Kudapakkam Post,
Villianur Commune, Puducherry - 605502.

Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

FEMALE CHILDREN AND WOMEN SAFETY AWARENESS PROGRAMME

EVENT DATE: 08.08.2022

TIME: 2.00pm – 3.00pm.

EVENT: Female children and women safety Awareness Program

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Women Empowerment Cell, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 42

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	GNANAKANNAN.G	U13MB184
2.	HARESH.S	U13MB185
3.	HEMA PRIYA.K	U13MB186
4.	INDHUJA	U13MB187
5.	JEEVIHA.R	U13MB190
6.	JENIFER.R	U13MB191
7.	JEYABHARATHI.K	U13MB193
8.	KEERTHANA.V	U13MB195
9.	KIRTHANA.P	U13MB196
10.	KURALARASAN. M	U13MB200
11.	LOGASRI .R	U13MB201
12.	LOGESHWARAN.S	U13MB203
13.	MAHALAKSHMI.S	U13MB204
14.	MANOJ KUMAR.P	U13MB205
15.	MEGADHAARANI. S.P.	U13MB206
16.	MITHUN.B	U13MB207
17.	MOHAMED AJEEM	U13MB208
19.	MOHAMMED ASIF.K.A	U13MB210
20.	MOHAN RAJ.M.S	U13MB211
21.	MONISHA.P	U13MB212
22.	MONISHA.S	U13MB213

S.No	NAME	BATCH
23.	MONISHAA.E	U13MB214
24.	MUGESH KUMAR.D	U13MB216
25.	NAGARJUN.N	U13MB217
26.	NANDINI.A	U13MB218
27.	NIRANJANA.B	U13MB220
28.	NIVEDHINI.B.S	U13MB221
29.	NIVEDHITHA.N	U13MB222
30.	PADMAPRIYA.S	U13MB223
31.	PANDIYAN.S	U13MB224
32.	PORKODI.S	U13MB226
33.	PRATAB.J	U13MB227
34.	PRAVEEN.S	U13MB231
35.	PRAVEENA.M.F.M	U13MB232
36.	PRITHIVI RAJ.S	U13MB233
37.	PRIYADHARSHINI.R	U13MB234
38.	PRIYANE VAN ARNAULD.A	U13MB235
39	PRIYANGA.K	U13MB236

FEMALE CHILDREN AND WOMEN SAFETY AWARENESS PROGRAMME

CONTENT:

For making awareness on female children and women safety, awareness talk on precautions , handling techniques, demonstration of basic self defense mechanisms and helpline numbers available were introduced and made familiarised by conducting various sessions in the collegein association with Nation Service Scheme. Many students and faculties have participated with interest and shown their involvement

Women have landed on the Moon, walked in space, been elected as Heads of States, they have proved themselves equal to men in every way, Yet they are not safe in their own immediate surroundings.

Aggression and assault is a women's reality, crime against women is a daily occurrence, age, class, qualification hold no significance. These attacks are all abuses of power, where the attacker (mostly males) uses the act of violence to dominate and demonstrate power over the attackes.

The sad reality is that we live in an increasingly violent society in which the fear of crime is ever present. Personal safety has become an issue of importance for everyone, especially women. To survive woman need to fight back.

The first step towards effective self-defense is to realise no matter what, all of us are susceptible to various forms of crime . And it is well documented that women of all ages have successfully defended themselves against male attackers.

Eve teasing, sexual harassment, molestation, domestic, violence etc. no matter what the statistics are, if you are being harassed or assaulted it will be 100%.

The Campaign's aim is to stimulate changes in attitudes, behavior, and the environment. From its inception, the Campaign has relied on developing injury prevention strategies that work in the real world , conducting public outreach and awareness campaign.

Younger population are the backbone of India, however the backbones of female children were bent for stupidous reasons. The female children safety is more under risk without education. A large part of prevention of violence against female children is by educating parents, caregivers and children about the simple behavior modifications that can prevent needless tragedies. **“We have nothing to lose by facing our fears, but everything we lose if we don’t”**

Head of the Institute Sign

Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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International Women's day

EVENT DATE: 08.03.2023

TIME: 10.00a.m – 12.00pm.

EVENT: International Women's day

VENUE: SLIMS, Puducherry

SCHEME: International Women's day

ORGANISED BY: SLIMS, Pondicherry

NO. OF PARTICIPANTS: 50

PARTICIPANTS LIST

1.	A HELAN REENA
2.	NESIKA T
3.	ABITHA C
4.	ADHAVAN G
5.	ADRIN BOSE A
6.	AGNES STELLA J
7.	NIVEDHITHA G
8.	AKANKSHYA GOURI BHAINSA
9.	AKSHARA SHAKYA
10.	AKSHAYA N
11.	ASHIKHA G K
12.	ASMITHA S
13.	ANAMIKA
14.	ANCHANA AJITH
15.	ANGELIN NITHILA J V
16.	ANGELIN SUPRIYA R
17.	ANGRAJ SARMA GAUTAM
18.	ANITHA R
19.	SAMARTH BANDHU
20.	ANMOL VISHNOI
21.	SHAKANA S
22.	SHAMEERA SHERIF
23.	SHANMUGAPRIYA R
24.	SMARANIKA SAHOO
25.	RITIKA
26.	SANSEEKTA BISOI
27.	ARSHIYA PARVEEN
28.	SOMYAA SINGH
29.	SONAL RAHIM
30.	SOUJANYA MUNIRAJU
31.	SOUMYA PRIYADARSHINI
32.	ASHIKHA G K
33.	JAFRIN RITISHA M
34.	ASLIN MONISHA M
35.	ASMITHA S
36.	AYUSH BRAJESHKUMAR RAJ
37.	BANDARUPALLI SRI SAI JOYSHNA
38.	ILAMATHI P
39.	BIKKAVOLU TRIVIKRAM
40.	BLESSY S
41.	BRINDHA S
42.	CATHERINE STELLA A
43.	CHARUHASA R T
44.	CHERUKUMALLI MANISH
45.	CHITUKULA NAVYA SREE
46.	CHOUDHURY ABHISHEK DASH
47.	DEEKSHA B SHIRAHATTI
48.	JAFRIN RITISHA M
49.	DESAI FIYANCY SANJAYBHAI
50.	ILAMATHI AISHWARYA A P

Programme conducting for international Women's day program at SLIMS, Pondicherry

CONTENT:

International Women's Day (IWD) is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. Significant activity is witnessed worldwide as groups come together to celebrate women's achievements or rally for women's equality.

Marked annually on March 8th, IWD is one of the most important days of the year to:

- **celebrate women's achievements**
- **educate and awareness raise for women's equality**
- **call for positive change advancing women**
- **lobby for accelerated gender parity**
- **fundraise for female-focused charities**

The importance of international women's day awareness is to educate the entire person about the women's of stability and well-being and peaceful and friendly relations based on respect for women

For making Programme on women's day for M.B.B.S., students are asked to participate in the seminar and cultural. Many students have participated with interest and made the programme well.

Head of the Institute

Sign &Seal

DEAN
Sri Lakshmi Narayana
Institute of Medical Sciences
Osudu Agaram, Koodapakkam
Puducherry - 605 502.

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

GENERAL AWARENESS PROGRAMME

EVENT DATE: 19/04/2023

TIME: 3:00 PM TO 04:00 PM

EVENT: WORLD LIVER DAY

VENUE: SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES

ORGANISED BY: SLIMS

NO. OF PARTICIPANTS: 50

LIST OF PARTICIPANTS:

SL. NO	*STUDENT UNIQUE ENROLMENT NUMBER*	*NAME*
1	U18MB151	ABDUL RAHMAN.A.
2	U18MB152	ABIRAMI KAMBAN K.S
3	U18MB153	ABIRAMI.A.
4	U18MB154	AFRAA.S.
5	U18MB155	AHILA. M.
6	U18MB156	AKMAR JEBIN.V.P.
7	U18MB157	AKSHAYA. S.
8	U18MB158	ALLADI SANATH KUMAR
9	U18MB159	ANBAZHAGAN. D
10	U18MB160	ANGELIN JEEVA PUSHPAM.S
11	U18MB161	ANIK GHORAI
12	U18MB162	ANUPRIYA. B.
13	U18MB163	ANUPRIYA.S.
14	U18MB164	ANUSUYA.V. ,
15	U18MB165	ARIKO IMCHEN
16	U18MB166	ARULMOZHI. T.
17	U18MB167	ARUN KUMAR. K.
18	U18MB170	BALA PRIYADHARSHINI. P
19	U18MB168	BALAJI. S.
20	U18MB169	BALAKRISHNAN.R.
21	U18MB171	BALASUBRAMANIAN.R.
22	U18MB172	BENCY.L.
23	U18MB173	BHARANIDARAN.E.

24	U18MB174	BRINDHA.M.
25	U18MB175	CHRIS ANDREW AJAY SRIPATHAM
26	U18MB176	CHRISTOPHER. A.
27	U18MB178	DHATCHAYANI.
28	U18MB177	DEVIKA. G.
29	U18MB179	DINESH KUMAR.P.
30	U18MB180	DIVYA.A.
31	U18MB181	ELAVAZHAGHAN. R.
32	U18MB182	GANESH. S.
33	U18MB183	GAYATHRI.T.
34	U18MB184	GNANAKANNAN.G.
35	U18MB185	HARESH.S.
36	U18MB201	ABHIJITH .P
37	U18MB202	ABHINAYA .V
38	U18MB203	AJEEZZUNNISHA. A
39	U18MB205	AKSHAYA .E
40	U18MB206	ALAIMANI .V
41	U18MB207	ANAND M.W.P.
42	U18MB208	ANANDHA GEETHAM.K.S.
43	U18MB209	ANISHA .P
44	U18MB210	ANLIN JENISHA .M
45	U18MB211	ARAVIND .R
46	U18MB212	ARAVINTHANATHAN .K
47	U18MB213	ARUL PALANI MUNIYAN .G
48	U18MB214	ARUL SELVAM .S

49	U18MB215	ASHWIN JOHN
50	U18MB216	ASWATHAMAN .R

CONTENT:

THEME OF THE YEAR 2023- "BE VIGILANT, DO A REGULAR LIVER CHECK UP, FATTY LIVER CAN AFFECT ANYONE"

An awareness programme on the occasion of World Liver Day was organised for hospital employees and training students at Sri Lakshmi Narayana Institute of Medical Sciences on 19/04/2023.

The occasion was inaugurated by Honourable Dean, Dr. G. Jayalakshmi with the Medical Superintendent, Dr. Asayas Bosco, Deputy Superintendent, Dr. Kalasree, RMO, Dr. Venkatesan, ARMO, Dr. Barathalakshmi.

During the session, Medical Social worker, Ms. Karthiga R, Department of General Surgery, SLIMS, gave a special speech on World Liver Day. Dr. Ragupathi from Department of General Surgery, SLIMS, gave an informative talk on Fatty liver and its causes. Dr. Arunkumar from the department of General Medicine, SLIMS, gave a speech on liver & its functions. All participants actively interacted with the speakers and made the session fruitful. Vote of thanks was given by Ms. Karthiga, to conclude the session. Overall, the particpants greatly benefitted from the awareness programme and clarified many of their doubts on the topic of liver health.

GPS Map Camera
Villianur, Puducherry, India
WPFR+4C8, Villianur, Puducherry 605502, India
Lat 11.922592°
Long 79.741154°
19/04/23 03:11 PM GMT +05:30
Google

GPS Map Camera
Villianur, Puducherry, India
WPFR+4C8, Villianur, Puducherry
605502, India
Lat 11.922592°
Long 79.741154°
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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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COMMUNITY BASED ACTIVE CASE FINDING OF TUBERCULOSIS TRAINING PROGRAMME

EVENT DATE: 03-08-2022

TIME: 10.00 am – 2.00 pm

EVENT: Community Based active case finding training programme for Tuberculosis

VENUE: SLIMS, Puducherry

SCHEME: Screening and Awareness Program

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 38

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	AARTHISEKAR . D	U17MB252
2.	AARYA R BABU	U17MB253
3.	ABHIJITH.K	U17MB254
4.	ABHISHEIK.J	U17MB255
5.	ADITYA RAI	U17MB257
6.	ADWIZA RAI	U17MB258
7.	AFZAN.M	U17MB259
8.	AISWARYA.S.NAIR	U17MB261
9.	AKANKSHA CHOURASIA	U17MB262
10.	AMIRTHA RAJENDRA SUVETHAN D	U17MB265
11.	ANBUMANI PARYMOHAN	U17MB266
12.	ANGALAKUDURU DEEPCHAND	U16MB262
13.	ANIKET SINHA	U17MB267
14.	ANJALI GORAI	U17MB268
15.	ANNAPOORANI.L	U17MB271
16.	ATHUL S PRAMOD	U17MB276
17.	BARATH N.S	U14MB230
18.	BATCHU JASWANTH BABA	U17MB278
19.	BHAGANAGARAPU BHARGAV SEETA RAM	U17MB279
20.	BHALAKUMARAN.S	U15MB271
21.	BHARGAV JYOTI BORAH	U17MB280

S.No	NAME	University No.
22.	BHAVYA GUPTA	U17MB281
23.	BRAHMA PRAKASH MISHRA	U17MB282
24.	CHINMAY DODANI	U17MB283
25.	DEEPIKAA R.D	U17MB287
26.	DHWANI SOLANKI	U17MB290
27.	DISHAL K P	U17MB291
28.	FEMI SREE.R.A.	U17MB295
29.	GANJI KARTHIK	U17MB296
30.	GAUTHAMAN.M	U17MB297
31.	GOKULAVAANI G K	U17MB298
32.	GOWTHAM BJ	U17MB299
33.	GRANDHI KARISHMA	U17MB300
34.	GREESHMA SHAJI .K	U17MB301
35.	GUDDATI KOTA SATYA SAI NAGA S RAMESH	U17MB302
36.	GURUNATHAN S	U17MB303
37.	HENRITTA.I	U17MB305
38.	HIYA SAIKIA	U17MB306

SLIMS

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
Community Based Active Case Finding
Training Programme for Tuberculosis 2022
Organized by
Department of Community Medicine
: Lecture Hall - III
: 03.08.2022

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
Community Based Active Case Findi
Training Programme for Tuberculosis
Department of Community Me

The ACF orientation programe was organized by Dept of Community Medicine under Rajini S (Professor and Head), Assistant professors, Post Graduates, CRRI`s and health inspector.

The guest speaker for the programme was Dr.Anand ,Assistant Profess from IGMCRI Puducherry and their post graduate students

The theme of the program was to orient the CRRI students participating in ACF activities regarding the usage of EPICOLLECT append the necessary details to be collected during the field visits. The CRRIs were given hands on workshop for the above app regarding its usage like forlm filling and submissions.

The event was graced by Dr.Jayalakshmi ,Dean SLIMS and Dr.Asayas Bosco Chandrakumar ,Medical Superintendent and the guest speaker was felicitated by Dr.Asayas Bosco Chandrakumar

Head of the Institute Sign

Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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Conscience Program

EVENT DATE: 05.04.2023

TIME: 9.30a.m – 12.30pm.

EVENT: Conscience Program

VENUE: SLIMS, Puducherry

SCHEME: International Conscience day celebration

ORGANISED BY: SLIMS, Pondicherry

NO. OF PARTICIPANTS: 30

PARTICIPANTS LIST

S.No	NAME
1.	AADYA SINHA
2.	AASMIT DAS
3.	AAYUSH RANA
4.	ABBAD NAIAR
5.	ABDULLAH ANEESUR RAHMAN
6.	ABHIJIT MOHANTY
7.	ABHISHEK MEENA
8.	BOLIVIA PAUL
9.	BORSE ABHISHEK MAHENDRA
10.	BOWSIGA G
11.	BRAISLIN ANCY S V
12.	CHANDULA DURGA KARTHIK REDDY
13.	CHAVADAM REDDY PRASAD
14.	CHAYANIKA MAZUMDAR
15.	CHERUKURI SYAM SANDESH
16.	DEVISRI A
17.	DHANYATHA V
18	DHARMESH SENAPATI
19	DHARSH R V
20	DHEERTHIGA I
21	DIBYA SINGH DAS
22	DIVYASRI R
23	DIYA DEV P
24	DUKKIPATI VENKATA KARTHIK
25	ERI ENOSH
26	ESWARI J
27	DEVISRI A
28	DHANYATHA V
29	P HEMAVATHI
30	ILAVARASI E

Programme conducted for conscience developing event at SLIMS, Pondicherry

CONTENT:

This international day is about the very foundations of UNESCO to the promotion of peace. In these uncertain times, its message is one which we need more than ever. For it is when the universality of conscience is questioned and when one ignores one's own judgment, or when that judgment is repressed in others, that peace weakens and breaks down. Indeed, this is why the Universal Declaration of Human Rights proclaims that all human beings are endowed with conscience and are free to act according to it.

Conscious of the need for the creation of conditions of stability and well-being and peaceful and friendly relations based on respect for human rights and fundamental freedoms for all without distinction as to race, sex, language or religion, the General Assembly declared 5 April the International Day of Conscience.

The General Assembly invited all Member States, organizations of the United Nations system and other international and regional organizations, as well as the private sector and civil society, including non-governmental organizations and individuals, to build the Culture of Peace with Love and Conscience in accordance with the culture and other appropriate circumstances or customs of their local, national and regional communities, including through quality education and public awareness-raising activities, thereby fostering sustainable development.

The importance of conscience awareness is to educate a person about the conditions of stability and well-being and peaceful and friendly relations based on respect for human.

For making awareness on conscience programme, M.B.B.S., students are asked to participate in the programme. Many students have participated with interest and made the programme well.

Head of the Institute

Sign &Seal

Sri Lakshmi Narayana
Institute of Medical Sciences
Osudu Agaram, Kodathoddikam
Puducherry - 605 502

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

GREEN CLUB- TREES PLANTATION CAMP

EVENT DATE: 10.03.2023

TIME: 10.00AM – 11.30AM.

