



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



Sree Balaji College of Nursing

Department Of Medical Surgical Nursing

VALUE ADDED COURSE

**CERTIFICATE COURSE ON INTRODUCTION TO INJURY
MANAGEMENT AND REHABILITATION**

1. Requisition letter
2. Permission letter
3. Circular
4. Course Co- Coordinator
5. Syllabus
6. Lesson Plan
7. Student List
8. Certificate
9. Photo
10. Feed Back



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REQUISITION LETTER

FROM

22 December 2021

Head of the Department

Department Of Medical Surgical Nursing

Sree Balaji College of Nursing

Chennai-44

TO

DR.V. Hemavathy

Principal,

Sree Balaji College of Nursing

Chennai-44

Respected madam,

Kindly grant me permission to conduct value added course on introduction to injury management and rehabilitation from 27.12.21to 31.12.2021 for a period of one week.

THANKING YOU

Yours faithfully

Phone & Fax : 2241 6605



SREE BALAJI COLLEGE OF NURSING

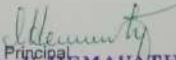
(Recognised by Indian Nursing Council, New Delhi and The Tamil Nadu Nurses and Midwives Council)
(Approved by Govt of Tamil Nadu and Affiliated to Bharath Institute of Higher Education and Research)
No.7, Works Road, Chromepet, Chennai - 600 044.

23 December 2021

Department of Medical Surgical Nursing
Sree Balaji College of Nursing,
Chennai.

Hereby we grant permission to conduct Value added course on **Introduction to Injury Management and Rehabilitation** from 27.12.2021 to 31.12.2021, for a period of one week.

Warm Regards,


Principal
Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044



BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
Date: 23-12-2021

SREE BALJI COLLEGE OF NURSING


CIRCULAR


Notification for Value added courses offered by the Sree Balaji College Of Nursing

DEPARTMENT OF MEDICAL SURGICAL NURSING

The Department of Medical Surgical Nursing, is scheduled to offer a Value added Course on Introduction To Injury Management And Rehabilitation from 27th December 2021 for a period of 1 weeks. Interested students can approach Mrs. Girijabhaskaran, Professor and Course Coordinator, Department of Medical surgical Nursing for registration and for further details on or before 26th December 2021

Eligibility- DGNM, ANM, B.SC (NURSING) M.SC (NURSING)


Course Coordinator
Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chromepet,
Chennai-600 044.


HOD
HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7, Works Road, Chromepet,
Chennai - 600 044.

Copy to:

Vice Chancellor

Pro Vice Chancellor

Additional Registrar

Deans

CoE

Heads of Departments

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING

**VALUE ADDED CERTIFICATE PROGRAM IN INTRODUCTION TO
INJURY MANAGEMENT AND REHABILITATION**

27th December 2021 to 31.12.2021

COURSE CO-ORDINATOR DETAILS

Faculty Name: Mrs. Girija bhaskaran , Professor, HOD, Department of
Medical surgical Nursing

Email ID: girijas@bharathuniv.ac.in, girijabhaski@gmail.com

Mobile number: 9443990430

BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING

VALUE ADDED COURSE SYLLABUS

**CERTIFICATE PROGRAM IN INTRODUCTION TO INJURY
MANAGEMENT AND REHABILITATION**

OBJECTIVES

1. To understand the need of injury management and rehabilitation
2. To develop skill in injury management.

**MODULE I: INTRODUCTION TO INJURY MANAGEMENT AND
REHABILITATION**

- Definition of injury
- Types of injury
- Definition of wound
- Types of wound
- Treatment for wounds
- Principles of dressing
- Dressing of wounds using triangular bandages
- **Types of wound healing:-**
 - Primary intention, secondary intention & tertiary intention
- Types of wound drainage
- Factors affecting wound healing
- Complication of wound healing
- Definition of bandages
- Purpose of bandages
- Principles of bandages
- Types of bandages

MODULE II: EXPLAIN ORGANIZATION SETUP OF REHABILITATION

- Definition of Rehabilitation
- **Needs of rehabilitation**
Water supply, food supply and safety, basic sanitation and personal hygiene, vector control
- **Utilization of community resources**
Three main emergency services: - police, fire department, emergency medical service
- **Voluntary agencies:-** local authority ,district authority, state executive authority
- **Ministers:** - revenue, relief, rehabilitation
- National voluntary agencies **International agencies**
CARE, international Red Cross, relief web, who Division of emergency and humanitarian action, international non-governmental organization
- **Ambulance services**

