

5/7/2022

Chennai

From

The Course Coordinator  
Courses on Beauty & Skin Care  
Department of Paediatrics  
Sree Balaji Medical College  
Bharath Institute of Higher Education and Research,  
Chennai

To

The Dean  
Sree Balaji Medical College  
Bharath Institute of Higher Education Research,  
Chennai

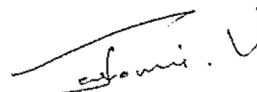
**Sub: -Permission to conduct value-added course: Courses on Beauty & Skin Care**

Respected sir,

With reference to subject mentioned above, the Paediatrics proposes to conduct a value-added course titled: Courses on Beauty & Skin Care

We kindly solicit your kind permission to commence the program.

Warm Regards,

  
Course Coordinator

**SREE BALAJI MEDICAL COLLEGE & HOSPITAL**

**CHROMPET CHENNAI -600044**

**Date: 5/11/2022**

**R. No 233/ SBMCH/2022**

**CIRCULAR**

**Notification for Value added courses offered by the Department of Paediatrics**

The Department of Paediatrics of Sree Balaji Medical College is scheduled to offer a Value added Course on Courses on Beauty & Skin Care from 6/6/2022 for a period of 3 weeks. Interested students can approach the Head of Paediatrics department and Course Coordinator, for registration and for further details on or before 5/30/2022.

**Eligibility-MBBS STUDENTS**



**HOD**

**Course Coordinator**

**Copy to:**

**Dean office**

**Vice Principal**

**Medical Superintendent**

**AO College**

## COURSE ON BEAUTY AND SKIN CARE

### Course Outcomes

1. Develop good appearance and behaviour, practice tasks as per industry and express good communication skills.
2. Create positions and maintain high standards of health & safety at the work Place.
3. Carry out skin analysis, CTM, Exfoliation, Extraction, treatments for various types of skin manually & electrically, pack application. Illustrate and explain skin structure and common skin problems
4. Carry out hair & scalp analysis, shampooing, deep conditioning v, head massage , hair treatments for different hair problems, strand test, global coloring, head heena, grey hair coverage. Illustrate and explain hair structure, hair growth cycle, pH scale, chemical composition and types of hair.
5. Understand how to maintain, wash and care for your hair
6. Learn how to style hair according to the face
7. Discover the various hair problems and the ways to deal with them
8. Examine the various hair styling tools and techniques
9. Understand the difference between men's and women's hair
10. Understand the importance of personal hygiene

**Duration Of Course :** 30 hours

**Course Coordinator :** Professor/ Assoc Prof of Dermatology

### Course Syllabus

S.No	TOPIC	DURATION	FACULTY
1	Introduction to Course	2 hours	Assoc Prof of Dermatology
2	Personality Development, Sterilization & Sanitization	2 hours	Assist. Prof of Dermatology
3	Recognize & comply safe working practices and environment aspect	2 hours	Assist. Prof of Dermatology
4	Identify different types of hair, Comply with health and safety standard and process laid out by manufactures instruction. Analyze the hair and scalp	2 hours	Assoc Prof of Dermatology
5	Consultation rules and counselling	2 hours	Assist. Prof of Dermatology

6	Self Awareness	2 hours	Assoc Prof of Dermatology
7	Self hygiene practices	2 hours	Assist. Prof of Dermatology
8	Basic Skin care	2 hours	Assist. Prof of Dermatology
9	Common skin lesions and differentiation	2 hours	Assoc Prof of Dermatology
10	Management of common skin lesions	2 hours	Assoc Prof of Dermatology
11	Aesthetic skin care	2 hours	Assist. Prof of Dermatology
12	Hand washing technique and personal hygiene	2 hours	Assist. Prof of Dermatology
13	Practicals	2 hours	Assist. Prof of Dermatology
14	Viva voce	2 hours	Assist. Prof of Dermatology
15	Assessment	2 hours	Assist. Prof of Dermatology

**Courses on Beauty & Skin Care**

S. No	Regn. No.	Name
1	U16MB212	SONIA VALIYAVEETIL SOLOMAN
2	U16MB213	SREEARTHI R
3	U16MB214	SREERAG K G
4	U16MB215	SRINI C M
5	U16MB216	SUBIKSHA SENTHILKUMAR
6	U16MB217	SUDESH RAJ R
7	U16MB218	SUDHAN V
8	U16MB219	SUNKU VENKATESWARLU CHETHAN
9	U16MB220	SURYA A
10	U16MB221	SUSRITA DWARI
11	U16MB222	SWARNIKA S
12	U16MB223	SWASTHIKA S (Sreyangkumar)
13	U16MB224	SWASTHIKA S (Siva Kumar)
14	U16MB225	SWATHI S
15	U16MB226	SWATHY A
16	U16MB227	SWETHA A
17	U16MB228	SWETHA G
18	U16MB229	SWETHA JOHN
19	U16MB230	SWETHA SRINIVAS
20	U16MB231	SYAMALA SAI VENNELA
21	U16MB232	TANNAMALA HASHWANTH REDDY
22	U16MB233	TAUHID RASUL
23	U16MB234	TEJAL VAISHNAV H
24	U16MB235	TEJAS M
25	U16MB236	TELAGANEEDI SAI DINESH
26	U16MB237	THIRIPOORANA BHAVANI M
27	U16MB238	VADA RAMA HARSHITHA
28	U16MB239	VAKINI S K
29	U16MB240	VENKATANAGAPOOJITHA L
30	U16MB241	VIDHYALAKSHMI S
31	U16MB242	VIJAY A
32	U16MB243	VISHAK R
33	U16MB244	YAMINI T
34	U16MB245	YELURI SUDEEPA LIBNY
35	U16MB246	YOGESWARAN M