EVENT: GREEN CLUB- TREES PLANTATION CAMP

VENUE: SLIMS CAMPUS, Puducherry

SCHEME: Green Club

ORGANISED BY: Department of Pathology, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 46

S.No	NAME	University No.
1	*RAHINI R*	*U20MB348*
2	*RAHUL KUMAR*	*U20MB349*
3	*RAO HOSANNA RONALD*	*U20MB350*
4	*REEHAN GOSWAMI*	*U20MB351*
5	*REONA NONGTHOMBAM*	*U20MB352*
6	*RIA RANJAN*	*U20MB353*
7	*RISHAV RAJ SINGH*	*U20MB354*
8	*RISHI KARTIKEYEN R*	*U20MB355*
9	*RISHI VARTHINI T K*	*U20MB356*
10	*RISHITA KUMARI*	*U20MB357*
11	*SAMUEL JOSE*	*U20MB358*
12	*SANDHYA S*	*U20MB359*
13	*SAPTARSHI PAL*	*U20MB360*
14	*SARASWATI KUMARI*	*U20MB361*
15	*SARATHI A*	*U20MB362*
16	*SENTAMIL SELVAN I*	*U20MB363*
17	*SHAFA SALIM*	*U20MB364*
18	*SHAIKH MOHAMMAD SAQUIB*	*U20MB365*
19	*SHAMBHAVI PRASAD*	*U20MB366*
20	*SHARAN PRANAV G S*	*U20MB367*
21	*SHARMILA A*	*U20MB368*
22	*SHARON R*	*U20MB369*
23	*SHIVANGI BARIAR*	*U20MB370*

S.No	NAME	University no
24	*SHRESHTHA AGARWAL*	*U20MB371*
25	*SHRIVATSAN R*	*U20MB372*
26	*SINDHU S*	*U20MB373*
27	*SNEHA M*	*U20MB374*
28	*SOWMIYA V*	*U20MB375*
29	*SRI MAHA PRITHINGARA DEVI N*	*U20MB376*
30	*SRUTHI B*	*U20MB377*
31	*SUDHARSHAN K*	*U20MB378*
32	*SULTHAN IBRAHIM S*	*U20MB379*
33	*SURYA VARMA V*	*U20MB380*
34	*SUSHMITHA M*	*U20MB381*
35	*SUVETHA SHRI V S*	*U20MB382*
36	*SUVETHAKRISHNA M*	*U20MB383*
37	*SWATHI LAKSHMI R*	*U20MB384*
38	*TAMIL CHELVI R*	*U20MB385*
39	*TAMIZHARASI R G*	*U20MB386*
40	*M THAIYUB HILAL*	*U20MB387*
41	*THAMIZH THENDRAL P*	*U20MB388*
42	*THARA C*	*U20MB389*
43	*THARUN V*	*U20MB390*
44	*THEJAA SRI T*	*U20MB391*
45	*THILAK A P T*	*U20MB392*
46	*THOGAI SHREE M*	*U20MB393*

PARTICIPANTS LIST:

GREEN CLUB- TREES PLANTATION CAMP

CONTENT:

Green Club- Trees Plantation Camp was organised by the Department of Pathology on 23.06.2021 at the SLIMS campus. Phase II- M.B.B.S., students actively participated in the programme. Each student was given tree samplings to plant within the college premises.

Tree-planting is the process of transplanting tree seedlings, generally for forestry, land reclamation, or landscaping purpose. It differs from the transplantation of larger trees in arboriculture, and from the lower cost but slower and less reliable distribution of tree seeds. Trees contribute to their environment over long periods of time by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife. During the process of photosynthesis, trees take in carbon dioxide and produce the oxygen we breathe.

In silviculture the activity is known as reforestation, or afforestation, depending on whether the area being planted has or has not recently been forested. It involves planting seedlings over an area of land where the forest has been harvested or damaged by fire, disease or human activity. Tree planting is carried out in many different parts of the world, and strategies may differ widely across nations and regions and among individual reforestation companies. Tree planting is grounded in forest science, and if performed properly can result in the successful regeneration of a deforested area. Reforestation is the commercial logging industry's answer to the large-scale destruction of old growth forests, but a planted forest rarely replicates the biodiversity and complexity of a natural forest.

Because trees remove carbon dioxide from the air as they grow, tree planting can be used as a geoengineering technique to remove CO_2 from the atmosphere. Desert greening projects are also motivated by improved biodiversity and reclamation of natural water systems, but also improved economic and social welfare due to an increased number of jobs in farming and forestry.

Tree Plantation drives combat many environmental issues like deforestation, erosion of soil, desertification in semi-arid areas, global warming and hence enhancing the beauty and balance of the environment. Trees absorb harmful gases and emit oxygen resulting in an increase in oxygen supply. On average, a single tree emits 260 pounds of oxygen annually. Similarly, a fully-grown tree is sufficient for 18 human beings in one acre of land in one year stressing the importance of tree plantation for mankind.

Head of the Institute Sign

Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

Medical Camp at Avadiyarpet

EVENT DATE: 21.01.2023

TIME: 10.00am – 4.00pm.

EVENT: Health Check up and Creating Awareness on healthy lifestyle

VENUE: Avadiyarpet, Tamil nadu

SCHEME: Awareness Program

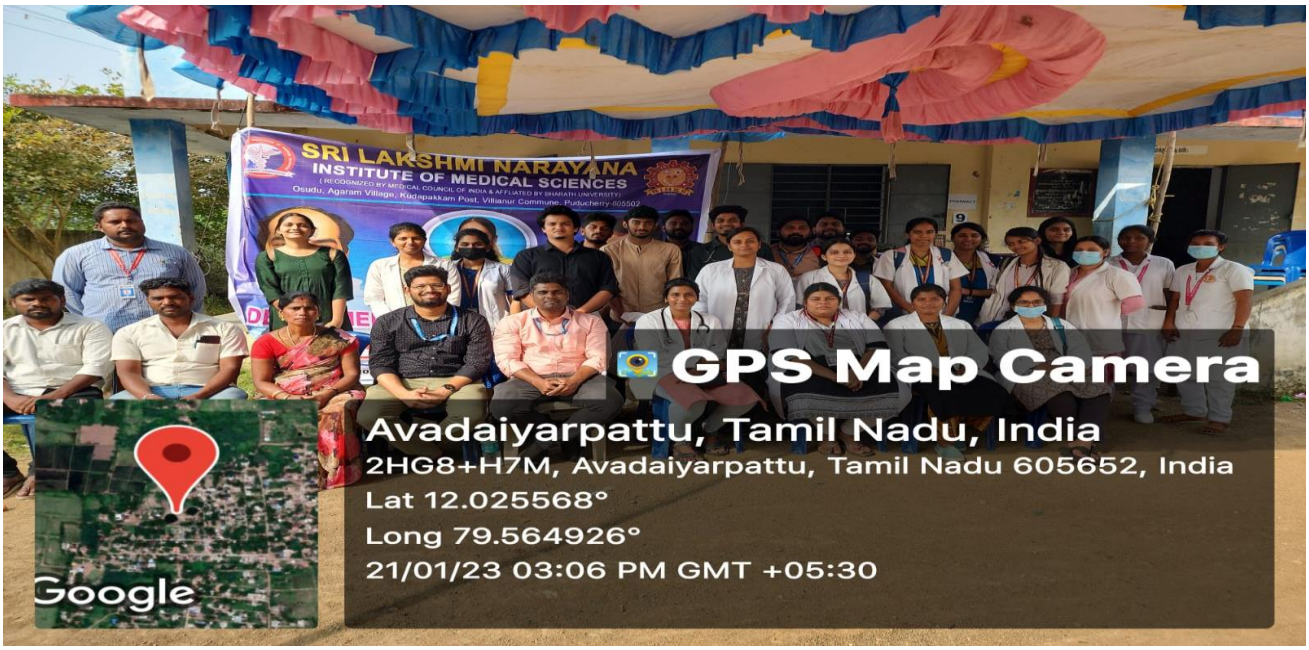
ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry in association with NSS

NO. OF PARTICIPANTS: 45

PARTICIPANTS LIST:

Sr. no.	University number	Name of the student
1.	U19MB251	AAYESHA TAUHEED
2.	U19MB252	ABHIJITH A
3.	U19MB253	ABIHA SHERIN M
4.	U19MB254	ABINAYA SHANMUGAM
5.	U19MB255	ADHITI PRAKASH
6.	U19MB256	ADITHYA S KUMAR
7.	U19MB257	S M AISHMEKA SAIRA
8.	U19MB258	AISHU MUPPANENI
9.	U19MB260	AKASH P
10.	U19MB261	AMIR FAJURA A
11.	U19MB262	AMLAN KUMAR KAR
12.	U19MB263	ANANDHA VIGNESHVAR A
13.	U19MB264	ANISHA C
14.	U19MB265	ANMOL KAUL
15.	U19MB266	ANNET GERIZIM
16.	U19MB267	ANUSHA MOL VINCENT VJP
17.	U19MB268	ARAVIND N
18.	U19MB269	ARNAB ADHIKARI
19.	U19MB270	ARNAB JYOTI DAS
20.	U19MB271	ARTHY M
21.	U19MB272	ARUNESHWARAN N
22.	U19MB273	ARUSHI MAHINDRA GAIKWAD
23.	U19MB274	ASHA J
24.	U19MB275	ASHMI RAHIMAN
25.	U19MB276	ATHULYA RAVINDRAN
26.	U19MB277	BALAJI M
27.	U19MB278	BALAJI S
28.	U19MB279	BAVINENI RAMYA SAI SREE
29.	U19MB280	BHUVAN SUNDAR M
30.	U19MB281	BIPIN HARIKUMAR
31.	U19MB282	BOOPATHISHANKAR K
32.	U19MB283	CAMILUS D
33.	U19MB284	CELINA OKRAM
34.	U19MB285	CHALLA SINDHOOR
35.	U19MB286	CHATE RUTUJA BHALCHANDRA
36.	U19MB287	DHARSHANA G
37.	U19MB288	K DHARSHNI
38.	U19MB289	DHIR ASUTOSH ASHIM
39.	U19MB291	FATHIMA R S
40.	U19MB292	GOKUL R
41.	U19MB293	GOKULAANITHI R
42.	U19MB294	GOVARDANAN M
43.	U19MB295	GRACE JENIFER S
44.	U19MB296	GUDIMETLA SANKALP REDDY
45.	U19MB297	HARISH S

Medical Camp at Avadiyarpet



CONTENT:

On 21th Jan 2023, a group of 45 students from Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry visited **Avadaiyarpattu** village, where we conducted a medical camp.

We started from our college around 09.00 AM and reached there by 09.30 AM Am after which we started mobilizing the village people, gathered them together. We were provided them masks. Health talk was given .

As per the schedule we the department of community medicine, conducted a rally on healthy lifestyle with slogan in Tamil to create awareness on non communicable diseases. There was an active participation among the villagers and the program was found to be effective and the rally came to an end by 4:30 PM. After the completion of rally, students had wall painting competition in which all the students participated in teams and the theme used for wall painting is to create awareness on healthy life style.

It was a new experience for all of us and we thoroughly enjoyed our task of creating awareness about diseases among village people. We learnt that each and every step from our part can bring about a beautiful change that we wish to see among them.

Each year, we organise health camps to raise public awareness about the devastating health, social and economic consequences of bad lifestyle.

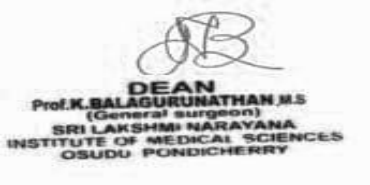
Life style diseases remains one of the world's biggest killers. Each day, over 4000 people lose their lives to it and close to 28,000 people fall ill.

A healthy lifestyle has many benefits not only for the body but for the mind too. Also, if you follow a healthy lifestyle then you can reduce the risk of having cancer, heart disease, diabetes, obesity, and osteoporosis.

To sum it up, we can say that there are various benefits of living a healthy lifestyle. Also, a healthy lifestyle has many benefits to your social as well as personal life. Besides, it improves the relationships in the family. Most importantly, the person who lives a healthy lifestyle lives longer as compared to those who do not.

Head of the Institute Sign

Seal



SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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MEDICAL CHECKUP AND HEALTH AWARENESS PROGRAM

EVENT DATE: 18.11.2022

TIME: 1.30pm – 3.00pm.

EVENT: Medical check up and health awareness program

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department of Biochemistry,

Sri Lakshmi Narayana Institute of Medical Sciences-NSS,

Puducherry

NO. OF PARTICIPANTS: 50

PARTICIPANTS LIST:

S.No	Name of the student	Student Unique Enrolment ID
1	PRIYANKA KUMARI	U17MB352
2	PRIYANKA SINGH	U17MB353
3	RAHUL RAI	U17MB355
4	RICHI SWARN	U17MB356
5	RINI DAS	U17MB357
6	RISHIKA	U17MB359
7	RISHIRAAJ KAR	U17MB360
8	ROHAN DAS	U17MB363
9	SAKSHI SHARMA	U17MB364
10	SANORITA	U17MB366
11	SHAIKH IMRAN SHAIKH NAJIR	U16MB375
12	SANTHOSHKUMAR NK	U17MB367
13	SHATAVISHA MUKHERJEE	U17MB372
14	SRISHTI SINGH	U17MB383
15	SUBHASHREE ABHIPSA GIRI	U17MB385
16	SURVESH PODDAR	U17MB388
17	SURYAWANSHI SIDDHANT AJAY	U17MB389
18	VIVEK AMAN SINGH	U17MB397
19	YASHWANT RATHORE	U17MB398
20	YAZHINI M	U17MB399
21	ALLUVALA ABHILASH	U17MB264
22	AMAL ASHOK	U16MB259
23	ANNIE SHERLIN RAJAM.L	U17MB251
24	ANUSUYA.N	U17MB272
25	APOORVA MALL	U17MB273

26	ASHISH RANJAN	U17MB274
27	ATHUL SUBHASH	U17MB277
28	CIBIYASHREE.G	U17MB285
29	DANUSS BUVAN SRITHARAN K	U17MB288
30	DEBIA JERMIN	U17MB286
31	DHIREN.S	U17MB289
32	DIVYA PRIYA K	U17MB292
33	DIVYANSHI SINGH	U17MB293
34	ELAKIYA BALA	U17MB294
35	JADHAV MAHESH MOHANRAO	U16MB304
36	MAGESHWAR.G.V	U17MB318
37	MOINAK PAL	U17MB326
38	MUKESH KANNAN.K	U17MB329
39	MUNAINA K V	U17MB330
40	NEHA KUMARI	U17MB334
41	NEHA KUMARI.B	U17MB335
42	NIDHI SUNIL KRISHNAN	U17MB336
43	NIJITH KRISHNADHAS RAHAEL	U17MB337
44	NIKITA VERMA	U17MB338
45	NILUTPAL DAS	U17MB339
46	NISHANT BHUSHAN	U17MB340
47	PALAYULLA VALAPPIL VARUN	U16MB347
48	PARTHA PRATIM BARUAH	U17MB342
49	POOJALAKSHMI.P	U17MB344
50	PRASANNA.B	U17MB346

AWARENESS PROGRAMME

CONTENT:

SLIMS conducted a student outreach program on Medical checkup and health awareness program.

The students were taught regarding the regular medical checkup and health awareness. Regular health checkups are a great way to keep your body in good condition and ensure you stay healthy throughout your life. Regular health checkups consist of a series of tests designed to check if a person is on the right health track. The primary goal of a health checkup is to detect hidden diseases in our bodies, prevent them from developing, and reduce their impact on our health. Regular health checkups have several advantages, and by doing so, one can improve one's health and avoid future complications.

There are numerous reasons to incorporate a regular health checkup into one's routine, with one of the most important reasons being disease prevention. The laboratory tests performed during a health check will aid in the early detection and treatment of any potential health issues.

Health checkups differ from person to person, depending on gender, age, family health, and lifestyle.

Here are some of the benefits of regular health checkups:

1. **Improves the Chances of Getting Better Treatment:**

Some life-threatening diseases can build up in the body over time, even before physical symptoms appear. Early detection increases a person's chances of receiving the appropriate treatment and gaining access to options that may speed up the recovery process.

2. **Reduces the Chances of Getting Sick:**

Regular health screenings can reduce the risk of developing a disease. One can get a general idea or hint of the possibility of something going wrong in their bodies, through which they can take additional precautions, changes, and actions to prevent them from causing further complications.

3. **Detects Life-Threatening Disease Early:**

Regular medical checkups are preferable for preventing, avoiding, and managing diseases in their early stages. Regular medical checkups enable doctors to detect symptoms of diseases that patients may be unaware of. The doctor can detect potentially serious or life-threatening conditions with routine screenings and avoid risks before it is too late, or the situation worsens.

4. **Recognizing Early Signs of Poor Mental Health:**

Today, stress is the leading cause of illness. It enters our lives through every deadline and is responsible for various medical problems. Regular medical checkups give us a better understanding of our mental health by assessing the physiological effects of stress. They alert us when we are not in our best emotional state, giving us time to reflect and recover.

5. **Reduces Overall Medical Costs:**

One of the most common reasons people avoid regular health checkups is the cost. The possibility of future bills for lab tests and appointments makes the procedure appear unnecessary. However, every rupee a person saves can quickly add up when dealing with a condition that has been discovered at a late or severe stage.

6. **Develop Good Relationships with Doctors:**

Regular physical examinations and screenings can help a person build a relationship with their doctor based on mutual trust. This makes it easier for them to have open and honest conversations about their medical history or conditions, leading to more efficient medical management and treatment.

7. **Helps Keep Everything on File for Future Reference**

Regular checkups ensure that we keep accurate medical records, covering everything from our family's

history of health problems such as diabetes, hypertension, heart problems, etc. This information is critical for future diagnosis and treatment if something goes wrong. Rather than stumbling to find the cause, your doctors can save time by accessing years of indispensable data.

8. Helps Make Healthier Lifestyle Choices

Poor health is frequently caused by questionable lifestyle choices such as binge-eating, not getting enough sleep, smoking, and ignoring fitness. Health checks provide doctors with valuable information about what is causing your illness. One can prevent unnecessary health conditions caused by unhealthy lifestyle choices by following their advice and checking in frequently to monitor progress.

9. Boosts Overall Well-being of the Patient:

Investing in regular health checkups should be a habit and not a whim. These regular checkups will keep us informed about our health and will detect any signs of health problems right away. They also instill a sense of security and confidence in us, which strengthens our overall well-being.

There are several different health checkups for various parts of our bodies. Prior tests related to each of them will require the consultation of a specialist, which should be implemented to maintain a healthy lifestyle in the long run.

Common Preventive Health Tests and Procedures

There are many common tests and procedures that will help a patient assess certain health risks they may be exposed to. This may also vary depending on their cultural background, region, and lifestyle, among other things.

Some common blood tests and profiles one could take are:

Lipid Profile

Liver Function Test

Kidney Function Test

Thyroid Profile

Urine (R/M) Analysis

Diabetes Profile

Complete Hemogram with ESR and Peripheral Smear

Bone Panel or Arthritis Screening (Rheumatoid Factor, Phosphorus, Calcium, Alkaline Phosphate)

Iron Deficiency Panel or Anemia screening

ECG

Head of the Institute Sign

Seal

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

Health camp at Melsithamur

EVENT DATE: 03.12.2022

TIME: 8.30 am – 5.00 pm.

