

**COMMUNITY HEALTH NURSING**  
**CERTIFICATE COURSE ON**  
**INTRODUCTION TO HEALTH CARE ETHICS**

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2. Permission letter
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## REQUISITION LETTER

From

Department of community health nursing

Sree Balaji College of nursing

Chrompet, Chennai-600 044

To

Dr.V.Hemavathy

The principal

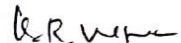
Sree Balaji College of nursing

Chrompet, Chennai

Respected Madam

This is for your kind perusal that we, Community nursing department are planning to conduct a value added course on INTRODUCTION TO HEALTH CARE ETHICS from 18/12/2015 to 11/01/2016, for a period of three weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you

  
Warm regards

HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
SREE BALAJI COLLEGE OF NURSING  
WORKS ROAD, CHROMPET,  
CHENNAI - 600 044



Phone & Fax : 2241 6605

## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

7 December 2015

Department of Community Health Nursing  
Sree Balaji College of Nursing,  
Chennai.

Hereby we grant permission to conduct Value added course on **Introduction to Health care Ethics** from 18.12.2015 to 11.01.2016, for a period of three weeks.

Warm Regards,

  
Principal

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.





# Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SCHOOL OF NURSING**

**DEPARTMENT OF COMMUNITY HEALTH NURSING**


Date: 11.12-2015

## CIRCULAR


### Notification for Value added courses offered by the School of Nursing

The Department of, Community Health Nursing, is scheduled to offer a Value added Course on Hospital House Keeping from 18/12/2015 for a period of 3 weeks. Interested students can approach Mrs.Jegatha.C, Assistant Professor and Course Coordinator, Department of Community Health Nursing for registration and for further details on or before 15<sup>th</sup> December 2015.

### Eligibility-II Bsc(N) students

  
Principal  
V. HEMAVATHY,  
B.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

  
Course Coordinator

  
HOD  
HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, WORKS ROAD, CHROME PET,  
CHENNAI - 600 044.

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments



**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SCHOOL OF NURSING**

**DEPARTMENT OF COMMUNITY HEALTH NURSING**

**VALUE ADDED COURSE ON INTRODUCTION TO HEALTH CARE ETHICS**

**2015-2016**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.CJegatha,  
Assistant Professor and Course Coordinator,  
Department of Community Health Nursing.

**Email ID:** jegatharavikumar@gmail.com

**Mobile number:** 9486955160.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE SYLLABUS**

**2015-2016**

**COURSE ON INTRODUCTION TO HEALTH CARE ETHICS**

**OBJECTIVES :**

1. Students will develop and communicate a personal understanding of the moral significance and ethical responsibilities of being a health care professional.
2. Students will develop and communicate an understanding of the goals of health care, including the influence of culture and diversity on health care practice.
3. Students will develop the knowledge and skills necessary to make ethically responsible patient care decisions, including the development of deliberative capacities in which communication, listening, reflection, and reasoning are part of moral deliberation and conflict resolution.
4. Students will examine inter professional approaches to health care and work in inter professional groups to address ethical issues in health care.
5. Students will assess their abilities in health care contexts with respect to critical reasoning, effective communication, and ethical decision-making.

**MODULE I: Introduction: General ethical issues in health care**

Basic of Health and its provider , Origin & Evaluation , All Council Acts , Need for Health Law – Fraudulance, Negligence and Abuse , Human Rights,Rights& Duties of Health Care Provider (Public & Private Activities) , Role of Health Policy & Health Care Delivery ,Functions and Interaction between court Legislation and Regulations , General Laws on Health Law (Medical Allied Agencies) ,Specific Laws on Health Law (NDT, PWD/etc)

**MODULE II: Foundations in ethical liability**

Values Clarification ⇒ Personal ⇒ Professional ⇒ Organizational Ethical concepts: ⇒ Autonomy ⇒ Beneficence ⇒ Nonmaleficence ⇒ Veracity ⇒ Fidelity ⇒ Informed consent

Ethical theory Classic Deontology Teleology Contemporary Ethic of Care Feminist Ethics  
Justice Ethics Value ethics

### **MODULE III: Ethical issues and practice in health care**

Ethical Issues Health care as a right ,Allocation of resources Abortion End of life issues  
Withdrawing and withholding Euthanasia Principle of double or second effect Vulnerable  
populations Ethical Practice Code for Nurses Professional organization statements, positions  
Barriers to ethical practice Strategies for individual nurses Ethical Decision-making Definition of  
dilemma, Ethical decision-making models

**Total Contact Hours: 30**

#### **TEXT BOOKS**

- Nelson, J.B., & Rohricht, J.S. (1984). Human medicine: Ethical perspectives on today's medical issue. Minneapolis: Augsburg Publishing House. (will not be required to read pp. 179-198)
- K.Park (2019), Text book of Preventive and Social Medicine (25th edition) M/s Banarsidas Bhanat.

#### **REFERENCE BOOKS**

- Ethics In Clinical Practice, J.C. Ahronheim, J.D. Moreno, C. Zuckerman; Aspen Publication, 1999. Medical Ethics, 2nd edition Robert Veatch; Jones and Barle~ Publishers, 1 ~97.
- Clinical Ethics, A.R. Jonsen, M. Siegler, W.J. Winslade; McGraw-Hill, 1992.
- Classic Cases in Medical Ethics, Gregory Pence; McGraw-Hill, 1998.
- Principles of Biomedical Ethics, 4th Edition, T.L. Beauchamp, J.F. Childress; Oxford U. Press, 1994.
- Medicine and the Familv: A Feminist Perspective, Lucy Candib, MD; Lightning Print, 1998. Cases in Bioethics, Selections from the Hastings Center Report, 3rd Edition. Editor-BetteJane Crigger; St. Martin's Press, 1998.
- Doctoring, Eric Cassell; Oxford University Press, 1997. Key reference works are the Encyclopedia of Bioethics and Bibliography of Bioethics.
- Goel S.L .- Administration Rural Hospitals; Hospital Administration and Management, Vo l.I I I

**SCHOOL OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**COURSE ON INTRODUCTION TO HEALTH CARE ETHICS (2015-2016)**

<b>Session</b>	<b>Topic</b>	<b>Date</b>	<b>Duration (Hr)</b>	<b>Resource person</b>
Session I	Introduction to General ethical issues in health care	18-12-2015	3	Dr.Rebecca Samson
Session II	Need for Health Law	21-12-2015	3	J.Krishna Kumar
Session III	Role of Health Policy & Health Care Delivery	22-12-2015	4	Dr.Marriyappan
Session IV	Foundations in ethical liability	24-12-2015	3	Dr.Udhyan
Session V	Organizational Ethical concepts& Theories	26-12-2015	3	Dr.Uma Devi
Session VI	Ethical Issues Health care as a right Allocation of resources?	28-12-2015	4	Dr. Gopala Krishnan
Session VII	Ethical decision-making models	05-01-2016	3	Dr. Shanthi
Session VIII	Ethical Practice Code for Nurses Professional organization statements	07-01-2016	3	Krishna Kumar
Session IX	Barriers to ethical practice Strategies	11-01-2016	4	Dr.Marriyappan

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SCHOOL OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**COURSE ON INTRODUCTION TO HEALTH CARE ETHICS (2015-2016)**

S.NO	REG .NO	NAME OF THE STUDENT
1.	U13NR001	AMMA PONNU.R
2.	U13NR002	ANITHA.B
3.	U13NR003	APPLEDA GRECIA NONGRUM
4.	U13NR004	ARIVOLI.A
5.	U13NR005	AROCKIASEBASTINA.P
6.	U13NR006	ARTHI.K
7.	U13NR007	BADAHUN KHARBYNGAR
8.	U13NR009	BHARATHIRAJA.M
9.	U13NR010	BHUVANESHVARI.M
10.	U13NR011	BLESSY EVANGELINE.Y
11.	U13NR012	CHANDRALEKA.R
12.	U13NR013	DEEPTHI.P
13.	U13NR014	ELLAMMAL.B
14.	U13NR015	HARIPRIYA.K
15.	U13NR017	JAYASHREE.S
16.	U13NR018	JENIFER.A
17.	U13NR019	JOTHI.D
18.	U13NR020	KARPAGAM.S
19.	U13NR021	KAYALVIZHI.G
20.	U13NR022	KOKILA.M
21.	U13NR023	LALITHA.M
22.	U13NR024	LAVANYA.V
23.	U13NR025	MAHALAKSHMI.S

24.	U13NR026	MAHESHWARI
25.	U13NR027	MALA.ABIRAMI
26.	U13NR028	MANDARISA CHYEN
27.	U13NR030	MARBAKOR DIENGDOH.K
28.	U13NR031	MAVIMA.M
29.	U13NR032	MOHANRAJ.D
30.	U13NR033	MONIKA.A
31.	U13NR035	MONISHA.S
32.	U13NR036	MUBINA.S
33.	U13NR037	NATHASHA.M
34.	U13NR038	NEPOLIAN.A
35.	U13NR039	NISHARANI
36.	U13NR040	NISHANTHI. D
37.	U13NR041	NISHATHINI.P
38.	U13NR042	PAULINE NIVETHA.M
39.	U13NR043	PRAVEENA.P
40.	U13NR044	RACHEL.A
41.	U13NR045	RAJESHWARI.D
42.	U13NR046	RAMYA.R
43.	U13NR047	RAMYA.S
44.	U13NR048	RENIYA
45.	U13NR049	RISHISHA KHARRNGI
46.	U13NR050	SABINA.S
47.	U13NR051	SAITHALIFATIMA.M
48.	U13NR052	SANGEETHA.K
49.	U13NR053	SATHYA.M
50.	U13NR054	SHALINI.M
51.	U13NR055	SHERIMA LAKASHIANG
52.	U13NR056	SIVARANJANI.M
53.	U13NR058	SUBASHINI.S(SIVARAJ)



54.	U13NR059	SUBASHINI.S(SEKAR)
55.	U13NR060	SUBASHRI.S
56.	U13NR061	SUGANIYA GRACY.J
57.	U13NR062	SUNDARI.J
58.	U13NR063	SURYA.K
59.	U13NR064	SUVETHA.G.V
60.	U13NR065	SWATHI.M
61.	U13NR066	TAMILSELVI.M
62.	U13NR067	TAMIZHSELVI.S
63.	U13NR069	TODAPYNJANAI MYNSO
64.	U13NR070	USHARANI .P
65.	U13NR071	YUVASRI.K



**Speech given on Ethical Practice Code for Nurses Professional organization statements**



**Speech on Ethical Issues Health care as a right Allocation of resources?**



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INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
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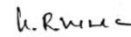
SCHOOL OF NURSING

VALUE ADDED COURSE ON INTRODUCTION TO HEALTH CARE ETHICS

*Certificate of Appreciation*

This Is To Certify That Mr. /Ms.**LAVANYA.S** (U14NR045) B.Sc(N) II Year, Has Attended Three Weeks Value Added Course On **Introduction to Health Care Ethics** Conducted By Department Of Community Health Nursing At School Of Nursing, Chennai (TN), during **DECEMBER 2015**.

  
Principal  
**H. V. HEMAVATHY,**  
(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
Sree Balaji College of Nursing  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

  
HOD  
HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, WORKS ROAD, CHROME PET,  
CHENNAI - 600 044.