MODULE III: DEMONSTRATION OF NURSING PROCEDURES

- **Transportation of injured**
One rescuer techniques: - fire mans carry, Pack strap carry, arm carry
Two rescuer techniques:- chair carry, arm carry, emergency vehicles
- Burns and its types
- Prevention of burns
- Management of burns
- Basic life support

PRACTICAL SESSION-1 HOUR

Total Contact Hours: 30

INTRODUCTION TO INJURY MANAGEMENT AND REHABILITATION

27th December 2021 (9.00 AM- 4. 00 PM)

VENUE: SREE BALAJICOLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
10 AM	Introduction about the course	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
11AM	Definition & Types of injury Definition &Types of wound	Mrs.Semmalar, Professor, Department of medical surgical nursing
11.30AM	BREAK	
12 PM	Treatment & Principles of dressing Dressing of wounds using triangular bandages	Dr.Sundaram,Frist aid trainer
1.15PM	LUNCH	
2.15PM	Types of wound healing:- Primary intention, secondary intention & tertiary intention	Mrs.Pauline sheela priya, Asst.professorDepartment of Medical surgical Nursing
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

28th December 2021 (9.00 AM- 4. 00 PM)

VENUE: SREE BALAJICOLLEGE OF NURSING ,AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing
10 AM	Types of wound drainage Types of wound drainage & Factors affecting wound healing	Dr.Sundaram,Frist aid trainer
11AM	Factors affecting wound healing & its Complication	Mrs.Semmalar, Professor, Department of medical surgical nursing
11.30AM	BREAK	
12 PM	Definition & Purpose of bandages	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
1.15PM	LUNCH	
2.15PM	Principles & Types of bandages	Mrs.Pauline sheela priya, Asst.professorDepartment of Medical surgical Nursing
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Semmalar, Professor, Department of medical surgical nursing

EXPLAIN ORGANIZATION SETUP OF REHABILITATION29th December 2021 (9.00 AM - 4.00 PM)

VENUE: SREE BALAJICOLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address	Mrs. Pauline sheela priya, Asst. professor Department of Medical surgical Nursing
10 AM	Introduction to rehabilitation Definition Of Rehabilitation	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
11 AM	Needs of rehabilitation Water supply, food supply and safety, basic sanitation and personal hygiene, vector control.	Mrs. Semmalar, Professor, Department of medical surgical nursing
11.30 AM	BREAK	
12 PM	Utilization of community resources Three main emergency services: - police, fire department, emergency medical service	Dr. Sundaram, First aid trainer
1.15 PM	LUNCH	
2.15 PM	Voluntary agencies: - local authority, district authority, state executive authority Ministers: - revenue, relief, rehabilitation	Mrs. Vijayabharathi, Asst. Professor, Department of Medical surgical Nursing
3.30 PM	COFFEE BREAK	
4 PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs. Pauline sheela priya, Asst. professor Department of Medical surgical Nursing

30th December 2021 (9.00 AM- 4. 00 PM)

VENUE: SREE BALAJICOLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address	Mrs.Semmalar, Professor, Department of medical surgical nursing
10 AM	National voluntary agencies International agencies CARE, international Red Cross, relief web,	P.Anand, Revenue Inspector, Commissioner
11AM	WHO Division of emergency and humanitarian action	Mrs.Semmalar, Professor, Department of medical surgical nursing
11.30AM	BREAK	
12 PM	International & non-governmental organization	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
1.15PM	LUNCH	
2.15PM	Ambulance services	Mrs.Pauline sheela priya, Asst.professorDepartment of Medical surgical Nursing
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

DEMONSTRATION OF NURSING PROCEDURES31th December 2021 (9.00 AM- 4. 00 PM)