EVENT: General Medical camp

VENUE: our lady of Lourdes Church, melsithamur

SCHEME: Awareness and medical camp Program

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry in association with NSS

NO. OF PARTICIPANTS: 45

PARTICIPANTS LIST:

Sr. no.	University number	Name of the student
1.	U17MB314	KEVIKONO BIO
2.	U17MB315	KEVIN RAHUL.S
3.	U17MB317	LALITHA PRIYA.G
4.	U17MB320	MANVITHA GOTTUMUKKALA
5.	U17MB321	MEDEMPUDI REETHIKA JYOTHI
6.	U16MB325	MEKALA CHARAN CHOWDARV
7.	U17MB322	MINGAM RUMI
8.	U17MB323	MOHAMED HAARISH.C
9.	U17MB327	MONISHA. C
10.	U17MB328	MONISHA B
11.	U17MB331	MUSALE VENUGOPAL RAO
12.	U16MB338	MUSULURI SHYAM SINDHU
13.	U17MB333	NAYANA NANDANAN M
14.	U17MB337	NIJITH KRISHNADHAS RAHAEL
15.	U17MB341	PANEM SAMIUNNU
16.	U17MB343	PAYAL MOHITE
17.	U17MB345	PRACHI KUMARI
18.	U16MB353	PRASHANT.S
19.	U17MB347	PRAVEEN.V
20.	U17MB349	PRIYA SAXENA
21.	U17MB351	PRIYANKA BANDOPADHYAY
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23.	U17MB358	RISHABH SUMAN
24.	U17MB361	RIYA M. A
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40.	U17MB390	SYAMA SHAJEEV
41.	U17MB391	THIRUKKUMARAN J.T
42.	U17MB392	TWINKLE JAISWAL
43.	U17MB393	UDAY CHANDRA KARUMANCHI
44.	U17MB395	VISHAL.S
45.	U16MB399	VIPIN SHARMA

Health camp at Melsithamur Church

CONTENT:

On 3rd December 2022, a group of 45 CRRI from Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry visited **our lady of Lourdes church,** where we did a health check-up & a Medical camp for local people present in the Melsithamur area.

We started from our college around 7.15 AM and reached there by 8.30 AM after which we started mobilizing the village people, and gathered them together. We were provided them masks. The medical camp was started.

As per the schedule, the department of community medicine conducted health education activity regarding the prevailing disease on that particular month and advised preventive activities that theyhave to practice as their daily routine.

It was a new experience for all of us and we thoroughly enjoyed the session. Patients were identified and referred to Sri Lakshmi Narayana Institute of Medical science for further management.

Students were assisted by Postgraduates and CRRI of Slims, Community Medicine department.

A Free Medical Camp is a life-saving program. Because it aims to provide free medical and surgicalservices to poor communities living in rural or urban areas. A special mobile team with varieties of medical specialized services is there to execute the camp.

The main objective of a medical camp is to provide initial care to people in life-threatening conditions which reflects the unique strengths and goals of medical ethics. Other objectives are asstated below:

Provide free and high-quality medical services for the poor population. Working as an emergency team in disasters. Raise health awareness among the community and teach them to deal with communicable and non-communicable. Register rare and severe cases and refer them to specialized centers. Evaluate the living conditions and determine the obstacles and challenges to work on solving their problems. Refer medical cases towards surgeries if required.

Healthcare is a basic right of a human being. And that should be available for everyone. The physicians conducting the camps act in the best interest of the patients. They inform the whole truth about the diseases and treatments of the patients. Even being every patient attending the camps is treated similarly and cared for evenly

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

Health camp at Moolakulam Church

EVENT DATE: 07.12.2022

TIME: 9.30am – 4.00pm.

EVENT: General Medical camp

VENUE: Moolakulam, Church

SCHEME: Awareness and medical camp Program

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry in association with NSS

NO. OF PARTICIPANTS: 45

PARTICIPANTS LIST:

Sr. no.	University number	Name of the student
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43.	U17MB393	UDAY CHANDRA KARUMANCHI
44.	U17MB395	VISHAL.S
45.	U16MB399	VIPIN SHARMA

Health camp at Moolakulam Church

CONTENT:

On 7th December 2022, a group of 45 CRRI from Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry visited **Moolakulam church**, where we did health check up & Medical camp for local people present in Moolakulam area.

We started from our college around 9.00AM and reached there by 9.30 AM after which we started mobilizing the village people, gathered them together. We were provided them masks. Medical camp was started.

As per the schedule we the department of community medicine, conducted health education activity regarding prevailing disease on that particular month and gave advice for preventive activities that they have to practice as their daily routine.

It was a new experience for all of us and we thoroughly enjoyed the session. Patients were identified and referred to Sri Lakshmi Narayana Institute of Medical science for further management.

Students were assisted by Assistant professors, Post graduates of Slims, Community Medicine department.

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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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DEPARTMENT OF DENTISTRY

WORLD ORAL HEALH DAY

EVENT DATE: 20.03.2023

TIME:10Am – 12.00pm.

EVENT: Oral Health Awareness program

VENUE: SILMS,RECEPTION, PUDUCHERRY

SCHEME: Awareness Program

ORGANISED BY: Department of Dentistry, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS:30

CONTENT

World Health day has been celebrated every year march 20 th.An awareness program was organised by department of dentistry in SLIMS on 20 th march 2023.

In this program dental caries, periodontal problems and various aspects of oral health were highlighted during this program.

Esthetics is a derivative of the Greek word esthesia meaning sensibility or sensation. It pertains to the sense of the beautiful or the science which deduces from nature and tastes the rules and principles of art. Esthetics has always exerted a profound influence in history, because it has always been of prime concern in individuals, having the effect of exciting emotions of approval or disapproval. The term “Esthetic” was coined in 1750 to designate the science of sensuous knowledge which gave beauty, in contrast to the science of logic, which gave truth. In later years the term ‘esthetic’ was related to the fine arts as the theory of beauty. Poetry and literatures for centuries have indicated that the teeth possess a beauty all their own and also that they contribute greatly to facial beauty. Esthetics is a phenomenon of the intellect, in its broad sense.

ORAL HEALTH OUTREACH PROGRAM

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

PROGRAMME ON PATIENT PREPARATORY STEPS FOR 24 - HOUR URINE COLLECTION

EVENT DATE: 07.07.2022

TIME:10.00 am–1.00 pm.

EVENT: Programme on patient preparatory steps for 24 - hour urine collection

VENUE: SLIMS, Puducherry

SCHEME: Awareness Program

ORGANISED BY:Department of Biochemistry, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 40

PARTICIPANTS LIST:

S. No	Name of the student	Student Unique Enrolment ID
1	DEBIA JERMIN	U17MB286
2	DHIREN.S	U17MB289
3	DIVYA PRIYA K	U17MB292
4	DIVYANSHI SINGH	U17MB293
5	ELAKIYA BALA	U17MB294
6	JADHAV MAHESH MOHANRAO	U16MB304
7	MAGESHWAR.G.V	U17MB318
8	MOINAK PAL	U17MB326
9	MUKESH KANNAN.K	U17MB329
10	MUNAINA K V	U17MB330
11	NEHA KUMARI	U17MB334
12	NEHA KUMARI.B	U17MB335
13	NIDHI SUNIL KRISHNAN	U17MB336
14	NIJITH KRISHNADHAS RAHAEL	U17MB337
15	NIKITA VERMA	U17MB338
16	NILUTPAL DAS	U17MB339
17	DEBIA JERMIN	U17MB340
18	DHIREN.S	U16MB347
19	DIVYA PRIYA K	U17MB342
20	DIVYANSHI SINGH	U17MB344
21	ELAKIYA BALA	U17MB346
22	RAHUL RAI	U17MB348

23	RICHI SWARN	U17MB350
24	RINI DAS	U17MB352
25	RISHIKA	U17MB353
26	RISHIRAAJ KAR	U17MB363
27	ROHAN DAS	U17MB364
28	SAKSHI SHARMA	U17MB366
29	SANORITA	U16MB375
30	SHAIKH IMRAN SHAIKH NAJIR	U17MB367
31	SANTHOSHKUMAR NK	U17MB372
32	SHATAVISHA MUKHERJEE	U17MB383
33	SRISHTI SINGH	U17MB385
34	SUBHASHREE ABHIPSA GIRI	U17MB388
35	SURVESH PODDAR	U17MB389
36	SURYAWANSHI SIDDHANT AJAY	U17MB397
37	VIVEK AMAN SINGH	U17MB398
38	YASHWANT RATHORE	U17MB399
39	YAZHINI M	U17MB363
40	RAHUL RAI	U17MB364

PROGRAMME ON PATIENT PREPARATORY STEPS FOR 24 - HOUR URINE COLLECTION

SLIMS conducted a student outreach program on patient preparatory steps for 24 - hour urine collection among CRMI. 24-hour urine samples are found to be invalid or unrepresentative making it unfit for analysis and a reason for sample rejection. It is due to mistakes done during sample collection, transport, and storage before analysis. Hence, this student outreach program is aimed to train the interns about the advice to be given to the patients and educate them for proper 24-hour urine sample collection.

You Will Need

Picture 1 Females may use a plastic toilet hat to catch or collect the urine.

Picture 2 Urine will be put into a large storage container.

- A clean urine collection container. Females will use a toilet hat to catch or collect the urine (Picture 1). Males can use a plastic, portable (easy-to-carry) urinal or the large urine storage container.
- A large urine storage container (Picture 2)

How to Label the Specimen

1. Child's full legal name – complete first and last names, correctly spelled
2. **One** of the following unique identifiers:

- Date of birth **or**

- Patient's ID **or**
- Nationwide Children's Hospital medical record number

It can be helpful to do steps 1 and 2 before starting the collection.

3. Date the test is started **and** date the test is finished (MM/DD/YYYY)
4. Time the test is started **and** time the test is finished (include a.m. or p.m.)

How to collect the 24-hour Urine Specimen

1. Decide on a day to do the test when your child will be at home all day.
2. On the day of the test, have your child empty their bladder (urinate or pee) in the toilet right after waking up. Flush the urine down the toilet.
3. **The test begins now with the bladder empty. Write this date and the start time on the storage container's label.**
4. For the next 24 hours, your child will need to pee into a collection container every time they go to the bathroom. Females can use a toilet hat. Males can use a plastic urinal or pee right into the large storage container. If you do not have a toilet hat or urinal at home, you may use some other clean plastic container.
5. Before using the plastic container for the first time, wash it with dish soap and then rinse at least 10 times with tap water. Allow it to air dry completely.
6. Do not let feces (poop) mix with the urine or else the test will need to be restarted.
7. Pour the urine into the large storage container and close the lid tightly. Be very careful not to spill any urine.
8. If using a collection container, rinse it with **water only**. Put it back by the toilet to remind you to use it the next time. Allow it to air dry completely.
9. Put the large storage container in the refrigerator. The urine must be kept cool at all times. If you do not have space in the refrigerator, you can store it in a cooler on top of Add more ice as needed to keep the urine cold.
10. Each time your child pees during the day and night, follow Steps 4 through 9.

11. The next day (close to the same time that you started on the first day), have your child pee into the collection container one last time. Add it to the large storage container. This ends the 24-hour collection.
12. **Write the date and time of this last urine collection on the label.**
13. Attach a list of all medicines, including over-the-counter medicines, vitamins and herbal remedies, your child took during the 24-hour urine collection.

Other Information

- Take the urine to a Laboratory (Lab) Service Center as soon as possible, **within 24 hours after ending the collection.** Keep the urine cool.
- Make sure the urine does not freeze for these tests: amylase, arylsulfatase, immunoelectrophoresis, micro-albumin, pregnanetriol, protein or uric acid.
- You will need to start the test over if any of the urine spilled, you forgot to save some or it has poop in it. If you must restart the test, it is okay to use the same collection and storage containers. Pour out the urine, clean the containers well and allow them to air dry. Then follow Steps 1 through 13.

Head of the Institute Sign

Seal

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SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
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HEALTH EDUCATION AWARENESS TO MOTHERS ON BREAST FEEDING,CONTRACEPION,IMMUNISATION AND HAND HYGIENE

EVENT DATE: 11/01/23

TIME: 11.00am – 12.30pm.

EVENT: Creating Awareness on breast feeding,immunisation,hand hygiene,contraception

PRESENTERS:

Dr. Manjubairavi (PG-I)

Dr.Elakkiya (CRRI)

Dr. Praveen (CRRI)

MENTOR:

Dr. Mercy (Assistant professor)

VENUE:RHTC Kumarapalayam

SCHEME: Awareness Program

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry in association with NSS

NO. OF PARTICIPANTS:45

PARTICIPANTS LIST:

Sr. no.	University number	Name of the student
1.	U19MB251	AAYESHA TAUHEED
2.	U19MB252	ABHIJITH A
3.	U19MB253	ABIHA SHERIN M

4.	U19MB254	ABINAYA SHANMUGAM
5.	U19MB255	ADHITI PRAKASH
6.	U19MB256	ADITHYA S KUMAR
7.	U19MB257	S M AISHMEKA SAIRA
8.	U19MB258	AISHU MUPPANENI
9.	U19MB260	AKASH P
10.	U19MB261	AMIR FAJURA A
11.	U19MB262	AMLAN KUMAR KAR
12.	U19MB263	ANANDHA VIGNESHVAR A
13.	U19MB264	ANISHA C
14.	U19MB265	ANMOL KAUL
15.	U19MB266	ANNET GERIZIM
16.	U19MB267	ANUSHA MOL VINCENT VJP
17.	U19MB268	ARAVIND N
18.	U19MB269	ARNAB ADHIKARI
19.	U19MB270	ARNAB JYOTI DAS
20.	U19MB271	ARTHY M
21.	U19MB272	ARUNESHWARAN N
22.	U19MB273	ARUSHI MAHINDRA GAIKWAD
23.	U19MB274	ASHA J
24.	U19MB275	ASHMI RAHIMAN
25.	U19MB276	ATHULYA RAVINDRAN
26.	U19MB277	BALAJI M
27.	U19MB278	BALAJI S
28.	U19MB279	BAVINENI RAMYA SAI SREE
29.	U19MB280	BHUVAN SUNDAR M
30.	U19MB281	BIPIN HARIKUMAR
31.	U19MB282	BOOPATHISHANKAR K
32.	U19MB283	CAMILUS D
33.	U19MB284	CELINA OKRAM
34.	U19MB285	CHALLA SINDHOOR
35.	U19MB286	CHATE RUTUJA BHALCHANDRA
36.	U19MB287	DHARSHANA G
37.	U19MB288	K DHARSHNI
38.	U19MB289	DHIR ASUTOSH ASHIM
39.	U19MB291	FATHIMA R S
40.	U19MB292	GOKUL R
41.	U19MB293	GOKULAANITHI R
42.	U19MB294	GOVARDANAN M
43.	U19MB295	GRACE JENIFER S
44.	U19MB296	GUDIMETLA SANKALP REDDY
45.	U19MB297	HARISH S

CONTENT:

SUMMARY

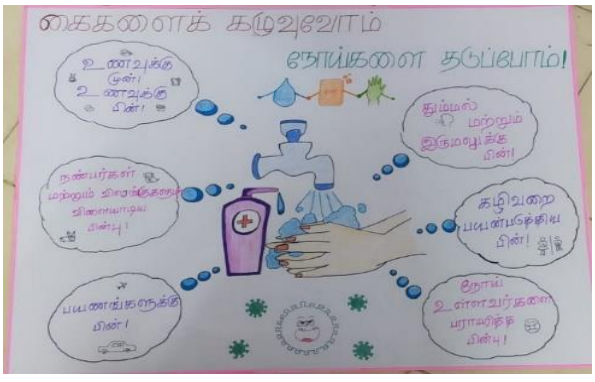
Health education was carried out by Dr.Manjubairavi under the guidance of Dr. M.Mercy. We educated them about importance of handwashing and their steps, breastfeeding technique and benefits, immunisation schedule and its importance and contraception types and benefits

OUTLINE:

1.Handwashing- when and how to be done

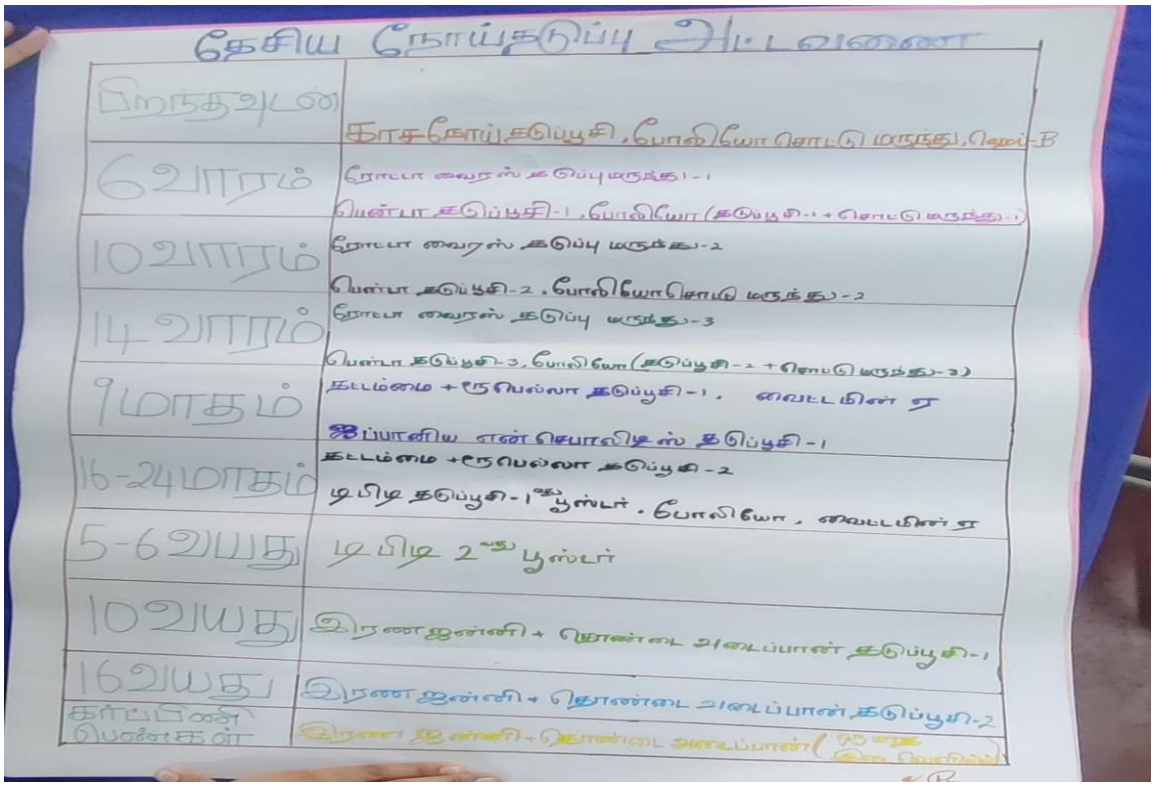
- Before, during, and after preparing food
- Before and after eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After using the toilet
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