  
Course Coordinator

**SCHOOL OF NURSING**  
**STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES**  
**DEPARTMENT OF**  
**COMMUNITY HEALTH NURSING**

Academic year: 2015 - 2016

Name of the value added course offered: *INTRODUCTION TO HEALTH CARE ETHICS*

Period of Batch: 2014 - 2018

Course-co-ordinator: *JEJATHA C*

**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development	✓				
3	Motivation	✓				
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus	✓				
6	Resource person interaction with students	✓				
7	Individual attention		✓			
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				

*Jejatha C*  
Course Coordinator

*Naresh*  
Signature of the student



**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**CERTIFICATE COURSE ON**  
**LIFECYCLE NUTRITION**

**NUTRITION DEPARTMENT**  
**CERTIFICATE COURSE ON**  
**LIFECYCLE NUTRITION**

1. Requisition letter
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## REQUISITION LETTER

From

Department of Nutrition,  
Sree Balaji College of nursing,  
Chrompet, Chennai-600 044

To

Dr.V.Hemavathy,  
The principal,  
Sree Balaji College of nursing,  
Chrompet, Chennai-600044.

Respected Madam

This is for your kind perusal that we, Nutrition department are planning to conduct a value added course on Short Term Course On **Lifecycle Nutrition** from 17/02/2016 to 09/03/2016, for a period of three Weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you.

Warm regards



Department of Nutrition

DEPARTMENT OF NUTRITION  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044

Date- 01/02/2016

From  
Mrs.D. Anitha  
Professor and Head ,  
Department of Nutrition  
Sree Balaji College of Nursing,

To  
The Dean,  
Sree Balaji College of Nursing,  
Bharath Institute of Higher Education and Research,  
Chennai.

**Sub: Permission to conduct value-added course:Lifecycle Nutrition**

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Lifecycle Nutrition 17/02/2016- 09/03/2016. We solicit your kind permission for the same.

Kind Regards

Mrs.D.Anitha



DEPARTMENT OF NUTRITION  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044.

Phone & Fax : 2241 6605



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 01/02/2016

### CIRCULAR

#### Notification for Value added courses offered by college of Nursing

The Department of Nutrition, college of Nursing, is scheduled to offer a Value added Course on Lifecycle Nutrition from 17/02/2016- 09/03/2016 for a period of 3 weeks. Interested students can approach Mrs. D. Anitha , Professor, and Course Coordinator, Department of Nutrition, for registration and for further details on or before 12.02.2016.

Principal

Course Coordinator

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL

SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,

Copy to: Chennai-600 044.

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

COE

Principal

Heads of Departments

HOD

DEPARTMENT OF NUTRITION  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**SYLLABUS**

**NAME OF THE COURSE: Lifecycle Nutrition**

**COURSE HOURS: 30Hours**

**OBJECTIVES:**

- 1) Know the basic principles of Food and Nutrition.
- 2) Describe the Nutritional Assessment Methods.
- 3) To understand the concepts of Sports and Fitness Diet.
- 4) Describe the Nutritional needs during Pregnancy and Lactation.
- 5) Describe the Nutritional needs during various stages-Infancy Preschool, School Children, Adolescent, Adult, and Old Age People

**MODULE I -BASIC NUTRITION**

Functions and Classification of Foods,Relation between Good Nutrition and Health,Factors influencing food and Nutrition, Role of food and its Medicinal Value,Major nutrients, their properties, functions and important Food sources.Mechanisms of digestion, absorption, and metabolism ,Food Standards and Changing Nutritional Scenario.

**MODULE II -ASSESSMENT OF NUTRITIONAL STATUS**

Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.

**MODULE III -SPORTS AND FITNESS DIET**

How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids.Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary Supplements, Nutrition, Physical activity and Health.

## **MODULE IV–NUTRITION DURING PREGNANCY AND LACTATION**

Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy, Prenatal Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.

## **MODULE VI -NUTRITION AND FOOD REQUIREMENTS DURING INFANCY**

Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.

## **MODULE VII –NUTRITION AND FOOD REQUIREMENTS OF PRESCHOOL**

### **SCHOOL GOING CHILDREN AND ADOLESCENCE**

Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescents ,Recommended Dietary Allowances for Preschoolers , School going and Adolescents, Feeding Problem of Adolescents.

## **MODULE VIII-NUTRITION AND FOOD REQUIREMENTS DURING ADULT AND**

### **OLD AGE**

Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern

## **REFERENCE**

1. Dr.Rameshwar Sharma,Text book of Nutrition ,2<sup>nd</sup> Edition,Frontline publications. Page 154-178.
2. Darshan Sohi, Textbook of Nutrition & Therapeutic Diets, 3rd edition,Jay pee brothers' publication.Page 224-340.
- 3.B.Srilakshmi,Dietetics,3<sup>rd</sup>edition,Newage international publishers.Page 145-167.
4. Sheila John, Essentials of Nutrition and Dietetics,2<sup>nd</sup> Edition,Wolters Kluwer Publications.Page 234-267.

**Course Curriculum/Topics with schedule (Min of 30 hours)**

<b>S.NO</b>	<b>DATE</b>	<b>TOPIC</b>	<b>NAME</b>	<b>TIME</b>	<b>HOURS</b>
1.	17.2.2016	Functions and Classification of Foods, Relation between Good Nutrition and Health, Factors influencing food and Nutrition, Role of food and its Medicinal Value, Major nutrients, their properties, functions and important Food sources. Mechanisms of digestion, absorption, and metabolism, Food Standards and Changing Nutritional Scenario.	Dr. Bhuvaneshwari Shankar, Chief Dietitian, Apollo Hospitals	9.00 A.M-1.00 P.M  2.00 P.M-3.00 P.M	5
2.	23.2.2016	Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.	Dr. Mrs. P. Muthu Meenakshi, M.sc, Ph.D, Associate Professor and Head, Food Service Management and Dietetics, Ethiraj College for Women.	9.00 A.M-12.00 P.M  2.00 P.M-3.00 P.M	4
3.	26.2.2016	How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids. Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary	Dr. A. K. Thiagarajan M.D, DPMR Associate Professor Arthroscopy and Sports Medicine, SRMC	9.00 A.M-12.00 P.M	4



		Supplements, Nutrition, Physical activity and Health.			
4.	29.2.2016	Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy, Prenatal Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.	Dr.K.Saraswathi,OB G,Professor and Head,SBMC	9.00A.M-12.00P.M  2.00 P.M-3.00 P.M	4
5.	2.3.2016	Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.	Dr.A.J.Hemamalini, M.Sc,P.hd,(Nutrition ),Professor and Head,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4
6.	4.3.2016	Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescent ,Recommended Dietary Allowances for Preschool , School going and Adolescents, Feeding Problem of Adolescents.	Dr. Gomathi Sivaji, M.sc, M.P hil, P.hd,Professor and Head,Home Science Department W.C.C College for Women	9.00A.M-1.00P.M  2.00 P.M-3.00P.M	5
7.	9.3.2016	Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern	Dr.B.Kundhala, MSc,PCDND,PhD,AssistantProfessor,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4

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# SREE BALAJI COLLEGE OF NURSING

S.No	Reg. No	Name Of The Candidate	Signature
1	U15NR001	R.AARTHI	Aarthi
2	U15NR002	ABEENA ELSA VARGHESE	Abeena
3	U15NR003	R.ABINAYA	Abinaya
4	U15NR004	A.AJITH KUMAR	Ajith
5	U15NR005	P.AMBIKA	Ambika
6	U15NR006	A.ANANTHI	Ana
7	U15NR007	B.ANBUSELVI	Anbuselvi
8	U15NR008	ANU SURESH	Anu
9	U15NR009	D.ANU PRIYA	Anupriya
10	U15NR010	A.ANUSUYA	Anusuya
11	U15NR011	D.ARCHANA	Archana
12	U15NR012	G.ARRIVUMATHI	Arrivumathi
13	U15NR013	R.ARUNA	Aruna
14	U15NR014	B.AYESHA BANU	Ayesha
15	U15NR015	S.BALAJI	Balaji
16	U15NR016	M.BANCY	Bancy
17	U15NR017	G.R.BARRANI	Barrani
18	U15NR018	J.BEAUTLIN	Beautlin
19	U15NR019	K.BHARATHI	Bharathi
20	U15NR020	R.BHAVANI	Bhavani
21	U15NR021	R.DEEPIKA	Deepika
22	U15NR022	DEEPIKA SRINIVASAN	Deepika
23	U15NR023	M.DHANALAKSHMI	Dhanalakshmi
24	U15NR024	S.DURGA DEVI	Durga
25	U15NR025	R.GAYATHRI	Gayathri
26	U15NR026	D.GIRIJA	Girija
27	U15NR027	A.HAMEETHA BEGUM	Hameetha
28	U15NR028	P.INDUMATHI	Indumathi
29	U15NR029	N.ISABEL MONIKA	Isabel
30	U15NR030	R.JANAKI	Janaki
31	U15NR031	S.JAYANTHI	Jayanthi
32	U15NR032	M.JAYASHREE	Jayashree
33	U15NR033	R.JENIFER	Jenifer
34	U15NR034	M.KALAIVANI	Kalaivani
35	U15NR035	S.KALAIVANI SELVARAJ	Selvaraj
36	U15NR036	S.KALAIVANI STEPHEN	Kalaivani
37	U15NR037	K.KAVIPRIYA	Kavipriya
38	U15NR038	C.S.KAVIYA	Kaviya
39	U15NR039	S.KAYALVIZHI	Kayalvizhi
40	U15NR040	L.KEERTHANA	Keerthana
41	U15NR041	S.KIRUTHIGA	Kiruthiga
42	U15NR042	K.KOKILA	Kokila

43	U15NR043	G.KOWSALYA	Kowsalya
44	U15NR044	R.KOWSALYA	Kowsalya
45	U15NR045	R.LAKSHMI	Lakshmi
46	U15NR046	M.MAGIMAI YUVANKA	Magimai
47	U15NR047	R.MAHALAKSHMI	Mahalakshmi
48	U15NR048	M.MANGAYARKARASI	Mangayarkarasi
49	U15NR049	A.MANJU	Manju
50	U15NR050	A.MANJU REKHA	Manju Rekha
51	U15NR051	M.MOHAN	Mohan

## **FOOD HABITS OF ADOLESCENCE**



## **SPORTS NUTRITION AND DIETARY SUPPLEMENTS**



51 students has participated in the value added courses on Lifecycle Nutrition organized by Nutrition department on 17.02.2016.



**COLLEGE OF NURSING**  
**VALUE ADDED COURSE ON LIFECYCLE NUTRITION**

*Certificate of Appreciation*

This Is To Certify That **Mr/Ms R. KOWSALYA (U15NR044)** B.Sc(N) I Year, has Attended Three Weeks Value Added Course On Lifecycle Nutrition Conducted By Department Of Nutrition At Sree Balaji College Of Nursing, Chennai (TN), during 17/02/2016- 09/03/2016.

