From

Mr. Arunachalam.S

Asst. Professor in Physiotherapy

Sree Balaji College of Physiotherapy,

Chennai

To

Dr.S.S.Subramanian., Ph.D

The Dean,

SreeBalaji College of Physiotherapy,

Chennai

Sir,

Sub: (Permission to conduct Value added courses with our MOU- Reg)

Kindly consider in permitting thevalue added courses on pediatric fitness from 07.12.2019 to 24.12.2019.

Thanking You

Yours faithfully



07/11/2019

To

Mr. Arunachalam.S,

Asst. Professorin Physiotherapy

Sir,

With reference to your communication dated on 07.11.2019

Hereby we grant permission to conduct value added course on pediatric fitness from 07.012.2019 to 24.12.2019

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

Dr.S.S.SUBRAN AMIAN, M.P.T (orthopaedics).
M.S (Education), M. Ph. Houring, Ph.D (Physiotherapy)
The Principal,
Since B. Holliege of Physiotherapy
Velachery Main Road, Pallikaran

21.11.2019

To

Mrs.Jananie Deiveegan,

Founder

AAROGREEN PHYSIOTHERAPY &FITNESS SOLUTION

Chennai

Madam,

Further continuation of our MOU, to enrich academic and research activities kindly coordinate the proposed approvelecture to benefit faculty and students of both our institutions. Further classification if any kindly communicate the coordinator Mr.Arunachalam, Asst. Professor., email Id: <a href="mailto:sbcp2007@gmail.com">sbcp2007@gmail.com</a>

Enclosing details along with

- 1. Course outline, objective
- 2. Dates, Resource person

Thanking You

Dr.S.S.Subramanian., Ph.D

The Principal,

Sree Balaji College of Physiotherapy

Dr.S.S.SUBRAMANIAN, M.P.T. (Orthopaedics), M.S. (Education), M.P. (Education), Ph. (Education), Ph. C. (Physiotherson)

The Principal,
Sree Balaji College of Physiotherapy
Velachery Main Road, Parkeranai, Chennai



#### VALUE ADDED COURSE ON PEDIATRIC FITNESS

Date: 07.12.2019 TO N 24.12.2019ORGANIZED BY

#### AAROGREEN PHYSIOTHERAPY&FITNESS SOLUTION &SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Objectives: exercise

To create awareness about Pediatric condition and fitness

**Course Outline:** 

To educate how to train fitness in pediatrics

#### **Resource Persons**

		DEDI ATRIC PET IDEE	
Speaker	Mrs.JananieDeiveegan	PEDIATRIC FITNESS	
	. 0		

Eligibility: III Year & IV Year B.P.T, Interns, M.P.T students, Clinical Physiotherapists

Fees: Free

For Registration Contact: 044 – 22461883, 044 – 22462179,

e - Mail: sbcp2007@gmail.com

ORGANIZING SECRETARY

Mr.S, Arunachalam., Asst. Professor





# SREE BALAJI COLLEGE OF PHYSIOTHERAPY VALUE ADDED COURSE IN PEDIATRIC FITNESS

Date: 07.12.2019 TO 24.12.2019

#### **ORGANIZED BY**

## AAROGREEN PHYSIOTHERAPY&FITNESS SOLUTION &SREE BALAJI COLLEGE OF PHYSIOTHERAPY

#### **AGENDA**

,Time	Events	Time
07.12.2019	Introduction	2.00 pm to 4.00pm
09.12.2019	Pediatric obesity and complication	2.00 pm to 4.00pm
10.12.2019	Causes for pediatric obesity	2.00 pm to 4.00pm
1.12.2019	Disorder due to obesity	2.00 pm to 4.00pm
2.12.2019	Diagnosis of causes	2.00 pm to 4.00pm
3.12.2019	Antropometric assessment	2.00 pm to 4.00pm
4.12.2019	Diet modification	2.00 pm to 4.00pm
6.12.2019	Effects of exercises	2.00 pm to 4.00pm
7.12.2019	Health education	2.00 pm to 4.00pm
3.12.2019	Physical fitness for children	2.00 pm to 4.00pm
.12.2019	Life style modification	2.00 pm to 4.00pm
.12.2019	Fitness training	2.00 pm to 4.00pm
12.2019	Yoga	2.00 pm to 4.00pm
12.2019	Councelling for parents	2.00 pm to 4.00pm
12.2019	Awareness for physical education	2.00 pm to 4.00pm
	Total	30hrs