Six steps of handwashing demonstrated to the participants



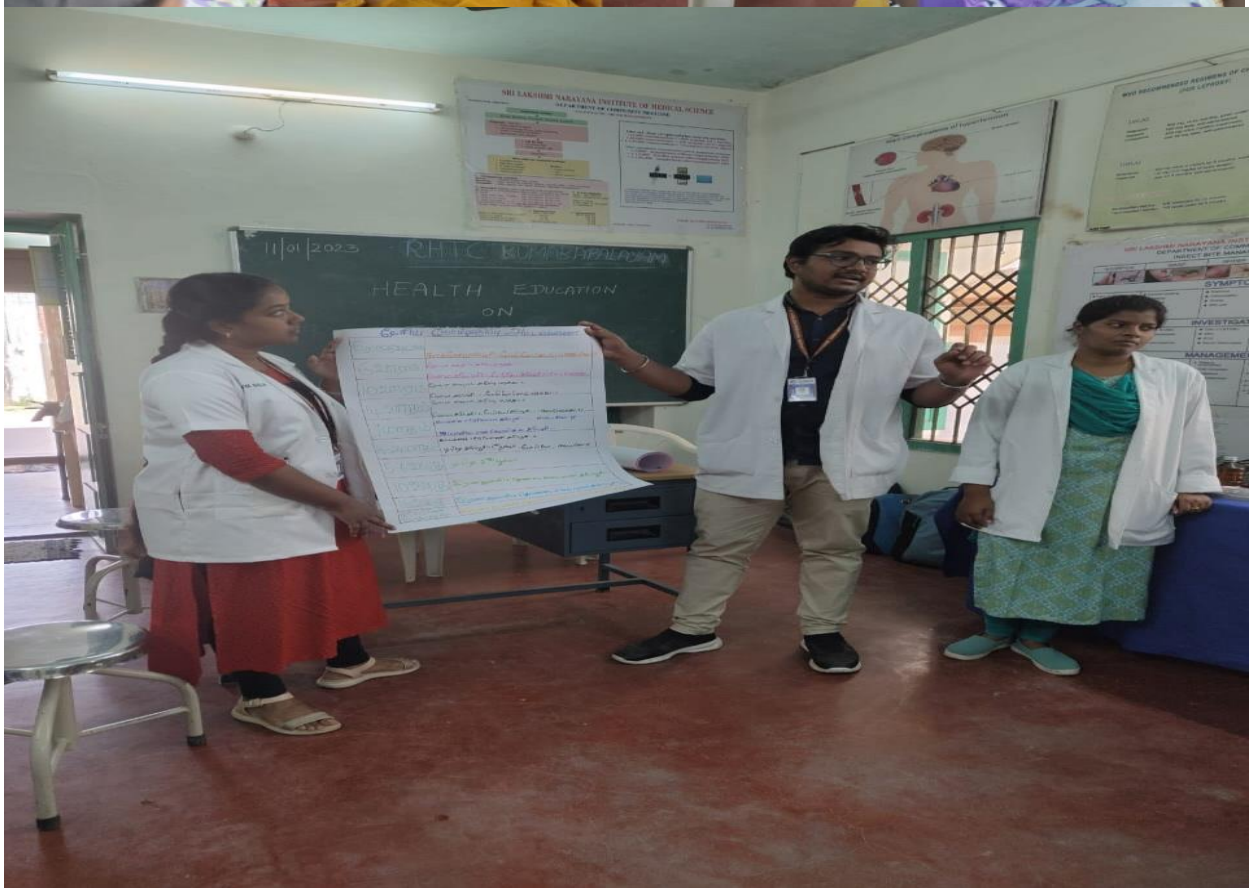
2. Immunization

We educated the participants regarding importance of vaccination and the disease prevented by immunisation and the vaccines to be given to childrens under national immunisation schedule and few words about reporting to adverse events following immunization.



3. Breastfeeding

To antenatal mothers, postnatal mothers, and expecting mothers, we explained about the duration of breastfeeding and its importance.



4.Contraception

Available Contraceptive methods were explained to the participants in detail about the importance and indications of copper T.

Feedback

We did our best to educate the general public in a rural areas, about the importance and steps of handwashing as most the diseases will be prevented by proper handwashing. For antenatal and postnatal mothers we explained about breastfeeding benefits and timings, immunization schedule, and the disease prevented by immunization, and in the final about contraceptive methods.

There was a good response from the participants and they have assured that they will follow these things in their practice. At the end of the session participants, doubts were cleared.

Head of the Institute Sign

Seal

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Department of Community Medicine

HEALTH EDUCATION AWARENESS TO "Risk factors for Diabetes and Hypertension"

EVENT DATE: 24/02/2023

TIME: 11.00 am – 12.30 pm.

EVENT: Education to the participants about the risk factors for Diabetes & hypertension, and how to prevent DM &HTN.

PRESENTERS:

Dr. Sheeba (PG-I)

Dr. Reethika (CRRI)

Dr. Nayanna(CRRI)

MENTOR:

Dr. Amarnath (Senior Resident)

VENUE: RHTC Kumarapalayam

SCHEME: Awareness Program

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry in association with NSS

NO. OF PARTICIPANTS:45

PARTICIPANTS LIST:

Sr. no.	University number	Name of the student
1.	U20MB296	HISHATEP
2.	U20MB297	ILAKIYADEVIT
3.	U20MB298	INDUMATHID
4.	U20MB299	JAILEKHHAL
5.	U20MB300	JAYASHREEJ
6.	U20MB301	JAYASHREE
7.	U20MB302	JEYAHAMSAVARTHNIMB
8.	U20MB303	JOSHUAVARGHESEPUTHURAN
9.	U20MB304	KARTHICKVISWANATHR
10.	U20MB305	KAVIKISHOREGP
11.	U20MB306	KAVIYAS
12.	U20MB307	KEERTHANANV
13.	U20MB308	KKEERTHANAA
14.	U20MB309	KEERTHIVARSHINEK
15.	U20MB310	KEERTHIVASANJ
16.	U20MB311	KESHAVRAJV
17.	U20MB312	KHATOONNAIMANASEEM
18.	U20MB313	KISHORE
19.	U20MB314	KOTHERHUSSAINM
20.	U20MB315	KRISHNABHARGAVKS
21.	U20MB316	KRITHIKVOUMARS
22.	U20MB317	KUMARPRATYUSH
23.	U20MB318	MAMADHVAN
24.	U20MB319	MANHAOOPASWET
25.	U20MB320	MANSI
26.	U20MB321	MAYILVAGAN
27.	U20MB322	MEEJURUSAISUSHWANTH
28.	U20MB323	MOGLIAPURVARAVINDRA
29.	U20MB324	MOHAMEDRIYAZPEERS
30.	U20MB325	MOHAMEDSHYAMS
31.	U20MB326	KAMAR
32.	U20MB327	MORERENUKABALAJI
33.	U20MB328	MRITULLAS
34.	U20MB329	NANDHASL
35.	U20MB330	NANDHINIMANIMARANE
36.	U20MB331	NAVEENKUMAR
37.	U20MB332	NAWINKUMARNS
38.	U20MB333	BSNEHASIRI
39.	U20MB334	NILOFURNISHAI
40.	U20MB335	NITHISHC
41.	U20MB336	NITISHKUMARTR
42.	U20MB337	PANDISOWMIYAR
43.	U20MB338	PAVITHRAPETCHIAPPAN
44.	U20MB339	POORANIS
45.	U20MB340	PRAHANYADARSHINID

CONTENT:

SUMMARY

Health education was carried out by Dr.Sheeba under the guidance of Dr.Amarnath. We educated them about the risk factors of DM & HTN and also its effect on general health. We explained them about the lifestyle modification, foods that should be avoided, and also about the Nutrition.

OUTLINE:

Risk factors for Diabetes and Hypertension

Modifiable risk factors

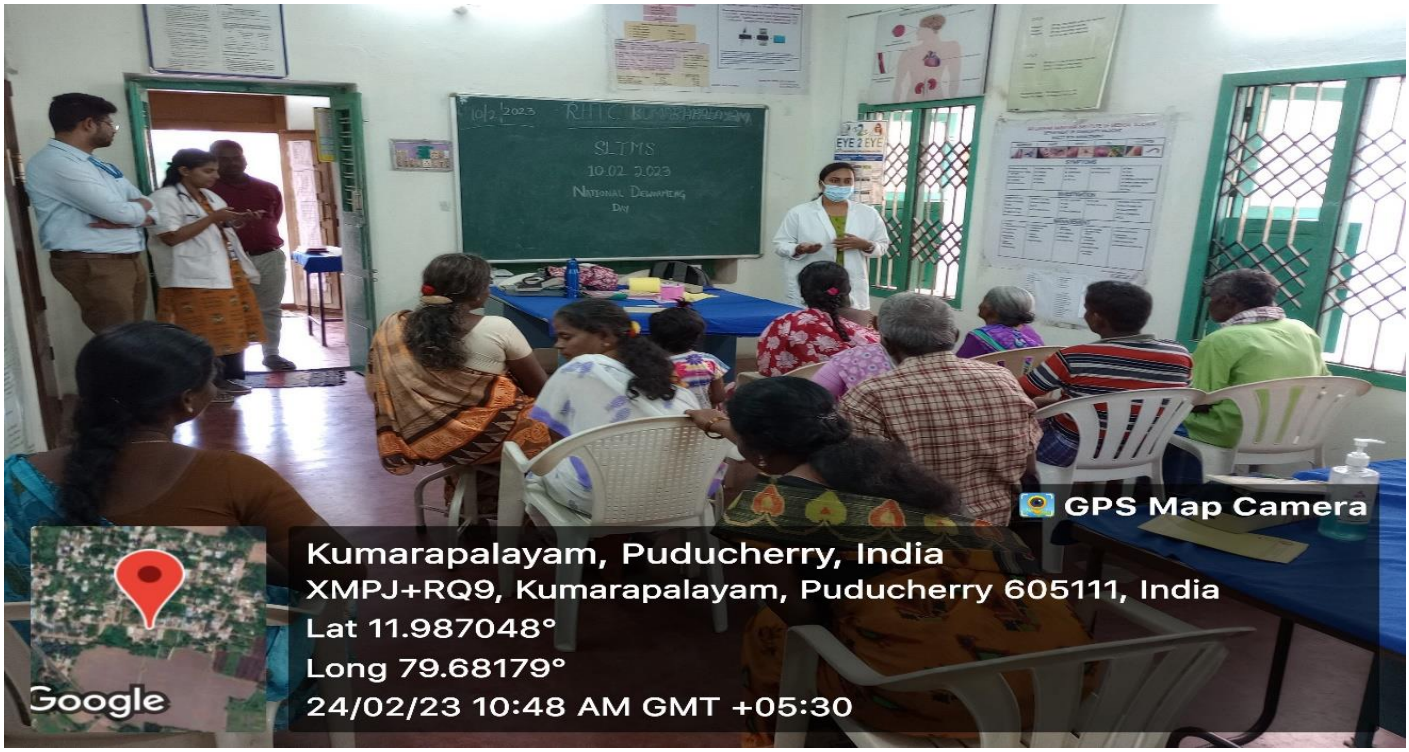
- Tobacco use
- Physical activity
- Unhealthy diet
- Harmful use of alcohol

Non-modifiable risk factors

- Age
- Genetic
- physiological

Prevention by

- Lifestyle modification
- Nutrition



Feedback

We did our best to educate the general public in rural area, about their behaviour, habits and lifestyle that can lead to diabetes & hypertension. There was overwhelming response from the participants. We also explained them about the healthier food habits and some lifestyle modification that would help them to prevent from diabetes and hypertension.

And also explained about some of early signs and symptoms of DM & HTN, health seeking behaviour, regularity in treatment, complications. At the end of session participants doubts were cleared.

On the whole I had good experience in educating the rural population, and I believe that they have gained knowledge about the DM & HTN.

Head of the Institute Sign

Seal

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Department of Community Medicine

HEALTH EDUCATION AWARENESS ON "National Deworming Day"

EVENT DATE: 10/02/2023

TIME: 11.00 am – 12.30 pm.

EVENT: "LET US MAKE EVERY CHILD IN INDIA WORM FREE"

PRESENTERS:

Dr. Monisha V (PG-I)

Dr. Anushiya (CRRI)

MENTOR:

Dr. Karthiga (Senior Resident)

VENUE: RHTC Kumarapalayam

SCHEME: Awareness Program

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry in association with NSS

NO. OF PARTICIPANTS:45

PARTICIPANTS LIST:

Sr. no.	University number	Name of the student
1.	U20MB341	PRANJALRAJENDRAJADHAV
2.	U20MB343	PREETHIPRIYAG
3.	U20MB344	PRIYADHARSHINID
4.	U20MB345	PUNGJIKONIA

5.	U20MB346	PUNITHVATHIA
6.	U20MB347	RAFEEKAHAMEDB
7.	U20MB348	RAHINIR
8.	U20MB349	RAHULKUMAR
9.	U20MB350	RAOHOSANNARONALD
10.	U20MB351	REEHANGOSWAMI
11.	U20MB352	REONANONGTHOMBAM
12.	U20MB353	RIARANJAN
13.	U20MB354	RISHAVRAJSINGH
14.	U20MB355	RISHIKARTIKEYANR
15.	U20MB356	RISHIVARTHINITK
16.	U20MB357	RISHIKARTIKEYENR
17.	U20MB358	SAM
18.	U20MB359	SANDHYAS
19.	U20MB360	SAPTARSHIPAL
20.	U20MB361	SARASWATIKUMARI
21.	U20MB362	SARATHIA
22.	U20MB363	SENTHAMIZHSELVAN
23.	U20MB364	SHAFASALIM
24.	U20MB365	SHAIKHMOHAMMADSAQUIB
25.	U20MB366	SHAMBHAVIPRASAD
26.	U20MB367	SHARANPRANAVGS
27.	U20MB368	SHARMILAA
28.	U20MB369	SHARONR
29.	U20MB370	SIVANGI
30.	U20MB371	SHRESHTHAAGARWAL
31.	U20MB372	SHRIVATSANR
32.	U20MB373	SINDHUS
33.	U20MB374	SNEHAM
34.	U20MB375	SOWMIYAV
35.	U20MB376	SHRI MAHA
36.	U20MB377	SRUTHIB
37.	U20MB378	SUDHARSHAK
38.	U20MB379	SULTHNIBRAHIMS
39.	U20MB380	SURYAVARMAV
40.	U20MB381	SUSHMITHAM
41.	U20MB382	SUVETHASHRIVS
42.	U20MB383	SUVETHAKRISHANAM
43.	U20MB384	SWATHILAKSHMIR
44.	U20MB385	TAMILCELVI
45.	U20MB386	TAMIZHARASIRG

CONTENT:

SUMMARY

Health education was carried out by Dr. Monisha V

There were around 25-30 participants. We educated them about how worm infestation interferes with health, nutrition and education of children. We explained them about importance of regular deworming and hand washing.

OUTLINE:

National Deworming Day is a public health campaign observed every year on 10th February. The Aim of observing this day is to reduce the burden of soil-transmitted helminth infections, which are a common problem in India and can lead to malnutrition, anaemia in children.

How to prevent worm infection:

- Wash your hands before and after eating.
- Boil vegetables for a minute before eating.
- Keep food covered & Drink clean water.
- Wash your hands after using the bathroom.
- Ensure proper disposal of animal and human faeces.
- Keep children's fingernails short.
- Wash fruits and vegetables before eating.
- Do not eat raw beef, pork or fish.

How to treat worm infection:

- Treat with Tablet Albendazole 200mg for less than 2 years of age and 400mg for more than 2 years of age.
- Importance of treating Everyone in the family.

Six steps of Handwashing.

Feedback

We did our best to educate the mothers with their children in rural area, about importance of deworming for all and it should be regular. We also explained them about the healthier food habits and hand washing technique. There was overwhelming response from the participants. At the end of session, we distributed hand washing soap to the participants and asked to demonstrate hand washing technique. At last doubts were cleared.

On the whole I had good experience in educating the rural population, and I believe that they have gained knowledge about the Deworming their children are vital not only for prevention of certain medical conditions but also for improving their academic performance.

Head of the Institute Sign

Seal

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Health Check-up and Screening Camp

EVENT DATE: 23.11.2022

TIME: 9.30am – 12.30pm.

EVENT: Health check-up of higher secondary school children as part of school health screening

VENUE: Jawahar English Higher Secondary School, Koodappakkam, Puducherry

SCHEME: Screening camp

ORGANISED BY: Department of Community Medicine, Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry

NO. OF PARTICIPANTS: 38

PARTICIPANTS LIST:

S.No	NAME	University No.
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2.	SANYUKTA KARKI	U19MB362
3.	SARAN P S	U19MB363
4.	SARITHA P	U19MB364
5.	SATHISH KANNAN M	U19MB365
6.	SHAGUN SINGH	U19MB366
7.	SHALINI R	U19MB367
8.	SHANMUGA HARINI K	U19MB368
9.	S SHWETHAMBARI	U19MB370
10.	SIDDHARTH P S	U19MB371
11.	SINDHU N	U19MB372
12.	SIRIGIRI MANOJ KUMAR REDDY	U19MB373
13.	SIRSHAK NANDY	U19MB374
14.	SOWMIYA M	U19MB375
15.	SRI HARI PRASAANTH A	U19MB376
16.	SRINITHI R	U19MB378
17.	SUBASHINI V	U19MB379
18.	SUDARSHAN JAWAHAR	U19MB380
19.	SUGANTHI CLARET D	U19MB381
20.	SUJANA P	U19MB382
21.	SURYAKANT BHARDWAJ	U19MB383

S.No	NAME	University No.
22.	ROSHMASHREE S	U19MB357
23.	SAI RAKSHIKA J	U19MB358
24.	S SANDEEP	U19MB360
25.	SUSHREE SANGEETA	U19MB384
26.	SWATHI V	U19MB385
27.	SWETHA HARIKUMAR	U19MB386
28.	TANYA PACHORY	U19MB387
29.	THENNARASU V A	U19MB388
30.	TRIYAN HARSHIL SINGH	U19MB389
31.	UBANISHA A	U19MB390
32.	UGARSAN P	U19MB391
33.	VAISNAVI R	U19MB392
34.	VIJAY A M	U19MB393
35.	VIJITHA VIJAYAN	U19MB394
36.	VIMALAN D	U19MB395
37.	R VISHVESHWER	U19MB397
38.	XAVIER VASANTHA MARTINO P	U19MB398

Organizing team of Community Medicine Department, SLIMS

Health checkup and counseling by faculties

CONTENT:

The screening camp was organized by Department of Community Medicine; organizing team included Dr Rajini S (Professor and Head), Dr. Darshana & Dr. Karthika (Senior Resident), Post Graduate students, CRRI`s and Health inspectors.