**COURSE COORDINATOR**

*D. Daulta*

**HOD**

*D. Daulta*

**DEPARTMENT OF NUTRITION**  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044

*V. Hemavathy*  
**PRINCIPAL**  
**Dr. V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N).  
**PRINCIPAL**  
**SREE BALAJI COLLEGE OF NURSING**  
No. 7, Works Road, Chromepet.  
Chennai-600 044.



**SREE BALAJI COLLEGE OF NURSING**

**STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES**

**DEPARTMENT OF NUTRITION**

Academic year: 2016

Name of the value added course offered: Life cycle Nutrition

Period of Batch: 17.2.2016 - 9.3.2016

Course - Coordinator: R. S. Diana

**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation	✓				
4	Regularity and punctuality of teacher			✓		
5	Coverage of syllabus		✓			
6	Resource person interaction with students	✓				
7	Individual attention		✓			
8	Outcome			✓		
9	Competency of the course		✓			
10	Other suggestions		✓			

Course co-coordinator

Signature of the student

R. S. Diana

R. Jaylone

**DEPARTMENT OF NUTRITION**  
Sree Balaji College of Nursing  
C.L.C Works Road,  
Chennai - 600 044.







**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**CERTIFICATE COURSE ON**  
**NUTRITION IN THE LIFE SPAN**

**NUTRITION DEPARTMENT**  
**CERTIFICATE COURSE OF**  
**NUTRITION IN THE LIFESPAN**

1. Requisition letter
2. Permission letter
3. Circular
4. Co -Coordinator detail
5. Syllabus
6. New lesson plan
7. Student list
8. Photo
9. Certificate
- 10.Feedback

## REQUISITION LETTER

From

Department of Nutrition,  
Sree Balaji College of nursing,  
Chrompet, Chennai-600 044

To

Dr.V.Hemavathy,  
The Principal,  
Sree Balaji College of nursing,  
Chrompet,Chennai-600044.

Respected Madam

This is for your kind perusal that we, Nutrition department are planning to conduct a value added course on Short Term Course On **Introduction to Nutrition in the Lifespan** from 18/04/2016 to 06/05/2016, for a period of three Weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you.

Warm regards



DEPARTMENT OF NUTRITION  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044.

Department of Nutrition

Date-02/04/2016

From

Mrs. D. Anitha

Professor and Head

Nutrition Department,

Sree Balaji College of Nursing,

To

The Dean,

Sree Balaji College of Nursing,

Bharath Institute of Higher Education and Research,

Chennai.

**Sub: Permission to conduct value-added course: Introduction to Nutrition in the Lifespan**

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: Introduction to Nutrition in the Lifespan 18/04/2016 -06/05/2016 . We solicit your kind permission for the same.

Kind Regards



Mrs. D. Anitha

**DEPARTMENT OF NUTRITION**  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044.



Phone & Fax : 2241 6605

## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 02/04/2016


### CIRCULAR

#### Notification for Value added courses offered by college of Nursing

The Department of Nutrition, college of Nursing, is scheduled to offer a Value added Course on Introduction to Nutrition in the Lifespan from 18/04/2016- 06/05/2016 for a period of 3 weeks. Interested students can approach Mrs. D. Anitha , Professor and Course Coordinator, Department of Nutrition for registration and for further details on or before 12.04.2016.

Principal

Course Coordinator

  
Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

HOD



DEPARTMENT OF NUTRITION  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044.

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

COE

Principal

Heads of Departments

**V BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SCHOOL OF NURSING**

**DEPARTMENT OF NUTRITION**

**VALUE ADDED COURSE SHORT TERM COURSE ON INTRODUCTION TO  
NUTRITION IN THE LIFESPAN**

**2015-2016**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.D. ANITHA, Professor and Head, Department of Nutrition

**Email ID:** anitaman2008@gmail.com

**Mobile number:** 9841720127

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**SYLLABUS**

**NAME OF THE COURSE: NUTRITION IN THE LIFESPAN**

**COURSE HOURS: 30Hours**

**OBJECTIVES:**

- 1) Know the basic principles of Food and Nutrition.
- 2) Describe the Nutritional Assessment Methods.
- 3) To understand the concepts of Sports and Fitness Diet.
- 4) Describe the Nutritional needs during Pregnancy and Lactation.
- 5) Describe the Nutritional needs during various stages-Infancy Preschool, School Children, Adolescent, Adult, and Old Age People

**MODULE I -BASIC NUTRITION**

Functions and Classification of Foods,Relation between Good Nutrition and Health,Factors influencing food and Nutrition, Role of food and its Medicinal Value,Major nutrients, their properties, functions and important Food sources.Mechanisms of digestion, absorption, and metabolism ,Food Standards and Changing Nutritional Scenario.

**MODULE II -ASSESSMENT OF NUTRITIONAL STATUS**

Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.

**MODULE III -SPORTS AND FITNESS DIET**

How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids.Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary Supplements, Nutrition, Physical activity and Health.

**MODULE IV–NUTRITION DURING PREGNANCY AND LACTATION**

Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy,Prenatal

Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.

## **MODULE VI -NUTRITION AND FOOD REQUIREMENTS DURING INFANCY**

Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.

## **MODULE VII –NUTRITION AND FOOD REQUIREMENTS OF PRESCHOOL**

### **SCHOOL GOING CHILDREN AND ADOLESCENCE**

Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescents ,Recommended Dietary Allowances for Preschoolers , School going and Adolescents, Feeding Problem of Adolescents.

## **MODULE VIII-NUTRITION AND FOOD REQUIREMENTS DURING ADULT AND**

### **OLD AGE**

Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern

## **REFERENCE**

1. Dr.Rameshwar Sharma,Text book of Nutrition ,2<sup>nd</sup> Edition,Frontline publications. Page 154-178.
2. Darshan Sohi, Textbook of Nutrition & Therapeutic Diets, 3rd edition,Jay pee brothers' publication.Page 224-340.
- 3.B.Srilakshmi,Dietetics,3<sup>rd</sup>edition,Newage international publishers.Page 145-167.
4. Sheila John, Essentials of Nutrition and Dietetics,2<sup>nd</sup> Edition,Wolters Kluwer Publications.Page 234-267.



**Course Curriculum/Topics with schedule (Min of 30 hours)**

<b>S.NO</b>	<b>DATE</b>	<b>TOPIC</b>	<b>NAME</b>	<b>TIME</b>	<b>HOURS</b>
1.	17.2.2016	Functions and Classification of Foods, Relation between Good Nutrition and Health, Factors influencing food and Nutrition, Role of food and its Medicinal Value, Major nutrients, their properties, functions and important Food sources. Mechanisms of digestion, absorption, and metabolism, Food Standards and Changing Nutritional Scenario.	Dr. Bhuvaneshwari, Shankar, Chief Dietitian, Apollo Hospitals	9.00 A.M-1.00 P.M  2.00 P.M-3.00 P.M	5
2.	23.2.2016	Need and Purpose of assessing Nutritional Status, Methods of Assessing Nutritional Status-Direct and Indirect Methods. Nutrition Care Recommendations: Nurse, Nurses support in Nutrition Intervention Programs. Healthy diet and food choices, and how such choices will help prevent health problems. Nutrition Education and Role of Nurse.	Dr. Mrs. P. Muthu Meenakshi, M.sc, Ph.D, Associate Professor and Head, Food Service Management and Dietetics, Ethiraj College for Women.	9.00 A.M-12.00 P.M  2.00 P.M-3.00 P.M	4
3.	26.2.2016	How to help clients select a sports diet with the right balance of carbohydrates, proteins, fats and fluids. Managing people with eating disorders and body image issues. Introduction to sports and Exercise Nutrition, Energy Balance and Body Composition, Protein Needs for Exercise, Eating and Muscle gain, Dietary Supplements, Nutrition, Physical activity and Health.	Dr. A. K. Thiagarajan M.D, DPMR Associate Professor Arthroscopy and Sports Medicine, SRMC	9.00 A.M-12.00 P.M	4

4.	29.2.2016	Nutrient needs during Pregnancy, Dietary and Caloric Recommendations, Fluid intake during Pregnancy, Ideal foods to eat during Pregnancy, Foods to avoid during Pregnancy, Prenatal Vitamin and Mineral Supplements, Nutritional Demands of Lactation, Food Guidance for Lactating Women.	Dr.K.Saraswathi,OB G,Professor and Head,SBMC	9.00A.M-12.00P.M  2.00 P.M-3.00 P.M	4
5.	2.3.2016	Growth and development during Infancy, Nutritional requirements, Feeding methods like breast feeding, Artificial feeding, and preterm feeding, Recommendations for Breast feeding, Contra-indications of Breast Feeding ,Weaning foods or Complementary Feeding, Principles of Weaning, Feeding problems in Infants.	Dr.A.J.Hemamalini, M.Sc,P.hd,(Nutrition ),Professor and Head,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4
6.	4.3.2016	Growth and Development during Childhood ,Diet for school going children and preschoolers, Feeding Problems of the Children, Diet Planning for Adolescent ,Recommended Dietary Allowances for Preschool , School going and Adolescents, Feeding Problem of Adolescents.	Dr. Gomathi Sivaji, M.sc, M.P hil, P.hd,Professor and Head,Home Science Department W.C.C College for Women	9.00A.M-1.00P.M  2.00 P.M-3.00P.M	5
7.	9.3.2016	Nutrition During Adulthood, Diet Planning for Adults, Recommended Dietary Allowances for Adults, Changes associated with Aging, RDA for old aged people, Health Status of the Aged in India, Diet and Feeding Pattern	Dr.B.Kundhala, MSc,PCDND,PhD,AssistantProfessor,Clinical Nutrition Department,SRMC	9.00A.M-1.00P.M	4

# SREE BALAJI COLLEGE OF NURSING

S.No	Reg.No	Name Of The Candidate	Signature
1	U15NR052	NAGARANI S	Nagarani
2	U15NR053	NALINI J	Nalini
3	U15NR054	NALINI M	Nalini
4	U15NR055	NANDHINI A	Nandhini
5	U15NR056	NITHYA R	Nithya
6	U15NR057	PARAMESWARI A	Parameswari A
7	U15NR058	PARAMESHWARI D	Parameswari
8	U15NR059	PONNUMANI T	Ponnumani
9	U15NR060	POOJA R BHATT	Pooja R Bhatt
10	U15NR061	PRADEEPA M	Pradeepa
11	U15NR062	PRATHIBA M	Prathiba
12	U15NR063	PREETHA R	Preetha
13	U15NR064	PREETHIANGELINE R	Preethi Angeline
14	U15NR065	PRIYADHARSHINI B	Priyadharshini
15	U15NR066	RAJKUMAR K	Rajkumar
16	U15NR067	RANJITHA S	Ranjitha
17	U15NR068	REETHA I	Reetha
18	U15NR069	RENUKA P	Renuka
19	U15NR070	REVATHI A	Revathi
20	U15NR071	REVATHY V	Revathy
21	U15NR072	RIZWANA A	Rizwana
22	U15NR073	ROHINI K	Rohini
23	U15NR074	SANGEETHA B	Sangeetha
24	U15NR075	SEETHALAKSHMI S	Seethalakshmi
25	U15NR076	SEVVANTHI S	Sevvanthi
26	U15NR077	SHALINI G	Shalini G
27	U15NR078	SHALINI S	Shalini S
28	U15NR079	SHAPNA K	Shapna K
29	U15NR080	SHARMILA K	Sharmila K
30	U15NR081	SHEELI PUNITHA P	Sheeli Punitha P
31	U15NR082	SHOBANA S	Shobana S
32	U15NR083	SINDHUJA D	Sindhuja D
33	U15NR084	SOWMIYA M	Sowmya M
34	U15NR085	SUDHA P	Sudha P
35	U15NR086	SUDHARANI G	Sudharani G
36	U15NR087	SUGANYA R	Suganya R
37	U15NR088	SUJATHAKUMARI L	Sujatha Kumari
38	U15NR089	SUMITHA S	Sumitha S
39	U15NR090	SWATHI KARTHIGA S	Swathi Karthiga

## **ASSESSMENT OF NUTRITIONAL STATUS**



39 students has participated in the value added courses on Introduction to Nutrition in the lifespan organized by Nutrition department on 18.4.2016.