## VALUE ADDED COURSE ON PEDIATRIC FITNESS

#### ORGANIZED BY

#### ASAROGREEN PHYSIOTHERAPY &FITNESS SOLUTION &SREE BALAJI COLLEGE OF PHYSIOTHERAPY

Date: 07.12.2019 &24.12.2019

#### **REGISTRATION FORM**

Name:

D.O.B:IAP/Reg No:

Batch:

Contact No:

E-Mail:Address:

### Kindly Mention The Course Completed/ Presently Studying/ Working Institution

College	University	Year of Completion	Designation
		Month & Year	
			31
	College	College University	College University Year of Completion Month & Year





#### FEEDBACK FORM

Criteria .	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop session was relevant to my needs			
Length of Workshop was sufficient Session	~		
Content was well organized			
Questions were engaged		/	-
Instructions were clear and understandable		_/	-
Workshop met my expectations		/	
The presentations were effective	/		





#### FEEDBACK FORM

Criteria	Strongly Agree (3)	Agree (2)	Disagree (1)
Workshop Session was relevant to my needs	<b>/</b>		
Length of Workshop was sufficient	/		
Content was well organized			
Questions were engaged		~	
Instructions were clear and understandable		/	
Workshop met my expectations			
The presentations were effective		/	





**ORGANIZED BY** 

AAROGREEN PHYSIOTHERAPY & FITNESS SOLUTION&SREE BALAJI COLLEGE OF PHYSIOTHERAPY
CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms K. INUL AMEENAL (UITPTO12) (Reg No ) of III/IV year/ Interns B.P.T/M.P.T/ Clinical Physiotherapists has participated in the VALUE ADDED COURSE IN PEDIATRIC FITNESS FROM 07.12.2019 TO 24 .12 2019

MrsJananie Deiveegan

AAROGREEN PHYSIOTHERAPY&FITNESS SOLUTION

Dr.S.S.Subramanian.

Principal

Dr.S.S.SUBRAMANIAN, M.P.T (orthogaedics),
M.S (Education), M. Phil (Education), Ph.D (Physiotherapy)
The Principal,
Sree Balaji College of Physiotherapy



## 23 Invath INSTITUTE OF HIGHER EDUCATION AND RESEARCH









#### Dr.S. S. SUBRAMANIAN, WEY (OF

M.S. (Education), M. Phil (Education), Ph.D. (Physiot

The Principal,
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Velachery Main Road, Pallikaranai, Chennai,



(2)

## Institute of higher education and research





Phose 044 02 090742 12 2290125 Telefax 044 22 290488

T. Agaram Rosa Salasyur Tambana

#### **SREE BALAJI COLLEGE OF PHYSIOTHERAPY**

#### **Participants list**

SL NO	NAME	REGNO
1.	K Inul Ameenal	U17PT012
2.	E. Jayakani	U17PT013
3.	Jayashree R	U17PT014
4.	Jayashree. D	U17PT015
5.	M S Jeyabharathy	U17PT016
6.	S Jindhuja	U17PT017
7.	Jisa Jose	U17PT018
8.	Joshua Lovelyson	U17PT019
9.	Kalpana E	U17PT020
10.	Kanmani S	U17PT021
11.	Karunya V	U17PT022
12.	Keerthana P	U17PT023
13.	Keerthana R	U17PT024
14.	Keerthana S	U17PT025
15.	Keerthivanan S	U17PT026
<b>16</b> .	Komathi G	U17PT027
17.	Lakshmi Priya A	U17PT028
18.	Larihun Byrsat	U17PT029
19.	Laxmi Priya E	U17PT030
20.	Lohisha S	U17PT031
21.	Mahima Sara Jacob	U17PT032
22.	Meegha Merin George	U17PT033
23.	Megha Gururaj Sherigar	U17PT034
24.	Meiyazhagan R	U17PT035
25.	Mohamed Asfar B	U17PT036
26.	Nandhini V S	U17PT037



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