A team comprising of Faculty members, Post graduate students, CRRIs and Health inspectors headed to Jawahar English Higher Secondary School at Koodappakkam on 23rd November 2022. A total of 128 students were screened and their health statuses were recorded in their medical records maintained at school.

The activities carried out by Community Medicine department included height and weight measurement, oral cavity examination to look for dental caries, visual acuity examination to screen for refractive errors and nutritional assessment including anemia, malnutrition etc. Counseling was done by health inspectors regarding hand washing, personal hygiene, reproductive health and healthy diet. Total 19 students were having vision abnormality which was conveyed to the Head master and class teacher of the respective student and appropriate referral was made. One student was referred to Pediatrics department for evaluation of neck stiffness.

Head of the Institute Sign

Seal

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AWARENESS PROGRAMME ABOUT HEARING LOSS FOR SCHOOL TEACHERS AND STUDENTS

EVENT DATE: 27.03.2023

TIME: 09.00am – 04.00pm.

EVENT: Awareness Program About Hearing Loss For School Teachers And Students.

VENUE: GOOD SHEAPERD SCHOOL, Puducherry .

SCHEME: Awareness Program .

ORGANISED BY: Department of Otorhinolaryngology and Head neck Surgery, Sri Lakshmi Narayana Institute of Medical Sciences-NSS, Puducherry .

NO. OF PARTICIPANTS: 20

PARTICIPANTS LIST:

SL.No	Student Name
1	bindu
2	Karthika
3	Dheresh
4	Ramachandrian.
5	Lakshmanan
6	Moorthy
7	Aruna
8	Sangeetha
9	AMALANA S
10	ANANYASA H
11	ANNFELIXIYA B
12	ANSHIKASING H
13	ANTONYINFANT A
14	ANURAGG VIVEK TURASKAR
15	ANWESHA PADHI
16	APOORVA CHANDRA
17	ARSHAQUE HARIS
18	ARUN P
19	ARUN P
20	ARVINTH KV

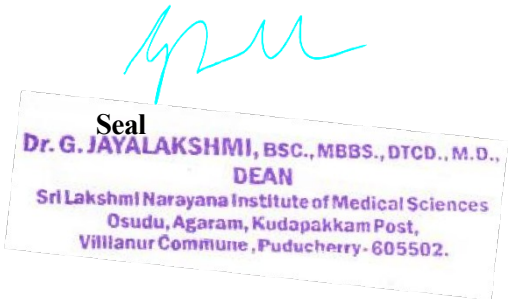
AWARENESS PROGRAMME ABOUT HEARING LOSS FOR SCHOOL TEACHERS AND STUDENTS

CONTENT:

The Department of Otorhinolaryngology, conducted Hearing awareness camp on 24.02.2023 in Christ International School and Good Shepherd school on 27.02.2023 located in Rural Pondicherry as part of World Hearing Day program 03.03.2023 .

The camp consisted of interactive sessions with high school and higher secondary school students of around 200. The sessions were given by a team of doctors and an audiologist. The students were briefed about safe practices of hearing and hearing protection methods. The students were also explained about symptoms of hearing loss and burden of hearing loss and ways to prevent it . Screening of school students and teachers were done for hearing and ear problems and high risk individuals were identified and referred to our centre for further management.

Head of the Institute Sign



Seal

SRI LAKSHMI NARAYANA INSTITUTE OF MEDICAL SCIENCES
(RECOGNISED BY THE MEDICAL COUNCIL OF INDIA & AFFILIATED WITH BHARATH UNIVERSITY)

SCHOOL HEALTH EDUCATION PROGRAMME

Held on 11/04/2023

HEALTH EDUCATION ON REPRODUCTIVE AND SEXUAL HEALTH

- **Name of School:** Govt. Girls French High school
- **Place:** Mission street
- **College name:** Sri Lakshmi Narayana institute of medical science.
- **Presenters:** Renuka, Nausheen, Ashnav Raju and Deeksha
- **Mentor:** Dr.Karthika
- **Theme:** Reproductive and Sexual health
- **Participants:** students of 6^{th} to 10^{th} standard
- **Date and time:** 11/04/2023, 10.30am-12.30pm.
- **Synopsis:** Educating the students about sexual and reproductive health
- **Participants:** 50 students

SUMMARY

The health education session was headed by Renuka, Nausheen, Ashnav Raju and Deeksha under the guidance of Dr.Karthika Department Of community medicine.

There were around 50 students and 5 staff. We educated the students and staff regarding Reproductive and sexual health**.**

PARTICIPANTS LIST:

79	U21MB373	MADHUMITA S P
80	U21MB376	MANYA V
81	U21MB377	MARAM RANI MEGHANA REDDY
82	U21MB379	MASOOD AHMAD
83	U21MB380	MATHANGI MAHIMA B
84	U21MB383	MOHAMED ERSATH FUJAIL M
85	U21MB384	MOHAMMED RAFI B
86	U21MB385	MOHANKUMAR P
87	U21MB387	MONISH S
88	U21MB388	MONISHA R
89	U21MB390	MUNIRAJ K
90	U21MB392	MYDUKUR SHAIK MOHAMMED FAIZ ABDUL KALAM
91	U21MB393	NALLAMOTHU TAGORE
92	U21MB395	NANDHINI SARASWATHI R
93	U21MB396	NAUSHEEN ANJUM S
94	U21MB398	NEMANI ADITYA
95	U21MB399	NESIKA T
96	U21MB400	NISHIKA PANDEY
97	U21MB402	NIVEDHITHA G
98	U21MB404	PASUPULETI RENUKA
99	U21MB405	PATHAK PRIYAM SUNIL KUMAR
100	U21MB406	PATIL MOHIT SURESH
101	U21MB407	PERIYANNAN S M
102	U21MB409	PICHIKALA LOHITH
103	U21MB410	POTHABATHULA YASASWINI
104	U21MB412	PRANAV KUMAR S
158	U21MB403	NIVEDITHA S
191	**U21MB359**	**KEERTHIBOOSHANI M**
192	**U21MB361**	**KOMMU AMARNATTHH**
193	**U21MB374**	**C MANO SAI REDDY**
194	**U21MB375**	**MANSI BARIK**
195	**U21MB378**	**MARK PRAVEEN J**
196	**U21MB382**	**MELWIN RAJ J**
197	**U21MB389**	**MORRI ABHI RAJU**
198	**U21MB391**	**MUTHE HEDVI PRASHANT**
199	**U21MB397**	**NEERAJA BAIJU**
200	**U21MB401**	**NITISH KUMAR SAMAL**
201	**U21MB414**	**PRIYA DHARSHINI B**
202	**U21MB415**	**PRIYADHARSHINI D**

Government of Puducherry
Directorate of School Education
PENSIONNAT DE JEUNES FILLES
GOVT. GIRLS FRENCH HIGH SCHOOL
PUDUCHERRY-605 001.
SAMAGRA SHIKSHA
ADOLESCENT TRAINING
PROGRAMME FOR GIRLS

OUTLINE:

- Introduction about the theme
- Physiology of mensuration
- Menstrual hygiene
- Sexually transmitted disease
- Early Pregnancy and unsafe abortion
- Summary and take-home messages of health education sessions.

Vivo V9
Dual Rear Camera

PUDUCHERRY-605 001.
SAMAGRA SHIKSHA
ADOLESCENT TRAINING
PROGRAMME FOR GIRLS
GPS Map Camera
Puducherry, Puducherry, India
Near Immaculate School, 283, Mission St, MG
Road Area, Puducherry, 605001, India
Lat 11.93147°
Long 79.830645°
11/04/23 11:29 AM GMT +05:30
Google

PERRONNAT DE JEUNES FILLES
GOVT. GIRLS FRENCH HIGH SCHOOL
PUDUCHERRY-605 001.
SAMAGRA SHIKSHA
ADOLESCENT TRAINING
PROGRAMME FOR GIRLS
GPS Map Camera
Hosrice, Puducherry, India
281, 281, Mission St, MG Road Area, Hosrice,
Puducherry 605001, India
Lat 11.9315°
Long 79.830626°
11/04/23 11:58 AM GMT +05:30
Google

FEEDBACK:

We did our best to educate the students about reproductive and sexual health and its importance

After the school health education sessions, we discussed with the students and were able to clear their doubts regarding the session.

Overall, we had a good experience educating them and believe that the students have gained enough knowledge about reproductive and sexual heath.

Head of the institute sign and seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

Youth Red Cross

SCREENING FOR GESTATIONAL DIABETES MELLITUS

DATE: April 11, 2022
TIME : 2:30PM – 3.30PM

EVENT: SCREENING OF GESTATIONAL DIABETES MELLITUS

VENUE: Gorimedu, Puducherry

SCHEME: Awareness Program

ORGANISED BY : Department of Obstetrics & Gynecology,

Sri Lakshmi Narayana Institute of Medical Sciences,

Puducherry.

LIST OF ORGANIZERS

S.No	NAME	University No.
1.	*VISHNUDEVAN V*	*U20MB3896*
2.	*EZHILMARAN R*	*U20MB290*
3.	*ZABIULLAH K A*	*U20MB400*
4.	*VISWA PRIYA K*	*U20MB398*
5.	*M THAIYUB HILAL*	*U20MB387*
6.	*EZHILMARAN R*	*U20MB290*
7.	*SRUTHI B*	*U20MB377*
8.	*SHRIVATSAN R*	*U20MB372*
9.	*DATTATREYA BHATTACHARJEE*	*U18MB279*
10.	*SHARAN PRANAV G S*	*U20MB367*
11.	*THILAK A P T*	*U20MB392*
12.	*SAMUEL JOSE*	*U20MB358*
13.	*PUNGJI KONIA*	*U20MB345*
14.	*MOHAMMED KAMAR ALAM A*	*U20MB326*
15.	*KHATOON NAIMA NASEEM*	*U20MB312*
16.	*PRAHANYA DARSHINI D*	*U20MB340*
17.	*KAVIN KISHORE G P*	*U20MB305*
18.	*INDUMATHI D*	*U20MB298*
19.	*DEVANAND A S*	*U20MB283*
20.	*KRISHNA BHARGAV K S*	*U20MB315*
21.	*ARUN P*	*U20MB269*

SCREENING OF GESTATIONAL DIABETES MELLITUS

For making AWARENESS PROGRAM ON SCREENING OF DIABETES MELLITUS, M.B.B.S., students were asked to create new catchy slogans. Many students have participated with interest and shown their creativity.

Gestational Diabetes Mellitus (GDM) is defined as any glucose intolerance with the onset or first recognition during pregnancy. This definition helps for diagnosis of unrecognized pre-existing Diabetes also. Hyperglycemia in pregnancy is associated with adverse maternal and prenatal outcome. It is important to screen, diagnose and treat Hyperglycemia in pregnancy to prevent an adverse outcome.

The adverse maternal complications include hypertension, preeclampsia, urinary tract infection, hydramnios, increased operative intervention and future DM. In the fetus and neonates it is associated with macrosomia, congenital anomalies, metabolic abnormalities, RDS, etc. and subsequent childhood and adolescent obesity. Therefore, it is important to diagnose early and treat promptly to prevent complications.

DIPSI (Diabetes in Pregnancy Study Group India)

A universal screening which is simple, feasible, acceptable and a single step procedure is applicable in Indian scenario as Indian women have an eleven fold increased risk of developing glucose intolerance during pregnancy. Pregnant women attending the antenatal OPD were given 75g anhydrous glucose in 250-300ml of water and plasma glucose was estimated after 2 hour. A 2-hours plasma glucose ≥ 140 mg/dl is taken as GDM.

COMPLICATIONS:

- Induced labour.
- Caesarean Section.
- Larger than normal baby.
- Hypoglycemic baby.
- *Baby having a higher risk of being overweight or obese and developing type 2 diabetes in later life. As your child grows, managing their weight, eating healthily and being physically active will reduce this risk.*
- *Gestational diabetes can affect how well your placenta works. If your placenta isn't working as well as it should, it can make your baby unwell. This can affect their movements. If you notice that your baby's movements have slowed down, stopped or are different to normal, you should contact your midwife or maternity unit immediately.*

Head of the Institute

Sign Seal

SRI LAKSHMI NARAYANA
INSTITUTE OF MEDICAL SCIENCES
(RECOGNIZED BY MEDICAL COUNCIL OF INDIA & AFFLIATED BY BHARATH UNIVERSITY)

AIDWA

AWARENESS PROGRAM ON WOMEN MENTAL HEALTH

EVENT DATE: 05.03.2023

TIME: 4.00PM – 6.00PM.

EVENT: Awareness Program on Women Mental Health

VENUE: Madagadipet, Puducherry

SCHEME: Awareness Program

ORGANISED BY: Department Of Psychiatry, SLIMS, Pondicherry -

All India Democratic Women Association (AIDWA).

NO. OF PARTICIPANTS: 35

PARTICIPANTS LIST:

S.No	NAME	University No.
1.	U20MB255	ABISHA D
2.	U20MB256	ABISHEK K
3.	U20MB257	ADEESA ZIA M
4.	U20MB258	AKSHARA TIWARI
5.	U20MB259	AMALAN A S
6.	U20MB260	ANANYA SAH
7.	U20MB297	ILAKIYADEVI T
8.	U20MB298	INDUMATHI D
9.	U20MB299	JAILEKHHA L
10.	U20MB300	JAYASHREE J
11.	U20MB301	JAYASREE E
12.	U20MB302	JEYA HAMSA VARTHNI M B
13.	U20MB303	JOSHUA VARGHESE PUTHURAN
14.	U20MB327	MORE RENUKA BALAJI
15.	U20MB328	MRITULLA S
16.	U20MB329	NANDHA S L
17.	U20MB330	NANDHINI MANIMARANE
18.	U20MB331	NAVEENKUMAR M M
19.	U20MB332	NAWINKUMAR N S
20.	U20MB333	B S NEHA SIRI

S.No	NAME	University No.
21.	U20MB355	RISHI KARTIKEYEN R
22.	U20MB356	RISHI VARTHINI T K
23.	U20MB357	RISHITA KUMARI
24.	U20MB358	SAMUEL JOSE
25	U20MB359	SANDHYA S
26	U20MB360	SAPTARSHI PAL
27	U20MB380	SURYA VARMA V
28	U20MB381	SUSHMITHA M
29	U20MB382	SUVETHA SHRI V S
30	U20MB383	SUVETHAKRISHNA M
31	U20MB384	SWATHI LAKSHMI R
32	U20MB385	TAMIL CHELVI R
33	U20MB386	TAMIZHARASI R G
34	U20MB387	M THAIYUB HILAL
35	U20MB392	THILAK A P T

AWARENESS PROGRAM ON WOMEN MENTAL HEALTH

CONTENT:

About 35 MBBS students participated the awareness program regarding women mental health and Dr. C. Agila. Assistant Professor, Dept. of Psychiatry gave awareness speech. The target audience were the women in and around Madagadipet village and they got benefited by this awareness program. The Program was organised by Dept. of Psychiatry, SLIMS along with All India Democratic Women Association (AIDWA).public got benefited by this awareness program.

Women's mental health is multifactorial which is determined by both biological and social factors. Examining the clinical profile of mental disorders in women brings to light the fact that men and women are affected disproportionately by mental illness. The greater vulnerability of women can be owing to physiological changes as well as social factors such as poverty, sexual abuse, stress, intimate partner violence, and so on. Mental health during pregnancy and postpartum deserves special attention as untreated maternal depression results in serious ill effects in both the mother and the child. Reproductive health problems like infertility, female sterilization, and reproductive tract complaints also have been related to poor mental health in women. It is important to view mental health programs in a gender-based approach to circumvent the unique challenges posed by women's mental health today. Apart from this, exploring other modes of service delivery such as mobile phone technology which has the potential to be effective and improve accessibility to services can boost mental health delivery for women.

Women's mental health needs to be considered in the context of the interaction of physical, reproductive, and biological factors with social, political, and economic issues at stake. The multiple roles played by women such as childbearing and child rearing, running the family, caring for sick relatives, and, in an increasing proportion of families, earning income are likely to lead to considerable stress. The reproductive roles of women, such as their expected role of bearing children, the consequences of infertility, and the failure to produce a male child in some cultures are examples of mechanisms that make women vulnerable to suffering from mental disorders. In addition, biological factors may play a major role, particularly in reproductive life events such as pregnancy, the postpartum period, and menopause as well as in the clinical manifestations of various mental health problems.

Public health and social policies aimed at improving the social status of women are needed along with those targeting the entire spectrum of women's health needs. Efforts to improve and enhance social and mental health services and programs aimed at increasing the competence of professionals are also required.

Head of the Institute Sign

Dr. G. JAYALAKSHMI, BSC., MBBS., DTCD., M.D.,
DEAN
Sri Lakshmi Narayana Institute of Medical Sciences
Osudu, Agaram, Kudapakkam Post,
Villianur Commune, Puducherry - 605502.

Seal

Bhaarath
Medical College & Hospital

CHRONIC DISEASE SCRENNING EXTENSION ACTIVITY

Bhaarath Medical College and Hospital organized a free camp for the people in need and gives Medical Care at subsidiary / concession rate. A total of 15 students attended .On 07-07-2022, a General and Chronic disease screening Camp were conducted in Periyaveppedu Village, Thiruporur Block, Chengelput district. A team of faculties with Dr. Hema, CMO Dr.Aravindraj attendedthePatients.Atotalof76beneficiaries were benefited.

Date:07-07-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENTS
1.	NIPUNIKKAAJAYATHAAS
2.	SONARAJJEYAPAULRAJ
3.	SAMYUKTHASPANDHANA S
4.	ARUNRAAJT
5.	ESAKIRAJANKN
6.	ASTHAMANASI
7.	VISHALK
8.	AISHWARYAV
9.	BIRJOSL
10.	HARIRAMS
11.	ESHWAANTHKEERTHIKP
12.	RAMMIYANAYAGHIM
13.	RANJITHKUMARS
14.	ROHITHAK
15.	RAJASUBHASHREER

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospital along with Vugam Foundation organised a free camp for the people in need andgives Medical Care .Atotal of15students attended .On 20-07-2022, a General Medical Camp were conducted in Nallembakkam Village ,Kattankulathur Block , Chenglepat district. A team of faculties with Dr.Hema,CMO attended the Patients.Atotalof95beneficiaries were benefited. 32 patients referred to the hospital.