## **NUTRIENT REQUIREMENTS DURING PREGNANCY**





COLLEGE OF NURSING  
VALUE ADDED COURSE ON LIFECYCLE NUTRITION  
*Certificate of Appreciation*

This Is to Certify That **Mr/Ms R. SUGANYA (U15NR087)** B. Sc(N) I Year , has Attended Three Weeks Value Added Course On Introduction to Nutrition in the Lifespan Conducted By Department Of Nutrition At Sree Balaji College Of Nursing, Chennai (TN), during 18/04/2016-06/05/2016.

COURSE COORDINATOR

*D. Anelli*

HOD

DEPARTMENT OF NUTRITION  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044

*V. Hemavathy*  
PRINCIPAL

Dr. V. HEMAVATHY  
M.Sc.(N), M.A., M.Phil., Ph.D.(N)  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chrompet,  
Chennai-600 044.



**SREE BALAJI COLLEGE OF NURSING**

**STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES**

**DEPARTMENT OF NUTRITION**

Academic year: 2016

Name of the value added course offered: Nutrition in the life span

Period of Batch: 18.04.2016 - 6.5.2016

Course - Coordinator: D. Anilke

**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation			✓		
4	Regularity and punctuality of teacher		✓			
5	Coverage of syllabus	✓				
6	Resource person interaction with students			✓		
7	Individual attention		✓			
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions			✓		

Course co-coordinator

*D. Anilke*

Signature of the student

*Anilke S.*

**DEPARTMENT OF NUTRITION**  
Sree Balaji College of Nursing  
No.7, C.L.C Works Road,  
Chrompet, Chennai - 600 044.

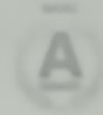


Sree Balaji College of Nursing  
Department Of Medical Surgical Nursing  
**VALUE ADDED COURSE**  
**ON**  
**TRAINING AND DEVELOPMENT IN HOSPITALITY**  
**INDUSTRY**  
**2015-2016**

1. Requisition letter
2. Circular
3. Course Co- Coordinator
4. Syllabus
5. Lesson Plan
6. Student List
7. Certificate
8. Photo
9. Feed Back



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
Established in the year 1983



## REQUISITION LETTER

FROM

25 April 2016

Head of the Department

Department Of Medical Surgical Nursing

Sree Balaji College of Nursing

Chennai-64

TO

DR. V. Hemavathy

Principal,

Sree Balaji College of Nursing

Chennai-64

Respected madam,

Kindly grant me permission to conduct value added course on training and development in hospitality industry from 25.04.16 to 30.04.2016 for a period of one week.

THANKING YOU

*Forwarded*  
Dr. V. HEMAVATHY,  
HEAD OF THE DEPARTMENT  
MEDICAL SURGICAL NURSING  
SREE BALAJI COLLEGE OF NURSING  
CHENNAI-64

Yours faithfully

*Dr. V. Hemavathy*  
HEAD OF THE DEPARTMENT  
MEDICAL SURGICAL NURSING  
SREE BALAJI COLLEGE OF NURSING  
CHENNAI-64



**PERMISSION LETTER**

Department Of Medical Surgical Nursing

Sree Balaji College Of Nursing

Chennai

Hereby we grant permission to conduct value added course on Training and development in hospitality industry from 25<sup>th</sup> April 2016 to 30<sup>th</sup> april2016 for a period of one week .

Warm regards



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

Date: 23-4-2016

SREE BALJI COLLEGE OF NURSING

CIRCULAR

Notification for Value added courses offered by the Sree Balaji College Of Nursing

DEPARTMENT OF MEDICAL SURGICAL NURSING

The Department of Medical Surgical Nursing is scheduled to offer a Value added Course on **Training And Development In Hospitality Industry** from 25<sup>th</sup> April 2016 for a period of 1 week. Interested students can approach Mrs. Girijabhaskaran, Professor and Course Coordinator, Department of Medical surgical Nursing for registration and for further details on or before 24th April 2016

Eligibility- DGNM, ANM, B.SC (NURSING) M.SC (NURSING)

Course Coordinator

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

HOD

HEAD OF THE DEPARTMENT  
MEDICAL SURGICAL NURSING  
SREE BALAJI COLLEGE OF NURSING  
7 Works Road, Chromepet,  
Chennai - 600 122



**BHARATH INSTITUTE OF HIGHER EDUCATION AND  
RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF MEDICAL SURGICAL NURSING**

**VALUE ADDED COURSE ON TRAINING AND DEVELOPMENT IN  
HOSPITALITY INDUSTRY**

**25 APRIL 2016**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs. Girija bhaskaran , Professor, HOD, Department of  
Medical surgical Nursing

**Email ID:** girijas@bharathuniv.ac.in,girijabhaski@gmail.com

**Mobile number:** 9443990430

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF MEDICAL SURGICAL NURSING**  
**VALUE ADDED COURSE SYLLABUS**

**25 April 2016**

**OBJECTIVES**

1. To understand the need of training and development in hospitality industry
2. To develop skill in hospitality Industry
3. To create awareness of online programme on hospitality industry

**MODULE1:** Introduction To Hospitality Industry

**MODULE2:** Principles Of Training And Development

**MODULE3:** Essential Qualities Of Hospitality Managers

**PRACTICAL SESSION-1 HOUR**

**Total Contact Hours: 30**

## **TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY**

25th April 2016 (9.00 AM- 4. 00 PM)      **VENUE:** SREE BALAJICOLLEGE OF  
NURSING , AUDITORIUM

<b>MODULE1</b>	Introduction To Hospitality Industry
<b>MODULE2</b>	Principles Of Training And Development
<b>MODULE3</b>	Essential Qualities Of Hospitality Managers

## **LESSON PLAN ON TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY**

### **INTRODUCTION:**

The hospitality industry is one that is primarily focused on customer satisfaction. It is built on leisure or is luxury-based, as opposed to meeting basic needs. Hotels and resorts, cruise lines, airlines and other various forms of travel, tourism, special event planning, and restaurants all generally fall under the realm of the hospitality.

**The** hospitality industry is much broader than most other industries. The majority of business niches are composed of only a handful of different

businesses, but this industry applies to nearly any company that is focused on customer satisfaction and meeting leisurely needs rather than basic ones.

Reception. House Keeping. Food and Beverage . The Workshop. **Hospitality industry** includes – lodging etc

What is **FIT**- FIT is defined as the independent travel and travel planning of a single person or family group. When people travel, there are many ways to go and equally many ways to see and experience a world of possible destinations. Despite there being so many options in travel and ways to experience destinations, it can all be narrowed down to two, separate categories of classification:

### **Why it is important to participate in training?**

A career in the hospitality industry can be something that you can pursue through life. It can be a rewarding career path as you can climb up the ranks, from being a busboy, for instance, to being the hotel manager. This is made possible with dedication, hard work, further education and training, some of which the hotel owner may provide. But employees can also supplement the hotel-sponsored training with voluntary training. If needed, you can always take out personal online loans for training. The cost of training will be worth it if it means opening up more career opportunities for you in the future.

### **The Importance of Training & Development in the Hospitality Industry. :**



. In the hospitality industry, providing great services to customers is a must. However, having a strategic location close to popular tourist attractions and investing in well-furnished rooms and well thought out amenities, from a gym to high-speed .

Lack of trained manpower is the single most limiting factor for growth of the hospitality industry.” Training refers to the planned effort by a company to facilitate employees learning of job-related competencies, which include knowledge, skills, or behaviours that are critical for successful job performance. Management development is all those activities and programme.

The hospitality industry exists to serve the needs of guests whether it is food service, lodging, or both. For this reason, training and developing your staff is crucial to having satisfied guests. Each employee can affect the guests’ experience in positive or negative ways.

Training for the hospitality industry is diverse. Basic skills include communication and ways to interact with the hotel guests. It also involves teamwork training and diversity training, because the staff is perceived as one unit by guests.

### **The Importance of Training & Development in the Hospitality Industry**

- The Company Culture. Every hospitality company has its own special way of doing things.
- Developing and Training Talent. Many hospitality workers start in entry-level positions and work their way up into...
- Problem Solving and Service. Great service that leads to amazing experiences is the goal of the hospitality industry.
- Safety and Security. If a danger presents itself in the hotel, guests look to staff to direct them.

Training and development involves **improving the effectiveness of organizations and the individuals and teams within them**. Training may be viewed as related to immediate changes in organizational effectiveness via organized instruction, while development is related to the progress of longer-term organizational and employee goals.

While training and development technically have differing definitions, the two are oftentimes used interchangeably and/or together. Training and development has historically been a topic within applied psychology but has within the last two decades become closely associated with human resources

management, talent management, human resources development, instructional design, human factors, and knowledge management.

## **Principles Of Training and Development**

---

When a company puts its employees through training programs, it must ensure that they are efficient and relevant to the employees' tasks in the organization as it is estimated that only 20-30% of training given to employees are used in the month later. To help mitigate this issue, some general principles should be followed to increase employees desire to take part in the program. These include:

- Self efficacy: These means to increase the learners belief that they can fully comprehend the teaching Attitude.
- An uncooperative attitude towards learning could hinder the individual's capability to grasp the knowledge being provided.
- Competence: This is the skill an individual develops that enables them to make good decisions in an efficient manner.
- External motivators: These are the behaviours individuals present when a reward or extrinsic goal is given to them

Motivation is an internal process that leads to an employee's behaviour and willingness to achieve organizational goals. Creating a motivational environment within an organization can help ensure employees achieve their highest level of productivity.

Motivation can create an engaged workforce that enhances individual and organizational performance. The model for motivation is represented at the most basic level by motivators separated into two different categories:

- Intrinsic factors: These represent the internal factors to an individual, such as the difficulty of the work, achievement recognition, responsibility, opportunity for meaningful work, involvement in decision making, and importance within the organization.
- Extrinsic factors: These are external factors to the individual, such as job security, salary, benefits, work conditions, and vacations.

### **How to Create a Hospitality Leadership Development and Training Program**

- Make a list of traits that will serve as a basis for the leadership roles you are trying to fill.

- Dip deep and avoid making this list too vague.
- Focus on areas where the business can grow, or positions that will need to be filled when veteran employees retire.

Include items such as “We need a leader who can foster social interaction and collaboration among the staff,” as opposed to “We need someone who is outgoing.”