VENUE: SREE BALAJICOLLEGE OF NURSING, AUDITORIUM

TIME	TOPIC	SPEAKER
9.00 AM	REGISTRATION	
9.30 AM	Prayer Song Welcome Address	Mrs.Semmalar, Professor, Department of medical surgical nursing
10 AM	Transportation of injured One rescuer techniques: - fire mans carry, Pack strap carry, arm carry Two rescuer techniques:- chair carry, arm carry, emergency vehicles	P.Anand, Revenue Inspector, Commissioner
11AM	Burns and its types	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing
11.30AM	BREAK	
12 PM	Prevention of burns Management of burns	Mrs. Girijabhaskaran, Professor, HOD, Department of medical surgical nursing
1.15PM	LUNCH	
2.15PM	Basic life support	Mrs.Pauline sheela priya, Asst.professorDepartment of Medical surgical Nursing
3.30PM	COFFEE BREAK	
4PM	FEED BACK/VOTE OF THANKS/GROUP PHOTO/CERTIFICATE DISTRIBUTION	Mrs.Vijayabharathi, Asst.Professor, Department of Medical surgical Nursing

From

Mrs. Girija Bhaskaran

Medical Surgical Nursing

Sree balaji College Of Nursing

Bharath Institute of Higher Education and Research,

Chennai.

Through Proper Channel

To

The Dean,

SreeBalaji College of Nursing,

Bharath Institute of Higher Education and Research,

Chennai.

Sub: Completion of value-added course: Introduction To Injury Management And Rehabilitation

Dear Sir,

With reference to the subject mentioned above, the department has conducted the value-added course titled: **Introduction To Injury Management And Rehabilitation** on 31/12/2021. We solicit your kind action to send certificates for the participants, that is attached with this letter. Also, I am attaching the photographs captured during the conduct of the course.

Kind Regards

Mrs. Girija Bhaskaran

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING

LIST OF STUDENTS ATTENDED VALUE ADDED COURSE

INTRODUCTION TO INJURY MANAGEMENT AND REHABILITATION

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING

LIST OF STUDENTS ATTENDED VALUE ADDED COURSE

INTRODUCTION TO INJURY MANAGEMENT AND REHABILITATION

S.NO	REG. NO	NAME OF THE CANDIDATE	SIGNATURE
1	U17NR001	ABINA BABU	ABINA
2	U17NR002	ABINAYA E	Abinaya
3	U17NR003	ABIRAMI R	Abirami
4	U17NR004	AIDA JOSEPH	Aida Joseph
5	U17NR005	ANITHA A	Anitha
6	U17NR006	ANITHA M	Anitha
7	U17NR007	ANJU TREESA JOSEPH	Anju Treesa
8	U17NR008	ANN MARY SANTHOSH	Ann Mary
9	U17NR009	ANNA SCARIA	Anna Scaria
10	U17NR010	ANSU ALEX	Ansu Alex
11	U17NR011	ANU ANNA JOSE	Anu Anna
12	U17NR012	ANU P SAJI	Anu P Saji
13	U17NR013	ANUSHREE RAJEEV C P	Anushree
14	U17NR014	ARCHANA B S	Archana
15	U17NR015	ASHLY S	Ashly
16	U17NR016	ASHWINI M	Ashwini
17	U17NR017	ATCHAYA K	Atchaya
18	U17NR018	ATHIRA ANIL	Athira
19	U17NR019	AYANA BABU	Ayana

SREE BALAJI COLLEGE OF NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING

LIST OF STUDENTS ATTENDED VALUE ADDED COURSE

INTRODUCTION TO INJURY MANAGEMENT AND REHABILITATION

S.NO	REG. NO	NAME OF THE CANDIDATE	SIGNATURE
1	U17NR001	ABINA BABU	ABINA
2	U17NR002	ABINAYA E	Abinaya
3	U17NR003	ABIRAMI R	Abirami
4	U17NR004	AIDA JOSEPH	Aida Joseph
5	U17NR005	ANITHA A	Anitha
6	U17NR006	ANITHA M	Anitha
7	U17NR007	ANJU TREESA JOSEPH	Anju Treesa
8	U17NR008	ANN MARY SANTHOSH	Ann Mary
9	U17NR009	ANNA SCARIA	Anna Scaria
10	U17NR010	ANSU ALEX	Ansu Alex
11	U17NR011	ANU ANNA JOSE	Anu Anna
12	U17NR012	ANU P SAJI	Anu P Saji
13	U17NR013	ANUSHREE RAJEEV C P	Anushree
14	U17NR014	ARCHANA B S	Archana
15	U17NR015	ASHLY S	Ashly
16	U17NR016	ASHWINI M	Ashwini
17	U17NR017	ATCHAYA K	Atchaya
18	U17NR018	ATHIRA ANIL	Athira
19	U17NR019	AYANA BABU	Ayana