Date:10-12-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	ABIPRIYANA
2.	UMAKARTHIGAR
3.	PRAVEENKUMAR KV
4.	SOWBARNIKAS
5.	MEENAKSHIS
6.	ALAMURUDILEEPREDDY
7.	MEIARULARASIR
8.	SWEDHADK
9.	DHRUBAJYOTHIBORA
10.	PRADHIKSHASRINP
11.	KAMALESHKUMARS
12.	VARUNKUMARK
13.	TOMPRAVEENRAJS
14.	KARTHICKK
15.	GAYATHIRIVS

Bhaarath
Medical College & Hospital

CYBER SAFETY EVENT REPORT FORM

Name/ Title of the Program	**Awareness program on 'cyber safety'**
Number of students attended	150
Objectives of the Program (in bulleted list)	To raise awareness among students to know more about cyber safety To improve knowledge about cyber bullying and cyber frauds To create an opportunity for practical learning about different aspects of cyber safety and related risks To create safer digital India

Detailed Report of the Program

Awareness program cyber safety was conducted on 25/07/2022. 150 students participated in lecture. Lecture was given by Dr.Sree T. Sucharita, MBBS, MD, and Managing Trustee of Adolescent Health Foundation Of India. She presented the students the opportunity to learn about cyber safety and related risks. She also talked about how to deal with cyberbullying and how to approach and numbers to complain about such event. Students were actively listening and felt it is very useful in day to day life. The program empowered the students in handling situations like that by themselves.

DepartmentOfCommunityMedicine

Extension Activity Report

Type of Extension activity :COVID vaccination camp

Campdate:28/07/2022

Campsite : Sembakkam municipality

Incollaborationwith: DPH, Governmentof TamilNadu

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctor attended: DrAngusubalakshmi R

TotalnumberofStudentsattended:15

Activities:

- Candidates were screened for co-morbidities
- Vaccine was administered for the eligible candidates according to the Government COVID vaccination
- Students actively participated in history taking
- Candidates were observed for post vaccination allergic reactions
- Nil adverse reaction was reported

Bhaarath
Medical College & Hospital

Thefollowinglistofstudentssuccessfullyparticipatedintheextensionactivity.

SLNO	NAMEOFTHE STUDENTS
1.	PONNARASIS
2.	SNEHAV
3.	SANJANAV
4.	ANSHIDAFARHIND S
5.	DEEPAKKUMAARA
6.	ATCHAYAG
7.	VISHALADAVANG
8.	AFREENBANUK
9.	BAJANSI
10.	DIVYADHARSHINI A
11.	DHARSHINIM
12.	RATHIPRIYAA
13.	RESHMAMAHADEVAN
14.	RUBANKARTHICS
15.	RAJITHAR

A. KALAIVANI

Prof and Head of the Department

Department of Community Medicine

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospital organized a free camp for the people in need and gives Medical Care at subsidiary / concession rate. A total of 15 students attended .On 28-07-2022, a General and Eye Medical Camp were conducted in Panakattukpakkam Village, Thiruporur Block, Chengelput district. A team of faculties with Dr.Vignesh ,CMO Dr.Jenifer attended the Patients.Atotalof 90 beneficiaries were benefited. 29 patients referred to the hospital.

Date:28-07-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

The following students successfully participated in Extension activity.

SLNO	NAMEOF THESTUDENTS
1.	JESINTHSWEETONTHOMAST
2.	BRIJOF
3.	SRIRAMP
4.	NANCYAISHWARYA
5.	RASIKS
6.	HARISHNIR
7.	MATHUMITHAAS
8.	NIKHILV
9.	ARUNKUMARM
10.	JERINS
11.	JAHNAVIM
12.	JERVINISHAC
13.	LEESANAGPAL
14.	KAUSHIKAV
15.	LUKKESHWARAN P

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospital organised a free camp for the people n need and gives Medical Care at subsidiary / concession rate. A total of 15 students attended .On 01-08-2022, a General Medical Camp were conducted in Panakattukpakkam Village, Thiruporur Block, Chengelput district. A team of faculties withDr.Vignesh ,CMO Dr.Jeniferattended the Patients. A totalof 90 beneficiaries were benefited.

Date:01-08-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

=

Bhaarath
Medical College & Hospital

SLNO	NAMEOF THESTUDENTS
1.	JESINTHSWEETONTHOMAST
2.	BRIJOF
3.	SRIRAMP
4.	NANCYAISHWARYA
5.	RASIKS
6.	HARISHNIR
7.	MATHUMITHAAS
8.	NIKHILV
9.	ARUNKUMARM
10.	JERINS
11.	JAHNAVIM
12.	JERVINISHAC
13.	LEESANAGPAL
14.	KAUSHIKAV
15.	LUKKESHWARAN P

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

WORLD BREASTFEEDING WEEK

EVENT REPORT FORM

Name/ Title of the Program: Awareness on World breast feeding week.

Type of the Program : Awareness program to Commemorate World breast feeding week

Date: 04.08.2022

Place : Bhaarth medical college and hospital

No of students attended:150

Detailed Report of the Program

Awareness was given to patients visiting OBG OPD Bhaarath Medical College and Hospital about the benefits of breast feeding. Different techniques of breast feeding and do's and dont's during breast feeding was explained elaborately. The importance of exclusive breast feeding was emphasised. The event took place in the OBG OPD, awareness was given to nearly 30 beneficiaries. Post session queries were cleared. It was an informative session.

A. KALAIVANI

Bhaarath
Medical College & Hospital

Extension Activity Report

Bhaarath Medical College and Hospital along with Vugam Foundation organised a free camp for the people in need and gives Medical .A total of 15 students attended .On 09.08.2022, a General and Eye Medical Camp were conducted in MambakkamVillage,ThiruporurBlock, Chengleputdistrict.Ateamoffaculties withDrZubaidaBegum , CMO and Dr. Suresh CMOattended the Patients. A total of 28 beneficiaries were benefited. 9 patients referred to the hospital.

Date:09.08.2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	SRIVAISHNAVISG
2.	SUBHIKSHATK
3.	VIKRAMR A
4.	NITISHM
5.	SAMAKSHGUPTA
6.	VENKATESANS
7.	LEKHAPRIYA.A
8.	SRIRAMSP
9.	MADHURAMADHUMITHAB
10.	KALAIVANIR
11.	MITHILESHPK
12.	KIRANKUMARN
13.	KOTHAPALLIRAHULSUMANTH
14.	JAYALAKSHMIM
15.	RUBEENAM

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospital along with Vugam Foundationorganised afreecampfor thepeopleinneed andgivesMedicalCare.Atotal of15students attended .

On 12-08-2022, a General Medical Camp were conducted in Maraimalar Nagar , Chenglepat district. A team of facultieswithDrHema,CMOattendedthePatients.A totalof 100beneficiaries were benefited. 40 patients referred to the hospital.

Date:12-08-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

173,AgaramMainRoad,Selaiyur,Chennai600073Phone:04461116222,04461116333
Email:hospital@bmch.ac.inwww.bmch.ac.in

S LNO	NAMEOFTHE STUDENTS
1.	PONNARASIS
2.	SNEHAV
3.	SANJANAV
4.	ANSHIDAFARHIND S
5.	DEEPAKKUMAARA
6.	ATCHAYAG
7.	VISHALADAVANG
8.	AFREENBANUK
9.	BAJANSI
10.	DIVYADHARSHINI A
11.	DHARSHINIM
12.	RATHIPRIYAA
13.	RESHMAMAHADEVAN
14.	RUBANKARTHICS
15.	RAJITHAR

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	ABIPRIYANA
2.	UMAKARTHIGAR
3.	PRAVEENKUMAR KV
4.	SOWBARNIKAS
5.	MEENAKSHIS
6.	ALAMURUDILEEPREDDY
7.	MEIARULARASIR
8.	SWEDHADK
9.	DHRUBAJYOTHIBORA
10.	PRADHIKSHASRINP
11.	KAMALESHKUMARS
12.	VARUNKUMARK
13.	TOMPRAVEENRAJS
14.	KARTHICKK
15.	GAYATHIRIVS

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

BhaarathMedicalCollegeandHospitalalongwith VugamFoundationorganised a free camp for the people in need and gives Medical Care at subsidiary / concession rate. .A total of 15 students attended .

On15.08 .2022, a General and were conducted in Kovilancherry Village, Kattankulathur Block, Chengelput district. A team of faculties withDr. Zubaioh , CMO Dr.Arvindraj attendedthePatients.Atotalof 76 beneficiaries were benefited. 31 patients referred to the hospital.

Date:15-08-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENTS
1.	ABISHEKRS
2.	PRIYADHARSHINIJ
3.	THARUNT
4.	ABHINAYASRITSR
5.	NITISHKEVINF
6.	SHARUMATHIB
7.	SABHAREESHD
8.	MUTHULAKSHMIS
9.	PRAVEENCS
10.	HARSHITHAM
11.	KARPAGAVALLI P
12.	NASREENAP
13.	RAKULKUMARRAJASS
14.	HARISHKUMARANAS
15.	SUMAN SAURAV

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

CoastalCleaningDay – SwachhSagarSurakshitsagar

23.08.2022

Bhaarath Medical College as a constituent of Bhaarath Institute of Higher Education and Research, Participated in the coastal cleaning Program at ECR JUHU Beach Chennai. More than 150 Volunteers Participated in this Coastal Cleaning activity.

Our Volunteers Moto

We save marine animals....

We preserve our natural treasures....

We keep toxic chemical ls out of the water

We help the local economy. ...

We create a safer environment...

Professor and HOD
Department of community medicine

Department Of CommunityMedicine

Extension Activity Report

Type of Extension Acitivity: Generaloutreachcamp

Campdate: 30.08.2022

Campsite: Kanjivakam

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended : Dr.AngusubalakshmiR

Totalnumber of Students attended: 15

Activities:

- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Patientswiththeminorailmentsweretreated
- StudentsactivelyparticipatedinExtensionactivity
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- 14patientswhoneededfurthermanagementwerereferredtoBMCH

Bhaarath
Medical College & Hospital

ThefollowingstudentssuccessfullyparticipatedinExtensionactivity.

SLNO	NAMEOFTHESTUDENTS
1.	SANJEEVI R
2.	AKSHETAS
3.	PRAVINBHAR
4.	PRIYANKAAS
5.	SNEHAA
6.	PRAHANTIS
7.	ASHIKAASLS
8.	SANDHIYAR A
9.	AATHIRAIL
10.	FAZILAFATHIMAMK
11.	AKSHARA R
12.	RAGHUS
13.	HARIHARANK
14.	AMRITAVARSHINIB
15.	YUVASHREEA

A. KALAIVANI

Head of the Department

DepartmentofCommunityMedicine

Bhaarath
Medical College & Hospital

Extension Activity Report

Type ofExtensionActivity: Generaloutreachcamp

Campdate:07.09.2022

Campsite: Paddapai

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: DrAnugrahaJ

TotalnumberofStudentsattended:15

Activities:

- Doctorsfromthedepartmentofcommunitymedicineattendedthepatients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Studentsactivelyparticipatedinhistorytaking
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- PatientswhoneededfurthermanagementwerereferredtoBMCH

A. KALAIVANI

Headofthe Department

Bhaarath
Medical College & Hospital

The following list of students successfully participated in the extension activity.

SLNO	NAMEOFTHESTUDENTS
1.	NIROSHARA
2.	VANGALAHASYA
3.	VISHALM
4.	NIRANJANASOUNDARARAJAN
5.	AYSHANAURINM
6.	PRADEEPR
7.	VETRIARASUV
8.	SYEDJAVEDSYEDFAKHIRMOHIDEEN
9.	NANDHITHAR M
10.	MAGIYA P
11.	EDWINABISHEAKPA
12.	PRAGAADEESHGD
13.	SUBHIKSHASHIVALINIS
14.	ABINAYAS
15.	GOKULS

Bhaarath
Medical College & Hospital

Extension Activity REPORT

TypeofExtensionactivity: 13.09.2022

Campsite: Old perungalathur

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: DrSharathU,Dr.AngusubalakshmiR

Totalnumberofbeneficiaries:47

TotalnumberofStudentsattended:15

Activities:

- Doctorsfromthedepartmentofcommunitymedicineattendedthepatients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists

Bhaarath
Medical College & Hospital

ThefollowingstudentssuccessfullyparticipatedinExtensionactivity.

SLNO	NAMEOFTHESTUDENTS
1.	ABIPRIYANA
2.	UMAKARTHIGAR
3.	PRAVEENKUMAR KV
4.	SOWBARNIKAS
5.	MEENAKSHIS
6.	ALAMURUDILEEPREDDY
7.	MEIARULARASIR
8.	SWEDHADK
9.	DHRUBAJYOTHIBORA
10.	PRADHIKSHASRINP
11.	KAMALESHKUMARS
12.	VARUNKUMARK
13.	TOMPRAVEENRAJS
14.	KARTHICKK
15.	GAYATHIRIVS

A. KALAIVANI

Head Of The Department

Department of Community Medicine

Bhaarath
Medical College & Hospital

Department Of Community Medicine

Type of Extension Acitivity:General outreach camp

Campdate:16.09.2022

Campsite: Narikkuravarcolony,Mappedu

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine **Doctorattended:**

Dr.AngusubalakshmiR

TotalnumberofStudentsattended:15

Activities:

- Doctorsfromthedepartmentofcommunitymedicineattendedthepatients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- StudentsactivelyparticipatedinExtensionactivity
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-upwasconductedforthepatientsbytheophthalmologists

Bhaarath
Medical College & Hospital

The following students successfully participated in extension activity

SLNO	NAMEOFTHESTUDENTS
1.	KAVINRAAJTS
2.	RISHABHRAKESHMISHRA
3.	SHUBHANGIARYAN
4.	SAJAYP
5.	AISHWARYARAVI
6.	SYEDJUNAIDSYEDFAKHIRMOHIDEEN
7.	CHARUMATHIT
8.	SUCHITHRA S
9.	ADWITEEYAMAHAPATRA
10.	ANBALAGAN SREEDIVYASHA
11.	PREENAINIYAVALJ
12.	YAMINII
13.	SUPRAJAKS
14.	KIRUTHICAS
15.	SURIYAPRAKASHJR

A. KALAIVANI

Prof and Head of the department
Department of community medicine

Bhaarath
Medical College & Hospital

Department Of Community Medicine

Extension Activity Report

TypeofExtensionActivity: Generaloutreachcamp

Campdate:20.09.2022

Campsite: perumbakkam

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: DrAnugrahaJ

TotalnumberofStudentsattended:15

Activities:

- Doctorsfromthedepartmentofcommunitymedicineattendedthepatients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Studentsactivelyparticipatedinhistorytaking
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- PatientswhoneededfurthermanagementwerereferredtoBMCH

Bhaarath
Medical College & Hospital

Thefollowinglistofstudentssuccessfullyparticipatedintheextensionactivity.

SLNO	NAMEOFTHESTUDENTS
1.	NIROSHARA
2.	VANGALAHASYA
3.	VISHALM
4.	NIRANJANASOUNDARARAJAN
5.	AYSHANAURINM
6.	PRADEEPR
7.	VETRIARASUV
8.	SYEDJAVEDSYEDFAKHIRMOHIDEEN
9.	NANDHITHAR M
10.	MAGIYA P
11.	EDWINABISHEAKPA
12.	PRAGAADEESHGD
13.	SUBHIKSHASHIVALINIS
14.	ABINAYAS
15.	GOKULS

A. KALAIVANI

Prof and Head of the department
Department of community medicine

Bhaarath
Medical College & Hospital

DepartmentOfCommunityMedicine

Extension Activity Report

TypeofExtensionactivity: COVIDvaccinationcamp

Campdate: 23.09. 2022

Campsite: pallikaranai

Incollaborationwith:DPH,GovernmentofTamilNadu

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: DrAngusubalakshmi R

TotalnumberofStudentsattended:15

Activities:

- Candidates were screened for co-morbidities
- Vaccine was administered for the eligible candidates according to the Government COVID vaccination protocol
- Students actively participated in history taking
- Candidates were observed for post vaccination allergic reactions
- Nil adversere actionwasreported

Bhaarath
Medical College & Hospital

Thefollowinglistofstudentssuccessfullyparticipatedintheextensionactivity.

SLNO	NAMEOFTHE STUDENTS
1.	PONNARASIS
2.	SNEHAV
3.	SANJANAV
4.	ANSHIDAFARHIND S
5.	DEEPAKKUMAARA
6.	ATCHAYAG
7.	VISHALADAVANG
8.	AFREENBANUK
9.	BAJANSI
10.	DIVYADHARSHINI A
11.	DHARSHINIM
12.	RATHIPRIYAA
13.	RESHMAMAHADEVAN
14.	RUBANKARTHICS
15.	RAJITHAR

A. KALAIVANI

Prof and Head of the department
Department of community medicine

DepartmentOfCommunityMedicine

Extension activityReport

Typeofactivity: Generaloutreachcamp

Campdate: 29.09.2022

Campsite: Navalur

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: DrAnugrahaJ

Totalnumberofbeneficiaries:59

Totalnumberofstudentsattended:15

Activities:

Doctors from the department of community medicine

attended the patients

- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Studentsactivelyparticipatedinhistorytaking
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- PatientswhoneededfurthermanagementwerereferredtoBMCH

Bhaarath
Medical College & Hospital

Thefollowingstudentssuccessfullycompletedextensionactivity.

SLNO	NAMEOFTHESTUDENTS
1.	SRINIKITHAR
2.	SURUTHIPPRIYAR
3.	VISHAKHHK
4.	POOVIGHAAS
5.	SANJANAS
6.	VINOTHS
7.	MOHAMMADA
8.	SUMAIRKHANA
9.	NALLISUSMITHAMOUNI
10.	JARIPITIUPAGNA
11.	NIKSHITHAJ
12.	MAHERAR
13.	MANIKANDANG
14.	HARINIS
15.	RUBICAV

A. KALAIVANI

Prof and Head of the department
Department of community medicine

Department Of Community Medicine
Camp report

Typeofcamp: Generaloutreachcamp **Campdate:** 07.10.2022 **Campsite:**Ratinamangalam

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: Dr.AngusubalakshmiR,Dr.SharathU

Totalnumberofbeneficiaries:55

Number of students participitated : 15

Activities:

- Doctorsfromthedepartmentofcommunitymedicineattendedthepatients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- 14patientswhoneededfurthermanagementwerereferredtoBMCH

Bhaarath
Medical College & Hospital

Thefollowingstudentssuccessfullyparticipatedinextensionactivity

SL	NAMEOFTHESTUDENTS
1.	BAIRU GAGANA
2.	PAGALAVANK
3.	CHARUMATHIJ
4.	DIVYABHARATHIA
5.	SRIRAKSHIKAJL
6.	VIJAYALAKSHMIVK
7.	SHIVAANIAS
8.	SIVANESHK
9.	BALAVIGNESH V
10.	DHIVYAG K
11.	SOBHITKAMILLA
12.	NANDITHAMUTHUSAMY
13.	DEEPANSURYARS
14.	MELLWINAAKAASHPA
15.	CHARUMATHIB

Head of the Department
DepartmentofcommunityMedicine

DepartmentOfCommunityMedicine

Extension Activity Report

Typeofcamp: Generaloutreachcamp

Camp date: 11.10.2022

Camp site:Somangalam Incollaborati

onwith:**Nil**

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: DrAnugrahaJ

TotalnumberofStudents:15

Activities:

- Doctorsfromthedepartmentofcommunitymedicineattendedthepatients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Studentsactivelyparticipatedinhistorytaking
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- 14patientswhoneededfurthermanagementwerereferredtoBMCH

Headofthe Department

A. KALAIVANI

Headof Department

Thefollowingstudentssuccessfullyparticipatedinextensionactivity

SLNO	NAMEOFTHESTUDENTS
1.	NASEERAK
2.	SANJITD
3.	MONICAK
4.	MOHITHAPUSHPAS
5.	MAHALAKSHMIB
6.	HARSHIKAGIRISHSAHOO
7.	DHRISYAMADHU
8.	SHIVANIN
9.	SANJITHSURIYAM B
10.	ZARAMARIAMB
11.	DASARIMANASSAISREENIVAS
12.	TRISHAMAGAESWARI G
13.	THIRUMANGAIS
14.	JERIVEJOHNM
15.	ARAVINDS

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospitalalongwith VugamFoundationorganised a free camp for the people in need and gives Medical Care at subsidiary / concession rate. .A total of 15 students attended .