## **Essential Qualities for Hospitality Managers**

Let's face it; not everyone has what it takes to be in a leadership position, and that's perfectly fine. When you go to train and develop new hospitality managers, however, you will want to seek out candidates who can bring new talents to the table.

- **Innovative:** New trends are evolving every day in the hospitality industry, so you will want someone who values quality over quantity, and is willing to do whatever it takes to improve all areas of the business
- **Adaptable & Genuine:** A successful leader works well with diverse groups of people and genuinely cares about the needs of others.
- **Allied Vision:** You will want someone who shares the same vision as your company and has a vision for their growth and career success

**PROGRAM SCHEDULE CERTIFICATE PROGRAM**  
**TRAINING AND DEVERLOPMENT IN HOSPITALITY INDUSTRY**

**DATE 25.4.2016**

**VENUE: SREE BALAJI COLLEGE OF NURSING, AUDITORIUM**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
9.00 AM	<b>REGISTRATION</b>	
9.30 AM	Prayer Song Welcome Address & About the course and the college	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
10 AM	<b>Introduction to Hospitality industry</b>	Mrs.Semmalar, Professor, Department of medical surgical nursing
11AM	<b>How to Create a Hospitality Leadership</b>	Mrs,vatchala , Miot International Hospital, Chennai
11.30AM	<b>BREAK</b>	
12 PM	Is It important to participate in training	Mr.dhandapani ,Sree Balaji Medical College And Hospital,Chrompet
1.15PM	<b>LUNCH</b>	

2.15PM	social interaction and collaboration among the staff	Mrs.Pauline sheela priya, Asst.professor Department of Medical surgical Nursing
3.30PM	<b>COFFEE BREAK</b>	
4PM	<b>FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION</b>	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

**DATE 26.4.2015**

**VENUE: SREE BALAJI COLLEGE OF NURSING, AUDITORIUM**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address & About the course and the college	Mrs. Girijabhaskaran, Professor, HOD, Department of Medical surgical Nursing
10 AM	Essential Qualities for Hospitality Managers	Mrs.Srimathi, Sree Balaji Medical College And Hospital,Chrompet
11AM	teamwork training and diversity training,	Mrs.Semmalar, Professor, Department of medical surgical nursing
11.30AM	<b>BREAK</b>	
12 PM	Developing and Training Talent	Mr.Saravana ,Sree Balaji Medical College And Hospital,Chrompet
1.15PM	<b>LUNCH</b>	
2.15PM	Problem Solving and Service	Mrs.Pauline sheela priya, Asst.professor, Department of Medical surgical Nursing





2.15PM	Training in hospitality	Mrs.Kumari,Miot International Hospital, Chennai
3.30PM	<b>COFFEE BREAK</b>	
4PM	<b>FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION</b>	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

**DATE** 28.4.2015

**VENUE:** SREE BALAJI COLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address & About The Course And The College	Mrs. Girijabhaskaran, Professor, HOD, Department of Medical surgical Nursing
10 AM	PRACTICAL SESSION	Mr. ASHOK KUMAR SRM HOTEL MANAGEMENT
11AM		
11.30AM	BREAK	
12 PM	INTERACTION SESSION	Mr. ASHOK KUMAR SRM HOTEL MANAGEMENT
1.15PM	LUNCH	

2.15PM	INTERACTION SESSION	Mrs, INDUMATHI GLOBAL HOSPITAL, Chennai
3.30PM	<b>COFFEE BREAK</b>	
4PM	<b>FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION</b>	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

**DATE** 29.4.2015

**VENUE:** SREE BALAJI COLLEGE OF NURSING, AUDITORIUM

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song  Welcome Address & About the course and the college	Mrs. Girijabhaskaran, Professor, HOD, Department of Medical surgical Nursing
10 AM	Basis for the leadership roles	Ms.Sara Manickam Professor Presidency College,Chennai
11AM	Creating a motivational environment within an organization	Mrs.Semmalar, Professor, Department of medical surgical nursing
11.30AM	<b>BREAK</b>	

12 PM	Self efficacy	Mrs. Alazhumathi balaji Hospital, Chennai
1.15PM	<b>LUNCH</b>	
2.15PM	OPEN SESSION	Mrs.Semmalar, Professor, Department of medical surgical nursing
3.30PM	<b>COFFEE BREAK</b>	
4PM	<b>FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION</b>	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**DEPARTMENT OF MEDICAL SURGICAL NURSING**

**VALUE ADDED COURSE ON TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY**

<b>S.NO</b>	<b>TOPIC</b>	<b>DATE</b>	<b>DURATION(HR)</b>	<b>RESOURCE PERSON</b>
1.	Introduction to <b>Hospitality industry</b>	25.4.2015	3 HOURS	MRS.GIRIJA BHSAKARAN
2.	How to Create a Hospitality Leadership	25.4.2015	3 HOURS	Mrs.Semmalar,
3.	Is It important to participate in training	25.4.2015	3 HOURS	
4.	Hospitality Leadership Development and Training Program	26.4.2015	3 HOURS	Mrs.Vijayabharathi
5.	Principles of training and development	26.4.2015	3 HOURS	Ms.Sara Manickam
6.	<b>Improving the effectiveness of organizations and the individuals and teams</b>	26.4.2015	3 HOURS	Mrs, Indumathi
7.	Basis for the leadership roles	26.4.2015	3 HOURS	Mr. ASHOK KUMAR
8.	Creating a motivational environment within an organization	27.4.2015	3 HOURS	Mrs,vatchala
9.	Self efficacy	27.4.2015	3 HOURS	Mrs.Kumari
10.	Problem Solving and Service	27.4.205	3 HOURS	Mrs.Azhaumathi

# SREE BALAJI COLLEGE OF NURSING

## DEPARTMENT OF MEDICAL SURGICAL NURSING

### LIST OF STUDENTS ATTENDED VALUE ADDED COURSE ON TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY

#### SREE BALAJI COLLEGE OF NURSING

##### DEPARTMENT OF MEDICAL SURGICAL NURSING

#### LIST OF STUDENTS ATTENDED VALUE ADDED COURSE ON TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY

1.	AARTHY S	U16NR001	<i>[Signature]</i>
2.	ABILASHA R	U16NR002	<i>[Signature]</i>
3.	ANSU MARY ABRAHAM	U16NR005	<i>[Signature]</i>
4.	ANUSUYABEGUM H	U16NR006	<i>[Signature]</i>
5.	ASHIKA SHANI S	U16NR007	<i>[Signature]</i>
6.	BERCY ALEXANDRA P	U16NR008	<i>[Signature]</i>
7.	BHAGYA SHREE R	U16NR009	<i>[Signature]</i>
8.	DEEPA N	U16NR010	<i>[Signature]</i>
9.	DEEPA R	U16NR011	<i>[Signature]</i>
10.	DEEPALAKSHMI M	U16NR012	<i>[Signature]</i>
11.	DEEPIKA B	U16NR013	<i>[Signature]</i>
12.	DEEPIKA S	U16NR014	<i>[Signature]</i>
13.	DHIVYA BHARATHI K	U16NR016	<i>[Signature]</i>
14.	DIVYA G	U16NR017	<i>[Signature]</i>
15.	DIVYA P	U16NR018	<i>[Signature]</i>
16.	EMELYNE KHARKONGOR	U16NR019	<i>[Signature]</i>
17.	GAYATHRI M	U16NR020	<i>[Signature]</i>
18.	GAYATHRI M	U16NR021	<i>[Signature]</i>
19.	GOMATHI S	U16NR022	<i>[Signature]</i>
20.	GOVINDAMMAL D	U16NR023	<i>[Signature]</i>
21.	GRACY SELVARANI J	U16NR024	<i>[Signature]</i>
22.	HEMALATHA P	U16NR025	<i>[Signature]</i>
23.	HEMALATHA V	U16NR026	<i>[Signature]</i>
24.	JAYASHREE D	U16NR027	<i>[Signature]</i>
25.	JEEVITHA J	U16NR028	<i>[Signature]</i>
26.	JENIFER D	U16NR029	<i>[Signature]</i>
27.	KEERTHI D	U16NR032	<i>[Signature]</i>
28.	KEERTHIKA C	U16NR033	<i>[Signature]</i>
29.	KIRUTHIKA M	U16NR034	<i>[Signature]</i>
30.	LAKSHMI V	U16NR036	<i>[Signature]</i>
31.	NITHYA.P	U16NR048	<i>[Signature]</i>
32.	NIVEDHA.N	U16NR049	<i>[Signature]</i>
33.	NIVEDHA.T	U16NR050	<i>[Signature]</i>

## SNAPSHOTS

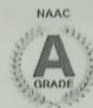
### VALUE ADDED COURSE ON TRAINING AND DEVELOPMENT IN HOSPITALITY INDUSTRY



33 students has participated in the value added courses on Training And Development In Hospitality Industry Organized by, department of Medical Surgical Nursing on 25<sup>th</sup> April 2016.







## CERTIFICATE OF PARTICIPATION

This is to certify that

-----

has participated in the value added courses

On training and development in hospitality industry

Organized by

Sree Balaji college of Nursing, Department of Medical Surgical Nursing

On 25<sup>th</sup> April 2016 – 30<sup>th</sup> APRIL 2016

Dr. V. Hemavathy

Principal

Sree Balaji College of Nursing  
**Dr. V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

Prof. Girija Bhaskaran

HOD, Department of Medical Surgical Nursing

HEAD OF THE DEPARTMENT  
MEDICAL SURGICAL NURSING  
SREE BALAJI COLLEGE OF NURSING  
7 Works Road Chromepet,  
Chennai 600 044.

Annexure 4

Course/Training Feedback Form

Course: Training and development in Hospitality Industry.  
Date: 25.4.16 to 30.4.16.  
Name: Divya G.  
Reg NO. U16NR017  
Department: Medical surgical Nursing

Q 1: Please rate your overall satisfaction with the format of the course:

☒ a. Excellent    b. Very Good    c. Satisfactory    d. unsatisfactory

Q 2: Please rate course notes:

a. Excellent    ☒ b. Very Good    c. Satisfactory    d. unsatisfactory

Q 3: The lecture sequence was well planned

☒ a. Excellent    b. Very Good    c. Satisfactory    d. unsatisfactory

Q 4: The lectures were clear and easy to understand

☒ a. Excellent    b. Very Good    c. Satisfactory    d. unsatisfactory

Q 5: Please rate the quality of pre-course administration and information:

a. Excellent    b. Very Good    c. Satisfactory    d. unsatisfactory

Q 6: Any other suggestions:

Comments:

Thank you for taking the time to complete this survey, your comments are much appreciated.

OPTIONAL Section: Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_





**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF MEDICAL SURGICAL NURSING**  
**VALUE ADDED COURSE**  
**ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS**  
**(2015 - 2016)**

1. CIRCULAR
2. REQUISITION LETTER
3. COURSE CO – ORDINATOR
4. SYLLABUS
5. LESSON PLAN
6. STUDENT LIST
7. CERTIFICATE
8. PHOTO
9. FEED BACK
10. REQUISITION LETTER

# REQUISITION LETTER

## REQUISITION LETTER

From,

Date 3-6-2016

Mrs. Girija Bhaskaran  
Department of Medical Surgical Nursing  
Sree Balaji College of Nursing  
Chrompet, Chennai-6000044  
Bharath Institute of Higher Education and Research,  
Chennai.