**Bharath Institute of Higher Education and Research**  
**Sree Balaji Medical College & Hospital**



**CERTIFICATE**

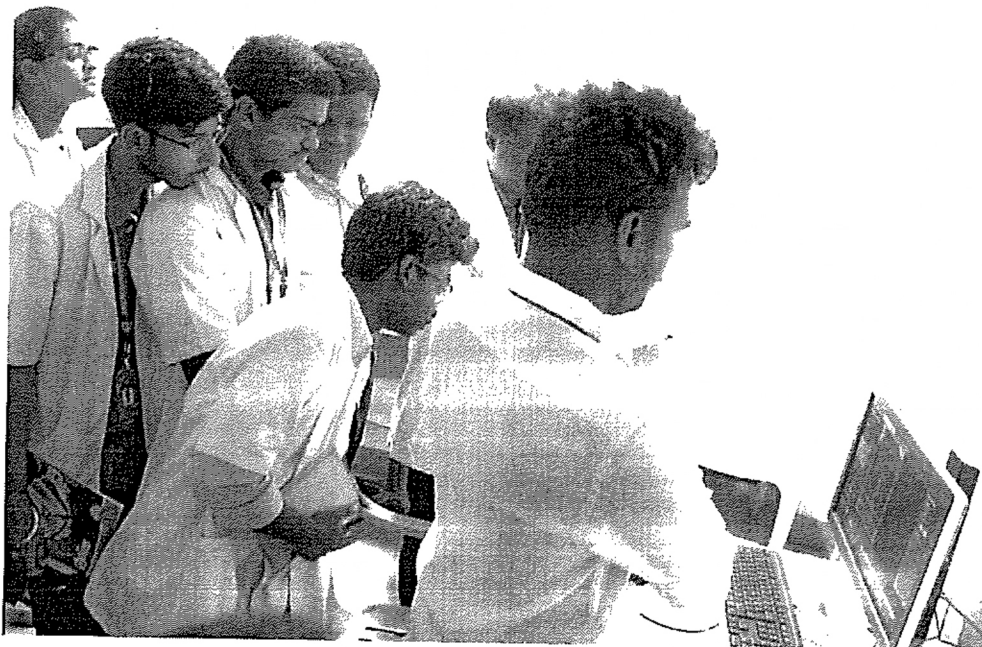
This is to certify that Mr./Ms. AJAY NAYAGAM P has completed the value added course on Courses on Beauty & Skin Care conducted by Paediatrics at Sree Balaji Medical College & Hospital, Chennai held during 6/6/2022.

**Dr.P.Sai Kumar MD**

Vice Principal, SBMCH

**Dr.Gunasekeran MS**

Dean, SBMCH



COURSE FEEDBACK FORM

Course Title: *Courses on Beauty & Skin Care* Date: *26/06/2022*

Name: *Vakini. S. K.*

RegNo: *U16MB239*

Department: *Paediatrics*

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you			<input checked="" type="checkbox"/>		
2.	The course contents met with your expectations			<input checked="" type="checkbox"/>		
3.	The lecture sequence was well planned			<input checked="" type="checkbox"/>		
4.	The lecturers were clear and easy to understand			<input checked="" type="checkbox"/>		
5.	The teaching aids were effective			<input checked="" type="checkbox"/>		
6.	The instructors encourage interaction and were helpful			<input checked="" type="checkbox"/>		
7.	The level of the course			<input checked="" type="checkbox"/>		
(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	<input checked="" type="checkbox"/> 3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

*S.K.*  
Signature

\*\*\*Thank you\*\*\*



COURSE FEEDBACK FORM

Date: 26/06/2022

Course Title: Courses on Beauty & Skin Care

Name: SONIA VALIYAVEETIL SOLOMAN

RegNo: U16MB212

Department: Paediatric

S.NO	Particulars	1	2	3	4	5
(1. Very Unsatisfied 2. Unsatisfied 3. Neutral 4. Satisfied 5. Very satisfied)						
1.	Objectives of the course clear to you					
2.	The course contents met with your expectations					
3.	The lecture sequence was well planned					
4.	The lecturers were clear and easy to understand					
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(1. Very poor 2. Poor 3. Average 4. Good 5. Excellent)						
8.	Overall rating of the course:	1	2	3	4	5

Please give suggestion for the improvement of the course:

Weakness of the course:

Strength of the course:

  
Signature

\*\*\*Thank you\*\*\*