On 19-10-2022, a General and Eye Medical Camp were conducted in Kovilancherry Village, Kattankulathur Block, Chengelput district.

A team of faculties withDr. Zubaioh , CMO Dr.Arvindrajattendedthe Patients. Atotalof 76 beneficiaries were benefited. 40 patients referred to the hospital.

Date:19-10-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

The following student successfully completed extension activity.

SLNO	NAMEOFTHESTUDENTS
1.	ABISHEKRS
2.	PRIYADHARSHINIJ
3.	THARUNT
4.	ABHINAYASRITSR
5.	NITISHKEVINF
6.	SHARUMATHIB
7.	SABHAREESHD
8.	MUTHULAKSHMIS
9.	PRAVEENCS
10.	HARSHITHAM
11.	KARPAGAVALLI P
12.	NASREENAP
13.	RAKULKUMARRAJASS
14.	HARISHKUMARANAS
15.	SUMAN SAURAV

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

BhaarathMedicalCollegeandHospitalalongwith VugamFoundationorganised a free camp for the people in need and gives Medical .A total of 15 students attended .On 25-10-2022, Eye Medical Camp were conducted in MambakkamVillage,ThiruporurBlock, Chengleputdistrict.Ateamoffaculties withDrZubaidaBegum , CMO and Dr. Suresh CMOattended the Patients. A total of 30 beneficiaries were benefited. 12 patients referred to the hospital.

Date:25-10-2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	SRIVAISHNAVISG
2.	SUBHIKSHATK
3.	VIKRAMR A
4.	NITISHM
5.	SAMAKSHGUPTA
6.	VENKATESANS
7.	LEKHAPRIYA.A
8.	SRIRAMSP
9.	MADHURAMADHUMITHAB
10.	KALAIVANIR
11.	MITHILESHPK
12.	KIRANKUMARN
13.	KOTHAPALLIRAHULSUMANTH
14.	JAYALAKSHMIM
15.	RUBEENAM

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

BhaarathMedicalCollegeandHospitalorganisedafree campforthe peoplein need and gives Medical Care at subsidiary / concession rate. 15 students attended the event.On 01-11-2022, a General and Eye Medical Camp were conducted in KannaginagarVillage,ST.ThomasMountBlock,Chengelputdistrict.Ateamoffaculties withDr. Vivek , CMO Dr. Arun attended the Patients. A total of 52 beneficiaries were benefited. 9 patients referred to the hospital.

Date:01.11.2022

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

The following student successfully completed extension activity.

SLNO	NAMEOFTHESTUDENT
1.	NIPUNIKKAAJAYATHAAS
2.	SONARAJJEYAPAULRAJ
3.	SAMYUKTHASPANDHANA S
4.	ARUNRAAJT
5.	ESAKIRAJANKN
6.	ASTHAMANASI
7.	VISHALK
8.	AISHWARYAV
9.	BIRJOSL
10.	HARIRAMS
11.	ESHWAANTHKEERTHIKP
12.	RAMMIYANAYAGHIM
13.	RANJITHKUMARS
14.	ROHITHAK
15.	RAJASUBHASHREER

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

DepartmentOfCommunityMedicine

Extension Activity Report

Type of camp: Generaloutreachcamp

Camp date: 16-11-2022

Camp site: URAPAKKAM

Camp coordinator:DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctor attended: DrAnugrahaJ

TotalnumberofStudents:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Students actively participated in history taking
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologists
- 14patientswhoneededfurthermanagementwerereferredtoBMCH

Bhaarath
Medical College & Hospital

The following student successfully participated in extension activity

SLNO	NAMEOFTHESTUDENTS
1.	NASEERAK
2.	SANJITD
3.	MONICAK
4.	MOHITHAPUSHPAS
5.	MAHALAKSHMIB
6.	HARSHIKAGIRISHSAHOO
7.	DHRISYAMADHU
8.	SHIVANIN
9.	SANJITHSURIYAM B
10.	ZARAMARIAMB
11.	DASARIMANASSAISREENIVAS
12.	TRISHAMAGAESWARI G
13.	THIRUMANGAIS
14.	JERIVEJOHNM
15.	ARAVINDS

A. KALAIVANI

Prof and Head of Department
Department of Community Medicine

Bhaarath
Medical College & Hospital

Department Of Community Medicine

Type o of Extension Acitivity: General outreach cam

Camp date: 01/12/2022

Campsite: Kodangacheri,Padappai

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: Dr.AngusubalakshmiR,Dr.Revathi

TotalnumberofStudentsattended:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Students actively participated in Extension activity
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologist

Bhaarath
Medical College & Hospital

The following students successfully participated in extension activity

SLNO	NAMEOFTHESTUDENTS
1.	BAIRU GAGANA
2.	PAGALAVANK
3.	CHARUMATHIJ
4.	DIVYABHARATHIA
5.	SRIRAKSHIKAJL
6.	VIJAYALAKSHMIVK
7.	SHIVAANIAS
8.	SIVANESHK
9.	BALAVIGNESH V
10.	DHIVYAG K
11.	SOBHITKAMILLA
12.	NANDITHAMUTHUSAMY
13.	DEEPANSURYARS
14.	MELLWINAAKAASHPA
15.	CHARUMATHIB

A. KALAIVANI

Prof and Head of the Department

Department of Community Medicine

DepartmentOfCommunityMedicine

Extension Activity Report

TypeofExtensionactivity:COVIDvaccinationcamp

Campdate:12/12/2022

Campsite: Sembakkammunicipality

Incollaborationwith:DPH,GovernmentofTamilNadu

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: DrAngusubalakshmi R

TotalnumberofStudentsattended:15

Activities:

- Candidateswerescreenedforco-morbidities
- Vaccinewasadministered fortheeligiblecandidatesaccordingtotheGovernment COVID vaccination protocol
- Studentsactivelyparticipatedinhistorytaking
- Candidateswereobservedforpost vaccinationallergicreactions
- Niladversereactionwasreported

Bhaarath
Medical College & Hospital

The following list of students successfully participated in the extensionactivity.

SLNO	NAMEOFTHE STUDENTS
1.	PONNARASIS
2.	SNEHAV
3.	SANJANAV
4.	ANSHIDAFARHIND S
5.	DEEPAKKUMAARA
6.	ATCHAYAG
7.	VISHALADAVANG

8.	AFREENBANUK
9.	BAJANSI
10.	DIVYADHARSHINI A
11.	DHARSHINIM
12.	RATHIPRIYAA
13.	RESHMAMAHADEVAN
14.	RUBANKARTHICS
15.	RAJITHAR

Prof and Head of the department
Department of community medicine

DepartmentOfCommunityMedicine

Extension Activity Report

Type of activity: Generaloutreachcamp

Campdate: 09/01/2023

Campsite: Mannivakkam

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctor attended: DrAnugrahaJ

Totalnumberofbeneficiaries:56

Totalnumberofstudentsattended:15

Activities:

- Doctors from the department of communitymedicine attended the patients
- Patients werescreenedfordiabetes,hypertensionandotherchronicdiseases
- Students actively participated in historytaking
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologists

Bhaarath
Medical College & Hospital

The following student successfully completed extension activity.

SLNO	NAMEOFTHESTUDENTS
1.	SRINIKITHAR
2.	SURUTHIPPRIYAR
3.	VISHAKHHK
4.	POOVIGHAAS
5.	SANJANAS
6.	VINOTHS
7.	MOHAMMADA
8.	SUMAIRKHANA
9.	NALLISUSMITHAMOUNI
10.	JARIPITIUPAGNA
11.	NIKSHITHAJ
12.	MAHERAR
13.	MANIKANDANG
14.	HARINIS
15.	RUBICAV

Prof and Head of the department
Department of community medicine

Bhaarath
Medical College & Hospital

Department Of CommunityMedicine

Extension Activity Report

Type of Extension Acitivity: General out reachcamp

Camp date: 18.01.2023

Campsite: Kanjivakam

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: Dr.AngusubalakshmiR

Total number of Students attended: 15

Activities:

- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Patientswiththeminorailmentsweretreated
- StudentsactivelyparticipatedinExtensionactivity
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- 14patientswhoneededfurthermanagementwerereferredtoBMCH

Bhaarath
Medical College & Hospital

The following students successfully participated in Extension activity.

SLNO	NAMEOFTHESTUDENTS
1.	SANJEEVI R
2.	AKSHETAS
3.	PRAVINBHAR
4.	PRIYANKAAS
5.	SNEHAA
6.	PRAHANTIS
7.	ASHIKAASLS
8.	SANDHIYAR A
9.	AATHIRAIL
10.	FAZILAFATHIMAMK
11.	AKSHARA R
12.	RAGHUS
13.	HARIHARANK
14.	AMRITAVARSHINIB
15.	YUVASHREEA

Prof and Head of the department
Department of community medicine

Bhaarath
Medical College & Hospital

DEPARTMENTOFCOMMUNITYMEDICIE
EXTENSION ACTIVITY REPORT

Type of Extension Activity: General Out Reach Camp

Campdate:20/01/2023

Campsite: Paddapai

In collaboration with: Vugam foundation

Camp coordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctor attended: DrAnugrahaJ

Total number of Studentsattended:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patients were screened for diabetes ,hypertension and other chronic diseases
- Students actively participated in history taking
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologists

Bhaarath
Medical College & Hospital

The following list of students successfully participated in the extension activity.

SLNO	NAMEOFTHESTUDENTS
1.	NIROSHARA
2.	VANGALAHASYA
3.	VISHALM
4.	NIRANJANASOUNDARARAJAN
5.	AYSHANAURINM
6.	PRADEEPR
7.	VETRIARASUV
8.	SYEDJAVEDSYEDFAKHIRMOHIDEEN
9.	NANDHITHAR M
10.	MAGIYA P
11.	EDWINABISHEAKPA
12.	PRAGAADEESHGD
13.	SUBHIKSHASHIVALINIS
14.	ABINAYAS
15.	GOKULS

A. KALAIVANI

Professor & Head

Department of Community Medicine

DEPARTMENT OF COMMUNITYMEDICINE

Type of Extension Acitivity: General outreach camp

Camp date:27.01.2023

Camp site :Kodangacheri, Padappai

Campcoordinator:DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctor Attended :Dr.AngusubalakshmiR,Dr.Revathi

Total number of Studentsattended:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patients were screened for diabetes, hypertension and other chronic diseases
- Students actively participated in Extension activity
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologists

Bhaarath
Medical College & Hospital

The following students successfully participated in extension activity

SLNO	NAMEOFTHESTUDENTS
1.	BAIRU GAGANA
2.	PAGALAVANK
3.	CHARUMATHIJ
4.	DIVYABHARATHIA
5.	SRIRAKSHIKAJL
6.	VIJAYALAKSHMIVK
7.	SHIVAANIAS
8.	SIVANESHK
9.	BALAVIGNESH V
10.	DHIVYAG K
11.	SOBHITKAMILLA
12.	NANDITHAMUTHUSAMY
13.	DEEPANSURYARS
14.	MELLWINAAKAASHPA
15.	CHARUMATHIB

Professor & Head

Department of Community Medicine

Bhaarath
Medical College & Hospital

DEPARTMENT OF COMMUNITY MEDICINE

Extension Activity Report

Type of Extension Activity: General Outreach Camp

Camp Date: 30/01/2023

Campsite: Pallavaram

In collaboration with: Vugam foundation

Camp coordinator: Dr. Praveen ,Departmentof ophthalmology

Doctor attended: Dr. AnugrahaJ,, DrAngusubalakshmi .R

TotalnumberofStudentsattended:15

Activities:

- Doctors from the Department of ophthalmology attended the patients
- Patients were screening for eye
- Students actively participated in history taking
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologists

Bhaarath
Medical College & Hospital

The following list of student successfully participated in the extension activity.

SLNO	NAMEOFTHESTUDENTS
1.	ABINAYAB S
2.	PREETHAMJAYAKUMAR
3.	TRISHAT
4.	SONIJ
5.	POOVARASAA D
6.	SARANP
7.	SABARIGANESHP
8.	NIVEDITHAES
9.	PRASANNAC
10.	GOKULPRAKASHS
11.	KAVYAS
12.	PADMAVATHIK
13.	RASHMIABARAGATHM
14.	FARHEENA
15.	SWETHA S

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

BhaarathMedicalCollegeandHospitalorganisedafree campforthe peoplein need and gives Medical Care at subsidiary / concession rate. 15 students attended the event.

On 01-02-2023, a General and Eye Medical Camp were conducted in maraimalar nagar, Chengelputdistrict.Ateamoffaculties withDr. Vivek , CMO Dr. Arun attended the Patients. A total of 72 beneficiaries were benefited. 12 patients referred to the hospital.

Date:01.02.2023

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

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Email:hospital@bmch.ac.inwww.bmch.ac.in

SLNO	NAMEOFTHESTUDENT
1.	NIPUNIKKAAJAYATHAAS
2.	SONARAJJEYAPAULRAJ
3.	SAMYUKTHASPANDHANA S
4.	ARUNRAAJT
5.	ESAKIRAJANKN
6.	ASTHAMANASI
7.	VISHALK
8.	AISHWARYAV
9.	BIRJOSL
10.	HARIRAMS
11.	ESHWAANTHKEERTHIKP
12.	RAMMIYANAYAGHIM
13.	RANJITHKUMARS
14.	ROHITHAK
15.	RAJASUBHASHREER

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

DepartmentOfCommunityMedicine

Extension Activity Report

TypeofExtensionAcitivity: Generaloutreachcamp

Campdate: 06/02/2023

Campsite: pallavakam

Campcoordinator: DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: Dr.AngusubalakshmiR

Total number of Students attended: 15

Activities:

- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Patientswiththeminorailmentsweretreated
- StudentsactivelyparticipatedinExtensionactivity
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- 14patientswhoneededfurthermanagementwerereferredtoBMCH

A. KALAIVANI

Headofthe Department

ThefollowingstudentssuccessfullyparticipatedinExtensionactivity.

SLNO	NAMEOFTHESTUDENTS
1.	SANJEEVI R
2.	AKSHETAS
3.	PRAVINBHAR
4.	PRIYANKAAS
5.	SNEHAA
6.	PRAHANTIS
7.	ASHIKAASLS
8.	SANDHIYAR A
9.	AATHIRAIL
10.	FAZILAFATHIMAMK
11.	AKSHARA R
12.	RAGHUS
13.	HARIHARANK
14.	AMRITAVARSHINIB
15.	YUVASHREEA

Head of the Department DepartmentofCommunityMedicine

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospital along with Vugam Foundation organised a free camp for the peopleinneed andgivesMedicalCare.Atotal of15students attended .

On 09-02-2023 , a General Medical Camp were conducted in SP KOVIL , Chenglepat district. A team of facultieswithDrHema,CMOattendedthePatients.Atotalof 68 beneficiaries were benefited. 18 patients referred to the hospital.

Date:09.02.2023

U. VEDHAMUTHU
Senior Manager
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173,AgaramMainRoad,Selaiyur,Chennai600073Phone:04461116222,04461116333
Email:hospital@bmch.ac.inwww.bmch.ac.in

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	ABIPRIYANA
2.	UMAKARTHIGAR
3.	PRAVEENKUMAR KV
4.	SOWBARNIKAS
5.	MEENAKSHIS
6.	ALAMURUDILEEPREDDY
7.	MEIARULARASIR
8.	SWEDHADK
9.	DHRUBAJYOTHIBORA
10.	PRADHIKSHASRINP
11.	KAMALESHKUMARS
12.	VARUNKUMARK
13.	TOMPRAVEENRAJS
14.	KARTHICKK
15.	GAYATHIRIVS

BHAARATHMEDICALCOLLEGEANDHOSPITAL

(AconstituentcollegeofBIHER)

(DeclaredasDeemed-to-be-Universityu/s3oftheUGCAct, 1956)

Accredited with NAAC 'A' Grade

173,Agaram,mainroad,Selaiyur,Chennai-600073.

DepartmentOfCommunityMedicine

Camp report

Typeofcamp: Generaloutreachcamp

Campdate:13/02/2023 **Campsite:**

Karapakkam

Campcoordinator

:DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctorattended: Dr.AngusubalakshmiR,Dr.SharathU

Totalnumberofbeneficiaries:55

Activities:

- Doctorsfromthedepartmentofcommunitymedicineattendedthepatients
- Patientswerescreenedfordiabetes,hypertensionandotherchronicdiseases
- Patientswiththeminorailmentsweretreated
- Distributeddrugsforfreeofcost
- Eyecheck-up wasconductedforthepatientsbytheophthalmologists
- 14patientswhoneededfurthermanagementwerereferredtoBMCH

Thefollowinglistofstudentssuccessfullyparticipatedintheextension activity.