To,

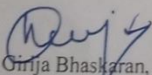
Dr. V. Hemavathy  
The principal  
Sree Balaji college of Nursing  
Bharath Institute of Higher Education and Research,  
Chrompet, Chennai

**Sub: Permission to conduct Value-Added Course: Administration of Chemotherapeutic Drugs**

Dear Sir,

With reference to the subject mentioned above, the department proposes to conduct a value-added course titled: **ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS** on 17/06/2016. We solicit your kind permission for the same.

Kind Regards,

  
Mrs. Girija Bhaskaran,  
HOD/ Professor

**HEAD OF THE DEPARTMENT  
MEDICAL SURGICAL NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, Works Road, Chromepet,  
Chennai - 600 044.**

## CIRCULAR

Phone & Fax : 2241 6605



### SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

#### Circular

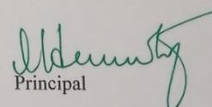
Date 10-6-2016

#### Sub: Organizing Value-added Course:

With reference to the above mentioned subject, it is to bring to your notice that **Sree Balaji School of Nursing Bharath Institute of Higher Education and Research** is organizing  
“**ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS**”. The course content and registration form is enclosed below.”

The application must reach the institution along with all the necessary documents as mentioned. The hard copy of the application should be sent to the institution by registered/ speed post only so as to reach on or before 15<sup>th</sup> June 2016. Applications received after the mentioned date shall not be entertained under any circumstances.



  
Principal

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N)  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

**Course Title: ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS****Course Objective**

- Anticipates knowledge about chemotherapeutic drugs
- Learn about the regimen of chemotherapeutic drugs
- Able to know the ten rights of drug administration
- Able to implement the nursing care on administering chemotherapeutic drugs

**Course Outcome:**

Students will be able to gain knowledge about administration of Chemotherapeutic drugs

**Course Audience: III year B.Sc Nursing****Course Coordinator: Mrs. Girija Bhaskaran****Course Faculties with Qualification and Designation:**

Mrs. Girija Bhaskaran, HOD/ Professor

**Course Curriculum/Topics with schedule (Min of 30 hours)**

Sl. No	Date	Topic	Time	Hours
1.	17-06-2016	Introduction to chemotherapeutic drugs	10.am	3
2.	18-06-2016	Drug regimen and mode of administration	10.am	3
3.	19-06-2016	Ten rights of drug administration	10.am	3
4.	20-06-2016	Role of nurses in administration of chemotherapeutic drugs	10.am	3
5.	21-06-2016	Preparation of patients fir administering chemotherapeutic drugs	10.am	3
6.	24-06-2016	Warning signs and side effects of chemotherapeutic drugs	10.am	3
7.	25-06-2016	Dietary management of patient undergoing chemotherapy	10.am	3
8.	26-06-2016	Health education and home care management of patient undergoing chemotherapy	10.am	3
9.	27-06-2016	Importance of follow up care	10.am	2
10.	28.06.2016	Recording and reporting	10.am	2
11.	01.07.2016	Documentation	10.am	2
			<b>Total Hours</b>	<b>30</b>

## **REFERENCE BOOKS**

1. Alasdair Goran D.T. Etal (1981), Pathology illustrated 4th edition, Longman Singapore Publishers (PTE) LTD.
2. Brunner & Suddharta (1998) Text book of Medical & Surgical Nursing, 8th Edition, Lippincott company, Philadelphia.
3. Joycae Black.M (1998), Medical-surgical Nursing, 5th edition, Harcount Brace &Company Asia PTE LTD.



**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**COLLEGE OF NURSING**

**DEPARTMENT OF MEDICAL SURGICAL NURSING**

**VALUE ADDED COURSE**

**ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS**

(2015 - 2016)

S.NO	Register number	NAME OF THE CANDIDATE	SIGNATURE
1.	U15NR001	AARTHY.S	Aarthi.
2.	U15NR002	ABILASHA.R	Abil.
3.	U15NR003	AKSHYA.R	Akshya.
4.	U15NR004	ANSU MARY ABRAHAM	Ansu.
5.	U15NR005	ANUSUYABEGUM.H	Anusuya.
6.	U15NR006	ASHIKA SHANI.S	Ashika.
7.	U15NR007	BERCY ALEXANDRE.P	Bercy.
8.	U15NR008	BHAGYA SHREE.R	Bhagya.
9.	U15NR009	DEEPA.N	Deepa.
10.	U15NR010	DEEPA.R	Deepa.
11.	U15NR011	DEEPALAKSHMI.M	Deepa.
12.	U15NR012	DEEPIKA.B	Deepika.
13.	U15NR013	DEEPIKA.S	Deepika.
14.	U15NR014	DHIVYA BHARATHI.K	Dhivya.
15.	U15NR015	DIVYA.G	Divya.
16.	U15NR016	DIVYA.P	Divya.
17.	U15NR017	EMELYNE KHARKONGOR	Emelyne.
18.	U15NR018	GAYATHRI.M(THIRUVANNAMALAI)	Gayathri.
19.	U15NR019	GAYATHRI.M(CUDDALOORE)	Gayathri.
20.	U15NR020	GOMATHI.S	Gomathi.
21.	U15NR021	GOVINDAMMAL.D	Govindamma.
22.	U15NR022	GRACY SELVARANI.J	Gracy.
23.	U15NR023	HEMALATHA.P	Hemalatha.
24.	U15NR024	HEMALATHA.V	Hemalatha.
25.	U15NR025	JAYASHREE.D	Jayashree.
26.	U15NR026	JEEVITHA.J	Jeevitha.
27.	U15NR027	JENIFER.D	Jenifer.
28.	U15NR028	KAVITHA.K	Kavitha.
29.	U15NR029	KEERTHI.D	Keerthi.

30.	U15NR030	KEERTHIKA.C	Keerthika.C.
31.	U15NR031	KIRUTHIKA.M	Kiruthika.M
32.	U15NR032	KOWSALYA.S	Keerthika.S.
33.	U15NR033	LAKSHMI.V	Lakshmi
34.	U15NR034	MAALIKAAFRIN.S	Maalika
35.	U15NR035	MANJUMATHA.D	Manju
36.	U15NR036	MOHANAPREETHA.S	Mohanapreetha
37.	U15NR037	MONICA RAJAKUMARI.G	Monica
38.	U15NR038	MONISHA.A	Monisha.A
39.	U15NR039	MONISHA.B	Monisha.B
40.	U15NR040	MONISHA.M	Monisha.M
41.	U15NR041	MONISHA.R	Monisha.R
42.	U15NR042	MUNNI.P	Munni
43.	U15NR043	NALINI VALAR SELVI.M	Nalini Valar Selvi.M
44.	U15NR044	NILASANDHIYA.T	Nilasandhiya.T
45.	U15NR045	NITHYA.P	Nithya.P
46.	U15NR046	NIVEDHA.N	Nivedha.N
47.	U15NR047	NIVEDHA.T	Nivedha.T
48.	U15NR048	NIVEDHA.B	Nivedha.B
49.	U15NR049	NIVEDHA.E	Nivedha.E
50.	U15NR050	NIVETHA SHRI.G	Nivetha Shri.G

S.NO	REGISTRATION NUMBER	STUDENT NAME	SIGNATURE
51	U15NR055	PRAVIENAA.R	<i>Pavienaa</i>
52	U15NR056	PREMI JASMINE.S	<i>Premi Jasmine</i>
53	U15NR057	PRIYADHARSHINI.C	<i>Priyadharshini</i>
54	U15NR058	PRIYADHARSHINI.V	<i>Priyadharshini</i>
55	U15NR059	PRIYADHARSHINI.M	<i>Priyadharshini</i>
56	U15NR060	PRIYANKA.P	<i>Priyanka</i>
57	U15NR061	PRIYANKA.T	<i>Priyanka</i>
58	U15NR062	RAJESWARI.J	<i>Rajeswari</i>
59	U15NR063	RAMYA.K	<i>Ramya</i>
60	U15NR064	RAMYA.R	<i>Ramya</i>



Date 18/06/2016

From,

Mrs. Girija Bhaskaran  
Department of Medical Surgical Nursing  
SreeBalaji College of nursing  
Chrompet, chennai-6000044  
Bharath Institute of Higher Education and Research,  
Chennai.

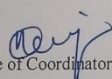
To,  
Dr.V.Hemavathy  
The principal  
SreeBalaji college of Nursing  
Bharath Institute of Higher Education and Research,  
Chrompet,  
Chennai.

**Sub: Completion of value-added course ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS**

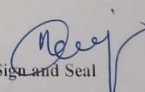
Dear Madam,

With reference to the subject mentioned above, the department has conducted the value-added course titled **ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS** on 17/06/2016. We solicit your kind action to send certificates for the participants, that is attached with this letter. Also, I am attaching the photographs captured during the conduct of the course.

Kind Regards

  
Name of Coordinator

Mrs. Girija Bhaskaran

  
HOD Sign and Seal

**HEAD OF THE DEPARTMENT  
MEDICAL SURGICAL NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, Works Road, Chromepet,  
Chennai - 600 044.**

## **GALLERY**



**INAUGURATION BY PRINCIPAL DR.V.HEMAVATHY,SREE BALAJI  
COLLEGE OF NURSING**





**PARTICIPANTS**



**INTERACTION WITH PARTICIPANTS**



# CERTIFICATE



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



SREE BALAJI COLLEGE OF NURSING

VALUE ADDED COURSE ON ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS

## CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms. U15NR041 MONISHA.R has attended value added course on **ADMINISTRATION OF CHEMOTHERAPEUTIC DRUGS** conducted by Department of Medical Surgical Nursing, at Sree Balaji College of Nursing, Chennai (TN), India, on 17.06.2016.

HEAD OF THE DEPARTMENT  
MEDICAL SURGICAL NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, Works Road, Chromepet,  
Chennai - 600 044.

COURSE COORDINATOR

Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai - 600 044.

## Feed back

**SREE BALAJI COLLEGE OF NURSING**  
**STUDENT FEEDBACK FORM FOR VALUE ADDED COURSE**  
**DEPARTMENT OF MEDICAL SURGICAL NURSING**

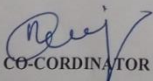
Academic year : 2016.  
 Name of the value added course offered : Administration of Chemotherapeutic Drugs  
 Period of Batch : 2016.  
 Course – Coordinator : Mrs. Girija Bhaskaran.  
 professor.

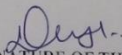
**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content		✓			
2	Skill development			✓		
3	Motivation		✓			
4	Regularity and punctuality of teacher		✓			
5	Coverage of syllabus		✓			
6	Resource person interaction with students		✓			
7	Individual attention		✓			
8	Outcome		✓			
9	Competency of the course		✓			
10	Other suggestions		✓			

  
 COURSE CO-CORDINATOR

  
 SIGNATURE OF THE STUDENT

**HEAD OF THE DEPARTMENT**  
**MEDICAL SURGICAL NURSING**  
**SREE BALAJI COLLEGE OF NURSING**  
 7, Works Road, Chromepet,  
 Chennai - 600 044.