20	U17NR020	BALASOUNDARYA M	Balson
21	U17NR021	BHARATHI B	Barku.
22	U17NR022	BHAVANI L	Bhavani
23	U17NR023	DEEPIKA B	Deepdika
24	U17NR024	DEEPIKA S	Deepika
25	U17NR025	DEEPIKA S	Deepika
26	U17NR026	DEEPIKA V	Deepika
27	U17NR027	ELIZABETH JACOB	Elizabeth
28	U17NR028	FEBE SAM	Feba
29	U17NR029	HELEN JOSEPH	Helen
30	U17NR030	JANNET ANN MATHEW	Janet
31	U17NR031	JAYALALITHA V	Jayalathi
32	U17NR032	JINSA SARA BIJU	Jinsa
33	U17NR033	JISS MARY JOLLY	Jissy
34	U17NR034	JOTHIKA G	Jothika
35	U17NR035	KALPANA R	Kalpana
36	U17NR036	KAVIPRIYA V	Kavipriya
37	U17NR037	KAVITHA P	Kavitha P.
38	U17NR038	KAVIYA P	Kaviya P.
39	U17NR039	KAVIYAPRIYA K	Kaviyapriya
40	U17NR040	KEERTHANA S	Keerthana
41	U17NR041	KOWSALYA K	Kowsalya
42	U17NR042	KOWSALYA M	Kowsalya
43	U17NR043	LEELAVATHY R	Leelavathy

44	U17NR044	LINTA BABU	Linta Babu
45	U17NR045	LOVISHAL M	Lovishal M
46	U17NR046	LUDHIYA ALIAS	Ludhiya Alias
47	U17NR047	MEENA S	Meena S
48	U17NR048	MEENU BINOY	Meenu Bino
49	U17NR049	MEGHA V KURIAN	Megha V Kurian
50	U17NR050	MOHANA PRIYAA M	Mohana Priyaa M
51	U17NR051	MONISHA N	Monisha N
52	U17NR052	MUTHULAKSHMI G	Muthulakshmi G
53	U17NR053	NANDHINI V	Nandhini V
54	U17NR054	NARMATHA R	Narmatha R
55	U17NR055	NAVANEETHAM K	Navaneetham K

SNAPSHOTS

Introduction to injury management and rehabilitation

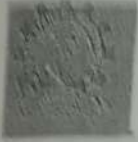


55 students has participated in the value added courses on certificate programme in Introduction to Injury Management and Rehabilitation Organized by, department of Medical Surgical Nursing on 28th December 2021.



55 students participated in the value added course





CERTIFICATE OF PARTICIPATION

This is to certify that

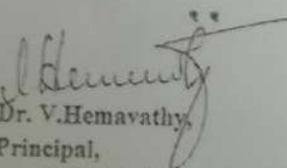
has participated in the value added courses

On certificate programme in Introduction to Injury Management and Rehabilitation


Organized by

Sree Balaji college of Nursing, Department of Medical Surgical Nursing

On 27th DECEMBER 2021 to 31.12.2021


Dr. V. Hemavathy,
Principal,
Sree Balaji College of Nursing.

Dr. V. HEMAVATHY,
M.Sc.(N), M.A., M.Phil., Ph.D.(N),
PRINCIPAL
SREE BALAJI COLLEGE OF NURSING
No. 7, Works Road, Chrompet,
Chennai-600 044


Prof. Girija Bhaskaran,
Department of Medical Surgical Nursing

HEAD OF THE DEPARTMENT
MEDICAL SURGICAL NURSING
SREE BALAJI COLLEGE OF NURSING
7, Works Road, Chrompet,
Chennai-600 044

Annexure 4

Course/Training Feedback Form

Course: Introduction to Injury Management and Rehabilitation.
Date: 27.12.21 to 31.12.2021.
Name: Deepa N
Reg NO. UNIBAI P010.
Department: Medical surgical Nursing

Q 1: Please rate your overall satisfaction with the format of the course:

a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 2: Please rate course notes:

a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 3: The lecture sequence was well planned

a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 4: The lectures were clear and easy to understand

a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 5: Please rate the quality of pre-course administration and information:

a. Excellent b. Very Good c. Satisfactory d. unsatisfactory

Q 6: Any other suggestions:

Comments:

Thank you for taking the time to complete this survey, your comments are much appreciated.

OPTIONAL Section: Name _____

Signature _____

Date _____