SLNO	NAMEOFTHESTUDENTS
1.	JESINTHSWEETONTHOMAST
2.	BRIJOF
3.	SRIRAM P
4.	NANCYAISHWARYA
5.	RASIKS
6.	HARISHNIR
7.	MATHUMITHAAS
8.	NIKHIL V
9.	ARUNKUMARM
10.	JERINS
11.	JAHNAVIM
12.	JERVINISHAC
13.	LEESANAGPAL
14.	KAUSHIKA V
15.	LUKKESHWARANP

Head of the Department

DepartmentofCommunityMedicine

Department Of Community Medicine
Extension Activity report

Type of activity: General Out Reach Camp

Camp Date: 03.03.2023

Campsite: Mannivakkam

Camp coordinator: DrSharath U, Senior resident,, Department of Community Medicine

Doctor attended: Dr.AnugrahaJ

Totalnumberofbeneficiaries:72 Totalnumberofstudentsattended:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patients were screened for diabetes hypertension and other chronic diseases
- Students actively participated in history taking
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologists

Bhaarath
Medical College & Hospital

The following student successfully participated in extension activity

SLNO	NAMEOFTHESTUDENTS
1.	BAIRU GAGANA
2.	PAGALAVANK
3.	CHARUMATHIJ
4.	DIVYABHARATHIA
5.	SRIRAKSHIKAJL
6.	VIJAYALAKSHMIVK
7.	SHIVAANIAS
8.	SIVANESHK
9.	BALAVIGNESH V
10.	DHIVYAG K
11.	SOBHITKAMILLA
12.	NANDITHAMUTHUSAMY
13.	DEEPANSURYARS
14.	MELLWINAAKAASHPA
15.	CHARUMATHIB

A. KALAIVANI

Prof and **Head of the Department**

Department of community Medicine

Bhaarath medical college and hospital was visited by Tambaram police commissioner on 07.03.2023.As a gesture of gratitude for services provided by the police personnel small health camp was conducted. Police commissioner of Tambaram also addressed the gathering. All students were instructed to attend the program and oriented on the consequences of ragging and a oath was taken by all students to make the campus a ragging free campus

Bhaarath
Medical College & Hospital

DepartmentOfCommunityMedicine

Extension Activity Report

Type of Extension Activity: General out Reach camp

Campdate:10/03/2023

Campsite: Melkottaiyur

Camp -coordinator: Dr.SharathU, Department of CommunityMedicine

Doctor Attended: Dr.Anugraha J

TotalnumberofStudentsattended:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patients were screened for diabetes hypertension and other chronic diseases
- Students actively participated in history takin
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted for the patients by the ophthalmologists

A. KALAIVANI

Headofthe Department

Bhaarath
Medical College & Hospital

The following list of students successfully participated in the extension activity.

SLNO	NAMEOFTHESTUDENTS
1.	NIROSHARA
2.	VANGALAHASYA
3.	VISHALM
4.	NIRANJANASOUNDARARAJAN
5.	AYSHANAURINM
6.	PRADEEPR
7.	VETRIARASUV
8.	SYEDJAVEDSYEDFAKHIRMOHIDEEN
9.	NANDHITHAR M
10.	MAGIYA P
11.	EDWINABISHEAKPA
12.	PRAGAADEESHGD
13.	SUBHIKSHASHIVALINIS
14.	ABINAYAS
15.	GOKULS

Bhaarath
Medical College & Hospital

DEPARTMENT OF COMMUNITY MEDICINE
EXTENSION ACTIVITY REPORT

Type of Extension activity: General Out Reach Camp

Campdate:15.03.2023

Campsite: Tenneco, SIPCOT, Oragadam

Camp coordinator: Dr.Sharath U, Seniorresident ,Department of Community Medicine

Doctor attended: Dr.Anugraha.J

TotalnumberofStudentsattended:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patients were screened for diabetes hypertension and other chronic diseases
- Students actively participated in history taking
- Patients with the minor ailments were treated
- Distributed drugs for free cost
- Eye check-up was conducted forth patients by the ophthalmologists

Bhaarath
Medical College & Hospital

The following student successfully participated in Extension activity.

SLNO	NAMEOFTHE STUDENTS
1.	JAIGURUPRASADVS
2.	BARATHKUMARS
3.	SULTHANABEGUMG
4.	NIVETHA K
5.	ROOPAKSUDHAKARAN
6.	GERCYCARLINER
7.	NASIHATHABASSUMA
8.	PARTHASARATHYR
9.	ARUNKUMARP
10.	HEMANTHR
11.	GOKULS
12.	INIYAAMULLAIM
13.	MOHAMEDSHERIFF
14.	KIRUTHIKAK
15.	MOHAMMEDSAJID S

Prof and Head
Department of community medicine

Bhaarath
Medical College & Hospital

DEPARTMENTOFCOMMUNITYMEDICINE

Type o of Extension Activity: Health screening camp

General outreach camp Camp date:23.03.2023

Campsite: Kodangacheri, Padappai

Camp coordinator:DrSharathU,Seniorresident,DepartmentofCommunityMedicine

Doctor attended: Dr.AngusubalakshmiR, ,Dr.Revathi

Total numberofStudentsattended:15

Activities:

- Doctors from the department of community medicine attended the patients
- Patients were screened for diabetes, hypertension and other chronic diseases
- Students actively participated in Extension activity
- Patients with the minor ailments were treated
- Distributed drugs for free of cost
- Eye check-up was conducted fort the patients by the ophthalmologists

Bhaarath
Medical College & Hospital

The Following Students Successfully Participated In Extensionactivity

SLNO	NAME OF THE STUDENTS
1.	BAIRU GAGANA
2.	PAGALAVANK
3.	CHARUMATHIJ
4.	DIVYABHARATHIA
5.	SRIRAKSHIKAJL
6.	VIJAYALAKSHMIVK
7.	SHIVAANIAS
8.	SIVANESHK
9.	BALAVIGNESH V
10.	DHIVYAG K
11.	SOBHITKAMILLA
12.	NANDITHAMUTHUSAMY
13.	DEEPANSURYARS
14.	MELLWINAAKAASHPA
15.	CHARUMATHIB

A. KALAIVANI
Prof and Head of the Department
Department of community Medicine

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospital along with Vugam Foundation organised a free camp for the people in need and gives Medical Care. A total of15students attended. On 29-03-2023, A General and Eye Medical Camp were conducted in Kolapakkam , Kanchipuram district. A team of faculties with Dr.Hema,CMO attendedthePatients.Atotalof95beneficiaries were benefited. 45 patients referred to the hospital.

Date:29.03.2023

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Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	ABIPRIYANA
2.	UMAKARTHIGAR
3.	PRAVEENKUMAR KV
4.	SOWBARNIKAS
5.	MEENAKSHIS
6.	ALAMURUDILEEPREDDY
7.	MEIARULARASIR
8.	SWEDHADK
9.	DHRUBAJYOTHIBORA
10.	PRADHIKSHASRINP
11.	KAMALESHKUMARS
12.	VARUNKUMARK
13.	TOMPRAVEENRAJS
14.	KARTHICKK
15.	GAYATHIRIVS

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

HEALTHSCREENINGPROGRAM

Date:05-04-2023

Bhaarath Medical College and Hospital organised a free camp for the people in need and gives Medical Care .15 students attended the event. On 05.04.2023, a General and Eye Medical Camp were conducted in B I H E R . A team of faculties with Dr.Sarath , CMO ,Dr.Rajkumaran JR attended the Patients. A total of 51 beneficiaries were benefited. 24 patients referred to the hospital.

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENTS
1.	NIPUNIKKAAJAYATHAAS
2.	SONARAJJEYAPAULRAJ
3.	SAMYUKTHASPANDHANA S
4.	ARUNRAAJT
5.	ESAKIRAJANKN
6.	ASTHAMANASI
7.	VISHALK
8.	AISHWARYAV
9.	BIRJOSL
10.	HARIRAMS
11.	ESHWAANTHKEERTHIKP
12.	RAMMIYANAYAGHIM
13.	RANJITHKUMARS
14.	ROHITHAK
15.	RAJASUBHASHREER

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

HEALTHSCREENINGPROGRAM

Bhaarath Medical College and Hospital along with Vugam Foundation organised a free camp for the peopleinneed andgivesMedicalCare.Atotal of15students attended .

On 10.04.2023, a General Medical Camp were conducted in Kelambakkam . A team of facultieswithDrHema,CMOattendedthePatients.Atotalof 103 beneficiaries were benefited. 40 patients referred to the hospital.

Date:10.04.2023

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Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	ABIPRIYANA
2.	UMAKARTHIGAR
3.	PRAVEENKUMAR KV
4.	SOWBARNIKAS
5.	MEENAKSHIS
6.	ALAMURUDILEEPREDDY
7.	MEIARULARASIR
8.	SWEDHADK
9.	DHRUBAJYOTHIBORA
10.	PRADHIKSHASRINP
11.	KAMALESHKUMARS
12.	VARUNKUMARK
13.	TOMPRAVEENRAJS
14.	KARTHICKK
15.	GAYATHIRIVS

Department of Community Medicine

Extension Activity Report

Type of Extension activity: health recipe program

Campdate:17.04.2023

Campsite: Kanjivakam

Camp coordinator: DrSharath U, Senior resident, Department of Community Medicine

Doctor attended: Dr..Angu subalakshmi R

Total number of Students attended:15

Activities:

Doctors from the department of community medicine attended the patients

Patients were educated for health recipe's

Students actively participated in Extension activity

Patients with the malnutrition's were treated

Distributed diet advice chart for free of cost

A. KALAIVANI

The following students successfully participated in extension activity

SLNO	NAMEOFTHESTUDENTS
1.	BAIRU GAGANA
2.	PAGALAVANK
3.	CHARUMATHIJ
4.	DIVYABHARATHIA
5.	SRIRAKSHIKAJL
6.	VIJAYALAKSHMIVK
7.	SHIVAANIAS
8.	SIVANESHK
9.	BALAVIGNESH V
10.	DHIVYAG K
11.	SOBHITKAMILLA
12.	NANDITHAMUTHUSAMY
13.	DEEPANSURYARS
14.	MELLWINAAKAASHPA
15.	CHARUMATHIB

A. KALAIVANI

Professor and Head of the Department

Department of Community Medicine

Bhaarath
Medical College & Hospital

HEALTH SCREENING PROGRAM

Bhaarath Medical College and Hospital along with Vugam Foundation organized a free camp for the people in need and gives Medical. A total of 15 students attended.

On 20.04.2023, a General and Eye Medical Camp were conducted in Keerapakam Village, Thiruporur Block, Chengleput district. A team of faculties with Dr. Zubaida Begum , CMO and Dr. Suresh CMO attended the Patients. A total of 28 beneficiaries were benefited. 9 patients referred to the hospital.

Date:20.04.2023

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Bhaarath
Medical College & Hospital

SLNO	NAMEOFTHESTUDENT
1.	SRIVAISHNAVISG
2.	SUBHIKSHATK
3.	VIKRAMR A
4.	NITISHM
5.	SAMAKSHGUPTA
6.	VENKATESANS
7.	LEKHAPRIYA.A
8.	SRIRAMSP
9.	MADHURAMADHUMITHAB
10.	KALAIVANIR
11.	MITHILESHPK
12.	KIRANKUMARN
13.	KOTHAPALLIRAHULSUMANTH
14.	JAYALAKSHMIM
15.	RUBEENAM

U. VEDHAMUTHU
Senior Manager
Marketing & Public Relations Dept.
Cell : 91500 45400

Department of Community Medicine

Extension activity Report

Type of activity : General out reach camp

Camp date: 24.04.2023

Campsite: Manimangalam

Camp coordinator: Dr.Sharath U, Senior resident ,Department of Community Medicine

Doctor attended: Dr.AnugrahaJ

Total number of beneficiaries:56

Total number of students attended:15

Activities:

Doctors from the department of community medicine attended the patients

Patients were screened for diabetes, hypertension, and other chronic diseases

Students actively participated in history taking

Patients with the minor ailments were treated

Distributed drugs for free of cost

Eye check-up was conducted for the patients by the ophthalmologists

Professor and Head

A. KALAIVANI

Department of community medicine

The following students successfully participated in extension activity

SLNO	NAMEOFTHESTUDENTS
1.	BAIRU GAGANA
2.	PAGALAVANK
3.	CHARUMATHIJ
4.	DIVYABHARATHIA
5.	SRIRAKSHIKAJL
6.	VIJAYALAKSHMIVK
7.	SHIVAANIAS
8.	SIVANESHK
9.	BALAVIGNESH V
10.	DHIVYAG K
11.	SOBHITKAMILLA
12.	NANDITHAMUTHUSAMY
13.	DEEPANSURYARS
14.	MELLWINAAKAASHPA
15.	CHARUMATHIB

Professor and Head of the Department

Department of community Medicine

Bhaarath
Medical College & Hospital

Department of Community Medicine

Type of Activity: Students and Faculty Environmental Activity

Date of Activity: 28.04.2023

Place of Activity: Lecture Hall 2, College complex

In Collaboration with: Koodugal trust

Students were actively participated in environmental activity. External resource person from koodugal trust visited our institute on 28.04.2023. they briefed all the attendees on their vision and their idea to inculcate the values of coexisting in this environment. As a depiction of their vision they actively trained, encouraged and motivated all to actively create shelters for birds.

A. KALAIVANI

Professor & Head

Department of Community medicne

EXTENSIONACTIVITYREPORT

Name/Title of the Program : Visit to Central Leprosy Teaching and Research Institute(CLTRI)

Type of the Program :Student extension Program as a visit to CLTRI

Date :04.05.2023 -08.05.2023

Venue: Central Leprosy Teaching and Research Institute(CLTRI),Chengalpattu

Number of participants registered/attended:150

Objectives of the program :visit to CLTRI was to gain knowledge regarding :Organogram ,Structure & Functions of CLTRI National Leprosy Eradication Program Current data on Leprosy incidence & prevalence Types of Leprosy & its treatment Rehabilitation of Leprosy patients

Activities:

Second year MBBS (2021- 22 batch) students of Bhaarath Medical College & Hospital had academic visit to Central Leprosy Teaching & Research Institute (CLTRI) for gaining knowledge regarding the structure and functions of CLTRI, Services that are provided at that center. A Medical Officer described the evolution of the Centre ,staff pattern, IN & OUT patient services, Rehabilitation services like production and distribution of MCR (micro cellular rubber) slippers, Prosthesis, Physiotherapy and reconstructive surgical procedures done. Physiotherapist explained the major nerve damages and respective therapy provided at the institution. StudentsalsovisitedtheMCRslippersproductionunitandfootwearunitandgainedknowledgeregardingthe various types of footwear for various illness. New and old cases were seen by the students and they were taught to identify the difference between early stage diseases with and without nerve involvement and complicated late stage disease.

Students were given lecture regarding

-Evolution of the Institution

-Types, classification ,Management of Leprosy

-Services done at the Institution Students visited

-IN &OUT patient unit

-Physiotherapy unit

-MCR slipper unit and Foot

Photos of events

A. KALAIVANI

Signature of Prof & HOD,
Dept of Community Medicine,
BMCH.

Name/Title of the Program: Extension activity

Type of the Program: Industry visit - TVS Brakes India,

Conducted by : Department of Community Medicine, Bhaarath Medical College and Hospital

Date/ Time: 11.05.2023 -14.5.2023

Venue: TVS Brakes India, Padi

Numberofstudentsattended:150,II YR M.B.B.S.

Objectives of the Program:

Occupationalhealthandsafetymeasurestobefollowedbyautomotiveindustry. Practice of safety training methods and safety standards including PPE.Primary occupational hazards in occupational industry. ESI act / social security measures. Safety software.

Activities conducted in the Program:

1. Lecture by Medical officer on Factory act, ESI Act
2. Visit to Occupational Health Centre , Polishing Unit, Furnace block and Effluent treatment plant

Detailed Report of the Program:

Bhaarath Medical College 2ndyear150MBBSstudentsalongwithDepartmentofCommunity Medicine faculties visited the TVS Brakes India Private Limited is situated in Padi, Chennai in 3 batches for academic purpose. It is an Engineering industry which supplies brake components across India. The total number of employees were 3500 and they were working in three shifts

Industryhadeffectivesecuritysystemandfiresafetymeasuresinplacetoavoid any untoward emergencies. We were given a lecture on Occupational safety, general guidelines of industry,

The employees were provided with 2 meals and 1 break per day heavy work were provided with extra milk. Food was prepared and handled by 4 staffs from TVS limited and nearly 76 contract workers. Food handlers undergo blood and stool investigations for Shigella and Salmonella every 6 months. Deworming for all workers in canteen was also done on regular basis every 6 months. 2 medical officers were available at the industry. Their responsibilities were to manage acute infections with drugs available at the Centre and do referral services to nearby Sundaram Medical foundation. Employees whose monthlywageswaslessthan20000werecoveredbyEmployeesStateInsuranceSchemeand thosewhoseincomeismorethan20000iscoveredbyRoyalSundaramLifeinsurancescheme.

Workerswereatriskofdevelopingthreehazardsinthesesectionnamelycorrosiveinjuriesto eyes, mechanical injuries and hard of hearing.

They were all provided with safety gloves ,face mask and safety boots as personal protective equipment's by the industry. Those who were workinginheavynoiseareawhichwasequippedwithheavymachinerieswereprovidedwith earplugs. Theadvancedmachinerieshadsensorsinthemwhichpreventedmechanicalinjuries. Personemployed3metershighupfromthegroundweremademandatorytowearsafetybelt. Each of the sections had safety committee with three members and they would report any events to the safety officer. After the lecture we visited the various sections of industry like Rubber section, Pressing section, Furnace room and effluent treatment plant. It was indeed a great opportunity for us to have visited the Industry. We learnt the various occupational hazards associated with brake manufacturing and safety measures adopted to overcome these hazards. We also learnt about various health insurance schemes available for the employers and about the importance of safe workplace. Safe environment includes safe workplace and each and every individual should strive to make the world a better place and health should bear priority to each individual

A. KALAIVANI

Signature of Prof & HOD,

Dept of Community Medicine, BMCH.

Bhaarath
Medical College & Hospital

Name/Title of the Program: Academic visit to Aavin-Ambattur, dairy and dairy products.

Type of the Program: Extension activity

Conducted by: Department of Community Medicine

Date/Time: 02.6.2023-04.06.2023 9.00am to 4.00pm

Venue: Aavin–Ambattur

Target Audience/Stakeholders: All the IInd MBBS students

Numberofstudentsattended:150

Objectives of the Program:

Objectives to learn during the visit are size, capacity, working methods of the milk plant. Types of products produced including varieties of milk produced and its importance. How milk is collected from the corporate farmers and quality control tests. Milk processing stages (1. Cleanisation, 2. Homogenisation,3. Standardization 4. Pasteurization).

The MBBS students were taken to the dairy producing industry 'Aavin'at Ambattur. The students were divided into three groups of 50 each and they were taken on the following dates 02.06.2023 - 04.06.2023. Once the students reached the venue they were briefed about the general process of the dairy industry by the shift in-charge present that day. They have also explained how the milk is collected from the corporate farmers and about the various quality control tests. The students were then taken inside the plant where they were explained in detail from the storage of raw milk, processing of the milk till the packaging process. They were explained and showed the various milk processing stages and about the adulterants testing. Next the students were taken into the dairy products section where they were introduced to production of ice creams, cookies, sweets.

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