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as deemed to be university under section 3 of UGC Act 1956, vide notification No.F.9-5/2000-U.3)



**SREE BALAJI COLLEGE OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE**  
**ON**  
**CERTIFICATE COURSE ON CULTURAL CARE AND HEALTH**  
**LITERACY**

**COMMUNITY HEALTH NURSING**  
**CERTIFICATE COURSE ON CULTURAL CARE**  
**AND HEALTH LITERACY**

1. Requisition letter
2. Permission letter
3. Circular
4. Co-Ordinator detail
5. Syllabus
6. New lesson plan
7. Student list
8. Photo
9. Certificate
10. Feedback

## REQUISITION LETTER

From

Department of community health nursing

Sree Balaji College of nursing

Chrompet, Chennai-600 044

To

Dr.V.Hemavathy

The principal

Sree Balaji College of nursing

Chrompet, Chennai

Respected Madam

This is for your kind perusal that we, Community nursing department are planning to conduct a value added course on CERTIFICATE PROGRAM ON CULTURE CARE AND HEALTH LITERACY from 07/07/2016 to 28/07/2016, for a period of three weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thanking you

  
Warm regards

HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, WORKS ROAD, CHROMPET,  
CHENNAI - 600 044.

Phone & Fax : 2241 6605



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

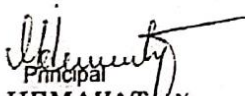
5 July 2016

Department of Community Health Nursing  
Sree Balaji College of Nursing,  
Chennai.

Hereby we grant permission to conduct Value added course on **Cultural Care and Health Literacy** from 07.07.2016 to 28.07.2016, for a period of three weeks.

Warm Regards,



  
Principal  
**Dr. V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.



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INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

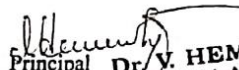

**SCHOOL OF NURSING  
CIRCULAR**

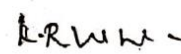
Date: 26.06.2016

**Notification for Value added courses offered by the college of nursing**

The Department of community health, by college of nursing, is scheduled to offer a Value added Course on certificate programme on culture care and health literacy from 7/07/2016 to 28/70/2016 for a period of 3 weeks. Interested students can approach v.yasodha professor and Course Coordinator, Department of community health nursing for registration and for further details on or before 25<sup>th</sup> july 2016

**Eligibility-II year B.sc nursing student**

  
Principal **Dr. V. HEMAVATHY.**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N).  
PRINCIPAL  
  
**SREE BALAJI COLLEGE OF NURSING**  
No. 7, Works Road, Chromepet,  
Chennai-600 044.  
Course Coordinator

  
**HOD**  
HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
**SREE BALAJI COLLEGE OF NURSING**  
7, WORKS ROAD, CHROME PET,  
CHENNAI - 600 044.

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**  
**SCHOOL OF NURSING**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING**  
**VALUE ADDED COURSE ON CULTURE CARE AND HEALTH LITERACY**  
**2016-2017**  
**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.V. YASODHA, Professor, Department of Community health nursing

**Email ID:** yasodhakalaiselvan2000@gmail.com

**Mobile number:** 9940163402



**SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE  
COURSE ON CULTURE CARE AND HEALTH LITERACY**

<b>Session</b>	<b>Session</b>	<b>Session</b>	<b>Session</b>	<b>Session</b>
Session I	Codes of our culture Social Identity	08.07 2016	2	Dr.R. Uma Devi
Session II	Communication Techniques and overcoming Transcultural	11.07.2016	3	Dr.V.R. Mohan Rao
Session III	Patient education material and Re adoptability	13.07 2016	3	Dr. A.k Kavitha
Session IV	Disparities in health care	16.07 2016	2	Dr. Shanthi Edward
Session V	Culture competency and its impact	17.07 2016	3	Dr.P. Mohan Kumar
Session VI	Adult Learning	18.07.2016.'	2	Dr.S. Gopalakrishnan
Session VII	Public health literacy	21.07.2016	3	DrJ.Krishnakumar
Session VIII	Cultural Interviews and Recommendations for Practice. attitudes, belief and practices: patients versus practitioner. Multi-Cultural Teams: Concepts, Processes and Performance	22.07.2016	3	Dr.R. Uma Devi
Session IX	Stragies to improve culture competency	23.07.2016	3	Dr.S. Gopalakrishanan
Session X	Quality health information related to culture care	24.07.2016	3	Dr.A.K.Savitha
Session XI	culture belief on health aspect	25.07.2016	2	Dr. Rohini
Session XI	culture planning	27.06 2017	2	Mr.R. Dhandapani

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
SCHOOL OF NURSING  
DEPARTMENT OF COMMUNITY HEALTH NURSING  
VALUE ADDED COURSE  
COURSE ON CULTURE CARE AND HEALTH LITERACY**

**Students Name List**

<b>S.No</b>	<b>Reg No</b>	<b>Name</b>
1	U15NR001	AARTHI
2	U15NR002	ABEENAELSAVARGHESE
3	U15NR003	ABINAYA
4	U15NR004	AJITH KUMAR
5	U15NR005	AMBIKA
6	U15NR006	ANANTHI
7	U15NRO07	ANBUSELVI
8	U15NRO08	ANU SURESH
9	U15NR009	ANUPRIYA
10	U15NR010	ANUSUYA
11	U15NR011	ARCHANA
12	U15NRO15	BALAJI
13	U15NR017	BARRANI.G.R
14	U15NRO18	BEAUTLIN
15	U15NRO19	BHARATHI
16	U15NR020	BHAVANI
17	U15NR021	DEEPIKA
18	U15NRO22	DEEPIKASRINIVASAN
19	U15NR023	DHANALAKSHMI
20	U15NRO24	DURGADEVI
21	U15NR026	GIRIGA. D
22	U15NR028	INDUMATHI
23	U15NR029	ISBEL MONIKA
24	U15NR031	JAYANTHI

25	U15NR032	JAYASREE
26	U15NR033	JENIFER
27	U15NRO34	KALAIIVANI.M
28	U15NR035	KALAIIVANI.S
29	U15NR036	KALAIIVANI.S
30	U15NR037	KAVIPRIYA
31	U15NR038	KAVIYA
32	U15NR039	KAYAL VIZHI
33	U15NR040	KEETHANA
34	U15NR041	KIRUTHIGA
35	U15NR042	KOKILA
36	U15NRO43	KOWSALYA
37	U15NR044	KOWSALYA.R
38	U15NR045	LAKSHMI R
39	U15NR046	MAGIMAI YUVANKA
40	U15NR047	MAHALAKSHMI
41	U15NR048	MANGAYARKARASI
42	U15NR049	MANJU
43	U15NR050	MANJU REKHA



## **TRANS CULTURAL HEALTH CARE**



## **EPIDIMIOLOGY -NON-COMMUNICABLE DISEASES**



**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



**SCHOOL OF NURSING**

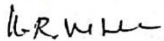
**VALUE ADDED COURSE ON CULTURAL CARE AND HEALTH LITERACY**


*Certificate of Appreciation*

This Is To Certify That Mr. /Ms.**DIVYA.P** (U15NR018) B.Sc(N) II Year, Has Attended Three Weeks Value Added Course On **CULTURAL CARE AND HEALTH LITERACY** Conducted By Department Of Community Health Nursing At School Of Nursing, Chennai (TN), during JULY 2016.

  
Principal

**Dr. V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

  
HOD  
HEAD OF THE DEPARTMENT  
COMMUNITY HEALTH NURSING  
SREE BALAJI COLLEGE OF NURSING  
7, WORKS ROAD, CHROME PET,  
CHENNAI - 600 044.

  
Course Coordinator





SCHOOL OF NURSING  
STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES  
 DEPARTMENT OF  
 COMMUNITY HEALTH NURSING

Academic year: 2016 - 2017

Name of the value added course offered: CERTIFICATE COURSE ON CULTURAL CARE  
 AND HEALTH LITERACY

Period of Batch: 2015 - 2019

Course-co-ordinator: V. YASODHA

**STUDENT FEEDBACK**

Dear Student,

You are required to give your feedback on the following aspects. Please tick in the respective column.

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation	✓				
4	Regularity and punctuality of teacher	✓				
5	Coverage of syllabus	✓				
6	Resource person interaction with students		✓			
7	Individual attention	✓				
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				

V. Y. S.  
 Course Coordinator

*(Signature)*  
 Signature of the student





### REQUISITION LETTER

From,

Department of fundamentals of nursing

Sree balaji college of nursing,

Chrompet, Chennai-44

To

Dr.V.Hemavathy

The principal

Sree balaji college of nursing

Chrompet, Chennai-44

Respected sir,

This is for your kind perusal that we, fundamentals of nursing department are planning to conduct a value added course on short term course on first aid and practicum from 23.07.2016 to 30.07.2016, for a period of two weeks. We kindly request you to grant us permission to conduct this programme and do the needful.

Thank you

  
Warm Regards

Phone & Fax : 2241 6605



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

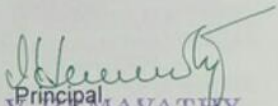
No.7, Works Road, Chromepet, Chennai - 600 044.

2 FEB 2018

Department of Fundamentals of Nursing  
Sree Balaji College of Nursing,  
Chennai.

Hereby we grant permission to conduct Value added course **short term course on first aid and practicum** from 23.07.2016 to 30.07.2016, for a period of two weeks.

Warm Regards,

  
Principal  
**Dr. V. HEMAVATHY,**  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.



Phone & Fax : 2241 6605



## SREE BALAJI COLLEGE OF NURSING

(Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council )  
(Approved by Govt. of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)

No.7, Works Road, Chromepet, Chennai - 600 044.

Date: 15-07-2016

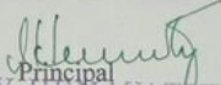
### CIRCULAR

#### Notification for Value added courses offered by the college of nursing

The Department of fundamental nursing, in college of nursing, is scheduled to offer a Value added Course on **short term course on first aid practicum** from 23/07/2016 for a period of 3 weeks. Interested students can approach Mrs.R.Ramani, Professor and Course Coordinator, Department of fundamental nursing for registration and for further details on or before 20<sup>th</sup> July 2016.

#### Eligibility-12<sup>th</sup> PASS

  
Course Coordinator

  
Principal  
Dr. V. HEMAVATHY,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road, Chromepet,  
Chennai-600 044.

  
HOD

#### Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departmen



**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF FUNDAMENTAL NURSING**

**VALUE ADDED COURSE ON SHORT TERM COURSE ON FIRST AID PRACTICUM**

**2015-2016**

**COURSE CO-ORDINATOR DETAILS**

**Faculty Name:** Mrs.R.Ramani, Professor, Department of fundamental nursing.

**Email ID:** ramani16112007@gmail.com

**Mobile number:** 9790405761.

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF FUNDAMENTALS OF NURSING**

**VALUE ADDED COURSE SYLLABUS (2015-2016)**

**SHORT TERM COURSE ON FIRST AID PRACTICUM**

**Course Description:**

**Hours: 30**

This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

This course enables students to have a better understanding and develop skill in giving First Aid treatment in emergencies in either the hospital or the community.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Met
I	3	Describe The Becoming A First Aider	<b>Introduction:</b> <ul style="list-style-type: none"><li>Becoming A First Aider:</li></ul> What Is A First Aider?, How To Prepare Yourself, Protection From Infection, Dealing With A Casualty, Requesting Help, The Use Of Medication, Remember Your Own Needs	Lecture, Discussion, Becoming A First Aider	<ul style="list-style-type: none"><li>Essay type</li><li>Short Answer Questions</li><li>Objective</li><li>Type</li></ul>
II	6	➤ Explain & Describe The Managing An Incident Action At An Emergency, Traffic Accidents,	<b>Managing An Incident:</b> Action At An Emergency, Traffic Accidents, Fires,	Lecture Discussion About Management An Incident	<ul style="list-style-type: none"><li>Essay type</li><li>Short answer</li><li>Objective</li><li>Type</li></ul>

		Fires, Electrical Incidents, Water Incidents.	Electrical Incidents, Water Incidents, Major Incident/Mass Casualties		
--	--	---	---	--	--

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
III	4	➤ Explain The Assessing A Casualty	<b>Assessing A Casualty:</b> Assessing The Sick Or Injured, Mechanisms Of Injury, Primary Survey, Secondary Survey, Head-To-Toe Examination, Monitoring Vital Signs	Lecture Discussion Assessing A Casualty	<ul style="list-style-type: none"> <li>• Essay Type Short Answers</li> <li>• Objective Type Assess Skills With Checklist</li> </ul>
IV	4	➤ Explain About The Unconscious Casualty	<b>The Unconscious Casualty :</b>  Breathing And Circulation, Life-Saving Priorities, Unconscious Adult, Unconscious Child, Unconscious Infant, How To Use An Aed	Lecture Discussion The Unconscious Casualty	<ul style="list-style-type: none"> <li>• Essay Type Short Answers Objective Type</li> </ul>

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
IV	7	➤ Explain About The Foreign Objects, Poisoning, Bites & Stings ,Medical Conditions	<b>Foreign Objects, Poisoning, Bites &amp; Stings :</b> <ul style="list-style-type: none"> <li>➤ Swallowed Foreign Object, Foreign Object In The Eye, Ear, Nose,</li> <li>➤ How Poisons Affect The Body, Types Of Poisons, Swallowed Poisons, Drug Poisoning, Alcohol Poisoning,</li> <li>➤ Animal And Human Bites, Insect Sting, Tick Bite Other Bites And Stings, Snake Bite,</li> <li>➤ <b>Medical Conditions :</b></li> <li>➤ Angina,</li> <li>➤ Heart Attack, Stroke,</li> <li>➤ Diabetes Mellitus,</li> <li>➤ Hyperglycemia,</li> <li>➤ Hypoglycemia,</li> <li>➤ Seizures In Adults,</li> <li>➤ Seizures In Children,</li> <li>➤ Fever Meningitis,</li> <li>➤ Fainting, Allergy,</li> <li>➤ Anaphylactic Shock,</li> </ul>	Lecture Discussion The Foreign Objects, Poisoning, Bites & Stings ,Medical Conditions	<ul style="list-style-type: none"> <li>• Essay Type</li> <li>Short Answers</li> <li>Objective Type</li> </ul>
V	6	Explain The Emergency First Aid	<b>Emergency First Aid</b> <ul style="list-style-type: none"> <li>• Action In An Emergency,</li> <li>• CPR For An Adult, Chest Compression Only CPR,</li> <li>• CPR For An Infant, Child, Community Emergencies Such As Fire Explosions, Earth Quakes, Flood And Famine</li> </ul>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>Discussion about The Emergency First Aid</li> </ul>	<ul style="list-style-type: none"> <li>• Essay Type</li> <li>Short Answers</li> <li>Objective Type</li> </ul>



**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

**SREE BALAJI COLLEGE OF NURSING**

**DEPARTMENT OF FUNDAMENTALS OF NURSING**

**VALUE ADDED COURSE ON SHORT TERM COURSE ON**

**FIRST AID PRACTICUM SCHEDULE – (2015-16)**

<b>SESSION</b>	<b>TOPIC</b>	<b>DATE</b>	<b>DURATION(HR)</b>	<b>RESOURCE PERSON</b>
<b>SESSION I</b>	<b>INTRODUCTION</b>	<b>23.7.16</b>	<b>3</b>	<b>MR.R.ELUMALI</b>
<b>SESSION II</b>	<b>MANAGING AN INCIDENT</b>	<b>25.7.16</b>	<b>6</b>	<b>MRS.SARANSUSI</b>
<b>SESSION III</b>	<b>ASSESSING A CASUALTY</b>	<b>26.7.16</b>	<b>4</b>	<b>MRS.BIGMOLA</b>
<b>SESSION IV</b>	<b>THE UNCONSCIOUS CASUALTY</b>	<b>27.7.16</b>	<b>4</b>	<b>MRS.VIJAYALAKSHMI</b>
<b>SESSION V</b>	<b>FOREIGN OBJECTS, POISONING, BITES &amp; STINGS</b>	<b>28.7.16</b>	<b>7</b>	<b>MRS.SURIYAKUMARI</b>
<b>SESSION VI</b>	<b>EMERGENCY FIRST AID</b>	<b>29.7.16</b>	<b>6</b>	<b>MR.ANANDHAN</b>

BHARATH INSTITUT OF HIGHR EDUCATION AND RESARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF FUNDAMENTALS OF NURSING

VALUE ADDED COURSE ON FIRST AID AND PRACTICUM (2015-2016)

Sl.No	REG.NO	NAME OF THE STUDENTS	SIGNATURE
1.	U15NR001	AARTHI.R	Aarthi.R
2.	U15NR002	ABEENAELSA VARGHESE	Abreena
3.	U15NR003	ABINAYA R	Abinaya
4.	U15NR004	AJITH KUMAR A	Ajitha
5.	U15NR005	AMBIKA.P	Amika
6.	U15NR006	ANANTHI.A	Anitha
7.	U15NR007	ANBUSELVI.B	Anbusevi
8.	U15NR008	ANU SURESH	Anu
9.	U15NR009	ANUPRIYA D	Anupriya
10.	U15NR010	ANUSUYA A	Anusuya
11.	U15NR011	ARCHANA D	Archana
12.	U15NR012	ARUNA R	Aruna
13.	U15NR013	AYESHABANU B	Ayeshabani
14.	U15NR014	BALAJI S	Balaji
15.	U15NR015	BANCY M	Bancy
16.	U15NR016	BARRANI G R	Barani
17.	U15NR017	BEAUTLIN J	Beautlin
18.	U15NR018	BHARATHI K	Bharathi
19.	U15NR019	BHAVANI R	Bhavani

20.	U15NR020	DEEPIKA R	Deepika
21.	U15NR021	DEEPIKA SRINIVASAN	Dee Srinivasan
22.	U15NR022	DHANALAKSHMI M	Dhanalakshmi
23.	U15NR023	DURGADEVI S	Durgadevi
24.	U15NR024	GIRIJA D	Girija
25.	U15NR025	HAMEETHA BEGUM	Hameetha
26.	U15NR026	INDUMATHI P	Indumathi
27.	U15NR027	ISABELMONIKA N	Isabel Monika
28.	U15NR028	JANAKI R	Janaki
29.	U15NR029	JAYANTHI S	Jayanthi
30.	U15NR030	JAYASHREE M	Jayashree
31.	U15NR031	JENIFER R	Jenifa
32.	U15NR032	KALAIVANI M	Kalaivani
33.	U15NR033	KALAIVANI S	Kalaivani
34.	U15NR034	KALAIVANI S	Kalaivani
35.	U15NR035	KAVIPRIYA K	Kavipriya
36.	U15NR036	KAVIYA CS	Kaviya
37.	U15NR037	KAYALVIZHI S	Kayalvizhi
38.	U15NR038	KEERTHANA L	Keertana
39.	U15NR039	KIRUTHIGA S	Kiruthiga

40.	U15NR040	KOKILA K	Kokila K
41.	U15NR041	KOWSALYA G	Kowsalya G.
42.	U15NR042	KOWSALYA R	Kowsalya R.
43.	U15NR043	LAKSHMI R	Lakshmi R.
44.	U15NR044	MAGIMAI YUVANKA	Magimai Yuvanka
45.	U15NR045	MAHALAKSHMI R	Mahalakshmi R.
46.	U15NR046	MANGAYARKARASI	Mangayarkarasi..
47.	U15NR047	MANJU A	Manju A
48.	U15NR048	MANJUREKHA A	Manjurekha A
49.	U15NR049	MOHAN M	Mohan M
50.	U15NR050	NAGARANI S	Nagarani S
51.	U15NR051	NALINI J	Nalini J
52.	U15NR052	NALINI M	N. Nalini
53.	U15NR053	NANDHINI A	Nandhini A
54.	U15NR054	NITHYA R	N. Nithya
55.	U15NR055	PARAMESWARI A	Parameswari A



**SREE BALAJI COLLEGE OF NURSING**

**B.SC(N)-IYEAR(2016-2017) , SUBJECT- FUNDAMENTALS OF NURSING**



**VALUADDED COURSE STARTED ON 23.7.2016, THE FIRST CLASS WAS TAKEN BY MR.ELUMALI ABOUT INTRODUCTION ON FIRST AID FOR 4HOURS**



**THE CLASS WAS TAKEN BY MRS.SARANSUSI ON 25.7.2016, ABOUT MANAGING AN INCIDENT FOR 4HOURS**



**SREE BALAJI COLLEGE OF NURSING**

**VALUE ADDED COURSE ON SHORT TERM COURSE ON FIRST AID AND PRACTICUM**

*Certificate of Appreciation*

This Is To Certify That Mr. / Ms ISABEL MONIKA . N (UN15NR027) B. Sc(N) I Year, has Attended one Week Value Added Course regarding Short Term Course on First Aid and Practicum Conducted By Department Of Fundamentals of Nursing at Sree Balaji College Of Nursing, Chennai (TN), during 23/07/2016 to 30/07/2016.

Course Coordinator

HOD

Dr.  V. NARAYANIAH,  
M.Sc.(N), M.A., M.Phil., Ph.D.(N),  
PRINCIPAL  
SREE BALAJI COLLEGE OF NURSING  
No. 7, Works Road Chromepet,  
Chennai-600 044

**SREE BALAJI SCHOOL OF NURSING**  
**STUDENT FEEDBACK FORM FOR VALUE ADDED COURSES**  
**DEPARTMENT OF FUNDAMENTALS OF NURSING**

Dear Participants,

You are required to give your feedback on the following aspects. Please tick in the respective column.

Academic Year:2016

Name Of The Value Added Course Offered: Short Term Course On First Aid Practicum

Period Of Batch:I YEAR

Course-Coordinator:R.RAMANI

**STUDENT FEEDBACK**

S.No	Criteria	Rating				
		Excellent	Very good	Good	Fair	Satisfactory
1	Course content	✓				
2	Skill development		✓			
3	Motivation	✓				
4	Regularity and punctuality of teacher		✓			
5	Coverage of syllabus	✓				
6	Resource person interaction with students		✓			
7	Individual attention	✓				
8	Outcome	✓				
9	Competency of the course		✓			
10	Other suggestions	✓				

Course Co-ordinator

Signature of the Participants